

Newhaven *Matters*

WINTER 2015 // Issue N° 08



Welcome to the Winter edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.

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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Winter 2015



The past few months have been very busy. Consultation on the District's plans for development at Robinson Road and Meeching Down took centre stage. The general mood of objection to the latter of these sites is unanimously supported by the Town Council and we'll ensure that everyone's views are properly reported to LDC. The Town was bustling at the Halloween Spooktacular event. I enjoyed dressing up in a scary costume to take part, give out prizes and later frighten visitors to Newhaven Fort. The Remembrance event in November showed how the community comes together to commemorate our residents that gave their lives in past conflicts and we again showed our unity and compassion, after

the tragic events in Paris only a week later. Residents, the Mayors of Seaford, Peacehaven and Telscombe came together with Capt. Jean of NPP to lower the French Tricolor at the Memorial Green. The Blues Brothers tribute show and Charity Tea Dance for my charities were great successes. Sharon and I are organising more events to raise the total we're hoping to give out in May. There are quizzes, Tea Dances, karaoke and a London to Paris bike ride with the Blind Veterans among planned events. We have a great community and I'm looking forward to 2016. **A Happy Christmas and a Prosperous New Year to everyone.**

Councillor Steve Saunders
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100

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WEST BEACH

Following the decision by the Inspector at the Public Inquiry into the town council's right of way application at West Beach, none of the three parties – Newhaven Port & Properties (NPP), East Sussex County Council or Newhaven Town Council – made any objection to the Inspector's report.

This means that the Inspector's draft order will be confirmed,

making it clear that the full width of the promenade is a right of way, but not creating a right of way down the steps to the sandy beach. This is a partial victory for the Town Council.

Following a very positive meeting during the early Autumn between the Town Mayor, Councillor Steve Saunders and the Chairman

of the Board of NPP, the Town Council is continuing to speak directly to the management in France to emphasise its willingness to work with NPP on all sorts of issues for the benefit of the town and local inhabitants. Now that the legal battle is over, we hope that this will be the beginning of a new, more fruitful relationship.

Veolia Funding

A cheque for £5000 from Veolia has been added to contributions made from other partners including Newhaven Town Council and East Sussex County Council, which will pay towards a study to find out if the heat produced from the incinerator could be used as a primary source of heat for a district heating system in the town.

Earlier this year the Town Council received funding of

£28,100 from the Department of Energy and Climate Change towards the study and since then other organisations have stepped in with additional funding to make up the shortfall.

Disposing of waste through an Energy Recovery Facility is a more sustainable approach than landfill and it is thought that Newhaven's facility generates enough waste heat to provide heat and hot



water to roughly 8,500 homes. It would be great if heat currently wasted could be used to provide low carbon heat for use in local homes.



VALLEY PONDS AN OASIS FOR WILDLIFE

The town council is working to make the Valley Ponds a better place for both people and wildlife.

The Ponds are the main breeding ground in the local area for toads, whose numbers have been declining rapidly over recent years.

To protect the baby toads as they emerge from the Ponds in the summer, we have been allowing the grass to grow long in some areas. During the winter period, we have been planting wildflower plugs in these areas and we hope that these will become established to make these areas more colourful in the summer

In addition, this winter we are:

- Clearing reed growth from the culverts to ensure water can flow freely from one pond to another and from the ponds under the road towards the river

- Carrying out more general reed thinning in all of the Ponds
- Clearing the overgrown vegetation that has been choking the most westerly Pond
- Removing dead trees; replanting some of the trees that have died

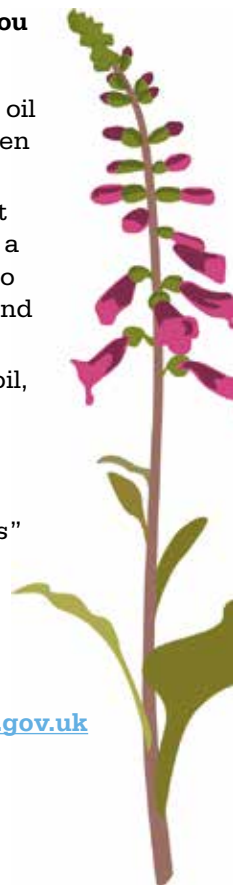
Have you noticed that sometimes there is an oily sheen on the water in the Ponds? This is pollution – and it is harming the toads and other wildlife!

The oil enters the Ponds through the sluices that drain into them from roadways right across the Valley Estate. We are looking at ways of filtering the water entering the Ponds to prevent oil reaching them.

But in the meantime, you can help:

- Don't pour unwanted oil from your car or kitchen into drains
- If you are carrying out work on your car, put a cloth under your car to catch any oil spilled and dispose of it properly
- If your car is leaking oil, please get it repaired promptly

Would you like to join a "Friends of Valley Ponds" group to help look after the Ponds? If so please email Newhaven Town Council admin@newhaventowncouncil.gov.uk or phone 01273 516100.





Seaford Gymnastics Academy

SGA (Seaford Gymnastics Academy) had to relocate in September 2014 due to the closure of Newlands School, and moved to Seahaven Academy. Throughout the disruption of the move, they have successfully maintained the training hours they offer and their waiting lists continue to grow.

SGA is a British Gymnastics registered club and thrives in helping children develop co-ordination, strength and confidence, all whilst having fun and keeping fit. They offer a structured start to gymnastics to help gymnasts develop at their own pace and reach their full potential. For any enquiries please contact the club secretary on 07591 122 651.

LOOKING FOR HOST FAMILIES



Could you offer a room to a French family, couple or individual? Newhaven Twinning Association is looking for host families to help look after visitors from Newhaven's twin town, La Chapelle Saint Mesmin from 22nd-25th July.

There's no need to speak French! Everyone is very friendly and the weekend will be great fun! If you can help, please contact Rod Main roderick.m.main@btinternet.com or tel: 07956 292101.



Recycling Christmas trees and cards

Christmas tree recycling

Please bring your trees to Bay Vue car park by 22 January 2016.

Christmas cards

You can put Christmas cards in your kerbside recycling collections. Please place in the box for paper.

For dates of when your kerbside collections take place please refer to your kerbside recycling calendar. If you do not have one you can download from Lewes District Council website:

www.lewes.gov.uk/waste or you can request one by calling customer services on 01273 471600.

Christmas wrapping paper

Wrapping paper cannot be recycled due to its content. Please place any unwanted wrapping paper in your refuse.

HEROES WANTED!

Do you know a local hero? Someone who works tirelessly for their community? Who always goes the extra mile? Who has achieved something amazing? Who really deserves an award?

Newhaven Town Council wants to recognise these often unsung heroes living in our town. We are looking for nominations for three special awards which will be presented at the annual Town Meeting at the Hillcrest Centre on 19th April:

- Volunteer – this award is for someone who has done outstanding voluntary work in the community
- Unsung Hero – this award is for someone who has gone beyond and above the call of duty whether in a

professional or voluntary role

- Achiever – this award is for someone who has achieved something outstanding through hard work or talent

In addition to these three awards, there will be an overall Newhaven Community Award – the winner of this award will be chosen from the nominees for any of the three categories.

Nomination forms are available from the town council offices at 18 Fort Road, Newhaven, tel: 01273 516100 or can be found on our website [www.](http://www.newhaventowncouncil.gov.uk)



newhaventowncouncil.gov.uk.
The deadline for nominations is 20th March 2016.



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Newhaven's First World War



SS Sussex torpedoed

Before the war, the S.S. Sussex was one of the passenger ships on the Newhaven to Dieppe Cross Channel Service. In August 1914, when war broke out, the Port came under Naval and Military control and the ferry service ceased to run from Newhaven. After a short period as a Troopship, the Sussex was transferred to the passenger service, running out of Folkestone.

On 24th March 1916, whilst carrying 386 civilian passengers, the Sussex was torpedoed without warning by German submarine UB-29. Although the Sussex remained afloat, the explosion and subsequent panic resulted in 80 casualties, including the loss of 50 lives.

Newhaven man, Charles Price, was awarded a bronze medal by the President of the French Council for Foreign Affairs in recognition of his "courage and devotion" in saving the lives of passengers

The Sussex at Boulogne after being torpedoed (Newhaven Museum A319-026) ▼



Leap Year Dance 1916

A leap year dance was held at the Royal Naval Volunteer Reserve (RNVR) barracks on 29th February 1916. The main hall was decorated with flags, flowers and Japanese lanterns and music was provided by the band of the 3rd Royal Sussex Regiment.

The guests included members of the Royal Navy, the RNVR, the Sussex Fortress Royal Engineers, the 3rd Royal Sussex Regiment and the Royal Garrison Artillery, as well as several captains and chief officers from the ships in the harbour. A number

of prominent Newhaven tradesmen and their wives were also among the guests. In all, there were around 110 couples present and "dancing was kept up with spirit until just after midnight".



