



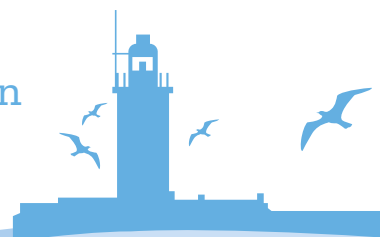
Newhaven *Matters*

Autumn 2017 // Issue N° 15



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Welcome to the Autumn edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Autumn 2017

My first three months have been very hectic – in June I was a mermaid at the Fish Festival and in July I kicked off my fundraising activities by taking part in the raft race, with other town council members of staff, dressed as Britannia. I followed that up with a sky dive accompanied by our Young Mayor Sophie Lewis, who is a fantastic Young Mayor for Newhaven, and in August I hosted a quiz night.

This year was the 75th anniversary of the Dieppe Raid and as usual Newhaven commemorated this the weekend before 19th August (the date of the Dieppe Raid). It is very sad that this was the last time the Canadian veterans will be attending, but we are determined to continue to hold this remembrance in Newhaven. I attended the commemorations in Dieppe on 18th/19th August, which were very moving, along with the Deputy Mayor, Councillor Paul Boswell.

I am really enjoying my Mayoral year, meeting many people and attending the many events that are held in Newhaven. I am looking forward to the rest of the year!



June Dyer
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100.

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Being the Young Mayor of Newhaven

When 15yr old Sophie Lewis, a student at the UTC was elected Young Mayor of Newhaven last October this was the beginning of a whirlwind year of events for her.

Sophie says "I can't believe how quickly time is flying. One of my favourite events so far was the Easter Extravaganza where I dressed up as Princess

Belle. It was lovely to see some of the children's faces light up at the sight of Belle and reminded me why I put myself forward to be Young Mayor. I feel my role as Young Mayor has helped with my confidence massively and has allowed me to flourish for who I am."

The town council organised a trip to the Houses of Parliament for Sophie and other candidates for Young Mayor in April.

Sophie is now busy working on her Young Mayor project which is to create a new dynamic what's on section for young people on the town council website which will also include well-being advice and links to sources of help and guidance.

If you are a young person living or going to school in Newhaven, look out for the next elections for Young Mayor coming this Autumn.



SKY DIVING FOR CHARITY

Newhaven's Young Mayor Sophie Lewis and grown-up Mayor June Dyer bravely jumped out of an aeroplane this summer to raise money for charity.

June was raising money for her Mayoral charities, the local Sea Cadets and Girl Guides – and Sophie raised money for the Chestnut Tree children's hospice.

June thought it was less scary than the Raft Race!



REMEMBRANCE SUNDAY 12th NOVEMBER 2017

The annual service and parade for Remembrance Day takes place this year on Sunday 12th November. As usual there will be a service at St Michael's Church starting at 9.45am. As last year, to commemorate the 100th anniversary of the First World War, school children will read the names of Newhaven casualties who died in 1917 during the service and will lay crosses in their memory at the green.

Following the service, the parade will form up in Neill's Close, before marching down Meeching Rise, across and down the one-way into Meeching Road, down the High Street and finally along Bridge Street to the Memorial Green. At 11am there will be a two minute silence followed by prayers and wreath laying.

The Church of the Sacred Heart in Fort Road has

carried out work this year to refurbish a memorial there to the SS Maine which sank on 21st November 1917 whilst transporting medical supplies and ammunition between Newhaven and Dieppe. Twenty-nine men lost their lives. Look out for information about a rededication ceremony for this memorial which is currently being planned.

FULL OF LIFE

Celebrating Older People's Day 2017

Many of you will have already seen the Full of Life Events Programme which has been distributed throughout East Sussex.

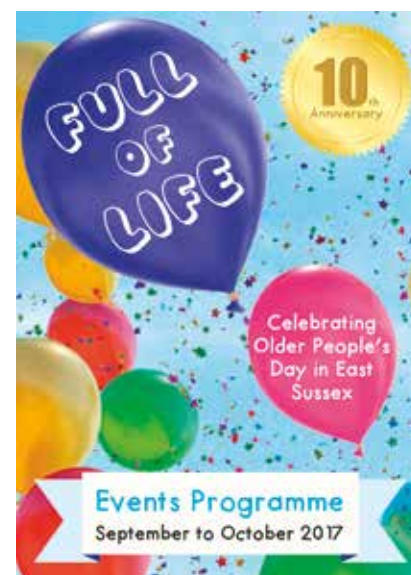
The Meridian Forum is holding two events this year, both at the Hillcrest Centre.

On Tuesday 3rd October (2.00-4.00pm) there will be a Musical Extravaganza in the main hall

where you can sing, dance and clap along with Dave who will be singing juke box songs from the 50's and 60's. Calm yourself down afterwards with free tea and cake.

The second event is an afternoon showing of the film 'A Street Cat Named Bob' on Monday 9th October in the Art Room (1.30-3.30pm). This is a lovely film about a cat who adopts a young man. Buy tickets at the door for £3.00, which includes free tea and cake in the café at the end of the film.

Neither of these events needs to be booked in advance but you can call Kate on 01273 516207 or email katedaviesofpiddenhoe@gmail.com.



Copies of the booklet are available in the library and the council offices.

www.eastsussex.gov.uk/olderpeoplesday



Could you spare just 3 hours a week to keep someone company? This would allow their carer to get a regular break, which without volunteers they might never get. There are over 62,000 unpaid carers in East Sussex, and they make up one of the most isolated groups in the UK. With your help, that loneliness could be reduced. Some carers go shopping, meet friends, or even get just 3 hours of uninterrupted sleep!

You would get full training, support, there is no physical care about it and you can even be provided with a driver if necessary!

Or maybe you would like to teach a carer how to use their computer at home, or provide telephone support (that's just having a chat for half an hour weekly) to a carer ...this from the comfort of your own home!

Again, all training and support is given, with expenses paid.



Please call 01424 722309 to discuss these and other roles, or if you are a carer and would like help, it's the same number... and all help is FREE!



SEAHAVEN RVS GOOD NEIGHBOURS

A local befriending group looking for volunteers

Are you a friendly person who can offer support to older people in your local community? Become a Good Neighbours volunteer and visit older people to provide friendly social contact and help them with small practical tasks.

The Royal Voluntary Service is looking for good neighbours and befriending volunteers to visit older people at home. Tasks may include carrying

out safe, warm and well checks, chatting to them and offering regular friendly, social contact. It may also include post office or prescription collections, assisting with shopping or food preparation, providing transport, general household jobs and helping them to access other services if necessary.

Training will be provided and you will be reimbursed for out

of pocket expenses.

Please get in touch with the group Coordinator Stefania Khan on 07766 473297, or email stefania.khan@royalvoluntaryservice.org.uk and she will be able to provide you with more details regarding this volunteering opportunity.

www.royalvoluntaryservice.org.uk



THE POCKET SCIENCE FUNFAIR

All the fun of the fair,
plus all the buzz of science

WEDNESDAY 25TH OCTOBER, 10.30AM - 4.30PM
AT MEECHING HALL, FORT ROAD

On its latest outing the funfair with a twist celebrates the twentieth anniversary of Harry Potter by dealing out a little magic of its own. And why stop at Potter? They have special effects from The Lord of the Rings and from Star Wars. But without the multi-million pound budget - learn how to do science secrets with a magical twist with little more than the objects you might find lying around your house.

You'll be shown how to do magic with electrostatics – the magic that holds everything together. You do it with a wand – not the clunky, potteresque type, but powerful enough to channel electrostatic forces into some pretty neat tricks. You can pop into your local café to daze and dazzle the

baristas, using no more than the straws, cups and napkins on the counter.

