



# Newhaven *Matters*

WINTER 2014-15 // Issue N° 04



**Welcome** to the Winter edition of  
Newhaven *Matters*, the free newsletter for Newhaven  
residents produced by Newhaven Town Council.



# Contact your Local Town Councillor



## DENTON WARD:



Peter Clark  
t: 01273 517725  
e: peterclark1952@gmail.com



Rod Main  
t: 07956 292101  
e: roderick.m.main@btinternet.com



Ann Giles  
t: 01273 514041  
e: giles900@btinternet.com



Angela Simmons  
t: 01273 515189  
e: simmons\_gerald@yahoo.co.uk



Diane Hall  
t: 01273 515747  
e: dhall.47@btinternet.com

## MEECHING WARD:



Graham Amy  
t: 01273 514942  
e: seahavenPR@aol.com



Sebastian Hale-Smith  
t: 01273 512728  
e: admin@afewthings.co.uk



Paul Boswell  
t: 01273 515566  
e: sales@meechingstates.co.uk



Maurice Langham  
t: 01273 510955  
e: mhlangham@tiscali.co.uk



Chris Bradshaw  
t: 07810 538886  
e: chrisatnewhaven@aol.com



Jane Scott  
t: 07505 025567  
e: j.scott07@btinternet.com



Carla Butler  
t: 07876 162395  
e: carlabutler@btinternet.com

## VALLEY WARD:



Janice Butler  
t: 01273 510368  
e: janicebutler@btinternet.com



Judith Ost  
t: 01273 517108  
e: cllrjudithost@maryannscottage.co.uk



Julie Carr  
t: 01273 512785  
e: cllrjlcarr@yahoo.co.uk



Pat Ost  
t: 01273 517108  
e: cllrpatost@maryannscottage.co.uk



Darren Grover  
t: c/o 01273 516100  
e: darren.grover@gmail.com



Steve Saunders  
t: 01273 513686  
e: steve.saunders@lewes.gov.uk

## CONTACT YOUR LOCAL MP:



Norman Baker  
t: 01273 480281  
e: normanbaker1997@gmail.com

## TOWN COUNCIL OFFICES:

Open Monday to Friday 8.30am-3.30pm  
18 Fort Road, Newhaven, BN9 9OE

t: 01273 516100  
e: admin@newhaventowncouncil.gov.uk

If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk)

# Winter 2014-15



Councillor Judith Ost

*I hope you are all enjoying the Christmas season and wish you a Happy New Year.*

Between us, I and Diane Hall, the Deputy Mayor, visited all our schools to give each pupil a WW1 commemorative medal. We would like to thank both pupils and staff for the warm welcome we received.

There is a pull out section in the middle of the magazine about the Neighbourhood Plan. Many of you told us on the last survey that you were unhappy with some of the suggested housing sites. We have worked hard to find some others that could be used instead. We really want to hear from you, so please fill in the survey and return it to us.

Do you want help to reduce your energy bills? If so, do visit

the Energy Shop in the High Street (see page 20). Take your gas and electricity bills to them and they will help you work out the best deal for you. If you don't feel confident using a computer to make the change, someone will help you with that too.

Once again, on behalf of councillors and staff at Newhaven Town Council, I'd like to wish you all a Happy New Year. Here's hoping the Supreme Court gives us the answer we all want and we can spend some of 2015 on our beach!

**Councillor Judith Ost**  
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk) or phone her on 01273 516100

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# Our Sandy West Beach

As Newhaven Matters goes to press we are waiting for the decision of the Supreme Court as to whether the beach can be registered as a village green. We thought this was a good time to look back at the beach's history.

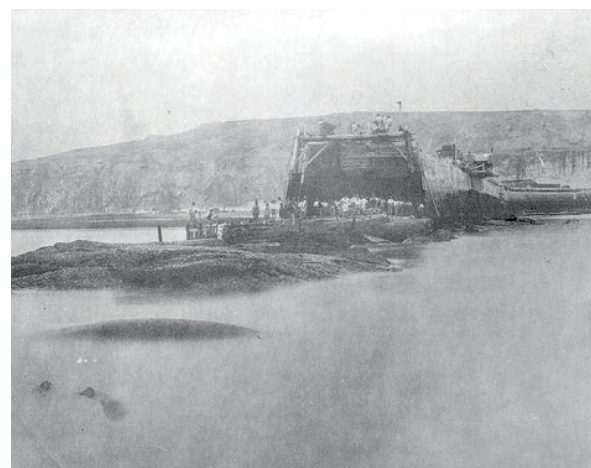
The beach came into existence soon after the building of the western harbour breakwater began in 1879. Before that time the sea came right up to the cliffs at the foot of Castle Hill and the whole foreshore area was freely accessible to local residents. The building of the breakwater changed the marine currents and allowed the build-up of silt and sand within the arm.

Historically, there have been only two periods when public access to the beach was prohibited – during both World Wars the beach was closed for national security reasons. Whilst local residents tolerated this for the duration of hostilities for the good of the country, as soon as peace was restored they lobbied the

authorities to restore their rights to go on to the beach. During the First World War the walk way to the beach was fenced off with locked gates at Sleepers Hole (by what is now Newhaven Marina). When the gates were not re-opened immediately after the War, local feeling was so strong that members of the local Council acted on behalf of the community and marched to the gates and cut them open. Clearly, then as now, local residents felt very strongly that this was their beach and that their rights were being violated.

Apart from during the wars, generations of local families have enjoyed using the beach. When the town council decided to apply for village green

status to try and get the beach reopened following its closure in 2008 we were sent hundreds of photos as evidence for our application and these are some of them.



The breakwater under construction in the early 1880s

# New Young Mayor

Hello my name is Janki Pillai, a Year 8 student at Seahaven Academy. I feel honoured to be elected as the new Young Mayor of Newhaven. This is a great opportunity for me because I can represent youngsters of Newhaven by sharing our views and thoughts with the council.

I have plans to run a small project during my tenure. It is to create a new young children's magazine, which will be distributed in Newhaven. I expect the magazine to be designed, created and edited by the young people of Newhaven. This will be a great chance for children to read what's going on around the world and locally in our community and to be updated with news from schools, people and much more. I would also

like to welcome any child, who is interested in contributing towards this magazine to write to me at [jankipillai@gmail.com](mailto:jankipillai@gmail.com). I hope my choice of project is useful for the Youth in Newhaven and possibly out

of town too. I can guarantee it will not be any old boring magazine; it will be something fun and enjoyable for children to read! And once again thank you Seahaven Academy for electing me!!!!

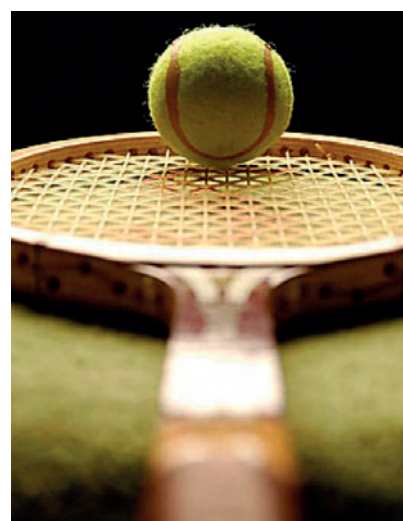


## GRANTS GIVEN TO LOCAL ORGANISATIONS

The town council's Grant Aid Sub Committee met in November to decide grant applications. A total of more than £5,000 was given to local organisations for a wide range of purposes. The Air Cadets were given £300 for adventure training equipment and new uniforms; Guides and Brownies groups were given funding to enable members from low income families to attend Olave, an international camp which is being hosted by Sussex in 2015; The Meridian Mature

Citizens Forum received £200 towards their Sunday lunch club and their Christmas lunch; Newhaven Cricket Club was given £200 for a new portable lightweight bowling machine; and Newhaven Tennis Club received funding for the purchase of new balls and rackets for use by juniors.

It has been decided to hold a second round of grant awards in February, so if your organisation missed the first round and would like to apply for funding,



please email us on [admin@newhaventowncouncil.gov.uk](mailto:admin@newhaventowncouncil.gov.uk) or phone 01273 516100 to obtain an application form. The deadline for applications is 22nd February 2015.

