Newhaven Matters

Winter 2018 // Issue N° 16



Welcome to the Winter edition of Newhaven *Matters*, the free newsletter for Newhaven residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of Newhaven *Matters* please contact Nicky Still on 01273 516100 or email <u>nicky.still@newhaventowncouncil.gov.uk</u>

Winter 2017

I love Newhaven and am really enjoying being its Mayor, representing the town is a pleasure. I eagerly await regeneration and look forward to seeing how the town develops. Newhaven has got a lot of character and is a fantastic town to live in.

Remembrance Sunday on 12th November was one of the highlights of the last few months, and this year we were able to welcome the Lord Lieutenant of East Sussex for the first time in a number of years. He is the Queen's representative so we were honoured that he attended, along with many other prominent people and of course hundreds of local residents, especially children, paying their respects.

I recently hosted a bingo night in aid of my charities, the Sea Cadets and Girl Guides. It was great fun and I am now thinking of holding regular quiz and bingo nights as people seem to enjoy them. As we go to print, I am organising some Newhaven archive film and photo events in some of the pubs around the town. Look out for details on the town council's website. Facebook page and noticeboards.



The last seven months have flown by and I am looking forward to making the most of my last few months in office and seeing many of you in the New Year.

June Dyer

Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100.

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NEW CHRISTMAS LIGHTS FOR TOWN CENTRE

Have you seen Newhaven's new Christmas lights?

The Town Council commissioned new bespoke Christmas lights for the town centre this winter with a lovely maritime theme.

The lights were switched on at the end of November by Santa from the CTLA Santa bus and the Mayor, Councillor June Dyer and will be lit until 6th January.

CHRISTMAS CHURCH SERVICES

SACRED HEART CHURCH, FORT ROAD

Sunday 24th Dec 6.00pm Vigil Mass Christmas Day 9.00am Mass

ST MICHAEL'S CHURCH, CHURCH HILL

Sunday 24th Dec 3.30pm Crib Service

11.30pm Christmas Eve Midnight Communion

Christmas Day 10.00am Family Service

10.35am Short Communion Service

NEWHAVEN BAPTIST CHURCH, BRIGHTON ROAD

Sunday 24th Dec 10.30am Carol Service
Christmas Day 10.30am Christmas Service

ELIM CHURCH, MEECHING RISE

Thursday 21st Dec 5.00pm Carol Service

DENTON CHURCH, HEIGHTON ROAD

Sunday 24th Dec 4.00pm Crib Service

11.15pm Midnight Communion

Christmas Day 10.00am Family Communion



HAVENS DAY

A Health and Wellbeing event, and a Volunteer Recruitment Fair

Saturday 3rd February 11.00am – 2.00pm at Meridian Centre, Peacehaven

Come along to this free event where there will be a number of Health and Wellbeing tasters including mindfulness, singing, gentle exercise, arts and crafts and many more! All voluntary organisations working in the Havens area (Saltdean, Telscombe, Peacehaven, Newhaven and Seaford) that need volunteers have been offered a stand at the event. Members of the public can come and try out activities and find out about volunteering opportunities in the Havens.

If you would like more details please contact Megan Comber megan.comber@sussex.community.org.uk tel 01273 516032 or Sarah Gorton sarah.gorton@eastsussex.gov.uk tel 07740517276.





MUNCHKINS PARENT & TODDLER GROUP

Munchkins Parent & Toddler Group aims to provide a safe environment for parents and carers to meet and socialise with others with children under 5 years old.

They include a weekly fun activity or craft consisting of painting, gluing or cooking, including seasonal activities where parents and children can work together. There are special fun days such as a teddy bears' picnic, sports day, pirate day, Halloween and Christmas parties, as well as trips to the fire station, Drusillas and Dino's soft play in Seaford.

The group meets every Thursday (including school holidays) at Summerhayes Centre in Marshall Lane from 10am - 12 noon. The cost is £1 per adult and 20p per child which includes refreshments. Munchkins is run voluntarily by its founder Janet Gunn and her husband but they are always looking for people who have some free time to help at sessions, either setting up, packing away or helping with the activities and/or music and story time. Contact: Janet on 01273 515301.



Come along with your toddler to diddi dance and join the party fun whilst exploring a number of different dance styles. First up is a spicy summer Salsa, followed by some good old Rock 'n' Roll and finally chillin' with some smooth Reggae vibes. Learn rhythm and co-ordination, boost confidence and social skills with high energy, full of

JITTERBUGS

Jitterbugs is an under 5's group at Denton Island Community Centre on Fridays in term time from 9.30-10.30am. Sessions start with singing, music and movement. There is often a story and then a different themed activity every week in the second half of the session.

Themed weeks include Speech (Jolly Phonics), Writing, Numeracy, Literacy and activities based around seasons and celebrations (Easter, Halloween, Bonfire night, Christmas etc.) In December, for example, sessions include singing Christmas songs, making Christmas cards/decorations, decorating gingerbread men, baby sensory session, making reindeer food and a mini Christmas disco party.

Due to the popularity of Jitterbugs, 'BabyBugs' has just started, with singing, sensory activities, Makaton signing and more babyrelated activities suitable for non-movers. Contact: Kath Wright at SCDA, 01273 517250.

fun funky pre-school dance classes suitable for boys and girls aged 18mths $-4\frac{1}{2}$ years.

New faces are always welcome, so come along to the Hillcrest Centre on Thursdays, 10am. Contact Joanna on joanna.oastler@diddidance.com for more information or book a free trial today via www.diddidance.com.



1964 NEWHAVEN'S FIRST CAR FERRY

In the early 1960s, the Newhaven-Dieppe passenger service was in decline. It operated only from Easter to October and passenger figures were steadily dropping. There was some talk of the route closing but, after much discussion, plans were made for a year-round car ferry service and work started on the linkspan ramp and shore facilities in 1963.

After an inauguration trip for VIPs on the 31st May 1964, the service was officially started on 1st June by the 'new' (actually 18 years old) converted car

ferry 'Falaise'. She was a tiny ship compared to today's vessels with space for just 100 cars, but in her first six months on the route she boosted the overall number of passengers carried by 10,000, despite a drop in foot passenger numbers of around 35,000. It's no exaggeration to say that she single-handedly saved the Newhaven-Dieppe service that year. Carryings increased month by month and when she was joined in 1965 by the French ferries 'Villandry' and 'Valencay', the route's future was secured.

'Falaise' was much loved by passengers and crew alike and served the route well for nearly nine years. Alas time caught up with her and after a brief spell on the Channel Islands routes in 1974 she suffered irreparable boiler damage and was eventually towed away for scrapping, a sad and premature end to a fine ship.

The two photos may not be the best quality, but they show the start and end of an era, with 'Falaise' making that inaugural departure in May 1964 and her final departure on service in December 1972.

10TH ANNIVERSARY CELEBRATIONS

In October, Our Newhaven celebrated its 10th Anniversary by holding an all-day event at Paradise Park.

Visitors were able to view slideshows, look through the albums and read about the life story of the harbour tug "Meeching". There was also live access to the Our Newhaven website and the team were quickly able to find web pages and images for visitors' various questions. Most importantly, visitors

were able to bring in photos and slides for scanning and inclusion on the site, and relate many stories and tales about the town's history and its characters.