The RNVR Drill Hall decorated for a function (Newhaven Museum A319-031)

Come along to Newhaven's First World War Project Day at Newhaven Fort on Saturday 26th March 2016 and find out what it was like to live and work in the town during the war.

Conscription

Conscription came into force for the first time in March 1916 and with it came an appeals process. Men or their employers could appeal if they believed they were doing work of national importance, or if conscription would cause serious hardship because of their financial or business obligations or their domestic position. They could also

appeal on the grounds of ill health or infirmity, or if they had a conscientious objection to the undertaking of combatant service.

Appeals at Newhaven were from a wide variety of men, mainly on business and hardship grounds or from those who felt they were doing work of national importance.



Frederick Thyer, who was the Chairman of Newhaven Urban District Council and a member of the Appeals Tribunal (Newhaven Museum A014-064)



Poppy Trail now open

The information lecterns produced as part of the town council's Heritage Lottery Funded project Newhaven's First World War have now all been installed, telling the story of Newhaven 100 years ago.

There are eight different panels across the town at the following locations:

- Newhaven Fort car park
- Fort Road Recreation Ground

- Town Council offices, Fort Road
- Hillcrest Community Centre
- Denton Recreation Ground
- Transport Interchange/Ferry Terminal
- Newhaven Town Station
- Seaplane Station near Tide Mills

The panels tell stories about how the First World War affected Newhaven and the

daily lives of people who lived and worked here. They are illustrated with photographs from 100 years ago and create a fascinating record of the town and its role as one of the major supply ports to the Western Front.

More information about the Poppy Trail can be found on the town council's website www.newhaventowncouncil.gov.uk/newhaven-in-the-first-world-war/the-poppy-trail.



WINTRY WEATHER MEANS SLIPPERY ROADS AND PAVEMENTS

Every winter when the temperature drops to sub-zero or the snow falls, our roads and pavements become very slippery.

East Sussex County Council, as the Highway Authority, is responsible for gritting (salting) the roads – but they can't treat all roads. They have to prioritise the busiest roads in order to avoid the most serious accidents. You can see a map of roads that will be treated online at www.eastsussex.gov.uk/roadsandtransport/roads/maintenance/saltingandgritting. The gritting lorries follow specified routes and cannot spread

grit on other roads near to the roads that have been prioritised as they would not have enough grit to complete their route. If you don't live on a road that has been identified by ESCC as a primary or secondary route your road will not be gritted. ESCC does not grit pavements.

You can, however, help yourselves and help your neighbours by clearing snow and ice from pavements and public spaces outside your property. It is very unlikely that you would face any legal liability, as long as you are careful to make sure that you do not make the area more

dangerous than before. Use a shovel to remove snow. Spread salt on the area you have cleared. Do NOT use hot water, as this may create black ice when the water re-freezes.

There are a number of grit (salt) bins around the town. Some of these belong to ESCC, some to LDC and some to the town council. If you see an empty bin, please report it to the town council – we are quite happy to work out who owns it and get it refilled. If you feel an extra grit bin is needed in your area, please also let us know – we are always willing to consider such requests.

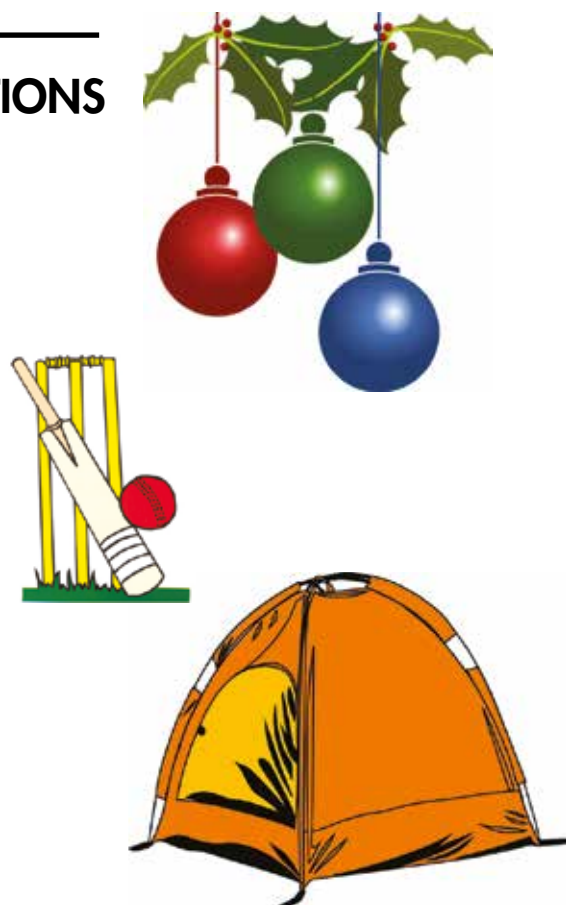
GRANTS AWARDED TO LOCAL ORGANISATIONS

Newhaven Town Council supports the vibrant voluntary sector in the town by awarding grants to local organisations. The latest round of grants was awarded at the end of November and once again the town council was delighted to be able to support a wide range of projects which will benefit local people.

These included the purchase of new cricket shirts for the 2016 season for the Denton & District Cricket Club and camping equipment for the Rock Solid Youth Club. Funding was given to the Rotary Club of Newhaven to help fund their

Christmas concerts and tea for local elderly residents. The Our Newhaven website was given funding to help pay towards the hosting of the site and Meeching Amateur Dramatics received help towards the production costs of their next production in February "Up Pompei".

There will be a further round of grants available in the Spring – if your organisation might like to apply please contact the town council admin@newhaventowncouncil.gov.uk or tel: 01273 516100 to be sent an application form when available.



OUR NEWHAVEN

More photos and memories of old Newhaven



NEWHAVEN DOWNS HOSPITAL – Grade II Listed

Initially the Newhaven Union workhouse, the building was built in 1835 on Church Hill. The Poor Law Commissioners authorised an expenditure of £3,300 on construction of the building which was to accommodate up to 150 inmates. It had the appearance of a solid square block with wings to each side and smaller blocks to the rear. Around 1900, a two-storey infirmary was added at the north-east of the workhouse. From 1930 to 1946 it was the Newhaven Institution.

It has since been Hill House, a hospital for the elderly and is now Newhaven Rehabilitation Centre.

SUSSEX LODGE

In 1871 Sussex Lodge was known as Albert School, a grammar school for boys. In 1911 the house was lived in by William B. Betenson, a surgeon and his daughter Mildred. At the beginning of the 1930's Sussex Lodge was lived in by the two Miss Cooks (spinster sisters) who owned a number of properties in the town including the cinema (which stood where the new library is now). It subsequently became a doctor's house and was unfortunately demolished in 1961. The Post Office and Dazzling Décor stand there now.



SAXONHOLME

Mr George Stone, brewer and coin dealer, was the first occupant of Saxonholme, which was initially called Dacre Villa. According to the 1891 census, it was lived in then by Mr Thomas Cann, a practicing surgeon and at some time was home to Lt-Col. John Orlando Summerhayes, also a surgeon.

Saxonholme was noted for its fine display of trees and the extensive garden at the rear was frequently used for fund raising for deserving causes. The house was demolished in 2011 and the new fire station, council offices and police station now stand on the site.

Go to www.ournewhaven.org.uk to see many more photos of old Newhaven. You can upload your own photos and add your own memories too and add to the living history of the town.



Photos by Tim Wells

Riverside Park *outline programme of improvements*

An exciting new programme of improvements is about to start at Riverside Park where

Newhaven Town Council and the Friends of Riverside Park are working with the County Council to maximise the wildlife value of the park. This work will be funded by the Section 106 money from the Energy Recovery Facility (otherwise known as the incinerator).

Ecological surveys have been carried out to identify key habitats and species and to help guide how different parts of the park should be managed in the future.

The programme of improvements is to be

carried out over a 5 year period, starting with vegetation clearance in December 2015. This will make the park more accessible by clearing the edges of paths and will improve existing habitats.

Other work will include constructing improved paths where access is poor, installing a bird hide and nesting boxes, providing seating at regular intervals and adding information boards about the park.

If you have any queries about the work please contact Virginia Pullan, East Sussex County Council's Landscape Architect, at [virginia.pullan@eastsussex.gov.uk](mailto:pullan@eastsussex.gov.uk).

Brighton & Lewes Downs Biosphere



Newhaven – part of a world environment agenda!

Did you know that Newhaven is part of a new internationally recognised area aiming to benefit both people and nature? The Brighton & Lewes Downs Biosphere was recognised by the United Nations body UNESCO in 2014 and covers the area of land and sea lying between Newhaven and Shoreham.

Biospheres are places where people work together to pursue

win-win solutions that improve quality of life and the local economy whilst enhancing the local environment.

As a gateway to Europe, Newhaven can play a vital role in welcoming visitors (including eco-tourists) to our world-class environment where they enjoy our 'best bits' such as Castle Hill and the Fort. As an important fishing port, Newhaven could also help

to lead the way on local and sustainable seafood, linking with the newly-established marine conservation zone that stretches along our coast.