You can manipulate another force of nature – gravity – to help your quiddich target practice. You can shrink down to the size of a hobbit... or further, to the size of a goblin. Learn how they made the sound of the storm-troopers' laser blasters in Star Wars. Plus marble runs, spaghetti towers, upside-down goggles, illusions: a full fairground's worth of fun!

Please note this is a DROP IN EVENT - arrive at any time, although you are advised to allow at least an hour (ideally up to two) to make sure you get a chance to see and do everything!



Tickets cost £4 for all ages 7+. Under 7s free. £14 for a family of 4. Children must be accompanied by an adult. Buy tickets in advance or just arrive on the day. Visit www.brightonscience.com for more information.



AUTUMN ACTIVITIES AT NEWHAVEN FORT

The nights are drawing in – a sure sign that Halloween is on the way! As usual, there'll be plenty to keep your little horrors occupied at Newhaven Fort over the October half-term. Join the Mad Scientists in their Laboratory and brew up some peculiar concoctions, follow the spooky quiz trail, or face the visiting spooks in the tunnels of the Eastern Magazine!

And there's more! Jaws 'n' Claws will be returning with some suitably creepy creatures for you to meet and the ever-popular Outdoor Adventure Camps and Orienteering sessions will run again.

The fun doesn't stop at Halloween though. We're delighted to say that Father Christmas and his Elves will be returning to the Fort on

Saturday 9th & Sunday 10th December this year, bringing with them lots of festive fun activities. There'll be the chance for youngsters to meet the Big Man himself, and if they've been good they may well get a little gift!



Please note that some of these activities require booking and incur an extra charge. If you're interested in finding out more please visit the Fort's website www.newhavenfort.org.uk or call them on 01273 517622.



ovcnet.ning.com

The Egrets Way committee is delighted to report that they have been selected to receive a Countryside Award by the Campaign to Protect Rural England.

The level of the award will not be revealed until the ceremony in October at Petworth House so watch this space for further news about it.



Word check list

| | |
|-------------|-------------|
| garlicbread | icecream |
| mozzarella | padelladoro |
| bruschetta | creme |
| calamari | brownie |
| insalata | cheese |
| olive | pepperoni |
| pane | hawaian |
| pollo | tomato |
| bistecca | pepper |
| agnello | parmesan |
| risotto | italian |
| spaghetti | penne |
| ravioli | seafood |
| tagliatelle | pasta |
| pizza | sauce |
| napoletana | ragu |
| sorbet | egg |
| tiramisu | |



An authentic Italian restaurant, Padella D'oro is a slice of Italy situated in Bridge Street, Newhaven. The family run restaurant, established in 2009, blends a relaxed atmosphere with delicious Italian cuisine achieved by using only the finest and freshest ingredients. Devour the unique and tasty pasta dishes, or sit back and unwind with a coffee and enjoy the exceptional service offered by Padella D'oro's staff.

Whether you want fine dining or a take away, Padella D'oro is a dining experience not to be missed. "Cooking is not chemistry, it is an art. It requires instinct and taste rather than exact measurements," says owner Mauricio.

Italian food word search

Win a 2 course meal for two people, kindly donated by Padella d'Oro! **How many Italian food-related words can you circle?** Cut out and send your entry to: Newhaven Town Council offices, 18 Fort Road, Newhaven BN9 9QE by 22nd October.

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | E | K | V | J | R | A | G | N | E | L | L | O | B | N | V | M | K | L | G |
| W | V | S | X | K | J | Z | C | V | U | S | Q | Q | P | A | S | T | A | J | P |
| Q | S | P | P | S | O | R | B | E | T | D | H | E | E | Q | U | Q | U | I | E |
| C | E | J | A | H | A | U | H | B | F | R | L | G | P | U | H | D | B | L | P |
| I | A | I | T | A | L | I | A | N | S | L | H | G | P | Z | A | W | R | K | P |
| N | F | L | S | C | Z | K | R | P | E | E | L | P | E | E | W | G | O | Z | E |
| S | O | N | A | P | O | L | E | T | A | N | A | W | R | X | A | C | W | F | R |
| A | O | Z | I | M | W | V | A | D | K | H | E | B | P | F | I | H | N | M | O |
| L | D | W | F | X | A | I | P | O | F | N | C | M | P | C | A | E | I | O | N |
| A | L | M | E | N | L | R | A | T | N | I | O | L | P | Q | N | E | E | Z | I |
| T | X | S | B | G | P | S | I | E | L | R | U | Q | C | G | S | S | C | Z | I |
| A | C | E | A | S | A | E | P | R | O | S | P | P | A | R | M | E | S | A | N |
| V | R | T | W | P | N | N | A | D | I | C | O | R | S | Q | B | Z | X | R | G |
| R | E | C | O | A | E | G | A | M | E | U | L | Q | S | H | I | K | G | E | O |
| I | M | S | R | G | U | L | A | T | G | W | L | Z | A | M | S | E | E | L | R |
| S | E | I | P | H | L | R | J | A | M | X | O | V | U | S | T | A | H | L | Y |
| O | L | J | P | E | I | Z | R | T | B | R | U | S | C | H | E | T | T | A | D |
| T | C | R | D | T | O | M | A | T | O | F | R | L | E | S | C | M | M | F | E |
| T | T | A | Q | T | R | A | V | I | O | L | I | V | E | C | C | G | C | N | Y |
| O | P | K | T | I | R | I | C | E | C | R | E | A | M | D | A | N | B | K | H |

All correct entries will be entered into a draw to win the prize.

Name

Address

Tel. no.

Email

Word search created using atozteacherstuff.com word search maker



12 BRIDGE STREET

NEWHAVEN

01273 516334

www.padelladoro.co.uk

Opening hours: TUE to SAT

12:00 - 15:00 / 17:00 - 23:00



NEWHAVEN'S TIME CAPSULE

Did you know that there's a time capsule buried beneath the compass in Newhaven Square?

Eighteen Newhaven businesses came together to create a treasure box full of items that represented life in the town in 1979.

These include a Parker 25 Pen, a Sealink Newhaven to Dieppe ferry ticket, a bottle of Beaujolais Nouveau from Charringtons, a piece of a Fludes carpet, and a semi-conductor assembly made by Kulicke & Sofa.

There's a pair of leg warmers from Dawn's Boutique, a betting slip from Alan Lee

Turf Accountants, a crème eye shadow from Christian Dior and a British Rail timetable and ticket, as well as a Vacco vacuum flask, an armature from HR Electric Motors and a set of 1979 coins from Barclays Bank.

Bevan Funnell contributed components from their reproduction furniture; Enerpact put in a hydraulic cylinder; Anglicon put in a printed circuit board and Thorn Consumer Electronics put in one of their components.

There's a set of 1979 Christmas stamps from Newhaven Head Post Office, a copy of the Sussex Express and County

Herald dated Friday 14th December 1979 (election day) and a jar of own brand hand cream from Newhaven Pharmacies.

How life in Newhaven has changed over the past 38 years! Some of these businesses are still here, but most are not. What it will be like in another 38 years?

Information supplied by Our Newhaven – an easy to use website project run by volunteers that encourages you to remember, record and become a part of a living history of your town www.ournewhaven.org.uk.



TELESCOPE GIFT FOR NEWHAVEN

Local people and visitors to Newhaven now have a grandstand view of the Rampion Offshore Wind Farm taking shape off the Sussex coast, thanks to a new telescope which has been installed at Castle Hill.

The telescope, which has been paid for by Rampion Offshore Wind Ltd, is located at the foot of the Coastwatch Tower, and provides spectacular 180° views from the wind farm in the west to Seaford Head in the east.



Green Flag Award for Castle Hill

Newhaven's Castle Hill Local Nature Reserve has for the eighth year running been awarded Green Flag status for being among the top green spaces in the country. Green Flags recognise green spaces that have high environmental standards, are well maintained and a pleasure to visit.

