

Newhaven Matters

SUMMER 2016 // Issue N° 10



**NEW Free Saturday
Bus Service** See page 05

Welcome to the Summer edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Summer 2016



Welcome to the Summer 2016 edition of Newhaven Matters. I have had a very busy last few months attending a wide range of events on behalf of the town. I have also been raising funds for my mayoral charities through events like karaoke, quizzes and of course my sponsored cycle ride from London to Paris. I hope to have raised a record amount this year, which will benefit both the Seahaven Responders and the Newhaven Lifeboat.

Shortly after returning from Paris, I was honoured to be elected as Mayor for another year. I am planning more events to raise money to buy more defibrillators. They cost in the region of £1500 each, but I've been promised support from a number of local businesses already.

I have been busy supporting the ferry link that we're so lucky to have and I am

continuing to speak with Seine Maritime about the port and the beach.

It's an exciting time for the town centre now that Lewes District Council has bought back the leases in and around Newhaven Square. The Town Council is working closely with them to attract businesses into the vacant units and ensure full consultation on proposals to improve the whole area. Parking, traffic and pedestrian safety are all up for discussion too.

Lastly I'd like to thank everyone for their support last year, including my fellow Councillors, officers and staff at NTC, my partner Sharon (whom I can never thank enough) and of course all of you for making this such a great town.

Councillor Steve Saunders
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100

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YOUTH TO YOUTH

The Newhaven Young People's Forum has been recognised for its passion and dedication to supporting young people in the Lewes District. In May 2016, they received a Social Media Achievement award from SPARK for their project Youth to Youth which is funded by Newhaven Town Council and started by Charlotte Crookston during her time as Young Mayor.

Youth to Youth is a confidential service that is run by trained young people for young people with the support of a fully qualified counsellor and youth workers from SCDA. We think that the best people to understand how young people are feeling are other young people. Young people can contact them through the website to talk about anything that is worrying them, however big or small. The team of young volunteers 'listen' to what people need support with and reply as soon as they can. Youth to Youth is for anyone

aged 9 – 18 years old and living in Newhaven and surrounding areas.

The website also has advice of local services which is accessible by all community members. Please visit www.youthtoyouth.co.uk for more information or e-mail youth@sussexcommunity.org.uk.



Denton Island Community Centre

New facilities for Newhaven!

As part of the Newhaven Growth Quarter Project and after months of building works, Denton Island Community Centre (part of SCDA) has unveiled a brand new lobby and reception area, increased training and meeting room space, new toilet facilities and a Community Kitchen. Seahaven Foodbank has now moved from the High Street into the Community Centre and is open Monday, Wednesday and Thursday mornings 9am to 12pm.

Rentable rooms start from as little as £6 an hour that can accommodate small one

to one meetings up to larger groups of 25 people. All rooms have Wi-Fi access, flip charts, projectors and rooms can be set up to meet most activity requirements. Call Steph on 01273 517250 or email roomhire@sussexcommunity.org.uk.

Denton Island Nursery has also been fully refurbished and now has a much larger play activity area which allows an increased number of spaces available. An experienced, highly trained team of nursery practitioners offer quality child care for children from 3 months to 5 years old.

Call 01273 517250 or email Marilyn at marilynnolan@sussexcommunity.org.uk.



NEW FREE SATURDAY BUS FOR NEWHAVEN

The 145 bus around Newhaven is now FREE to everyone every Saturday!

The Saturday service now operates hourly to bring local residents, young and old, individuals and families, children and grownups from near to their homes into the town centre – and back home again – and all for free!

Come and support your local town centre shops and businesses, enjoy a coffee break with friends or walk by the quayside!

The new free service has been made possible by funding from Newhaven Town Council working in partnership with Compass Buses, CTLA and East Sussex County Council.

The service is a trial and will be reviewed after six months – so if you want to see it continue to be free, please use it!



145: NEWHAVEN TOWN SERVICE

SATURDAYS

From 11th June 2016

	145 CTLA	145 COM	145 CTLA	145 COM	145 CTLA	145 COM	145 CTLA
Newhaven, Lower Place	0926L	1041	1141L	1251	1351L	1451
Newhaven, Sainsbury's	0930L	1145L	1355L
Newhaven Town Railway Station	0932	1044	1147	1254	1357	1454
Western Road, Second Avenue	0937	1049	1152	1259	1402	1459
Gibbon Road	0939	1051	1154	1301	1404	1501
Fort Road, Shakespeare Hall	1055	1305	1505
Newhaven Fort	1056	1306	1506
Court Farm Rd, Downlands Park	0944	1059	1159	1309	1409	1509
Newhaven, Lower Place	0949	1104	1204	1314	1414	1514
Newhaven Town Railway Station	0951	1106	1206	1316	1416	1516
Newhaven, Sainsbury's	0953	1208	1418
Denton Corner, Bus Layby	0855	0955	1110	1210	1320	1420	1520
Seaview Road, Station Road	0858	0958	1113	1213	1323	1423	1523
Wellington Rd, Thompson Road	0902	1002	1117	1217	1327	1427	1527
South Highton, Highton Road	0905	1005	1120	1220	1330	1430	1530
Avis Road, opposite Paradise Park	0906	1006	1121	1221	1331	1431	1531
Iveagh Crescent, Denton Rise	0908	1008	1123	1223	1333	1433	1533
Denton Corner, Bus Layby	0911	1011	1126	1226	1336	1436	1536
Newhaven, Sainsbury's	1014L	1229L	1439L
Newhaven Town Railway Station	0913	1016L	1128	1231L	1338	1441L
Newhaven, Lower Place	0916	1019L	1131	1234L	1341	1444L

CTLA - Journey operated by Community Transport for the Lewes Area

COM - Journey operated by Compass Bus

L - Continues to/from Lewes as service 123

Compass Bus operates a regular bus service on route 145 on Mon-Fri. For full details call 01903 690025 or visit www.compass-travel.co.uk. Free travel only applies on Saturdays - normal fares apply on Mon-Fri.

