

Newhaven Matters

SPRING 2016 // Issue N° 09



Welcome to the Spring edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.

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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Spring 2016



Welcome to the spring edition of Newhaven Matters. 2016 has got off to a good start with some great news about the New Homes Project. LDC has confirmed its intention to withdraw from their contract and the hard work and determination of local residents appears to have paid off. More good news - Newhaven Town Council has managed to secure a grant from the Coastal Communities Team of £10,000 towards regeneration in the town.

I have been over to France to meet with the Dieppe Mayor, Sebastien Jumel, to get support for my sponsored cycle ride between London and Paris, which is in collaboration with the Blind Veterans. Whilst I was in France I also met with the Board of NPP in Rouen, and we had very friendly and open discussions about the Port and Newhaven.

My partner Sharon and I have been working hard to raise money through shows, quizzes and tea dances and our charity total is doing very nicely. If you would like to sponsor me for the cycle ride in May, please get in touch with the office. Anything you can give will be most welcome and help to take my mind off my aching legs on May 15th in Paris.

I must thank Jean and Margaret at Studio Tempo, Joan and Peter Rhodes at the Hillcrest, the Newhaven Scouts, Britannia Beckwith, Sainsbury's, Lewes Poultry, St. Michael's Church, Tates Paradise Park and Rob Willis (the Unmistakable Blues Brothers) for their generous help and donations so far.

Councillor Steve Saunders
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100

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New look Bay Vue Amenity Area is open!



The town council owned Bay Vue amenity area, adjacent to the Hillcrest Centre in Bay Vue Road has now re-opened following a major refurbishment, just in time for Newhaven families to be able to enjoy it during the Easter holidays.

The area now boasts spring rocker rides for small children, a play wig wam and two picnic tables as well as a disabled friendly path through the amenity area to a sheltered seating area at the rear. It promises to be a lovely peaceful green oasis to while away a summer's afternoon in.

AGE UK NEW RECYCLING CENTRE & FURNITURE DROP OFF POINT



Age UK's spacious new Donation Centre based at Units D1 and E Ralalah Trade Park, New Road, Newhaven is handily placed right next door to Newhaven Refuse and Recycling site.

Rather than tip your unwanted household items you can now donate your furniture, white goods, electricals and household items and Age UK East

Sussex will recycle them to raise funds to support local older people.

The expanded site sees the bringing together of their previous two sites in Newhaven under one roof. With ample free parking there is no place like it in the area. Plus, if you are unable to drop off your items they even offer a free House Clearance and De-Clutter

collection service. Please call 01273 646800 today to arrange a free collection.

All the money raised through this new Donation Centre will help fund the vital services that Age UK East Sussex (formerly Age Concern) provide to support those in later life in the local community.



Newhaven Tennis Club celebrates its 80th anniversary

The club was formed in 1936 by a group of local people, using one of the grass courts that used to be at Fort Road rec as their club court.

During World War 2 the club was suspended because the recreation ground was closed to the public, but there was a temporary court in Second Avenue (*where bungalows 36 to 42 are now*).

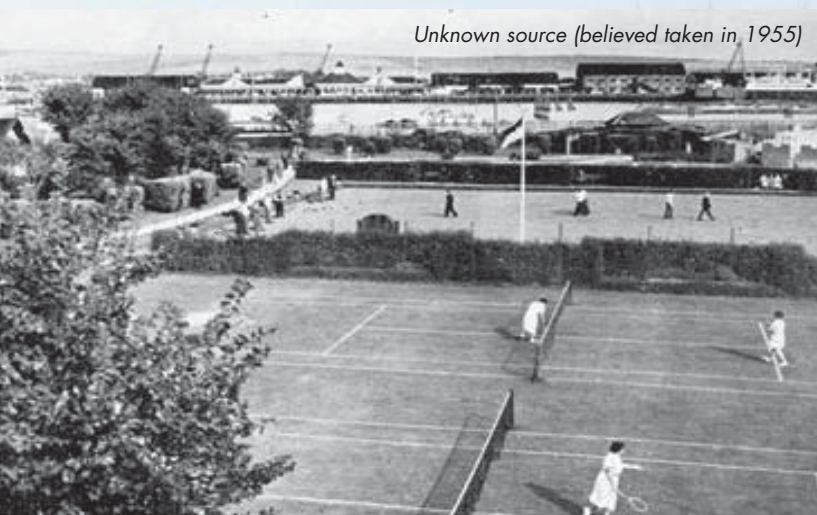
The club reopened at Fort Road rec soon after the war (1947/48), and after moving to another part of the rec for a while it eventually moved to its current site in Court Farm Road. After much

increased membership during the 1980's, the 'top court' was built and subsequently opened in 1993. With added space to the side to accommodate a very modest clubhouse, members now had three courts to use and somewhere to meet.

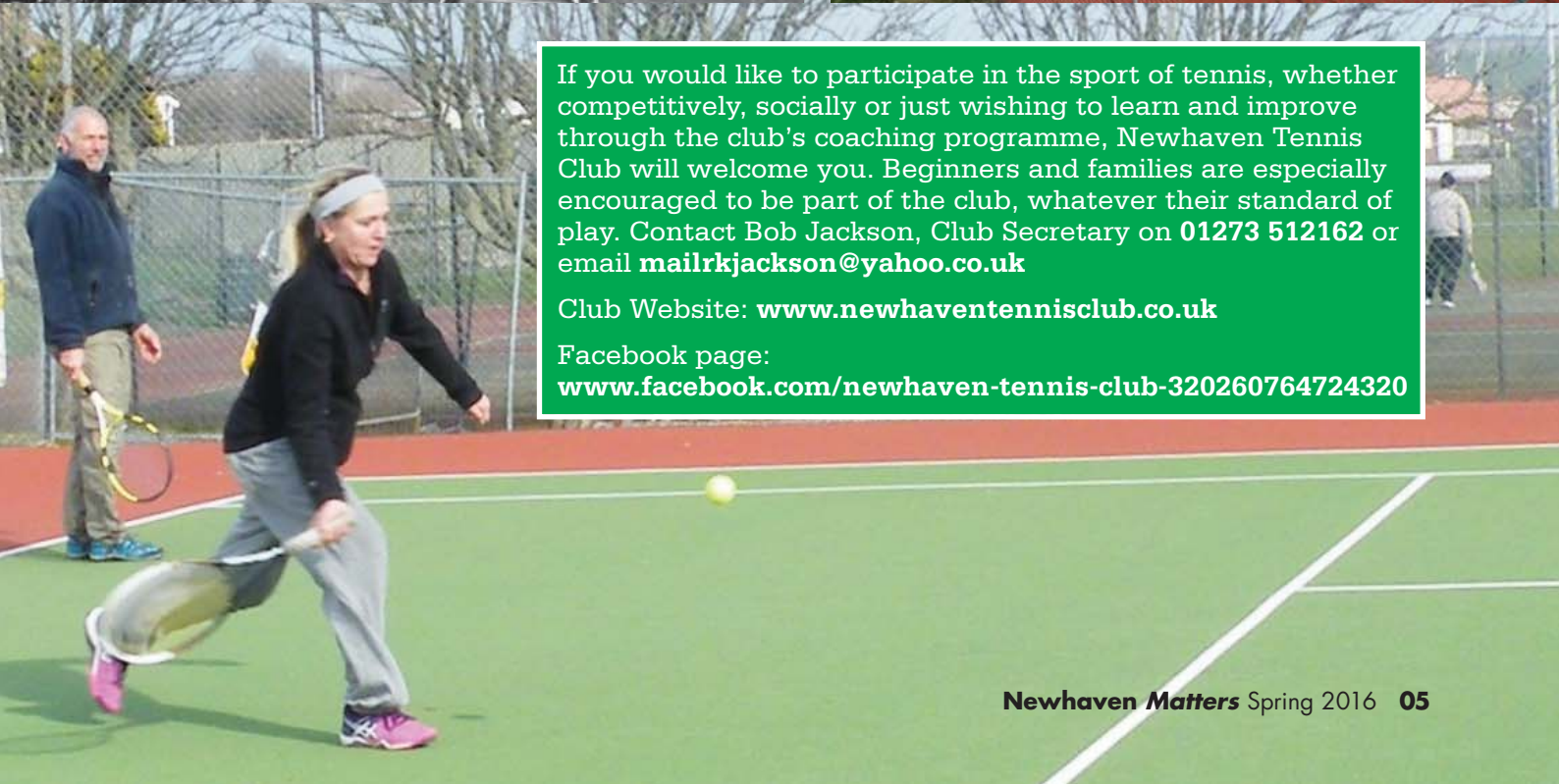
A lot of time and effort has been made since then by the club's committee to keep the tennis club running and fit for purpose. Like all clubs, Newhaven Tennis Club has had its ups and downs regarding membership and having different areas to play on - but after 80 years it is

still going strong. The present management committee are proud of this heritage, providing a facility for young and old! They are equally proud to look to the future, such as forging links with the Twinning Association to visit La Chapelle Saint Mesmin for a weekend in 2016 to play tennis, and then hopefully in another year to act as hosts for them.

