

# Newhaven *Matters*

SPRING 2015 // Issue N° 05



**Welcome** to the Spring edition of  
Newhaven *Matters*, the free newsletter for Newhaven  
residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk)

# Spring 2015



How lovely to see a bit of spring! A pity it did not help us with the Supreme Court decision on West Beach which told us we do not have a right to use the beach. This will not, however, stop us trying to negotiate with the port owners in France to get permission to use the beach.

It was a great pleasure to be able to present the Young People's awards to some of the best of our wonderful young people. I have been impressed with them all at remembrance days, confidently taking part in community events and guiding me round their schools, clubs and organisations.

At the other end of the scale I have met many older folk too

at the clubs and organisations helping them to keep up social contacts and deal with the issues that arise for them. I am amazed at the number of folk in their 80s who are still actively running things for themselves and each other.

We have another neighbourhood plan questionnaire inside to help us fill in some details around what you have told us already.

As my mayoral year comes to an end I would like to say a big thank you to everyone who makes a contribution to the life of our town. It would not be the same without you.

**Councillor Judith Ost**  
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk) or phone her on 01273 516100

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# Lewes Hike and Bike Festival



With stunning countryside and fantastic coastline around Newhaven providing some of the best walking and cycling anywhere in the South East, it is little wonder that the Lewes Hike & Bike Festival is back, bigger and better than ever.

Opening on 30th May with a 'street fair' in Lewes precinct the Festival has a full programme of guided walks and rides going through to 21st June.

There is something for everyone, no matter how inexperienced or unfit you think you are, with many walks and rides taking just a few hours including stops for refreshments. There are also all day hikes and rides, short nature rambles, town centre lunchtime walks as well as training courses, including bike maintenance.

Joining one of the Festival walks or rides will be the perfect opportunity to meet new friends and explore the spectacular landscapes right on our doorstep.

Walks and rides start from towns and villages right across Lewes District and most are free to join.

The Festival has organised a special programme of events starting and finishing at Peacehaven's Big Park on Saturday 20th June. There will be family rides, nature walks, children's activities, stalls and displays.

Getting involved is really easy. Just go to the Festival website and take a look at the up to date programme or you can get involved on Facebook and Twitter.

For more information and programme details go to the Festival website at [www.leweshikeandbike.co.uk](http://www.leweshikeandbike.co.uk).

Facebook: Lewes Hike and Bike Festival

Twitter: @LewesHikenBike

**For more information contact:**

Brian DeVal,  
Festival co-ordinator  
E: [brian@briandeval.co.uk](mailto:brian@briandeval.co.uk)  
T: 07967 827212



## Seahaven FM

Seahaven FM is the local community radio station for Newhaven, Seaford and Peacehaven and plays music drawn from the last seven decades, as well as covering a wide range of local news and events that directly shape the lives of people who live and

work in the area.

The concept of the station was born out of the vision of Seahaven FM's founder, Nick Mallinson. It has attracted many local people and former professionals alike to make Seahaven FM informative and enjoyable for the local community.

The station is not-for-profit and all the presenters are volunteers fitting their shows in around their lives and work commitments.

Breakfast presenter David Scott has been in professional broadcasting for nearly 40 years and has been on BBC Radio 2, Southern FM and also some local commercial and BBC radio stations. In the station's seven year history a number of young presenters

have gone on to work in the commercial sector and for the BBC.

The Seahaven FM website provides lots of information relevant to the community it serves. This includes news and an extensive guide to what's on locally.

You too can get involved by telling the station about what you or your club is doing in your town. Or you could become one of the station's volunteers, either working behind the scenes or there are sometimes opportunities to learn about becoming a presenter or about news production.

The station's website is [www.seahavenfm.com](http://www.seahavenfm.com), you can call the office on 01323 891424 or email [info@seahavenfm.com](mailto:info@seahavenfm.com).



# NEWHAVEN'S YOUNG HEROES RECOGNISED

Newhaven's outstanding young people received awards at a special ceremony at the Hillcrest Community Centre on 3rd March. The awards were held as part of the annual Town Meeting hosted by Newhaven Town Council.

There were three categories – Young Person of Courage, Young Sportsman and Young Carer – and an additional overall award, the Newhaven Community Award, the winner of which was chosen out of all the categories.

The winner of the Young Person of Courage award is George Dawes. George has been involved in a project called "Keeping it Real" which aims to break down stigma attached to mental health issues. George received his trophy and cheque from Annie Lorys, President of the Newhaven Chamber of Commerce which sponsored the award.

The winner of the Young

Sportsman award is Callum Peploe. A member of the Hillcrest amateur boxing club for 2 years, he is the most outstanding young person the club has had in its 10 year history (there have been hundreds). This award was sponsored by Wave Leisure and Callum received his trophy and cheque from Duncan Kerr, their Chief Executive.

The winner of the Young Carer award is Tommy Cole. Tommy's Mum suffers from seizures and has mobility issues which mean that she cannot be left alone. Tommy helps around the house and allows other family members to have more time for themselves. Tommy was presented with his trophy and cheque by James Batchelor of Computer Eyez who sponsored this award.

The overall winner of the Newhaven Community Award for young people is Aaron Winsor. Aaron was nominated for the Young Person of Courage Award. Aaron lost

his Mum last summer to breast cancer. Aged just 13, he organised a fundraising event with two friends, where they shaved their heads. His focus and passion are inspiring; he is trying so hard to make some positives come out of such a sad situation. Aaron received his award from Roxanne Haid of the Newhaven Enterprise Centre which sponsored this award.

Very many congratulations to all the winners and to all the other young people who were nominated. Newhaven should be very proud of its young people!





# The Festival of Sound 2015

Unique music festival 'The Festival of Sound' returns to Newhaven Fort on the 12th September 2015. The much acclaimed event which sold out in a matter of weeks last year, is building on the success of the first one, adding circus acts to the already busy schedule. 35 different bands and DJ's are expected to play the five stage areas set up around the historic fort.



# CASTLE HILL

*Newhaven's historic,  
environmental and scenic gem*

Castle Hill occupies one of the most prominent locations in Newhaven, south of the town and west of Newhaven Fort.

It is a Site of Nature Conservation Interest and the cliff is a Site of Special Scientific Interest with strata amongst the most important in the country. Owned by Lewes District Council, it is managed in partnership with the Castle Hill Group.

The Castle Hill Group, which was formed in 1999, has won regional and national awards for their work on the reserve, including the Queen's Award for Voluntary Service, the

Festival of Sound organiser Dean Amy said: "As well as bringing all types of music to this amazing venue, we hope to bring a new fun element to the festival with circus performers utilising the unique layout of the fort."

As well as transforming the fort into a mass of sound, the festival also adds a huge array of colour and effects to the scheduled ancient monument including lasers, sky scanners and a huge professional firework display for the finale.

Fully licensed bars and a number of food and merchandise stalls as well as “have a go” workshops will be running throughout the event.

Mr Amy added, "The infrastructure going in and around the fort to put this



Government's Respect award, the South East in Bloom Best Nature Reserve award and several Green Flag awards.

The group meet at the top Fort carpark on the first Sunday of every month at 10am. They maintain footpaths, clear scrub, pick up litter and carry out surveys of the vast variety of flora and fauna on the reserve. Some members also give a number of walks and talks throughout the year.

Chairman Graham Amy said, "Castle Hill is a jewel in Newhaven's crown and well



event on is quite staggering, fortunately we have a number of professional companies locally that are able to assist in this area.”

Doors will open at 12.00 noon  
and the festival will run until  
11.00pm.

Tickets are available now from Newhaven Fort priced £20.00 each.

worth a visit. Our gatherings are informal, good fun and a good way to exercise while enjoying one of the finest views in the south of England."

The Castle Hill Group is open to anyone, whether they have skills or not, and to people of any age group. Why not join them?

For further information please  
contact Graham on 01273  
514942.







# WEST BEACH – THE FIGHT GOES ON

As most people will have heard by now, the Supreme Court ruled against the town and county councils on 25th February. The five judges agreed to allow NPP's appeal and decided that the beach cannot be registered as a village green.

The grounds given for the judgement are that the existence of the port byelaws, even though they were not drawn to the attention of the public, had the effect of conferring permission on the public to use the beach and that if village green status was granted this would create an incompatibility between the statutory power of the port authority to operate the port and the statutory rights of the users of the village green.