For more information please visit www.biospherehere.org.uk, where you can register for free as a 'Friend of the Biosphere' to show your support and receive monthly e-newsletters.





DON'T FALL VICTIM TO A SCAM!

There are lots of dishonest people out there who want to get their hands on your money or possessions. Don't let them!

Common scams include:

- Bogus phone calls from people selling miraculous sounding products or offering to remove a fictitious virus from your computer.
- Post or email frauds which ask you to send money in order to obtain winnings in a competition you never entered.
- Social media/dating website relationships which turn into requests for money for medical operations or transport costs to meet you.
- Identity fraud – theft of your personal details to access your accounts.
- Doorstep traders offering to carry out work on your home at excessive cost.
- Distraction thefts or burglaries where someone distracts you on your doorstep whilst another person steals your money or possessions inside your house.

Sussex Police have produced a free guide called the Sussex Police Little Book of Big Scams which gives lots more advice. To get one telephone **101** or download it at www.sussex.police.uk.

Attempted fraud should be reported to Action Fraud tel: **0300 123 2040** or www.actionfraud.police.uk.

Here are some top tips from Sussex Police to keep you safe:

- **Remember - if it seems too good to be true then it usually is!**
- Don't give out personal information or financial information over the phone. Remember, Police officers and bank staff will never make unsolicited calls asking you for your bank details over the phone.
- Don't click on links in emails asking you to verify bank details.
- Don't reply to unsolicited texts.
- Don't send money upfront abroad to get winnings or to someone who has befriended you on social media or a dating website.
- Do put the phone down if you don't know who is calling you.
- Do research products or investment opportunities before you agree to buy anything.
- Do shred papers containing your bank or credit card details or your name and address.
- Do ask doorstep callers for ID and do shut the door on them if you leave the doorstep to check it or to check something else that comes up during the conversation.
- Do keep anti-spam and anti-virus software up to date and change online passwords regularly.



Maestro Big Band

Newhaven's very own Big Band continues to go from strength to strength. The band was formed in 2009 – originally it had a handful of saxes and clarinets with the rhythm section on a laptop – how things have changed! The line-up now boasts a full trumpet and sax section, a fantastic three piece rhythm section and a great new singer, Nicki Day. The band still has clarinets and is currently working on developing a more complete

trombone section. This is proving to be quite a challenge, as trombone players seem hard to come by!

The band has performed all around the county and abroad – with regular trips each year to France, where they get to play on the ferry too, much to the delight and surprise of the passengers.

Maestro specialise in playing 'the sounds of yesterday

– today!' with songs by artists such as Glenn Miller and Benny Goodman being amongst their most requested numbers.

Most recently, the band has played for Raystede, a special Christmas concert at The Barn Theatre in Seaford, and of course, they are the house band at The Hope Public Inn on the first Thursday of each month.

'Earthquake' in Sussex

Experience the Beat!



Earthquake Drum Collective, formed in Newhaven in October 2013 by band leader Julie Vaughan and supported by Kevin Mann, is going from strength to strength and fast becoming the most popular local drumming group with which to be associated.

The Collective are in demand and have participated at many local events this year including supporting Up The Tempo at

Downs Leisure Centre in

Seaford and performing at the Newhaven Lifeboat Summer Fete. The bonfire season saw the group parading in processions, including at Crowborough, Eastbourne, Nevil and South Heighton Bonfire Society parades. The group achieved the accolade of best band at Burgess Hill Bonfire Society parade last September. Another highlight for the fledgling Drum Collective was being invited to join Southover Bonfire Society for the Lewes procession in November.

The Collective, young and old alike, meets for practice sessions at Lewes Road Hut, Lewes Road, Newhaven on



Friday evenings at 6.30pm until 8pm. With bass, tenor and snare drums and beats composed by Kevin Mann, the sound is emotive and quite phenomenal; a joy to be heard. There really is no reason not to be involved with this increasingly popular Drumming Collective.

No musical experience is needed and drumming equipment can be provided. Check out the EarthQuake Facebook page and contact Julie Vaughan by email at julievaughan1963@gmail.com for further information.

Have your say on a plan to improve air quality in Newhaven

Lewes District Council would like to hear residents' views about an Air Quality Action Plan for Newhaven.

The plan, which has been developed to address air quality around the busy roads in the centre of Newhaven identifies seven broad areas of action to help improve air quality by reducing nitrogen dioxide (NO2) emissions.

The consultation will run from December 2015 to the end of March 2016. A public meeting will be held on Thursday 3rd March at the Hillcrest Centre from 3pm to 8pm. Residents and other interested parties are invited to come along and

hear about the plan and share their views.

The plan will be available to download from the district council's website www.lewes.gov.uk, under 'public consultations'.



For further details about this consultation, please contact Lewes District Council, Southover Road, Lewes BN7 1AB, call 01273 471600 or email Ehealth ldc@lewes.gov.uk.

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Tasker Osman & Co.
Financial Accountants

Partners: Les Tasker FFA, FAIA, FFTA & Kevin Osman FFA, FAIA, FFTA



Newhaven's Neighbourhood Plan

What is it?

Since early 2014 Newhaven Town Council has been working on a Neighbourhood Plan for our town. The plan will set out a vision for the future of the town along with policies on:

- Where new development should go
- What improvements are needed in the town
- What sort of social and leisure facilities will be needed to support new development

The Town Council decided to produce a Neighbourhood Plan as it gives the community more of a say on where new development is best located and what is needed to make the town the best it can be. Lewes District Council through their Local Plan requires us to find sites for a **minimum of 400 dwellings**.

Having a Neighbourhood Plan in place will mean more money can be invested in facilities and services for residents. This money will come from contributions made by developers that build the new homes.

Last year we consulted with residents in July and December asking what sites you would like to see developed. Results from these surveys can be viewed at www.newhaventowncouncil.gov.uk/neighbourhood-plan or in hard copy at the Library in the High Street or at the Town Council offices, 18 Fort Road, Newhaven.



Who is producing the Neighbourhood Plan?

The Neighbourhood Plan is being produced by a Steering Group that is made up of Town Councillors and residents and they are using comments made by the community so far, to help shape the Plan.

What happens next?

We will be asking for your opinion again on what sites you would be happy to see developed and how you would like to see the town grow and change in the coming years. We will be consulting you soon on this.

Before we get to this stage, we want to give you the chance to find out more about the progress of the Neighbourhood Plan and have the opportunity to ask us questions. The Town Council are therefore holding the following meetings so you can find out more:

Hillcrest Centre – Thursday 28th January,
2pm and 7.30pm

St Leonards Church Hall, Denton –
Thursday 21st January, 2pm and 7.30pm

Alternatively, contact Susie Mullins at the Town Council Offices on 01273 516100 or email susie.mullins@newhaventowncouncil.gov.uk.