The club will be celebrating their anniversary on Saturday 18th June with a gathering of past and present members at the courts for light refreshment.



Unknown source (believed taken in, 1955)



If you would like to participate in the sport of tennis, whether competitively, socially or just wishing to learn and improve through the club's coaching programme, Newhaven Tennis Club will welcome you. Beginners and families are especially encouraged to be part of the club, whatever their standard of play. Contact Bob Jackson, Club Secretary on **01273 512162** or email **mailrkjackson@yahoo.co.uk**

Club Website: **www.newhaventennisclub.co.uk**

Facebook page:

www.facebook.com/newhaven-tennis-club-320260764724320

DENTON ISLAND INDOOR BOWLS CLUB



The club, based in spacious premises on Denton Island, recently held an open weekend which was a great success with over 30 people visiting the club for the first time.

Even though the club celebrates its 20th anniversary next January many people still do not know they exist. There are superb facilities on offer with six indoor bowling rinks, bar, restaurant and function facilities.

After trial bowling sessions on the rinks 16 people

booked in for coaching sessions with head coach Len Peach. Others who are new to the area and already bowlers are also interested in joining the club.

On the first Saturday of every month there are 'taster sessions' from 10am to 12 midday so if you fancy having a go at bowls just phone **01273 514664** to book yourself in.

Face to Face - the Diep~Haven Festival 2016

Diep~Haven is an annual festival that takes the form of a series of exhibitions and events centred around Newhaven and Dieppe. For 2016 Diep~Haven returns to Newhaven with 'Face to Face', a project that celebrates the portrait.

A series of artist residencies will be hosted in Newhaven from April-June. Two of the artists selected are looking for local people to participate in their projects:



Benjamin Haywood

People of Newhaven, I need your help in creating a series of artworks about you and your community. If you're interested in mucking in and collaborating with me, or being on display as part of an exhibition, I want to hear from you. E-mail:

thenewhavenproject@gmail.com

Julia Gorostidi

Dear artists, I am looking for portrait artists (or anyone who would feel comfortable with life drawing) interested in creating a collaborative portrait with another artist from Dieppe in France. If you are interested or if you want to know more about the project please contact me via email:

juliagorostidi@gmail.com

<http://www.diephaven.org/en/>





Newhaven's Neighbourhood Plan

IMPORTANT INFORMATION FOR NEWHAVEN RESIDENTS

- We want to make sure you know that Newhaven Town Council has got to identify enough land on which 430 homes can be built.
- If Newhaven Town Council doesn't identify land then Lewes District Council will step in and decide where new homes will go.
- We know from what you have told us so far that you would choose new homes to be built on previously developed land (brownfield) and not on greenfield sites.
- Where possible Newhaven Town Council would also like to ensure that brownfield sites only are redeveloped.
- We too want the High Street to be saved and significant improvements made to the town centre.
- Later this year we will need your help to enable the Newhaven Neighbourhood Plan be accepted.
- You will be asked to vote whether you wish the Newhaven Neighbourhood Plan to be adopted at a referendum.
- If you vote **YES** then the Neighbourhood Plan will be used to guide development in Newhaven over the coming years.
- If you vote **NO** then Lewes District Council will decide how the town will grow and change.

We shall be giving you more information and details about the Neighbourhood Plan in the June edition of Newhaven Matters and further consulting with you, asking all residents if they support the suggestions of where new homes can go, ideas on how our town centre can be revitalised and what areas need to be permanently protected.



For more information contact:

Susie Mullins

at the Town Council Offices on

01273 516100

or email

Susie.mullins@newhaventowncouncil.gov.uk

Newhaven Flood Alleviation Scheme

Working together to reduce flood risk in Newhaven



The Environment Agency and Lewes District Council are working together to develop a scheme to reduce the risk of flooding from the River Ouse in Newhaven. When complete the scheme will protect 437 homes, 392 businesses and vital infrastructure along both banks of the river.

Recent public exhibitions at the Hillcrest Centre provided the opportunity for the local community to view the plans so far. The exhibitions were well attended and feedback on the draft designs was very positive.

A planning application for the scheme is being considered by Lewes District Council.

Once the application has been approved contractors will produce detailed designs of the flood defences.

Residents and businesses that will be directly affected by the construction work will continue to be consulted and the local community will be updated about the project throughout the summer.

If you would like any further information on the project please contact the Newhaven Flood Alleviation Scheme project team by email:

newhavenfas@environment-agency.gov.uk
or call **03708 506506**.

Struggling to balance your books?



Contact Tasker Osman & Co on 01273 512749 to arrange a **FREE** no obligation meeting with one of our team to see how we can help



Tasker Osman & Co.
Financial Accountants

Website: www.taskerosman.co.uk
Phone: 01273 512749
Email: jon@taskerosman.co.uk
Address: 10 South Way, Newhaven
East Sussex, BN9 9LL

Partners: Les Tasker FFA, FAIA, FFTA, Kevin Osman FFA, FAIA, FFTA

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Seahaven Community Flood Fair



**A free event for communities at risk of flooding
in Seaford, Newhaven and the surrounding area**



**Saturday 23 April at Seaford Head School,
Steyne Road, Seaford from 10am to 4pm**

Come along to find out about:

- The Seahaven Flood Plan
- Protecting yourself and your property
- Community Flood Action Groups
- The work of the National Flood Forum
- How the Environment Agency, emergency services, local authorities, voluntary and community groups respond to flooding
- Flood insurance

Organised by Seaford Town Council and Newhaven Town Council in partnership with East Sussex County Council and Lewes District Council. In association with the Environment Agency, National Flood Forum, emergency services, and local voluntary and community groups.



Better access at Lewes Road hut



As part of its continuing programme of improvements to its buildings, the town council has recently installed a DDA compliant ramp to the main entrance to Lewes Road hut. The works also included dropping the kerb to the road at the end of the ramp.

This will make it much easier for wheelchair users to get into the hut, whether they are casting their vote at election time, coming along to youth club or attending a family party.

Still Keeping Denton Tidy!

This year's spring litter pick in Denton is on Sunday 10th April, with a reserve date two weeks later in case of bad weather. A group of 'hard core' helpers are ready to welcome more volunteers into the fold! If you would like to join in, a rewarding and entertaining morning is promised, with home-made cake and refreshments afterwards.

Bags and litter pickers are provided – just turn up and meet at the corner of Denton Road and Heighton Road at 10am.



Newhaven & Seaford Sea Cadets set sail for new windows

TS Defiance, the training ship for Sea Cadets in Newhaven & Seaford recently launched a campaign to replace their broken and vandalised windows.

TS Defiance has been the home for Newhaven & Seaford Sea Cadets since the 1970's, when a group of parents re-mortgaged their houses to buy the old Chapel. But over the years the building has been in a state of decline and requires £180,000 worth of building work over the next 2 years to bring it up to a first class facility that provides a wide range of activities for the local 10 to 18 year olds.

Visit www.crowdfunder.co.uk/new-windows-for-our-sea-cadet-unit to support this campaign or visit www.tsdefiance.com to see other ways in which you can become involved.



An inclusive game for all ages at **NEWHAVEN BOWLING CLUB**



For more information contact the secretary on **01323 893888** or visit our website at

www.newhavenbowlingclub.weebly.com

Also on Facebook, Twitter, Instagram and Flickr.

Bowls is a game for all ages and at Newhaven Bowling Club they welcome players from 9 to 93! It is an inclusive game that anyone can pick up, no matter what age or ability. It's a sport that gets you outside during the summer; walking, exercising, improving your fitness, using the brain and socialising. It doesn't matter if you have a disability - as long as you can

hold a bowl in your hand you can bowl; and if that is not possible there are ways around that.

At the club in Fort Road, a Junior Club meets every Saturday morning from 10am until 11.30am. Juniors play the game in a fun environment with an emphasis on learning the game and practicing their skills. Their season runs until

the end of September with a Finals Day which is always hotly contested.

There are fixtures during the week, evenings and weekends. This enables people who work to play on a regular basis. Competitions take place during the main season and these can be organized to suit playing times.