This was Our Newhaven's most successful event ever and the team would like to extend their thanks to Mark Gilbert and Paradise Park for hosting them, and to all those who visited and brought in photos.

www.ournewhaven.org.uk



L-R. Carol Walton, Newhaven Mayor June Dyer, Andy Gilbert, Paradise Park Sales Director Mark Gilbert. Seated - already busy with the website - John Hills



GRANT AID FOR LOCAL ORGANISATIONS

Did you know that Newhaven Town Council gives grants to voluntary groups and charities working in Newhaven to help them to provide activities and facilities for local people?

Recent recipients include:

- Rotary Club of Newhaven to help pay for a Christmas party for senior citizens
- Denton Women's Fellowship to help towards the cost of hall hire, speakers and trips out
- Dragoon Explorer Scouts to buy a folding camping table with an aluminium top to

of grants available in the New Year. Application forms will be available from the town council website www.newhaventowncouncil.gov.uk from mid-January, or from our offices at 18 Fort Road, tel: 01273 516100.

ensure a safe environment for cooking using gas burners

- Earthquake Drummers to buy new drums and sticks
- Friends of Riverside Park to purchase more dog poo bags





Calling Artists and People with Small Businesses in the Creative Sector

Along with other local organisations such as Newhaven Chamber of Commerce and Lewes District Council, the town council is a member of the Newhaven Coastal Community Team. The government has encouraged the setting up of such groups to help bring jobs and prosperity back to coastal towns through regeneration projects.

As part of one of its first projects the Coastal Community Team is keen to find out if a creative 'quarter' is needed in the town, where creative businesses can coexist and flourish.

We know that there are many creative people locally, and now need to find out if there is a need for a new way of working, by the provision of buildings and spaces specifically for creative activities.

To try and find out what is needed, the Town Council is holding a public meeting at The Ship pub in Newhaven High Street at 6pm on Wednesday 31st January 2018, so that you can register your interest and find out more. Come and be part of the positive change that is happening in Newhaven!



We would be grateful if you would let us know if you will be attending: please either phone the town council offices on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk.



Newhaven's Young Mayor, Sophie Lewis, has been working hard to produce an exciting new resource for young people in Newhaven – a special section on the town council website just for young people.

The new Newhaven for Young People section of the website includes a vibrant section giving details of activities in the town for young people. This covers everything from youth clubs to dance groups, from scouts and guides to helping to conserve our green open spaces.

As so many young people struggle with the pressures of twenty first century life, there is also a special Well Being section aimed just at them with advice on how to cope with bullying, exam stress, social media and relationships.

This section also provides links to charities and other organisations offering help and advice to young people and information on what to do in a mental health emergency.

Finally, there is a section about Newhaven's Young Mayor herself and her predecessors.

Pupils at Seahaven Academy and UTC@harbourside will be electing a new Young Mayor in the New Year.



VALLEY PONDS

Town Council contractors spent a couple of weeks at Valley Ponds during October removing reeds from the ponds by hand using a small boat.

They did their best to pull the reeds up by the roots and paid special attention to the reeds around the culverts linking the ponds together. They also made sure to create clear passages of water between one culvert and the next so that water can flow more freely at times of heavy rainfall.

The ponds proved to be deeper than the town council thought – they are more than two metres deep and there is very little shallower water at the edges – the sides of the ponds are quite steep.

The regrowth of the reeds will now be monitored to assess how frequently reed removal should be carried out.

A larger percentage of reeds in the pond closest to Lee Way were removed to provide more open water for toad tadpoles in the spring.

Meanwhile, when the toad population starts to head towards the ponds this spring to breed, the town council will be fitting special toad "ladders" into many of the gulley pots surrounding

the Ponds. The ladders are specially made by the British Herpetological Society and will enable amorous toads that fall into a gulley pot to climb back out rather than becoming imprisoned and dying.

If you would like to join a group of volunteers helping to look after the Ponds, please contact town councillor Keith Corbett Tel. 01273 514286



Christmas tree recycling

Please bring your trees to Bay Vue car park by Sunday 21st January.

Real Christmas trees are usually shredded into chippings which are then used in parks and woodland areas.

Christmas card recycling

You can put Christmas cards in your kerbside recycling

collections, in the box for paper.

For dates of when your kerbside collections take place please refer to your kerbside recycling calendar.

If you do not have one you can download from Lewes District Council website: **www.** lewes.gov.uk/waste or you can request one by calling customer services on 01273 471600.



In 2016 the town council commissioned an audit of Valley Ponds looking at ways to try and save the toad population. Numbers of toads using Valley Ponds to breed have continued to fall drastically in recent years despite measures taken by the town council to make the Ponds more wildlife friendly.

One of the suggestions made in the audit was to look at new sites for ponds – for instance at Riverside Park on the other side of Lewes Road.

The town council has been working closely with East Sussex County Council, local ecologist Barry Kemp and

the Friends of Riverside Park group to look at this possibility. A search of historical maps revealed that there used to be two ponds in the grazing marsh area to the north of the old landfill site. A project is now under way to reinstate these two ponds and create a new one close to the bird hide on the northern edge of the landfill. As part of the project, the existing ditch adjacent to Lewes Road will also be cleared and widened slightly to provide a further wetland link with the new ponds.

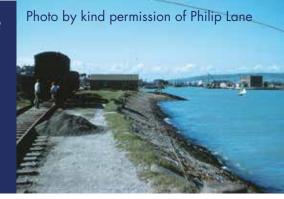
The ponds will provide much enhanced habitat for local wildlife, which may include toads. If toads do not naturally colonise the new ponds, steps will be taken to introduce spawn from other sites to try to establish a new population.



DO YOU REMEMBER NEWHAVEN IN THE OLD DAYS?

Tom Bonnor, a local video maker, is working with Newhaven Town Council to create an archive of oral history videos of local people talking about what it was like to live in Newhaven in the old days.

If you have a story to tell about life in Newhaven when you were younger and would like to be filmed, please get in touch with the town council offices on 01273 516100 or email admin@newhaventowncouncil.gov.uk.





On Saturday 16th December Newhaven Football Club celebrated its 130th anniversary and will soon be opening its doors to its main Stand at the Trafalgar Ground Stadium. The official opening will be mid-January and will be announced via social media once a date is confirmed.

Along with this will be a new clubhouse and café with live sports, a community gym and modern contemporary changing rooms open for use. In conjunction with the Sussex FA the club will soon be hosting Disability Football at Newhaven FC to give further opportunities to those in need and those already involved in the game.

Once the main stand is fully developed the aim is to have a large upstairs function room which will be available to hire and for use by community projects and organisations. It will be fitted with a large purpose built kitchen, a dance floor and a state of the art PA system. It will also have the ability to transform into a functional multi-purpose centre such as a youth club, a nursery group/preschool, a further education centre, a dance studio, and a conference room for businesses as well as many other things. Whatever the need, it will be there for the community.

In just two months the Walking Football craze has really taken off at Newhaven FC and is To get involved in Walking Football please contact either: SCDA on 01273 516032, email megan. comber@sussexcommunity. org.uk or call Lee Tully 07765026050, email tullsta@mail.com.

the talk of the town. Over 58 people have taken part so far in the sessions and there are already 32 registered members ready to form teams for league and friendly competitions later on in the season.

Football at Newhaven FC is much more than just football... it's a social gathering, it's companionship, it's friendly, it's fun and it's a healthy lifestyle choice.