The award is a testament to the dedication of volunteers and the Castle Hill Group who

work alongside the Lewes District Council Ranger to maintain this wonderful reserve. The group boasts some great local naturalists who monitor the species here as well as dedicated local people doing practical work looking after the site, raising money and leading walks.

Sitting above and below the cliffs near Newhaven Fort, Castle Hill has great

views from the old WW2 gun emplacements and at this time of year attracts migrating birds which rest and feed here. For some, Castle Hill is their last stop in Britain before flying off over the channel heading for southern Africa.

For more info, email LDC Ranger thyone.outram@lewes.gov.uk or call Castle Hill Group Chair Graham Amy on 01273 514942.

Making Newhaven green and leafy

Following the appeal made in last winter's edition of Newhaven Matters, a new group of volunteer tree wardens has come together to help make Newhaven as green and leafy as possible.

The town council has given the group a start-up budget of £2,000 to enable them to buy tools, equipment, plants and compost and the group is busy working on the details of its first three projects, which it hopes to put into action this coming winter and spring.

More volunteers are always welcome – if you would like to get involved please email admin@newhaventowncouncil.gov.uk or tel: 01273 516100.

The group want to get involved with wild flower and shrub planting as well as trees and have agreed these as their objectives:

- To plant trees, shrubs and flowers in public areas where they can be seen and enjoyed by local people and to care for them in their early years.
- To maximise funding from external sources.
- To raise awareness in the town of the value and benefits of trees and shrubs and their preservation and protection.



Newhaven Flood Alleviation Scheme

Flood Defences Ready

The Environment Agency (EA) contractors are approaching completion of flood defences on the west bank in Newhaven. The embankment north of Cantell's Boatyard is finished and the A259/Denton Island bridge flood walls are being completed, with footpaths due to re-open this autumn. Re-seeded grass has taken well on Huggett's Green and replacement tree planting will take place there and on Riverside Park during the winter.

What's next?

Construction on the east bank has started, including preparations for a new embankment between the A26 and the Energy Recovery Facility (incinerator). A flood wall is being built along the river bank north of the swing bridge. The complex design of defences through Port Authority land south of the swing bridge is being completed and legal agreements put in place.

The project team were involved in community events throughout the summer and continue to share scheme plans with residents and businesses through drop-in events and meetings.

Construction is disruptive and the EA thanks everyone for their continued co-operation.

For further details visit www.gov.uk (search 'Newhaven') or call 03708 506506.

THE WAY YOU RECYCLE IS CHANGING



Lewes District Council is making it easier for all residents to recycle by introducing a single wheelie bin for the paper, cans, plastics, cardboard and glass that people currently sort into two plastic boxes and two bags.

Your weekly refuse and fortnightly recycling days will remain the same when the new service is introduced and the council teams will continue to collect food waste and garden waste as they currently do.

The new service will be introduced in stages, starting

in East Saltdean, Telscombe and Peacehaven from November and coming to Newhaven and Seaford in early 2018. The service will then be introduced across the rest of the district by July 2018.

What to do with your old recycling containers

Keep putting out your current recycling containers. The council teams will take these away on your usual recycling collection day when they deliver your new wheelie bin.

To find out more visit www.lewes.gov.uk/recycling.

NEWHAVEN'S FIRST WORLD WAR



SMOKING BETWEEN DECKS

On 18th November 1917, Albert Thompson of Lewes was arrested for smoking a pipe between the decks of a Transport Ship at Newhaven. Albert was a member of a gang loading ships at Newhaven with stores for the Front. Smoking was forbidden on the Quay, in the hold of a ship, between the decks and within 15 feet of a hatchway. A copy of the Order forbidding smoking was posted in the men's mess room and at

various places on the Quay.

At the Lewes Petty Session on 4th December 1917, Albert was sentenced to a six week term of hard labour. In response to Albert's claim that he didn't know he was doing wrong, the Magistrate replied "This is war time, and everyone has got to look about and see that they carry out the instructions they are given. We have been asked by the Home Office to deal severely with these cases, as they are very serious".



Transports at Quayside
Newhaven Museum ref. A302-009



HMHS Newhaven
Newhaven Museum ref. A002-020

AMBULANCE TRANSPORT "NEWHAVEN"

From January 1917, one of the Newhaven to Dieppe ferries, the SS NEWHAVEN (III), worked as a Hospital Ship between Dover and Calais.

Technically, a Hospital Ship is a floating hospital, painted with a distinctive red cross and protected by treaty. The NEWHAVEN's classification changed to Ambulance Transport from June 1917, meaning it was no longer protected by treaty, but was now armed and could carry troops.

During October 1917, the NEWHAVEN carried 3,324 stretcher cases, 1,718 walking wounded, 172 wounded German Prisoners of War and 1,979 troops, making a total of 7,193 carried.

The NEWHAVEN returned to peace-time service on 15th July 1920.

CHRISTMAS 1917 AT THE MILITARY HOSPITAL

The Military Hospital (Hillcrest Centre and former Boys' School) was "gaily decorated with a profusion of holly, evergreens, flags and bunting" ready for Christmas Day 1917.

Christmas lunch of turkey, rabbit and vegetables, followed by plum pudding, was cooked by Mrs Johnson and Mrs Steele, two VADs (Voluntary Aid Detachment nurses) and served by the officers of the

RAMC (Royal Army Medical Corps). The patients received gifts of sweets and cigarettes and the entertainment in the afternoon included a concert by the Winkles, a local Concert Party. Major Wood read a message of Christmas greetings from the King, who wished the patients a speedy recovery.

Christmas at the Military Hospital
Newhaven Museum ref. A012-066 ▶



All photographs belong to Newhaven Museum. Text supplied by Jenny Flood.



COME AND MEET YOUR LOCAL GARDENERS, BURLEYS

You may have noticed local contractors Burleys around the town, taking care of many of our green spaces.

Burleys are really excited to be supporting the Lewes District Council Tenants Annual Conference on 26th October at Seahaven Academy. The Burleys team will be on hand to help you design your hanging baskets as well as answer any queries you may have on the landscaping

contract around Newhaven. They have even provided the amazing raffle prize of a garden make over!

Burleys want to know what you are happy with, how they can improve and most importantly how you would like to get more involved in your local green spaces. Their new Community Liaison Officer is keen to support local communities in improving their green spaces and has already started consulting with local young people on upgrading the skate park and installation of a brand new pump track at Fort Road Recreation Ground.

If you would like to get involved in the skate park design group or have other ideas for your local space, please ring Karen at Burleys on 07736 888 961.

La Baguette Shop

For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks

...

Hot and cold drinks

...

All to eat in or take away

...

Open Monday to Saturday

31 High Street Newhaven,
01273 516129



Why not come and see your local Accountants
Tasker Osman & Co.

Please call us on 01273 512749

to arrange a **FREE** no obligation meeting
at your convenience with one of our team
to see how we can help.

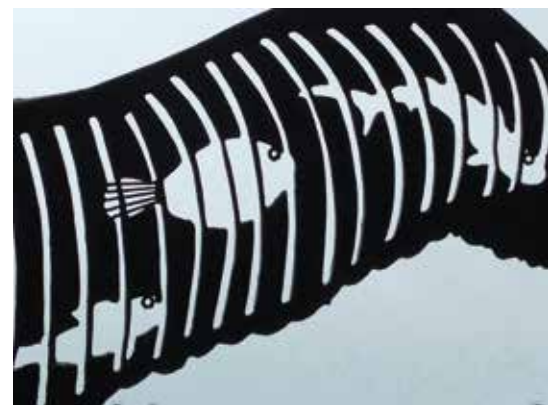


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START ART COMMUNITY PROJECT



Newhaven has many attractions and stunning views. Our river provides jobs, trade and sports, and also provides us with inspiration. The stunning backdrop of the sea, cliffs and South Downs provide views never to grow tired of. On a lucky day you may spot one of the river birds diving for fish - black and sleek, it's the cormorant. This bird has become a symbol for our town thanks to the creative eye and talent of Christian Funnell who created clear visual reminders of this stunning bird on the river and West Quay.