May Day Extravaganza at the Hillcrest Centre

Come along to the Hillcrest Centre on **Sunday 1st May** and join in a fun-packed day for all the family! Celebrate Spring with maypole dancing, long rope skipping, Morris dancing, art workshops, storytelling, displays and market stalls. There will be a raffle with top prizes, and lunch and cream teas available from the Centre's lovely café. Free admission and free parking.



If you would be interested in performing at the event or would like to hire a stall, please contact the office for details on **01273 512376**.

For more information contact the office or check the Hillcrest's Facebook page.



Looking for group support in your fight to quit smoking?

Join our Quit Club where you have the best chance to quit smoking.

 0800 622 6968
(Mon-Fri 9.00am-7.00pm Sat 10.00am-2.00pm)
  contact.quit51@nhs.net

 'smoke free' to 66777
 www.quit51.co.uk

Quit 51

The CTLA Accessible Minibuses

The Co-op in Newhaven Square closed recently and Community Transport charity CTLA is urging vulnerable or isolated shoppers to contact them regarding their 4-Towns service which could offer access to other supermarkets including Sainsburys and Morrisons.

The CTLA accessible minibuses are available for anyone who is unable to access normal public transport to go shopping and currently helps hundreds of passengers to continue to live independently with their daily social needs. The 4-Towns bus is run with support from the town councils of the Havens area and the low cost return fares and friendly drivers make it a lifeline for the community.

If you are a patient of Quayside Medical Practice or Chapel Street Surgery, you can get free transport to:

- **Your GP practice**
- **Lewes Victoria Hospital and Minor Injuries Unit**
- **Anchor Healthcare Centre**
- **Newhaven Rehabilitation and Polyclinic**
- **Dermatology Clinic at School Hill Surgery**

For more details of the services that CTLA offers, visit their website at www.ctla.org.uk or call the office on **01273 517332**.





Lord Kitchener and the Loss of HMS Hampshire

Two Newhaven families lost loved ones when HMS Hampshire sank on 5th June 1916. Able Seaman Harry Browning, aged 20, of Railway Road, and Able Seaman George Bartlett, aged 24, of Clifton Terrace went down with the ship, together with Lord Kitchener. Poignantly, after receiving the news of his death, Harry Browning's parents received a letter from him which had been posted before the vessel sailed, saying how well he was both in health and spirits.

The ship was on its way to Archangel, where Lord Kitchener had been sent on a diplomatic mission when it hit a mine and sank within 15 minutes. 737 men died.

Harry Browning's body was one of the few recovered and he is buried at the Naval Cemetery Lyness on the Isle of Hoy in the Orkneys. Kitchener's body was never recovered. Both Newhaven men are remembered on the Town Memorial.



The photograph is of Harry Browning (Newhaven Museum Ref. A014-030)

Appeals Against Conscription



Following the introduction of conscription in 1916, regular fortnightly Tribunals were held at Newhaven Urban District Council Offices to hear appeals.

On 18th May 1916, a hairdresser in Meeching Road appealed on the grounds that all his capital

was invested in the business and that if he joined up, the business would have to close. A large part of his work was for the military. When the Military representative pointed out that there were camp barbers, the applicant said "Yes, but I notice the officers

do not often choose to patronise them". He was granted a three month exemption to find a substitute to run his business.

At the same hearing, a men's hosier and clothier in Bridge Street appealed. He said he did "a large trade in second hand clothes among the working class, which was the only business of its kind in the town". He argued, "It is not a job women can do. They can't measure men for pairs of trousers, can they? (Laughter)". Again, a three month exemption was granted to find a substitute.

The photograph is of Bridge Street, looking towards the bottom of the High Street (Newhaven Museum Ref. A009-091)

Newhaven's Hidden Secrets

PARADISE PARK

The Heritage Trail and Gardens at Paradise Park are the perfect day out for all. The Museum of Life is one of the finest exhibitions of its type in the country and traces the history of life from millions of years ago. Zones include 'Planet Water' packed with underwater exhibits and 'Neanderthal Times' depicting the life of our early ancestors. Relive the Jurassic age in the 'Dinosaur Garden' with life-size dinosaurs towering overhead. The planthouses hold a spectacular collection of the world's flora. The gardens are one of Newhaven's hidden secrets with small lakes and the Sussex History Trail.

Children's activities include crazy golf, miniature railway, indoor and outdoor play areas and amusements, while the garden centre and coffee shop keep the adults amused.



Word check list

Meeching	Turkey
Valley	Drove
Denton	Ponds
Heighton	Tidemills
Bollensbush	Sea
Newhaven	Lighthouse
Sandy	Harbour
UTC	Lucan
Saxon	Dieppe
Summerhayes	Ferry
Fort	Banana
Marina	Parker
Huggetts	Pen
MountPleasant	Beach
Quarry	Railway
CourtFarm	Lifeboat
Union	Fishing
Quay	

Newhaven Word Search

Win a gardening spade and fork donated by Paradise Park!

How many Newhaven related words can you circle?

Cut out and send your entry to: Newhaven Town Council offices, 18 Fort Road, Newhaven BN9 9QE by 22nd April.

S U M M E R H A Y E S D J U G N A F O Y
J D R O V E Y N I Q U A R R Y D L A A D
H E I G H T O N X U W T A R B W O W Q E
Z M Z Y I I W P A R K E R V A L L E Y M
M L A W N T U R K E Y N G R U I O A R L
Q U N U E C O P O N D S G P A B N A S Q
Q N E F Q O Z W F O R T H R G I F V A X
I S W L I G H T H O U S E L R T A G X Y
Z R H Y M H N C Q T U S W A R N N H O D
H A A D C R U M F B L A M U A I W X N L
A H V A J Z I T S L A N O N H T T R H I
R P E N S W Y N I C O C A S L J Y V U F
B B N F Q W E M W T D B I S U T D J G E
O B V E A L E U N K F F H S C N G U G B
U J P C L D M E E C H I N G A U T C E O
R W N O I J D G T S R V R T N Q P P T A
I N B T S E A W S A N D Y U L M P F T T
D V M O U N T P L E A S A N T E X L S H
Z G F F E R R Y S T O G G Z I N X J V B
G T E L K I E B V U S N H D M U T R Y T

All correct entries will be entered into a draw to win the prize.

Name:

Address:

Tel: No:

Email:

Word Search created using TheTeachersCorner.net Word Search Maker



NEWHAVEN IN BLOOM 2016

ENTRY FORM

FREE TO ENTER

1. BEST WATER & ORNAMENTAL DISPLAY
2. BEST FRONT GARDEN
3. BEST BACK GARDEN
4. BEST BALCONY/BASKETS/POTS or CONTAINERS
5. BEST KITCHEN GARDEN
6. BEST BEE FRIENDLY & WILDLIFE GARDEN
7. BEST SCHOOLS
8. BUSINESS IN BLOOM*

*This is kindly sponsored by NEWHAVEN CHAMBER OF COMMERCE. This is open to any commercial organisation/business in Newhaven.

Every entrant will receive a Loyalty Card from Paradise Park, which entitles them to a £1 plant voucher every time they spend £10 on plants at the Garden Centre at Avis Road, Newhaven.



Please enter me/us in the following category:

.....

Name:.....

Address:.....

.....Tel No:

Please post or hand in to the Info Centre, Paradise Park, Avis Road, Newhaven BN9 0DH as soon as possible. Judging will take place late June.

Denton Community Challenge



This year's Denton Community Challenge is called 'SUMMER OF SPORT' and will be held on Saturday 11th June at Avis Road Recreation Ground in Denton, Newhaven from 1pm – 5pm.

Local sporting groups and charities take part. They will provide activities alongside their displays and the main arena will feature local clubs together with many other varied entertainments. Sporting activities of all sorts will again be promoted on the day and children can have fun taking part in some or all of these sports challenges.

The day is not principally about fund raising. It provides a fun and inclusive day for families to enjoy and also to raise awareness of the many sporting groups in our locality.

This year some new exciting sporting groups are joining in so look out for boxing, Zumba and Flamenco dancing demonstrations taking place during the day. There will be all the usual fete attractions and a licenced bar, plus a BBQ kindly provided by the local 2nd Denton & South Heighton Scouts. The Grand Raffle will be drawn later in the afternoon and the first prize this year is a mini I-Pad, kindly donated by Keep It Clean.

The Challenge organisers are hoping this year will be a record breaking event - in more ways than one! Please check out their new website for all the latest news:

www.dentonchallenge.co.uk/



Denton Community Challenge is organised by a committee made up of Denton Church, Denton School FADS (PTA), and the James Daniels Memorial Foundation and is run by local volunteers.