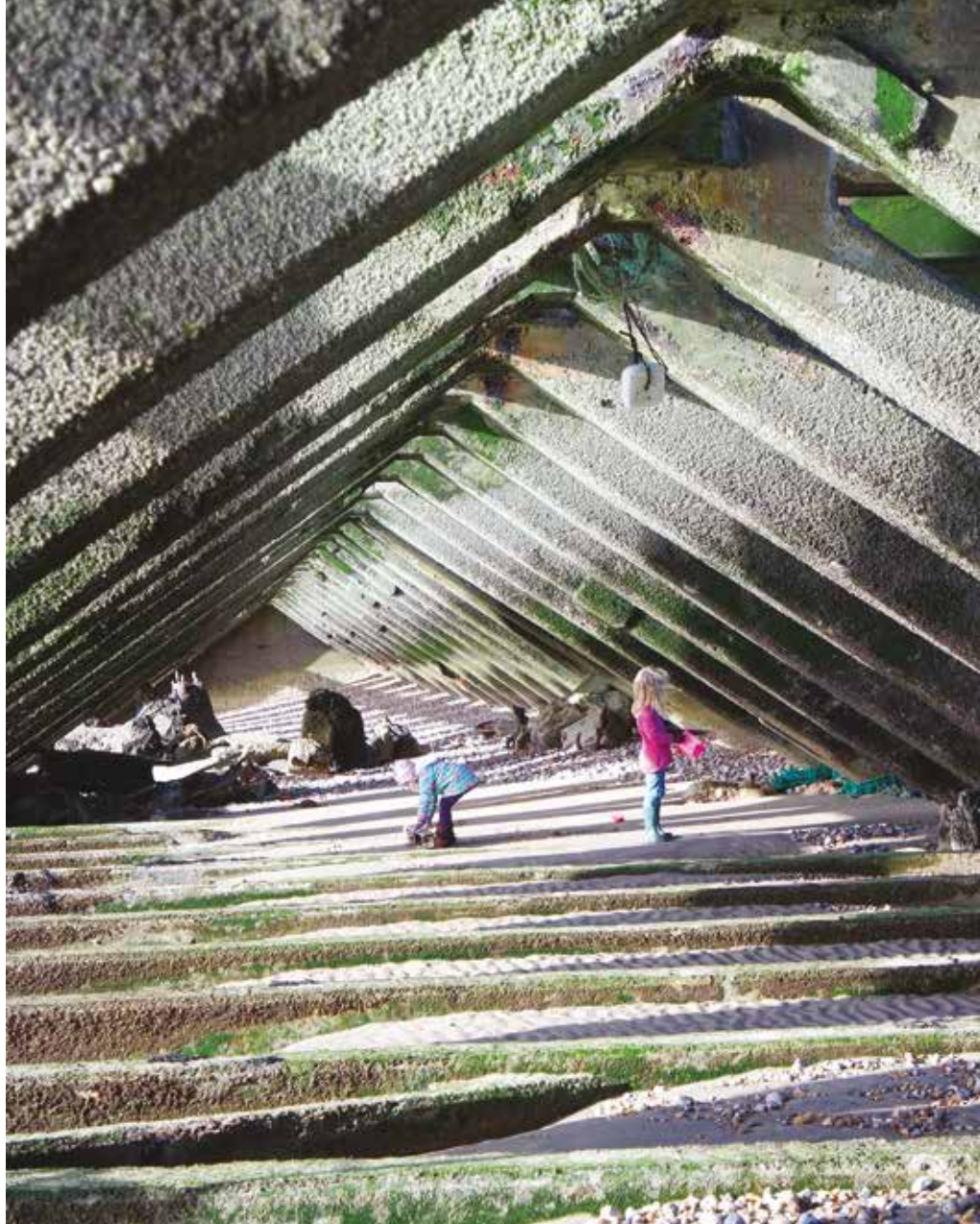
THE BEST OF NEWHAVEN

We had a wonderful response to our photographic competition "The Best of Newhaven" which we ran recently.

Local photographers were invited to enter photographs in five categories – buildings, open spaces, wildlife, people and a children's category for under 12s.

Prizes were awarded by the Mayor at the town council's Annual Meeting in Meeching Hall on Tuesday 17th May.

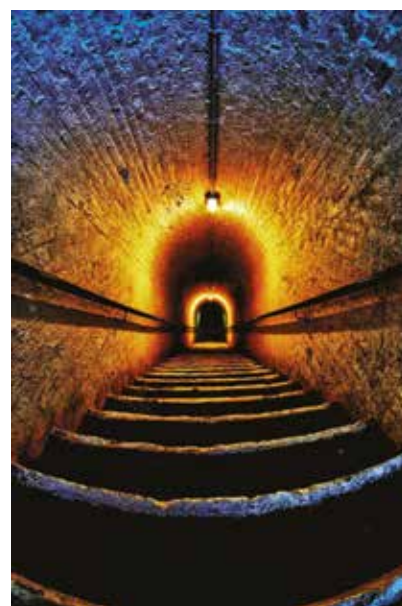
The winning photographs and the runners up will be printed on lamp post banners which will be erected on West Quay – look out for them later in the summer!



This is the overall winner of the whole competition and was taken by Michelle Smart



This photo is the winning photo in the people category and is by Alicja Milczarczyk



This photo by Paul Trunfull won the buildings category



MAYOR RIDES FROM LONDON TO PARIS

Newhaven's Mayor, Councillor Steve Saunders cycled from London to Paris in May via the Newhaven-Dieppe ferry to raise funds for charity and to promote the ferry crossing and the historic links between Newhaven and Dieppe.

Steve undertook the first leg from London to Brighton in the early hours of 11th May to avoid the heavy traffic in the capital, accompanied by some of his friends.

The following day at Newhaven Fort the Mayor and his friends were joined by a group of cyclists from Blind Veterans UK, which included 3 blind veterans riding on tandems with sighted riders.

The whole party crossed the Channel to Dieppe, where they were welcomed by the Mayor of Dieppe and local cycling groups and treated to local produce and drink. Some of the party had a cycle tour of Dieppe before everyone dined at a local restaurant.

Early the following morning, the Mayor laid a wreath at Canada Square in Dieppe before setting off towards the

Avenue Verte, the cycle route which runs from Arques la Bataille towards Paris. The remainder of the route to Paris was completed over three days with the group arriving at the Eiffel Tower in Paris at around midday on Sunday 15th May.

The cyclists raised over £30,000 for Blind Veterans UK and for the Mayor's charities which are the RNLI and Seahaven Responders.

Newhaven & Seaford Sea cadets are appealing for volunteers to assist them with their active unit of 30 cadets aged between 10 and 18 years old.



The past few months alone have seen the cadets win local competitions and take part in activities such as kayaking, rock climbing, archery, sailing and recently some of their cadets took part in an exciting

non-stop week of off-shore sailing on the Training Ship Vigilant. In addition many of the cadets spent a week at HMS Raleigh which has recently been made famous by the documentary TV series where they took part in fire-fighting, drill, assault courses and harbour training in tug boats.

The Chairman of the local charity Alan Rankin-Thorn explained, "As you can imagine, it takes a lot of organisation to deliver these experiences to the cadets, it relies wholly on volunteers to help oversee it, with our assistance some of our volunteers have taken

the opportunity to become qualified instructors too. Having people that can help makes a huge difference to our cadets and the unit."

If you would like more information please email volunteer@tsdefiance.co.uk or visit www.tsdefiance.com.



La Baguette Shop

For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks

...

Hot and cold drinks

...

All to eat in or take away

...

Open Monday to Saturday

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 Phone: 01273 512749
 Email: jon@taskerosman.co.uk
 Address: 10 South Way, Newhaven
 East Sussex BN9 9LL

Partners: Les Tasker FFA/FIPA, FAIA, FFTA & Kevin Osman FFA/FIPA, FAIA, FFTA.
 Associate Partner – Jon Sanders AFA/MIPA, FMAAT, FFTA.



2nd Denton & South Heighton Scouts Ride on the 'Ralph Reader' Bus

When residents were invited to submit suggestions of names for the new fleet of Brighton & Hove buses, a local resident Peter Barratt quickly put forward the name 'Ralph Reader' who became particularly famous for his Gang Shows. It was accepted and soon the name appeared on the front of one of their buses. Peter found out that 2nd Denton & South Heighton scout group has particular connections with Ralph Reader and that all members

proudly wear his name their uniforms. It was felt that this should not pass without some kind of celebration and so the whole group – beavers, cubs and scouts accompanied by Peter, met at Denton Corner and had a short tour on the Ralph Reader Bus ending at Seahaven District HQ in Seaford for hotdogs and a sing song around a large camp fire which was enjoyed by all. All the members still love looking out for the 'Ralph Reader' bus, have you seen it?