# Home Fires: A haunting story of love and loss during the Great War

*Zap Art/inroads co-production, Newhaven Fort  
18th – 21st March 2015*

2014 marks the Centenary of the First World War, a landmark anniversary for Britain and the world. Home Fires is a brand new play by Sara Clifford exploring the role Newhaven, Seaford and their surrounding villages played during the First World War.

Newhaven, September 1914. When Clara's husband Joe is called away to serve, they both believe he will be back in time for Christmas. But things are no longer as they were, and society is changing – there's a strike in the soldiers' training camp in Seaford, and in France, inexplicably, the British army seems to be losing. By November, as the generals frantically call up volunteers to send to the front, Clara

clings to the old ways, even as everything is crumbling around her.

Based on local people's family stories of the Great War, this new site responsive promenade play draws on text, sound and visual projections, to create a haunting story of love and loss.



There will be plenty of opportunities for members of the community to get involved in this fantastic project. If you would like to join an art making activity or dance workshop, perform in the show, volunteer, share your experiences, family stories about WW1, artefacts or photos, please get in touch! Email: [newhavenww1@gmail.com](mailto:newhavenww1@gmail.com)  
Tel: 01273 500842

Keep up to date through our Facebook page: [www.facebook.com/pages/Home-Fires-A-haunting-story-of-love-and-loss-during-the-Great-War/146208122219503](https://www.facebook.com/pages/Home-Fires-A-haunting-story-of-love-and-loss-during-the-Great-War/146208122219503)

[www.inroads.org.uk](http://www.inroads.org.uk)  
[www.zapuk.com](http://www.zapuk.com)

Tickets are free but must be booked in advance from Newhaven Fort Box Office:

01273 517622  
[info@newhavenfort.org.uk](mailto:info@newhavenfort.org.uk)

## TOWN COUNCIL TO CARRY OUT EXCITING WORLD WAR ONE PROJECT

Newhaven Town Council has received £23,900 from the Heritage Lottery Fund (HLF)



for an exciting new project, "Newhaven's First World War". Over the next eighteen months this project will result in seven information boards – the "Poppy Trail" – around the town giving information about the town's role during the war. There will be website pages giving much more detailed information and workshops and talks for local schools, local community groups and the general public, including family history workshops. Interesting and informative guided walks

will take place and there will be an exhibition of work produced by local children.

Newhaven was one of the major supply ports during the First World War, helping to keep the troops on the Western Front equipped with everything from food, to horses and munitions and much more besides. The harbour was busy 24 hours a day with transport ships arriving, being loaded up and leaving again. Four thousand soldiers were garrisoned in the town to defend it; the Hillcrest Centre was a hospital and from 1917 there was a seaplane base on the eastern side of the harbour to help protect the shipping from submarine attack.

# Newhaven's First World War

*Following on from the last two issues of Newhaven Matters, we continue to look at what was happening in Newhaven at the outbreak of the First World War. These stories were taken from the East Sussex News on 8th January and 19th February 1915.*

On 1st January 1915, a New Year's Day dinner was given for members of the Imperial Service Unit, based at Newhaven. The event was held at the Drill Hall, in Bridge Street and began with a dinner at mid-day. In the evening, about 100 of the wives and children of the men were entertained to tea and games, and each child received a present. This was followed by music and dancing. "The happy gathering" concluded about midnight with the singing of 'Auld Lang Syne' and 'God Save the King'.

On 18th February 1915, the Lord Lieutenant of the county, the Duke of Norfolk, inspected the 4th Battalion of the Royal Sussex Regiment. The battalion consisted of 900 officers, NCOs and men, who were in full war kit. The inspection took place between Fort Road and the harbour, and the Duke of Norfolk conveyed "his pleasure at being privileged to come and inspect such a fine body of men". Afterwards, the Duke inspected the men's quarters and cookhouses and "expressed his satisfaction at all that he had seen".



The drill hall decorated



H Co of the 4th RSR

*Photos supplied courtesy of Newhaven Museum*

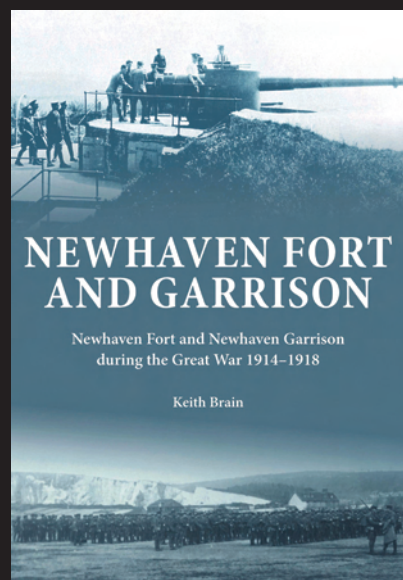
## Newhaven Fort and Garrison

A new book has been produced by Keith Brain, with the support of Lewes District Council and Newhaven Fort. Keith is a volunteer with the Fort who has spent the last year researching Newhaven Fort & Newhaven Garrison during the Great War using archive records.

The book is not about Newhaven men who served in the war but the units and men who were stationed in the town and Fort during the war, (although some of course were

Newhaven men) and where they were accommodated and their duties. Although the town was never subjected to hostile attacks or an invasion it provides answers to what kind of attacks were planned for, how the attacks were to be repelled and by whom.

The book is available from Newhaven Fort, price £14.99. The Fort is closed until 1st March, but if anyone wants a copy please call 01273 517622 or email [info@newhavenfort.org.uk](mailto:info@newhavenfort.org.uk).



# 10 Years Volunteering for the Royal Voluntary Service

Anne-Marie Hatcher has now been volunteering for the Royal Voluntary Service befriending scheme for almost 10 years. She said *"It has been great meeting new people and being able to help them, enhancing their lives, having a chat and helping with their shopping"*. Anne-Marie still regularly visits a lady in her own home, whilst juggling commitments with her own family.

The Royal Voluntary Service are actively looking for more volunteers to provide isolated, elderly people in the Newhaven and surrounding areas with companionship. This role can involve meeting interesting people, hearing

their stories over a cup of tea, being active in the community, learning new skills and is flexible to suit your schedule.

Service users have recently commented on how valuable this service is to them. For example, *"what you do for me is priceless"* *"knowing a friendly person is coming brightens my day"* and *"I can't believe how lucky I am to have such pleasant friendly people to take me out and end my imprisonment"*.

To find out more please e-mail [getwellstaywell@royalvoluntaryservice.org.uk](mailto:getwellstaywell@royalvoluntaryservice.org.uk) or call us on 01273 611441.



## Rotary Club of Newhaven

The Rotary Club is a lively group of like-minded people who believe in the Rotary Creed "Service above Self". They meet every Tuesday, usually at lunchtime, and are happy to welcome prospective new members.

Rotary is dedicated to supporting local charities, from the local scouts to organising a Christmas party for the elderly residents of Newhaven, Peacehaven and Telscombe Cliffs. They are also pleased to be regular contributors to CTLA.

Obviously all this requires a great deal of fundraising and the club's major collection usually takes place in the two weeks in the run up to Christmas. They had a bucket

collection almost every day in the foyer of Sainsbury's – if you saw them they hope you felt able to dig deeply in your pockets to help them continue to offer support to those who need it.

If you would like to join the Rotary Club, please contact secretary David Phillips on 01273 475241 or president Jacquie Whiteley on 01273 586330.



# WORLD WAR ONE REMEMBRANCE MEDALS FOR LOCAL CHILDREN



The Town Mayor, Councillor Judith Ost visited Newhaven's schools and nurseries before Christmas to present World War One Remembrance medals to local children. The Town

Council felt that these would make a lasting memento of the current 100th anniversary commemorations for the town's children and would also fit in well with the children's learning about this terrible conflict.

The medals are made of nickel silver and presented in a Perspex case and were made by the Tower Mint. They show silhouettes of First World War soldiers on one side and poppies on the other together with the lines "In Flanders fields the poppies blow between the crosses row on row."



Deputy Mayor Diane Hall presented medals at Harbour School

## A big hello from the Deans Senior Tea Club!



A new social club for seniors meets at Meeching Hall, Fort Road every Friday from 11am -1pm.

