



Newhaven *Matters*

Autumn 2018 // Issue N° 19



Welcome to the Autumn edition of *Newhaven Matters*, the free newsletter for Newhaven residents produced by Newhaven Town Council.



Contact your Local Town Councillor



DENTON WARD



Simon Barnes
t: 01273 611683
e: Cllr.Simon.Barnes
@newhaventowncouncil.gov.uk



Angela Simmons
t: 01273 515189
e: Cllr.Angela.Simmons
@newhaventowncouncil.gov.uk



Charlie Carr
t: 07952 525079
e: Cllr.Charlie.Carr@
newhaventowncouncil.gov.uk



Dave Twaits
t: 07890 887751
e: Cllr.Dave.Twaits
@newhaventowncouncil.gov.uk



Diane Hall
t: 01273 515747
e: Cllr.Diane.Hall
@newhaventowncouncil.gov.uk

MEECHING WARD



Graham Amy
t: 01273 514942
e: Cllr.Graham.Amy
@newhaventowncouncil.gov.uk



Darren Grover
t: 07891 505372
e: Cllr.Darren.Grover
@newhaventowncouncil.gov.uk



Paul Boswell
t: 01273 515566
e: Cllr.Paul.Boswell
@newhaventowncouncil.gov.uk



Pat Clarke
t: 01273 513616
e: Cllr.Pat.Clarke
@newhaventowncouncil.gov.uk



Marlene Amy
t: 01273 514942
e: Cllr.Marlene.Amy
@newhaventowncouncil.gov.uk



Donna Martinez-Claras
t: 01273 514452
e: Cllr.Donna.Martinez-Claras
@newhaventowncouncil.gov.uk



June Dyer
t: 01273 513899
e: Cllr.June.Dyer
@newhaventowncouncil.gov.uk

VALLEY WARD



Steve Saunders
t: 07976 371116
e: Cllr.Steve.Saunders
@newhaventowncouncil.gov.uk



Keith Corbett
t: 01273 514286
e: Cllr.Keith.Corbett
@newhaventowncouncil.gov.uk



Tony Bradbury
t: 01273 514095
e: Cllr.Tony.Bradbury
@newhaventowncouncil.gov.uk



Alex Wolfson
t: 07717 274031
e: Cllr.Alex.Wolfson
@newhaventowncouncil.gov.uk



Julie Carr
t: 01273 512785
e: Cllr.Julie.Carr
@newhaventowncouncil.gov.uk



Christoph von Kurthy
t: 01273 514540
e: Cllr.Christoph.vonKurthy
@newhaventowncouncil.gov.uk

CONTACT YOUR LOCAL MP



Maria Caulfield
t: 0207 2195946
e: maria.caulfield.mp@parliament.uk

TOWN COUNCIL OFFICES

Open Monday to Friday 8.30am-3.30pm
18 Fort Road, Newhaven, BN9 9QE
t: 01273 516100
e: admin@newhaventowncouncil.gov.uk

If you would like to advertise in future issues of Newhaven *Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Autumn 2018

Haven't we had a fantastic summer? Apart from a few wet days in August, it's been lovely and sunny and warm! This has certainly helped with bringing out the residents of Newhaven to take part in all the local activities - from the Dieppe Raid commemoration through to the fantastic Newhaven Festival very recently. Our town really does have a lot to offer.

I am pleased to report that funds for my chosen charity, CTLA, are being raised through the sale of the 'Make Newhaven Great Again' bags (printed by Seahaven Academy, paid for by Newhaven Chamber of Commerce) - I've even seen people sporting the bags around town - have you got yours yet?

It's also very pleasing to report that we have some new shops in the High Street - Londis (in the old post office) and The Patchwork Cat to name but two. Remember - if we don't use our local stores, we'll lose them. There are also weekly markets Thursdays at The Hillcrest Centre and in the High Street and Tuesdays at Elim Church. When was the last time you visited our town centre?



Paul Boswell
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100.