VIRGIN MEDIA COMES TO NEWHAVEN

You may have noticed Virgin Media in parts of Newhaven, preparing installation of fibre broadband. Virgin will soon be holding local Community Information Events - look out for publicity locally in shops, noticeboards and on social media. There is also a contact number on the

road works boards should you have any questions. Advance works notice boards should go up at the entrance to each road to inform you that Virgin are soon to be in your road, and letters will be dropped through everyone's letterboxes.



Italian food word search competition

The winner of the competition in the last issue was Newhaven resident Beverley Osbourne.

Beverley was delighted to receive a voucher for a meal for two people at Padella D'Oro in Bridge Street, kindly donated by owner Mauricio.

COMMUNITY FLAG

COMPETITION

Newhaven's Mayor Councillor June Dyer has launched a community flag competition, hoping that designs will be submitted creating images of Newhaven that the community can identify with and want to embrace.

Entries can only be made by people living or working in Newhaven and there are three categories to the competition:

- Children at primary school
- Young people up to 18 years
- Adults 18 to 100!

The deadline for submissions is Friday 16th February 2018 The entry form and template, which are available from the Town Council, set out design guidelines that are helpful to any budding flag designer!

These include:

- Keep the design simple
- Use meaningful symbols
- Try to use two or three basic colours
- No lettering or seals
- Be distinctive

We expect you to draw your design within the template. Computergenerated designs will not be accepted. A brief description should be included with any submission to explain why different images have been chosen for the design.

A panel of five community members will select the winning designs that can be flown by local people and organisations, and at events. Winners will receive a flag with their design on and the flag will be used throughout the 2018 Artwave Festival in Newhaven in the summer.

For more information on the competition and to find the entry forms, visit the Town Council's website at www.
www.
newhaventowncouncil.
gov.uk
or pick up an entry form at the Town Council offices at 18 Fort Road.



"We want something that reflects Newhaven as we have much to be proud of in this community, such as the town's rich heritage, traditions and unique location."

Councillor June Dyer







Spring will soon be awakening and it will be time to get out and revitalise the garden once again. If you enjoy your garden - whether it is just a few pots or a bigger display, and live in Newhaven, then why not enter Newhaven in Bloom 2018? A good show gives great pleasure to passers-by and helps cheer up the town - so why not have a go! As a bonus, there is a £1 voucher for every £10 spent (from the sponsors, Paradise Park) as well as prizes in each category. Last year's winners (pictured) for Best

Community Garden and Best Overall Garden, was Gordon Ellis Court, who created a living wall of flowers, as well as individual display gardens. Just fill in the form and return it to Paradise Park, and they will send you your discount card. Good luck and have fun!

Receiving their cup from the left of photo: member of staff Mark Curtis, Sheila Greenwood, Maureen Smith, Manager of Ellis Gordon Court, Sian Morris, Jo Slaughter and Edna Garrick - well done those hard working gardeners!

Significant milestone reached on Newhaven flood alleviation scheme



Environment Agency (EA) contractors have completed construction of flood defences on the River Ouse west bank in Newhaven. Work at West Quay, Riverside Park and Denton Island bridge flood walls is finished. Re-seeded grass on Huggett's Green established well over the summer and they continue to monitor the condition of the green and embankment. These works reduce the flood risk to 244 homes, 88 commercial properties and vital infrastructure.

Construction on the east bank is progressing at pace including an earth bund between the A26 and the Energy Recovery Facility (incinerator). A flood wall is being built along the river bank north of the swing bridge and gabion rock baskets have been installed near the UTC. The complex design of defences through Port Authority land further to the south is underway.

The project team were involved in community events throughout the summer and continue to share their plans with the community.

Construction is disruptive and the EA thank you for your continued co-operation. For further details visit <u>www.gov.uk</u> search 'Newhaven' or call 03708 506506.



NEWHAVEN IN BLOOM 2018 ENTRY FORM FREE TO ENTER

- 1. **BEST WATER & ORNAMENTAL DISPLAY**
- 2. **BEST FRONT GARDEN**
- 3. BEST BACK GARDEN
- 4 BEST BALCONY/BASKETS/POTS or CONTAINERS
- 5. BEST KITCHEN GARDEN
- 6. BEST BEE FRIENDLY & WILDLIFE GARDEN
- 7. BEST SCHOOLS
- **BUSINESS IN BLOOM** 8.

Every entrant will receive a Loyalty Card from Paradise Park, which entitles them to a £1 plant voucher every time they spend £10 on plants at the Garden Centre at Avis Road, Newhaven.

Please enter me/us in the following category/categories:
Full name:
Address:
Tel No:
Please post or hand in to the Info Centre, Paradise Park, Avis Road, Newhaven BN9 0DH as soon as possible. Judging will take place late June.

Sponsored by: PARADISEY PARK



Town Council meetings coming up

Don't forget you are welcome to attend any of the town council's meetings – here's what's coming up this quarter:

16th January, 7.15pm

Planning & Development Committee followed by Full Council

6th February, 7.15pm

Planning & Development Committee followed by Regeneration & Strategic Development Committee

27th February, 7.15pm

Planning & Development Committee followed by Promotion, Partnership & Finance Committee

20th March, 7.15pm

Planning & Development Committee followed by Environment & Amenities Committee

Look out for agendas on the town council's website <u>www.</u>

newhaventowncouncil.gov.

uk and noticeboards around





Meeching WI meets at Meeching Hall, Fort Road on the third Thursday of each month from 9.45am - midday. The group has been in existence for approximately 30 years and has about 50 members at present.

Meetings are varied: there are speakers on a wide range of subjects, two or three outings per year, a springtime lunch in a local restaurant and a Christmas buffet lunch with entertainment. The outings are usually day trips with a

coach provided. There is also a 'Knit and Natter' group which meets on the last Friday of the month at the Day Centre in West Quay from 2.00 – 4.00pm. Fund-raising events are held mainly as coffee mornings at the Meridian Centre in Peacehaven.

This is a lively and friendly WI. Any visitors or new members are made very welcome. For more details, please phone the President on 01273 517053.

Denton Women's Fellowship

Denton Women's Fellowship has been meeting for many years now. The President, Peggy Cohen, works tirelessly to give members a varied and interesting programme of events. Membership is open to anyone in the 60 – 100 years age group!

The ladies meet on the second and fourth Tuesdays of the month in Denton Church Hall at 2.30pm (see What's On or Denton Parish News for details.) Speakers give talks and slideshows on many different subjects such as 'Around the World with a Backpack', 'Growing up Down Under' or 'Stanley Holloway' to name just a few. Sometimes local services such as the RNLI

or Air Ambulance visit, or perhaps someone bringing a guide dog or even a Shetland pony. If the speaker is wellknown the meeting is opened to anyone.

Funds are supplemented by the occasional game of bingo or a beetle drive to help keep subscriptions low. There's usually an outing once a year to a favourite restaurant or garden centre, and meetings are always followed by tea and a chance to chat to others, so why not join this friendly group? New members are very welcome.

Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.

NEWHAVEN'S FIRST WORLD WAR



WOMEN'S AUXILIARY ARMY CORPS AT THE WORKHOUSE



Poster recruiting WAAC's ▲
Imperial War Museum www.iwm.org.
uk/collections/item/object/28298

In March 1918, 100 officers and women of the Women's Auxiliary Army Corps (W.A.A.C.) took up residence in the part of the Workhouse that had recently been vacated by the Labour Corps.

The President of the Quartering Committee wrote to the Newhaven Board of Guardians asking if the women could use a small sick bay in the hospital, and have use of the laundry for three days a week. It was decided that it would be impossible for the women to use part of the infirmary "Not only did the Board require the use of that part of the building themselves, but it was hardly a place for the W.A.A.C.s". It was decided that the Clerk and Workhouse Master would do their best to arrange for the women to use the laundry three days a week.

