



Newhaven *Matters*

SPRING 2017 // Issue N° 13



Photo by Robert Horscraft

Welcome to the Spring edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Spring 2017

In the next few months Sharon and I have more fund-raising events planned. I've been trying to make sure that Newhaven's profile will be raised in 2017 and have been working with the organisers of the Raft Race, to make it a big event at this end of the river. We're hoping to have canoe races around Denton Island, a fete at West Quay and many other associated activities. The Dieppe Raid event this year will commemorate its 75th anniversary, so a special service is planned.

As well as all the fun activities and fundraising events, there's been the serious work to support the regeneration of the town – the town centre, traffic and other infrastructure problems. We have been liaising with the Environment Agency to ensure that flood alleviation works at Huggett's Green are completed on time for the Fish Festival in June and that the design won't impact on the many events we put on during the year.

I would like to thank fellow Councillors and staff for their support over the past 2 years. As well as the people of Newhaven, I must thank all the many clubs, societies, groups, charities



and businesses that have invited me along and supported me in my fundraising. My last thank you goes to my long-suffering partner, Sharon. She has been my rock and without her love and support, I could not have done the role of Mayor any justice.

Steve Saunders
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100

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STREET ADVERTISING

You can't just put a poster or banner up advertising something wherever you want. There are strict laws governing where signs and notices can be displayed and where they cannot.

The banners and posters that often appear attached to railings on Newhaven's one

way system are not allowed there. Banners and posters placed there are distracting for drivers and potentially dangerous. This means that even if you applied for planning permission to put an advertisement on the railings you would not be given it. The Highways Authority (East Sussex County Council) may remove advertising material put up in this way.

To advertise in the street in other less dangerous places you may need planning permission. You can download a guide giving full details of what is and isn't allowed from the Lewes District Council website: www.lewes.gov.uk/Files/plan_guide_for_advertisers.pdf



SPRING COWSLIP DISPLAY AT NEWHAVEN CEMETERY

Local residents have been telling us how much they miss the lovely display of cowslips there used to be at Newhaven Cemetery. In years gone by they made a bright and colourful Spring display, but when the town council contracted out its grounds maintenance operation some years ago, we forgot to ask our new contractors to leave the grass uncut during the Spring where the cowslips were and unfortunately, they got mown and lost.

So, this Spring the town council's grounds maintenance contractor Burleys has planted 1,500 cowslip plugs along the bank at the top of the Cemetery between the

allotments and the Cemetery itself – a total area of 150sqm. We hope these will flower in future years and give a lot of pleasure to people visiting the Cemetery and the allotments as well as benefit local wildlife.



NEW YEAR COMPETITION WINNERS

The two lucky winners of our New Year Competition in which we asked you to identify some photos were Mrs S. Colburn and Mrs K. Avenell (pictured here receiving their prizes from Kath Dudley of Wave Leisure).

In case you are still stumped, here are the answers to the competition:

A – pub sign, Flying Fish, Denton; B – Back of bench, War Memorial Green, South Way; C – Clock on wall, High Street; D – Central anchor, Compass, Newhaven Square; E – Carpenters' Workshops, UTC, Railway Quay; F – Cormorant signpost, West Quay; G – Stained glass window, TS Defiance (Sea Cadet Hall), Chapel Street; H – Quirky bird, Denton Corner roundabout; I – Coat of arms, former Nat West bank building, High Street; J – Wooden slats, Memorial Bench, Castle Hill; K – Statue at entrance to Newhaven Cemetery, Lewes Road; L – Sculpture at junction of Chapel Street and Fort Road; M – window at Hillcrest Centre, Hillcrest Road.



Our Newhaven

More photos and memories of old Newhaven

Tide Mills

Most of us are familiar with the derelict village of Tide Mills which was abandoned in 1939, but how many of us know about its origins?

The mill was erected in 1761 by the Duke of Newcastle and was later owned and operated by William Catt and his family. The village consisted of a large tide mill and several cottages housing around 100 workers. The tide mill was operated by water from the rising tide turning water wheels and filling the pond behind; as the tide later drops, the water in the pond flows out and turns the wheels the other way. Originally the grain and flour were transported backwards and forwards in barges via the creek and its entrance into Newhaven harbour. When the creek was closed to improve the quays a spur line from Bishopstone station

was put in so the grain and flour could be transported by train, Tide Mills having its own station. Production stopped in the late 19th century and all that can be seen now are the foundations of a once flourishing village.

To find out about Tide Mills conservation work, you can visit the Friends of Tide Mills website at www.tidemills.webs.com/friendsoftidemills.htm.



Our Newhaven is an easy to use website project run by volunteers that encourages you to remember, record and become a part of a living history of your town.

2017 is its 10th year and to keep the website running more volunteers are needed to help run the site. If anyone is interested please contact the team via the website on info@ournewhaven.org.uk.

NEW WEBSITE FOR NEWHAVEN TOWN COUNCIL

There's always been lots of useful information available on the Newhaven Town Council website www.newhaventowncouncil.gov.uk. You can find out all about events taking places in the town, look up what the Council is discussing at its next meeting, read the associated reports, find out how to contact local clubs and organisations – and lots more.

Up until now though, this hasn't been very easy to do from your smartphone or tablet. And the technical stuff

behind the website has been becoming rather clunky and old fashioned too.

So – the town council is having a new, mobile friendly “responsive” website made that will still contain all the same useful information but in a much more user friendly form. The website will fill the page on whatever type of device you view it – PC, tablet or phone – and it will be bright, attractive and colourful.

Why not check it out and take a look? We expect the new website to go live during April.



Newhaven Flood Alleviation Scheme underway



The scheme is being designed and constructed in phases and Environment Agency contractors are now nearing the end of the first phase.

In Huggett's Green a low level grass embankment at the rear of the Green has been realigned and raised to meet flood protection standards. Access has been maintained from West Quay Car Park and Fort Road through a new set of steps. Now the embankment

has been built the Green will be restored with seeding and tree planting.

Another 150m embankment has been constructed to the north of Riverside Park. Some tree removal was required but new trees were planted within the Park. The existing sites on the west bank will be tidied and cleared and work on the east bank is scheduled to begin in late spring.

The Environment Agency is aware that construction is disruptive and thanks you for your understanding and continued cooperation. For further information go to www.gov.uk (search 'Newhaven'), contact the project team by email at newhavenfas@environment-agency.gov.uk or call 03708 506506.



SHOOTING THE BREEZE, WATCHING THE WINDFARM



Do you wish you could take a closer look at what is happening out at sea where the Rampion windfarm is taking shape?

Soon you will be able to. Rampion Offshore Wind has

kindly donated a tourist type telescope to the people of Newhaven to enable local residents and tourists to view the wind turbines being installed and the vessels that will be servicing and carrying out maintenance for the windfarm in future years.

The telescope will be available for people to use free of charge and will be installed on Castle Hill, in front of the Coastwatch tower. Keep an eye on the town council's website or Facebook page for news of when it is ready for use!