Contents

News from the Young Mayor	04	Our Newhaven	14
Grants available for local organisations	04	Older People's Day Celebrations	14
Remembrance Sunday 2018	05	Not just buttercups and daisies!	15
Newhaven Bonfire Society	05	Seahaven FM	16
Clean up Newhaven Day	06	Community Fund Launched	16
New round-the-town Sunday bus service	07	Football for well-being	17
Newhaven Tree Wardens	08	Lewes to Newhaven Raft Race	18
Greening Newhaven	08	Town Council meetings	18
Newhaven Hillcrest Country Market	09	Newhaven's First World War	19
Newhaven Festival	10	Reducing Flood Risk in Newhaven	20
Newhaven Christmas Shopping Event	12	Freaky fun at Newhaven Fort	20
The Phoenix Centre	12	St Michael's, Newhaven	21
Your plan for Newhaven	13	The Pocket Science Funfair	21
Spotlight on... Captain François Jean	13	What's on	22



NEWS FROM THE YOUNG MAYOR

Newhaven's Young Mayor Huey Cripps enjoyed a visit to Newhaven's twin town this summer.

Recently I went to La Chapelle St Mesmin in France as Young Mayor of Newhaven. I had a great time meeting the locals and spending a day with

their elected Youth Council. We spoke about our roles as youth representatives in both our towns, what we want to see achieved and what we could do for projects in both of our towns. I was also treated to a lunch with the Mayor and Youth Council in their Gardens of Solitude before being taken to open a sacred cave underneath the church which is central in several local myths. After spending some time in this cave, we then walked along the riverside

and played mini golf for a while. Also, late that night, the twinning association and our hosts took us to Orleans to visit the city and enjoy the sights until the early morning. The next day we were taken to the beautiful Chateau de Chambord for the morning. Afterwards, we visited a very remote and natural restaurant in the middle of nowhere.

La Chapelle is a beautiful place with many amazing people there.



GRANTS AVAILABLE FOR LOCAL ORGANISATIONS

Funding is now available from the town council's annual small grants scheme. Local voluntary organisations are invited to apply for funding for any project or scheme which will benefit Newhaven people. Typically sums awarded under the scheme range from about £50 to about £500.

Application forms and further details about the scheme can be found on the Town Council's website www.newhaventowncouncil.gov.uk or by emailing the Town Council at admin@newhaventowncouncil.gov.uk or by telephoning 01273 516100. The deadline for applications is Friday 2nd November 2018.

Some of the grants given in the last round of funding include:

- £500 to Denton Community Challenge to support the costs of providing their summer fete;
- £300 to the Friends of Riverside Park to buy a new bench;
- £200 to the Hillcrest Cinema towards the replacement of their sound system;
- £75 to the Our Newhaven website to allow them to buy a banner for advertising at events;
- £228 to the St Leonards Church Lunch Club so they could buy new crockery and a kitchen bin;
- £600 to the Newhaven Historical Society to buy a new gazebo.



BATTLE'S OVER REMEMBRANCE SUNDAY 2018

This year is 100 years since the end of the First World War and sees the conclusion of a nationwide series of events held to commemorate the thousands of men who died during the conflict.

Here in Newhaven, the usual service and parade for Remembrance Day will take place on Sunday 11th November. The service at St Michael's Church is expected to start at 9.45am and as each year throughout these centenary commemorations,

school children will read the names of Newhaven casualties who died in 1918 during the service and will lay crosses in their memory at the green.

Following the service, the parade will form up in Neill's Close, before marching down Meeching Rise, across and down the one-way into Meeching Road, down the High Street and finally along Bridge Street to the Memorial Green. At 11am there will be a two minute silence followed by prayers and wreath laying.

On the evening of Remembrance Sunday over a thousand beacons will be lit across the country at 7pm to symbolise an end to the darkness of war and a return to the light of peace. Newhaven Town Council is working with Newhaven Fort to join in with this by lighting a beacon at the Fort – look out for further details of this in due course on the town council website, Facebook page or on Twitter.