Become a Volunteer Befriender

East Sussex charity Association of Carers has issued an appeal for volunteers who would like to make a difference to unpaid carers' lives.

The Association of Carers are looking for people in Newhaven who have a few hours to spare each week to sit with a cared for person in their local area. This will then give the carer the opportunity to go out and have some time to themselves, which can help reduce isolation and enables the volunteer and the cared for person to build a long-term befriending relationship.

Volunteers do not need any experience as no personal care is required and full training will be provided. They are looking for people with a kind and friendly nature who can spare 2-4 hours each week. All travelling expenses will be paid for and transport can be provided if necessary.

For more information about becoming a volunteer, please call 01424 722309 or visit www.associationofcarers.org.uk.





PIONEERING TIMES CONTINUE FOR NEWHAVEN LIFEBOAT

In the year 1800 H.M.S Brazen was wrecked in a storm off the cliffs just west of Newhaven with the loss of all but one of her 105 crew. This tragedy apparently inspired a local committee to look into the provision of a lifeboat at Newhaven. As a result, in May 1803 Newhaven Lifeboat Station was first established, making it one of the longest serving stations in the country. In 1803 a lifeboat was provided, partly paid for by local funds. The tradition of local fundraising for the lifeboat continues to this day and the station has seen significant changes during its 213 year history.

The Royal National Lifeboat Institution (RNLI) itself was officially formed in 1824, some 21 years later, and records show that the first lifeboat actually built for the RNLI after its formation was, in fact, sent to Newhaven in January 1825.

Later, in 1904, the first RNLI lifeboat to be fitted with a petrol engine was also sent for trials at Newhaven.

Fast forward 191 years and this pioneering history continues with Newhaven again being chosen to trial new equipment for the RNLI. On this occasion, the equipment is a new technical paging system for the volunteer lifeboat crew. A large screen at the Lifeboat House will detail an overview of the emergency, detail the mission and execute a plan of action. The Coastguard information will be relayed prior to the lifeboat launch and collated in one area. This vital equipment will assist by saving valuable time, thereby further helping to save lives at sea.

As before, the initial cost of this equipment will be met partly by local fundraising efforts, demonstrating the local community's continuing



high regard for their lifeboat and volunteer crew. Check the What's On listings for upcoming fundraising events in aid of RNLI Newhaven or contact rnlinewhaven.society@hotmail.co.uk.



The Lifeboat Summer Fete will be on Saturday 2nd July from 12noon to 4pm on Huggetts Green. Come along and support your local lifeboat!

FACE TO FACE:

The Diep~Haven Festival Returns to Newhaven (and Dieppe)

This year the Diep~Haven Festival forms part of the Normandy Impressionist Festival, a major event in the French cultural calendar, whose theme this year is 'the portrait'. It will also be the third year that the Diep~Haven Festival crosses the Channel to Newhaven, aiming to strengthen the connection between the two coasts, which look across from one another, Face to Face.

This year a group of artists who stayed and worked in Newhaven and Dieppe from April-June, will be exhibiting the artworks that they created

during their time in residence. All the artists were asked to think about the idea of 'the portrait', and many have done this in collaboration with local people in both towns.

The works will be shown in Dieppe 9th July - 14th August and in Newhaven 3rd September - 2nd October.

We look forward to welcoming you to the Festival!

For more information you can visit the website: www.diephaven.org, follow on Twitter @diephaven or email diepfestival@gmail.com.

www.normandie-impressionniste.eu.



Quotidien bousculé #12, 2016, Pauline Le Pichon - taken during the artist's residency at Glyndebourne



Newhaven Flood Alleviation Scheme

Working together to reduce flood risk in Newhaven

The Environment Agency and Lewes District Council are working together to build a scheme to reduce the risk of tidal flooding from the River Ouse. When complete the scheme will protect over 800 homes and businesses and vital infrastructure along both banks of the river through Newhaven.

Planning applications for the scheme have been submitted to Lewes District Council and the South Downs National Park Authority. After a competitive tender process, the Environment Agency has employed the services of a contractor to carry out detailed design and construction of this scheme and work is set to begin on site this autumn.

The contractors will now produce detailed designs of the flood defences. You may also see them in Newhaven

carrying out further ground investigation works to help them better understand the ground conditions. Ecologists will also be carrying out further surveys on protected species or habitats close to where the new defences will be built.

If you would like any further information on the project please contact the Newhaven Flood Alleviation Scheme project team by email at newhavenfas@environment-agency.gov.uk or call 03708 506506.

LEWES REGATTA and RAFT RACE 2016



The Lewes to Newhaven Raft Race returns this summer with another riot of racing boats, battling bonfire societies and an armada of crazy rafts racing down to the sea.

Last year's regatta – the first since 1910 – was the hit of the Sussex summer as 5,000 cheering spectators packed the riverbanks all the way to Newhaven.

This time organisers are going for gold on Sunday July 3rd with an Olympics theme to celebrate the Rio Games which start in August. Up to 25 teams will build rafts that highlight the different sports or honour heroes such as Usain Bolt. They will then paddle like crazy for two to three hours to be first down to Newhaven, pelted all the way with flour bombs and raw eggs.

Other events will include a noisy procession of boats, canoe races, and a spectacular finale as the famous bonfire societies race through Lewes on dragon boats ablaze with flames and fireworks. The regatta will start around 11am and end at 2pm – precise times depend on the tide.

Regatta is being organised by a new group, dubbed the Riffrafters, set up jointly by Lewes Rowing Club and

Round Table. They aim to raise money for local charities, unite the Lewes and Newhaven communities in a day of boating joy and to remind Sussex to treasure the River Ouse.

Riffrafters chairman Gavin Keegan said: "The Olympic motto is faster, higher, stronger. Ours might be rafter, dafter, longer laughter. This is a wonderful day for everyone to enjoy that finest

of all sports, messing about in boats."

A dozen or more charities will benefit from the regatta, and each raft is sponsored for the team's chosen cause. Round Table will also nominate a local charity to benefit from collections.

Logo by Dave Bell





Inspiring Active Lifestyles this Summer in Newhaven

Wave Leisure will once again be supporting and delivering a wide range of activities for children and families in Newhaven this summer holiday, thanks to funding from Newhaven Town Council and the Lottery's Reaching Communities.

Working alongside local sport clubs and activity providers, Wave is enabling exciting opportunities for children, young people and families in Newhaven to try something new or develop their skills in a range of activities every day at low or no cost.

With the Olympics fast approaching there will be chances to try out some of the sports and events at Shakespeare Hall, Newhaven Fort and Seahaven Swim and Fitness Centre, such as tennis, athletics, swimming and archery.

SCDA will continue to run their youth clubs for young people during the summer

holidays. Wave's Big Night Out still runs at Shakespeare Hall, and Nippers will once again be providing a whole summer holiday program packed with fun and games, which will keep children entertained.

This year there will also be a build a bike and bike maintenance course, and the Community Chef will be in Newhaven to teach young people to prepare healthy and tasty food.

There will also be a rock climbing wall at Fort Road for those wanting to try a more daring challenge and Wave will be relaunching Duke of Edinburgh Awards at Shakespeare Hall.

Sports camps will be running again this year, to include cricket and football, as well as pool party events at Seahaven Swim and Fitness Centre.

For more information about these events and activities please call Shakespeare Hall on 01273 510784 or email info@waveleisure.co.uk www.waveleisure.co.uk.