Coming up, there is a quiz on **Sunday 24th of April at the Flying Fish in Denton**. This helps raise the much needed funds to cover the costs of organising the day. For details please email: www.dentonchallenge@gmail.com

All photographs ©G. English

Fundraising for FitzRoy Newhaven

Basepoint Newhaven have match funded £9,200 for local disability support charity FitzRoy (formerly known as Searchlight), following a trio of sporting events across Hampshire that resulted in over £11,000 being raised by FitzRoy. The events consisted of a Pompey Legends vs FitzRoy charity football match, a Spinnaker Tower abseil and a Triathlon.

Basepoint's contribution brings the total amount raised to over £20,000 which goes a long way to transforming lives for the people who live in the FitzRoy Newhaven service. It will be used to buy new computer tables and IT equipment, some gym equipment and raised beds for the gardens. It will also help with the extension being built which will give extra room for educational activities and events, and much more space for residents to relax and socialise.

Basepoint Newhaven is otherwise known as the Newhaven Enterprise Centre on Denton Island. For more information, contact the centre manager **Deborah Espect** on **01273 615250**.



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NEW GARDEN WASTE COLLECTION SERVICE



Residents who live in South Highton, Denton and Newhaven are being offered the opportunity to have their garden waste collected as part of a new service being offered by Lewes District Council.

Collections are scheduled to begin in April 2016, following a successful trial with Seaford residents last year.



An annual subscription of £70 is payable for the ten month service and a new 240 litre wheelie bin will be provided to those residents who sign up and pay the subscription. Residents can sign up for the service at any time and the subscription will run for 12 months from the date of signing up.

The garden waste collected will be turned into compost, ready to be used by gardeners as a soil conditioner - a really sustainable solution for the environment.

To find out more and to join up, please visit:

www.lewes.gov.uk/GardenWaste

or call **01273 471600**.



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Association Développement Touristique et Economique

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association.asdte@gmail.com



citizens advice **Lewes District**


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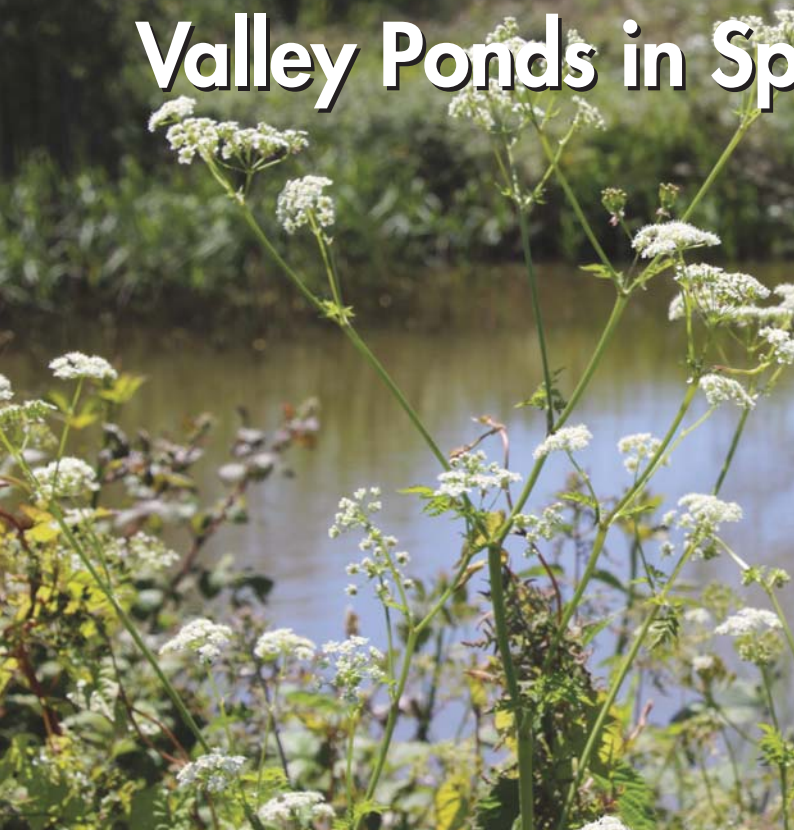
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NEWHAVEN LIBRARY

WHEN:
09.45 – 12.30
EVERY MONDAY AND FRIDAY

If you need urgent advice you can also
By phone - **03444 111 444**
By email - www.eastsussexcab.co.uk



Valley Ponds in Springtime



Did you know that Valley Ponds is a major breeding ground for Newhaven's toad population? Adult toads start to make their way to the ponds in mid-February to find romance and lay their spawn in the water. By mid-April most of the adults have returned to the gardens from whence they came, leaving the spawn to develop into tadpoles and then toadlets. During the late Spring and early Summer the grass around the ponds is full of baby toads taking their first steps onto dry land and this is why the town council leaves some areas of long grass for them to take cover in.

We are hoping that the longer grass at the western end of the site will be bright and colourful this summer as the town council has laid wildflower turf to add beauty to this area.

The ponds are not just a wildlife sanctuary or a beautiful green space however – they are also a sustainable drainage system for the surrounding streets. In order to make the system more effective, important work took place during the winter to clear the main culvert entering the pond system from the west and to create a ditch connecting it to the westernmost pond. A long lost culvert was also unearthed which enters the second pond from the west – this drains surface water from Willow Walk. We hope this work will reduce surface water flooding in times of heavy rain.

Looking after the Valley Ponds so that it can be a haven for wildlife, a haven for people and a working drainage system is a difficult balancing act. Please help us to keep the water clean by not emptying oil onto roads or into drains.

If you would like to join a group of volunteers helping to look after the Ponds, please contact [Graham Amy](#) on [01273 514942](#).



Gold Lifeboat Awards for Newhaven Lifeboat fundraisers



Three members of the Newhaven and District Lifeboat Society fundraising committee have received well-deserved awards from the RNLI for their continuing commitment to fundraising for Newhaven Lifeboat.

Doreen Marrison has served as Lifeboat Souvenir Secretary for 30 years and received a Gold Badge. Derek and Ann Payne each received a bar to their Gold Badges awarded in 1998. Derek and Ann are both still committee members and have been fundraising for Newhaven Lifeboat and the RNLI for a joint 124 years! Derek was also a crew member on the lifeboat from 1959 to 1995, and served as Chairman of the fundraising committee for 29 years. Ann served as Secretary for 32½ years.

The awards were presented by the Community Fundraising Manager for South-East England at the Society's Christmas gathering at Newhaven Lifeboat House on 17th December.

Photo supplied by Neal Marrison

Newhaven Enterprise Centre expansion

You may have noticed some building going on over the last few months on Denton Island and wondered what's happening. To address the growing demand for flexible business space, Newhaven Enterprise Centre has been adding an exciting new extension which will be unveiled this Spring.

The Newhaven Enterprise Centre has been a hub to small and medium businesses in Sussex since 2007, providing over 13,000 sq. ft. of office and workshop space, as well as meeting room facilities and virtual services, with flexible easy-in, easy-out terms. It also hosts regular networking events and offers 24/7 business support to its members.

As part of the £2.5 million Newhaven Growth Quarter project, financed by the Government's Coastal Communities Fund, the extension to the NEC will offer an additional 8,000 sq. ft. of office and workshop space. The emphasis of the expansion will be on green, clean and marine technologies in the region, and will help create and sustain jobs in the area.

This is great news for Newhaven, as well as providing local businesses in the area with the high quality space that they need.



NEWHAVEN FESTIVAL

Plans are already in progress for this year's Fish Festival that will be held at West Quay on Saturday 18th June 2016 from 10am to 3pm.

This ever popular annual event to celebrate Newhaven's fishing industry is now in its 13th year. The theme this year will be marine conservation, a subject that is popular with a lot of people especially those who care about our marine environment. The aim is to raise awareness of this with a special emphasis on sustainable fishing.

The event will also include many of its old favourites including the Children's Parade which will be led by the Lewes, Glynde and Beddingham Brass Band and will march from Denton Island through the town and onto West Quay. There will be fish cookery demonstrations by community chef Olly Dawson, displays and sales of locally caught fresh fish, community group stalls, fairground rides, children's activities and live entertainment throughout the day.

This is a free event and an ideal opportunity for the whole community to come together and enjoy a fun day out.



What's On

Every day

Denton Island Indoor Bowls Club open daily between 9am - 7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

Every day

Newhaven Bowling Club open every day for home matches and roll ups. New and experienced players welcome to play. Please visit us when we have a home game or contact the club to arrange a free friendly trial or roll up. Please contact the secretary on 01323 893888. Look us up at www.newhavenbowlingclub.weebly.com We are also on Facebook, Twitter, Instagram and Flickr.