NEWHAVEN BONFIRE SOCIETY

Now in its second year, Newhaven Bonfire Society is forming a solid team with a goal - to put on a procession and grand fireworks display for the people of Newhaven. They

also plan to put on and support local community events and raise money for local charities. The Society is looking forward to costumes and torches brightening up the streets of Newhaven again! In the meantime, look out for them this bonfire season at South Highton, Seaford, Lewes and Burgess Hill.

If you are interested in joining, forms are available on their Facebook page and website www.newhavenbonfiresociety.co.uk or contact the secretary at nhbsmemsecretary@gmail.com.



A message from the Mayor

CLEAN UP NEWHAVEN DAY - CALL TO ARMS!

During my time as Mayor, I have lost count of the number of people who have complained to me about the state of our pavements and roadsides. The amount of litter and the number of weeds seems to be a constant source of frustration to us all.

I believe in the old adage that if you want something done properly, do it yourself – the district and county councils are, as we know, cash-strapped and resource poor and it seems that no amount of badgering by us as town councillors can resolve this sorry state of affairs.

THIS IS WHERE YOU COME IN!

I would like to ask everyone to participate in this call to arms – a day of action to be held on Sunday 7th October, commencing at 10.30am. The rendezvous point is your street!

Please arm yourself with a hoe, spade, pair of stout gloves, or whatever gardening implement you have available that would be effective at clearing the weeds from your own patch outside the front of your house.

If you're not physically able to do this, why not ask your neighbour? In return, perhaps you could make them a cuppa for their efforts!

If we all pull together on this special day, just think how clean and tidy we could get Newhaven looking. It might be that the district and county councils can then more easily keep on top of it for us.

I know you'll be thinking – this is what we pay our council tax for – yes, you're right, but it's just not getting done properly and before our lovely town disappears under a deluge of litter and weeds, it's time to take action.

On the practical side, an agreement has been reached with Burley's (our grounds maintenance contractors) that they will collect the sacks of green waste over the following couple of days.



SO, CALLING ALL RESIDENTS – LET'S MAKE NEWHAVEN GREAT AGAIN!



Get out and about on Sundays with the 145 bus

Did you know there is a new round-the-town bus service running on Sundays in Newhaven?

145: Newhaven Town Service including Valley Road loop.

Sundays and Bank Holidays commencing 22nd April 2018

Newhaven, Lower Place	0930	1100	1230	1430
Newhaven, Sainsbury's arr	0932	1102	1232	1432
Newhaven, Sainsbury's dep	0934	1104	1234	1434
Newhaven Rail Station	0936	1106	1236	1436
Newhaven, Lower Place	0938	1108	1238	1438
Western Road, Second Avenue	0941	1111	1241	1441
Newhaven, Gibbon Road	0943	1113	1243	1443
Newhaven Fort (Entrance) arr	0946	1116	1246	1446
Newhaven Fort (entrance dep	0949	1119	1249	1449
Court Farm Road, Downlands Farm	0952	1122	1252	1452
Newhaven, Lower Place	0957	1127	1257	1457
Newhaven Rail Station	0959	1129	1259	1459
Newhaven Sainsbury's	1001	1131	1301	1501
Denton Corner Lay-By	1003	1133	1303	1503
Seaview Road, Station Road	1006	1136	1306	1506
Wellington Road	1010	1140	1310	1510
South Heighton, Heighton Road	1013	1143	1313	1513
Avis Road, opp Paradise park	1014	1144	1314	1514
Iveagh Crescent, Denton Rise	1016	1146	1316	1516
Denton Corner, Lay-By	1019	1149	1319	1519
Newhaven, Sainsbury's	1022	1152	1322	1522
Newhaven, Rail Station	1024	1154	1324	1524
Newhaven, Lower Place arr	1027	1157	1327	1527
Newhaven, Lower Place dep	1030	1200	1330	1530
Valley Road, Ash walk	1035	1205	1335	1535
Newhaven, Lower Place	1040	1210	1340	1540
Newhaven, Sainsbury's arr	1042	1212	1342	1542
Newhaven Sainsbury's dep	1045	1215	1345	1545
Denton Corner Lay-By	1047	1217	1347	1547
Newhaven Rail Station	1049	1219	1349	1549
Newhaven Lower Place	1051	1221	1351	1551

A new Sunday and Bank Holiday service began at the end of April, operated by CTLA and sponsored by Newhaven Town Council. The bus serves the Valley estate as well as Denton, South Heighton and the area of the town west of the river and south of the A259. It runs around the town at 90 minute intervals and has been agreed for a trial period of one year.