NEWHAVEN COUNTRY MARKET *Celebrates 20 years*

Your local indoor market is open in the main hall of the Hillcrest Centre every Thursday between 9.45am and 1.00pm throughout the year.

This year is the 20th anniversary of its launch in 1997 with one of the original traders, Joan Rhodes, still an active and supportive member.

Traders offer locally baked, locally grown and locally crafted produce. There is a wide range of stalls including

baked goods both sweet and savoury, free range eggs, fresh fish, Indian food and spices, honey, jams and preserves and marmalade. All the food producers have the required standard of food hygiene certificate and food premises accreditation. Handicrafts are well represented, featuring hand-knitted, crochet and sewn items as well as jewellery, handmade cards and wood carved art. Plants and garden produce are available in season.

The market enjoys a happy and mutually beneficial relationship with the Hillcrest Centre and its superb café, disabled access, free parking and toilets, all of which combine to make an enjoyable experience for customers.

Come along and meet your local stallholders; you will be very welcome.

For further details call 07540 199616 or 07561 838031.

DON'T GET SCAMMED WHEN BOOKING A HOLIDAY!



Holiday frauds are on the increase and holidaymakers are being scammed out of millions of pounds by fraudsters. Scammers are targeting online holiday booking and accommodation sites to scam unsuspecting customers into

paying for accommodation that is not available or does not even exist. Often the victim only realises they have been scammed when they arrive at their accommodation or holiday destination and find no booking has been made.

- Scammers often ask for payment by direct bank transfer away from the website. Where possible pay by credit card or through a reputable website's own payment system.
- Scammers often use photos of accommodation taken from other sites on the web. Check photos with a reverse image search engine to see where else the photos have been used.
- Try to research the property and see if it has its own website.
- Try to telephone the owner to confirm they are aware of the booking.
- If an advert claims they belong to a trade body such as ABTA contact the body to check.

RE-CYCLE YOUR CYCLES!

Sussex Community Development Association (SCDA) has received funding to run a bicycle recycle project

to help unemployed and socially inactive members of the community gain work skills and training.



Re-Cycle, part of a wider project called Get Socially Active, is a community initiative that provides an environmentally friendly means of recycling unwanted bikes. Bicycles are donated to the project and refurbished by the SCDA service team with support of volunteers wanting to gain work experience. The project provides a hands-on training opportunity to gain new skills and experience.



If you have an unwanted bike that you could donate please contact George Stonehouse, Re-Cycle Client Advisor, on 01273 516347.



Newhaven Fort *reopens for business*

Newhaven Fort opened its big old doors again in time for February half term holiday. The season kicked off with a week of All New Spy Camp, during which some junior special agents were introduced to some very interesting characters and had lots of fun trying to track down a sneaky sheep rustler!

Staff haven't been lazing about over the winter though. The maintenance team have been painting like it's going out of fashion, the First World War, Home Front and Sussex Sea & Air displays have all been updated and there is brand new signage all around the site. The shop has been transformed, with a new colour scheme, new shelving, a stripped-down floor and some lovely new lighting.

Time has also gone into planning some great events for this year. There'll be opportunities to learn about the Fort and local history with

Hidden Fort and Talks in the Tea Room series of illustrated talks, plenty of chance to step back in time with Living History events and Battle of Britain Day, classic car shows, ghost hunts, the return of the Zombie Runs and loads more too!

As you can see, there's lots to look forward to this year. Why not make sure that you see it

all by taking advantage of a great value-for-money season ticket? With a season ticket you can visit the Fort as many times as you want during the open season, and they're valid for a whole year. This year the price has been brought right down, so you start saving after just one visit! Find out more about events and season tickets on the Fort's website www.newhavenfort.org.uk.



TRYING TO SAVE THE TOADS AT VALLEY PONDS

Many Valley residents will remember the days when Valley Ponds were quite literally crawling with toads. The Ponds are a valuable breeding site for the Common Toad – which sadly is becoming much less common. Numbers of toads have been plummeting since the 1980s, not only at Valley Ponds, but also across the whole country and particularly in the South East.

The reasons for this are complicated, but may include climate change, pollution, loss of habitat and road traffic casualties as toads cross roads to get to their breeding ponds.

A toad crossing patrol has operated at the Ponds since the late 1970s, when it was started by local resident Janet Claydon. Over the years many dozens of local residents and their children have helped, collecting the toads and frogs

in buckets to prevent them being run over. They are then placed in the breeding pond to spawn. Toads and frogs tend to set out in search of a mate on the wettest nights of early Spring. They only do so when weather conditions are just how they like them, which can happen anytime between January and April, although February and March are the busiest times.

Toads have very bad road sense as they like to sit on black tarmac which has absorbed the sun's rays during the day and remains warm. Males lie in ambush for females and will often couple up before they reach the ponds.

Sadly, despite the efforts of the stalwart volunteers of the toad crossing patrol, the

numbers of toads at Valley Ponds have plummeted to near extinction level.

This winter the town council commissioned a specialist audit report of the Ponds looking both at ways in which the toads could be helped and also at surface water flooding. As a result of the audit, we will be talking to the Highways Authority about making adjustments to gullies around the Ponds so that toads don't get trapped in them and looking at the creation of a small wetland area to try and filter pollution out of surface flooding before it reaches the ponds.





EASTER HOLIDAY ACTIVITIES

There's plenty going on to keep the children amused this Easter – here's a taste of what to expect:

Newhaven Fort has Easter school holiday activities for children and families, including a World War Two Living History Association re-enactment weekend on 8th and 9th April. Visit www.newhavenfort.org.uk for details.

Paradise Park has a Bunny Hunt competition, face painting, mosaic workshops and craft days. See website www.paradisepark.co.uk for further details.

NIPPERS (Newhaven Play Project) will be running an Easter Playscheme from

3rd to 13th April based at Shakespeare Hall in Fort Road.

There will be a wide range of play, arts, crafts and leisure activities for children and young people aged 3-17 years. Forest school activities will be run from Castle Hill, led by a qualified Forest school leader and Haven Coaching will provide sports coaching sessions daily.

For further details, please contact Clare James on 07564 452837, facebook nippers or e-mail nip.shak@fsmail.net.



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Address: 10 South Way, Newhaven East Sussex, BN9 9LL

Tasker Osman & Co.
Financial Accountants

Partners: Les Tasker FFA, FAIA, FFTA, Kevin Osman FFA, FAIA, FFTA

NEWHAVEN'S FIRST WORLD WAR



Daylight Saving

– a problem for Newhaven schools



Class II, Newhaven Girls' School c.1912

British Summer Time was first adopted on 21st May 1916 to save fuel and money during war-time.

It was not popular with Miss Scanes, the headmistress of Newhaven Girls' School. In 1917, she complained that 'children were kept up late at night and in the morning were too tired to get up and

go to school in time, or, if they did attend, many were not fit for work'. A similar situation was reported at both Infants' schools when the matter was discussed at the School Managers (Governors) meeting on 6th June 1917. The chairman reported that children could often be seen 'running about the street at 10:30pm or later'.