Newhaven Postwomen ►
Newhaven Museum ref. A010-011

POSTWOMAN'S BICYCLE STOLEN AT SOUTH HEIGHTON

On the morning of 5th February 1918, Newhaven postwoman Edith Buckwell left her bike outside South Heighton Rectory, whilst on her rounds. When she returned, about 2 minutes later, she found the bike was missing. The Landlord of the Hampden Arms, Ernest Lower, saw Joseph Baldwin with the bike "proceeding over the hills in the direction of Glynde". He followed him and, when he caught him up, Baldwin dropped the bike and ran away.

Baldwin, aged 18, from the Canadian camp in Seaford, pleaded guilty and was bound over for £5 and told that "if he behaved himself he would not hear anything further about it".



BUTTER AND MARGARINE RATIONING COMES INTO FORCE

Butter and margarine rationing came into force for the first time on 25th February 1918. Householders filled in a form with details of their family, including the name of the retailer they wanted to buy their butter and margarine from. Food cards were then issued to each person in the area, with children receiving different coloured cards. Each person was entitled to ¼ lb of margarine a week. Newhaven Urban District Councillor, Mr

Corbett, believed that rationing would provide "a more equitable distribution of goods and the poorer classes would fare equally with those who were better off". However the issue of ration cards did not actually guarantee supply, it only ensured an equal distribution of the supplies available.

Newhaven High Street ►
Newhaven Museum ref. A012-067



Spotlight on...

Jac Parson, new Minister at Newhaven Baptist Church





After 5 years without a minister, Newhaven Baptist Church was delighted to welcome Jacqueline (Jac) Parson in September.

Originally from Bacup in Lancashire, Jac has been an ordained Baptist Minister since 2010, and before that a swimming teacher, a First Aid trainer and assessor, a barmaid, a volunteer at a night-stop for homeless teenagers, and a youth worker.

Jac says, 'My priority in ministry is to equip and encourage the local church to reach out to those around them in a variety of ways, whilst ensuring the church is a welcoming and caring place to belong, as they worship God together.'

Jac is married to Richard, and they have a small daughter called Hannah. In her rare spare time she enjoys jewellery making, sewing and occasionally going out to the theatre.

She can be contacted via the church's website: www.newhavenbaptistchurch.co.uk or on 01273 933205.

ICY
WEATHER
MEANS
SLIPPERY
ROADS AND
PAVEMENTS

Every winter when the temperature drops to sub-zero or the snow falls, our roads and pavements become very slippery.

East Sussex County Council, as the Highway Authority, is responsible for gritting (salting) the roads – but they can't treat all roads, and do not grit pavements. They have to prioritise the busiest roads in order to avoid the most serious accidents. You can see a map of roads that will be treated

online at www.eastsussex. gov.uk/roadsandtransport/ roads/maintenance/ saltingandgritting.

You can help yourselves and your neighbours by clearing snow and ice from pavements and public spaces outside your property. It is very unlikely that you would face any legal liability, as long as you are careful to make sure that you do not make the area more dangerous than before. Use a shovel to remove snow. Spread

salt on the area you have cleared. Do NOT use hot water, as this may create black ice when the water re-freezes.

There are a number of grit (salt) bins around the town. Some of these belong to ESCC, some to LDC and some to the town council. If you see an empty bin, please report it to the town council – we are quite happy to work out who owns it and get it refilled.



HEROES WANTED!

Newhaven Town Council wants to recognise these often unsung heroes living in our town. We are looking for nominations for three special awards which will be presented at the annual Town Meeting in April:

 Volunteer – this award is for someone who has done outstanding voluntary work in the community Do you know a local hero? Someone who works tirelessly for their community? Who always goes the extra mile? Who has achieved something amazing? Who really deserves an award?

- Unsung Hero this award is for someone who has gone beyond and above the call of duty whether in a professional or voluntary role
- Achiever this award is for someone who has achieved something outstanding through hard work or talent

In addition to these three awards, there will be an overall Newhaven Community Award the winner of this award will be chosen from the nominees for any of the three categories.

Nomination forms are available from the town council offices at 18 Fort Road, Newhaven, tel: 01273 516100 or can be found on our website www.newhaventowncouncil.gov.uk
The deadline for nominations is 11th March 2018.

EGRETS WAY WINS AWARD - Sussex Countryside Awards 2017

Organised by CPRE Sussex
– the Sussex branch of the
Campaign to Protect Rural
England – the awards
ceremony was held in the
magnificent Petworth House in
October.

The Egrets Way Project was a Full Award winner in the Rural Enterprise category. The judges describe the project as 'an inspirational community project... the result of much integrated work to obtain planning permissions, landowner consents and

outside funding'.

The award recognises that Egrets Way can bring additional benefits to local businesses and tourism and will be helping Newhaven to establish itself as a gateway to the South Downs National Park from Europe.

The committee remains determined to complete the network so that people can make full use of the link between Newhaven and Lewes.



Lady Egremont presents Susan Thompson and Neville Harrison with the award of a plaque and certificate



Newhaven Enterprise Zone

The Newhaven Enterprise Zone is a significant opportunity to drive the regeneration of the town, develop business space and promote higher skills in the local workforce. Since the Enterprise Zone was launched in April of this year it has been successful in attracting investment into new and refurbished commercial floor space and creating new jobs for Newhaven.

 Development is progressing well at East Quay within the Enterprise Zone. This is the site of the Operations & Maintenance Base for the £1.3 billion Rampion Offshore Wind Farm and is due for completion by Spring 2018.

Work is also progressing well at Eastside South. A new business park is under construction which, when completed, will offer almost 8,000m² of new commercial floorspace. Phase 1 (2,260m²) is due for completion by the end of December 2017 and has now been fully pre-let to growing businesses from within Newhaven and from further afield.

There is also major regeneration planned for the town

centre – see page 21 for more news on that.

This is an exciting time for investment into Newhaven supporting the widely held ambition to make Newhaven a great place to live, work and visit.

Details of the Newhaven Enterprise Zone, and contacts, can be found at <u>newhavenenter-</u> <u>prisezone.com</u>

Or if you are interested in what Enterprise Zones are and why they have been created, please visit the Government website enterprisezones.communities. gov.uk.



Well, your GP also needs you. Doctors' surgeries have groups of volunteers (called Patient Participation Groups) to represent the interests of their patients. Groups will discuss general issues about the running of the surgery such as access to appointments and services available to patients.

Patients' experiences with the practice or general NHS services are also raised from time to time where they could have a wider impact.

Patient groups also get briefings from NHS staff about the workings of the Clinical Commissioning Group that manages and commissions services, including GP surgeries, in the wider area. Groups hear about projects and policies at an early stage and have the opportunity to express the patient view - and to make a real difference to outcomes.

To be effective a group needs to include as wide a range of patients as possible and so groups welcome anyone who is willing to take part. The time commitment is not great, for example, in Newhaven the Quayside practice group meets four times a year for a couple of hours in the evening. Members also have the opportunity to receive and comment on information about NHS policies and projects by email.

If you wish to find out more or to join a group please do ask your practice's receptionist who should put you in touch with your group.

Also see <u>www.chapelstreetsurgerynewhaven.nhs.uk</u> or <u>www.quaysidemedicalpractice.nhs.uk</u>.