Now you can get out of the house on Sundays to go shopping, visit friends, visit local attractions such as the Fort or Paradise Park, stroll along the quayside or blow the cobwebs away up on Castle Hill.

Normal fares apply. National Concessionary bus passes are accepted on the bus.



CTLA
TRANSPORT FOR YOUR COMMUNITY





INTRODUCING THE NEWHAVEN TREE WARDENS TEAM

Formed in January 2017

Jules Charrington became a volunteer Tree Warden when she saw the advert here in Newhaven Matters. Jules loves trees and has more time now that she's retired to get involved. She says, "Newhaven has an amazing biodiversity and I'd like to be part of conserving it."

Michael Young was born in Newhaven and has been passionate about the town and the environment - particularly trees - from a very young age. He says, "Trees provide us with the oxygen we breathe, if they gave us free WiFi,

we would be planting them everywhere!"

Anne Moore read the advert for Tree Wardens for Newhaven and thought, "Yes, I can spare some time to help". She enjoys being outside and seeing how planting can improve an area so much and bring in more wildlife.

For news of how you could get Newhaven's Tree Wardens planting near you, see the exciting project they are running for National Tree Week with Burleys, who are kindly donating the trees.



Newhaven Tree Wardens busy planting their second project back in April 2018 at Iveagh Crescent/ Powell Gardens, assisted by James Newmarch from ESCC and some of Newhaven's Town Councillors. All the trees, including rowan, crab apple and walnut, seem to be doing well despite the recent spell of hot weather.



GREENING NEWHAVEN

Would you like to see more fruit and nut trees in Newhaven? Burleys and Newhaven Tree Wardens are planning on greening up Newhaven and would love to know where you think they could plant some edible trees across the town and open spaces.

Trees such as crab apple, elderflower, damson, wild cherry and blackthorn are not only fantastic for wildlife but also provide foraging food for us and Burleys are really excited to donate trees for the benefit of the community of Newhaven.

If you would like to suggest tree planting areas please contact Burleys Community Liaison Officer by 31st October

2018 on krigby-faux@gburley.co.uk. Burleys and the Tree Wardens would love you to join them planting trees as part of National Tree Week, Sunday 2nd December 2018 – check out Burleys' Facebook page for further information.

Please note land must have suitable conditions for planting, have landowner's permission and be able to be nurtured in the first 5 years of planting.

NEWHAVEN HILLCREST COUNTRY MARKET



Open every Thursday between 9.45am and 1pm in the Hillcrest Centre, Newhaven Country Market has been operating for over 20 years. The premises offer free

parking, disabled access and toilets. The café at the Hillcrest Centre is well known for its good food, cooked fresh daily on site.

Special dates coming up:

Thursday 11th October, the Autumn/Harvest Festival Event.

Thursday 30th November, the Christmas and Winter-themed market which will be open until 2pm to enable customers to buy unique gifts and to place orders for seasonable fare such as Christmas cakes, puddings and mince pies.

At both events there will be the usual wide range of



stalls including eggs, fresh fish dishes, Indian food and spices, baked goods, jams and preserves. Textile crafts are well represented with hand knitted and sewn goods which make ideal gifts, as well as jewellery, handmade cards, decorative glass pieces and wood carved items.

Supporting the Country Market benefits the local community. Why not pay them a visit, you will be very welcome.

La Baguette Shop



For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks.

Open Monday to Saturday
31 High Street Newhaven • 01273 516129

Struggling to balance your books?