The town council has not given up and will continue to try and get the beach re-opened by negotiation with NPP. We have done this repeatedly throughout the process, trying to reach agreement outside the court. The judgement of the Supreme Court means that the beach has been

used by local people for generations by permission of the port authority – and we will continue to seek practical solutions to health and safety concerns which can enable permission to be granted again.

A letter has been sent to NPP's French directors in Rouen asking for a meeting to discuss the situation further. In the meantime, a video is also being made showing how local people feel about the closure of the beach. It is hoped that this can be shown to the board of directors to bring home to them the effects of their decisions on the people of Newhaven. It may be difficult for them to appreciate this fully from the other side of the English Channel. The voice over for the video will be in

French and the interviews with local people will be subtitled in French.

At the time of writing this article the town council is seeking legal advice about its right of way application in the changed situation.



# Newhaven's First World War

*Following on from the last three issues of Newhaven Matters, we continue to look at what was happening in Newhaven at the outbreak of the First World War.*



Princess Louise by Philip de Laszlo, 1915

## Princess Louise visits Newhaven 21st April 1915

Princess Louise, fourth daughter of Queen Victoria, visited The Women's War-Time Club Hut in Meeching Rise, Newhaven. The club was set up by the YWCA to provide a venue where the troops in the town could take 'their female friends who visit them, and to spend a happy time in

comfortable surroundings'. In her speech, Princess Louise remarked that the men 'had that building to come to, and when they left, their heart and soul would be cheered by the thought of the joy, fellowship and kindness which they had enjoyed there'.



## Newhaven's First World War Newsletter

An electronic newsletter, with stories about Newhaven during the First World War, will be published six times a year as part of the Town Council's heritage lottery funded project. If you would like to receive a copy of the latest edition "Newhaven's Women at War", and go on the mailing list for future editions, please email Jenny at [newhavensfww@gmail.com](mailto:newhavensfww@gmail.com) or phone 01273 516100.



## A Soldier's Gratitude – May 1915

Wishing to express his appreciation for the kindness shown to him whilst a patient at Newhaven Military Hospital (Hillcrest Centre), a private in the Army Service Corps offered his car as a gift to the authorities. The man paid £6 to send the car by rail to Newhaven, from his home in the North of England. The car, a 20 h.p. "Britannia", which would have cost £500 when new (the equivalent of nearly £35,000 today), was used to take patients and staff out for trips and to transfer patients to other hospitals.



Red Cross Nurses at Newhaven Military Hospital (Hillcrest Centre) – photo supplied courtesy of Newhaven Museum

**Do you have any First World War stories?**

*We would love to hear them.*

Would you like our Project Officer, Jenny Flood, to come and talk to your group about what was happening in Newhaven during the First World War?



**Newhaven's WWI on Facebook and Twitter**

You can like us on Facebook at [www.facebook.com/NewhavensFWW](https://www.facebook.com/NewhavensFWW) and follow us on Twitter at [www.twitter.com/NewhavensFWW](https://www.twitter.com/NewhavensFWW)



# NEWHAVEN BOWLING CLUB

The first bowling club in Newhaven was formed 113 years ago in 1902 and was one of a small number of Sussex clubs who were founder members of the English Bowling Association (now Bowls England).

The club facilities were extensively damaged during WW2 and the current green at Fort Road recreation ground was laid in 1946.

Newhaven is a mixed club and plays mixed and ladies matches at Newhaven and other clubs between Hove and Eastbourne. The clubhouse has changing facilities for home and visiting clubs and a kitchen to provide light refreshments during matches. In the winter they run Social events such as quizzes, bingo and coffee mornings.

They have a Junior Section on Saturday mornings from 10.00 to 11.30 that is organised by their qualified County Junior Coach. There is no membership fee, just a weekly sub of £1 per junior. Parents and grandparents can just bring their youngsters along and the club will do the rest.

Newhaven Bowling Club is always looking for new members and will be pleased to see you. Experienced

players or beginners will be most welcome. Coaching and bowls are available so all you need to start are some flat shoes. Come along to their open morning on 9th May, 10.00am to 1.00pm and make some new friends and get some gentle exercise.

For more info contact Doug Booth 01273 516530 or email [dbooth1001@aol.com](mailto:dbooth1001@aol.com)  
[www.freewebs.com/newhavenbowls](http://www.freewebs.com/newhavenbowls)



## Newhaven Flood Alleviation Scheme

*Working together to reduce flood risk in Newhaven*



The Environment Agency and Lewes District Council, with support from Coast to Capital and South East Local Enterprise Partnerships, are working together to reduce flood risk to 437 homes and 392 businesses in Newhaven.

In February 2015 two public drop-in exhibitions were held at the Hillcrest Centre in

Newhaven, which revealed draft options to reduce flood risk in the town. The exhibitions provided an opportunity for local residents and interested groups to talk to the project team and comment on the draft plans that have been developed for the scheme so far.

Overall feedback on the plans was very positive. Most people felt that the scheme was necessary, well designed, and that local knowledge is being considered in the design process.

This spring, contractors will be carrying out ground investigation work to better

understand the ground conditions where defences will be built. The next stage is to decide the preferred design options for the scheme, and consult those people who may be directly affected by the proposals, before any detailed designs are developed.

Building is planned to start in 2016 and with completion in 2019.

If you would like any further information on the project please contact the Newhaven Flood Alleviation Scheme project team by email at [newhavenfas@environment-agency.gov.uk](mailto:newhavenfas@environment-agency.gov.uk) or call 03708 506506.



## College to open new careers for young people

A hundred years ago the marine workshops at Railway Quay trained engineers and carpenters to maintain boats and trains that served Newhaven port. Now they are being reinvented as a state-of-the-art college offering an outstanding academic and technical education to equip young people with the skills today's employers and universities demand.

UTC@harbourside is a unique school, the only one of the new university technical colleges for 14 to 18 year olds that will cater for students across Sussex interested in science, technology, engineering, maths and computing. It is state-funded and will have a specific

focus on marine engineering and environmental technology.

The college is on course to open in September: the building and inspiring staff team are taking shape, students are signing up and employers have pledged to develop real-life projects for them to work on.

Jonathan Clarke, Principal Designate says, "My vision is that it will become a centre of excellence preparing students for fulfilling careers.... students can expect a light, spacious building designed for the 21st century with low environmental impact and fitted with high-tech facilities and equipment. We'll expect them to take a lot of



responsibility for their own learning, while an extended school day, off-site visits and employer-led projects will prepare them for the world of work."

At full capacity UTC@harbourside will have 600 students and about 50 staff, making a significant contribution to the life and prosperity of Newhaven and the wider region. Some spaces are still available for Y10 or Y12 pupils in September - for details see [www.utc-harbourside.org](http://www.utc-harbourside.org) or email [jonathanclarke@utc-harbourside.org](mailto:jonathanclarke@utc-harbourside.org).

## TOWN COUNCIL NOTICEBOARDS

These days so much information is available online and the town council uses both its own website and its Facebook page to let people know what is happening in the town.

However, we know that not everyone in the town is online and so it is important to use more traditional ways to tell people about things too. One of the ways we do this is via this magazine – another is by putting information on our noticeboards.



**Do you know where these are?** They are spread across the town at the following places:

- Town Centre (on the wall of the Breakout Centre)
- Outside the Town Council offices in Fort Road

- On the corner of Fort Road and Court Farm Road
- Gibbon Road by the shops
- The Fairway just to the west of the junction with Brazen Close
- Valley Ponds – on the corner of Valley Road
- Denton Corner – on the wall by the Chinese restaurant
- Denton Road – on the wall outside the Flying Fish
- East Side – on the wall of the East Side social centre in Norton Terrace





## RESPECT THE WATER

The RNLI's Respect the Water campaign was launched in August 2013 at Brighton Beach and, although the message is slowly being heeded, it is more relevant and more important to raise awareness in 2015 as the nearby shoreline continues to claim young lives. The RNLI want to ensure that as many people as possible know the dangers whilst appreciating and enjoying the water.

Fundraising in support of the campaign and for the volunteer lifeboat crew continues in earnest, with events throughout the year such as quiz and music nights. Check the What's On listings in Newhaven Matters.

Newhaven & District Lifeboat Society encourages all members of the community to join in. Contact [rnlinewhaven.society@hotmail.co.uk](mailto:rnlinewhaven.society@hotmail.co.uk) if you

are interested in joining the FUNdraising Team.



### Want great offers and discounts?

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**FREE PINT OF COBRA\***  
when you bring this advert.

\*Per person with the meal. Eat in only.