Theft of Government stores

– a case from Newhaven

On 24th May 1917, P C William Standing, of the Railway Police, stopped and searched seaman George Beal and found his bag contained a tin of marmalade (value 6d.), 4lbs of rolled oats and 2lbs of flour (value 2s.). It appears the rolled oats and flour were taken from the ship's stores, but Mr Beal said he had picked up the tin of marmalade, which was government stores, from the deck. He was found guilty and fined £1 and told to be very careful of his conduct in future.

Aerial view of the harbour during the First World War.

Enforcing food control in the Newhaven area

At a meeting of Newhaven Rural District Council on 1st June 1917, members discussed the Food Control Orders brought in by the government. Before the war roughly 80% of the UK's wheat and almost all of its sugar came from abroad. By 1917 food prices had increased on average by 93% and submarine warfare was hitting imports hard.

Among other things, the Food Control Orders stated that people were no longer allowed to use sugar and chocolate to decorate cakes. Limits were imposed on the price of essentials such as milk, bread and potatoes and there were restrictions on eating out. The job of enforcing the orders in the Newhaven area, was given to the local Sanitary Inspector.



The bakery of Thompson Grocers (now Newhaven Cabs). The bakery was in Marshall's Lane, behind the grocers.

All photographs belong to Newhaven Museum. Text supplied by Jenny Flood.



May Day Festival at the Hillcrest Centre

Saturday 6th May 2017, 11.00am – 3.00pm, Hillcrest Community Centre, Bay Vue Road, Newhaven

Following the success of last year's May Day event the Hillcrest Centre will be hosting another one this year. Come along and celebrate with activities for all the family:

- Face painting
- Market stalls
- Garland making
- Long rope skipping
- Tug of war
- BBQ burgers and sausages
- Raffle and lots more

There will be free workshops in Maypole and Morris Dancing - learn Morris Dance steps and twirl around the Maypole! If you want to get involved in learning the Maypole and Morris steps before the event please get in touch by calling the Hillcrest on 01273 512376.

The Hillcrest café will be open serving delicious cream teas and refreshments.



All are welcome: just 50p entry and free parking. This is an all-weather event – if raining it will be held inside.

Sing out with Haven Harmonies

Sometimes Monday is just that drab day that follows the weekend but that's not the case for the 36 members of Haven Harmonies because Monday night is Choir night! It's the opportunity to socialise, make new friends, forget your troubles and generally lose yourself in song.

It is well documented that singing is good for your health and choir members find that even if they feel a little tired when they arrive, by the time they leave they are buzzing with ideas and enthusiasm.

They learn a diverse mix of songs in 2, 3 and sometimes 4 part harmony and are blessed to have a great teacher, Rosie Brown, who joined last September.

With the help of Newhaven Town Council grant aid, Haven Harmonies have covered administrative costs and bought smart uniform accessories which they wear when performing in the community.

The choir meets from 7.00 – 9.00pm at the Hillcrest Centre. There are no auditions so if you

want to test the theory that singing is good for you, the first taster session is free and £6 a week thereafter.

Contact: marianstanley43@gmail.com for further information or just come along.



COMMUNITY BUILDING THROUGH TABLE TENNIS

People of all ages turned up at the launch of a new table tennis club in Denton Church Hall. Brighton Table Tennis Club came over to launch the opening of the club bringing with them an extra table for the evening, which they later decided to donate to the club.

The new club is open to all ages, all abilities, beginners, those who want to improve their game or play just for fun. Table tennis is entertaining, fun, fast, easy to learn the basics and has great health benefits. Because of the low risk of injury it can be enjoyed by people of all ages and

fitness levels. When played regularly it improves reflexes, hand-eye coordination and balance while toning and strengthening the core muscles, upper and lower body.

If you would like to have a go, please just turn up to a Tuesday evening session from 8.00 – 10.00pm or a Friday morning 11.00am – 1.00pm. Only £1 a session to include a drink, if you have time! For further details contact Rosemary at rosemary.cutbush@gmail.com or Nic Cole at 5cole@sky.com.



Powerboat Racing Seaford Bay NEWHAVEN

www.ocrda.info

10th & 11th JUNE
2017

Events All Weekend
in & around
Newhaven Marina & Fort

ACUA
ADRENALINE
TOWN 2017

Supported by:



Newhaven Gig Rowing Club

Newhaven Town Council

Photos by Tim Tapping



NURSERY CLASS

Places available at High Cliff Academy Nursery
Southdown Road, Newhaven, BN9 9FD

SESSIONS AVAILABLE

Morning sessions: 08:45 - 12.00 or 08:45 - 13:00

Afternoon sessions: 12:00 - 15:10

All Day: 08:45 - 15:10

OUR MISSION

"Working hard, showing kindness"

At High Cliff Academy we set high expectations for all learners. We build the children's confidence at an early stage to ensure that they believe they can achieve in every area of their learning. We also focus on pupil voice – starting from Nursery we expect children to speak with confidence and give them the tools to develop and discuss their achievements.

OUR AIMS

At High Cliff Academy, we want children to:

- Speak using a confident voice
- Talk about what they are learning
- Focus on activities independently
- Work together to achieve
- Expect to be praised for effort

We take children from age three; 15 hours are funded by the government and additional sessions will be charged, please contact us for a fee structure.



If you would like to have a look around the nursery please contact us at:
office@highcliffacademy.org or 01273 041471



Over the last few years staff at Safehaven Locksmiths in Bridge Street have been collecting brass from old locks

and keys and grouping them into a large heart shape, before selling the brass and donating the money to local charities.

People can donate any old keys and bits of non-rusting metal to Safehaven's Heart of Brass appeal, which has grown in size to about £500 this year. Customers visiting the shop are asked to consider which good causes the appeal could support, and this year they have decided to help both Denton and Newhaven Cubs and Scouts along with the Mayor's own fund raising



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Safehaven Security Locks Ltd**

for defibrillators for the town. There are also plans to help the Ronald McDonald house for children in Brighton in the future.

If you have any old brass keys, locks or anything that doesn't rust, please pop into Safehaven with them.

DENTON COMMUNITY CHALLENGE

This year's Denton Community Challenge will be held on Saturday 10th June at Avis Road Recreation Ground in Denton, Newhaven from 1pm – 5pm.

Local sporting groups and charities take part, providing activities alongside their displays and the main arena will feature local clubs together with many other varied entertainments. Sporting activities of all sorts will again be promoted on the day and children can have fun taking part in some or all of these sports challenges. The day

provides a fun and inclusive day for families to enjoy and also to raise awareness of the many sporting groups in our locality.

There will be all the usual fete attractions and a licenced bar, plus a BBQ kindly provided by the local 2nd Denton & South Heighton Scouts. The Grand Raffle will be drawn later in the afternoon and the first prize is a mini I-Pad, kindly donated by Keep It Clean.