For up to date news and events follow Wave on Twitter @The-WaveLeisure, like them on Facebook at Wave Leisure Trust or check out the website www.waveleisure.co.uk.

NEWHAVEN'S FIRST WORLD WAR



DENTON ROAD BOARD CAMP

From August 1916 Conscientious Objectors worked to repair the road between Newhaven and Seaford. They were paid military rates, thereby ensuring they would not be paid more than the "men who were doing their duty at the Front".

The men working on the road lived at the Denton Road Board Camp, about a mile outside Newhaven, towards Seaford.

Not far from Bishopstone, the road crossed a small stream and a flint parapet wall was built. One of the men worked into the wall, in flint, one metre high letters C.O. 1917. The men kept the details hidden until the wall was finished. Once the wall was inspected, they were ordered to rebuild it without the C.O. They refused and the wall remained like that until it was demolished in the 1960s.



SOMME 100

The centenary of the Battle of the Somme, which commenced on 1st July 1916 and continued until 18th November 1916, will be commemorated around the country. Here at Newhaven, there will be a commemorative event at Newhaven Fort on Friday 1st July at 10.30am.

This will be followed, on Sunday 3rd July, by a Somme 100 day of commemorative activities, including a talk by Dr Chris Kempshall, a screening of the film 'The Battle of the Somme' and children's activities.

Jenny Flood, who worked with us on Newhaven's First World War, has been researching the names of Newhaven men who died at The Somme. The men so far identified are as follows:-

- Arthur Henry Marlow
- Charles Edmund Caiger
- Charles Matthews
- Bert Dean
- Frederick Goldsmith
- James Mockford
- George Lower
- Edward Hubert Levy
- Alfred John East
- Joseph William White
- Egbert Harold Suter

If you know of any other Newhaven men who died at the Somme, please get in touch.



COMMEMORATION OF THE DIEPPE RAID

Sunday 14th August will see the commemoration in Newhaven of the 74th anniversary of the ill-fated Dieppe Raid of 1942.

This ceremony takes place every year at the War Memorial Green in South Way. Wreaths will be laid by representatives from the Canadian High Commission, Dieppe City Council and the US Embassy, as well as by the Mayor of Newhaven and veterans' associations. The ceremony starts at 3pm and will be preceded by a parade from Denton Island to the Green.

There are hardly any men left now who took part in the fateful raid on 18th-19th August 1942, but the ceremony will be attended by some of their families. Operation Jubilee, as it was codenamed, was a full frontal assault on the heavily defended port of Dieppe and was meant to be a good opportunity to test out techniques and equipment. Six thousand soldiers took part in the attack, of whom 5,000 were Canadian with the remainder being British commandos and 50 American rangers. On the warm, moonless night of 18th August 1942 an armada of ships took the troops across the Channel from Newhaven, Shoreham, Portsmouth and Southampton.

Within a few hours of the start of the assault, 4000 of the men were either killed, wounded or taken prisoner. The Canadians lost two thirds of their force, with 907 dead or later to die from their wounds. The operation was a tactical and human disaster. Was this a terrible, pointless waste of young lives, or a valuable lesson learnt which meant that fewer lives were lost on D-day two years later?



Crisis at Newhaven Museum

Due to some of our long serving volunteer museum stewards having to retire the Historical Society find that they can no longer guarantee the publicised museum opening times and are in danger of having to close the museum altogether.

We are appealing for anyone willing to donate a couple of hours each week to join us as stewards and help to maintain this popular and important local attraction.

Please contact Tony Helyar on
01273 515404 or email ahelyar@tiscali.co.uk for full details

Follow **Artwave's** Coastal Trail in Seaford, Newhaven and Peacehaven



Artwave Festival, the annual festival for artists and makers across Lewes district takes place over three weekends this summer, between 20th August and 4th September.

This year there are more people taking part than ever before, with 122 venues,

including open houses and studios, galleries, shops, cafes and pubs, hosting over 350 different artists.

From established artists and makers to the new and up and coming, Artwave features a varied collection of arts and crafts. From paintings to woodcuts, handmade jewellery to hand spun wool wear, pottery and stone carving, photography and ceramics - Artwave festival really does have something for all tastes and purses.

Throughout Artwave you can meet artists, see how they work and buy art direct from them, with many selling tea and cakes too!

Why not visit some, or all, of the sixteen different venues who will open their doors to visitors along the coast, with Victor's House, Garage by the Harbour, Conversations with God and the Nick Bush Studio in Newhaven together with the others in Seaford and Peacehaven.

Artwave printed brochures and the website will go live in mid-July.

Follow us on twitter
[@artwave2016](https://twitter.com/artwave2016).

Find us on Facebook www.facebook.com/artwavefestival or visit www.artwavefestival.org.



A SECURE FUTURE FOR THE FERRY?

A packed public meeting was held in Dieppe on 23rd May to hear about the future of the Newhaven-Dieppe ferry.



The meeting was organised by TUG (Transmanche Users Group), a cross Channel group with both French and English members. It was attended by representatives of Newhaven Town Council and by local MP, Maria Caulfield as well as by the management of the companies responsible for running the ferry service, senior local French politicians

and many ordinary Dieppe inhabitants.

M. Pascal Martin, the President of the Seine Maritime Département explained that the Département remains committed to the future of the ferry link and now has until September to negotiate a new contract with a commercial operator, which will be for four years. The ferry will continue to be subsidised by the French authorities to the tune of €20million a year, most of which will come from the Département ; Dieppe City Council is contributing €530,000 a year towards the subsidy.

M Jean-Claude Charlo, the Managing Director of DFDS France confirmed that DFDS has submitted a bid to continue to run the line. It is

not clear whether there were any other bids. DFDS saw huge increases in traffic on the ferry last year, partly due to strike action which disrupted ferries at Calais and Le Havre and also due to the migrant problems at Calais.

The outcome of the meeting was positive and encouraging, although it is important to remember that the contract has not yet been signed.





MUSIC TO OUR EARS

The town council has been awarded funding towards a bandstand in Newhaven Square! The £15,000 received from Government will not be enough to provide the bandstand but it is a good start!

We are asking local businesses if they would like to contribute towards the building of the structure, which will be located opposite the current vacant units in the square.

The bandstand could be used for a variety of uses, from pop-up art exhibitions to mini plays or a place for Father Christmas to sit when he is in town, as well as providing a platform for musicians both novice and professional.

It is proposed that the structure be traditional in design and it will be an attractive addition to the town centre for use by the community.



The Neighbourhood Plan for Newhaven

In previous updates in Newhaven Matters we have been telling you how the Neighbourhood Plan will be identifying where new homes in Newhaven should be put. The Plan will not be all about new homes though.



The Neighbourhood Plan will also be showing which areas of land must be protected and kept for recreational use and where new open spaces and play areas will go.

We want to help protect habitats and species and create new areas where animals and plants can thrive.

We have prepared and mapped data on habitat types for the whole area of Newhaven. If anyone is interested in learning more about what biodiversity we have on our doorstep, contact the town council offices to find out more.



THE NEWHAVEN RAMBLERS

'THE NEWHAVEN RAMBLERS' have been in existence since 1983.

Walks take place every week Monday to Friday, moving on by a day each week - for example Monday one week, Tuesday the next and so on.

Before every walk the group meets at 10 o'clock at the Hillcrest Centre Car Park, to allow the walk leader to ensure all walkers have transport to the start of the scheduled walk.