1st Sunday every month

Table Top Sale at Riverside Hall. 9.00 am to 1.00 pm. £7 per table - to book a table please phone Karen on 07538 421232.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am - 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel: Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 11am to 1pm on the 2nd Sunday of every month. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website <http://growingtogethernewhaven.org/>

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning - extra volunteers welcome - meet 10am at beach end of the old Tidemills village road. Tel: Jim Skinner 01273 517291.

3rd Sunday every month

Valley Ponds group meet for litter clearing and conservation. Meet 10am at Valley Ponds until 12 noon.

Every Sunday

Newhaven Sunday Lunch Club - Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 - 2.30pm. Further details and booking, contact Tony 01273 513189.

Every Monday

Lewes District Citizens Advice at Newhaven Library 9.45am - 12.30pm. Drop-in service, no appointment necessary.

Every Monday

Mindfulness group (men only) 2pm-3.30pm at Your Way (Summerhayes), Marshall Lane. Tel: 01273 514753 for more details.

Every Monday

Football Therapy - contact Josh at Summerhayes for further info 01273 514753.

Every Monday

Community Shiatsu Clinic - a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane. Tel: Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club gentle exercise class with teacher Territa. 12.30pm to 1.30pm, £3 per session, just turn up and pay.

Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Monday

Drop in 'Monday Open Door' for adults and children with learning disabilities, carers and families at Riverside Hall, 10.00 am to 2.30 pm. Meet your friends for a cuppa and chat, £1 entry. Bring your crafts or favourite CD to play. Some puzzles and games available. Refreshments provided at low cost, or you may wish to bring a packed lunch. Tel: Ann on 01273 517345 for more information.

Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Mondays (fortnightly)

Floral Expressions group at Your Way (Summerhayes), Marshall Lane, 10am - 12 noon. Tel: 01273 514753 for more details.

Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring - Collecting - Visits - Hiking - Camping and Achievement Badges. Tel: Robert Martin 01323 890354.

Every Monday & Thursday

Air Cadets - 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel.: 01273 513218 for more details.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 10am to 12 noon every Tuesday. To contact us ring Patricia Barnett on 01273 512396 or 07753 429470. Find out more on our website www.growingtogethernewhaven.org

Every Tuesday

Boxercise Bootcamp, 7pm at Shakespeare Hall, Fort Road, Newhaven. Call Claire on 07711 890956.

Every Tuesday

Pottery group 12.30pm-2.00pm at Your Way (Summerhayes), Marshall Lane. Tel: 01273 514753 for more details.

Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm. Ask about private groups and individual tuition. Tel.: 01323 892638 07983 622840. Email: seahavenyoga@btinternet.com www.seahavenyoga.co.uk

2nd Tuesday every month

Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay. Drop in sessions, no appointment required. Dates this quarter: 12th April, 10th May and 14th June.

Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Tuesday and Friday

Computer Buddies at Newhaven Library for help using computers. 10.00am - 12.00pm. 0345 60 80 196 eastsussex.gov.uk/libraries

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00-3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola for details, tel: 07850987131

Every Wednesday

Community shiatsu clinic - relax and unwind. 10am to 1pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie Tel: 07771 175707.

Every Wednesday (term time)

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.15 - 3.15pm. New classes start April 20th. Contact Sandra Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance lessons with teacher Territa. 7pm to 8.30pm, £3 per session, just turn up and pay.

Every Wednesday

Craft group 2.00pm-4.00pm at Your Way (Summerhayes), Marshall Lane. Tel: 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel.: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

1st Thursday every month

Maestro Big Band are at the Hope Inn, West Pier 7.00pm - 9.00pm.

1st Thursday every month

Royal British Legion - Newhaven Social Club - 7.30pm for 8pm. All welcome.
Tel: 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am, apart from the Christmas event which is on the second Thursday of the month and is at a different time.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm (except January and August). Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.

Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds - football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel: Sara Alexander 07763 333998 for details.

Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel: Sara Alexander 07763 333998 for details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30 - 11am. No need to book, just turn up and enjoy singing stories and playing musical instruments. Tel: 0345 60 80 196 eastsussex.gov.uk/libraries

Every Thursday

Mindfulness group 2pm-3.30pm at Your Way (Summerhayes), Marshall Lane. Tel: 01273 514753 for more details.

Every Thursday

Country Market 9.45am - 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am - 12noon. Summerhayes, Marshall Lane. Tel.: Janet 01273 515301 for more details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30-8pm. Meet for Exploring - Collecting - Visits - Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel: Robert Martin 01323 890354.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am - 2pm (weather permitting).

Every Friday

Lewes District Citizens Advice at Newhaven Library 9.45am - 12.30pm. Drop-in service, no appointment necessary.

Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Followed by coffee at 10am, quiz 11-12 noon and then Mindfulness 2-3.30pm. Tel: 01273 514753 for more details.

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, preferably living in the Denton & South Heighton area - 7.15-9.15pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Weekdays

Newhaven Ramblers - a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel: 01323 891820 for more details.

Every Saturday

Newhaven Tennis Club - Coaching for Juniors of all ages and Adults by arrangement. Club Secretary 01273 512162 email: mailrkjackson@yahoo.co.uk

Every Saturday

Newhaven Bowling Club Junior Bowls Club 10am - 11.30am. Juniors play the game in a fun environment with an emphasis on learning the game and practicing their skills. Contact secretary on 01323 893888 for more information.

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road Opening times from March 2016 Weds, Fri, Sat, Sun and bank holidays 11.00 am - 4.00pm.

Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers.

Contact 01273 515404 for group bookings, other possible opening times and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel: 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10am - 3.30pm; Hillcrest Boxing Club Seniors Men (evenings); Knit 'n' Natter 2-4pm Room 4 - needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6-7pm; Haven Harmonies Choir 7-9pm. Tel: Marian 01273 611068 or email marianstanley43@gmail.com for more details. Sussex Downs College art class (term time) 10am - 12 noon.

Every Tuesday

U3A Art Class (afternoons). Weight Watchers Meeting. 2nd Tues every month, Guesthouse Storytellers. Master Boxing Keep Fit 6-7pm.

Tuesdays, fortnightly

Starting 19th April, a families for autism support group. £1 contribution per adult. Contact Nicki Day 07723805444 for more details.

Every Wednesday

Life Drawing Class 10.30am-1pm; Art Class 1.30-3.30pm; Red Cross (evenings, every 2 weeks); Boxing Club - Juniors (Evening). Ladies Box Keep Fit 7-8pm.

Every Thursday

Country Market 9.45am - 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10am - 3.30pm; Start Art & Smart Art (children & young adults, evenings); Hillcrest Boxing Club Seniors Men (evenings); Hillcrest boxing club: masters boxing keep fit; Sculpture Workshop 10am - 4pm every 2 weeks, contact Silvia Macrae Brown 01323 422137. Novel Group 10am-4pm contact Umi Sinha 01273 611490 to book.

Every Friday

Ballroom Dancing 6.30 - 9pm.

Every Friday

Creative Writing Class. An informal and friendly prose writing class that covers everything you need to know about how to write short stories, autobiography or memoir, structured around weekly writing assignments that allow you to practice different fictional techniques. Suitable for all levels. 10am to 12.30pm. Cost £110. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2pm - 4.30pm. £5 per person including tea and biscuits. For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

e-mail: newhaven.lewesmencap@btconnect.com

Website: www.newhavenmencap.org.uk

Telephone: 01273 517345

Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities. We use our hall for our Social Club on Friday evenings solely for our members. We use our hall on Mondays as an informal 'Drop In' meeting place for people with learning difficulties. Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information). Our Sensory Room is available to hire at £5.00 per person per hour. Booking in advance is essential. Phone Ann on 01273 517345 to book the room.

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (with view to becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk

Every Monday

5.30-6.30pm Junior Tennis Coaching. Sessions from 9th May till 5th Sept. (except Bank Hols)

Every Wednesday

6.00-8.00pm Adult Club sessions. Open to non-members (with view to becoming members).

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions.

10.45am Junior coaching.

1.00 - 5.00pm Adult Club sessions. Open to non-members (with view to becoming members).

Sunday 12th June

Play Tennis Open Day. 12.00pm-4.00pm: All ages welcome. Come and give it a try, FREE!

Next Open Day: Sun 3 July 10.00am-2.00pm. Families especially welcome.

Contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk

Saturday 18th June

The Club will be celebrating its 80th Anniversary with a 'gathering' of past members along with current members, at the courts, for light refreshment, including cake. Anyone connected with the Club is most welcome to come along, 2.30pm onwards.

SHAKESPEARE HALL

Run by Wave Leisure.

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club from 3pm. Contact Clare - 07564 452837 - facebook or www.nippers.org.uk

Easter Playscheme Tues 29th March to 1st April and 4th-8th April; May half term Tues 31st May - 3rd June.