Some of the original members from the Friday Club attend the new Tea Club and they are hoping to reach a wider community. The aim is to support seniors whilst combating loneliness in older age. It is run by a small group

of volunteers and is currently applying for Charity status.

The first Tea Club began in Saltdean to create a safe warm place for seniors to meet, socialise, have fun and chat. Due to the success of that club another one followed in Telscombe which took off immediately and there are now around 75-100 members who attend the clubs each week. Tea, coffee, cake & biscuits, board games and cards, trips and entertainment are provided. The club also runs very successful Tea Dances, often attracting over 80 people.

There is no membership fee although donations to cover hall hire, leaflet costs etc are happily accepted. They have a few sponsors but still need help marketing the Newhaven club so if there are any local businesses that wish to

support a local seniors' club, please get in touch and spread the word.

You can help - if you know of an elderly person, neighbour or relative that would like some company and to share stories of the good old days, do encourage them to come along - let's beat loneliness together. Contact the club's founder Maria Davey on 01273 307435 for more information.





Anyone interested in finding out more about the centre is welcome to call in on a Wednesday and speak to the organizer, Nicola (07850 987131). Transport can be provided or arranged and free taster days are available. Funding support may be available from Adult Social Care for eligible applicants.

# Newhaven Day Centre

*in the Newhaven Age Concern Club, West Quay*

The centre is open every Wednesday from 10am - 3pm for older people who need extra help to enjoy their day. The aim is to reduce social isolation of people in later life, assist them to remain independent, and to stay as physically and mentally active as possible.

The majority of members have some form of physical or mental health disability. Most have a mobility issue and about 60% live with some form of dementia and are dependent for help on their families or carers. For most, the centre is essential for enabling them to meet with friends and have fun. Depression is prevalent amongst the older population, particularly when they live alone and have very few opportunities to socialise. Some members do not leave their

homes other than to attend the centre. Where members live with their families, the centre offers essential respite care as well.

Newhaven Day Centre provides a range of stimulating and fun activities and entertainment, often with a reminiscence angle. People with memory problems are delighted when they do recall events and this can lead to a definite improvement in their mood and self esteem. External providers also work with the staff to broaden the activities on offer. Regular chair based exercises, delivered by a trainer, are a favourite activity and members say they really do help to keep them more flexible and mobile. A balanced nutritious meal, cooked freshly on the premises, is an important

feature of the day. They also celebrate birthdays and special holidays such as Christmas and Easter, and a number of outings are also arranged each year. Information and advice are offered on health matters, personal safety, maximising income, keeping warm in winter etc and signpost to other organizations as appropriate.





## Newhaven Volunteers Assist the Ambulance Service

The South East Coast Ambulance Service NHS Foundation Trust is proud to train volunteers so that in their spare time they can be available for selected 999 calls to help other members of the community.

The Newhaven Responder Lead Nigel Ring said *"Being an integral part of the ambulance service team is one that I feel proud and honoured to do. So far this year I have attended over 200 999 calls to help those in pain or distress."*

Will Morris, also a Newhaven Responder responsible for equipment and logistics, manages to work full time as a member of the Ambulance Service and still finds time to respond on a regular basis and is a great asset to the team.

The service is looking for more volunteers with some time to spare to respond in their community. If you are interested contact [sussex.cfr@secamb.nhs.uk](mailto:sussex.cfr@secamb.nhs.uk).

Volunteers can be male or female, aged over eighteen years. They must have access to a car and be able to attend emergency calls from either their home or place of work as soon as they are received.

A Community First Responder needs to be extremely reliable and trust worthy, good under pressure, able to remain calm in emergency situations, be caring when dealing with patients and have a reasonable level of physical fitness. Prospective responders have to undergo a Criminal Records Bureau Check (CRB) which is carried out by the Ambulance Trust following a successful interview.



If you do not feel able to train as a CFR but would still like to help your community and make a difference, volunteers to help fundraise are always welcome.

### Struggling to balance your books?



Contact Tasker Osman & Co on 01273 512749 to arrange a **FREE** no obligation meeting with one of our team to see how we can help



**Tasker Osman & Co.**  
Financial Accountants

Website: [www.taskerosman.co.uk](http://www.taskerosman.co.uk)  
Phone: 01273 512749  
Email: [jon@taskerosman.co.uk](mailto:jon@taskerosman.co.uk)  
Address: 10 South Way, Newhaven  
East Sussex, BN9 9LL

Partners: Les Tasker FFA, FAIA, FFTA, Kevin Osman FFA, FAIA, FFTA

# WINTRY WEATHER MEANS SLIPPERY ROADS AND PAVEMENTS

*Every winter when the temperature drops to sub-zero or the snow falls, our roads and pavements become very slippery.*

East Sussex County Council, as the Highway Authority, is responsible for gritting (salting) the roads – but they can't treat all roads. They have to prioritise the busiest roads in order to avoid the most serious accidents. You can see a map of roads that will be treated online at [www.eastsussex.gov.uk/roadsandtransport/roads/maintenance/saltingandgritting](http://www.eastsussex.gov.uk/roadsandtransport/roads/maintenance/saltingandgritting). The gritting lorries follow specified routes and cannot spread grit on other roads near to the roads that have been prioritised as they would not have enough grit to complete their route. If you don't live on a road that has been identified by ESCC as a primary or secondary route your road will not be gritted. ESCC does not grit pavements.

You can, however, help yourselves and help your neighbours by clearing snow and ice from pavements and public spaces outside your property. It is very unlikely that you would face any legal liability, as long as you are careful to make sure that you do not make the area more dangerous than before. Use a shovel to remove snow. Spread salt on the area you have cleared. Do NOT use hot water, as this may create black ice when the water re-freezes.

There are a number of grit (salt) bins around the town. Some of these belong to ESCC, some to LDC and some to the town council. If you see an empty bin, please report it to the town council – we are quite happy to work out who owns



it and get it refilled. If you feel an extra grit bin is needed in your area, please also let us know – we are always willing to consider such requests.

## Unwrap the perfect career this Christmas

across Lewes, Seaford, Newhaven, rural areas & beyond...



**LEAP** LOCAL ENTERPRISE & APPRENTICESHIP PLATFORM

[www.yourleap.co.uk](http://www.yourleap.co.uk)  
contact LEAP on 03003 301450





# Newhaven Neighbourhood Plan 2030

*Focus on possible sites for new houses*  
**We need to hear from you again please**

**Please remove and return this middle section by 19th January at the latest**

We have listened to what you told us at the exhibitions and surveys carried out in the summer this year, about where new housing should go in Newhaven.

You told us that you did not like the idea of a lot of housing at Harbour Heights, Bay Vue Car Park and The Union (Meeching Down).

We have been working to find some other possible sites. We would now like you to tell us what you think of them. We don't have any choice about the total number of houses that are built in Newhaven as this figure is decided by Lewes District Council. The good news is we have some choice about where they go and what they look like!

Please take the centre section out of this magazine, complete the survey on the inside pages and return to one of the locations below **by 19th January 2015**.

## **Completed surveys can be dropped of at the following places:**

I like a sweetie, High Street - Kidzsnazzyrags, High Street - Searchlight Charity Shop, High Street - Mount Pleasant Newsagents, Avis Road, Denton - Harbour Primary School - Denton Primary School - Meeching Valley School - Seahaven Academy as well as the Town Council offices at 18 Fort Road.

We want to produce a plan that has the support of the local community so please tell us what you think.