[www.viceroynewhaven.co.uk](http://www.viceroynewhaven.co.uk)

4a, Bridge Street, Newhaven, East Sussex. BN9 9PJ

# Growing Together

## Newhaven's Community Garden

The Newhaven Growing Together Community Garden was set up in January 2010, with support from NCDA and a People's Millions grant from the Big Lottery. The garden achieved charitable status in September 2014.

The aim is to provide the local community with a space that they can use as their own and enjoy throughout the year. Working parties meet at the garden every Tuesday morning and on the second Sunday every month.

**Now that spring is here there are many plans to develop the garden further:**

- Making a concrete base for a new 8' x 6' tool shed.

- Completing the interior of the summerhouse.
- Constructing raised beds, suitable for people with disabilities to work on.
- Making a barbecue.

Of course, being spring, there will be plenty of sowing, planting and weeding to do as well.

Communal gardening is about fun and friendship so get in touch if you would like to be involved. Delicious veggies, friendly folk, courses run throughout the year, all in a beautiful location on the clifftops with views of Seaford Head – why not come along?

Contact Peter Rhodes at the Hillcrest café on 01273 517386



This picture by Rosemary Jeanneret shows the archway leading into the Willow Circle, part of the Newhaven Community Garden on the clifftops at Harbour Heights.

or evenings on 01273 517325.  
Email: yelyah7@yahoo.co.uk.  
[www.growingtogethernewhaven.org](http://www.growingtogethernewhaven.org)

## H2 College

Some of you may have noticed the appearance of groups of students in Newhaven. Most of them are Austrian teenagers.

*"The people here are so friendly. We really feel at home."*

All of them are students of H2 College, a language school that has recently moved over to the Hillcrest Centre.

H2 has been organising courses for students for several years now, working with Austrian schools to provide English lessons, host family accommodation and a wide range of trips, sports and other activities.

Originally based at Newlands School in Seaford, things were going well until the

closure of Newlands forced H2 to relocate. At the time, there didn't seem to be anywhere available but before long the team found themselves preparing classrooms and offices at the Hillcrest ready for their first group.

Initially they were a little unsure of how things would run but needn't have worried as the students were met by friendly faces, and kind words. The H2 College, Hillcrest was up and running.



### THE TEAM

Helly Hirner, owner of H2  
Mark Cage, H2 College UK Manager  
Angie Hunter, Host Family Organiser  
[www.h2college.at](http://www.h2college.at)





# Newhaven Neighbourhood Plan 2030

## Residents Town Centre Survey

March-April 2015

Over the last few months we have been consulting with the community to find out where you think new homes for Newhaven should go, and how Newhaven can improve over the coming years. This is so we can write a Neighbourhood Plan that is led by the ideas of local people.

Newhaven Town Council is carrying out a survey of the old Town Centre area (the area within the one-way system sometimes referred to as 'Old Town').

Knowing what you think of the shops and this area generally, will give us more evidence for when we write the Newhaven Neighbourhood Plan and to speak with the backing of residents, when we ask for funding and support to improve the Town Centre from other organisations.

**PLEASE COMPLETE, REMOVE AND RETURN THIS MIDDLE SECTION  
of Newhaven Matters BY 24TH APRIL 2015 AT THE LATEST**

### Completed surveys can be returned to the following places:

Town Council offices, 18 Fort Road, Newhaven  
Searchlight Charity Shop, 37 High Street, Newhaven  
I like a sweetie, 26 High Street, Newhaven

This survey can also be filled in via the link on the Town Council Website  
[www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk)

We want to produce a plan that has the support of the local community so please tell us what you think.

**Thank You**



## Please let us know your views by ticking the appropriate

1. Which age group are you in?	0-15 <input type="checkbox"/>	16-29 <input type="checkbox"/>	30-44 <input type="checkbox"/>	45-64 <input type="checkbox"/>	65+ <input type="checkbox"/>
2. Do you consider yourself to have a limited mobility issue?	Yes <input type="checkbox"/> No <input type="checkbox"/>				
2a. If yes, how does this affect your use of the Town Centre?					
3. Where do you live?	West of the River Ouse <input type="checkbox"/> East of the River Ouse <input type="checkbox"/> Denton <input type="checkbox"/>				
4. How often do you visit the Town Centre? (please tick only one)					
Never <input type="checkbox"/> Less than once a year <input type="checkbox"/> Once a month or more <input type="checkbox"/>					
Once a week or more <input type="checkbox"/> Almost every day <input type="checkbox"/>					
5. Why do you visit the Town Centre? (Tick all that apply)					
Post Office <input type="checkbox"/> Street market <input type="checkbox"/> Meeting friends/family <input type="checkbox"/> Library <input type="checkbox"/> Job Centre <input type="checkbox"/>					
Social Club <input type="checkbox"/> Charity shops <input type="checkbox"/> Food store <input type="checkbox"/> Other shopping <input type="checkbox"/> Solicitors <input type="checkbox"/>					
Estate agents <input type="checkbox"/> Betting shops <input type="checkbox"/> Work there <input type="checkbox"/> Hairdresser/Beauty services <input type="checkbox"/>					
Leisure/Sports facilities <input type="checkbox"/> Restaurants/Café/Takeaways/Pub <input type="checkbox"/>					
5a. Other reasons:					
6. What facilities and services would you like to see in the Town Centre?					
7. What do you like best about the Town Centre?					



boxes and writing your comments in the spaces provided.

8. What do you like least about the Town Centre?

9. What improvements to the Town Centre would you like to see? (Tick all that apply)

New paving ☐ Replacement street lights ☐ More trees and green landscaping ☐

Seating ☐ Improved appearance of historic buildings ☐ Covered area ☐

Sculptures and public art ☐ Improved shop fronts and signs ☐ Free parking ☐

Street parking ☐ Street cleaning ☐ Improved pedestrian area ☐ Improved bus stop area ☐

9a. Other suggestions:

10. Would you support a one-way traffic system through the High Street? Yes ☐ No ☐

11. Would you support a fully pedestrianized High Street? Yes ☐ No ☐

12. Would you support the idea of allowing community buses to use the High Street?

Yes ☐ No ☐

13. Are there any other comments you would like to make about the Town Centre?

**THANK YOU FOR COMPLETING THIS SURVEY**

# BREAKOUT COMMUNITY CENTRE

11 Newhaven Square, BN9 9QS



The Breakout Community Trust is a registered charity run by the Trustees and a manager with a team of volunteers. The Centre has been in operation since 2009 and aims to provide a haven of help, friendship and support for all members of the community. It is unique in the town. There is a cafe area offering free tea and coffee and a safe, secure environment where people can sit and chat,

meet friends or just take time out to be quiet. A pool table is provided for those who wish to use it.

The centre is run by volunteers who come from the churches in Newhaven and who have received some training to offer a listening ear if needed. Other services include signposting to channels of help for various difficulties and guidance with form filling. Appointments can be made to speak to a professionally qualified counsellor who attends.

The Meridian Forum and Community Police make regular visits. The facilities are also available for use by community groups by arrangement.

In order to cover running costs for the Centre, a charity shop has recently been set up. It is managed by Karlah Donner with her team, all of whom are volunteers.

The shop has a good footfall and there is always a need for more volunteers.



*Why not pay a visit and see for yourself?*

## La Baguette Shop

For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks

Hot and cold drinks

All to eat in or take away

Open Monday to Saturday

31 High Street Newhaven,  
01273 516129



Why not come and see your local Accountants  
**Tasker Osman & Co.**

Please call us on 01273 512749

to arrange a **FREE** no obligation meeting  
at your convenience with one of our team  
to see how we can help.



**Tasker Osman & Co.**  
Financial Accountants

Website: [www.taskerosman.co.uk](http://www.taskerosman.co.uk)  
Phone: 01273 512749  
Email: [jon@taskerosman.co.uk](mailto:jon@taskerosman.co.uk)  
Address: 10 South Way, Newhaven  
East Sussex BN9 9LL

# Howzat for summer fun?

Denton Community Challenge is an action-packed event for families and young children, which celebrates local clubs and societies active in our area.

This year's event, 'Howzat', is set to take place on Saturday 6th June at Avis Way Recreation Ground. Local groups will provide sporting 'challenges' to keep everyone involved on the day, but also promote their own programmes and activities, as well as raise much needed funds.

Everyone in the local community is invited to come along from 1pm until 5pm to enjoy another round of fun and games including stalls, competitions, displays and crafts.

The sporty logo was designed by competition winner Mariama, aged 10 from Denton. Congratulations and thanks to Mariama!