The Challenge organisers are hoping this year will be a record breaking event – in



more ways than one! Please check out their new website for all the latest news – www.dentonchallenge.co.uk.

Spotlight on...

local artist Dorothy Valenti



Dorothy has lived in Newhaven since 1964 and started to paint soon after that when her children were small. Having been born in Staffordshire in the Midlands, she loves living here by the sea.

Dorothy has a long history of club memberships and solo exhibitions (21 years of exhibiting with Artwave!) and has been chair of Newhaven Art Club at the Hillcrest and Seaford Art Club. She always paints from life and particularly loved painting Newhaven Harbour and along the river. Her pictures of the coast have been sold in London at the Royal Watercolour Society Exhibition.

Dorothy says she is very proud of all her work in Newhaven and considers many pictures to now be of historical value as some places, such as the Marine Workshops, no longer exist. She has enjoyed her time painting and is happy to be able to say that many people have enjoyed seeing and owning her paintings.

For further information about Dorothy's work, contact her on 01273 513644.



Calling all Newhaven Artists and Makers

You still have time to register for this year's Artwave Festival – the closing date is 8th April. For three weekends from 19th August – 3rd September 2017, a variety of artists and makers open their houses, studios, gardens and galleries to the public, giving visitors the opportunity to meet the artists, see how and where they work, and to buy art direct.

If you are an established artist, a beginner or hobbyist why not join the other artists in the Newhaven Trail? Applications start at just £80. Last year Artwave welcomed over 400 different artists and makers to show their work, and attracted around 49,000 visitors to Lewes district over the three weeks. Find out more: www.artwavefestival.org.





Let's Play Bowls at Newhaven Bowling Club

Bowls is a game for all ages and abilities, and at Newhaven Bowling Club players from 9 to 93 are welcomed. It's a sport that gets you outside during the summer; walking, exercising, improving your fitness, using the brain and socialising.

At the club in Fort Road, a Junior Club takes place every Saturday morning from 10am until 11.30am. Juniors play the game in a fun environment

with an emphasis on learning the game and practicing their skills. Their season runs from May until the end of September with a Finals Day which is always hotly contested. For adults there are weekly 'drop in try it out' sessions every Saturday from 11.45am until lunch. All sessions are run by a qualified coach and team of friendly club members.

For everyone there are fixtures during the week, evenings and

weekends, with competitions during the main season which is from mid-April until the end of September. Social events such as quizzes, bingo and coffee mornings happen all year round especially during the off season.

For more information contact the club on 07401 663519, go to www.newhavenbowlingclub.weebly.com or check Facebook & Twitter.



Looking for group support in your fight to quit smoking?

Join our Quit Club where you have the best chance to quit smoking.



0800 622 6968
(Mon-Fri 9.00am-7.00pm Sat 10.00am-2.00pm)



contact.quit51@nhs.net



'smoke free' to 66777



www.quit51.co.uk

Quit 51



Newhaven is going to change and grow... but how?

The Newhaven Draft Neighbourhood Plan suggests what this change might look like and how our town could grow over the next 10-15 years.

The Town Council with the help of local volunteers has been working on the plan and will publish the document mid-April.

We are formally consulting on the Neighbourhood Plan from **3rd May** until the deadline of **5pm on 21st June 2017**. We need your views, so that we can make any changes to it before we submit the plan to Lewes District Council for formal consideration and wider consultation later in the year.

From the 24th April copies of the Draft Neighbourhood Plan can be viewed at the following locations:

Newhaven Library
High Street, Newhaven, BN9 9PD
Hillcrest Centre
Bay Vue Road, Newhaven, BN9 9LH
Paradise Park
Avis Road, Newhaven, BN9 0DH
Town Council Offices
18 Fort Road, Newhaven, BN9 9QE

An online version of the plan and accompanying documents will be available on the Neighbourhood Plan pages of the Newhaven Town Council website at: www.newhaventowncouncil.gov.uk/neighbourhood-plan.

Come and find out more at the following drop in sessions where you can view the plans and talk to members of the Neighbourhood Plan Steering Group and volunteers:

Wednesday 3rd May from 2pm – 8pm at Hillcrest Centre, Bay Vue Road

Wednesday 17th May from 2pm – 7pm at Lewes Road Social Centre, Lewes Road

Saturday 27th May from 10am – 2.30pm at Denton & Mount Pleasant Social Centre

For more information about the consultation or the Neighbourhood Plan contact Susie Mullins on 01273 516100 or email: susie.mullins@newhaventowncouncil.gov.uk.



FOOD WASTE RECYCLING

- it really makes a difference!

Did you know that a third of all waste in an average household bin is food? By recycling food waste you reduce the amount incinerated which is much kinder to the environment.

- No amount of food is too small to recycle. You could start with just used tea bags and coffee granules. You can put any raw or cooked food into your caddy - even uneaten food straight from your plate. If you compost your food waste you can still put dairy, meat bones, fish and cooked food into your food bin.
- To keep your food caddy clean regularly empty it into your outside food bin and use a compostable liner. Caddy liners are inexpensive and can be bought from many local shops, supermarkets and from the town council. Alternatively you can line your caddy with newspaper.
- After the district council collect your food waste they take it to be recycled into compost locally which is then used by farmers and gardeners in the area.

You can join the food waste recycling service at any time. Just visit www.lewes.gov.uk/foodrecycling or call 01273 471600.



Newhaven Enterprise Zone set to begin

From this April, Newhaven will officially become an Enterprise Zone.

The Enterprise Zone (EZ) is composed of eight sites throughout the town, including the town centre, the port and Avis Way. Developments taking place on these sites will be eligible for significant benefits such as a business rates discount.

The EZ aims to facilitate the regeneration of the town over the next twenty-five years. Successful development on key Enterprise Zone sites should lead to new investment across the town leading to increased opportunities for all local residents. The EZ also enables additional reinvestment in Newhaven to enhance the town as a place to live, work and do business, although this will be through investment over the next 25 years.

If you are a business looking to invest in Newhaven please contact Peter Sharp, Lewes District Council Enterprise Zone Project Manager, by email at peter.sharp@lewes.gov.uk.

Look out for more information on the EZ soon on a dedicated website.



A brighter approach to Newhaven Town station

Visitors to Newhaven will have a brighter, more welcoming approach to the railway station and port, thanks to a joint effort between Southern Railway, Newhaven Port Authority, and local gardening business Burley's, helped by Newhaven Town Council and the Sussex Community Rail Partnership.

A drab, neglected strip of land between the port lorry park and Newhaven Town railway station approach has been cleared of rubble, litter and overgrown bushes. The area is visible to train passengers and anyone using the railway station and ferry terminal. Passengers walking in and out of the station are already commenting positively on

the improvement. Burley's will maintain the grassed area as a community contribution.