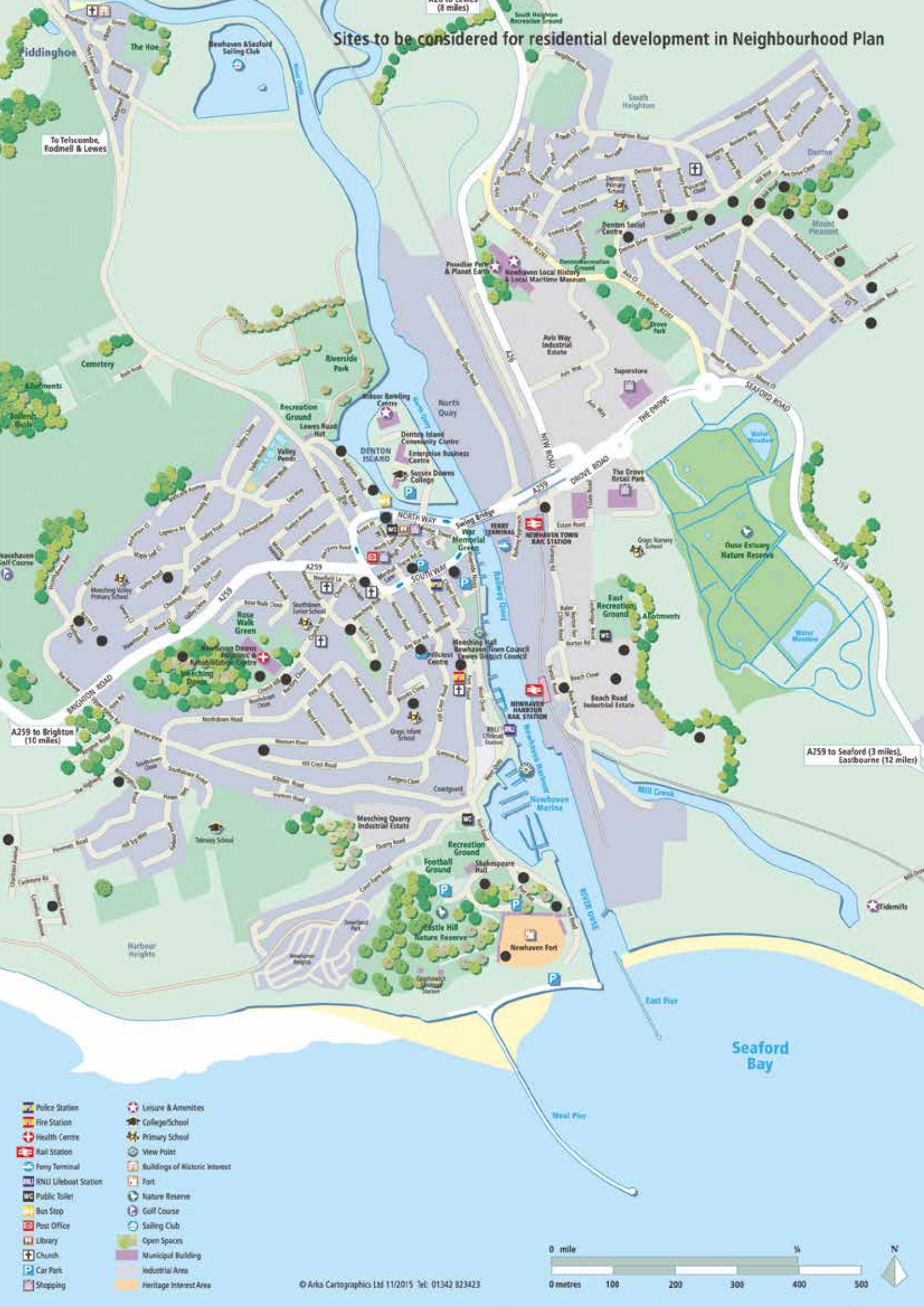
Since last year's consultation a few more sites have been identified from landowners and so before we go any further, we want to let you know where all the sites are that we are looking at.

There may be sites listed below that you think shouldn't be developed, but we have to consider all sites that are being promoted or are available for building on, in order to produce a Neighbourhood Plan that will be considered legally made by an examiner.

To help you see where the sites listed are, we have produced a map over the page with the sites identified by a black dot.

No.	Site Address	No.	Site Address
1	Seahaven Caravans, Railway Road	22	Bay Vue Road Car Park
2	North of Palmerston Avenue, Mount Pleasant	23	Plots 32 & 33 Charleston Avenue
3	Southern Water Pumping Station Site, Fort Road	24	Land at Wilmington Road (plots 44-46)
4	Valley Road, west of Brazen Close	25	South east of Holmdale Road, Denton (Mount Pleasant)
5	The Old Shipyard, Robinson Road	26	Land north of Holmdale Road, Denton (Mount Pleasant)
6	Land to west of St Lukes Court, Church Hill	27	Newhaven Police Station, South Way
7	Land south of Denton Drive	28	Bevan Funnell, Eastside
8	Land at Eastside north of sewage works	29	Eastside (light industrial use east of Beach Road) excluding Bevan Funnell
9	Land at Plot 86, Harbour Heights	30	Land south of Transit Road, Eastside
10	Hill Road (Rear of 7-10 Park Drive Close), Denton	31	Grays School, Western Road
11	North/east of reservoir, Hill Road, Denton	32	Old Conservative Club, junction of South Way and Church Hill
12	Hill Road, Denton	33	Lower Place car park, North Way
13	Land at the Crescent, Denton	34	Multi storey car park, Dacre Road
14	Land at Crest Road, Denton	35	Land either end of Neills Close
15	South of Valley Road	36	North and rear of Mariners Wharf, Fort Rise
16	South side of Western Road	37	Plot of land south of Mariners Wharf, Fort Road
17	Land at Kings Avenue (Part of site developed. Woodland remains)	38	South of Shakespeare Hall, Fort Road
18	Land south of Denton Drive	39	Plots 50 & 55 Westdene Avenue, Harbour Heights
19	Robinson Road Depot, Robinson Road	40	Land adjacent to 1 Denton Road, Denton
20	Lewes District Council Offices, Fort Road	41	Garage site at Rectory Close, off Church Hill
21	Meeching Down, off Brighton Road	42	Garage site at Valley Road

Sites to be considered for residential development in Neighbourhood Plan



- Police Station
- Fire Station
- Health Centre
- Rail Station
- Ferry Terminal
- RNU Lifeboat Station
- Public Toilet
- Bus Stop
- Post Office
- Library
- Church
- Car Park
- Shopping
- Leisure & Amenities
- College/School
- Primary School
- View Point
- Buildings of Historic Interest
- Fort
- Nature Reserve
- Golf Course
- Sailing Club
- Open Spaces
- Municipal Building
- Industrial Area
- Heritage Interest Area

Community Centre Questionnaire

Dear Resident,

The largest community building that the Town Council own is Meeching Hall in Fort Road and it is a valued facility. However it is an old building and there are issues regarding ongoing maintenance, disabled access and other aspects that do not meet modern standards.

The Town Council's Business Plan states that one of the aims of the Town Council is to provide a new multi-function/



purpose built community hall to seat 300-400 people. Such a space could be used for events such as weddings, by activity groups, sports and for other social activities.

In order to deliver such a venue the Town Council would need to sell Meeching Hall so that the money could be put towards building a new Community Hall.

We really want to hear what you think of this idea and what you think the Town Council should do to improve facilities for you in the future. Please tick the option you prefer.

Question 1 – Tick what you would like to see happen

Action	Tick
Do nothing. Leave Meeching Hall as it is.	
Improve facilities in Meeching Hall.	
Construct a purpose built community hall and sell Meeching Hall to finance the new hall.	

Question 2 – If the outcome of this consultation is to build a new Community Centre, which new facilities would you like to see?

Better kitchen facilities		Bigger car park	
Sports and gymnasium facilities		Stage	
Dancing and entertainment facilities		'Green Room' for stage act preparation	
Baby changing facilities		Bar/café area	
Disabled WC facilities and access		Storage	
Other suggestions:			

Question 3 – If a new hall was built with a range of facilities and events, how often do you think you would use it per year? (Please circle as appropriate)

Never	1-10	10-20	20-40	40 or more times
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Question 4 – If you think you would use a new hall, what kind of activity would you be likely to use it for? (Please circle as appropriate)

Personal hire/ private parties	Sports	Event (eg jumble sales)	Entertainment / Shows	Clubs	Other
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Completed forms can be returned to Town Council Offices, 18 Fort Road, Newhaven. Alternatively complete the survey online at www.newhaventowncouncil.gov.uk/survey.

Thank you for your time. Please return your completed questionnaire by Friday 29th January 2016.

Seahaven Business Awards

The Newhaven Chamber of Commerce are pleased to announce that in January 2016 they will be opening nominations for the Seahaven Business Awards 2016 - now in its 13th year.



Categories include Business of the Year, Business Person of the Year, Best Environmental Business, Best Customer Service, Best Retailer and the President's Award which will again be awarded to the Best New Business (under two years old). And for 2016 there will be a brand new category – Best Eatery – open to all cafes, pubs and restaurants in the Seahaven area.

Do you know of a business in the Seahaven area that you feel deserves to win an award? Perhaps a new business that is flourishing and giving great value or an existing business giving exceptional customer service, or one that serves really great food! Why not nominate them? Businesses

can even nominate themselves in one or more of the categories.

The judging panel will include local MP Maria Caulfield, the Mayor of Newhaven and the Presidents of the Newhaven, Peacehaven and Seaford Chambers of Commerce.

Closing date for nominations is Friday 25th March 2016, and the winners will be announced at the Chamber President's Gala Dinner on 6th May at Jerrom Hall in Peacehaven.

For more information go to www.newhavenchamber.co.uk where you can download a nomination form or vote on-line. Or ring the Chamber office on 01273 517544.

Do you want to influence decisions about your NHS?

Every GP Practice has to have a Patient Participation Group. In Newhaven we have had groups at Chapel Street and Quayside practices for the last five years. The main role of each group is to represent the interests of the patients in their practice. This can include giving their views on such matters as opening times and access to appointments and sharing patients' experiences at the practices, both good and bad, with the Practice teams. This has proved to be a positive experience for everyone.

The groups are able to have an influence on the other NHS services commissioned by the

High Weald and Lewes Clinical Commissioning Group by sending representatives to a forum which includes members from other local Patient Participation Groups. They also have an input into the newly formed Havens Project which is addressing health inequalities in the Havens area.

Membership ideally should include the full age range of the patients registered at the practice – from young people to those of retirement age. Anyone who would like to join a group would be welcomed wholeheartedly. They meet regularly at the practices and if you would like to join please do ask your practice's receptionist

who can put you in touch with your group.