This term at the Hillcrest Community Centre, Start Art's Creative Project is themed



around birds. The cormorant will feature strongly in the programme with members working on a double real life size cormorant with spread wings inspired from the photos of wings above. Members will make their own wing designs in continuous line drawings which will be turned into

images made with wire coated in black tape. Feather designs will be painted onto giant leaves to mirror feathers. The cormorant body was made in advance by volunteers at this year's Fish Festival.

Children will learn more about local birds living on the wet lands and riverbanks surrounding Newhaven. They will explore the colours of the spectrum themed around highly decorated birds such as Kingfishers and Peacocks, and then will lead into Christmas projects making life sized Doves, the bird of peace, into mobiles.

For more information about Start Art email Carol Havard: info@art-techniques.co.uk.



NEWHAVEN TOWN CENTRE

*Flowers in summer
– sparkling lights
for Christmas!*

The town centre was ablaze with flowers this summer thanks to the new hanging baskets on lamp posts in the High Street installed by the town council. These added glowing splashes of colour to the town centre, together with the existing floral displays at ground level and the cheerful maritime bunting

strung between the shops and followed the painting of town centre lamp columns and bollards by the town council last summer.

And the town centre will be ablaze with sparkling lights this coming festive season – watch out for the town's new Christmas lights this December!

SCDA

Sussex Community Development Association support and run a wide range of community based projects in Newhaven.

Sussex Community Counselling is an accredited service based in Newhaven. It is a friendly service offering low-cost counselling to everyone aged 16 years and over, and works with all sorts of issues including depression, anxiety, sexual abuse and relationships. It's easy to refer yourself, just ring the team on 01273 519108.

Placements are offered to counsellors in training and those wanting to increase their client hours, contact Sue on 01273 519108 or sue.starnes@sussexcommunity.org.uk to find out more.

Newhaven Food Bank has been providing those in need with food and other essential items since September 2013. It is based at Denton Island Community Centre and is

run by a hardworking team of volunteers. Clients are provided with supplies only when they have a referral form.

The food bank team has become increasingly busy and is now open four mornings per week. Stock is depleting rapidly due to increased demand and even though the volunteers are very proactive and spend a lot of time fundraising as well as manning the food bank, they are still very short of supplies.

There is a donation bin at Sainsbury's and at other businesses in the town, also in the town council offices in Fort Road and some local churches and schools.

The team would be most grateful to receive any donation which will help provide for those in urgent need. For more information please contact Sally Foote on 01273 516032 or sally@sussexcommunity.org.uk.



These are the items that the food bank is currently very short of:

- Tinned fruit, soup, vegetables, meat & fish
- Jars of pasta sauce
- Dried pasta & rice
- Hot & cold drinks
- Breakfast cereal
- Biscuits
- Toilet rolls
- Shampoo
- Shower gel
- Toothpaste

VISIT NORMANDY AND EAST SUSSEX IN A DIFFERENT WAY WITH ASDTE!

ASDTE is a cross-Channel partnership of French and English businesses and tourist attractions working together to develop tourism between East Sussex and Normandy centred on the Newhaven-Dieppe ferry link.

The association make special offers available to ferry

passengers throughout the year on both sides of the Channel.

If you take the ferry from Newhaven, you'll find lots of discounts offered by their members on accommodation, visits and shopping to help you save money during your trips to Normandy.



If you run a business or tourist attraction in Sussex, why not join the partnership to promote your business to French visitors?

For more information, please visit their website www.asdte.fr/cross-channel-partnership.



Living Newhaven Media

Following the success of Newhaven Gig Rowing Club, Living Newhaven Media is now being launched to put the amazing businesses, community projects and amazing things to do on the digital map for people to find.

This new community media

organisation run by George Taylor, Mark Beaumont and Graham Precey will work to promote Newhaven as well as to bring positive news to those who either live in the town, or those just visiting.

Their first 6 month project is where your help is needed! Living Newhaven Media wants to find and interview 100 great people, 100 amazing organisations and 100 brilliant places within our town so that they can share with the rest of the world why Newhaven is so special.

If you want to get involved or nominate people or places to be included please call 07398 464218, email newhaventv@gmail.com visit their facebook page, [facebook.com/livingnewhavenmedia](https://www.facebook.com/livingnewhavenmedia) or pop into the Gig Shed where they are based in Fort Road next to Wonkaz and Bravo One.

Living Newhaven Media is part of the Newhaven Regeneration Group which is a community interest group run by local people who have a passion for the town and who want to instigate positive change.

BONFIRE SOCIETY REIGNITES NEWHAVEN!

Inspired by the local traditions of bonfire societies and fantastic autumnal fireworks displays across Sussex, Newhaven now has its very own Bonfire Society. With headquarters in the centre of the town at the Ship Hotel, the Society is looking forward to the opportunity to give Newhaven its own Bonfire Night next year, and is on the hunt for new members to march at local events throughout the county and represent the town.

This is a great opportunity to get dressed up and be part of the magic of the Sussex bonfire events, meet new people and support the Society's ambition to get Newhaven its own night in the calendar. Applications for membership can be found on their website www.newhavenbonfiresociety.co.uk, via Facebook page or by picking up a membership form in the HQ, the Ship Hotel.

Look out for fundraising events over the coming months, with enough support the Society can have its own night to remember in Newhaven next year!

For more info or to offer support, contact the Secretary at nhssecretary@gmail.com.



Metal banner kindly donated by Smith Metal Fabrications Ltd



FitzRoy
transforming lives



Transforming lives in Newhaven

In the 1960s, most adults with disabilities were isolated and ostracised from their communities. Luckily for many, Elizabeth FitzRoy and John Williams wanted to change this, and set up a charity called FitzRoy. Today, FitzRoy remains firmly rooted in the strong values and ethos that Elizabeth and John held, and transforms lives by supporting people with disabilities to do the things that make a difference to their lives. They work in partnership with family members, building a strong trusting relationship that can last a lifetime. This not only helps staff get to know each person, their background, their culture, and preferences, it ensures they adapt and change the support as each person grows and develops.

FitzRoy in Newhaven is proud of its vibrant positive

approach. The fantastic staff team supports 19 vulnerable adults who overcome considerable difficulties to live as independently as possible and be part of their local community. Activities include:

- Sports such as bowls once a week
- Monthly visits from Pet Pals with different animals - rabbits, lambs, pony, kittens, ducklings
- Musicality once a month for wheelchair exercise and sing along
- Local vicar comes in to chat to the residents and provides a service
- Themed nights such as residents choosing a country and having an evening of food, music and quizzes
- Arts, crafts and cooking
- Film nights
- Outings to local events

If you want to find out more, or donate to transform lives, please contact Denise Wareing, FitzRoy Service Manager, denise.wareing@fitzroy.org. You can also contact, or donate, via their website www.fitzroy.org.



Basepoint's Act Foundation have been great supporters of FitzRoy in recent years – Abbi the manager says, 'It's an absolute pleasure to have the opportunity to work with such an amazing charity and it's so rewarding to see how Basepoint's match funding has helped to transform lives.'

CHRISTMAS AT THE HILLCREST COUNTRY MARKET

Did you know that the Newhaven Hillcrest Country Market is a branch of the national organisation Country Markets PLC? These regional markets promote locally baked, grown and crafted produce.

On Thursday 30th November a special Christmas and Winter-themed market will be open from 9.45am to 2.00pm. Christmas crafts and unique gifts will be on sale, and orders

for Christmas cakes, puddings and mince pies taken.

Supporting the Country Market directly from the producers helps to reduce food miles and benefits the local community. Why not visit - you will be very welcome.