Monday

Kettlercise - 6pm; Boxercise circuits and bootcamp - 7pm Easter holiday: Monday 4th April Junior Circuits 1.30pm - 2.30pm for 8-15 years, £1.

Tuesday

Take Heart cardiovascular exercise class 10am - 11am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771. Strength and balance class 11.00am - 12.00.

Kettlercise and CoreAbility - 6.30pm.

Boxercise Cardio Box - 7.30pm. Easter holiday football 1pm - 2pm for 8years +, £1 per hour.

Wednesday

Baby Bounce 10am - 12 noon.

Multisport disability group 4.30 - 6pm for 8 - 16 year olds.

Tap dancing 6.30pm (starting 13th April). Body Conditioning 6.30pm. Zumba 7.30pm.

Thursday

Take Heart cardiovascular exercise class 11am-12noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Newhaven Girls Can Club 5pm - 6pm, for females aged 14 - 25 years.

Easter holiday: Big Bounce 1pm - 3pm, 4-10 years, £2 per family.

Friday

Wave Big Night Out, last Friday of every month. Easter holiday: badminton and table tennis 10am - 4pm £1 per hour.

SEAHAVEN SWIM & FITNESS CENTRE

Tel: 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday to Sunday. Tel: for more details.

Seniors Class in the Gym (includes a swim after class) 9.30am - 10.30am every Monday and Thursday.

Water Aerobics 12noon - 1pm Monday & Friday and Deep Water Aqua sessions now running 8.30 - 9.30pm every Tuesday and Aqua Zumba 8.30 - 9.30pm every Wednesday.

Aqua Tots session 10.15am - 11.30am on Thursdays with toys in the teaching pool.

School Holiday Activities for Children and Young People

Running between 2pm - 3.45pm. Mon & Fri - Big Floats, Tues & Thur - Big Inflatable.

DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Free Fitness courses - Yoga, Tai chi, walks, outdoor gyms and many more. Call for dates and details on 01273 516032.

Cooking sessions

Wednesdays from 22nd June (venue to be confirmed). Call 01273 516032 to book your free place.

Local Event:

Fish Festival Saturday 18th June West Quay, Newhaven 10am-4pm.

SCDA - Become a community Health Champion

Help us to improve the local health by participating in various activities and volunteering to promote healthy eating and fitness. Please call 01273 516032 or email healthylifestyles@sussexcommunity.org.uk if you would like to donate an hour or two of your time for this project. It's a great way to meet new people and get some great skills which will aid your career and general knowledge.

SCDA - Free outdoor walks and activities.

Using the countryside on our doorsteps. We have weekly walks in Eastbourne and walks every two weeks in Seaford & Brighton.

Call for an up to date list of planned informal friendly group walks and gardening/outdoor activities.

www.sussexcommunity.org.uk or 01273 516032.

Youth Services

Youth group drop in: please call on 01273 517250 to find out the dates and venues of our youth group sessions.

Family Learning

Call 01273 516032/517250 to book a place on the following courses:

Course	Day	Dates	Venue
Memory Albums	Mondays	28/03/16 – 11/04/16	The Fort, Newhaven
Family Learning Session	Wednesdays	06/04/16	TBC
Forest School 6Yrs+	Wednesdays	06/04/16 – 20/04/16	Meeching Down, Newhaven
Healthy Eating	Wednesdays	13/04/16 – 18/05/16	Peacehaven Heights, Peacehaven
Little Kickers	Thursdays	14/04/16 – 19/05/16	Hillcrest Centre, Newhaven
Number & Play	Thursdays	28/04/16 – 26/05/16	Denton Island Community Centre, Newhaven
Family Art	Mondays	16/05/16 – 09/06/16	Denton Primary School, Newhaven
Sensory Play 2+	Thursdays	09/06/16 – 14/07/16	Denton Island Community Centre, Newhaven

STUDIO TEMPO DANCE CENTRE

High Street, Newhaven
Phone and check times during summer holidays please.

Every Monday

Adults Morning Line Dance Classes - Beginners 9.15am and Improvers 10am.
Join Territa's friendly drop in class, keep active for fitness and fun! £5.50 Tel: 07931 930770 for details.

Every Wednesday

Adults Ballroom and Latin Social Dance Class for Beginners. Come alone or with a partner, enjoy dancing for an active lifestyle at Studio Tempo Dance Centre, 7.30pm £5.50. Tel: 01273 476565 / 513784 for details.

Every Wednesday & Friday

Up The Tempo provides fun and creative classes for children aged 2 years and upwards. Come along to learn great dances to your favourite music. Pre-schoolers are introduced to the world of dance through 'Melody Movement'. Tel: Stefanie 07852 323990 for more details.

Every Friday

Adults Evening Line Dance Class for improvers and above at Studio Tempo, 7.30pm £5.50. Tel: Territa 07931 930770 for details.

Everyday

Studio Tempo Adults Ballroom and Latin Social Dance Classes at the Hillcrest Community Centre. 6.40pm - Absolute Beginners Tuition. 7.15-8.00pm Dancing Practice for all, then tuition for higher levels. Tel: 01273 476565/513784 for more details. Fee £5.50.

HEALTH TRAINER SERVICE

Is free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited: One to one sessions (approx. 6 over a 3 month period) held at the Rehabilitation Centre, Church Hill 9am - 2pm every Tuesday. 9am - 1pm every Wednesday.

Children's Centre, Denton Island 1pm - 4pm every Thursday

Other times available with prior arrangement Tel: 0800 917 8896 or 01323 723966 for more details.

APRIL

- 1st - 8th Newhaven Fort Spy Camp! - Come and hone your secret agent skills in our special kids' activity sessions! Visit www.newhavenfort.org.uk or call 01273 517622 for more details.
- 1st - 10th Paradise Park School Holiday competition.
- 1st Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Tel: ephone 01273 514664.
- 2nd 'Charity Car Wash' at Paradise Park. Newhaven Air Cadets washing customers' cars and raising money in the process for their squadron.
- 2nd Newhaven Twinning Association Car Boot Sale at Paradise Park. Sellers from 8am, buyers from 9am. £6.00/car.
- 2nd & 3rd RNLI Newhaven Sovereign Seas Folk Festival. Following the 2015 Festival success RNLI Newhaven is proud to announce a weekend of fantastic Folk. Hard Pressed and other invited guests, including internationally respected singer/songwriter John Conolly, are returning to perform at Newhaven Lifeboat House, Riverside, West Quay BN9 9BX raising vital funds in aid of RNLI Newhaven. Tickets for individual concerts: Flow Tide Concert - 2nd April at 2pm - £5; High Tide Concert - 2nd April at 7.30pm - £7 (with John Conolly); Ebb Tide Concert - 3rd April at 2pm - £9 (with John Conolly). Weekend ticket for all concerts just £17. The Folk Festival really is one not to be missed. Further information is available from www.sovereignseasfestival.co.uk Ticket enquiries and bookings email: rnlinewhaven.society@hotmail.co.uk **Support your local lifeboat - Respect the water.**
- 2nd - 10th 'Grow your own week' at Paradise Park. The perfect way to kick-start the garden season with a week dedicated to getting the garden set for the season. Displays and offers will help you start on the right foot.
- 3rd The Big Spring Beach Clean, 10am - 3pm. Meet at end of West Beach Car Park, Fort Road. Drop in and join our Rangers and the Castle Hill Group on the beach to help clean up this beautiful shingle cove. We will provide litter pickers, bags and gloves. Wear sturdy shoes and a waterproof depending on the weather. Parking available, no toilet facilities, dogs on leads only. For more information contact thylene.outram@lewes.gov.uk or Lewes District Council 01273 471600.
- 5th Newhaven Historical Society: "Forgotten Wrecks of the First World War" illustrated talk by Stephen Fisher of the Maritime Archaeological Trust. Meeting commences at 7.30pm in the Hillcrest Community Centre, Hillcrest Road, Newhaven. Doors open 7.00pm. Entrance free to members, visitors £2. Enquiries 01273 515404.
- 6th 'Timely Talk' at Paradise Park, 11am. 'Alpines r us' Yes they are! Scree and gravel plants and their habitat, plus our topical plants. Free entry and refreshments - plus a plant offer!
- 7th Newhaven & Peacehaven U3A - a talk by John Morris on The History of Flight at the Meridian Centre, Peacehaven at 2.15 pm. New members welcome - tel.: 01273 589953.
- 7th Maestro Big Band are at the Hope Inn, West Pier 7.00pm - 9.00pm.