Also see www.chapelstreet-surgerynewhaven.nhs.uk or www.quaysidemedicalpractice.nhs.uk.





Many of the open spaces in Newhaven belong to Lewes District Council (LDC) at the moment. The District Council has to make huge spending cuts which mean that it is keen to save money on the maintenance of open spaces. In addition, in recent years development plans have come forward which have threatened some of these spaces – for instance the ill-fated water park at Lewes Road, and more recently the proposal to build houses on Meeching Down.

To keep our open spaces safe and look after them for local residents the Town Council has agreed to take over

ownership of many of them in a process called devolution. This means that you may see advertisements in the local press over the next year or two saying that LDC intends to “dispose” of open spaces in the town. This is a legal process that LDC must go through – please do not be alarmed by it!

The first open spaces to be devolved to the town council will be:

- East Side Recreation Ground and allotments
- Riverside Park
- Valley Road play area and Parkour

The second phase will be:

- Avis Road Recreation Ground
- Drove Park
- Denton Cricket Ground

Other open spaces will follow next year.

Lewes District Council has been charging Newhaven residents an extra bit of council tax called “special expenses” to pay for open spaces. For 2016-17 LDC will reduce this part of the Council tax for the open spaces listed above and instead local residents will pay for their maintenance through the Council tax collected for Newhaven Town Council.

Meeching Amateur Dramatics



Meeching Amateur Dramatics, or ‘MAD’ as it is known, was formed in 1998. It was, and still is, Newhaven’s only drama group. Its first production was in December of that year and is now in rehearsals for its 44th production, ‘Up Pompeii’, based on the popular BBC comedy. (See ‘What’s On’ section at the back for the production dates in February).

MAD have always tried to please their discerning

audiences by producing some of the most varied productions of any local drama group. Their successes over the years have included ‘The Better ‘Ole’, which last year played at Newhaven Fort on the 100th anniversary of WW1, ‘Blithe Spirit’, ‘Allo ‘Allo and ‘Are You Being Served’, with ‘Hercules the Panto’ winning a national award in 2007.

MAD would like to extend a big thank you to those who support them, and if you have not seen a MAD production it is about time you did! They are constantly looking for people to join them and guarantee a warm welcome from the friendliest group in the area, or why not go along to help



behind the scenes or try any theatre genera, from puppetry to mime. They also get involved in helping others in the community – a recent first was a Murder Mystery Evening at the Grand Hotel, Brighton supporting Blind Veterans UK.

MAD rehearses most Tuesday and Thursday evenings at Meeching Hall, Fort Road, so do pop in or call Tony Gibbs the Chairman on 07912 965507 for further information.

Newhaven Historical Society

The Newhaven Historical Society was founded by four local history enthusiasts in 1969. A museum first opened in 1971 in a small rented room adjoining the old Pilot's House on the West Quay and expanded to fill its current position at Paradise Park in 1996.

As well as running the museum, the Society organises an annual programme of talks and events at the Hillcrest Centre in Newhaven and produces a magazine called Newhaven Times.



www.newhavenhistoricalsociety.org.uk  www.facebook.com/museuminnewhaven

Dates for your diary - 2016 Programme

- | | |
|---------------|--|
| 2nd February: | Tales from the riverbank – a glimpse at past life in the River Ouse valley.
Speaker - Ian Everest |
| 5th April: | Forgotten Wrecks of the First World War. Speaker - Stephen Fisher of the Maritime Archaeological Trust |
| 7th June: | Coasting along Sussex. Speaker - Dr Geoffrey Mead |
| 4th October: | Newhaven's First World War Memorials: the men behind the names.
Speaker- Jenny Flood |
| 6th December: | Life above a Railway Tunnel. Speaker - David Porter |

Meetings start at 7.30pm at the Hillcrest Centre, Bay Vue Road, BN9 9LH.

Guests are very welcome to come along and hear these local history talks – **entrance £2.00.**

WHY NOT CONSIDER JOINING THE NEWHAVEN HISTORICAL SOCIETY?

For just £7.00 a year, it will give you:

- Free Entry to Newhaven and Seaford Museums
- Free entry to 5 interesting talks at the Hillcrest Centre
- An opportunity to meet others with an interest in our local history

MEMBERSHIP APPLICATION

I/We wish to apply for membership of the Newhaven Historical Society. An annual membership is £7.00 per person. If you would like Newhaven Times mailed to you (UK address), please add £7.00 to cover costs.

Name Address Postcode.....

I/We enclose a cheque for £_____ payable to "The Newhaven Historical Society".

Please send your payment and form to The Treasurer, Newhaven Museum, Paradise Park, Avis Road, Newhaven, E Sussex, BN9 0DH.

GIFTAID DECLARATION

By using GIFTAID for your subscription or donation you can also give the Society more. If you pay Income Tax, the Society can reclaim 25 pence in every pound you give. Simply complete the form below and return it to the Treasurer.

Full Name(s) (Capital Letters)

Address Postcode

I wish that any subscription or donation paid by me to the Newhaven Historical Society since April 2007, and any further subscription or donation that I make (unless I notify you otherwise) qualifies for GIFTAID. I am a UK Taxpayer and have paid tax that equals any monies claimed by the Newhaven Historical Society from the HM Revenue and Customs in any tax year.

Signed Dated

DATA PROTECTION ACT 2000

Please be aware that your details above may be stored by the society in a computer system. These details will NOT be made available to any third party unless ordered to do so by an appropriate authority and will only be used to administer your membership. Under provision of the act you have the right to object to your details being recorded and should write to the Hon Secretary to that effect.

Registered Charity No. 802506



Newhaven Community Fire Station

Progress continues on the new Newhaven Community Fire Station in Newhaven, which is scheduled to open in the New Year.

This new development, called Saxon House, is part of an exciting integrated joint project between East Sussex Fire & Rescue Service, Lewes District Council and Sussex Police, aimed at delivering a wide range of public services to residents in the Newhaven area.

In addition to housing the fire station, this building will provide future accommodation for Lewes District Council and Sussex Police.

The traditional “Topping Out” ceremony that marks the last beam being placed on top of the structure took place in August and the building progress has all been captured on a time lapse video, when the contractors created their own website: www.communityfirestationproject.com/video.html.

Completion of the Newhaven community fire station will provide a new multi-agency presence in the centre of

Newhaven that will deliver better access to public services for many local people. When this new facility opens in the New Year it will provide a significant focal point for public services in Newhaven and contribute to the regeneration of the town. This collaboration is also a ground-breaking approach to emergency services.

Expansion of Newhaven Enterprise Centre gathers pace

As part of the exciting £2.5 million Newhaven Growth Quarter project, the extension to Newhaven Enterprise Centre on Denton Island is due for completion in Spring 2016.

Originally opened in 2007, Newhaven Enterprise Centre has been a great success and has enjoyed extremely high levels of occupancy ever since.

Managed by Basepoint Business Centres Ltd on behalf of Lewes District Council, Newhaven Enterprise Centre

is now being extended to foster new business start-ups, support growth and act as a catalyst for growing the town’s emerging clean, green and marine technologies specialism.

When the extension is completed, Newhaven Enterprise Centre will offer an additional 769m² of floorspace and a total of 56 units – a mixture of offices and workshops – in a supportive and collaborative atmosphere to foster business growth.



To register an interest in renting a unit in the new extension, please contact Basepoint Centre management on 01273 615250. Progress on the construction work can be followed at: www.growthquarterproject.com.

Healthy Newhaven

Did you know that the average life expectancy in Newhaven is lower than in other parts of East Sussex? To try and tackle this East Sussex County Council has started a project called Chances for Change to try and improve health in the town.

Healthy Newhaven is a partnership between SCDA, Newhaven Town Council and a number of other local organisations which has been set up to organise activities and events promoting health and wellbeing as part of this project.

The Summer Sizzler event held last summer on Fort Road recreation ground was the first event organised by the partnership.

Healthy Newhaven wants to work with local people and organisations to encourage people to take up healthier lifestyles. This doesn't just mean going to the gym (although this is a good thing) but can mean walking, cycling, gardening, dancing and other

community activities as well as eating healthy food.

If you would like to take part or want more information please contact Ian Kedge at SCDA on 01273 516032 or email him on Ian@sussexcommunity.org.uk.



eastsussex.gov.uk/newnewhavenlibrary



FIND more
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KNOW more
BE more



Get more from your **New Newhaven Library**

2014-15 567

The Mayor's Charities

The Mayor has chosen RNLI Newhaven and Seahaven Community First Responders as his charities for the 2015-16 mayoral year. Read on for updates from these two local organisations that do so much for the community.

Seahaven Community Responders

Seahaven Community Responders are a group of volunteers that are trained by the South East Coast Ambulance Service and funded by donations from the very kind people of our community to attend emergency calls in our local area. They bring medical help to you when it's

needed most.

Calls range from nose bleeds to cardiac arrests. So far there have been 180 calls this year. During the winter, the ambulance service are under even greater pressure and Seahaven Responders try and help out whenever they

can working alongside the ambulance crews.