**Thank You**



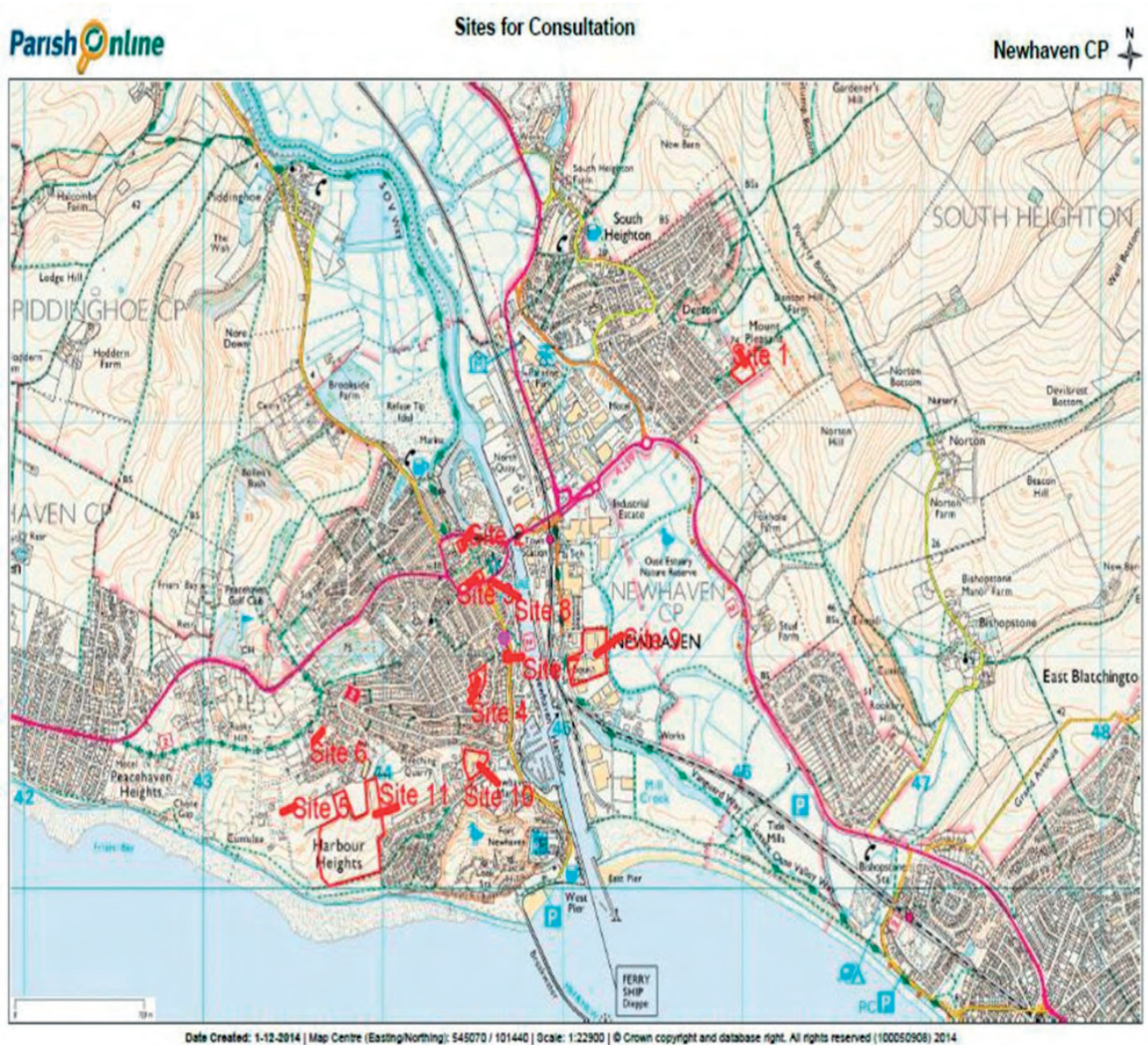
Please let us know what you think of these sites by ticking your p

Site No .		What type of development would you like				
		Housing	Businesses	Open Space	Mix of Housing and Business	M Housing Open
1	Land between Palmerston Road and Holmdale Road, Newhaven					
2	Lower Place Car Park, Newhaven					
3	Multi Storey Car Park, Dacre Road Car Park					
4	Former Grays Infant School, Western Road, Newhaven					
5	Plots 50 & 55 Westdene Avenue, Harbour Heights, Newhaven					
6	Plots 44-46 Land south-west of Wilmington Road, Harbour Heights, Newhaven					
7	Fire Station, Fort Road, Newhaven					
8	Police Station, South Road, Newhaven					
9	Land at Eastside, Beach Road, Newhaven					
<p>The original list of sites from Lewes District Council and co</p> <p>Please now tell us what y</p>						
10	Meeching Quarry					
11	Harbour Heights					

[illegible]

consulted upon in the Summer had the next two sites as one.  
You think of each of them.


The map below shows the sites we are consulting on this time.



All the documents about the Newhaven Neighbourhood Plan are in the library or at the Town Council Offices at 18 Fort Road. You can also see this information online at [www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk).

If you would like us to keep in touch with you and ask you what you think about other issues that come up in respect of the Neighbourhood Plan, then please give us your contact details.

Name .....

Address .....

Email .....



## Denton and South Heighton Junior Football Club

DaSH was founded by Buck Charman in the 1970s, and since then the club has gone from strength to strength. It is now one of only a few chartered standard clubs in the area, with teams from Under 7s to Under 16s. Some players have even gone on to play at premiership and international levels!

The club trains and plays at the Hollow in South Heighton. Fifteen volunteers make it all possible, from managing and coaching to serving hot food and drinks in the tea hut. They welcome new players; if you are interested, see the website [www.dash-jfc.co.uk](http://www.dash-jfc.co.uk) or call Lee Tully, Chairperson on 07765 026050 or Teresa Nicholson, Secretary on 07541 060209.



## NEW TREES AT THE ROSE WALK

*The town council has agreed to plant four new trees in the traffic island at The Rose Walk – to commemorate the 100th anniversary of the First World War. Town Mayor, Councillor Judith Ost will plant two whitebeam and two ornamental cherry trees which will form a beautiful, living reminder of the lives lost 100 years ago. An anodised aluminium plaque will record the planting.*

Local resident Paul Farley approached the town council to ask whether it would be possible for trees to be planted at this location. Two trees had been planted there in 1953 to celebrate the Queen's coronation, but had been removed in recent years after they became damaged. Paul felt that it was important that the trees should be replaced and that they would form a lasting legacy for the town.

There have been a lot of trees planted in Newhaven recently by East Sussex County Council as mitigation for the incinerator – but are there any other locations which might benefit from a tree or two? The town council has limited funds, but is always willing to consider suggestions from local residents – so if, like Paul, you have a good idea, please do let us know.

## Supporting Newhaven for over 75 years

Newhaven Chamber of Commerce is going from strength to strength. As Newhaven grows and redevelops so does the local Chamber of Commerce. We are a voluntary organisation which aims to enhance and encourage development of trade, employment opportunities and the environment of Newhaven and an important part of this is supporting our local community.

Newhaven Chamber organises and hosts the annual Seahaven Business Awards and, with the help and support of our friends in Peacehaven and Seaford Chambers, the 2014 awards were the biggest and best so far. A full report and photos of the 2014 awards are available at [www.newhavenchamber.co.uk](http://www.newhavenchamber.co.uk).

Not only does the Chamber support the community with small donations to local charities, we also run the weekly town centre market. Stalls can be hired at a very reasonable rate by regular traders or by people who want to dip their toe in the water of retail. We also help with interview training for Seahaven Academy pupils and are involved with SCDA (NCDA as was) and we have been consulted on the proposed University Technical College.

As a business networking group we organise several evening events

each year with speakers from diverse fields. We also have a vibrant weekly Breakfast Club which meets on Wednesdays at 7am at Peacehaven Golf Club. Join us for a chance to promote your business and enjoy a great breakfast! We organise visits to local and national places of interest including Big Ben, the Energy Recovery facility, the Newhaven Lifeboat, Plumpton Racecourse and the Houses of Parliament. The Chamber is often asked for their opinion on events which affect the local area and we are invited to meet dignitaries who visit this area including Her Majesty the Queen.

As a member of ACES (the Association of Chambers in East Sussex) we are part of a bigger network. We have also built very good relationships with the local town and district councils, our M.P., the Lord Lieutenant and we are also building international links with both France and Vietnam.

If you are in business in the Newhaven area come and see what the Chamber can do for you. By joining the Chamber you can help your business, help your community and help Newhaven.

*Call our secretary Paul on*  
**01273 517544** or visit  
[www.newhavenchamber.co.uk](http://www.newhavenchamber.co.uk)



# NEWHAVEN CONSERVATION TRUST

The trust was set up to try and preserve the remaining buildings in Newhaven of historical and architectural interest.

One of their current projects is the Tipper brewery and the legendary Thomas Tipper.