Seahaven Business Awards celebrates 15th year

The Newhaven Chamber of Commerce are pleased to announce that in January 2018 they will be opening nominations for the 15th annual Seahaven Business Awards.

Categories include Business of the Year, Business Person of the Year, Best Environmental Business, Best Customer Service, Best New Business, Best Eatery and the President's Award. The Seahaven Business
Awards recognise businesses
which have shown tremendous
commitment to customers,
staff and community;
innovation, success, and who
take great pride in being
part of a thriving business
community. Any business can
be nominated from the BN9,
BN10 and BN25 postcodes –
entry is free and businesses
can nominate themselves if
they wish.

The glittering award ceremony will be held at Jerrom Hall in Peacehaven on Friday 11th May 2018. The evening is hosted by Newhaven Chamber of Commerce in partnership with Seaford and Peacehaven Chambers.

You can nominate via the website at <u>www.</u> <u>newhavenchamber.co.uk</u> from January or ring the Chamber Office on 01273 517544.

Multi-million pound town centre transformation announced for Newhaven

There is at last the prospect of positive change happening in Newhaven Town Centre, as Lewes District Council has revealed plans for a new 69-bed hotel, major improvements, new retailers, some 90 new homes for local people, a new car park and extended and enhanced leisure facilities.

Plans will include new walkways, better signage and green landscaping to add colour and vibrancy to the centre.



The redevelopment is proposed for the area on the south side of the town centre 'island', from Seahaven Swim and Fitness Centre, through to Dacre Road multi-storey car park.

The £38m scheme is expected to create hundreds of new jobs in the construction, retail and hotel sectors, whilst generating an additional £100m of inward investment into the local economy.

This project is in the early stages of development and Lewes District Council is keen for local people to be involved and kept informed about the detail. They have advised the Town Council that they will be consulting with local people in the New Year, so keep your eyes peeled for notification of events regarding this project. It all sounds very exciting!

Meanwhile, over the last few months new shops have opened selling a wide range of goods and it has been noticed that more people are now being attracted back to the centre. This is just another step to the town having a centre, which has something for all its residents.

What's On.

Every day

Denton Island Indoor Bowls Club open 9.00am – 6.00pm Monday to Friday; 9.00am – 12.30pm Saturday and Sunday. Free trials anytime, phone Traci or Pam on 01273 514664 or just call in. See us on Facebook or website www.dentonislandbowls.co.uk.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10.00am – 12.00noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website http://growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers very welcome – meet 10.00am at beach end of the old Tide Mills village road. Tel Jim Skinner 01273 517291.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact John 01273 514377. Great food, great company.

Every Monday

Pilates 9.30am; Yoga 10.45am at Haven Studio, Western Road. Yoga 7.30pm at Day Centre, West Quay. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11.00am-2.00pm Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club. Gentle exercise class with teacher Territa. 12.00 midday to 1.00pm; £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Monday

Drop-in 11.00am – 2.00pm at Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Monday

Knit 'n' Natter 2.00 – 4.00pm Room 4 at the Hillcrest Centre – needlecraft, resources and support, all levels welcome. Call 01273 512376 for more info.

Every Monday

Advanced Bridge group at Denton Island Bowls Club, 2.00pm. Call 01273 514664 for more info.

Every Monday

Yoga with Jo 7.30-9.00pm at Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Monday

Lewes Road Hut Youth Club. Youth activities for 8-12 year olds; 5.00 – 7.00pm, cost 50p. Lewes Road Hut, Lewes Road Recreation Ground. Tel SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Every Monday

Newhaven And Seaford Sea Cadets Seniors (aged 12-18) parade at 80 Chapel Street, Newhaven BN9 9QD, 6.45pm – 9.00pm. As a Sea Cadet you can go to sea, learn to sail and do adventure

training, plus get extra skills to give you a great head start in life. Contact 01273 655442 or email admin@tsdefiance.com.

Every Monday (term time)

3rd Newhaven Scouts 7.00 - 8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Bob Evans 01273 516018.

Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Monday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm – 10.00pm. New members always welcome. Contact Tony on 01323 896813 for more info.

2nd and 4th Tuesday every month

Denton Women's Fellowship meets in Denton Church Hall, Heighton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website http://growingtogethernewhaven.org.

Every Tuesday

Mat Pilates 11.00am at Haven Studio, Western Road and 7.00pm at Day Centre, West Quay. For more info and to book call Zara 07532 418542 or email zarano 1@msn.com.

Every Tuesday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Tuesday

Bi-polar Support Group 10.00am - 12noon. Drop-in 11.00am - 2.00pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Tuesday

Knit & Natter 1.30pm - 3.30pm at Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Tuesday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Tuesday

Denton Table Tennis Club meets every Tuesday evening 8.00pm – 10.00pm (7.00pm – 9.00pm during school holidays) at Denton Church Hall, Heighton Road, Denton. All welcome.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

Mat Pilates 9.30am at Haven Studio, Western Road and Pilates 5.30pm at Day Centre, West Quay. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00am - 3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola on 07850987131.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10.00am – 1.00pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771 175707.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.00-3.00pm. Cost £4.00. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance Lessons with teacher Territa. 7.00pm - 8.30pm. £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Wednesday

Drop-in 11.00am – 2.00pm. Beginners Craft group 1.30pm - 3.30pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7.00 – 9.00pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Wednesdays (term time)

Platform 9 – workshops for youths 11-18 years. 4.00pm – 5.00pm at Denton Island Community Centre. 5.00pm – 6.00pm free advice and guidance service with 1 to 1 conversations for 11-18 years. Tel: SCDA 01273 517250 or email families@sussexcommunity.org.uk.

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5.00pm – 7.00pm. Please phone 01273 514664 for more information or to book your free trial.

Wednesdays fortnightly

Nukehaven - we are a fun and informal ukulele group for all abilities - other instruments welcome - that meet fortnightly on a Wednesday from 7.00pm at the Hillcrest Centre. All are welcome.

1st Thursday every month

Maestro Big Band are at the Hope Inn, West Pier 7.00pm – 9.00pm.

1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8.00pm. All welcome. Tel 01273 514258.

1st Thursday every month

Newhaven & Peacehaven U3A meets at 2.15pm alternating between Newhaven and Peacehaven venues. Different speakers at each meeting. Also lots of good classes and activities: singing, walks, talks, music and theatre so please join us – call 01273 589953.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am. Visitors/new members welcome. Tel: 01273 517053 for more details.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non-members always welcome. £2 including tea and biscuits. Contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.

Every Thursday (term time)

Newhaven Youth for Christ Youth Club for 11-16 year olds – football, tuck shop, craft, team games and cooking, 50p per session. 7.00pm – 9.00pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday

Yoga 9.30am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10.00am – 12.00noon. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday

Drop-in 12.00pm – 3.00pm at Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Thursday

Lewes District Citizens Advice at Newhaven Library 10.00am – 12.45pm, 1.15pm – 3.45pm. Drop-in service, no appointment necessary.

Every Thursday

Denton Island Indoor Bowls Club. Yoga Class 10.00am - 11.30 am. £3 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30am – 11.00am. No need to book, just turn up and enjoy singing stories and playing musical instruments. 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce. Re-opens 11th January after the Christmas break.

Every Thursday

Seahaven Yoga – Yoga with Abi Doyle. Yoga suitable for all levels of experience, including beginners. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane, Newhaven, 6.00pm - 7.30pm. Tel: 07704 435172; email: doyleabi9@gmail.com.