Every Thursday at the Hillcrest Centre, 9.45am – 1.00pm. Free parking, disabled access and toilets.



SOUTH HEIGHTON BONFIRE SOCIETY



South Highton Bonfire Society is not a typical society. From small beginnings (boxes of fireworks and a small bonfire) in the early 1980s behind the village hall, it has grown to fill the recreation ground at the Hollow.

15 years ago the village hall committee decided to have a small procession from the village green to the firesite, so 12 villagers dressed in costume and did just that. Following its success, they formed a bonfire society and have gone from

strength to strength.

Over the years SHBS has become a well-established bonfire society with a good reputation for being friendly and a little bit crazy. They raise their own funds in cooperation with the village hall committee and are lucky to have some very proactive members who turn up regularly for fund raising, torch making and building effigies. At local fetes you will find them with their famous Explode the Bomb game, recently joined by

giant pop up pirate and pirate skittles games.

SHBS prides itself on being family friendly, and is keen to keep and gain members – the people that make the society such a great success.

Look out for their celebrations this year on 11th November. See our 'What's On' section for details.

To get in touch, go to southheighton.org/bonfire or email bonfire@southheighton.org.



Newhaven & District Model Railway Club

Newhaven & District Model Railway Club has been in existence since 1959 catering for local model railway enthusiasts. Members can just play trains, get involved in more serious railway modelling or simply go along for a chat. Like other societies and clubs in the area they are a social

amenity, there is no age or gender barrier; perhaps you are looking for a hobby to fill your leisure time?

The club currently meets above the Surf Shop/Scuba Centre on West Quay every Wednesday from 7.30pm. The premises are smaller than they would like so if anybody knows

of any building or land in the Newhaven area which might be suitable for the club please get in touch.

If you are interested, just turn up any Wednesday, go to the club's website www.newhavendmrc.com or email newhavendmrc@gmail.com.



Newhaven

Neighbourhood Plan News



Many thanks for all of your suggestions made on the Draft Neighbourhood Plan during the consultation period that ran for 10 weeks during the summer. You have let the Town Council know what you think about the new housing sites suggested and you have given us loads of ideas on what we should put in the document that was missing and what we should take out!

We received 132 responses from residents and lots of comments from organisations. We now are in the process of going through each comment with a fine tooth comb, to make changes to the document where possible. Some residents

have written in to say they do not want to see houses built on the open fields at Harbour Heights next to Seahaven Academy. Sadly the field and land at Meeching Quarry have already been allocated by Lewes District Council for housing and commercial use so the Town Council cannot stop building taking place in this area.

Once we have looked at all the comments they will be put on our website along with the documents relating to the Neighbourhood Plan that can already be seen at: www.newhaventowncouncil.gov.uk/planning/newhaven-neighbourhood-plan-2.

The Draft Plan is then sent to Lewes District Council who will carry out the final consultation before the Plan undergoes an examination. A successful examination means that a referendum will be held so residents can vote on whether they would like the Plan adopted.

We will let you know when the referendum will take place so you can use your vote. If a majority of those who vote approve the Plan, it will be used by Lewes District Council to help decide planning applications in Newhaven.



Town Council meetings coming up

Have you been to any of the town council's meetings? They are normally held every 3 weeks in Meeching Hall, Fort Road and members of the public are welcome to attend. Agendas are published in advance on our website and noticeboards around the town.

Meetings coming up this quarter are as follows:

Tuesday 10th October

7.15pm Planning & Development Committee followed by Environment & Amenities Committee.

Tuesday 31st October

7.15pm Planning & Development Committee followed by Full Council.

Tuesday 14th November

7.15pm Planning & Development Committee followed by Regeneration & Strategic Development Committee.

Tuesday 21st November

7.30pm Promotion, Partnership & Finance Committee.

Tuesday 28th November

7.15pm Planning & Development Committee followed by Environment & Amenities Committee.

Tuesday 19th December

7.15pm Planning & Development Committee followed by Promotion, Partnership & Finance Committee.

Newhaven Football Club *the Dockers*

Whatever your age, there is something for you at Newhaven FC. The first team currently plays in the County Premier Division and has won a cup in each of the last two seasons. Alongside the first team are now ladies, under 21s and under 18s teams, along with 9 youth teams (boys & girls). A Mini Dockers squad, which already has around 40 young people aged from 3 – 6, was launched this year and is being run by Aaron Winsor, a previous winner of a Newhaven Community Award for Young People.

The club's home ground is the Trafalgar Ground Stadium in Fort Road. The main stand has recently undergone a £250k refurbishment project. It has taken 2-3 years and is close to completion, with new changing rooms, a gym, a bar, function room and physio room, all of which was mainly funded

and supported by Veolia and Trafalgar Group. There are plans now to have the main pitch converted into a 3G/4G surface once the 2017/2018 season has finished.

This Autumn the club starts to provide both walking football and disability football by working in partnership with local voluntary organisations. They are also planning to open a Dementia Cafe before the end of 2017, along with a community hall for local people.

Like many clubs, Newhaven FC is run by a core of hard working volunteers whose aim is to make the football club truly inclusive, the hub of the community and the place to go for friendship and company whatever your needs.

Contact: Lee Tully, Vice Chairman. Email: tullsta@mail.com or call 07765 026050.



What's On.

Every day

Denton Island Indoor Bowls Club open 9.00am – 6.00pm Monday to Thursday; 9.00am – 12.30pm Friday to Sunday. Free trials anytime, phone Traci or Pam on 01273 514664 or just call in. See us on Facebook or website www.dentonislandbowls.co.uk.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am – 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers very welcome – meet 10am at beach end of the old Tide Mills village road. Tel Jim Skinner 01273 517291. Annual Christmas picnic after the December meeting.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact John 01273 514377. Great food, great company.

Every Monday

Pilates 9.30am. Yoga 10.45am and 7.30pm. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club. Gentle exercise class with teacher Territa. 12.00 midday to 1.00pm; £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Monday

Mindfulness course from 11am (need to book) at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Monday

Knit 'n' Natter 2-4pm Room 4 at the Hillcrest Centre – needlecraft, resources and support, all levels welcome. Call 01273 512376 for more info.

Every Monday

Advanced Bridge group at Denton Island Bowls Club, 2.00pm. Call 01273 514664 for more info.

Every Monday

Yoga with Jo 7.30-9.00pm at Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Every Monday

Newhaven And Seaford Sea Cadets Seniors (aged 12-18) parade at 80 Chapel Street, Newhaven BN9 9QD, 6.45 – 9.00pm. As a Sea Cadet you can go to sea, learn to sail and do adventure

training, plus get extra skills to give you a great head start in life. Contact 01273 655442 or email admin@tsdefiance.com.

Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Bob Evans 01273 516018.

Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Monday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm - 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

Every Tuesday

Pilates 10.30am and 6.30pm. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Tuesday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Tuesday

Bi-polar Group 10.00am-12noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Knit & Natter 1.30pm-3.30pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Tuesday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Tuesday

Denton Table Tennis club meets every Tuesday evening 8pm - 10pm (7-9pm during school holidays) at Denton Church Hall, Heighton Road, Denton. All welcome.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

Pilates 9.30am and 5.30pm. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00-3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola on 07850 987131.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10 am - 1 pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771 175707.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.15-3.15pm. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance Lessons with teacher Territa. 7pm to 8.30pm. £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Wednesday

Craft group 2.00pm-4.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Wednesdays (term time)

Platform 9 – workshops for youths 11-18 years. 4-5pm at Denton Island Community Centre. 5-6pm free advice and guidance service for 11-18 years. Tel: SCDA 01273 517250 or email families@sussexcommunity.org.uk.

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

Wednesdays fortnightly

Nukehaven - we are a fun and informal ukulele group for all abilities - other instruments welcome - that meet fortnightly on a Wednesday from 7.00pm at the Hillcrest Centre. All are welcome.