Thomas lived in Newhaven in the 1700s. He owned a cottage and garden, next door to a warehouse which he turned into a brewery. It was demolished in 1976 to be replaced by the flats opposite the bridge to Denton Island. The cottage was also demolished and the Ship Inn



was built on its site. Thomas was a man of many talents, some of them mentioned on his headstone.

The listed Tipper monument is in St Michael's churchyard and is a fine example of a carved headstone depicting the old bridge to Denton Island.

Coincidentally the trust heard that a relative of Thomas wanted to visit the grave and two NCT committee members were able to meet with him and his helper. Mr Tipper is anxious for the monument to be restored as several lines of the poem have worn away and the gravestones are leaning slightly.

NCT would be grateful for

more help with the research, photography and compiling of this and other productions. Contact them on 01273 958175 if you can help.



One of the trust's next projects is the 'green lighthouse' owned by Newhaven Port and Properties. Facts about this iconic structure are difficult to find but the port authority kindly gave the trust access to the interior.



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## Visit the Pop-up Energy shop and get your energy bills checked

The Ouse Valley Energy Services Company (Ovesco) is teaming up with Communities Matter and the Big Energy Saving Network to offer free independent energy advice to local residents in Newhaven and the surrounding area.

## LOOKING FOR YOUNG HEROES

Do you know a young hero who deserves an award? The town council is seeking nominations for the following awards:

- Young Person of Courage
- Young Carer
- Young Sportsperson

The deadline for nominations is 6th February 2015. Please see our website [www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk) for more information and to download a nomination form.





# Newhaven Flood Alleviation Scheme

## *Working together to reduce flood risk in Newhaven*

Newhaven is vulnerable to flooding from the sea and the River Ouse. In December 2013 the south coast of England was hit by a storm surge which saw the highest tide in some places for almost 60 years. The tidal surge affected between 50 and 100 properties in Newhaven as well as closing the railway line between Lewes and Seaford.

The Environment Agency and Lewes District Council are working together to deliver a scheme to reduce flood risk to 437 homes and 392 businesses in Newhaven.

The scheme is estimated to cost £9 million, with the

majority of funding coming from the Environment Agency in the form of central government grant in aid. The Coast to Capital Local Enterprise Partnership and South East Local Enterprise Partnership are each contributing £1.5 million, as part of their wider commitment to regeneration in Newhaven. These contributions are essential to enable the project to proceed.

We will be holding a public exhibition early in 2015 to gather feedback on our draft design options. Once we have taken these views into consideration we will share our preferred design with the community and seek the necessary formal approvals.

We plan to start building the scheme in 2016 and complete it in 2019.

If you would like to be included on our mailing list please email [newhavenfas@environment-agency.gov.uk](mailto:newhavenfas@environment-agency.gov.uk) or call 03708 506506.




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# What's On

## Every day

Denton Island Indoor Bowls Club open daily between 9am - 7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

## 2nd Thursday

Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre. Your local teacher, Marek Lorys, will explain how learning this simple technique may benefit you personally, how it differs from other practices and the structure of the course itself. There will also be ample opportunity to have your questions answered. If you simply want to have a chat or ask questions, please either e-mail us on [mareklorys@gmail.com](mailto:mareklorys@gmail.com) or call 07946 386290. Introductory talks are free of charge and by attending, you are under no obligation to learn. Please let us know you are coming! If you are unable to travel we can offer introductions online (by Skype video) by appointment. Please ask! More information is available at: [uk.tm.org](http://uk.tm.org)

## 1st Sunday every month

Table Top Sale at Riverside Hall. 9.00 am to 1.00 pm. £7 per table – to book a table please phone Karen on 07538 421232.

## 1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am – 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Dan Ross Community Ranger 01273 484408 or Graham Amy 01273 514942 for details.

## 2nd Sunday every month

Newhaven Growing Together Community Garden. Come along, find out what we are doing, have fun and help out at Newhaven's community garden on the cliffs. 11am – 1pm. All welcome! To find out more about the garden come and visit, take a look at our website <http://growingtogethernewhaven.org/>, email [yelyah7@yahoo.co.uk](mailto:yelyah7@yahoo.co.uk).

## 3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers welcome – meet 10am at beach end of the old Tidemills village road. Tel Jim Skinner 01273 517291. February meeting to include erection of bird nesting signs.

## 3rd Sunday every month

Valley Ponds group meet for litter clearing and conservation. Meet 10am at Valley Ponds until 12 noon.

## Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club. To book a place call in at the Day Club or tel Kate Davies 01273 516207.

## Every Monday

Coffee and chat groups 2pm-4pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

## Every Monday

Football Therapy – contact Sean at Summerhayes for further info 01273 514753 or email [sean-macleod@together-uk.org](mailto:sean-macleod@together-uk.org)

## Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes,

Marshall Lane. Tel Eddie 07771 175707 for more details.

## Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 [karen@evolve-now.co.uk](mailto:karen@evolve-now.co.uk)

## Every Monday

Drop in “Monday Open Door” for adults and children with learning disabilities, carers and families at Riverside Hall, 10.00 am to 2.00 pm. Meet your friends for a cuppa and chat, £1 entry. Bring your crafts or favourite CD to play. Some puzzles and games available. Refreshments provided at low cost, or you may wish to bring a packed lunch. Tel: Ann on 07714 088820 for more information.

## Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

## Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring – Collecting – Visits – Hiking – Camping and Achievement Badges. Tel Robert Martin 01323 890354.

## Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

## Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm. Ask about private groups and individual tuition. Tel: 01323 892638 07983 622840. Email: [seahavenyoga@btinternet.com](mailto:seahavenyoga@btinternet.com) [www.seahavenyoga.co.uk](http://www.seahavenyoga.co.uk)

## Tuesday & Thursday

Youth Drop In & Counselling – information and support on all issues affecting young people, includes issue based and fun workshops for 11-18 year olds; also creative workshops. 4-6pm. Denton Island Community Centre. Free and confidential service. Tel 01273 517250.

## Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

## Every Wednesday (term time)

Extend Exercises for Seniors 2.15pm–3.15pm. We welcome new members to try a fun and friendly class for the Over 60's. Helps improve suppleness, strength, stamina and balance. St Leonard's Church Hall, Denton. Tel Jenny Coote 01273 515373.

## Every Wednesday

Craft group 2.30pm-4.40pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

## Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

### Every Wednesday

Indoor Market 10.00 am to 2.00 pm, Riverside Hall.

### Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

### 1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8pm. All welcome. Tel 01273 514258.

### Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds – football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

### Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

### Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

### Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am – 12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

### Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 – 6.15pm & Cub Scout Group 8-11 yrs meet 6.30–8pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

### Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am – 2pm (weather permitting).

### Every Friday

Denton & South Highton Youth Club for 11-16 year olds, preferably living in the Denton & South Highton area – 7.15-9.15pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

### Every Friday

Coffee and chat groups 10am – 12 noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

### Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

### Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel 01273 513676 for more details.

### Every Saturday

Newhaven Tennis Club – junior coaching 9.00 – 11.00am. Afternoons from 1.00pm onwards – club drop-in session. Non-members (age 15+) welcome to turn up and play with club members. Adult guest fee £4.00. Tel 01273 512162 or email mailrkjackson@yahoo.co.uk for more details.

## Newhaven Museum

Operated by Newhaven Historical Society at  
Paradise Park, Avis Road

The museum will be closed 1st December – 28th February 2015  
From 1st March: open 2-5 pm Saturdays and Sundays.  
Admission £2. Admission free to members, accompanied children under 16 and Paradise Park badge wearers  
Contact 01273 515404 for group bookings and further details.

## The Hillcrest Community Centre

(Tel 01273 512376)

offers the following activities:

### Every Monday

Newhaven Woodcarving Club 10am – 3.30pm; Hillcrest Boxing Club Seniors Men (evenings); SDC Art Workshop, Knit 'n' Natter 2-4pm Room 4 – needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6-7pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

### Mondays (fortnightly)

"Poem Haven" for lovers of poetry. Unique readings of poems familiar and unfamiliar. A friendly atmosphere, all tastes catered for, no previous experience required! Patrick Bond, experienced reader of poetry, will read at the Hillcrest Community Centre on Mondays, 11.00am to 1.00pm Monday 12th January and then fortnightly: 26th January, 9th and 23rd February, 9th and 23rd March. £4 per session. All enquiries, please contact Patrick on 07425 011341. "Poems belong to everyone. Poems heal and console. Poems put life into a new light." Come and enjoy!