Every Thursday

Yoga with Jo 7.30pm - 9.00pm Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00pm - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30pm - 8.00pm. Meet for Exploring - Collecting - Visits - Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Bob Evans 01273 516018.

Every Thursday

AA Meeting 8.00pm - 9.00pm at Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9.00am – 2.00pm (weather permitting).

Every other Thursday

Art club and crafts at Newhaven Day Club, West Quay from 1.30pm - 3.30pm. Membership £10 per annum. Call or contact Diane (BA {Hons} Fine Art Painting from the University Of Brighton - voluntary tutor for over 10 years.) 01273 515957 or mobile 07933 235802.

We are all born artists but sadly life knocks it out of us. Come and rediscover your talents with our happy club. We also have Tony to teach needle craft - his work is amazing!

Every Friday

Health walk 10.00am, followed by quiz 11.00am - 12 noon. Dropin session 11.00am - 2.00pm. Craft group 1.30pm - 3.30pm. Narcotics Anonymous 8.00pm - 9.00pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Friday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Friday

Denton Table Tennis Club 10.00am – 12.00 noon, Denton Church Hall, Heighton Road, Denton. All welcome.

Every Friday

2nd Denton & South Heighton Beaver Scout Group age 6-8 years, meet 5.00pm at St Leonard's Church Hall, Denton. Followed by 2nd Denton & South Heighton "Ralph Reader's Own" Cub Scout Group age 8-11 years at 7.00pm. Tel: Jane Jarvis 01273 514467.

Every Friday

2nd Denton & South Heighton Scout Group meet 8.00pm - 9.30pm at St Leonards Church Hall, Denton. Contact: Jane Jarvis 01273 514467.

Every Friday

Newhaven And Seaford Sea Cadets meet at 80 Chapel Street, Newhaven BN9 9QD. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Seniors (aged 12-18) parade on Mondays and Fridays. Juniors (aged 10-11) parade Fridays. 6.45pm – 9.00pm. Contact 01273 655442 or email admin@tsdefiance.com.

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, 7.00pm – 9.00pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend. Tel: SCDA Youth Team 01273 517250 or email: families@sussexcommunity.org.uk.

Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. Call 01323 891820 for more details.

1st Saturday every month

Denton Island Indoor Bowls Club open 10.00am - 12.00pm for free bowls tuition. Phone $01273\ 514664$ to book a place or just turn up on the morning.

NEWHAVEN DAY CLUB

West Quay, Newhaven BN9 9BP (north east corner of West Quay car park).

An opportunity to meet old friends or make new ones. Membership is $\pounds12$ per year. Activities include snooker, darts, cards and dominoes. The hall, which will seat up to 60 people, is available for hire. Call in or phone 01273 512708, or call Tony on 01273 513189.

Monday

Bingo starting at 1.30pm, alternate Mondays.

luesday

10.00am – 12.00 noon open for tea and coffee. Pet racing (stuffed animals) or quiz with cream tea one afternoon per month from 1.15pm.

Thursday

10.00am – 12.00 noon open for tea and coffee. 1.15pm hoy (card game) or art.

Friday

Open from 10.00am for tea and coffee with dinner at 12.30pm (£4). Bingo in the afternoon once a month.

NEWHAVEN CHURCHES

Baptist Church, Church Hill

Every Sunday 10.30 am Sunday Service

Sacred Heart, Fort Road

Every Saturday 4.30 pm Reconciliation

5.00 pm Mass

Every Sunday 9.00 am Mass Every Wednesday 10.00 am Mass

Elim Church, Meeching Rise

Every Sunday 5.00 pm Service

St. Michael's, Church Hill

1st, 3rd, 5th Sundays 10.00 am Holy Communion

& Junior Church

2nd & 4th Sundays 8.30 am Holy Communion

10.00 am Informal Service

Denton Church, Heighton Road

Every Sunday 10.00 am Service

for all ages with Sunday Club

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road BN9 0DH.

The museum is now closed for the Winter period. We will re-open on 3rd April 2018. From April to October the museum is open from 11.00am to 4.30pm on Tuesdays, Wednesdays, Fridays and Saturdays. Admission £2, free to members, accompanied children under 16, required carers and Paradise Park badge wearers.

Check www.newhavenhistoricalsociety.org.uk for opening times variations. Contact 01273 515404 for group bookings and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Newhaven Woodcarving Club 10.00am – 3.30pm; Drawing and painting workshop 10.00am – 12.00 noon; Knit 'n' Natter 2.00 – 4.00pm Room 4 – needlecraft, resources and support, all levels welcome; Ninjitsu Newhaven for children and adults 4.00 – 8.00pm; Ladies Boxing Keep Fit 6.00pm – 7.00pm; Seniors boxing club 7.00 - 8.15pm; Haven Harmonies Choir 7.00pm – 9.00pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

Every Tuesday

Families for Autism 10.00am – 12.00 noon; Writing Class 1.30 – 4.00pm; U3A Art Class 2.00pm – 4.00pm; Weight Watchers 5.45pm – 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30pm - 9.30pm; Master Boxing Keep Fit 6.00pm – 7.00pm; Pilates 6.30pm – 7.30pm; Yoga 7.30pm – 8.30pm; Barefoot Boogaloo (4th Tuesday of month) 7.30pm – 9.30pm.

Every Wednesday

Pilates 9.00am – 10.00am; Life Drawing Class 10.30am – 1.00pm; Art Class 1.30pm - 3.30pm; Disco/freestyle dance class (age 2 upwards) 5.00pm – 7.00pm; Boxing Club – Juniors 6.00pm – 7.00pm; Ladies Box Keep Fit 7.00pm – 8.00pm; Red Cross (every 2 weeks) 7.00pm – 9.00pm; Nukehaven Ukelele Group 7.00pm – 10.00pm (every 2 weeks).

Every Thursday

Country Market 9.45am – 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10.00am – 3.30pm; Diddi Dance (children) 10.00am – 11.00am; Novel Group 10.00am – 4.00pm (once a month) contact Umi Sinha 01273 611490 to book. Sculpture Workshop 10.00am – 4.00pm, contact Silvia Macrae Brown 01323 422137. Start Art & Smart Art (children & young adults) 4.45pm - 8.45pm; Masters boxing keep fit 6.00pm – 7.00pm; Hillcrest Boxing Club Seniors Men 7.00pm - 8.30pm; Line dancing 7.30pm – 9.00pm.

Every Friday

Creative Writing Class 10.00am – 12.30pm. For more information and to register ring Umi Sinha on 01273 611490 or email umi@ writingclinic.co.uk.

Into Art 10.00am – 12.00 noon. U3A Art Class 2-4pm; Disco/freestyle dance class (age 2 upwards) 3.30pm – 6.15pm; Ballroom dancing 6.30pm – 9.00pm.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2.00pm – 4.30pm. £6 per person including tea and biscuits. (First visit £1.50) For more info, call Fred Weston on 01323

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

Email: newhaven.lewesmencap@btconnect.com Website: www.newhavenmencap.org.uk

Telephone: 01273 517345

Our home is Riverside Hall, Riverside, West Quay, Newhaven, BN9

9BP.

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

The hall can be booked for private functions at a very reasonable rate. Please phone 01273 517345 for availability (preferably giving one month's notice of booking date).

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (who are considering becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am – 12.45pm further junior coaching. 1.00pm – 5.00pm adult club sessions.

Every Sunday

10.00am – 12.00pm mix of adult and junior coaching. For all coaching lessons, please check on availability.