Among the prizes up for grabs are a signed Sussex County Cricket Club cricket bat, and two tickets to New York with Virgin Atlantic. As always, money raised will go to local charities and worthy causes.

*Please come along to help make this summer event bigger and better than ever!*

DCC is a committee of volunteers from associations including James Daniels Memorial Fund, Denton Church and Friends and Associates of Denton School.

#### Further details:

[www.facebook.com/DentonCommunitychallenge](http://www.facebook.com/DentonCommunitychallenge)

Contact: [dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com)

Cliff: 07802716830  
Tricia: 07843662794



## Keep Denton Tidy

Remember the Keep Britain Tidy campaign? A group of volunteers in Denton would like your help with Keep Denton Tidy.

For several years Cliff Dargonne has organised a spring litter pick with local residents and the support of Lewes District Council with equipment and the collection of rubbish. 'Hard core' helpers have been Cliff, Colin and Wendy Hughes, Dave and Evelyn Payne, Richard Jones and Gerald and Angela Simmons. Ness provides the excellent refreshments and cake, a tradition everyone hopes will continue!

The group is also aware there are other residents of Denton who regularly collect litter and would like to thank them all, especially Mrs Sheila Nice of Denton Rise.

This year the date will be Sunday 12th April, meeting at the corner of Denton Road and Heighton Road at 10am. A rewarding and entertaining morning is promised! The more helpers there are, the more litter and rubbish can be collected and removed.

Look out for strategically placed posters reminding you of this auspicious occasion. If the weather is particularly bad an alternative date is provisionally set for Saturday 25th April.





# Living well with Dementia

*We probably all know someone, be it relative, friend or neighbour whose lives have changed when they have developed dementia. However, many people with the condition still work, drive, go to the theatre or cinema and participate in local community events.*



In 2009 the Government launched a national dementia strategy to tackle one of the greatest challenges facing our ageing society. The National Dementia Declaration launched the Dementia Action Alliance (DAA) to bring about a society-wide response to dementia. The High Weald,

Lewes and the Havens Clinical Commissioning Group (our CCG) has recognised the need to set up small neighbourhood alliances whose aim will be to create Dementia Friendly Communities in which those with the condition can live well.

A group of like-minded people have been working together for some time with the aim of involving local businesses and organisations to develop a Dementia Friendly Community. They aim to form a Dementia Action Group in the Havens area (Newhaven to East Saltdean) and to be a strong voice for people with dementia enabling them to live well in a safe community.

A public meeting will be held on Wednesday 8th April from 11.00am – 2.00pm at the Meridian Centre, Peacehaven. A sandwich lunch will be provided so for catering purposes please book a place: contact Kate on 01273 516207 or [cate.davies@hotmail.co.uk](mailto:cate.davies@hotmail.co.uk).

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## Hearing Aid Maintenance

The East Sussex Hearing Resource Centre offers free basic hearing aid maintenance for people who wear NHS hearing aids and comes to Newhaven Day Club monthly. Batteries and re-tubing are provided free of charge, supplied by NHS. Sessions are on the 2nd Tuesday each month from 11am to 12 noon at the Day

Club. Upcoming dates are 14th April, 12th May and 9th June. Look out for future dates in the What's On section of Newhaven Matters.



# Newhaven Day Club

West Quay, Newhaven

Newhaven Day Club was started in 1967 by Newhaven people for Newhaven people and the surrounding area. It currently has about 70 members and is open to all local people aged 50 and over. It is not part of Age UK but is affiliated to them. The club is totally independent financially and responsible for all its running expenses which it raises by hiring out the hall, yearly subscriptions (a very reasonable £10), the sale of donated goods, raffles and jumble sales.

Activities include bingo once a fortnight, snooker, art and craft classes and a monthly racing game. Tuesday mornings are time to chat over tea or coffee and catch up with friends. On

Fridays members can enjoy a home cooked 2 course lunch for £4. There is an annual party in the summer and a 3 course lunch at Christmas for just £4.

Outings are arranged as and when there is enough interest.

The Club needs new and younger members (people with office skills would be much appreciated) to ensure its future so please get in touch! For more information call 01273 512708.



## OPENING HOURS

Alternate Mondays  
11am - 4pm Bingo

Tuesday 10am - 12 noon  
Tea & Coffee morning

Racing game once a month  
in the afternoon

Wednesday closed  
- hired by Age UK

Thursday 10am - 4pm  
Tea & Coffee morning

Arts & Crafts alternate  
weeks in afternoon

Friday 10am - 1.30pm  
home cooked lunch

# New local Social Club

'ELDERBERRIES'

The Royal Voluntary Service has launched a new Social Club for the over 55s. The club aims to provide interesting and informative activities in a relaxed environment which will enable people who may feel isolated or alone to make new friends and socialise.

The club meets fortnightly on a Monday afternoon at the Day Centre, West Quay, Newhaven from 1.00 – 3.00pm.

Elizabeth Bustard, Service Manager for the scheme says, "We are very aware of the number of lonely older people living in the Havens area and are very keen to encourage them to join us. We have arranged a full programme

of activities throughout the year and are excited about the prospect of being able to reach out to a wider community of older people from across the area."

Royal Voluntary Service supports over 100,000 older people each month to stay independent in their own homes for longer with tailor made solutions. Through its army of 36,000 volunteers, the charity runs services such as Good Neighbours (companionship), Meals-on-Wheels and Books-on-Wheels that alleviate loneliness and help older people. Royal Voluntary Service also provides practical support for older people who have been in



hospital through its On Ward Befriending and Home from Hospital services.

For more information contact Elizabeth Bustard on 01273 611441 or [getwellstaywell@royalvoluntaryservice.org.uk](mailto:getwellstaywell@royalvoluntaryservice.org.uk)

For more information on the Royal Voluntary Service please visit [www.royalvoluntaryservice.org.uk](http://www.royalvoluntaryservice.org.uk)





# Newhaven Fort reopens for Spring

Spring has sprung and the season is well underway at Newhaven Fort. There's lots to keep you entertained through the Easter Holidays and beyond, with the ever-popular Jaws 'n' Claws animal handling sessions (1st & 8th April), Easter craft workshops (2nd April) and a visit from the Southern Skirmish Society, who'll be bringing a taste of the US Civil War to the Fort from 4th – 6th April. On 10th April there are workshops to enable you to become part of the 'living art' project, creating a 3D street scene which will

grow throughout the season. The Fort is also pleased to be hosting the annual Sussex British Motorcycle Owners Club rally on 26th April.

May sees the 70th anniversary of VE Day and the Fort is throwing a street party on 9th May in commemoration. There'll be music, children's activities and educational talks throughout the day. The Southern Classics Society will be parading their classic cars on Sunday 17th May and over the late May bank holiday weekend (23rd – 25th May)

the Fort will be taken over by living history groups in the annual Festival of History. Free tickets for Newhaven residents will be available for this weekend. There's so much to get involved with so why not visit the Fort this Spring and see history come alive?

For more information on any of the above visit:

Website:  
[www.newhavenfort.org.uk](http://www.newhavenfort.org.uk)  
 Facebook:  
[www.facebook.com/newhavenfort](https://www.facebook.com/newhavenfort)

## Newhaven Tennis Club

Newhaven Tennis Club is a small friendly club run by a committee that offers members the opportunity to play tennis all year round.

For youngsters up to 14 years of age there are coaching classes on Monday evenings from May to September, as well as the popular Saturday morning junior classes throughout the year. All coaching fees are at minimal costs on an hourly basis. The club has a well-established policy in place for the safeguarding of children and young adults along with a Club Welfare Representative.

Generally, members can play at any time, but there are specific session times for juniors and adults.

Free 'Play Tennis' events are scheduled for Sunday 14th June (12 noon-4.00pm) and Sunday 5th July (10.00am – 2.00pm). These events are open to anyone, young or old to have a go at tennis. Beginners and families are most welcome. A huge 50% discount will be given to all new members up to the end of June 2015.

For further details contact the Club Secretary: Bob Jackson.  
 T: 01273 512162 | E: [mailrkjackson@yahoo.co.uk](mailto:mailrkjackson@yahoo.co.uk)  
[www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)



### ANNUAL CLUB MEMBERSHIP:

New junior members can join for as little as £15.00 annual membership.

New adult members £47.00 annual membership.



# Norcross Dance Centre

*Norcross Dance Centre is based in Denton and is a dance school for children age 2+. Styles include Ballet, Tap, Contemporary, Musical Theatre and Disco.*



The friendly, fun dance school supports the community by dancing in local summer fetes including the RNLI, schools and many more. They fundraise for local charities by carol singing in Sainsbury's and entertaining residents of various nursing homes. All pupils are invited to take part in a dance show, where they get to perform for family and friends on stage in a theatre. Each year the school holds a summer workshop where the children get involved in a themed week of dance, singing, drama, arts & crafts, ending the week with a fun show.