### Every Tuesday

U3A Art Class (afternoons). Weight Watchers Meeting. 2nd Tues every month, Guesthouse Storytellers. Master Boxing Keep Fit 6-7pm.

### Every Wednesday

Life Drawing Class 10.30am–1pm; Art Class 1.30-3.30pm & Life Art Class 2-4.30pm; Red Cross (evenings, every 2 weeks); Boxing Club – Juniors (Evening). Ladies Box Keep Fit 7-8pm. Hoop Dance Exercise Class 7-8pm. Sussex Rock Choir 7.00 – 8.00pm.

### Every Thursday

Country Market 9.45am – 1.00pm. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce. Newhaven Woodcarving Club 10am – 3.30pm; Start Art & Smart Art (children & young adults, evenings); Hillcrest Boxing Club Seniors Men (evenings); Sculpture Workshop 10-12.30pm & 1.30-4pm. Novel Group 10.00 – 4.00pm monthly.

### Every Friday

Ballroom Dancing 6.30-9pm.

### Every Friday

Creative Writing Class. An informal and friendly prose writing class that covers everything you need to know about how to write short stories, autobiography or memoir, structured around weekly writing assignments that allow you to practice different fictional techniques. Suitable for all levels. "Umi Sinha is a naturally gifted teacher, one blessed with the ability to inspire would be writers, not only by example, but also by positive criticism linked with her deep personal interest in their subject matter. She possesses that rare ability to unravel confused writing and return the writer to his desired path of thought without bruising his sensitivity." William Mount

10am to 12.30pm. Cost £110. For more information and to register ring Umi Sinha on 01273 611490 or email [umi@writingclinic.co.uk](mailto:umi@writingclinic.co.uk)

### 3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

### Sunday Monthly

Tea Dances (afternoons).

## Newhaven, Lewes & District Mencap

Registered Charity No. 270064

e-mail: [newhaven.lewesmencap@btconnect.com](mailto:newhaven.lewesmencap@btconnect.com)

Website: [www.newhavenmencap.org.uk](http://www.newhavenmencap.org.uk)

Telephone: 01273 517345

Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of children and adults with learning disabilities or difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members. We use our hall on Mondays as an informal "Drop In" meeting place for people with learning disabilities.

Our hall is primarily used for functions to benefit members of our club, but is also available as a venue for other local groups to use.

The hall is also available for general hire. (Please phone the above number for more information).

Our Sensory Room is available to hire at £5.00 per person per hour.

Booking in advance is essential. Phone Ann on 07714 088820 to book the room.

## Shakespeare Hall

– now run by Wave Leisure.

We offer hall hire at competitive rates, as well as birthday parties and function hire.

Please contact Graeme Roberts on 01273 510784

or email [graeme.roberts@waveleisure.co.uk](mailto:graeme.roberts@waveleisure.co.uk)

Also on offer at Shakespeare Hall:

### Monday to Friday

NIPPERS After School Club 3 - 6pm from 5th January 2015.

February holiday playscheme Mon 16th to Friday 20th February

2015. Details contact Clare - 07564 452837 - facebook or

[www.nippers.org.uk](http://www.nippers.org.uk)

### Monday

Yoga Gold 1-2pm £4.60.

### Monday

Take Heart is a local charity providing exercise classes to prevent heart problems and support those who have them. Cardiovascular exercise class 11.15am – 12.15 noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class. Tel Richard Stantiford 07786 001771 for more details.

### Tuesday

Aerobics 6.30-7.30pm Boxercise 7.00 – 8.00pm, FitSteps 7.30pm-8.30pm, Yoga 8 – 9pm. £4.60 per session.

### Wednesday

Zumba Gold (slower Zumba class for the older person) 6.30-7.30pm. Zumba 7.30-8.30pm. £4.60 per session.

### Thursday

Take Heart - Cardiovascular exercise class 11.15am – 12.15 noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class. Tel Richard Stantiford 07786 001771 for more details.

Move It – dance for children with special educational needs 7-16yrs. 6.15-7pm, £1.50.

### Friday

Gentle Waves (over 50's) 11am – 12noon, followed by tea and biscuits.

### Saturday

Kick-it. Football sessions for children with autism and other learning difficulties, 10.30 - 11.30am; £1.50.

Last Friday Every Month

Youth Disco 11-15 years old - 7.30-9.30pm. Sports or bouncy castle downstairs as well as disco with DJ in main hall. All for just 50p.

## Denton Island Community Centre

offers the following free courses and information sessions:

### Healthy Lifestyles

Lots of new and exciting low cost Healthy Eating and Physical Activity courses coming up in the next three months – please tel: 01273 516032 for more information or email [natalie@sussexcommunity.org.uk](mailto:natalie@sussexcommunity.org.uk)

## Open Spaces

Community Space Garden, Lewes Road Hut,  
Robinson Road, Newhaven.

Volunteer and enjoy a free lunch of vegetable soup and fresh bread every Thursday 10.00-14.00. Other activities related to gardening, wildlife and healthy living will also take place at The Hut during this time. Activities and courses will be advertised on site. Please feel free to get involved, the amount of time or experience you have does not matter. All welcome.

## Meeching Down Conservation Task Days

Join our team for some active fun shrub clearing up on Meeching Down. A healthy warm lunch will be provided to all who volunteer. Dates to be confirmed from January to March.

For further details please contact Jessie on 01273 516032 or email: [jessie@sussexcommunity.org.uk](mailto:jessie@sussexcommunity.org.uk)

## New Youth Counselling Service

Tuesday, Wednesday and Thursday – 4 till 6pm –

appointment only. Call 01273 517250/07920 526215 or email [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

### Monday to Friday

SCDA Youth activities and services for all young people aged 8 – 18 years. Weekly sessions consist of a Youth Drop In, providing free information and support on all issues affecting young people. A wide range of physical activities from swimming to table tennis, youth clubs, youth counselling service and a Newhaven Young Peoples Forum who represent a voice for local young people. All sessions provide a fun, safe, supportive and educative environment. For further details please contact Youth Team on 01273 517250 or email [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk) or mobile 07920 526215.

### Every Monday

Pop In & Play (term time only) – 1.00-2.30pm. Newhaven Children's Centre, Denton Island Community Centre. Tel: 01273 517250 for more details.

### Every Thursday

Health Visitor Clinic – Denton Island Community Centre, 1.30-3.00pm

### Every Friday

Jitterbugs Music & Movement, Toddlers 9.15am – 10.00am or 10.15am – 11.00am. Baby Jitterbugs (non-walkers) 11.15am – 12 noon. Denton Island Community Centre – tel: 01273 516032 for details.

### Every Friday

Free Healthy Walks – meet at Your Way, (Summerhayes), Marshall Lane 10.00-11.00am. For more information tel: 01273 516032.

### Every Monday

5th Jan – 9th March

Confidence Building course 10am – 1pm, Sussex Downs College, Denton Island. For further information or to book a place on the course, please contact the Healthy Lifestyles team on 01273 516032.

### Wednesdays 7th – 28th Jan

Mondays 2nd Feb – 9th March

Happiness Workshop 1pm – 4pm, Sussex Downs College, Denton Island. For further information or to book a place on the course, please contact the Healthy Lifestyles team on 01273 516032.

Thursdays 29th Jan – 5th March

**MBCT (Managing Anxiety & Depression)**  
at The House Project, 168 South Coast Road, Peacehaven  
BN10 8JH. For further information or to book a place on the course, please contact the Healthy Lifestyles team on 01273 516032.

For further information or to book a place on the following courses, please contact Family Learning on 01273 517250.

Sewing Course: 7th January – 11th February 12pm-2pm at Denton Island Community Centre.

Little Kickers: 7th January – 25th March 2.30pm -3.30pm at Denton Island Community Centre, (term time only).

Sensory Play: 8th January – 12th February 9.30am-11.30am at Denton Island Community Centre.