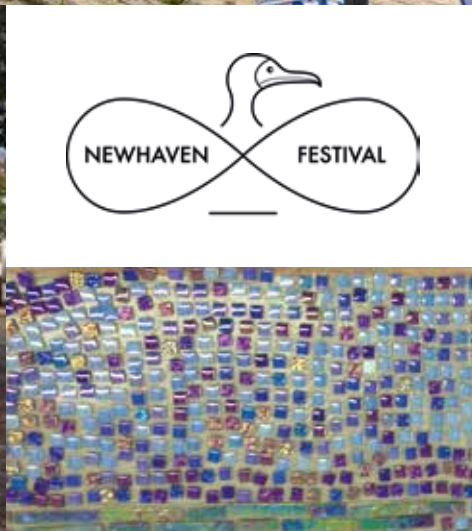
Contact Tasker Osman & Co on 01273 512749 to arrange a **FREE** no obligation meeting with one of our team to see how we can help



Tasker Osman & Co.
Financial Accountants

Website: www.taskerosman.co.uk
 Phone: 01273 512749
 Email: jon@taskerosman.co.uk
 Address: 10 South Way, Newhaven East Sussex, BN9 9LL

Partners: Les Tasker FFA, FAIA, FFTA, Kevin Osman FFA, FAIA, FFTA



It's been a whirlwind few months for the first Newhaven Festival, which took place at the end of August and at the same time as the Artwave Festival of open houses that showcase independent artists and makers.

Newhaven Town Council had the guidance of a local curator to help run the Festival and most events were run by local artists, storytellers, designers, musicians and even a well known TV presenter. Buildings used included St. Michael's Church, the UTC, Newhaven Fort, the RNLI building, Newhaven Museum and the Hillcrest Centre with walks, talks, film, and meditations in the surrounding land and seascape too.

All events were well attended or full to bursting! Bird Bath was a week of contemplative listening to birdsong from dawn 'till dusk in St Michael's Church. Hundreds of people

visited and left messages of warmth and support and asking for more.

Children chalked up the town, created mosaics, made parasols and danced at the Festival of Belonging, a fun day at the Fort featuring music, food, workshops and stalls. In the morning, a procession of excited residents walked from the town centre to the Fort with colourful parasols that had been made at workshops run by Carol Havard. The Earthquake Drummers led the way first to the RNLI where everyone was entertained by Haven Harmonies then on to the festival at the Fort.

Local artists Nick Bush, Nicholas Marsh and Helen Turner ran the invitation to artists to submit a piece of work at the Open Call event at the UTC. An amazing 60 exhibits were submitted and included a fossil collection, a canvas canoe and works of art

of all shapes and sizes! This pop-up gallery was visited by hundreds of people from near, far and wide.

Many people came to events from the surrounding areas and said that they loved the town, its friendliness and sense of community! We hope you enjoyed the Festival and its celebration of all the local talent in our wonderful seaside town. So far we have had encouraging feedback on the activities.

Any ideas for future events would be gratefully received.
Email: Susie.mullins@newhaventowncouncil.gov.uk.

The Festival website will remain at newhavenfestival.co.uk and will be updated as future events progress. Details will also appear on Facebook and Instagram too.

Bait Bucket **Tackle Warehouse**

3500 Square Feet

40+ Leading Brands

**Course, Carp, Match,
Predator, Sea**

Fresh and Frozen Bait

Free Parking

Unit T

Rich Industrial Estate

Avis Way

Newhaven

BN9 0DU



01273 933050



contact.baitbucket@gmail.com



10% OFF

Your first visit

Just hand this over at the check out

Expires April 1st 2019





THE PHOENIX CENTRE

something for everyone!

The Phoenix Centre in Lewes offers great value and high quality day care services to adults living with dementia and other age related health conditions. Caring teams provide support to local residents including those living in Newhaven and Peacehaven. If you need help, they can arrange transport to and from Newhaven.

Look out for a pop-up day care event at Denton Island Community Centre in Newhaven this autumn. Come along, meet some of the team, enjoy some refreshments and take part in one or two of the activities they will bring from the Phoenix Centre.