Examinations are available and the school has a 100% pass rate. For students who wish to compete in dance festivals, they enter a number of different competitions each year. Several pupils have reached the national finals of the All England Dance Competition and shortly, pupils will be heading to the Southern Finals in May 2015. Norcross Dance Centre can prepare pupils for auditions and many have successfully auditioned for professional pantomimes, shows, ballets, and vocational dance colleges. Many now dance professionally in the West End and around the world.

Classes are held at the Denton Social Centre Monday to Friday. Please contact Alison on 01273 516906 or [Norcrossdancecentre@gmail.com](mailto:Norcrossdancecentre@gmail.com) to arrange a free trial lesson.



## Newhaven Cricket Club

Newhaven Cricket Club provides opportunities for boys and girls aged 6 to 16 to practice and play cricket. Their outdoor coaching sessions start on Saturday 25th April from 9.30am to 10.45am and continue every Saturday (even over Bank Holiday weekends and half-term holidays) until the end of July. For more details please contact Newhaven Cricket Club Youth Development Officer, Gary Dove by email at [gary@dove27.wanadoo.co.uk](mailto:gary@dove27.wanadoo.co.uk) or by text on 07761 786794.



# What's On.

## Every day

Denton Island Indoor Bowls Club open daily between 9am-7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5-7pm.

Please phone 01273 514664 for more information or to book your free trial.

## Sunday, once a month

Sunday Only Golf Society, for anyone who wishes to play a round of golf with friends and acquaintances with enjoyment, immaterial of their golfing standard. Members range in age from 30's to 65+ and are of all abilities. For more info contact Dave on 07932 585085; email: davesogs@hotmail.co.uk

## 1st Sunday every month

Table Top Sale at Riverside Hall. 9.00 am to 1.00 pm. £7 per table - to book a table please phone Karen on 07538 421232.

## 1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am-12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Dan Ross Community Ranger 01273 484408 or Graham Amy 01273 514942 for details.

## 2nd Sunday every month

Newhaven Growing Together Community Garden. Come along, find out what we are doing, have fun and help out at Newhaven's community garden on the cliffs. 11am-1pm. All welcome! To find out more about the garden come and visit, take a look at our website [growingtogethernewhaven.org](http://growingtogethernewhaven.org), email [yelyah7@yahoo.co.uk](mailto:yelyah7@yahoo.co.uk) or phone 07801877666.

## 3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning - extra volunteers welcome - meet 10am at beach end of the old Tidemills village road. Tel Jim Skinner 01273 517291. February meeting to include erection of bird nesting signs.

## 3rd Sunday every month

Valley Ponds group meet for litter clearing and conservation. Meet 10am at Valley Ponds until 12 noon.

## Every Sunday

Newhaven Sunday Lunch Club - Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club. To book a place call in at the Day Club or tel Kate Davies 01273 516207.

## Every Monday

Coffee and chat groups 2pm-4pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

## Every Monday

Football Therapy - contact Sean at Summerhayes for further info 01273 514753 or email [sean-macleod@together-uk.org](mailto:sean-macleod@together-uk.org)

## Every Monday

Community Shiatsu Clinic - a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

## Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 [karen@evolve-now.co.uk](mailto:karen@evolve-now.co.uk)

## Every Monday

Drop in "Monday Open Door" for adults and children with learning disabilities, carers and families at Riverside Hall, 10.00 am to 2.30 pm. Meet your friends for a cuppa and chat, £1 entry. Bring your crafts or favourite CD to play. Some puzzles and games available. Refreshments provided at low cost, or you may wish to bring a

packed lunch. Tel: Ann on 07714 088820 for more information.

## Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

## Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring - Collecting - Visits - Hiking - Camping and Achievement Badges. Tel Robert Martin 01323 890354.

## Every Monday & Thursday

Air Cadets - 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm-9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

## Every Tuesday

Boxercise Bootcamp, 7pm at Shakespeare Hall, Fort Road, Newhaven. Call Claire on 07711 890956.

## Every Tuesday

Pottery group 12.30pm-2.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

## Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm-7.30pm.

Ask about private groups and individual tuition. Tel: 01323 892638 07983 622840. Email: [seahavenyoga@btinternet.com](mailto:seahavenyoga@btinternet.com) | [www.seahavenyoga.co.uk](http://www.seahavenyoga.co.uk)

## 2nd Tuesday every month

Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 11am to 12 noon at Age Concern Newhaven Day Club, West Quay. Drop in sessions, no appointment required.

## Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

## Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

## Every Wednesday

Community shiatsu clinic - relax and unwind. 10 am to 1 pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771175707.

## Every Wednesday (term time)

Extend Exercises for Seniors 2.15pm-3.15pm. We welcome new members to try a fun and friendly class for the Over 60's. Helps improve suppleness, strength, stamina and balance. St Leonard's Church Hall, Denton. Tel Jenny Coote 01273 515373.

## Every Wednesday

Craft group 2.30pm-4.40pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

## Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team

01273 517250 or email: [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

### Every Wednesday

Indoor Market 10.00 am to 2.00 pm, Riverside Hall.

### Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

### 1st Thursday every month

Royal British Legion - Newhaven Social Club - 7.30pm for 8pm. All welcome. Tel 01273 514258.

### Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds - football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

### Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

### Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 [karen@evolve-now.co.uk](mailto:karen@evolve-now.co.uk)

### Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am-12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

### Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00-6.15pm & Cub Scout Group 8-11 yrs meet 6.30-8pm. Meet for Exploring - Collecting - Visits - Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

### Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am-2pm (weather permitting).

### Every Friday

Denton & South Highton Youth Club for 11-16 year olds, preferably living in the Denton & South Highton area - 7.15-9.15pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

### Every Friday

Coffee and chat groups 10am-12 noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

### Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

### Weekdays

Newhaven Ramblers - a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel 01273 513676 for more details.

### Every Saturday

Newhaven Tennis Club - Saturday morning coaching sessions continue every Saturday for all Juniors. Starting Monday 11 May 5.30pm-6.30pm - Junior Tennis for 14 & under (every Monday). Sunday 14 June - Free 'Play Tennis' Open Day - 12.00noon-4.00pm. Everyone welcome, especially beginners and families. Contact details for all events above: Club Secretary 01273 512162 email: [mailrkjackson@yahoo.co.uk](mailto:mailrkjackson@yahoo.co.uk)

## NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis

Road. The museum is open every day, except Mondays

Weekdays: 2.00-4.00 pm

Saturdays: Noon-5.00 pm

Sundays: 2.00-5.00 pm

Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers.

Contact 01273 515404 for group bookings, other possible opening times and further information.

## THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities:

### Every Monday

Newhaven Woodcarving Club 10am-3.30pm; Hillcrest Boxing Club Seniors Men (evenings); SDC Art Workshop, Knit 'n' Natter 2-4pm Room 4 - needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6-7pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email [marianstanley43@gmail.com](mailto:marianstanley43@gmail.com) for more details.

### Every Tuesday

U3A Art Class (afternoons). Weight Watchers Meeting. 2nd Tues every month, Guesthouse Storytellers. Master Boxing Keep Fit 6-7pm.

### Every Wednesday

Life Drawing Class 10.30am-1pm; Art Class 1.30-3.30pm & Art Class 2-4.30pm; Red Cross (evenings, every 2 weeks); Boxing Club - Juniors (Evening). Ladies Box Keep Fit 7-8pm. Hoop Dance Exercise Class 7-8pm. Newhaven Singing Club 7.00-8.00pm.

### Every Thursday

Country Market 9.45am-1.00pm. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce. Newhaven Woodcarving Club 10am-3.30pm; Start Art & Smart Art (children & young adults, evenings); Hillcrest Boxing Club Seniors Men (evenings); Sculpture Workshop 10-12.30pm & 1.30-4pm. Novel Group 10.00-4.00pm monthly.

### Every Friday

Messy Play 1pm-2.30pm (term-time only).

Ballroom Dancing 6.30-9pm.

Creative Writing Class. For more information and to register ring Umi Sinha on 01273 611490 or email [umi@writingclinic.co.uk](mailto:umi@writingclinic.co.uk)

### 3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

### Sunday Monthly

Tea Dances (afternoons).

## NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

e-mail: [newhaven.lewesmencap@btconnect.com](mailto:newhaven.lewesmencap@btconnect.com)

Website: [www.newhavenmencap.org.uk](http://www.newhavenmencap.org.uk)

Telephone: 01273 517345

Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members. We use our hall on Mondays as an informal "Drop In" meeting place for people with learning difficulties.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

Our Sensory Room is available to hire at £5.00 per person per hour. Booking in advance is essential. Phone Ann on 07714 088820 to book the room.

## SHAKESPEARE HALL



## Now run by Wave Leisure.

We offer hall hire at competitive rates, as well as birthday parties and function hire.

Please contact Graeme Roberts on 01273 510784 or email [graeme.roberts@waveleisure.co.uk](mailto:graeme.roberts@waveleisure.co.uk).

## Also on offer at Shakespeare Hall:

Monday to Friday NIPPERS Easter Playscheme Mon 30th March to Thurs 2nd April and Tues 6th to Fri 10th April - 8am-6pm. NIPPERS After School Club 3-6pm Mon 13th April to 22nd May. NIPPERS May half term Playscheme Tues 26th May-Fri 29th May and Mon 1st June 8am-6pm. NIPPERS After School Club 3-6pm Tues 2nd June to Weds 22nd July. NIPPERS Summer Playscheme starts Thurs 23rd July 8am-6pm. Details contact Clare - 07564 452837 - facebook or [www.nippers.org.uk](http://www.nippers.org.uk)

## Monday

Yoga Gold 1-2pm £4.70.

## Monday

Take Heart is a local charity providing exercise classes to prevent heart problems and support those who have them. Cardiovascular exercise class 11.15am-12.15 noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class. Tel Richard Stantiford 07786 001771 for more details.

## Tuesday

Aerobics 6.30-7.30pm Boxercise 7.00-8.00pm, FitSteps 7.30pm-8.30pm, Yoga 8-9pm. £4.70 per session.

## Wednesday

Zumba Gold (slower Zumba class for the older person) 6.30-7.30pm. Zumba 7.30-8.30pm. £4.70 per session.

## Thursday

Take Heart - Cardiovascular exercise class 11.15am-12.15 noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class. Tel Richard Stantiford 07786 001771 for more details.

Move It - dance for children with special educational needs 7-16yrs. 6.15-7pm, £1.50.

## Friday

Gentle Waves (over 50's) 11am-12noon, followed by tea and biscuits.

## Saturday

Team Mates - a sports club for SEN children. A different sport every week including football, basketball, running, yoga and dance. £1.50 per child.

## Last Friday Every Month

Youth Disco 11-15 years old - 7.30-9.30pm. Sports or bouncy castle downstairs as well as disco with DJ in main hall. All for just 50p.

## DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

## Healthy Lifestyles

31a High Street, Newhaven

Lots of new and exciting low cost Healthy Eating and Physical Activity courses coming up in the next three months - please tel 01273 516032 for more information or email: [natalie@sussexcommunity.org.uk](mailto:natalie@sussexcommunity.org.uk) or [vicki.ashley@sussexcommunity.org.uk](mailto:vicki.ashley@sussexcommunity.org.uk)

## Open Spaces

Community Space Garden, Lewes Road hut, Robinson Road, Newhaven

Volunteer and enjoy a free healthy lunch every Thursday 10.00am-2.00pm. Other activities related to gardening, wildlife and healthy living will also take place at the hut during this time. Activities and courses will be advertised on site. Please feel free to get involved, the amount of time or experience you have does not matter. All welcome, including children of all ages.

Look out for our posters on Facebook and our website [www.sussexcommunity.org.uk](http://www.sussexcommunity.org.uk); walks and a number of taster activities are planned.

## New Youth Counselling Service

Tuesday, Wednesday and Thursday - 4pm till 6pm (appointment only) Call 01273 517250/07920 526215 or email [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk)

## Monday to Friday

SCDA Youth activities and services for all young people aged 8-18 years. Weekly sessions consist of a Youth Drop In, providing free information and support on all issues affecting young people. A wide range of physical activities from swimming to table tennis, youth clubs, youth counselling service and a Newhaven Young Peoples Forum who represent a voice for local young people. All sessions provide a fun, safe, supportive and educative environment. For further details please contact Youth Team on 01273 517250 or email [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk) or mobile: 07920 526215

## Every Monday

Pop In & Play (term time only) 1.00pm-2.30pm, Newhaven Children's Centre, Denton Island Community Centre. Tel: 01273 517250 for more details.

## Every Thursday

Health Visitor Clinic - Denton Island Community Centre, 1.30-3pm

## Every Friday

Jitterbugs Music & Movement, Toddlers - 9.15am-10am or 10.15am-11.00am. Baby Jitterbugs (non-walkers) 11.15am-12 noon. Denton Island Community Centre - Tel: 01273 516032 for details.

## Every Friday

Free, Friendly and Fun Healthy Walks - meet at Your Way (Summerhayes), Marshall Lane, Newhaven, BN9 9RB 10.00am-11.00am. For more information call 01273 516032.

## WELLBEING COURSES

### Low Cost 8 Week Course - MBCT (Managing Anxiety & Depression)

Introductory session on Tuesday 28th April - 1.30pm-3.30pm; then 8 sessions from Tuesday 5th May, 1.30pm-3.30pm at the Hillcrest Centre, Hillcrest Road, Newhaven, BN9 9EA.

For further information and to book your place on the introductory session, please call a member of the Healthy Lifestyles Team on 01273 516032.

For further information or to book a place on any of the following Wellbeing courses, please contact Natalie Holmes or Vicki Ashley on 01273 516032:

### Thursdays 23rd April - 28th May

Qi Gong - 10.30am-12pm (6 weeks) at the Hillcrest Centre

### Thursdays 4th June - 23rd July

Tai Chi - 10.00am-11.30am (8 weeks)

### Friday 24th April

Assertiveness - 9.30am-11.30am (1 session)

### Friday 1st May

Communicating and Listening - 9.30am-11.30am (1 session)

For further information or to book a place on the following courses, please contact Lucy Hill - Family Learning on 01273 517250.

Easter Family Cooking - Tuesday 7th, Wednesday 8th and Friday 10th April 10.00am-1.00pm at Food 4 Seahaven, 29a High Street, Newhaven, BN9 9PD

Seed to Table - Mondays from 13th April 10:30am-12:30pm for 6 weeks (not including bank holidays) at Lewes Road Hut, Robinson Road, Newhaven.

Forest School - Wednesdays from 15th April 10:30am-12:30pm at Bollands Bush for 6 weeks.

Story Sacks - Tuesdays from 11th May 10am-12pm at Denton Island Community Centre, Newhaven for 6 weeks.

Family First Aid - Friday 1st and 8th May 10am-1pm at Denton Island Community Centre, Newhaven.

Numbers and Play - Thursdays from 7th May 9:30am-11:30am at Denton Island Community Centre, Newhaven.

### SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or [www.waveleisure.co.uk](http://www.waveleisure.co.uk)

Swimming Lessons available, Monday to Sunday. Call for details.

Seniors Class in the Gym (includes a swim after class) 9.30am-10.30am every Monday and Thursday.

Water Aerobics 12noon-1pm Monday & Friday and Deep Water Aqua sessions now running 8.30-9.30pm every Tuesday and Aqua Zumba 8.30-9.30pm every Wednesday.

### SCHOOL HOLIDAY ACTIVITIES FOR CHILDREN & YOUNG PEOPLE

Includes lots of fun and exciting sessions in the pool - sea-scooter sessions, total float zone and super-splash as well as try dive scuba sessions in partnership with Newhaven scuba.

All new J-Fit Course for 11-16yrs in the Gym, every Wednesday 3-4pm. Please call for more details on 01273 512498. Look out for a programme full of fun for all at Seahaven Swim and Fitness Centre.

### STUDIO TEMPO DANCE CENTRE

High Street, Newhaven

Phone and check times during summer holidays please.

#### Every Monday

Adults Morning Line Dance Classes - Beginners 9.15am and Improvers 10am. Join Territa's friendly drop in class, keep active for fitness and fun! £5.50 Tel 07931 930770 for details.

#### Every Wednesday

Adults Ballroom and Latin Social Dance Class for Beginners. Come alone or with a partner, enjoy dancing for an active lifestyle at Studio Tempo Dance Centre, 7.30pm £5.50. Tel 01273 476565/513784 for details.

#### Every Wednesday & Friday

Up The Tempo provides fun and creative classes for children aged 2 years and upwards. Come along to learn great dances to your favourite music. Pre-schoolers are introduced to the world of dance through 'Melody Movement'. Tel Stefanie 07852 323990 for more details.