Every day

Club members can use the courts anytime during daylight hours.

SHAKESPEARE HALL

Run by Wave Leisure Trust Limited

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School Club, collection from all local schools, 3.00pm – 6.00pm. Contact on 07564 452837 - Facebook or www.nippers. org.uk.

Monday

Kettlercise – 6.00pm – 7.00pm; Boxercise Circuits & Bootcamp 7.00pm – 8.00pm.

Tuesday

Take Heart Cardiovascular Exercise class 10.00am – 11.00am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Strength and Balance Class 11.00am – 12.00pm. Body Conditioning 6.30pm – 7.30pm. Boxercise & Kick Boxing 7.30pm – 8.30pm.

Wednesday

Baby Bounce 10.00am - 12.00pm, have fun with our bouncy castle and toys. Tea/coffee included (Unsupervised) £2.00 per family 0 - 5 years.

Thursday

Take Heart Cardiovascular Exercise class 11.00am – 12.00pm. Newhaven Youth for Christ Youth Club 7.00pm - 8.45pm every week during term time.

Saturday

H.I.I.T. 9.00am – 10.00am – a full body workout, suitable for all fitness levels. PiYo 10.00am – 11.00am – combination of pilates and yoga.

SUSSEX COMMUNITY DEVELOPMENT ASSOCIATION (SCDA) DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Health Champion & Volunteer Training Programme

Get involved in this fantastic FREE opportunity to improve your own health and well-being and to help others in your community.

SCDA needs people to join its new Health Champion & Volunteer programme to support our work in a wide range of health improvement projects. We offer a programme of seven courses and support sessions designed to give you skills, knowledge and experience and to undertake a role that suits you – however much time you have to give.

The seven sessions are:

Healthy Communities, Induction, Food Hygiene, Dementia Friends, Emergency First Aid, Cooking Skills, Walk Leader Training.

Healthy Lifestyles

The Health and Wellbeing team will be running some new and exciting low cost healthy eating and physical activity courses. Please contact us for more details on 01273 516032 or email us: healthylifestyles@sussexcommunity.org.uk.

Open Spaces

Walks and activities are planned so why not sign up to the mailing list. If you would like to be added to our mailing list, please drop us an email at: healthylifestyles@sussexcommunity.org.uk or call us on: 01273 516032.

Youth Services

Youth Group Drop In: please call 01273 517250 or email: familylearning@sussexcommunity.org.uk to find out the dates and venues of our youth group sessions.

Family Activities

Call 01273 517250 or email: families@sussexcommunity.org.uk to find out more about our programme of activities in Newhaven.

Family Learning

Course	Day	Time	Venue
Jitterbugs	Fridays	9.30am - 10.30am	Denton Island
Under 5's		Term Time Only	Community Centre

Pop In and Weigh

At Denton Island Community Centre, Denton Island, Newhaven on Thursdays at 1.30pm. Pop in and get your baby weighed and meet other new parents or speak to a Health Visitor if needed.

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk.

Swimming Lessons available, Monday - Sunday. Telephone 01273 512498 for more details.

Seniors' Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday. (Please note: no Seniors' Class on Bank Holiday Mondays).

Water Aerobics 12.00 noon – 1.00pm Monday, Thursday and Friday.

Ladies only swim session $1.30 \, \text{pm} - 2.30 \, \text{pm}$ every Tuesday (term-time).

Deep Water Aqua Sessions now running 8.15pm – 9.15pm every Tuesday.

Adults only lane fitness swim $7.00 \, \text{pm} - 9.00 \, \text{pm}$ Tuesday and Thursday.

Therapeutic swim 2.30pm – 3.30pm every Wednesday (term-time).

Aqua Zumba 8.30pm – 9.30pm every Wednesday.

Adults only twilight swim 8.00pm – 9.45pm every Friday.

Super Splash Inflatable 11.00am – 12.30pm Saturdays and 1.00pm – 2.30pm Sundays.

School Holiday Activities for Children and Young People

Running between 2.00pm – 3.45pm, Monday – Friday. Please refer to Holiday Programme for session details.

STUDIO TEMPO DANCE CENTRE

Venues around Newhaven.

Please phone Margaret 01273 476565 or Jean 01273 513784. Ballroom and Latin classes every Friday at the Hillcrest Centre Beginners 6.45pm, Improvers 7.30pm, everyone welcome.

SEAHAVEN HARD OF HEARING CLUB

The Club meets on the first Friday of the month, 2.15 pm - 4.00 pm at St James' Trust, Blatchington Road, Seaford. Annual membership currently costs just £15. We have at least a couple of outings a year and a varied programme of visiting speakers, raffle, produce and book table, along with tea and biscuits. Transport may be available to the club meetings, at a small cost. Please call Pauline on 01323 895216 for more details.

We also offer lip reading classes on Tuesday mornings (usually six week terms) at a very reasonable cost, which includes membership of the Club. Lip reading class term starts on 2nd January, 10.00am - 11.45am. February is our AGM with a speaker. In March we have Alan Baker coming to talk about his life as an actor.

JANUARY

- 4th Newhaven & Peacehaven U3A a talk by lan Everest on Shepherds of the South Downs at the Baptist Church, Newhaven, 10.15am. The U3A holds lots of good talks and learning sessions on many subjects, so don't feel lonely come and meet people. Call Sharon on 01273 589953 for more info.
- 8th South Heighton W.I. talk being given by Shirley Kirby: "Every Cloth Tells A Story". 2.15pm at South Heighton Village Hall. For further information please contact secretary on 01323 898921.
- 9th Denton Women's Fellowship: 'The Bluebell Line', an illustrated talk by R. Parish. 2.30pm in Denton Church Hall, Heighton Road. For more info contact Ann Saunders 01273 514482, email pip39pip@gmail.com.
- 9th Storytelling for Adults The GuestHouse Storytellers with 'Earth, Air, Fire and Water Elemental Stories'.

 To book a slot to tell a ten minute story please email: kym.herbs@gmail.com at the Hillcrest Centre, Newhaven BN9 9LH. Café opens 6.45pm. Stories from 7.30pm. £5/£4 on the door. Age 12+.
- 12th Denton Island Indoor Bowls Open Evening, 7.00pm to 8.30pm. Come and try indoor bowls, free tuition. Start the New Year with a new hobby and get fit and make new friends. We have great facilities with bar available for weddings, parties etc. with plenty of free parking. Book now on 01273 514664 or call in on the day for a free trial. See us on Facebook or website www. dentonislandbowls.co.uk.
- 14th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent

- sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 18th Meeching WI: a talk by Cliff Dargonne Alpine Adventures. 9.45am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details
- 20th Hillcrest Film Society: 'Food, Film & Friends', third Saturday every month from October to July. January film: A Monster Calls (2016), Cert 12A 1 hr 48 mins. Conor (Lewis MacDougall) is dealing with far more than other boys his age. His beloved and devoted mother (Felicity Jones) is ill. He has little in common with his imperious grandmother. His father has resettled thousands of miles away. But Conor finds a most unlikely ally when the Monster (Liam Neeson) appears at his bedroom window one night. Ancient, wild, and relentless, the Monster guides Conor on a journey of courage, faith, and truth that powerfully fuses imagination and reality.
 - Café opens at 6.00pm for good home cooked food. Film starts at 7.30pm.
- 26th RNLI Newhaven Souper Slurping Winter Warmer. You are invited to come along to the Lifeboat House, Riverside, West Quay BN9 9BX from 11.30am to 2.30pm to enjoy warming soup and a cheese roll for just £3.50 per person. This ever popular fundraising event is just what you need to warm your way through winter whilst enjoying friendly chatter! There will be a raffle and a very warm welcome awaits you. No need to book, just come along. Support your local lifeboat Respect the water.
- A public meeting at The Ship in Newhaven High Street, 6.00pm to talk about a possible creative quarter in Newhaven. Register your interest and find out more. Come and be part of the positive change that is happening in Newhaven!