All walks are planned by the walk leader and stop at a pub or to have a picnic lunch.

The group is very friendly with a very good social programme. This includes day trips, annual holiday and get togethers with afternoon tea where it is nice to see members who are no longer able to walk with the group.

If you are interested in joining the group, they would be pleased to hear from you. Please contact the Secretary:

Margaret Perry
T. 01323 891820
E. perrys1939@talktalk.net

The VICEROY
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Photo by Tim Wells

Calling for Community Garden Volunteers

Community Space Garden, Robinson Road, is bursting into bloom providing a welcoming space for people to enjoy being outside, grow food and explore the wildlife area. The outdoor classroom area is ideal for nature education, picnics and bug hunting lined by native hedging and blossoming fruit trees. Next to the meadow area is a wheelchair accessible growing area with a number of raised beds full of fruit and veg. Volunteer jobs include the usual garden jobs like sowing and planting and watering and weeding but also making wildlife refuges like bug hotels and bird boxes.

The garden is run by SCDA. In the first year they saw a fantastic wildflower display and are trying new techniques to encourage flowers. Watch this space!

Free fruit and veg are given to all volunteers. It doesn't matter how much knowledge or time you have, there are jobs to suit all abilities.



Activities and events are advertised on the garden noticeboard and Facebook, www.sussexcommunity.org.uk and www.seahavencoastaltrail.org.uk. Call 01273 516032 for more information on volunteering. All abilities and ages welcome.



Have a problem and not sure where to go

WHAT:

Free and confidential information from
LEWES DISTRICT CITIZENS ADVICE

WHERE:

NEWHAVEN LIBRARY

WHEN:

09.45 – 12.30
EVERY MONDAY AND FRIDAY



If you need urgent advice you can also
call - 03444 111 444
email - eastsussexcab.co.uk



NEWHAVEN GARDENING SOCIETY

Newhaven Gardening Society is a small friendly group, originally established in 1950 and affiliated to the R.H.S. They usually meet on the 3rd Thursday of the month, (except January & August) at 7.30pm at the Age Concern Day Club, West Quay. Meetings generally have a speaker, giving talks on a variety of subjects, followed by tea & biscuits, raffle and general chat.

Members receive a quarterly newsletter, giving details of forthcoming events and club news. Meetings and events are advertised in Newhaven Matters and on Newhaven Town Council and Stay Lewes websites.

Membership costs £6.00 annually, and members pay £1 at meetings which includes refreshments. Membership entitles you to join a loyalty scheme with Paradise Park - giving a £1 voucher for plants for every £10 spent, plus half price entry into their Garden/Heritage trail, Planet Earth Museum and Play zone.

The Society's Annual Show is held in August, when members display garden produce, flower arrangements, handicrafts and other items.

Non-members are always welcome at meetings for a nominal fee of £2, so why not come along, or ring Jenny on 01273 516433.

LAUNCH OF NEWHAVEN YOUTH WORK CHARITY

A new youth work charity for Newhaven and Denton is being launched in July.

Newhaven YFC will be run by the churches in the town. The project plans to develop the existing youth work run by Sara Alexander, the youth worker based at St Michael's Church, for the past 12 years. She runs the extremely popular Rock Solid Youth Club at Shakespeare Hall as well as a lunchtime club at Seahaven Academy, camping trips and

other Christian youth work.

Sara said, "Our vision is for the new charity to be a platform for all the churches in the town to work together to pray for and partner with us so we can reach more young people and make a difference to their lives. We hope that by working together we can attract funding for more staff, ensuring the work can be sustained into the future."

The new charity will be officially launched on



Monday July 11th at 7pm at Shakespeare Hall, Fort Road, Newhaven, and everyone is welcome.

For further information, please contact saraalexander@btinternet.com.

What's On.

Every day

Denton Island Indoor Bowls Club open daily between 9am - 7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5 - 7pm.

Please phone 01273 514664 for more information or to book your free trial.

Every day

Newhaven Bowling Club open every day for home matches and roll ups. New and experienced players welcome to play. Please visit us when we have a home game or contact the club to arrange a free friendly trial or roll up. Please contact the secretary on 01323 893888. Look us up at www.newhavenbowlingclub.weebly.com. We are also on Facebook, Twitter, Instagram and Flickr.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am - 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 11am to 1pm on the 2nd Sunday of every month. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website <http://growingtogethernewhaven.org>.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning-extra volunteers very welcome-meet 10am at beach end of the old Tidemills village road. Tel Jim Skinner 01273 517291.

Every Sunday

Newhaven Sunday Lunch Club-Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 - 2.30pm. Further details and booking, contact Tony 01273 513189.

Every Monday

Lewes District Citizens Advice at Newhaven Library 9.45am - 12.30pm. Drop-in service, no appointment necessary.

Every Monday

Mindfulness group (men only) 1pm - 2.30pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Monday

Football Therapy-contact Josh at Summerhayes for further info 01273 514753.

Every Monday

Community Shiatsu Clinic-a great way to relax and de-stress. Drop in clinic so no need to book. 11am - 2pm Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club gentle exercise class with teacher Territa. 12.00pm to 1.00pm, £3.50 per session, just turn up and pay.

Every Monday

Yoga with Karen 7.30 - 8.45 at Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk.

Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk.

Every Monday (term time)

3rd Newhaven Scouts 7 - 8.30pm. Meet for Exploring-Collecting-Visits-Hiking - Camping and Achievement Badges. Tel Robert Martin 01323 890354.

Every Monday & Thursday

Air Cadets-1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 10am to 12 noon every Tuesday. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website <http://growingtogethernewhaven.org/>.

Every Tuesday

Bi-polar Group 10.00am - 12noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Pottery group 12.30pm - 2.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Knit & Natter 2.00pm - 4.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm.

Ask about private groups and individual tuition. Tel: 01323 892638 07983 622840. Email: seahavenyoga@btinternet.com www. seahavenyoga.co.uk.

2nd Tuesday every month

Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay. Drop in sessions, no appointment required.

Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Tuesday (term time) & Friday

Computer Buddies at Newhaven Library for help using computers. 10.00am - 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00 - 3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola for details, tel 07850 987131.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10am to 1pm, the

Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771 175707.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.15- 3.15pm. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance lessons with teacher Territa. 7pm to 8.30pm, £3.50 per session, just turn up and pay.

Every Wednesday

Craft group 2.00pm - 4.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7 - 9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5 - 7pm. Please phone 01273 514664 for more information or to book your free trial.

1st Thursday every month

Maestro Big Band are at the Hope Inn, West Pier 7.00pm - 9.00pm.

1st Thursday every month

Royal British Legion-Newhaven Social Club - 7.30pm for 8pm. All welcome. Tel 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am, apart from the Christmas event which is on the second Thursday of the month and is at a different time.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm (except January and August). Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.

Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds-football, tuck shop, craft, team games and cooking, 50p per session. 7 - 9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30 - 8pm. Meet for Exploring-Collecting-Visits-Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30 - 11am. No need to book, just turn up and enjoy singing stories and playing musical instruments. 0345 60 80 196 eastsussex.gov.uk/libraries

Every Thursday

Mindfulness group 1pm - 2.30pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday

Country Market 9.45am - 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am - 12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday

AA Meeting 7.30pm - 9.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am - 2pm (weather permitting).

Every Friday

Lewes District Citizens Advice at Newhaven Library 9.45am - 12.30pm. Drop-in service, no appointment necessary.

Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Followed by coffee at 10am, quiz 11-12 noon and then Mindfulness 1-2.30pm. Tel 01273 514753 for more details.

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, preferably living in the Denton & South Heighton area 7 - 9pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk.

Weekdays

Newhaven Ramblers-a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel 01323 891820 for more details.

Every Saturday

Newhaven Bowling Club Junior Bowls Club 10am - 11.30am. Juniors play the game in a fun environment with an emphasis on learning the game and practicing their skills. Contact secretary on 01323 893888 for more information.

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road.

Due to shortage of volunteer stewards the museum is only open from 1.30 to 4.00 pm on Saturdays and Wednesdays and 11.00 am to 4.00 pm on Fridays. Should anyone feel able to donate a couple of hours each week to act as a steward in the museum we would be most grateful. Please contact on the number below.

Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers.

Contact 01273 515404 for group bookings, other possible opening times and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10am - 3.30pm; Drawing and painting workshop 10am - 12 noon; Knit 'n' Natter 2-4pm Room 4-needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6 - 7pm; Haven Harmonies Choir 7 - 9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details. Hillcrest Boxing Club Seniors Men 7 - 8.15pm.

Every Tuesday

U3A Art Class 2 - 4pm; Weight Watchers 5.45 - 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30 - 9.30pm;

Master Boxing Keep Fit 6 - 7pm.

Tuesdays, fortnightly

Families for autism support group. £1 contribution per adult. Contact Nicki Day 07723805444 for more details.

Every Wednesday

Life Drawing Class 10.30am - 1pm; Sewing Group (term time only) 12.30-2.30pm, contact Gill 07792673161; Art Class 1.30 - 3.30pm; Red Cross (every 2 weeks) 7 - 9pm; Boxing Club-Juniors 6 - 7pm; Ladies Box Keep Fit 7 - 8pm.

Every Thursday

Country Market 9.45am - 1.00pm. Locally baked, crafted and seasonal fresh produce. Hillcrest Centre Garden - Tai Chi 12 - 1pm. To book call 01273 470955. Newhaven Woodcarving Club 10am - 3.30pm; Start Art & Smart Art (children & young adults) 4.45 - 8.45pm; Hillcrest Boxing Club Seniors Men 7 - 8.30pm; Masters boxing keep fit 6 - 7pm; Sculpture Workshop 10am - 4pm every 2 weeks, contact Silvia Macrae Brown 01323 422137. Novel Group 10am - 4pm contact Umi Sinha 01273 611490 to book.

Every Friday

Creative Writing Class. An informal and friendly prose writing class that covers everything you need to know about how to write short stories, autobiography or memoir, structured around weekly writing assignments that allow you to practice different fictional techniques. Suitable for all levels. 10am to 12.30pm. Cost £110. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk.

Ballroom dancing 6.30 - 9pm.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2pm - 4.30pm. £5 per person including tea and biscuits. For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

e-mail: newhaven.lewesmenca@btconnect.com

Website: www.newhavenmenca.org.uk

Telephone: 01273 517345

Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

Our Sensory Room is available to hire at £5.00 per person per hour. Booking in advance is essential. Phone Ann on 01273 517345 to book the room.

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (with view to becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Every Monday

5.30 - 6.30pm Junior Tennis Coaching. Sessions from 9th May till 5th Sept. (except Bank Hols)

Every Wednesday

6.00 - 8.00pm Adult Club sessions. Open to non-members (with view to becoming members).

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am Junior coaching.

1.00-5.00pm Adult Club sessions. Open to non-members (with view to becoming members).

Sunday 3rd July

Play Tennis Open Day. 10am - 2pm: All ages welcome. Come and give it a try, FREE! Families especially welcome. Contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

SHAKESPEARE HALL

Run by Wave Leisure.

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club from 3pm. Contact on 01273 514440 07796 867388 - facebook or www.nippers.org.uk Summer programme starting Monday 25th July 8am - 6pm, daily.

Monday

Kettlercise - 6pm; Boxercise circuits and bootcamp - 7pm.

Tuesday

Take Heart cardiovascular exercise class 10am - 11am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771. Strength and balance class 11.00am - 12.00. Kettlercise and Core Ability - 6.30pm. Boxercise Cardio Boxing - 7.30pm.

Wednesday

Baby Bounce 10am - 12 noon. Multisport disability group 4.30 - 6pm for 8-16 year olds.

Tap dancing 6.30pm. Zumba 7.30pm.

Thursday

Take Heart cardiovascular exercise class 11am - 12noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Friday

Wave Big Night Out, last Friday of every month.

Saturday

H.I.I.T 9am suitable for all fitness levels. A full body workout. PiYo 10am combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga.

DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Free Fitness Courses

Yoga, tai chi, walks, outdoor gym and many more. Call 01273 516032 for dates and further details.

SCDA-Become a Community Health Champion

Help us to improve the local health by participating in various activities and volunteering to promote healthy eating and fitness. Please call 01273 516032 or email: healthylifestyles@sussexcommunity.org.uk if you would like to donate an hour or two of your time for this project. It's a great way to meet new people and get some great skills which will aid your career and general knowledge.

SCDA-Free Outdoor Walks and Activities

We have weekly walks in Eastbourne and walks around Newhaven.

Call 01273 516032 for an up to date list of planned group walks and gardening/outdoor activities.

Youth Services

Youth Group Drop In: please call 01273 517250 to find out the dates and venues of our youth group sessions.

Family Activities

Call 01273 517250 to book a place on the following courses:

Course	Date	Time	Venue
Foodies	Wednesdays	4.00 - 5.30pm Term Time	Denton Island Community Centre
Jitterbugs Under 5's (£1 per family)	Fridays	9.30 - 10.30am Term Time	Denton Island Community Centre

Youth Services

Youth group drop in: please call on 01273 517250 to find out the dates and venues of our youth group sessions.

Health and Well-being Courses

Call 01273 516032/517250 to book a place on the following courses:

Course	Date	Venue	Time
Key Skills for Volunteers and Health Champions	Friday 8th July	Denton Island Community Centre	9.30am - 12.30pm
Walk Leader Training	Tuesday 12th July	The Turkey Barn, Seven sisters Country Park	10.00am - 4.00pm
Healthy Communities	Tuesday 19th July	Hillcrest Centre, Newhaven	9.30am - 12.30pm
Food Hygiene	Tuesday 9th August	Hillcrest Centre, Newhaven	9.30am - 4.30pm

SEAHAVEN SWIM & FITNESS CENTRE

Swimming Lessons available, Monday to Sunday. Tel for more details.

Seniors Class in the Gym (includes a swim after class) 9.30am - 10.30am every Monday and Thursday.

Water Aerobics 12noon - 1pm Monday & Friday and Deep Water Aqua sessions now running 8.30 - 9.30pm every Tuesday and Aqua Zumba 8.30-9.30pm every Wednesday.

Aqua Tots session 10.15am - 11.30am on Thursdays with toys in the teaching pool.

School Holiday Activities for Children and Young People

Running between 2pm - 3.45pm. Mon & Fri-Big Floats, Tues & Thur-Big Inflatable.

STUDIO TEMPO DANCE CENTRE

High Street, Newhaven.

Please phone teachers and check for information regarding the summer and autumn class programme for present and future individual class venues and dance events in Newhaven.