1st Thursday every month

Maestro Big Band are at the Hope Inn, West Pier 7.00pm – 9.00pm.

1st Thursday every month.

Royal British Legion – Newhaven Social Club – 7.30pm for 8pm. All welcome. Tel 01273 514258.

1st Thursday every month

Newhaven & Peacehaven U3A meets at 2.15pm alternating between Newhaven and Peacehaven venues. Different speakers at each meeting. Also lots of good classes and activities: singing, walks, talks, music and theatre so please join us – call 01273 589953.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am. Visitors/new members welcome. Tel: 01273 517053 for more details.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non-members always welcome. £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce on 01273 515610.

Every Thursday (term time)

Newhaven Youth for Christ Youth Club for 11-16 year olds – football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday

Yoga 9.30am. For more info and to book call Zara 07532 418542 or email zarano1@msn.com

Every Thursday

Lewes District Citizens Advice at Newhaven Library 9.45am – 12.30pm. Drop-in service, no appointment necessary.

Every Thursday

Denton Island Indoor Bowls Club. Yoga Class 10am to 11.30 am. £3 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30 - 11am. No need to book, just turn up and enjoy singing stories and playing musical instruments.

0345 60 80 196 eastsussex.gov.uk/libraries.

Every Thursday

Football Therapy – contact Josh at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Seahaven Yoga – Yoga with Abi Doyle. Yoga suitable for all levels of experience, including beginners. Summerhayes Centre, Marshall Lane, Newhaven, 6.00 - 7.15pm. Tel: 07704 435172; email: doyleabi9@gmail.com.

Every Thursday

Yoga with Jo 7.30-9.00pm Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am – 12noon. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30-8pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Bob Evans 01273 516018.

Every Thursday

Yoga 5.00-6.00pm at Your Way (Summerhayes), Marshall Lane. Tel. 01273 514753.

Every Thursday

AA Meeting 7.30pm-9.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am – 2pm (weather permitting).

Every other Thursday

Art club and crafts at Newhaven Day Club, West Quay from 1.30-3.30pm. Membership £10 per annum. Call or contact Diane (BA {Hons} Fine Art Painting from the University Of Brighton - voluntary tutor for over 10 years.) 01273 515957 or mobile 07933 235802.

We are all born artists but sadly life knocks it out of us. Come and rediscover your talents with our happy club. We also have Tony to teach needle craft - his work is amazing!

Every Friday

Walking group 10.00 – 11.00am at Your Way (Summerhayes), Marshall Lane. Followed by quiz 11-12 noon. Craft group 2.00 – 4.00pm. Narcotics Anonymous 8.00 – 9.30pm. Tel 01273 514753 for more details.

Every Friday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Friday

Denton Table Tennis Club 10am – 12 noon, Denton Church Hall, Heighton Road, Denton. All welcome.

Every Friday

2nd Denton & South Heighton Beaver Scout Group age 6-8 years, meet 5pm at St Leonard's Church Hall, Denton. Followed by 2nd Denton & South Heighton "Ralph Reader's Own" Cub Scout Group age 8-11 years at 7.00pm. Tel: Jane Jarvis 01273 514467.

Every Friday

2nd Denton & South Heighton Scout Group meet 8.00pm - 9.30pm at St Leonards Church Hall, Denton. Contact: Jane Jarvis 01273 514467.

Every Friday

Newhaven And Seaford Sea Cadets meet at 80 Chapel Street, Newhaven BN9 9QD. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Seniors (aged 12-18) parade on Mondays and Fridays. Juniors (aged 10-11) parade Fridays. 6.45 - 9.00pm. Contact 01273 655442 or email admin@tsdefiance.com.

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, 7-9pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend. Tel: SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Weekdays

Newhaven Ramblers - a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. Call 01323 891820 for more details.

1st Saturday every month

Denton Island Indoor Bowls Club open 10am - 12.00pm for free bowls tuition. Phone 01273 514664 to book a place or just turn up on the morning.

Every Saturday

Seahaven Force Basketball Club open coaching session at Seahaven Academy 10am-12noon for 10-17 yrs. Cost £3, just turn up.

NEWHAVEN DAY CLUB

West Quay, Newhaven BN9 9BP (north east corner of West Quay car park).

An opportunity to meet old friends or make new ones. Membership is £12 per year. Activities include snooker, darts, cards and dominoes. The hall, which will seat up to 60 people, is available for hire. Call in or phone 01273 512708, or call Tony on 01273 513189.

Monday

Bingo starting at 1.30pm, alternate Mondays.

Tuesday

10am - 12 noon open for tea and coffee. Pet racing (stuffed animals) one afternoon per month from 1.15pm.

Thursday

10am - 12 noon open for tea and coffee. 1.15pm hoy (card game) or art.

Friday

Open from 10am for tea and coffee with dinner at 12.30pm (£4). Bingo in the afternoon once a month.

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road BN9 0DH

The museum is open from 11 am to 4.30 pm on Tuesdays, Wednesdays, Fridays and Saturdays. Admission £2, free to members, accompanied children under 16, required carers and Paradise Park badge wearers. Please note that the museum closes for the Winter period on 28th October and re-opens on 3rd April 2018.

Check www.newhavenhistoricalsociety.org.uk for opening times variations. Contact 01273 515404 for group bookings and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10am - 3.30pm; Drawing and painting workshop 10am - 12 noon; Knit 'n' Natter 2-4pm Room 4 - needlecraft, resources and support, all levels welcome; Ninjitsu Newhaven for children and adults 4 - 8pm; Ladies Boxing Keep Fit 6-7pm; Seniors boxing club 7-8.15pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

Every Tuesday

Families for Autism 10am - 12 noon; Writing Class 1.30-4pm; U3A Art Class 2-4pm; Weight Watchers 5.45 - 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30-9.30pm; Master Boxing Keep Fit 6-7pm; Pilates 6.30 - 7.30pm; Yoga 7.30 - 8.30pm; Barefoot Boogaloo (4th Tuesday of month) 7.30 - 9.30pm.

Every Wednesday

Pilates 9-10am; Life Drawing Class 10.30am-1pm; Art Class 1.30-3.30pm; Disco/freestyle dance class (age 2 upwards) 5-7pm; Boxing Club - Juniors 6-7pm; Ladies Box Keep Fit 7-8pm; Red Cross (every 2 weeks) 7-9pm; Nukehaven Ukelele Group 7-10pm (every 2 weeks).

Every Thursday

Country Market 9.45am - 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10am - 3.30pm; Diddi Dance (children) 10-11am; Novel Group 10am-4pm (once a month) contact Umi Sinha 01273 611490 to book. Sculpture Workshop 10am - 4pm, contact Silvia Macrae Brown 01323 422137. Start Art & Smart Art (children & young adults) 4.45-8.45pm; Masters boxing keep fit 6-7pm; Hillcrest Boxing Club Seniors Men 7-8.30pm; Line dancing 7.30 - 9.00pm.

Every Friday

Creative Writing Class 10am - 12.30pm. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk.

Into Art 10am - 12 noon. U3A Art Class 2-4pm; Disco/freestyle dance class (age 2 upwards) 3.30 - 6.15pm; Ballroom dancing 6.30-9pm.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2pm - 4.30pm. £5 per person including tea and biscuits. For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064
e-mail: newhaven.lewesmencap@btconnect.com
Website: www.newhavenmencap.org.uk
Telephone: 01273 517345

Our home is Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP.

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

The hall can be booked for private functions at a very reasonable rate. Please phone 01273 517345 for availability (preferably giving one month's notice of booking date).

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (who are considering becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am – 12.45pm further junior coaching. 1.00 – 5.00pm adult club sessions.

Every Sunday

10.00am – 12.00pm mix of adult and junior coaching. For all coaching lessons, please check on availability.

Every day

Club members can use the courts anytime during daylight hours.