FEBRUARY

- 1st Newhaven & Peacehaven U3A open mike session on some of the lives of our members; we all have a story to tell. 2.15pm at the Meridian Centre, Peacehaven. The U3A holds lots of good talks and learning sessions on many subjects, so don't feel lonely come and meet people. Call Sharon on 01273 589953 for more info.
- 3rd Havens Day a free Health and Wellbeing event, and a Volunteer Recruitment Fair. 11.00am 2.00pm at Meridian Centre, Peacehaven. For more details please contact Megan Comber megan.comber@sussexcommunity.org.uk tel 01273 516032 or Sarah Gorton sarah.gorton@eastsussex.gov.uk tel 07740
- 6th Newhaven Historical Society AGM at Hillcrest Centre 7.00 for 7.30 pm. All welcome, members free, visitors £5. Following the business meeting there will be an illustrated talk "The A-Z of Newhaven Museum". Please check www.newhavenhistoricalsociety.org.uk for further details.
- 11th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 12th South Heighton W.I. "My Life at The House of Commons Library", a talk being given by Christine Holliday at 2.15pm in South Heighton Village Hall. For further information please contact secretary on 01323 898921.
- 13th Denton Women's Fellowship: Bingo in Denton Church Hall, Heighton Road at 2.30pm. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.

- 13th Storytelling for Adults The GuestHouse Storytellers present Rachel Rose Reid with "SILENCE".

 "Immense skill and breathless conviction... There's no faulting Reid's command of her craft" The Times.

 At the Hillcrest Centre, Newhaven BN9 9LH. Café opens 7.00pm. Performance starts 7.30pm. Tickets £7 in advance from the Hillcrest café or through our website: www.guesthousestorytellers.com. If available, tickets will be £9 on the door on the night. Age 12+.
- 15th Meeching WI: a talk by Lee Ede Awareness against Scams. 9.45am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 16th Newhaven Twinning Association Beetle Drive and Bingo, 7.00pm in Meeching Hall, Fort Road. Contact: Norman Hopson 07814 035053 or email norman.hopson@btinternet.com.
- 17th Hillcrest Film Society: 'Food, Film & Friends', third Saturday every month from October to July. February film: Letters from Baghdad (2016), Cert PG 1hr 38 mins.

 Gertrude Bell, sometimes called the "female" Lawrence of Arabia was a British adventurer, archaeologist and political powerhouse, who helped shape the modern Middle East after World War I. The documentary chronicles Bell's journey into the uncharted Arabian desert and all-male halls of colonial power with neverseen-before archival footage of the region shot a century ago. The film takes us into a past that is eerily current. Café opens at 6.00pm for good home cooked food. Film starts at 7.30pm.
- 17th RNLI Newhaven Quiz Night with Fish and Chips Supper from 7.00pm at the Lifeboat House, Riverside, West Quay BN9 9BX. Quiz Mistress Lyn Davies will be ready with the questions (and usually most of the answers!) and always ensures good order. This increasingly popular evening requires teams of 4 and, at only £8.50 per person, to include a delicious fish and chips supper, booking is very much essential book early to avoid disappointment. You are invited to bring your own bottle, although refreshments will be available for a donation and there will be a raffle well, it would be rude not to!. Enquiries and bookings contact Lyn: 01273 517488 or email: rnlinewhaven.society@hotmail.co.uk Support your local lifeboat Respect the water.

MARCH

- 1st Newhaven & Peacehaven U3A Alan Haines gives a hilarious reminiscence: A kick up the 60s at the Baptist Church, 10.15am. The U3A holds lots of good talks and learning sessions on many subjects, so don't feel lonely come and meet people. Call Sharon on 01273 589953 for more info.
- 6th Quayside Medical Practice Patient Participation Group Meeting 6.30pm at the surgery. New members always welcome. Please ask at reception for more details.
- 11th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 12th South Heighton W.I. "Fancy A Cuppa", a talk being given by David and Eleanor Robbins. At 2.15pm in South Heighton Village Hall. For more information please contact secretary on 01323 898921.
- 13th Storytelling for Adults The GuestHouse storytellers
 'Memories, Dreams and Reflections' (with
 acknowledgements to Carl Jung). To book a ten minute
 slot to tell a story please email Ronda: rondaarmitage@
 hotmail.co.uk At the Hillcrest Centre, Newhaven BN9

- 9LH. Café opens 6.45pm. Stories from 7.30pm. £5/£4 on the door. Age 12+.
- 15th Meeching WI: a talk by Lesley Baker Tree Surgery.
 9.45am Meeching Hall, Fort Road. Visitors/new members welcome. Tel: 01273 517053 for more details.
- 15th Newhaven Gardening Society a talk on the Riverside Park and ponds at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non-members always welcome. £2 including tea and biscuits. Contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.
- 17th Hillcrest Film Society: 'Food, Film & Friends', third Saturday every month from October to July. March film: Arrival (2016), Cert 12A 1hr 56 mins. Linguistics professor Louise Banks (Amy Adams) leads an elite team of investigators when gigantic spaceships touch down in 12 locations around the world. As nations teeter on the verge of global war, Banks and her crew must race against time to find a way to communicate with the extraterrestrial visitors. Hoping to unravel the mystery, she takes a chance that could threaten her life and quite possibly all of mankind. Café opens at 6.00pm for good home cooked food. Film starts at 7.30pm.
- 23rd Newhaven Twinning Association Quiz Night and Supper, 7.00pm in Meeching Hall, Fort Road. Contact: Norman Hopson 07814 035053 or email norman. hopson@btinternet.com
- 29th Maundy Thursday services. Denton Church, Heighton Road: Last Supper followed by Tenebrae at 7.00pm Sacred Heart Church, Fort Road: Mass of the Last Supper 7.00pm St Michael's Church, Church Hill: Holy Communion 7.30pm Newhaven Baptist Church, Brighton Road: Agape Light

Newhaven Baptist Church, Brighton Road: Agape Light Supper & Communion 7.00pm Elim Church, Meeching Rise: Holy Thursday Passover

Elim Church, Meeching Rise: Holy Thursday Passover Meal 7.30pm

- 30th Good Friday services.

 Denton Church, Heighton Road: Family service at 10.00am.

 Sacred Heart Church, Fort Road: Liturgy of the Lord's Passion 3.00pm

 St Michael's Church, Church Hill: Morning Prayer 10.00am and 'Messy Church' for children 2.30pm

 All churches: Procession of Witness starting 12.00 from
- 31st Holy Saturday services.
 Sacred Heart Church, Fort Road: Vigil Mass 8.00pm
 St Michael's Church, Church Hill: Service of Light
 8.00pm

War Memorial

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in April/May/June) is 23rd February 2017 – please contact us if you are organising an event during those months – email nicky. still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.



Visit your local pool at Seahaven Swim & Fitness Centre

For more details contact: 01273 512498 or email: info@waveleisure.co.uk



www.waveleisure.co.uk