The Responders train every month to keep their skill levels to the highest standards and are very lucky to have Paramedics like Joe Emery as trainers.

The team would like to thank Newhaven Mayor, Steven Saunders, for choosing them as one of his charities for this year. They very much appreciate his help in raising their profile and making the community more aware of their role within it.

www.seahavenresponders.org
www.facebook.com/seahavencommunityresponders



Opportunity knocks at RNLI Newhaven



The volunteer lifeboat crew at Newhaven has recently seen the retirement of three experienced crew members and, with over 60 shouts during 2015, will be looking to recruit replacements during 2016. Crew training takes



place on Wednesday evenings and Sunday mornings. It takes about a year to 18 months for a new crew member to complete all the required assessments.

The start of 2016 will see the land crew looking for an Events Press Officer and a Recycling Ambassador, a Public Relations based role. Detailed information of both roles is available by contacting rnlinewhaven.society@hotmail.co.uk. Both roles would be great opportunities to develop your skills and add something different to your CV!

RNLI Newhaven will celebrate the achievements of their local volunteer crew by hosting the Souper Slurping Winter Warmer at the Lifeboat House on Friday 29th from 11.30am to 2.30pm.

RNLI Newhaven is proud to be one of the Mayor's chosen charities during the mayoral year to May 2016.



What's On.

Every day

Denton Island Indoor Bowls Club open daily between 9am - 7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5-7pm.

Please phone 01273 514664 for more information or to book your free trial.

1st Sunday every month

Table Top Sale at Riverside Hall. 9.00 am to 1.00 pm. £7 per table – to book a table please phone Karen on 07538 421232.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am – 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 11am to 1pm every Tuesday and the 2nd Sunday of every month. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website www.growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers welcome – meet 10am at beach end of the old Tidemills village road. Tel Jim Skinner 01273 517291. December meeting to include Christmas picnic.

3rd Sunday every month

Valley Ponds group meet for litter clearing and conservation. Meet 10am at Valley Ponds until 12 noon.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact Tony 01273 513189.

Every Monday

Mindfulness group 2pm-3.30pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Monday

Football Therapy – contact Josh at Summerhayes for further info 01273 514753.

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club gentle exercise class with teacher Territa. 12.30pm to 1.30pm, £3 per session, just turn up and pay.

Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Monday

Drop in "Monday Open Door" for adults and children with learning disabilities, carers and families at Riverside Hall, 10.00 am to 2.30 pm. Meet your friends for a cuppa and chat, £1 entry. Bring your crafts or favourite CD to play. Some puzzles and games available. Refreshments provided at low cost, or you may wish to bring a packed lunch. Tel: Ann on 07714 088820 for more information.

Every Monday

Llewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Robert Martin 01323 890354.

Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Tuesday

Boxercise Bootcamp, 7pm at Shakespeare Hall, Fort Road, Newhaven. Call Claire on 07711 890956.

Every Tuesday

Pottery group 12.30pm-2.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm.

Ask about private groups and individual tuition. Tel: 01323 892638 07983 622840. Email: seahavenyoga@btinternet.com www.seahavenyoga.co.uk New year classes start Tuesday 12th January.

2nd Tuesday every month

Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.

Drop in sessions, no appointment required. Dates this quarter: 12th January, 9th February and 8th March.

Tuesday & Thursday

Youth Drop In & Counselling – information and support on all issues affecting young people, includes issue based and fun workshops for 11-18 year olds; also creative workshops. 4-6pm. Denton Island Community Centre. Counselling by appointment only. Free and confidential service. Tel 01273 517250.

Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Tuesday & Friday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. 0345 60 80 196 eastsussex.gov.uk/libraries

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00-3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola for details, tel 07850 987131.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10 am to 1 pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771 175707.

Every Wednesday (term time)

Extend Exercises for Seniors 2.15pm-3.15pm. We welcome new members to try a fun and friendly class for the Over 60's. Helps improve suppleness, strength, stamina and balance. St Leonard's Church Hall, Denton. Contact Sandria Reese sandria@talktalk.net

Every Wednesday

Denton Island Indoor Bowls Club Line Dance lessons with teacher Territa. 7pm to 8.30pm, £3 per session, just turn up and pay.

Every Wednesday

Craft group 2.30pm-4.40pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

1st Thursday every month

Royal British Legion - Newhaven Social Club - 7.30pm for 8pm. All welcome. Tel 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am, apart from the Christmas event which is on the second Thursday of the month and is at a different time.

Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds - football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30 - 11am. No need to book, just turn up and enjoy singing stories and playing musical instruments.

0345 60 80 196 eastsussex.gov.uk/libraries

Every Thursday

Country Market 9.45am - 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am - 12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30-8pm. Meet for Exploring - Collecting - Visits - Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am - 2pm (weather permitting).

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, preferably living in the Denton & South Heighton area - 7.15-9.15pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Followed by coffee at 10am and then Mindfulness. Tel 01273 514753 for more details.

Weekdays

Newhaven Ramblers - a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel 01323 891820 for more details.

Every Saturday

Newhaven Tennis Club - Coaching continues throughout the Autumn/Winter for Juniors of all ages and Adults by arrangement. Club Secretary 01273 512162 email: mailrkjackson@yahoo.co.uk

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road.

The Museum is closed during January and February.

Opening times for March: Wednesday, Saturday, Sunday and Bank Holiday 11.00am to 16.00pm

Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers.

Contact 01273 515404 for group bookings, other possible opening times and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10am - 3.30pm; Hillcrest Boxing Club Seniors Men (evenings); Knit 'n' Natter 2-4pm Room 4 - needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6-7pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

Every Tuesday

U3A Art Class (afternoons). Weight Watchers Meeting. 2nd Tues every month, Guesthouse Storytellers. Master Boxing Keep Fit 6-7pm.

Every Wednesday

Life Drawing Class 10.30am-1pm; Art Class 1.30-3.30pm; Red Cross (evenings, every 2 weeks); Boxing Club - Juniors (Evening). Ladies Box Keep Fit 7-8pm. Hoop Dance Exercise Class 7-8pm.

Every Thursday

Country Market 9.45am - 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10am - 3.30pm; Start Art & Smart Art (children & young adults, evenings); Hillcrest Boxing Club Seniors Men (evenings); Hillcrest boxing club: masters boxing keep fit; Sculpture Workshop 10am - 4pm every 2 weeks, contact Silvia Macrae Brown 01323 422137. Novel Group 10am-4pm contact Umi Sinha 01273 611490 to book.

Every Friday

Messy Play 1pm-2.30pm (term-time only).

Every Friday

Ballroom Dancing 6.30-9pm.

Every Friday

Creative Writing Class. An informal and friendly prose writing class that covers everything you need to know about how to write short stories, autobiography or memoir, structured around weekly writing assignments that allow you to practice different fictional techniques. Suitable for all levels. 10am to 12.30pm. Cost £110. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances (afternoons).

SCDA Sewing Group Jan 13th – Feb 24th (excl 17th Half Term).

Peacehaven Children's Centre Event Fri 19th Feb 9am-2pm

Sussex Downs College Art Class 11th Jan – 21st Mar 2016 from 10.00 - 12.00 noon.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

e-mail: newhaven.lewesmencap@btconnect.com

Website: www.newhavenmencap.org.uk

Telephone: 01273 517345

Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members. We use our hall on Mondays as an informal "Drop In" meeting place for people with learning difficulties.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

Our Sensory Room is available to hire at £5.00 per person per hour. Booking in advance is essential. Phone Ann on 07714 088820 to book the room.

SHAKESPEARE HALL

Now run by Wave Leisure.

We offer hall hire at competitive rates, as well as birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club from 3pm. Contact Clare - 07564 452837 - facebook or www.nippers.org.uk

Tuesday

Starting January 2016: Archery for 8 – 12 year olds 4.30 – 6pm. Strength and rebalance class 11.00am – 12.00. Aerobics 6.30-7.30pm. Boxercise 7.00 – 8.00pm. FitSteps 7.30pm-8.30pm.

Wednesday

Baby Bounce 10am-12noon, bouncy castle session for under 5's. Team Mates (SEN Multi Sports) 4.30pm – 6pm (term time only). Zumba Gold (slower Zumba class for the older person) 6.30-7.30pm. Zumba 7.30-8.30pm.

Friday

Fitness Pilates 11am – 12noon.

DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Healthy Lifestyles

31a High Street, Newhaven

Lots of new and exciting FREE Healthy Eating and Physical Activity courses coming up: Tai Chi, Fitness and wellbeing courses. Walks and outdoor activities too. Please call us for more information and/or sign up for our email list and then you will receive course information as soon as it's available. Tel: 01273 516032 or email healthylifestyles@sussexcommunity.org.uk

Open Spaces

Community Space Garden, Lewes Road Hut, Robinson Road, Newhaven

Volunteer and enjoy a free lunch of vegetable soup and fresh bread every other Thursday 10.00am-14.00pm. Other activities related to gardening, wildlife and healthy living will also take place at the Hut during this time. Activities and courses will be advertised on site. Please feel free to get involved the amount of time or experience you have does not matter. All welcome.