Kirsten Firth of Sussex Community Rail Partnership said, "We couldn't tackle this awkward area without the willingness of everyone to play their part. It's projects like this that really show the importance of the local community in improving the environment for everybody."

HELP MAKE IT OK TO TALK ABOUT MENTAL HEALTH

Sussex Partnership is our local Mental Health Trust serving the residents of Sussex, providing care for people with mental health problems and learning disabilities. As a NHS Foundation Trust it has a greater freedom to develop services needed by local people and is directly accountable to people who use its services.

Service users, carers and the general public can become members of the Trust and help to shape what the Trust does by making their views known and have their ideas listened to.

The more members the Trust has, the greater the

voice to end mental health discrimination. Membership is free and members decide how much they want to be involved, letting the Trust know what is good and not so good about its services. There is a quarterly newsletter and members have access to health service discounts from well-known brands.

For more information about becoming a member contact Freepost RTBT-JXXK-AURH, Membership Office, Sussex Partnership NHS Foundation Trust, 35 New Church Road, Hove BN3 4AG. Freephone: 0300 304 4438 or email: ft@sussexpartnership.nhs.uk.



What's On.

Every day

Denton Island Indoor Bowls Club open daily at 9am. Free trials anytime, phone Traci or Pam on 01273 514664 or just call in. See us on Facebook or website www.dentonislandbowls.co.uk.

Every day

Newhaven Bowling Club open every day for home matches and roll ups. New and experienced players welcome to play. Contact us on 07401 663519. Look us up at www.newhavenbowlingclub.weebly.com. We are also on Facebook & Twitter.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am – 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers very welcome – meet 10am at beach end of the old Tide Mills village road. Tel Jim Skinner 01273 517291.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact John 01273 514377. Great food, great company.

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club. Gentle exercise class with teacher Territa. 12.00 midday to 1pm; £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Monday

Knit 'n' Natter 2-4pm Room 4 at the Hillcrest Centre – needlecraft, resources and support, all levels welcome. Call 01273 512376 for more info.

Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk.

Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk.

Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Robert Martin 01323 890354.

Every other Monday

She Can Meetups. Informal networking for women in business, the arts and social enterprise. Talking point at each meeting. Based at the Newhaven Enterprise Centre, Denton Island, Newhaven. See more on the website www.SheCanUK.com, on Facebook and Twitter @SheCanUK Tel: 01273 615279.

Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

Every Tuesday

Bi-polar Group 10.00am-12noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Play with Clay group 12.30pm-2.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Knit & Natter 2.00pm-4.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Tuesday

Denton Table Tennis club meets every Tuesday evening 8pm to 10pm at Denton Church Hall, Heighton Road, Denton. All welcome.

Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm. Tel: 01323 892638 07983 622840. Email: seahavenyoga@btinternet.com, www.seahavenyoga.co.uk.

Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00-3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola on 07850987131

Every Wednesday

Community shiatsu clinic - relax and unwind. 10 am to 1 pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771175707.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.15- 3.15pm. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance Lessons with teacher Territa. 7pm to 8.30pm. £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Wednesday

Craft group 2.00pm-4.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

Every Wednesday (term time only)

Satyananada Therapeutic Yoga - 7-8.30pm. Bespoke/tailor made 6 week courses for a maximum of 10 participants. In a private fully equipped studio with Senior British Wheel Teacher Trainer. Contact: Janet on 01273 512306 (or) Email: samtosha4u@btinternet.com

Wednesdays fortnightly

Nukehaven - we are a fun and informal ukulele group for all abilities - other instruments welcome - that meet fortnightly on a Wednesday from 7.00pm at the Hillcrest Centre. Dates this quarter are 12th April, 26th April, 10th May, 24th May, 7th June, 21st June.

1st Thursday every month

Maestro Big Band are at the Hope Inn, West Pier 7.00pm – 9.00pm.

1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8pm. All welcome. Tel 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am. Visitors/new members welcome. Tel: 01273 517053 for more details.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.

Every Thursday (term time only)

Mixed Abilities Yoga 10.00-11.30am. 6 week courses, bespoke/tailor made sessions for a maximum of 10 participants in beautiful equipped studio with Senior British Wheel Teacher Trainer. Contact: Janet on 01273 512306 (or) Email: samtosha4u@btinternet.com

Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds – football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday

Lewes District Citizens Advice at Newhaven Library 9.45am – 12.30pm. Drop-in service, no appointment necessary.

Every Thursday

Denton Island Indoor Bowls Club. Yoga Class 10am to 11.30 am. £3 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30 - 11am. No need to book, just turn up and enjoy singing stories and playing musical instruments. 0345 60 80 196 eastsussex.gov.uk/libraries

Every Thursday

Mindfulness for women 1pm-2.30pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday

Football Therapy – contact Josh at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am – 12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30–8pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

Every Thursday

AA Meeting 7.30pm-9.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am – 2pm (weather permitting).

Every Friday

Walking group 10.00 – 11.00am at Your Way (Summerhayes), Marshall Lane. Followed by quiz 11-12 noon and then Mindfulness for men 1-2.30pm. Craft group 2.00 – 4.00pm. Narcotics Anonymous 8.00 – 9.30pm. Tel 01273 514753 for more details.

Every Friday

Denton Table Tennis Club 11am to 1pm, Denton Church Hall, Heighton Road, Denton. All welcome.

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, preferably living in the Denton & South Heighton area – 7-9pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk.

Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. Call 01323 891820 for more details.

1st Saturday every month

Denton Island Indoor Bowls Club open 10am to 12 midday for free bowls tuition. Phone 01273 514664 to book a place or just turn up on the morning.

Every Saturday

Newhaven Bowling Club Junior Bowls Club 10am – 11.30am. Adult try it out sessions 11.45am until lunch. Contact the club on 07401 663519 for more information.

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road.

The Museum closed in October for extensive refitting and reopens on Tuesday April 4th. Please check www.newhavenhistoricalsociety.org.uk for full details. Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers. Contact 01273 515404 for group bookings, other possible opening times and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10am – 3.30pm; Line Dancing 10am – 11.30am; Drawing and painting workshop 10am – 12 noon; Knit 'n' Natter 2-4pm Room 4 – needlecraft, resources and support, all levels welcome; Samurai Martial Arts 4-7pm; Ladies Boxing Keep Fit 6-7pm; Seniors boxing club 7-8.15pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

Every Tuesday

Writing Class 1.30-4pm; U3A Art Class 2-4pm; Weight Watchers 5.45 – 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30-9.30pm; Master Boxing Keep Fit 6-7pm.

Every Wednesday

Pilates 9-10am; Life Drawing Class 10.30am–1pm; Art Class 1.30-3.30pm; Samurai Martial Arts 4-7pm; Disco/freestyle dance class (age 2 upwards) 5-6pm; Boxing Club – Juniors 6-7pm; Ladies Box Keep Fit 7-8pm; Red Cross (every 2 weeks) 7-9pm; Nukehaven Ukelele Group 7-10pm (every 2 weeks).