Family Cooking: 13th January – 3rd February 11am – 1pm at the Community Kitchen, 29a High Street, Newhaven.

Family Learning Art project – 18th – 19th February 10am – 2pm at The Hillcrest Centre.

Language and Play: 26th February – 26th March 9.30am – 11.30am on 19th and 26th March 9.30 – 12.30 at Denton Island Community Centre.

First Aid: 27th February and 6th March 10am – 1pm at Denton Island Community Centre.

### Seahaven Swim & Fitness Centre Tel 01273 512498 or [www.waveleisure.co.uk](http://www.waveleisure.co.uk)

Swimming Lessons available, Monday to Sunday. Tel for more details.

Seniors Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday.

Water Aerobics 12noon - 1pm Monday & Friday and Deep Water Aqua sessions now running 8.30 – 9.30pm every Tuesday and Aqua Zumba 8.30 – 9.30pm every Wednesday.

### SCHOOL HOLIDAY ACTIVITIES FOR CHILDREN & YOUNG PEOPLE

Includes lots of fun and exciting sessions in the pool - sea-scooter sessions, total float zone and super-splash as well as try dive scuba sessions in partnership with Newhaven scuba.

All new J-Fit Course for 11-16yrs in the Gym starting January 2015, every Wednesday 3-4pm. Please call for more details on 01273 512498. Look out for a programme full of fun for all at Seahaven Swim and Fitness Centre.

### Studio Tempo Dance Centre

High Street, Newhaven

Phone and check times during summer holidays please.

### Every Monday

Adults Morning Line Dance Classes – Beginners 9.15am and Improvers 10am. Join Territa's friendly drop in class, keep active for fitness and fun! £5.50 Tel 07931 930770 for details.

### Every Wednesday

Adults Ballroom and Latin Social Dance Class for Beginners. Come alone or with a partner, enjoy dancing for an active lifestyle at Studio Tempo Dance Centre, 7.30pm £5.50. Tel 01273 476565/513784 for details.

### Every Wednesday & Friday

Up The Tempo provides fun and creative classes for children aged 2 years and upwards. Come along to learn great dances to your favourite music. Pre-schoolers are introduced to the world of dance through 'Melody Movement'. Tel Stefanie 07852 323990 for more details.

### Every Friday

Adults Evening Line Dance Class for improvers and above at Studio Tempo, 7.30pm £5.50. Tel Territa 07931 930770 for details.

### Every Friday

Studio Tempo Adults Ballroom and Latin Social Dance Classes at the Hillcrest Community Centre. 6.40pm - Absolute Beginners Tuition. 7.15-8.00pm Dancing Practice for all, then tuition for higher levels. Tel 01273 476565/513784 for more details. Fee £5.50.

### Health Trainer Service

is free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited : One to one sessions (approx. 6 over a 3 month period) held at the Rehabilitation Centre, Church Hill 9am-2pm every Tuesday. 9am-1pm every Wednesday Children's Centre, Denton Island 1pm-4pm every Thursday

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

### JANUARY

10th Race Night at Riverside Hall, Riverside, Newhaven BN9 9BP. Proceeds to Newhaven, Lewes & District Mencap. Doors open 7.00 pm. The racing starts around 7.30pm. Entry fee £2. "Nibbles" supplied. Bring your own drinks. Come along and join in a fun evening, with a chance to WIN.

12th South Highton W.I. talk "Food Medicine" by Barbara Griggs at 2.15pm, South Highton Village Hall. Visitors welcome. For further details contact 01273 515404.

13th Storytelling for adults. All welcome. The GuestHouse Storytellers present professional storyteller Katy Cawkwell with "The Falcon Bride". "It seems unlikely that this is the last wedding where you will feature as the bride..." Beautiful, fierce and deadly, Hallgerd is not a woman to be taken lightly, ripping through husbands like a falcon through its prey. But has she met her match in Gunnar, a true Viking hero? Katy Cawkwell tells episodes from the great Icelandic Saga of Njal, bringing before you the passionate queen who curses the lover half her age when he leaves her and the initially poignant, finally devastating stories that unfold. Darkly comic, tragically romantic by turns, this tale will have you gripped and offers a fascinating glimpse into pagan society in the land of fire and ice. Katy has been storytelling for 20 years across Britain and beyond – she is well-known for unravelling complex narratives into compelling, glittering stories that linger in the mind long after they are told. "It was great, it was superb, it was magical, it was

enthraling" Ilkley Literature Festival review.  
Hillcrest Centre, Newhaven, BN9 9EA. Café opens 7pm.  
Stories from 7.30. £6 in advance/£8 on the door. Advance  
tickets from Hillcrest café or email Wendy Atkinson:  
wendy.atkinson@btinternet.com

15 – 25th Meeching Amateur Dramatics (MAD) presents 'A Chorus of Disapproval', a comedy by Alan Ayckbourn, over two weekends Thursday 15th to Sunday 18th January & Thursday 22nd to Sunday 25th January 2015 – Meeching Hall, Fort Road, Newhaven. 7.45pm each night except the two Sundays when Matinees only at 2.30pm. Tickets £8 from Meeching Estate Agents.

15th Meeching W.I. a talk by Peter White: Town Crier - Bellman Past and Present. Meeching Hall, Fort Road – 9.45am. New members/visitors welcome. Tel: 01273 515439 for more details.

17th Hillcrest Film Society presents THE LUNCHBOX (Cert PG). A mistaken delivery in Mumbai's famous lunchbox delivery system connects a young housewife to an older man through notes in the lunchbox. In an age of instant messaging and various social media, writer-director Ritesh Batra relies on scribbled notes tucked in tiffin boxes to deliver a charming, old-fashioned love story. A line in the film captures its essence beautifully: "Sometimes even the wrong train can take you to the right destination." Very rarely do you come across a film that moves at such a comfortable pace and is just about very simple human behaviour, when it comes to falling in love. Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.

19th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. SeeAbility, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (See www.escis.org.uk/access for people with disabilities).

30th RNLI Newhaven invite you to come along to the Lifeboat House, Riverside, West Quay from 11.30am to 2.30pm to enjoy 'Slurping Our Soup' and cheese rolls for just £3.50 per person. Although no longer the National Fundraising Day for the RNLI, 'SOS Day' is still a firm favourite with us locals! Entertainment will be provided by The Handbell Ringers and there will be a raffle. A very warm welcome awaits you. No need to book, just come along. Support your local lifeboat - Respect the water.

## FEBRUARY

3rd Newhaven Historical Society AGM, 7.30pm at the Hillcrest Community Centre, Hillcrest Road. After the business meeting our president Lord Greenway will present an illustrated talk on marine matters over the past year. Admission for non-members £2.

4th Paradise Park – Timely Talk – I I am. Bulbs of Summer – An exploration of summer bulbous plants and how they can be the 'energy saving' bulbs & corms for all gardeners. Free entry in the comfort of the coffee shop to include complimentary tea or coffee in the interval and special plant offer. Talk takes approximately 50 minutes.

5th Newhaven and Peacehaven U3A. A talk by Reuben Lanham on Ancestry, discover yours. 10.00am at the Baptist Church, Newhaven. New members always welcome, phone 01273 589953.

6th Newhaven Twinning Association Quiz Night, Denton Island Community Centre, Newhaven 7.00pm.

7th RNLI Newhaven are proud to announce that the Brighton Welsh Male Voice Choir are returning to St Michaels Church, Church Hill, Newhaven BN9 9HN from 7.30pm

for an evening of delight and entertainment from a wide repertoire of songs. Tickets are priced at a very reasonable £7.50 each and demand to experience the enchanting harmonies of this outstanding choir is bound to be high. Do not miss the opportunity - contact Ann on 01273 514841 or email:

rnlinewhaven.society@hotmail.co.uk for enquiries / ticket bookings. There is something in the soul of mankind that delights in singing in harmony. All proceeds to RNLI Newhaven. Support your local lifeboat - respect the water.

7th Silly Auction with food provided at Riverside Hall, Riverside, Newhaven BN9 9BP – on behalf of Newhaven, Lewes and District Mencap. Doors open 7.00pm. Pie and chips available. Bring your own drinks. Entry: £5.00 to include food, £3.00 if not eating. Come along and join in our Whacky Fun Evening (Proceeds to our Charity gratefully received).