Family Learning

SCDA free family activities. For bookings via SCDA please go to www.sussexcommunity.org.uk/childrens-family-activities or call 01273 517250. You can also find us on Facebook, just search for Family Activities Newhaven!

Weds 6th January – 10th February, 3.15pm – 5pm, cookery for Denton School families - please book via their office.

Weds 13th January – 24th February, 12.00 – 2pm, sewing at the Hillcrest Centre.

Thurs 14th January – 25th February, 9.30 – 11.30am, sensory play at Denton Island Community Centre.

Thurs 3rd – 24th March, 9.30am -12.00pm, language and play at Denton Island Community Centre.

Youth Services

SCDA Youth activities and services for all young people aged 8-18 years. Weekly sessions consist of a Youth Drop In, providing free information and support on all issues affecting young people. A wide range of physical activities from swimming to table tennis, youth clubs, youth counselling service and a Newhaven Young People's Forum who represent a voice for local young people. All sessions provide a fun, safe, supportive and educative environment. For further details please contact Youth Team on 01273 517250 or email: youth@sussexcommunity.org.uk or mobile: 07920 526215.

We also have a team of trainee and qualified youth counsellors providing a free service to young people 11-18 years. Referrals and appointments only. 01273 517250 or youth@sussexcommunity.org.uk.

Wellbeing Courses

Tuesdays

Cooking on a Budget – FREE cooking course. 12th, 19th & 26th January. 11am-1pm at the Community Kitchen, Newhaven (opposite new library). Call 01273 516032 to book a place.

Wednesdays

Sewing course – 6 sessions starting 13th January. 12-3pm. All ages welcome. To be held at the Hillcrest Centre. Contact 01273 517250.

Cooking Course – One Pot Health Meals. 3 sessions starting 10th February. 12.30-2.30pm at the community kitchen in Newhaven High Street.

Thursdays

Numbers and Play – 4 Sessions starting 21st January. 9.30-12pm. For ages 0-5yr old. To be held at Denton Island Community Centre. Contact 01273 517250.

Sensory Play – 4 Sessions starting 25th February. 9.30-12pm. For 0-2yr olds. To be held at Denton Island Community Centre. Contact 01273 517250.

Fridays

Trip to the Fort – day visits to the Fort in Newhaven, 11th & 18th March. Have fun looking around the local museum and make a memory album to keep. All ages welcome.

For further information or to book a place on the courses, please contact The Healthy Lifestyles team on 01273 516032.

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday to Sunday. Tel for more details.

Seniors Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday.

Water Aerobics 12noon - 1pm Monday & Friday and Deep Water Aqua sessions now running 8.30 – 9.30pm every Tuesday and Aqua Zumba 8.30 – 9.30pm every Wednesday.

School Holiday Activities for Children and Young People

Running between 2pm – 3.45pm. Mon & Fri – Big Floats, Tues & Thur – Big Inflatable.

STUDIO TEMPO DANCE CENTRE

High Street, Newhaven

Phone and check times during summer holidays please.

Every Monday

Adults Morning Line Dance Classes – Beginners 9.15am and Improvers 10am. Join Territa's friendly drop in class, keep active for fitness and fun! £5.50 Tel 07931 930770 for details.

Every Wednesday

Adults Ballroom and Latin Social Dance Class for Beginners. Come alone or with a partner, enjoy dancing for an active lifestyle at Studio Tempo Dance Centre, 7.30pm £5.50. Tel 01273 476565/513784 for details.

Every Wednesday & Friday

Up The Tempo provides fun and creative classes for children aged 2 years and upwards. Come along to learn great dances to your favourite music. Pre-schoolers are introduced to the world of dance through 'Melody Movement'. Tel Stefanie 07852 323990 for more details.

Every Friday

Adults Evening Line Dance Class for improvers and above at Studio Tempo, 7.30pm £5.50. Tel Territa 07931 930770 for details.

Every Friday

Studio Tempo Adults Ballroom and Latin Social Dance Classes at the Hillcrest Community Centre. 6.40pm - Absolute Beginners Tuition. 7.15-8.00pm Dancing Practice for all, then tuition for higher levels. Tel 01273 476565/513784 for more details. Fee £5.50.

HEALTH TRAINER SERVICE

Free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited : One to one sessions (approx. 6 over a 3 month period) held at the

Rehabilitation Centre, Church Hill 9am-2pm every Tuesday.

9am-1pm every Wednesday

Children's Centre, Denton Island 1pm-4pm every Thursday

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

JANUARY

- 3rd Castle Hill Group work party starts at 10am for two hours. Meet in the Fort car park. Further information from Thyone Outram 01273 471600.
- 7th Newhaven & Peacehaven U3A: a talk on the First World War by Jenny Flood at the Baptist Hall, Newhaven 10.15am. New members welcome – tel 01273 589953.
- 7th Maestro Big Band at the Hope Inn, West Pier 7.00 – 9.00pm.
- 8th Everyone welcome to come into Denton Island Bowls Club and have a FREE TRIAL BOWLS SESSION 7pm to 8.30pm.
- 10th Sunday Tea Dance at the Hillcrest Centre 2.00 – 4.30pm. £5 per person including tea and biscuits. For further information call Fred Weston on 01323 898813.
- 12th Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.
Drop in sessions, no appointment required.
- 12th The GuestHouse Storytellers - 'The Labours of Hercules and other Myths and Legends' featuring Josh Crisp from Brighton Storytellers. A chance to immerse ourselves in the richness of our heritage with a collection of myths and legends from around the world. In the first half we will have a selection of stories from individual tellers. In the second half, Josh Crisp will entertain us with 'The Labours of Hercules', told with a modern twist. To book a ten minute slot to tell a story please email Gareth: garethdee@gmail.com Age 12+
At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door. www.guesthousestorytellers.com
- 15th Race Night at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.
- 16th Hillcrest Cinema presents Muscle Shoals (Cert PG). Who would have thought a bunch of white musicians would be the studio band for some of the top black R&B and soul artists of all time? Wilson Pickett, Aretha Franklin, Percy "When a Man Loves a Woman" Sledge, along with the Allman Brothers, the Rolling Stones, Jimmy Cliff, Bob Dylan, Etta James: they all came south to the studio built by Rick Hall, an oasis of mixed skin colours and musical styles – call it hillbilly soul blues – in cotton-picking, segregationist Alabama.
A stubborn charmer whose life was a magnet for tragedy, Hall is the emotional centre not only of the Muscle Shoals sound but of this film. Mick, Keef, Aretha, Pickett, Percy, James, Cliff and that white studio band themselves, the Swampers, are the talking heads.
But the true narrator is the music.
Tickets £5.00 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.
- 21st Meeching WI - Mrs Terry Penn - A Life Less Ordinary - 9.45am at Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.
- 25th Bingo at South Heighton Village Hall, last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 29th Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.

29th RNLI Newhaven Souper Slurping Winter Warmer. You are invited to come along to the Lifeboat House, Riverside, West Quay from 11.30am to 2.30pm to enjoy warming soup and a cheese roll for just £3.50 per person. This always popular fundraising event will see an improved service for 2016! There will be a raffle and a very warm welcome awaits you. No need to book, just come along. Support your local lifeboat - Respect the water.

FEBRUARY

2nd Newhaven Historical Society AGM followed by Tales from the River Bank, an illustrated talk by Ian Everest. A glimpse of past life in the River Ouse valley. Hillcrest Centre, Hillcrest Road, Newhaven 7.00 pm for 7.30 pm. Non-member admission £2. 01273 515404 for more details.

3rd Paradise Park Timely Talk: 'Buddy can you spare a...'
Mark Curtis the Plant Area Manager giving a seasonal talk in the coffee shop.

4th Newhaven & Peacehaven U3A: a talk by Reuben Lanham at the Baptist Hall, Newhaven. New members welcome – tel 01273 589953.

4th Maestro Big Band at the Hope Inn, West Pier 7.00 – 9.00pm.

4th Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre. Your local teacher, Marek Lorys, will explain how learning this simple technique may benefit you personally, how it differs from other practices and the structure of the course itself. There will also be ample opportunity to have your questions answered. If you simply want to have a chat or ask questions, please either e-mail mareklorys@gmail.com or call 07946 386290. Introductory talks are free of charge and by attending you are under no obligation to learn. Please let us know you are coming!

If you are unable to travel we can offer introductions online (by Skype video) by appointment. Please ask! More information is available at: uk.tm.org

6th-14th Valentine's Love Week at Paradise Park. Display of fragrant plants and instore 'love poem' competition.