Every Thursday

Country Market 9.45am – 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10am – 3.30pm; Diddi Dance (children) 10-11am; Novel Group 10am-4pm (once a month) contact Umi Sinha 01273 611490 to book. Sculpture Workshop 10am – 4pm, contact Silvia Macrae Brown 01323 422137. Writing Class 1.30-4pm; Start Art & Smart Art (children & young adults) 4.45-8.45pm; Masters boxing keep fit 6-7pm; Hillcrest Boxing Club Seniors Men 7-8.30pm; Line dancing 7.30 – 9.00pm.

Every Friday

Creative Writing Class. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk
U3A Art Class 2-4pm; Disco/freestyle dance class (age 2 upwards) 3.45 – 7.00pm; Ballroom dancing 6.30-9pm.

Every Saturday

Samurai Martial Arts 10-11.30am.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2pm – 4.30pm. £5 per person including tea and biscuits. For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064
e-mail: newhaven.lewesmencap@bitconnect.com
Website: www.newhavenmencap.org.uk
Telephone: 01273 517345
Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members. Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information). The hall can be booked for private functions at a very reasonable rate. Please phone 01273 517345 for availability (preferably giving one month's notice of booking date).

Our Sensory Room is available to hire at £5.00 per person per hour.

Booking in advance is essential. Phone Ann on 01273 517345 to book the room.

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (with view to becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Play Tennis Open Day Sunday 11th June , 12 noon - 4.00pm. Adults and children welcome.

Every Sunday

Mix of adult and junior coaching: ask about coaching lessons.

Every Monday

Junior sessions for 14 years of age and under: 5.30 - 6.30pm. Members & non-members welcome.

Every Wednesday

Club sessions for adults & youth. Open to non-members (with view to becoming members).

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am Junior coaching. 1.00-5.00pm adult club sessions. Open to non-members (with view to becoming members).

Every day

Club members can use the courts anytime during daylight hours.

SHAKESPEARE HALL

Run by Wave Leisure Trust Limited

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club from 3 - 6pm. Contact on 07564 452837 - Facebook or www.nippers.org.uk

Monday

Kettlercise – 6 - 7pm; Boxercise Circuits & Bootcamp 7 - 8pm.

Tuesday

Take Heart Cardiovascular Exercise class 10am - 11am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantford 07786 001771.

Strength and Balance Class 11am – 12pm. Kettlercise & Core Ability 6.30 - 7.30pm. Boxercise & Kick Boxing 7.30 - 8.30pm.

Wednesday

Baby Bounce 10am - 12pm, have fun with our bouncy castle and toys. Tea/coffee included (Unsupervised) £2.00 per family 0 - 5 years.

Thursday

Take Heart Cardiovascular Exercise class 11am - 12pm.

Team Mates 5 - 6pm for 8 -16-year-olds. Newhaven Youth for Christ Youth Club 7pm - 8.45pm every week during term time.

Friday

Wave Big Night Out, last Friday of every month 7pm - 9pm.

Saturday

H.I.I.T. 9am - 10am – a full body workout, suitable for all fitness levels. PiYo 10am - 11am – combination of pilates and yoga.

SUSSEX COMMUNITY DEVELOPMENT ASSOCIATION (SCDA) DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Healthy Lifestyles

SCDA will be running some new and exciting events, fitness, wellbeing and cooking courses from April. Please contact us for details on yoga and tai chi classes.

Updating your wardrobe on a budget

Starting Monday 8th May to 22nd May (3 Weeks). 10.30am – 12.30pm, Sussex Downs College, Denton Island, Newhaven

Confidence Building

Starting Wednesday 19th April to 14th June (8 Weeks) (No session on 31st May). 10.00am – 1.00pm, Sussex Downs College, Denton Island, Newhaven.

Back Care YOPI

Thursdays 27th April to 22nd June. 10.30am – 11.15am. Sussex Downs College, Denton Island.

Pizza and Bread Making

Starting Friday 21st April to 5th May (3 Weeks). 10.30am – 12.30pm, SCDA Community Kitchen, Denton Island Community Centre, Denton Island, Newhaven

Family Activities

Call 01273 517250 or email: familylearning@sussexcommunity.org.uk to book a place on the following courses:

Course	Age	Dates	Time	Cost	Crèche
Story Sacks	Adults	Wednesdays - 19th April – 17th May (5 weeks)	10am – 12pm	£5 refundable deposit	Yes limited free spaces.
Parent and baby yoga	Parent and baby (not yet mobile)	Fridays - 21st April – 26th May (6 weeks)	Morning time TBC	£5 refundable deposit	Family activity

Family Learning – Term Time Only

Course	Day	Dates	Venue
Jitterbugs Under 5's	Fridays	9.30am till 10.30am Term Time Only	Denton Island Community Centre

SEAHAVEN SWIM & FITNESS CENTRE

Swimming Lessons available, Monday - Sunday. Telephone 01273 512498 for more details.

Senior's Class in the Gym (includes a swim after class) 9.30 am – 10.30 am every Monday and Thursday. (Please note: no Senior's Class on Bank Holiday Mondays).

Water Aerobics 12 noon - 1 pm Monday and Friday.

Deep Water Aqua Sessions now running 8.30 pm – 9.30 pm every Tuesday.

Aqua Zumba 8.30 pm – 9.30 pm every Wednesday.

Aqua Tots Session 10.15am - 11.30am on Thursdays with toys in the teaching pool. (Please note: during term time only).

School holiday activities for children and young people

Running between 2 pm – 3.45pm, Monday – Friday. Please refer to Holiday Programme for session details.

STUDIO TEMPO DANCE CENTRE

Venues around Newhaven.

Please phone Margaret 01273 476565 or Jean 01273 513784

Ballroom and Latin classes every Friday at the Hillcrest Centre
Beginners 6.45pm, Improvers 7.30pm, Everyone welcome

HEALTH TRAINER SERVICE

Free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited: One to one sessions (approx. 6 over a 3 month period) held at the Rehabilitation Centre, Church Hill 9am-2pm every Tuesday.

New Weekly Walk

This is a 30 minute beginner walk for those who need or want to improve their health and would like company whilst doing so!! Every Thursday 10.30am – 11.00am. Meet outside Chapel Street and Quayside GP Surgeries, Newhaven.

Event

Fish Festival – Saturday 17th June

To find out more or to book a place on the above courses please call 01273 516032 or email: healthylifestyles@sussexcommunity.org.uk

Youth Services

Youth Group Drop In: please call 01273 517250 or email: familylearning@sussexcommunity.org.uk to find out the dates and venues of our youth group sessions.