Studio Tempo: Ballroom, Latin, Sequence, Argentine Tango and also tea dances etc. with Jean and Margaret Cantell 01273 513784/476565

Studio in Line: line dance classes and events for adults with Territa 07931 930770.

Up the Tempo: freestyle, street dance for all ages and pre-school dance with Melody Bear with Stefanie 07852 323990.

HEALTH TRAINER SERVICE

Free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited : One to one sessions (approx. 6 over a 3 month period) held at the Rehabilitation Centre, Church Hill 9am - 2pm every Tuesday.

9am - 1pm every Wednesday.

Children's Centre, Denton Island 1pm - 4pm every Thursday.

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

JULY

- 1st Somme 100 Commemorations - Newhaven Fort 10.30am.
- 1st-22nd NIPPERS After School Club 3 - 6pm Mon-Fri - play, forest and beach school activities in and around Shakespeare Hall. £8 per child, includes pick up from school and tea. For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net.
- 2nd Newhaven Lifeboat Summer Fete. Come along to Huggetts Green, West Quay, Newhaven from 12noon to 4pm and enjoy the Newhaven Lifeboat Summer Fete. Fun in the sun for all the family - bouncy castle and slide, Charlie the Ice Cream Man, eclectic variety of stalls and displays, as well as a grand prize raffle. The Lifeboat House will be open for visitors, subject to operational requirements. Come along, enjoy the fun and support your local lifeboat - Respect the Water.
- 2nd Newhaven Fort Zombie Run 5.00pm - 9.00pm. Starting at the Fort this freaky 'fun' run will allow you to take in the beautiful East Sussex views and historic surroundings of the Fort, whilst also dodging Zombies! Return to the Fort and claim your completion medal and goodie bag. A brand new event for 2016 organised by Newhaven Fort Fun Runs. To enter or for more details please visit newhavenfortfunruns.co.uk.
- 3rd RNLI Newhaven Lifeboat and Coastguard Helicopter Display. Subject to operational requirements, there will be an on water display just off Seaford Beach, Seaford Bay from 10.30am (approx.) until midday. Come along to see the lifeboat in action! Live commentary will be provided for your enjoyment and thorough appreciation of the work of the volunteer lifeboat crew. Free to watch, although all donations on the day will be appreciated. Support your local lifeboat - Respect the Water.
- 3rd Lewes to Newhaven Raft Race returns this summer with another riot of racing boats, battling bonfire societies and an armada of crazy rafts racing down to the sea. The regatta will start around 11am and end at 2pm - precise times depend on the tide.
- 3rd Somme 100 Commemoration at Newhaven Fort. A day of activities to commemorate the 100th Anniversary of the beginning of the Battle of the Somme. There will be children's activities, a specially designed exhibition about the Battle, a talk from expert speaker Dr Chris Kempshall and a screening of the 1916 film the Battle of the Somme. For more information visit newhavenfort.org.uk or call 01273 517622.
- 3rd Newhaven Tennis Club Play Tennis Open Day, Court Farm Road. 10.00am - 2.00pm. All ages welcome. Come and give it a try, FREE! Ask about Coaching Lessons. Big discount given on all categories of Annual Membership. Families especially welcome. Contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.
- 6th Paradise Park Timely Talk 'Garden Colour and Form' -

	Mark Curtis the Plant Area Manager giving a seasonal talk in the coffee shop 11am - 12 noon, includes free refreshments.		Leaflets for the new season available at the Hillcrest from September.
7th	Newhaven & Peacehaven U3A meeting at the Meridian Centre, Peacehaven 2.15pm. A new speaker will be talking on The British Canal System decline and revival. For more info call 01273 515958.	21st	Newhaven Town Council's Planning and Development and Full Council meeting - Meeching Hall, Fort Road 7.15pm.
9th	A Perfect Vintage Evening 7.00pm - 10.00pm at Newhaven Fort. Join us in the Fort's atmospheric Romney Hut for a night of 1940s nostalgia with singing duo Perfect Vintage. Tickets are £10 each and are available from the Fort. Please call 01273 517622 or call into the Fort to book.	21st	Newhaven Gardening Society monthly meeting held at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Our speaker will give a talk about the work of Blind Veterans UK. Non members always welcome, £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.
9th	South Heighton Village Hall's annual summer fete, featuring EarthQuake, Norcross Dancers, Dodgy Dogs display, Scriven Family Martial Arts, traditional children's games, raffle, tombola, and many other stalls and attractions. BBQ and beer tent. 2 - 5pm at South Heighton recreation ground.	22nd July-31st August	School Holiday competition at Paradise Park.
10th	Social dance at Hillcrest Centre 2 - 4pm. £5 including tea and biscuits. Good company, great music, good dance floor and free parking! First visit free. Call 01323 898813 for more info.	23rd	Summer Fair - Riverside Hall, Riverside, West Quay. 10am - 2pm. Admission 50p. Children free. All the usual great stalls and bargains. Come along for a fun time. Refreshments supplied at very reasonable prices. We will have our usual very popular Grand Draw, Homemade Cake stall, Tombola, Bric-a-brac and Gift stalls, along with other stalls, games and children's attractions. We look forward to seeing you there!
12th	The GuestHouse Storytellers annual charity event in aid of Newhaven RNLI. "Entente Cordiale" - Storytelling and Music with Michael Harvey and Pauline Down Stories and music from both sides of the channel. This performance links the two sides of la Manche with a bridge of songs and stories from the English and French speaking worlds and further afield. It celebrates the human urge to get together and celebrate in music and words wherever we are in our own particular ways. Vive la difference! Age 12+. 7.30pm (7pm for fish & chips). Tickets: £10 + optional fish and chips £4 - (advance booking only) from Hillcrest cafe, or through our website. All proceeds from ticket sales to RNLI. Venue: Newhaven Lifeboat Station, Riverside, West Quay, Newhaven BN9 9BT. www.guesthousestorytellers.com Email: guesthousestorytellers@gmail.com.	23rd-24th	Plant Pest Weekend at Paradise Park. Talk to our resident Plant Doctor about any pests you find in your garden.
16th	Nature Cadets 11.00am - 3.00pm. Newhaven Fort and the Castle Hill Rangers join forces to bring you a day of nature - based activities including a chance to recreate your own nature reserve inside the Fort! For more information visit newhavenfort.org.uk or call 01273 517622.	25th July-5th September	NIPPERS summer Playscheme 8am - 6pm Mon-Fri (except bank holiday Monday) - £2.75/hr for first child; £2.50/hr for subsequent siblings. You choose the hours you need. Bring a packed lunch. For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net.
16th	Meeching WI - Ladies Day. 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.	25th-29th	NIPPERS Play Out - free outdoor play activities for all families; under 5s must be accompanied by parent/carer. 1.30 - 3.30pm. For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net.
16th	Hillcrest Cinema presents LOVE IS STRANGE (Cert 15). The whole film is a master-class in depicting sustained, tender affection between two people who, unusually these days for a film, are in a stable relationship. Set in New York, George and Ben, who have been together for 40 years, get married and as a consequence George (Alfred Molina) loses his job as a music teacher in a Catholic school that leads to the sale of their now unaffordable apartment, so while George looks for another job, where do they stay? Ben (John Lithgow) finds himself living at his nephew's small two-bed apartment sharing a room and bunk bed with the nephew's son. And George sofa-surfs in the even smaller one-bedded apartment of his two gay friends. The film shows that sharing your life with people who might say, 'oh, please stay', but have their lives to live, can be fraught with tensions and misunderstandings. The film is a subtle, delightful masterpiece that will bring our fourth season to a close. Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm. Hillcrest Cinema's next season starts on October 15th.	30th-31st	Newhaven & District Model Railway Club at Paradise Park. Chat to club members about this bygone pastime & view their displays.
		31st	Forties Tea Dance 1.00pm - 4.00pm at Newhaven Fort. Maestro Big Band provide the perfect musical accompaniment to our 1940s tea dance in the atmospheric Romney Hut. For more information visit newhavenfort.org.uk or call 01273 517622.
AUGUST			
		1st, 3rd, 5th, 8th, 10th, 12th 15th, 17th, 19th, 22nd, 24th, 31st	NIPPERS Play Out - free outdoor play activities for all families; under 5s must be accompanied by parent/carer. 1.30 - 3.30pm. For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net.
		5th-7th	RNLI Newhaven Bucket Collection at Sainsbury's Supermarket, Newhaven. Please be as generous as you can in support of your local lifeboat. Respect the Water.
		6th	Newhaven Gardening Society Annual Show at Meeching Hall, Fort Road, Newhaven. Members will be putting on a display of flowers, garden produce, domestic items, handicrafts, photos and children's classes. Stalls including raffle, tombola and plants, and refreshments will be available with home made cakes. Doors open at 2pm, entrance is free, but donations are welcome.
		8th	South Heighton W.I. Summer meeting T.B.A. For further details please contact 01273 515881.
		11th	South Heighton W.I. "Quiz and Games" to be held at 2.15 pm at the South Heighton Village Hall, All welcome.
		11th	Newhaven Town Council's Planning and Development meeting - Meeching Hall, Fort Road 7.15pm.