7th Castle Hill Group work party starts at 10am for two hours. Meet in the Fort car park. Further information from Thyone Outram 01273 471600.

9th Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay.

Drop in sessions, no appointment required.

9th The GuestHouse Storytellers – 'Hags, Harlots and Heroines'

"Who knows where a woman begins and ends? Listen... I have roots; I have roots deeper than this island. Deeper than the sea, older than the raising of the lands...no one knows, no one can say what I am, what a woman is, a woman of power, a woman's power, deeper than the roots of trees, deeper than the roots of islands, older than the Making, older than the moon." From Tehanu by Ursula le Guin.

Come and spend an evening celebrating the female in all her many guises, from Snow White and Vasilissa to Lilith and Baba Yaga. To book a ten minute slot to tell a story please email Anne-Marie: amhbrighton@gmail.com Age 12+ At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door. www.guesthousestorytellers.com

10th-14th Meeching Amateur Dramatics (MAD) presents 'Up Pompeii' a comedy by Miles Tredinnick at Meeching Hall, Fort Road, Newhaven at 7.45pm (matinee on 14th at 2.30pm). Tickets from Meeching Estate Agents or tel 07912 965507.

12th Barn Dance at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.

13th-14th Introduction to Craft Day at Paradise Park. Featuring Meridian Lacemakers & a local spinner.

14th Sunday Tea Dance at the Hillcrest Centre 2.00 – 4.30pm. £5 per person including tea and biscuits. For further information call Fred Weston on 01323 898813.

18th Meeching WI - Mrs Shirley Kirby - Every Cloth Tells a Story – 9.45am, Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.

18th A.G.M for Newhaven Gardening Society to be held at Age Concern Day Club, West Quay, Newhaven at 7.30pm.

18th-20th Meeching Amateur Dramatics (MAD) presents 'Up Pompeii' a comedy by Miles Tredinnick at Meeching Hall, Fort Road, Newhaven at 7.45pm (matinee on 20th at 2.30pm). Tickets from Meeching Estate Agents or tel 07912 965507.

20th Hillcrest Cinema presents IDA (Cert 12).

Ida is a poignant film set in postwar communist Poland. The story is of a novice nun sent away to her only living relative, her aunt, to test whether she should take that final step. The relative reveals to Ida that she is not Catholic but Jewish, and so they take a road trip to discover what happened to Ida's parents during the war. On the way they pick up a young hitchhiker and Ida's commitment to her life as a nun is truly tested.

A complex and cerebral film that's also beautiful to look at – every shot seems posed, and many critics gave this film huge praise. It reveals a lot about Poland's attitudes to religion, the state and critically, to its Jewish population – powerful and absorbing viewing.

Tickets £5.00 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm

20th RNLI Newhaven Quiz Night with Fish and Chips Supper from 7pm at the Lifeboat House, Riverside, West Quay. Quiz Mistress Lyn Davies will be ready with the questions (and, hopefully, the answers!) and always ensures good order. This increasingly popular evening requires teams of 4 and, at only £8.50 per person, to include a delicious fish and chips supper, booking is essential. You are invited to bring your own bottle, although light refreshments will be available for a donation and there will be a raffle. Enquiries and bookings contact Lyn: 01273 517488 or email: rnlinewhaven.society@hotmail.co.uk Support your local lifeboat - Respect the water.

26th Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.

29th Bingo at South Heighton Village Hall, last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.

MARCH

1st Quayside Medical Practice Patient Participation Group meeting 6.30 - 8.30pm. Please ask at Quayside Practice reception for more details or visit <http://www.quaysidemedicalpractice.nhs.uk>

2nd Paradise Park Timely Talk: Climb Every Mountain. Mark Curtis the Plant Area Manager giving a seasonal talk in the coffee shop.

- 2nd Newhaven & Peacehaven U3A trip to the BBC in London. New members welcome – tel 01273 589953.
- 3rd Maestro Big Band at the Hope Inn, West Pier 7.00 – 9.00pm.
- 3rd Lewes District Council will hold a public consultation on the Newhaven Air Quality Action Plan at the Hillcrest Centre, Bay Vue Road, Newhaven from 3pm to 8pm. Please come along and share your views. For further details about this consultation, please contact Lewes District Council, Southover Road, Lewes BN7 1AB; Tel: 01273 471600 or to download a copy of the plan, visit www.lewes.gov.uk and click 'Public Consultations'
- 5th – 6th Bonsai Workshop at Paradise Park. Eastbourne & Wealden District Bonsai Club running a workshop.
- 6th Castle Hill Group work party starts at 10am for two hours. Meet in the Fort car park. Further information from Thyone Outram 01273 471600.
- 7th-13th Orchid Week at Paradise Park. Display of orchids to include Mid Sussex Orchid Society Show on 13th.
- 8th Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 10am to 12 noon at Age Concern Newhaven Day Club, West Quay. Drop in sessions, no appointment required.
- 8th The GuestHouse Storytellers – professional storyteller Dominic Kelly with 'The Trickster'.
15th July 1910: A red-haired boy walks out of school for the last time. His classmates, teachers, and the local doctor have already fallen foul of his trickery. Little does he know he'll soon be hunted as the most wanted man in the country. Delightful and dangerous, hungry for life and never to be trusted: meet charlatan and shapeshifter, meet John Henry Williams. With his eye on the main chance, a bag of disguises and always a trick up his sleeve, he'll take you on a rattling trip from pithead, parade ground and mountain hideout to a climax on the lonely roads of Cumberland.
Dominic Kelly embarks on an audacious tale of trickery and deceit; a tale where truth and hearsay, history, folktale and myth flicker like shadows in sunshine. Come journey on a trickster's side of the road... Age 12+
"Compelling, funny and heartbreaking" The Times.
"Wickedly Wonderful" ScandalNight, Margate.
At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30.
Tickets £6 in advance from the Hillcrest café or email wendy.atkinson@btinternet.com. If available, tickets will be £8 on the door on the night. www.guesthousestorytellers.com
- 10th Transcendental Meditation - an introduction - 7.30pm, Newhaven TM Centre. Your local teacher, Marek Lorys, will explain how learning this simple technique may benefit you personally, how it differs from other practices and the structure of the course itself. There will also be ample opportunity to have your questions answered. If you simply want to have a chat or ask questions, please either e-mail us on mareklorys@gmail.com or call 07946 386290. Introductory talks are free of charge and by attending you are under no obligation to learn. Please let us know you are coming!
If you are unable to travel we can offer introductions online (by Skype video) by appointment. Please ask! More information is available at: uk.tm.org
- 11th Tribute Night with Abba Chique at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.
- 13th Sunday Tea Dance at the Hillcrest Centre 2.00 – 4.30pm. £5 per person including tea and biscuits. For further information call Fred Weston on 01323 898813.
- 17th Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay, Newhaven at 7.30pm - with Geoff Stonebanks giving an illustrated talk entitled 'From City Courtyard to Seaside Sanctuary'. Non members always welcome, £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.
- 17th Meeching WI - Mr Harry Pole - Buried Secrets - 9.45am, Meeching Hall, Fort Road. Visitors / new members welcome. Tel: 01273 517053 for more details.
- 19th Seahaven Traders Association Easter event in Newhaven High Street.
- 19th Hillcrest Cinema presents PRIDE (Cert 15).
Who remembers the miner's strike? Well, Pride is a great little feel-good film based on a true story of a group of gay men from a London bookshop not only raising money, but going down to a tiny village in Wales in support of the miner's efforts to beat Thatcher's government.
This meeting of almost stereotypical opposites – burly miners and their stalwart wives and gay men – gives rise to an Ealing comedy feel of misunderstandings that give way to goodwill, songs and reciprocal trips by the wives to London and the gay bars.
There's a great cast with Paddy Considine, Imelda Staunton, Bill Nighy (ageing but still with buckets of charm) Dominic West amongst others.
Tickets £5.00 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm
- 21st Bingo at South Heighton Village Hall, normally last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 25th Fish and chip bingo at Denton Island Indoor Bowls Club. To book tickets please call in and pay either Traci or Pam on reception. Telephone 01273 514664.
- 26th Newhaven's First World War Project Day at Newhaven Fort. A day of talks and activities related to Newhaven during the First World War, including an exhibition of recent work done by local school children. Find out what it was like to live and work in the town during the war. What was life like for the soldiers camped here and how did the women of Newhaven help with the war effort?

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in April/May/June) is 26th February 2016 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

New Year Resolution?
FOR A FITTER, HEALTHIER YOU



NEW MAX MEMBERSHIP = MAXIMUM FITNESS

With our new **MAX** membership you get unlimited classes, gym and swimming in **ALL OUR CENTRES**.

COME IN TO JOIN



wave
Live life

LEWES • PEACEHAVEN

SEAFORD • NEWHAVEN

*MAX 12 months membership is 25% cheaper than our rolling monthly membership



www.waveleisure.co.uk

01323 493026

info@waveleisure.co.uk