SHAKESPEARE HALL

Run by Wave Leisure Trust Limited

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club from 3 - 6pm. After School Club, collection from all local schools, 3.00pm – 6.00pm, 1st to 20th October and 30th October to 20th December 2017. October Playscheme 23rd to 27th October, 8.00am – 6.00pm (earlier by arrangement). Contact on 07564 452837 - Facebook or www.nippers.org.uk.

Monday

Kettlercise – 6 - 7pm; Boxercise Circuits & Bootcamp 7 - 8pm.

Tuesday

Take Heart Cardiovascular Exercise class 10am - 11am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Strength and Balance Class 11am – 12pm. Body Conditioning 6.30 - 7.30pm. Boxercise & Kick Boxing 7.30 - 8.30pm.

Wednesday

Baby Bounce 10am - 12pm, have fun with our bouncy castle and toys. Tea/coffee included (Unsupervised) £2.00 per family 0 - 5 years.

Thursday

Take Heart Cardiovascular Exercise class 11am - 12pm.

Newhaven Youth for Christ Youth Club 7pm - 8.45pm every week during term time.

Saturday

H.I.I.T. 9am - 10am – a full body workout, suitable for all fitness levels. PiYo 10am - 11am – combination of pilates and yoga.

SUSSEX COMMUNITY DEVELOPMENT ASSOCIATION (SCDA) DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Health Champion & Volunteer Training Programme

Get involved in this fantastic FREE opportunity to improve your own health and well-being and to help others in your community.

SCDA needs people to join its new Health Champion & Volunteer programme to support our work in a wide range of health improvement projects. We offer a programme of seven courses and support sessions designed to give you skills, knowledge and experience and to undertake a role that suits you – however much time you have to give.

The seven sessions are:

Healthy Communities, Induction, Food Hygiene, Dementia Friends, Emergency First Aid, Cooking Skills, Walk Leader Training.

Healthy Lifestyles

The Health and Wellbeing team will be running some new and exciting low cost healthy eating and physical activity courses from October. Please contact us for more details on 01273 516032 or email us: healthylifestyles@sussexcommunity.org.uk.

Open Spaces

Walks and activities are planned from October so why not sign up to the mailing list. If you would like to be added to our mailing list, please drop us an email at: healthylifestyles@sussexcommunity.org.uk or call us on: 01273 516032.

Youth Services

Youth Group Drop In: please call 01273 517250 or email: familylearning@sussexcommunity.org.uk to find out the dates and venues of our youth group sessions.

Family Activities

Call 01273 517250 or email: families@sussexcommunity.org.uk to find out more about our programme of activities in Newhaven.

Family Learning

| Course | Day | Dates | Time |
|--|---------------|--------------------------|---------------------------------|
| Language and Play | Wednesdays | 8th Nov -29th Nov | 10am - 1pm |
| Managing Behaviour of children 0-5 years | Wednesday | 6th Dec (1 day workshop) | 10am - 12pm |
| Paediatric First Aid | Friday | 8th Dec (1 day) | 9.30am - 3.30pm |
| Getting Ready for Christmas | Thurs and Fri | 21st and 22nd Dec | 9.30am - 4.30pm |
| Jitterbugs Under 5's | Fridays | 1st Oct -31st Dec | 9.30am - 10.30am Term Time Only |

Pop In and Weigh

At Denton Island Community Centre, Denton Island, Newhaven on Thursdays at 1.30pm.

Pop in and get your baby weighed and meet other new parents or speak to a Health Visitor if needed.

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday - Sunday. Telephone 01273 512498 for more details.

Senior's Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday. (Please note: no Senior's Class on Bank Holiday Mondays).

Water Aerobics 12 noon - 1pm Monday, Thursday and Friday.

Deep Water Aqua Sessions now running 8.15pm – 9.15pm every Tuesday.

Adults only lane fitness swim 7.00pm – 9.00pm Tuesday and Thursday.

Aqua Zumba 8.30pm – 9.30pm every Wednesday.

Aqua Tots Session 10.15am -11.30am on Thursdays with toys in the teaching pool. (Please note: during term time only.)

Adults only twilight swim 8.00pm – 9.45pm every Friday.

Super Splash Inflatable 11.00am – 12.30pm Saturdays and 1.00pm – 2.30pm Sundays.

School Holiday Activities for Children and Young People

Running between 2 pm – 3.45pm, Monday – Friday. Please refer to Holiday Programme for session details.

STUDIO TEMPO DANCE CENTRE

Venues around Newhaven.

Please phone Margaret 01273 476565 or Jean 01273 513784

Ballroom and Latin classes every Friday at the Hillcrest Centre
Beginners 6.45pm, Improvers 7.30pm, everyone welcome.

SEAHAVEN HARD OF HEARING CLUB

The Club meets on the first Friday of the month, 2.15 - 4pm at St James' Trust, Blatchington Road, Seaford. Annual membership currently costs just £15. We have at least a couple of outings a year and a varied programme of visiting speakers, raffle, produce and book table, along with tea and biscuits. Transport may be available to the club meetings, at a small cost. Please call Pauline on 01323 895216 for more details.

We also offer lip reading classes on Tuesday mornings (usually six week terms) at a very reasonable cost, which includes membership of the Club. See listings below for what's on this quarter.

OCTOBER

- 3rd Newhaven Historical Society illustrated talk "Magnus Volk and his Railway at Brighton" by Ian Gledhill at the Hillcrest Centre at 7.30 pm, doors open 7.00 pm. Members free, visitors £5. Please check www.newhavenhistoricalsociety.org.uk for further details.
- 5th Newhaven & Peacehaven U3A - a talk by Joanne Wilkins on gardening, 2.15pm at the Meridian Centre, Peacehaven. The U3A holds many classes and activities – call 01273 589953 for more info.
- 6th Seahaven Hard of Hearing Club – a talk by Joanna Wilkins, education officer for the Sussex Archaeological Society about Anne of Cleves. 2.15-4pm at St James' Trust, Blatchington Road, Seaford. Call Pauline on 01323 895216 for more info.
- 8th Tea dance at the Hillcrest Community Centre: popular sequence, ballroom and Latin. 2.00 – 4.30pm. Admission £5 including tea and biscuits. Good company, great music, good dance floor and free parking! Call Fred Weston 01323 898813 for more info. First visit FREE!
- 9th South Highton WI Annual Meeting followed by a Silent Auction, 2.15pm at South Highton Village Hall. For further information please call 01273 516354.
- 10th **Storytelling for Adults - The GuestHouse Storytellers with 'The Seven Deadly Sins'.**
Come and be entertained with our telling of The Seven Deadly Sins, each carefully chosen to match our temperaments. Needless to say, GLUTTONY has found too much to say, while SLOTH hasn't even bothered to practice a tale. And dare we tell you what the others are up to? You may guess WRATH is getting pretty worked up by now... Which will be your favourite sin, we wonder? Age 12+
At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door.
- 19th Meeching WI – a talk by Alan Hodges - Highlights of the 1970's. 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 19th Newhaven Gardening Society monthly meeting with Ian Everest giving an illustrated talk 'Tales from the Riverbank'. At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More

information contact Jenny on 01273 516433 or Joyce on 01273 515610.

- 21st Hillcrest Film Society presents **HIDDEN FIGURES**. Cert PG. 2hrs 7mins.

The incredible story of Katherine G Johnson, Mary Jackson and Dorothy Vaughan three brilliant African-American women working for NASA, who served as the brains behind one of the greatest operations in history, the launch of astronaut John Glenn into orbit. This stunning achievement restored the nation's confidence, turned around the Space Race, and galvanised the world. The visionary trio had to battle to cross gender and race lines to inspire generations to dream big. A must-see film! Tickets £5.00 at the door. Doors & café open 6.00pm. Film starts 7.30pm.