9th South Heighton W.I. talk "Seaford Street Pastors" by John Kennett at 2.15pm, South Heighton Village Hall. Visitors welcome. For further details contact 01273 515404.

10th Storytelling for adults. All welcome. The GuestHouse Storytellers present professional storyteller Sahand Sahebdivani with "Speaker of Djinns". Do you believe in Djinns? My great-grandmother did! When her husband disappeared, fighting rebels in the mountains, she sought the counsel of a mystic. In the middle of the night they saw the Djinns taking the shape of her husband. He was badly hurt but trying to find his way home... In Speaker of Djinns Sahand takes you on a trip that mixes Persian classical stories with the adventures of his own family. Some of his stories are so unbelievable, you have a hard time discerning where the border lies between fantasy and reality. Sahand Sahebdivani was awarded the title 'National Storyteller of the Netherlands 2014'. He has performed on international stages in the UK, Belgium, Germany, Norway, Turkey and Egypt. "A powerful performer who delivers cutting irony and humour with an exceptional ease and naturalness that really engages the listener. A rare insight into Middle-eastern culture from the inside." Hillcrest Centre, Newhaven, BN9 9EA. Café opens 7pm. Stories from 7.30. £6 in advance/£8 on the door. Advance tickets from Hillcrest café or email Wendy Atkinson: wendy.atkinson@btinternet.com

16th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. SeeAbility, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (See www.escis.org.uk/access for people with disabilities).

19th Newhaven Gardening Society AGM, Age Concern Day Club, West Quay, Newhaven starting at 7.30 pm.

19th Meeching W.I. Mr Colin Bell : Audio/Visual Presentation at Meeching Hall, Fort Road 9.45am. New members/visitors welcome. Tel: 01273 515439 for more details.

21st Hillcrest Film Society presents ALL IS LOST (Cert 12A). Here is a film that's just about the sea and the sky and the struggle to survive. There is no back story and we are told nothing about the circumstances that bring the unnamed man (Robert Redford) to a place in the middle of the Indian Ocean. After a short, enigmatic monologue, we are immediately with him in the 39 foot yacht. He is sailing solo and comfortable in his own skin. All we know is the boat is named Virginia Jean, when suddenly it is damaged miles from anywhere. With no histrionics or distractions, the man simply gets on with repairing the damaged boat. One challenge follows another and slowly but surely the tension builds, enticing us into the shoes and under the skin of the man on the boat and allowing us to share the

experience with him. You'll be on the edge of your seat until the last frame. Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.

- 21st RNLI Newhaven Quiz Night with Fish and Chips Supper from 7pm at the Lifeboat House, Riverside, West Quay. Quiz Mistress Lyn Davies will be ready with the questions (and, hopefully, the answers!) and always ensures good order. This increasingly popular evening requires teams of 4 and, at only £8.50 per person, to include a delicious fish and chips supper, booking is essential. You are invited to bring your own bottle, although light refreshments will be available for a donation and there will be a raffle. Enquiries and bookings contact Lyn: 01273 517488 or email: [rnlinewhaven.society@hotmail.co.uk](mailto:rnlinewhaven.society@hotmail.co.uk) Support your local lifeboat - Respect the water.

## MARCH

- 1st Newhaven Fort opens for the 2015 Season. For details of what's on this year please visit [www.newhavenfort.org.uk](http://www.newhavenfort.org.uk)
- 4th Paradise Park – Timely Talk – I I am. Orchids of Delight – A prelude to the spectacular Mid Sussex Orchid Society Show (Sunday 8th March) at our garden centre. We look at the wide range of rewarding orchids to grow – both easy and difficult, with a show from our supplier, who provides Kew with their excellent range of orchids. Free entry in the comfort of the coffee shop to include complimentary tea or coffee in the interval and special plant offer. Talk takes approximately 50 minutes.
- 5th Newhaven and Peacehaven U3A Annual Quiz, Meridian Centre, Peacehaven at 2.00pm. New members always welcome, phone 01273 589953.
- 7th Newhaven Fort 'Home Fires' Open Day 10am - 5pm. Come and join us for a full day of activities to remember and learn about Newhaven and Seaford's WWI heritage. For more information email: [newhavenww1@gmail.com](mailto:newhavenww1@gmail.com) or call 01273 500842.
- 7th Coffee morning and table top sale at Riverside Hall, Riverside, Newhaven BN9 9BP. Proceeds to Newhaven, Lewes & District Mencap. 10.00am to 2.00pm. Home-made cakes and bacon sandwiches, tea and coffee provided at very reasonable prices. To reserve a table (£8.00 charge) to sell your goods, please phone 01273 517345.
- 9th South Heighton W.I. talk with Hands On "From Sheep to Knitting Wool" by Peter & Carol Goodman at 2.15pm, South Heighton Village Hall. Visitors welcome. For further details contact 01273 515404.
- 10th Storytelling for adults. All welcome. The GuestHouse Storytellers present "The Best Medicine". They say that laughter is the best medicine. In the month when hares go mad and lambs gambol we invite you to shake off the winter blues with an evening of high-spirited tales of life, love and laughter. Dig out a funny story – true or traditional - or just come for a laugh. To book a slot to tell a story (ten minutes max) please email Wendy at [wendy.atkinson@btinternet.com](mailto:wendy.atkinson@btinternet.com) Hillcrest Centre, Newhaven, BN9 9EA. Café opens 7pm. Stories from 7.30. £5/£4 concessions on the door.
- 16th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. SeeAbility, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (See [www.escis.org.uk/access](http://www.escis.org.uk/access) for people with disabilities).
- 18 – 21st 'Home Fires: A haunting story of love and loss during the Great War'. Large scale theatrical production with music,

dance, sound installations, projections and performance. For more details visit [www.newhavenfort.org.uk](http://www.newhavenfort.org.uk) or email [newhavenww1@gmail.com](mailto:newhavenww1@gmail.com)

- 19th Meeching W.I. A talk by Mrs. Marsh Hobbs: Secrets of the Royal Pavilion. Meeching Hall, Fort Road – 9.45am. New members/visitors welcome. Tel: 01273 515439 for more details.
- 19th Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay. A talk on 'The Work of Kent, Surrey and Sussex Air Ambulance' starting at 7.30pm. Visitors always welcome. Cost £2 including tea and biscuits. Further information contact Jenny on 01273 516433 or Joyce on 01273 515610.
- 21st Hillcrest Film Society presents NEBRASKA (Cert 15). A funny and tender film about Woody and David, an elderly father and his middle-aged son taking a very uncomfortable road trip together. Woody has received a junk-mail flyer appearing to promise him a \$1m lottery payout. Not trusting the post, he insists on collecting it in person from an office in Lincoln, Nebraska. It is an obvious scam, but Woody becomes obsessed with making the journey on foot if necessary, as his drinking problem rules out getting behind the wheel. So just to humour his dad and spend a little quality time with him, David offers to drive, but on-route a reunion in Woody's hometown raises some painful family secrets. It's a story of bittersweet pathos, comedy and regret with a superb performance from Bruce Dern. June Squibb is glorious as Woody's plain-speaking, furious wife. Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.
- 27 – 29th RNLI Newhaven are proud to announce the Sovereign Seas Folk Festival weekend. Following their two successful Sea Shanty and Entertainment evenings during 2014, Hard Pressed will be returning to perform at the Boathouse as well as at other local venues, raising vital funds in aid of RNLI Newhaven. Joined by Charlotte and Spong, John Cave, Long Man Morris and Marlings Clog, among others, the Folk Festival weekend really is one not to be missed. Further information is available from [www.sovereignseasfestival.co.uk](http://www.sovereignseasfestival.co.uk) Ticket enquiries and bookings email: [rnlinewhaven.society@hotmail.co.uk](mailto:rnlinewhaven.society@hotmail.co.uk) Support your local lifeboat - Respect the water.
- 28th Newhaven Twinning Association Car Boot Sale, Paradise Park, Newhaven. Sellers from 8.00am, buyers from 9.00am.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. [www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk). The deadline for the next edition (events in Apr/May/June) is 27th February 2015 – please contact us if you are organising an event during those months – email [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk). The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.



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