#### Every Friday

Adults Evening Line Dance Class for improvers and above at Studio Tempo, 7.30pm £5.50. Tel Territa 07931 930770 for details.

#### Every Friday

Studio Tempo Adults Ballroom and Latin Social Dance Classes at the Hillcrest Community Centre. 6.40pm - Absolute Beginners Tuition. 7.15-8.00pm Dancing Practice for all, then tuition for higher levels. Tel 01273 476565/513784 for more details. Fee £5.50.

### HEALTH TRAINER SERVICE

Free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited: One to one sessions (approx. 6 over a 3 month period) held at the Rehabilitation Centre, Church Hill 9am-2pm every Tuesday.

9am-1pm every Wednesday

Children's Centre, Denton Island 1pm-4pm every Thursday

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

### APRIL

- 1st Newhaven, Lewes & District Mencap will be in the foyer of Sainsbury's carrying out a special Easter Egg Tombola and collection. All welcome to try your luck!
- 1st Paradise Park Timely Talk: 'A Walk on the Wild Side' - 11am. Plants to encourage visitors to your garden - whether eight, four or two legs or none!
- 1st-12th Paradise Park Easter Bunny Hunt. Paradise Park's bunnies have hidden themselves in the visitor attraction. Find them all and you could win a fantastic prize!
- 2nd Newhaven and Peacehaven U3A. Barrie Turner speaking on his work with the National Coastal Watch, 10.00am at the Baptist Church Newhaven. New members always welcome. Phone 01273 589953.
- 2nd Newhaven Country Market at The Hillcrest Centre - special Easter and Spring Market. 9.45am-1pm. Wide range of locally produced goods on sale. Disabled access, free parking, toilets and café.
- 4th-12th Paradise Park 'Grow Your Own' Week. The perfect way to kick start the garden season with a week dedicated to getting the garden set for the season. Displays and offers will help you start on the right foot, and our plant doctors will be on hand to give advice.
- 7th Newhaven Historical Society: Illustrated talk "Aspects of Sussex during the Great War" by Ian Everest. Hillcrest Centre, 7.00 for 7.30pm. Non-member admission £2.
- 8th Dementia Action - public meeting 11.00am-2.00pm at the Meridian Centre, Peacehaven BN10 8BB. A sandwich lunch will be provided so for catering purposes please book a place: contact Kate on 01273 516207 [kate.davies@hotmail.co.uk](mailto:kate.davies@hotmail.co.uk)
- 10th Newhaven and Peacehaven U3A visit to Kew Gardens. New members always welcome. Phone 01273 589953.
- 11th Spring Fayre at Newhaven Day Club, West Quay. 10am-12 noon, nearly new clothing, jumble, bric-a-brac, raffle, cakes, teas & coffees. Everybody welcome.
- 12th Pub Quiz in support of Denton Community Challenge. 7pm at the Hampden Arms in South Heighton. Come along and enjoy a general knowledge quiz, have fun, win prizes and be the first to hear about our upcoming Summer event! £5 per team of up to 6 people. Contact [dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com) for more details.
- 13th South Heighton W.I. Birthday meeting with a Talk & Audio on "Max Miller" given by John Henty. At 2.15pm in South Heighton Village Hall. For further details contact 01273 515404.
- 14th GuestHouse Storytellers present professional storyteller Shonaleigh Cumbers with "THE DIAMOND GIRL & THE GOATHORN BEE".  
Hillcrest Centre, Newhaven, BN9 9EA. Free parking. Disabled access. Cafe opens 7pm. Stories from 7.30pm. £6 in advance/£8 on the door. Advance tickets from the Hillcrest cafe or send a cheque made out to GuestHouse Storytellers to: Wendy Atkinson, 7 Downside, Lewes, BN7 1EE. email: [wendy.atkinson@btinternet.com](mailto:wendy.atkinson@btinternet.com)  
Please specify which performance you want tickets for. Tickets will be held for you on the door.
- 16th Meeching W.I. - a talk by Mrs Heather Hook : Alaska and the Grizzly Bears. Meeching Hall, Fort Road, 9.45am. New members/visitors welcome. Tel: 01273 517053 for more details.
- 16th Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay, Newhaven starting at 7.30pm. Steven Moore from Rapkyns Nursery with be giving a talk with plant demonstration entitled 'Spring Colour'. Visitors always welcome. Cost £2 including

tea and biscuits. Further information Jenny on 01273 516433 or Joyce on 01273 515610.

- 18th Mencap jumble sale at Riverside Hall, Riverside, Newhaven 10.00am-2.00pm. Admission 50p, children free. Clothing, bric-a-brac etc and household items. Come along to get a bargain. Refreshments, including bacon sandwiches supplied at very reasonable prices.
- 18th Hillcrest Film Society presents CYCLING WITH MOLIERE (Cert 15). Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.
- 18th-19th Paradise Park Special Interest Day: Peacehaven Coastal Guide Dogs and Newhaven Model Railway Club.
- 19th Sunday Only Golf Society - a small and friendly golf society for anybody who wishes to enjoy a round of golf with friends and acquaintances, immaterial of their golfing standard.
- 20th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. See Ability, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (For more access info, see our entry: [www.escis.org.uk](http://www.escis.org.uk) access for people with disabilities).
- 23rd Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre.  
Your local teacher, Marek Lorys, will explain how learning this simple technique may benefit you personally, how it differs from other practices and the structure of the course itself. For more info contact Marek at [mareklorys@gmail.com](mailto:mareklorys@gmail.com) or call 07946 386290. More information is available at: [uk.tm.org](http://uk.tm.org)
- 24th-26th Bee and Wildlife Weekend at Paradise Park. Focus on bees and other wildlife. With tastings, information and a focus on wildlife friendly plants, this is the perfect way to make your garden bee friendly.

## MAY

- 1st-31st Paradise Park Pet Competition. The always popular "best pet" competition with a host of prizes to be won.
- 2nd May Newhaven & Seaford Sea Cadets Race Night at Meeching Hall, Newhaven. First Race 7.30pm. Tickets £10 each to include a fish and chip supper. Call 01273 514060.
- 2nd-3rd Paradise Park Birds of Prey 10am-4pm. Back by popular demand, fascinating birds of prey will be at Paradise Park. This is a chance to see beautiful birds up front and personal and even have your picture taken holding one. The clubs will be raising money for charitable causes and telling people about their birds and their society.
- 2nd RNLI Newhaven - Mayday Music Night with Fish and Chips from 7pm at Newhaven Lifeboat House, Riverside, West Quay. Local bands The Mulekickers, Crooked Rooks and other invited guests converge for a musical entertainment evening and enjoy a fish and chips supper. Tickets only £10 each. Bring your own bottle - be there or be square.  
Please phone 01273 515964 or contact [rnlinewhaven.society@hotmail.co.uk](mailto:rnlinewhaven.society@hotmail.co.uk)
- 3rd 5am Dawn Chorus at Castle Hill, Newhaven. Experience the dawn chorus with us and let the leaders from the Castle Hill Group help you identify the birds you can hear. Call 01273 471600 or visit [www.lewes.gov.uk](http://www.lewes.gov.uk)
- 4th-10th RNLI Newhaven - Mayday Pin Badge Collection week - bucket collections taking place during the week at Sainsbury's Supermarket, Newhaven.
- 6th Paradise Park Timely Talk: 'Go Pots for Summer' - 11am. An explosion of colour and delight with our container selection.
- 7th Newhaven and Peacehaven U3A. A talk by Dr Janet Pennington on small shops - the history through the ages.

2pm at the Meridian Centre. New members always welcome. Phone 01273 589953.