- 8th Country and Western with Crystal Clear at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Tel: ephone 01273 514664.
- 9th - 10th Newhaven Fort WW2 Living History Association Training Weekend. Member groups of the WW2 LHA bring the Fort to life! Visit www.newhavenfort.org.uk or call 01273 517622 for more details.
- 9th 'Newhaven in Bloom', sign up Saturday at Paradise Park. Sign up and take part in Newhaven in Bloom 2016 (we offer a loyalty card to participants to help with your budget!).
- 9th The GuestHouse Storytellers - Storytelling workshop with Xanthe Gresham-Knight. Xanthe will be working with us on her speciality - how to weave together themes from traditional stories with our own personal stories. Meeching Hall upstairs, Fort Road, Newhaven, 10am to 4pm. Cost: £40. Limited places so you must register in advance. Email: wendy.atkinson@btinternet.com
- 10th Tea Dance at the Hillcrest Centre 2pm - 4.30pm. £5 per person including tea and biscuits. For more information, call Fred Weston on 01323 898813.
- 11th South Heighton W.I. Birthday Meeting with "Memoirs of a Media Composer" by Paul Lewis. At South Heighton Village Hall 2.15 p.m. For details please contact 01273 515404.
- 12th Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.
- 12th The GuestHouse Storytellers - Stories from the Heart. We all have stories that mean something special to us, stories we were told, or read, or maybe stories that reflect things that happened to us, or simply stories that we love without knowing the reason. This is your chance to pick your favourite story, the one that holds something special for you and to tell us why you love it. Even better, bring it to our workshop with Xanthe Gresham on 9th April and learn how to weave a story you love and your own story into a seamless whole. Age 12+ To book a slot to tell a story (max 10 mins) please email Wendy: wendy.atkinson@btinternet.com At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door. www.guesthousestorytellers.com
- 16th Jumble sale at Riverside Hall, Riverside, Newhaven BN9 9BP. 10.00 am to 12.00 noon. Admission 50p, Children free. Clothing, bric-a-brac, etc and household items. Come along to get a bargain. Refreshments supplied at very reasonable prices.
- 16th Hillcrest Cinema presents WHIPLASH (Cert 15). Why would you ever want to see a film about drumming, and one with some quite intense almost brutal sparring between teacher (JK Simmons, who got Best Supporting Oscar for his performance) and pupil (Miles Teller)? But a friend started raving about it, and urged us to get out of our comfort zone to see the film. Whiplash ends on a high note: there's a dazzling solo performance before a sold-out JVC festival crowd, with teacher Fletcher egging his pupil on. It's here that the film settles into precisely the right groove, with its two leads and the practice that binds them - and no moral lessons or supporting characters to get in the way. Wow, so glad we saw it, as it's one of the best films we've seen all year. Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.

16th - 17th	'Owls Out & About' at Paradise Park. Come and experience the magic of getting up close to our feathered friends.	7th	Blooming Bluebells at Bollens Bush, 10.30am - 12.30pm. Meet at information board on The Fairway, Newhaven, BN9 9XX Map Reference: TQ 434 011 Take a walk with our Ranger through the Bluebells in this little-visited woodland. Learn about how we manage our nature reserves and the wildlife and plants that are found there. Limited on-street parking, no toilet facilities, uneven ground and steep hills. Can be muddy. For more information contact thylene.outram@lewes.gov.uk or Lewes District Council 01273 471600.
19th	Annual Town Meeting and presentation of Newhaven Community Awards at the Hillcrest Centre 7pm. Everyone welcome.	7th	RNLI Newhaven Coffee Morning. Hosted by Ann Payne at 2 Bay Vue Road, Newhaven from 10am to 12noon. Come along to enjoy cake and chatter in aid of RNLI Newhaven, as well as an opportunity to buy RNLI souvenirs. There will also be a raffle.
21st	Meeching WI: Mr Colin Bell with an Audio Visual Presentation. 9.45am Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.		Support your local lifeboat - Respect the Water.
21st	Newhaven Gardening Society monthly meeting held at Age Concern Day Club, West Quay, Newhaven at 7.30pm - with Michael Blencowe, a wildlife Officer from Sussex Wildlife Trust giving an illustrated talk entitled 'A Wildlife Walk along the Ouse'. Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.	7th	RNLI Newhaven Country, Blues and More Music Night with Fish and Chips. As part of the RNLI 'Mayday' Campaign invited bands will be performing at Newhaven Lifeboat House, Riverside, West Quay from 7pm to 11pm for your enjoyment and pleasure. Tickets are just £12 each and include a delicious fish and chips supper. Advance booking required for fish and chips. You are invited to bring your own bottle, although refreshments will be available for a donation and there will be a raffle. Ticket enquiries: 01273 515964 or rlnlnewhaven.society@hotmail.co.uk Support your local lifeboat - Respect the Water.
22nd - 24th	'Bee & Wildlife Weekend' at Paradise Park. Focus on bees and other wildlife. With tastings, information and a focus on wildlife friendly plants.	7th	Newhaven Fort Festival of Sound - The Rock Version. A night of live rock music on various stages around the Fort. Visit www.festival-of-sound.co.uk for more details and tickets.
23rd	Spring Fayre at Newhaven Day Club, West Quay 10am - 1pm. Nearly new clothing, kitchen items, bric-a-brac, puzzles, books, teas, coffee and cakes.	7th - 15th	FREE hanging basket & container planting weekend at Paradise Park. Simply choose a hanging basket or container, choose the plants and our helpful staff will plant it up for free for you.
23rd	Newhaven Twinning Association - St. George's Day Pop-Up Restaurant at South Heighton Village Hall. 7pm for 7.30pm. £20.00 per person (Aperitif + 4 Courses + Coffee) Bring your own wine/beer. Please reserve with Norman Hopson on 01273 588193 norman.hopson@btinternet.com	8th	Guided tour of Tide Mills 10.30am. Join local historian Kevin Gordon on a 90 minute tour of the lost village of Tide Mills including details of the mill, railway, sea-plane base and hospital. The tour will depart from the Buckle Car Park, Marine Parade, Seaford. Please wear appropriate footwear. Tickets are £5 and are available in advance from the Seaford tourist Information Office or on the day.
24th	Denton Community Challenge - Fund Raising Pub Quiz at the Flying Fish 7pm. All welcome. Call 07802 716830 for details or email dentonchallenge@gmail.com	8th	Tea Dance at the Hillcrest Centre 2pm - 4.30pm. £5 per person including tea and biscuits. For more information, call Fred Weston on 01323 898813.
25th	Bingo at South Heighton Village Hall, last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.	9th	South Heighton W.I. "Resolutions with Quiz" at South Heighton Village Hall 2.15pm. For further details please contact 01273 515404.
29th	Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.	10th	The GuestHouse Storytellers - Knaves, Rogues and Vagabonds. There's nothing we thrill to quite like the exploits of villains, rebels who've set themselves against the law, or people who simply march to the beat of a different drum. A chance to spend an evening in the company of villains, pirates, outlaws, conmen, imposters, tramps and more... Following Dominic Kelly's Trickster story in March, here's your chance to choose your favourite rascal and regale us with their exploits. Age 12+ To book a slot to tell a story (max 10 mins) please email John: jalden3288@aol.com At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door. www.guesthousestorytellers.com
30th	'Drawing Workshop' at Paradise Park, 11am -1pm. Come along to the free Drawing Workshop with local artist Lesley Harvey!	10th	Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.
30th	RNLI Newhaven present the Brighton Welsh Male Voice Choir. As part of the RNLI "Mayday" Campaign the esteemed Choir will be performing at St. Michael's Church, Church Hill, Newhaven from 7pm. Tickets are just £7.50 each. Enquiries: 01273 514841 / 01323 492309 or rlnlnewhaven.society@hotmail.co.uk	11th	RNLI Newhaven Annual General Meeting being held at Newhaven Lifeboat House, Riverside, West Quay, Newhaven from 7.30pm. Refreshments provided. An ideal opportunity to meet the fundraising committee - you may even be inspired to join the fundraising team. Support your local lifeboat - Respect the Water.
	Support your local lifeboat - Respect the Water.	13th	Newhaven Twinning Association Quiz Night with Supper, 7pm at Meeching Hall, Fort Road. £7.50 per person - bring your own drink/nibbles. Please reserve with Terry Nunn on 07703 562046 Terence_nunn@hotmail.com
		19th	Newhaven Gardening Society monthly meeting held at Age Concern Day Club, West Quay, Newhaven at 7.30pm - with Mark Saunders giving illustrated talk 'A Head Gardener's Year'. Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.
		19th	Meeching WI: Resolutions Meeting. 9.45am Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.
MAY			
1st - 31st	'Pet Competition' at Paradise Park. The always popular 'best pet' competition with a host of prizes to be won. Forms to be collected in-store.		
1st	Dawn Chorus on Newhaven Cliffs, 4.15am - 6.30am. Meet at Newhaven Fort Car park. Get up with the Lark and take part in the International Dawn Chorus Day with thousands of others around the world. Join the Friends of Castle Hill Local Nature Reserve on a guided walk to experience the full wonder of the Dawn Chorus at sun rise. Learn the different bird songs or simply just stand, listen and enjoy. Bring warm clothes and binoculars if you have them (though really, you just need your ears). Parking available, no toilet facilities, no dogs. Some hills and steps, can be muddy. For more information contact thylene.outram@lewes.gov.uk or Lewes District Council 01273 471600.		
1st	May Day Extravaganza at The Hillcrest Centre! Come along and join in a fun-packed day for all the family. Celebrating spring through maypole dancing, long rope skipping, Morris dancing, art workshops, storytelling, displays and market stalls, plus a raffle with top prizes, and lunch and cream teas available from our lovely café. Contact the office on 01273 512376 or check our Facebook page for more details. Free admission and free parking. If you would be interested in performing at our event, or you would like to hire a stall please contact the office for details 01273 512376.		
4th	'Timely Talk' at Paradise Park, 11am. 'Potage of vegetables' - vegetables you can grow for the table - with a few mouth watering recipes, plus a look at topical plants. Free entry and refreshments-plus a plant offer!		
5th	Newhaven & Peacehaven U3A meeting at the Meridian Centre, Peacehaven 2.15pm. New members welcome - tel: 01273 589953.		
5th	Maestro Big Band are at the Hope Inn, West Pier 7.00pm - 9.00pm.		