- 22nd Studio Tempo Charity Tea Dance. 2.00-5.00pm at the Hillcrest Centre. Entry £6.00 per person includes tea and cake. All proceeds going to CTLA and Hillcrest Centre. Enquiries to Sharon Bewley 07792379278.

- 30th Bingo at South Highton Village Hall. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.

NOVEMBER

- 3rd Seahaven Hard of Hearing Club – a talk by Barry Goldsmith about D-Day. 2.15-4pm at St James' Trust, Blatchington Road, Seaford. Call Pauline on 01323 895216 for more info.
- 11th South Highton Bonfire Society's Bonfire Night celebrations. Torchlit procession leaves the Flying Fish in Denton at around 6.30pm and makes its way (via Denton Road, Thompson Road, Wellington Road, Highton Road) to the bonfire site at South Highton Recreation Ground. The firework display will start around 8pm. Admission is £3 for adults, free entry for accompanied children. For further information please call 01273 513106.
- 12th Tea dance at the Hillcrest Community Centre: popular sequence, ballroom and Latin. 2.00 – 4.30pm. Admission £5 including tea and biscuits. Good company, great music, good dance floor and free parking! Call Fred Weston 01323 898813 for more info. First visit FREE!
- 13th South Highton WI talk "Buffalo Bill and Queen Victoria's Golden Jubilee" by Bill McNaught, at South Highton Village Hall, 2.15pm. All welcome please call 01273 516354.
- 14th **Storytelling for Adults - The GuestHouse Storytellers present Nell Phoenix with 'Tricksterland'.** There is a place where power crackles through all things: broken bodies can become whole, thoughts can be heard, old bones speak and even rocks want revenge.
Here we stumble through shape-shifting worlds on a journey to the edge of the earth.
Be prepared to encounter all things earthy, brutal and bold. Age 12+
At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Performance starts 7.30. Tickets £7 in advance from the Hillcrest café or through our website: www.guesthousestorytellers.com. If available, tickets will be £9 on the door on the night.
- 16th Meeching WI AGM, 9.45 am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 16th Newhaven Gardening Society monthly meeting with Kevin Martin giving an illustrated talk 'Glyndebourne Gardens'. At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More

information contact Jenny on 01273 516433 or Joyce on 01273 515610.

- 18th Newhaven, Lewes & District Mencap's very popular **CHRISTMAS FAIR** at Riverside Hall, Riverside, Newhaven BN9 9BP. 10.00 am to 2.00 pm. Admission 50p, children free. All the usual great stalls and bargains – including a visit from Father Christmas! (he has already contacted us to say he will be there!) Meet him and his elves in his beautiful Grotto. Come along for a fun time, and chances to win wonderful prizes. We will also have mince pies and mulled wine for sale along with our usual delicious refreshments (and homemade cakes). Tell your friends about our popular fair – we look forward to seeing you on 18th November.
- 18th Hillcrest Film Society presents **NERUDA**. Cert 15. 1hr 47mins.
A warrant is issued for the arrest of Chilean senator Pablo Neruda. Attempting to flee the country, he is pursued by a dashing but inept detective. The film is as much a celebration of the medium as the man, morphing from noir to Hitchcockian chase to farce to western. Events are relayed with lashings of humour and romance, the sumptuous staging and showy camera work fitting the flamboyant protagonist who's ill-suited to slumming it as a fugitive in the shadows. In fact, this man of noble principles and notable creativity is shown to be something of a scoundrel. An imaginative, unforgettable film. Tickets £5.00 at the door. Doors & café open 6.00pm. Film starts 7.30pm.
- 25th **RNLI Newhaven Christmas Fayre**. Taking place in the Hillcrest Centre, Hillcrest Road, Newhaven BN9 9EA from 10am to 12.30pm. Start enjoying the festive spirit whilst supporting your local lifeboat. Father Christmas will be visiting and there will be a variety of stalls for the enjoyment of all the family, as well as a Winter Raffle. Entry fee of 25p with all profits to be used for the benefit of RNLI Newhaven. Merry Christmas. Support your local lifeboat - Respect the Water.
- 27th Bingo at South Highton Village Hall. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 30th Newhaven Country Market special Christmas Market in the Hillcrest Centre main hall, 09:45 to 14:00. Christmas crafts, gifts and baking - orders taken for seasonal fare. All items on sale are locally produced in the community.

DECEMBER

- 1st Seahaven Hard of Hearing Club Christmas lunch. Call Pauline on 01323 895216 for more info.
- 2nd Autumn Fayre at Newhaven Day Club, West Quay 10am – 12 noon. Come along and enjoy tombola, bric-a-brac, tea, cakes and raffle.
- 5th Newhaven Historical Society illustrated talk "The Denton Murder of 1893" by Ian Everest at the Hillcrest Centre at 7.30 pm, doors open 7.00 pm. Members free, visitors £5. Please check www.newhavenhistoricalsociety.org.uk for further details.
- 7th Quayside Medical Practice Patient Participation Group Meeting 6.30pm at the surgery. New members always welcome. Please ask at reception for more details.
- 10th Tea dance at the Hillcrest Community Centre: popular sequence, ballroom and Latin. 2.00 – 4.30pm. Admission £5 including tea and biscuits. Good company, great music, good dance floor and free parking! Call Fred Weston 01323 898813 for more info. First visit FREE!
- 11th South Highton WI members' Christmas Social time at South Highton Village Hall, 215pm. Please contact 01273 516354 for further details.
- 11th Christmas Bingo at South Highton Village Hall. 8.00pm

start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.

12th **Storytelling for Adults - The GuestHouse storytellers - 'Winter Tales to Warm the Heart'.**

Our annual celebration of the winter solstice - with free mince pies and mulled wine! This is the time of year when communities traditionally huddle round the fire to tell stories, so pick your favourite story to lighten our journey through the darkest time of year, or just sit back and let our stories warm your heart. Age 12+

To book a ten minute slot to tell a story please email Umi: umisinha.writing@gmail.com.

At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7pm. Stories from 7.30. £5/£4 on the door.

14th Meeching WI Christmas lunch, 12 noon. Visitors/new members welcome. Tel: 01273 517053 for more details.

15th Newhaven & Peacehaven U3A Christmas lunch at Queens Hotel, Eastbourne 12 noon for 1pm. The U3A holds many classes and activities – call 01273 589953 for more info.

16th Hillcrest Film Society presents **HUNT FOR THE WILDER PEOPLE**. Cert 12A. 1hr 41mins.

This charming comedy combines endearing characters with generous helpings of deadpan humour. It tells the story of Ricky Baker, a 13-year-old delinquent in New Zealand, who ventures into the wilderness to avoid juvenile detention. Thankfully, he is tracked down by his foster uncle, Hector (Sam Neill), a grumpy, taciturn mountain man who knows how to survive in the bush. The two of them are forced to become fugitives, as Ricky's disappearance causes a national manhunt. While they try to stay one step ahead of the authorities, they form a delightful double act, creating a mismatched duo who are utterly joyous to watch. Don't miss it. Tickets £5.00 at the door. Doors & café open 6.00pm. Film starts 7.30pm.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in January/February/March) is 20th November 2017 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

Christmas & Santa

MARKET EXPERIENCE

—AT NEWHAVEN FORT—

Saturday 9th December 10:00am - 4:00pm

Sunday 10th December 10:00am - 4:00pm

Food

Gifts

Crafts

Festivities



Mulled Wine

& delicious
Mince Pies

1940s
Sea Room

open from
10:00am

—FORT ROAD, NEWHAVEN, BN9 9DS—

For further information and market pitch enquiries email:
info@waveleisure.co.uk or call 01323 493061.

Free bus service on Saturday 9th December from Newhaven Town to the Fort.
Contact CTLA for timetable, email: www.ctla.org.uk or call 01273 517332.

www.newhavenfort.org.uk

newhaven
FORT
UNLOCK #HIDDEN STORY