- 9th RNLI Newhaven - Coffee Morning hosted by Ann Payne at 2 Bay View Road, Newhaven from 10am to 12noon. Come along to enjoy cake and chatter in aid of RNLI Newhaven.
- 9th Newhaven Mencap's 50th anniversary party for members at Riverside Hall. This is a special one - off occasion for the membership of Newhaven, Lewes & District Mencap.
- 9th Newhaven Bowling Club, Fort Road - Open Day 10am-1pm. All welcome.
- 9th An evening of entertainment in support of Denton Community Challenge. Enjoy a talk on conquering Mount Everest from our famous local mountaineer Cliff Dargonne. Starts at 7.30pm at Denton Church Hall. Come along to an interesting evening and be the first to hear about our upcoming Summer event! Tickets £5 per person. Contact [dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com) for more details.
- 9th-17th Paradise Park Free Hanging Basket & Planting Week. Choosing themes and colours - choose your hanging basket or container, then your plants, and we will plant them up while you wait, free of charge! If you are unsure of what plants to choose just tell us what colour effect you are looking for and we will find the plants to suit you.
- 11th South Heighton W.I. "Resolution" Meeting with a Quiz. At 2.15pm in South Heighton Village Hall. Visitors welcome, for further details contact 01273 515404.
- 12th GuestHouse Storytellers present - "The Joys of Spring". Love is in the air. An evening of tales of romance and the eternal search for love.  
Come and tell a story, traditional or true, or just come, relax and listen. To book a ten minute slot to tell a story please email Gareth at [garethdee@gmail.com](mailto:garethdee@gmail.com)  
Hillcrest Centre, Newhaven, BN9 9EA. Free parking. Disabled access. Cafe opens 7pm. Stories from 7.30pm. Tickets on the door £5/£4 concessions.
- 13th RNLI Newhaven - Annual General Meeting from 7.30pm at Newhaven Lifeboat House, Riverside, West Quay.
- 14th Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre.  
Your local teacher, Marek Lorys, will explain how learning this simple technique may benefit you personally, how it differs from other practices and the structure of the course itself. For more info contact Marek at [mareklorys@gmail.com](mailto:mareklorys@gmail.com) or call 07946 386290. More information is available at: [uk.tm.org](http://uk.tm.org)
- 14th-16th MAD presents 'Sorry Charlie' a fast moving comedy by Troy Shearer. Performances at Meeching Hall, Fort Road, Newhaven on Thurs 14 May (7.45pm), Friday 15 May (7.45pm), Sat 16 May (2.30pm). Tickets £8 from Meeching Estate Agents, tel: 01273 515566.
- 16th Hillcrest Film Society presents The 100 Year Old Man who climbed out the window and disappeared (Cert 15). A comic, absurdist and farcical film based on the internationally best-selling novel by Jonas Jonasson. It is the unlikely story of Allan Karlsson, a simple man with a love of blowing things up, who leaves his nursing home to embark on a journey that will take him wherever it takes him. Through flashbacks we see that this is a metaphor for his entire life. Karlsson has been with several significant figures of the 20th century and, unwittingly, has profoundly affected its course. For a century he's made the world uncertain, and now he is on the loose again. A laugh from start to finish, with characters that are entirely believable despite the often fantastical story lines, but be warned there is a lot of very strong language in the film. Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts



- 7.30pm.
- 18th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. SeeAbility, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (For more access info, see our entry: [www.escis.org.uk/access](http://www.escis.org.uk/access) for people with disabilities).
- 21st Meeching W.I. Resolutions Meeting at Meeching Hall, Fort Road - 9.45am. New members/visitors welcome. Tel: 01273 517053 for more details.
- 21st Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay, Newhaven starting at 7.30 pm. Barry Newman giving a talk and slide show entitled 'Preparing for your Show'. Visitors always welcome. Cost £2 including tea and biscuits. Further information Jenny on 01273 516433 or Joyce on 01273 515610.
- 23rd-24th Paradise Park 'Weed Weekend'.
- 23rd-24th MAD presents 'Sorry Charlie' a fast moving comedy by Troy Shearer. Performances at Meeching Hall, Fort Road, Newhaven on Sat 23 May (2.30pm & 7.45pm), Sunday 24 May (2.30pm). Tickets £8 from Meeching Estate Agents, tel: 01273 515566.
- 30th May - 7th June Paradise Park Outdoor Living Week. Special offers and demonstrations and tastings galore as the summer leaps into action with our week dedicated to making the garden another room in your house gets the warm season underway.

## JUNE

- 2nd Newhaven Historical Society Illustrated talk "Sussex and the Napoleonic Wars" by Helen Poole. Hillcrest Centre, 7.00 for 7.30pm. Non-member admission £2.
- 3rd Paradise Park Timely Talk: 'Plant Explorers' - 11am. In the safety of our garden centre, we explore the globe for the more unusual plants available.
- 6th Newhaven Mencap 12 hour sponsored Jig-Saw Marathon. Look out for posters in April and May for details regarding times and obtaining sponsorship forms. Proceeds of the Jig-Saw Marathon will be used to help fund members' summer outing.
- 6th Denton Community Challenge 'Howzat' - Family Fun and Sports Day, being held at Avis Road recreation ground opposite Paradise Park from 1-5pm. All welcome! Usual stalls and attractions associated with a village fete but with a whole lot more! Contact [dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com) for more details.
- 6th Denton Community Challenge Craft Fayre. Local arts, crafts and produce including a range of food, toys and accessories. Denton Community Centre from 1-5 pm. Free entry. Contact [dentonchallenge@gmail.com](mailto:dentonchallenge@gmail.com) for more details.
- 6th-7th Paradise Park Special Interest Days: Bonsai Society Weekend
- 8th South Highton W.I. "Fantasy Garden for Eccentrics." A talk with slides given by Harry Townsend. At 2.15pm in South Highton Village Hall. Visitors welcome. For further details contact 01273 515404.
- 9th GuestHouse Storytellers present - "Dog Days" - Tales of High Summer.
- As the sun rises to its zenith and the days grow long, it's time to look for stories about sun, light, fire, and tales from hotter climes. Come and tell a story, traditional or true, or just come, relax and listen. To book a ten minute slot to tell a story please email Umi [umi@writingclinic.co.uk](mailto:umi@writingclinic.co.uk)
- Hillcrest Centre, Newhaven, BN9 9EA. Free parking. Disabled access. Cafe opens 7pm. Stories from 7.30pm.

Tickets on the door £5/£4 concessions.

- 11th Newhaven and Peacehaven U3A visit to Greenwich. New members always welcome. Phone 01273 589953.
- 11th Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre.
- For more info contact Marek at [mareklorys@gmail.com](mailto:mareklorys@gmail.com) or call 07946 386290. More information is available at: [uk.tm.org](http://uk.tm.org)
- 13th Newhaven Fish Festival at West Quay, Newhaven 9am to 3pm. This year's event will include a children's parade, live music and entertainment. Food Zone, to include displays of locally caught fish, fish cookery demonstrations; Community Group Zone, Waste & Recycling Zone, art & craft activities, physical activities, local projects & lots to do for children.
- 14th 10am-12pm Rocks and Soldiers at Newhaven Cliffs. Come and find out about the landscape around Castle Hill. Good views from this reserve. Members of the Castle Hill will lead the walk. Call 01273 471600 or visit [www.lewes.gov.uk](http://www.lewes.gov.uk)
- 14th Free 'Play Tennis' event at Newhaven Tennis Club, Court Farm Road 12 noon-4.00pm. Open to anyone, young or old to have a go at tennis. Beginners and families most welcome. For more details contact Bob Jackson : 01273 512162 or [mailrkjackson@yahoo.co.uk](mailto:mailrkjackson@yahoo.co.uk)
- 15th Access in Seaford and Newhaven Committee meeting 6.30pm [Disability issues]. SeeAbility, Bradbury Centre, St Peter's Road, Seaford. BN25 2HS. Tel: Zena 01323 896813 or 07725 837143. (For more access info, see our entry: [www.escis.org.uk](http://www.escis.org.uk) access for people with disabilities).
- 15th-20th RNLI Newhaven - Seaford Flag Week - bucket collections taking place during the week at Morrison's Supermarket, Seaford.
- 18th Meeching W.I. - a talk by Mr B. Freeland: A View from the Wings. Meeching Hall, Fort Road - 9.45am. New members/visitors welcome. Tel: 01273 517053 for more details.
- 18th Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay, Newhaven starting at 7.30 pm. Graham Amy giving a talk and slide show entitled 'Castle Hill and its wildlife'. Visitors always welcome. Cost £2 including tea and biscuits. Further information Jenny on 01273 516433 or Joyce on 01273 515610.
- 20th Hillcrest Film Society presents NEXT GOAL WINS (Cert 15). Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.
- 20th 9.45pm until late Nighttime at Meeching Down. Come and see the beautiful moths flying at Meeching Down. Leader: Steve Teale. Call 01273 471600 or visit [www.lewes.gov.uk](http://www.lewes.gov.uk)

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. [www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk). The deadline for the next edition (events in July/Aug/Sept) is 1st June 2015 - please contact us if you are organising an event during those months - email [nicky.still@newhaventowncouncil.gov.uk](mailto:nicky.still@newhaventowncouncil.gov.uk). The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

# NEWHAVEN FORT



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