Please contact Andrea or Janet for more information on 01273 472005.

Denton Island Nursery – OFSTED ‘outstanding’ has places available now. Call 01273 517250 or see our website www.sussexcommunity.org.uk.

NEWHAVEN CHRISTMAS SHOPPING EVENT

The annual Newhaven Christmas Shopping event is coming to Newhaven High Street on 24th November 2018, 1pm till 6pm. There will be a wide choice of market stalls to start your Christmas shopping, as well as community stalls and activities, food, drink, pony rides and a small fair. Come and relax in the food tent or have fun joining in with activities, listening to festive music or supporting the local businesses!

Newhaven Town Council will also be organising the switching on of the Town Centre Christmas Lights by Father Christmas at 4.15pm, and free parking will be available in town centre car parks all day!

SCDA want to make this event bustling with festive

activity so if you would like to book a market stall, carry out an activity or be involved any other way then please call Lucy Hill at SCDA on 01273 517250 or e-mail lucy@sussexcommunity.org.uk.

**Feeling low, worried
or in distress? Not
sure who to talk to?
We can help...**

Sussex Community Counselling provides a caring, low cost and confidential service.
BACP accredited.

Call us on **01273 519108**

Denton Island Community Centre,
Denton Island, Newhaven BN9 9BA
www.sussexcommunity.org.uk



Your Plan for Newhaven

The community feedback given last year on the Newhaven Neighbourhood Plan has where possible been included in a revised document that sets out what progress in Newhaven will look like over the coming years. So what next?!

The Neighbourhood Plan will soon be submitted to Lewes District Council and be independently examined. If the examiner considers that the Plan has been prepared in a proper and legal way, everyone in the community

on the electoral role will be invited to vote on whether the Plan should be adopted. If the majority say 'YES' the Plan will be used in deciding planning applications made in Newhaven.

Neighbourhood Planning really is people power in action. Want to find out more? Check the Neighbourhood Planning page on the Town Council's website or contact Susie Mullins at the town council offices for further details.

Building a Bandstand

At the end of the Autumn you will see activity over on the open space on Denton Island as the town's new bandstand emerges! The bandstand will provide opportunities for entertainment such as music and dance or for other creative events such as a pop-up gallery or plays. So come on all of you creative people out there, start planning your event. After all, how many towns in Britain have their own island with a bandstand? We are unique!

Spotlight on... Captain François Jean

Newhaven Port Manager and French Honorary Consul



Francois took over leadership of Newhaven Port almost 12 years ago. Since then, he has overseen extensive development and renovation of the port. This work is ongoing but considerable progress has been made given the financial constraints that the port has been operating under.

Francois says that attracting the offshore wind industry to Newhaven has been a successful initiative, and has allowed the port to open its doors to a major project: the development of a 300 metre quay and 3.5 hectare area for attracting new maritime activities in Newhaven.



Alongside his position of CEO of Newhaven Port, Francois is the French Consul for the South of England. In this position, he acts to assist

and protect French citizens: for example, by registering a person to vote, witnessing signatures, validating translations of official documents and providing French national identity cards. Last year he organised a polling station in Brighton for French residents to be able to vote in the Presidential and General Elections. The role also includes facilitating trade and friendship between the people of our two countries, and in addition Francois has presented 117 British veterans of WW2 with Légion d'Honneur over the past 4 years.



OurNewhaven MOUNT PLEASANT

Above is an old photograph taken from Mount Pleasant.

This photograph was taken in 1954 and the lady in the picture is Betty Lynch who later became the proprietor of the Handy Stores in Lewes Road.

In the foreground is a notice advertising land for sale while a little further down the road is a Nissen Hut. This is a relic from the large number which were dotted all over The Mount in World War II and which made up the army camp. Many of these huts were occupied by civilians after the War. Then further down Mount

Road are the flat roofed houses which are still there today.

Looking towards the background you can see views of the snaking bends in the road to Seaford with one of the old No 12 Southdown double decker buses on its way to Newhaven and Brighton. And in the far distance are the fields adjacent to the Ouse Estuary.