21st	Hillcrest Cinema presents HANNAH ARENDT (Cert 12A) A look at the life of philosopher and political theorist Hannah Arendt in 1961, as reported for The New Yorker magazine on the war crimes trial of the Nazi Adolf Eichmann in Jerusalem and coined the phrase "the banality of evil". That straightforward, iconic phrase quickly came to define one of the most publicised trials of the 20th century. This film chronicles its impact on Arendt and the wider Jewish diaspora, following her as she travels to Israel to observe the trial, the publication of her articles in the New Yorker and her controversial book Eichmann in Jerusalem, which caused a major controversy. A film about philosophy? Don't be put off, as this is an interesting tale about a point in history, told like a thriller, which holds one's attention throughout. Not just dry theory! Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.	13th	South Highton W.I. "Alsar Search Dogs Sussex" Talk with Slides and Dog by June Felstead. At South Highton Village Hall 2.15 p.m. For further details please contact 01273 515404.
21st - 22nd	'Weed Weekend' at Paradise Park. Advice from our resident Plant Doctor, Mr. David Fitton, M.B.E. with an identification display and available remedies to tackle every problem.	14th	Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.
22nd	Newhaven Fort Classics on Parade. Southern Classics Society car show. Visit www.newhavenfort.org.uk or call 01273 517622 for more details.	14th	The GuestHouse Storytellers - Stories from the GuestHouse Storytellers followed by Janice Witherpoon telling: GRANUAILE, THE PIRATE QUEEN. A fiercely independent pirate woman sets sail from Ireland to London to meet Queen Elizabeth 1st of England in 1593. Intrigued? Come and hear how Grania O'Malley of Co. Mayo came to captain her own fleet of ships and become "the most notorious woman on all the western seas". Storyteller Janice Witherpoon is from N. Ireland and draws deeply on her Irish heritage and her connection to the land in her performances. This performance is inspired by her desire to tell stories of extraordinary women who have too often been forgotten by history. Age 12+ "Janice brings the forgotten history of Ireland's pirate queen to life with a fire true to her spirit. A great celebration of the strength of women." (Ashley Ramsden, International School of Storytelling). At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30pm. Tickets £5 /£4 concessions on the door. www.guesthousestorytellers.com
23rd	Bingo at South Highton Village Hall, last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.	16th	Meeching WI: Mr Alan Hodges - Sussex by the Sea. 9.45am Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.
27th	Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.	16th	Newhaven Gardening Society monthly meeting held at Age Concern Day Club, West Quay, Newhaven at 7.30pm - with Harry Townsend giving illustrated talk 'Harry the Wheelbarrow Man'. Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.
28th	'Drawing Workshop' at Paradise Park 11am - 1pm. Come along to the free Drawing Workshop with local artist Lesley Harvey!	18th	Fish Festival, West Quay, Newhaven 10am-4pm.
28th - 30th	Newhaven Fort: A Fort Full of History. A weekend of living history featuring groups covering the Napoleonic era to the Second World War. Visit www.newhavenfort.org.uk or call 01273 517622 for more details.	18th	Newhaven Tennis Club will be celebrating its 80th Anniversary with a 'gathering' of past members along with current members, at the courts, for light refreshment, including cake. Anyone connected with the Club is most welcome to come along, 2.30pm.
28th - 31st	'Outdoor Living week' at Paradise Park. Special offers and demonstrations and tastings galore as the summer leaps into action with our week dedicated to making the garden another room in your house.	18th	Hillcrest Cinema presents DARK HORSE (Cert PG). If you want heart-warming and inspirational this is the film for you. Dark Horse is a documentary film that tells the amazing story of 'Dream Alliance', a horse that was raised on an allotment, trained to race and won not only the Welsh Grand National and buckets of money, but also raised the spirits of a depressed Welsh mining village. This fairy tale of working class people thrust into the owners' box alongside millionaires and aristocracy is a seductive one, and gives personality to the villagers and the horse itself as they collectively defy the expectations of professional trainers, dismissive analysts and commentators. It's clear that despite any sentiment this is a story worth telling. A feel good factor of 10 out of 10! Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.
JUNE			
1st - 5th	'Outdoor Living week' at Paradise Park. Special offers and demonstrations and tastings galore as the summer leaps into action with our week dedicated to making the garden another room in your house.	24th	Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.
1st	'Timely Talk at Paradise Park 11am - 1pm. 'Perfect Rose' - a look back, up to the present for the perfect romantic rose, and care advice to keep them in tip-top condition, plus a look at topical plants. Free entry and refreshments - plus a plant offer!	25th	'Drawing Workshop' at Paradise Park 11am - 1pm. Come along to the free Drawing Workshop with local artist Lesley Harvey!
2nd	Maestro Big Band are at the Hope Inn, West Pier 7.00pm - 9.00pm.	27th	Bingo at South Highton Village Hall, last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
4th	Cabaret dance with vocalist Emily Reed and band Rockin' the Joint at Denton Island Indoor Bowls Club. Tickets £12. Telephone 01273 514664.		
7th	Quayside Medical Practice Patient Participation Group meeting 6.30 - 8.30pm. Please ask at Quayside Practice reception for more details or visit http://www.quaysidemedicalpractice.nhs.uk		
7th	Newhaven Historical Society: "Coasting Along Sussex" illustrated talk by Dr. Geoffrey Mead. Meeting commences at 7.30pm in the Hillcrest Community Centre, Hillcrest Road, Newhaven. Doors open 7.00pm. Entrance free to members, visitors £2. Enquiries 01273 515404.		
10th	Race night at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.		
11th	Denton Community Challenge - A Summer of Sport Event 1pm - 5pm. Family fun day with added sporting attractions for all the family. Avis Road Recreation Ground - Denton. Call 07802 716830 for details or email dentonchallenge@gmail.com		
11th	Denton Community Challenge - Craft Fayre 1pm - 5pm. Crafts and other stalls at the Denton Community Centre, Denton Road. For details contact dentonchallenge@gmail.com		
12th	Newhaven Tennis Club Play Tennis Open Day. 12.00pm-4.00pm: All ages welcome. Come and give it a try, FREE! Next Open Day: Sun 3 July 10.00am - 2.00pm. Families especially welcome. Contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk		
12th	Newhaven Fort Rover Club Car Show. Display of classic cars on the Fort's Parade Ground. Visit www.newhavenfort.org.uk or call 01273 517622 for more details.		
12th	Tea Dance at the Hillcrest Centre 2pm - 4.30pm. £5 per person including tea and biscuits. For more information, call Fred Weston on 01323 898813.		

This events listing has been published by:

Newhaven Town Council,
18 Fort Road, Newhaven, BN9 9QE.
Tel: 01273 516100
www.newhaventowncouncil.gov.uk

The deadline for the next edition
(events in June/July/August) is 27th May 2016 -
please contact us if you are organising an event
during those months
email: nicky.still@newhaventowncouncil.gov.uk

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Enjoy exhibitions on Newhaven's
involvement in First World War, **Kids Activities**
over the **School holidays**, **Classic Cars Parade** and
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