9am-1pm every Wednesday

Children's Centre, Denton Island 1pm-4pm every Thursday

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

APRIL

- 1st Paradise Park: Newhaven Air Cadets will be cleaning customers' cars for donations to their squadron.
- 1st-2nd RNLI Newhaven is hosting the 4th Sovereign Seas Folk Festival Weekend at Newhaven Lifeboat House, Riverside, West Quay BN9 9BX. Full details are available from www.sovereignseasfestival.co.uk and you can contact rlnlnewhaven.society@hotmail.co.uk for tickets.
- 1st-18th Paradise Park holiday activities and Bunny Hunt competition. See website for activities each day.
- 3rd-17th Easter Holiday activities for children and families at Newhaven Fort. Visit www.newhavenfort.org.uk for details.
- 4th Newhaven Historical Society illustrated talk "Sussex Films" by Mick Hymans at the Hillcrest Centre at 7.30 pm, doors open 7.00 pm. Members free, visitors £2. Please check www.newhavenhistoricalsociety.org.uk for more details.
- 4th Tea dance at the Hillcrest Community Centre: popular sequence, ballroom and Latin. 2.00 – 4.30pm. Admission £5 including tea and biscuits. Good company, great music, good dance floor and free parking! Call Fred Weston 01323 898813 for more info. First visit FREE!
- 5th Paradise Park Timely Talk: Plot on the Landscape – our annual look at the world of herbs and vegetable growing, with solutions for every space and plot. Free tea or coffee, plus a plant offer. Free entry. All welcome.
- 6th Newhaven & Peacehaven U3A: a talk by Peter Hill about the alternative uses of animal, water and wind power. At the Meridian Centre at 2.15pm. Lots of really

good classes and activities: singing, walks, talks, music, theatre, so please join us - ring 01273 589953.

- 8th Newhaven in Bloom Sign-up Saturday at Paradise Park. Easter Fun Week. Pop by & pick up an entry form and a free cup of tea or coffee. Why not give it a go this year and have a chance to win some of the prizes on offer, plus a rewards card for your purchases.
- 8th-9th World War Two Living History Association re-enactment weekend at Newhaven Fort. Visit www.newhavenfort.org.uk for details.
- 9th Palm Sunday: St Michael's Church - 8.30am Holy Communion; 10am Informal service.
- 10th South Heighton WI Birthday Meeting with John Southgate and his Moments of Magic. In South Heighton Village Hall, 2.15pm. For further information please contact 01273 516354.
- 11th The GuestHouse Storytellers – The Three Troubadours with "MOBILE DREAMS" - All welcome. A poetic, funny and warm storytelling show for adults about the everlasting human search for truth and connection, freedom and beauty. At the Hillcrest Centre, café opens 7pm. Stories from 7.30. Tickets £6 in advance, from Hillcrest café or our website: www.guesthousestorytellers.com or £8 on the door if available. Age 12+
- 12th Self Publishing in 2017 - A guide to independent publishing for writers and businesses. Speaker is Diana Horner, Director eBookPartnership.com. All welcome. 7-9pm at Newhaven Enterprise Centre, Denton Island. Cost is £20 (half price to She Can members). www.SheCanUK.com or call 01273 615279.
- 13th Maundy Thursday: St Michael's Church - 7.30pm Holy Communion.
- 14th Good Friday at St Leonard's Church, Denton: 10 am Family Service.
- 14th Good Friday: St Michael's Church - 10am Morning Prayer and Litany. United Churches Procession of Witness - 12noon start at the War Memorial. St Michael's Church - 2.30pm Messy Church finishing with Hot Cross Buns and Easter Egg Hunt at about 4pm.
- 15th Newhaven's Easter Extravaganza from 10am in the high street. Easter egg hunt, market stalls, games and activities for children, animal encounters.
- 15th Newhaven Conservation Trust annual general meeting at the Hillcrest Centre, 11.00am.
- 15th Easter Eve: St Michael's Church - 8pm Service of Light.
- 16th Easter Day at St Leonard's Church, Denton: 10 am Easter Family Communion.
- 16th Easter Day: St Michael's Church - 10am Family Communion.
- 20th Meeching WI talk: Rathfinney Wine Estate - Richard James. 9.45 am at Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 20th Newhaven Gardening Society monthly meeting: 'More Garden Impact For Less Effort' illustrated talk by Alison Marsden at Age Concern Day Club, West Quay, Newhaven starting at 7.30pm. Non members always welcome, £2 including tea and biscuits. More info Jenny 01273516433 or Joyce 01273515610.
- 21st-23rd Bee and Wildlife Weekend at Paradise Park. Display and advice with our own plant doctor, Mr David Fitton, MBE. With a focus on plants to keep the garden a-buzz, and attract a host of wildlife to your friendly garden. Free spotter-chart for kids to enjoy too.
- 22nd Mayor's Charity Dinner at Denton Island Bowls Club, 7.00 for 7.30pm. Tickets £32.50, including 3 course dinner, wine and entertainment. Auction and raffle. Black tie event. Tickets from Newhaven Town Council, 18 Fort Road, tel 01273 516100. All proceeds raised will go

towards the Mayor's Charity Fund to purchase defibrillators for the town.

- 22nd Hillcrest Film Society presents THE GOOD LIE. Cert 12A. 1hr 51 mins. Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.
- 23rd Pub quiz at the Hampden Arms, South Heighton 6.30pm for Denton Community Challenge.
- 26th The Royal Pavilion as an Indian military hospital and the impact of the martial race theory. An illustrated talk at Newhaven Fort in the Tea Room 7.30pm. Tickets £6. Visit www.newhavenfort.org.uk for details.
- 29th Newhaven, Peacehaven & Telscombe Rotary Club Country Rock night with live band. 7.00pm at Jerrom Hall, Peacehaven. Tickets £12 (including supper); call 01273 516018.
- 30th Mayor's Charity Tea Dance at the Hillcrest Centre, 2-5pm. Tea, cake and dancing; £6 per person. Tickets from the Hillcrest Centre 01273 512376. All proceeds raised will go towards the Mayor's Charity Fund to purchase defibrillators for the town.