- 13th Sponsored Jig-saw Marathon - Riverside Hall, Riverside, West Quay, 10am - 10pm. This is a new venture for us! Do you want to take part in our Jig-saw Marathon? This will be a means of fund-raising for our charity. For further information please contact us on 01273 517345, newhaven.lewesmencap@btconnect.com or www.newhavenmencap.org.uk.
- 14th Dieppe Raid - Ceremony starts at 3pm and will be preceded by a parade from Denton Island to the War Memorial Green, South Way. Wreaths will be laid by representatives from the Canadian High Commission, Dieppe City Council and the US Embassy, as well as by the Mayor of Newhaven and veterans' associations.
- 14th Social dance at Hillcrest Centre 2 - 4pm. £5 including tea and biscuits. Good company, great music, good dance floor and free parking! First visit free. Call 01323 898813 for more info.
- 18th Meeching WI - Informal Meeting. 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 21st Seaford Silver Band 1.00pm - 3.00pm at Newhaven Fort to brighten up your Sunday afternoon with a little music on the parade ground. For more information visit newhavenfort.org.uk or call 01273 517622.
- 22nd-28th RNLI Newhaven Flag Week. Flying the flag for RNLI Newhaven - collections will be taking place at various locations in and around Newhaven. Please be as generous as you can in support of your local lifeboat. Respect the Water.
- 24th-27th MAD's next production at Meeching Hall is a murder mystery AND EVERMORE SHALL BE SO by Norman Robbins. 7.45pm each night plus matinee on Saturday 27th at 2.30pm. Tickets £8 (First night & Matinee £7) from Meeching Estate Agents, High Street, Newhaven 01273 515566 or Tony 07912 965507.
- 26th 1-4pm NIPPERS Family Fun Day bouncy castle, face painting, community stalls, displays by local groups, food tasting, climbing wall all culminating with the mudslide at 3.30pm.
For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net
- 27th-29th Sussex at Home Weekend at Paradise Park. Focussing on local suppliers of food, plants & other goods with tastings & demo's.

SEPTEMBER

- 1st Newhaven Town Council's Planning and Development and Community Engagement and Promotion meeting-Meeching Hall, Fort Road 7.15pm.
- 2nd NIPPERS Play Out - free outdoor play activities for all families; under 5s must be accompanied by parent/carer. 1.30 - 3.30pm. For further information call/text Clare 07564 452837; facebook nippers, email nip.shak@fsmail.net.
- 3rd-4th Better Lawn weekend at Paradise Park. Talk to our resident Plant Doctor about your lawn.
- 6th Quayside Medical Practice Patient Participation Group meeting 6.30 - 8.30pm. Please ask at Quayside Practice reception for more details or visit <http://www.quaysidemedicalpractice.nhs.uk>.
- 7th Paradise Park Timely Talk 'Autumn Garden' - Mark Curtis the Plant Area Manager giving a seasonal talk in the coffee shop 11am - 12 noon, includes free refreshments.
- 10th Newhaven Twinning Association Car Boot Sale at Paradise Park, Newhaven. Sellers from 8.15am; Buyers from 9am. £6.00/car.
- 10th RNLI Newhaven Table Top Sale and Supporters Coffee Morning. Come along to the Lifeboat House, Riverside, West Quay, Newhaven BN9 9BX from 10am to

12.30pm, enjoy a Brew for the Crew and dunk a biscuit or two! Vivianne will have a superb September supply of good quality items for sale - an ideal opportunity to surprise a certain someone with an unexpected gift or spruce up your living space. Have fun supporting your local lifeboat - Respect the Water.

- 11th Social dance at Hillcrest Centre 2 - 4pm. £5 including tea and biscuits. Good company, great music, good dance floor and free parking! First visit free. Call 01323 898813 for more info.
- 12th South Highton W.I. "Ploughman's and Silent Auction" to be held at 12.30 pm at the South Highton Village Hall. For further details please contact 01273 515881.
- 13th The GuestHouse Storytellers present Professional storyteller Sarah Rundle with "The Poorest Hee" or "Freeborn John and the Fight for the Vote". Why don't the English talk about Religion or Politics? The Poorest Hee reveals the answer!
The Poorest Hee is a storytelling show that encompasses three civil wars, five invasions, four coup d'états, an attempted revolution, and a sense of national trauma that has followed us down the centuries.
Café opens 7pm. Performance starts 7.30pm. Tickets: £6 in advance from Hillcrest Café or our website. £8 on the door on the night. Venue: Hillcrest Centre, Bay Vue Road, Newhaven BN9 9LH. www.guesthousestorytellers.com Email: guesthousestorytellers@gmail.com.
- 15th Meeching WI - Mr. Edward Padget - The Pearly Kings and Queens. 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 15th Newhaven Gardening Society monthly meeting held at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Speaker is Andy Thomas with illustrated talk - 'Lewes and Bonfire Night'. Non members always welcome, £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.
- 16th Newhaven Twinning Association Quiz Night & Supper at Meeching Hall, Newhaven from 7pm.
- 18th Battle of Britain Day 10.00am - 4.00pm at Newhaven Fort. A day of 1940s nostalgia featuring music, dance & living history.
- 18th Newhaven in Bloom Awards Ceremony at Paradise Park. Presentation of award winners on the Coffee Shop Terrace.
- 22nd Newhaven Town Council's Planning and Development and Environment and Open Spaces meeting-Meeching Hall, Fort Road 7.15pm.
- 25th Newhaven, Lewes & District Mencap sponsored walk-Newhaven Riverside to Tidemills and back. A fundraising venture for members and friends. For further info please contact Ann on 01273 517345, newhaven.lewesmencap@btconnect.com or www.newhavenmencap.org.uk.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in October/November/December) is 22nd August 2016 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

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