MAY

- 3rd Paradise Park Timely Talk: This Colourful Life – an interesting perennial palette of plants and attractive combinations. Free tea or coffee, plus a plant offer. Free entry. All welcome!
- 6th May Day event at Hillcrest Community Centre, 11.00am – 3.00pm. Maypole and Morris Dancing workshops, face painting, market stalls, garland making, long rope skipping, tug of war, BBQ burgers and sausages, raffle and lots more. All weather event, inside if raining.
- 6th-7th Paradise Park: Owls 'Out & About'. Come and experience the magic of getting up close to our feathered friends.
- 6th-14th Paradise Park Hanging Basket Week. Choose a container or hanging basket, then choose the plants and our helpful staff will plant it up for you, while you wait!
- 8th South Heighton WI Resolutions Meeting at South Heighton Village Hall, 2.15pm. For further details please contact 01272 516351.
- 9th The GuestHouse Storytellers – Guest Night with South Down Storytellers - All welcome. To book a slot to tell a story on any theme, please contact wendy.atkinson@btinternet.com or just relax, sit back and open your ears, because we need listeners too! At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. Tickets £5 /£4 concessions on the door. www.guesthousestorytellers.com.
- 10th Creative Businesses Count - Promoting and selling your work as an artist, writer, creator. Social Media tips and 'Buy Local, strategies to raise your profile and help with sales. All welcome. 7-9pm at Newhaven Enterprise Centre, Denton Island. Cost is £20 (half price to She Can members) www.SheCanUK.com or call 01273 615279.
- 13th Newhaven Bowling Club Try It Out Day. Please check out our website www.newhavenbowlingclub.weebly.com for more information. Contact the new member hotline 07401 663519 for more details. We are also on Facebook & Twitter.
- 14th Tea dance at the Hillcrest Community Centre: popular sequence, ballroom and Latin. 2.00 – 4.30pm. Admission £5 including tea and biscuits. Good company, great music, good dance floor and free parking! Call Fred Weston 01323 898813 for more info. First visit FREE!
- 17th RNLI Newhaven Annual General Meeting at Newhaven Lifeboat House, Riverside, West Quay, Newhaven BN9 9BX from 7.30pm. Refreshments provided. An ideal opportunity to meet the fundraising committee – you may even be inspired to join the fundraising team. Support your local lifeboat – Respect the Water.

- 18th Meeching WI Resolutions Meeting : 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 18th Newhaven Gardening Society monthly meeting: Andy Thomas giving illustrated talk 'Lewes and Bonfire Night' at Age Concern Day Club, West Quay, Newhaven starting at 7.30pm. Non members always welcome, £2 including tea and biscuits. More info Jenny 01273516433 or Joyce 01273515610.
- 20th Hillcrest Film Society presents RAMS. Cert 15. 1hr 39mins. Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.
- 20th Beetle Drive at Denton Community Primary School, 6pm for 6.30pm. A great family event – all are welcome.
- 20th–21st Paradise Park Weed Weekend. Identification and remedies for troubling weeds with our expert plant doctor, Mr David Fitton, MBE (10-5pm only).
- 21st Newhaven Fort Classics on Parade. Classic car show 10.00am – 4.00pm. Visit www.newhavenfort.org.uk for details.
- 25th Ascension Day: St Michael's Church - 7pm Holy Communion.
- 27th Paradise Park: Lesley Harvey Drawing Workshop 11am – 1pm. Free drawing workshop with Lesley Harvey.
- 27th RNLI Newhaven 'Strings 'n Things' Music Night with Fish and Chips at Newhaven Lifeboat House, Riverside, West Quay, 7pm to 11pm. Tickets are just £12 each and include a delicious fish and chips supper. Ticket enquiries: 01273 515964 or rnlinewhaven.society@hotmail.co.uk Support your local lifeboat – Respect the Water.
- 27th–29th Living History Weekend at Newhaven Fort. Living Historians from various eras bring the Fort to life. Visit www.newhavenfort.org.uk for details.
- 27th–31st Paradise Park Feathered Friends Competition. Children's events. See in-store for details.
- 29th–31st Hideous History week at Newhaven Fort – fun holiday activities for families! Visit www.newhavenfort.org.uk for details.
- 29th–31st Paradise Park: Rose Week. Check out our range and displays for scent and colour, of the favourite English garden flower. For advice and some history behind the flower, our monthly 'Timely Talk' - 'The Rosarians Dream' will take an entertaining, closer look.
- 31st Secret Sussex Resistance – an illustrated talk by Stewart Angell, 7.00pm at Newhaven Fort. Tickets £6. Visit www.newhavenfort.org.uk for details.
- 10th Denton Community Challenge - 1pm – 5pm. Family fun day with added sporting attractions for all the family. Craft Fayre 1pm – 5pm. Avis Road Recreation Ground – Denton. Call 07802 716830 for details or email dentonchallenge@gmail.com.
- 10th–11th Powerboat Racing in and around Newhaven Marina and Seaford Bay.
- 11th Play Tennis Open Day at Newhaven Tennis Club, Court Farm Road, 12 noon – 4.00pm. Adults and children welcome. For more info contact Bob 01273 512162 or email: mailrkjackson@yahoo.co.uk
- 12th South Highton WI talk by David Fritton: Gardens for all Seasons and for the Elderly, at South Highton Village Hall, 2.15pm. Please contact 01273 516354 for further details.
- 13th The GuestHouse Storytellers – Fishy Tales - All welcome. Email Anne-Marie: amhbrighton@gmail.com At the Hillcrest Centre, café opens 7pm. Stories from 7.30. Tickets £5 /£4 concessions on the door. www.guesthousestorytellers.com
- 14th 12 Week Year - Designing your life: Work, home and future. 6.30-9.30pm at Newhaven Enterprise Centre, Denton Island. You will leave the session with a plan to get you on track for a more productive, enjoyable life. Cost is £30. www.SheCanUK.com or call 01273 615279.
- 15th Meeching WI - Reflexology : 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 15th Newhaven Gardening Society monthly meeting: 'Lowland Search Dogs Sussex' a talk with June Felstead together with her search dog. At Age Concern Day Club, West Quay, starting at 7.30pm. Non members always welcome, £2 including tea and biscuits. More info Jenny 01273516433 or Joyce 01273515610.
- 17th Hillcrest Film Society presents LOVE & MERCY. Cert 12A. 2hrs. Tickets £5.00 each only from the Hillcrest Centre. Doors & Café open 6.00pm. Film starts 7.30pm.
- 18th Newhaven Fort Vintage Tea Dance with Maestro Big Band 1.00pm – 4.00pm. Visit www.newhavenfort.org.uk for details.
- 21st–25th This year the Diep~Haven Festival returns to Newhaven in June with a programme of film screenings and other events around the theme of work. For all the latest news and updates visit our website: www.diephaven.org
- 28th Town Criers & Bellmen Past and Present, an illustrated talk by Peter White, Town Crier of Seaford. 7.00pm at Newhaven Fort. Tickets £6. Visit www.newhavenfort.org.uk for details.

JUNE

- 1st–4th Hideous History week at Newhaven Fort – fun holiday activities for families! Visit www.newhavenfort.org.uk for details.
- 1st–4th Paradise Park Feathered Friends Competition. Children's events, see in-store for details. Also Rose Week.
- 4th Pentecost Sunday: St Michael's Church - 10am Family Communion.
- 6th Newhaven Historical Society, illustrated talk "Quirky Sussex" by Kevin Gordon at the Hillcrest Centre at 7.30 pm, doors open 7.00 pm. Members free, visitors £2. Please check www.newhavenhistoricalsociety.org.uk for more details.
- 7th Paradise Park Timely Talk - The Rosarians Dream: a look at roses for the perfect rose garden and plants to complement the theme. Free tea or coffee, plus a plant offer. Free entry, all welcome!
- 8th Quayside Medical Practice Patient Participation Group Meeting 6.30pm at the surgery. New members always welcome. Please ask at reception for more details.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in July/August/September) is 22nd May 2017 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

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