If you study the photo closely you can see wires leading from the poles in Mount Road, not telephone wires, but overhead

electricity supplies. Most, if not all the properties on The Mount got their electricity supplied that way in those days. In the far distance on the right, it is just possible to make out the tall square tower which was the gasworks, and to the left of that is the cylindrical shape of what appears to be a gas holder.

Additional pictures and aerial views of Denton and Mount Pleasant can be viewed on the ournewhaven.org.uk website, where you can also contribute online.

OLDER PEOPLE'S DAY CELEBRATIONS



Once again the Meridian Mature Citizens Forum has put together some exciting events as part of the celebrations.

Anyone can go to any event in the booklet but be sure to book before you go. Here's a taste of some of the events in this area:

Tuesday 2nd October: Autumn Glory – a coach trip through the Sussex countryside stopping at Battle for afternoon tea.

Monday 8th October: Fun Quiz 2.00 - 4.00pm at St David's Court, Balcombe Road, Peacehaven.

A free event including tea and cake after the quiz.

Friday 12th October: Film Show of Paddington 2 at the Hillcrest Centre at 2.00pm followed by tea and cake in the café.

Copies of the booklet are available in the library or online at www.eastsussex.gov.uk/community/over50s/olderpeoplesday.

For further enquiries contact Kate on 01273 516207 or email katedaviesofpiddenhoe@gmail.com.

NOT JUST BUTTERCUPS AND DAISIES!

This spring and summer the verges in The Drove and Drove Road were deliberately allowed to grow long to encourage wildflowers and provide a haven for bees and other insects. They were cut in July after most of the wildflowers had dropped their seeds and will be cut again in October/November. The clippings were taken away to lower the nutrient content of the soil which helps wildflowers to grow.

The verges looked particularly spectacular in May and June with a riotous display of ox-eye daisies and buttercups. But if you think our verges are just grass, buttercups and daisies, think again!

Local amateur botanists Dave Harris, Sue Cross and Pete Varnham put in many hours work painstakingly examining the verges to find out what sorts of wildflowers were growing there and to gauge their value as habitat for insects and other wildlife. Astonishingly they identified over 200 different varieties of plants and saw 37 different species of insects!

Some of the wildflowers spotted are familiar favourites – speedwell, scarlet pimpernel, forget-me-not, clover and poppies. But other more

unusual finds included pepper saxifrage, sea buckthorn, carrot broomrape, salsify and divided sedge.

Insects seen enjoying the flowers included several varieties of butterfly and moth, various types of bees and wasps, crickets and grasshoppers as well as different sorts of beetle, including the nationally scarce cow parsley leaf beetle.

97% of wildflower meadow habitats have been lost in the UK since the 1930s and many of our wildflowers are becoming rare. Many species of insects, including important pollinators like bees, are suffering a catastrophic decline in numbers. Managing verges



in this way to encourage wildflowers and provide habitats for insects helps to redress the balance and improve biodiversity as well as bringing a welcome splash of colour to our roadsides.

Do you support this initiative to encourage wildflowers and help bees and other insects to survive?

Or would you prefer to see verges clipped short?



Let us know what you think – email admin@newhaventowncouncil.gov.uk or telephone 01273 516100.

SEAHAVEN FM – BY THE SEA ON 96.3

Seahaven FM is the local community radio station for Newhaven, Seaford and Peacehaven and plays music drawn from the last seven decades, as well as covering a wide range of local news and events that directly shape the lives of people who live and work in the area.

The concept of the station was born out of the vision of Seahaven FM's founder, Nick Mallinson. It has attracted many local people and former

professionals alike to make Seahaven FM informative and enjoyable for the local community.

The station is not-for-profit and all the presenters are volunteers fitting their shows in around their lives and work commitments. A number of young presenters have gone on to work in the commercial sector and for the BBC.

You too can get involved by telling the station about what you or your club is doing in

Newhaven. Or you could become one of the station's volunteers, either working behind the scenes or there are sometimes opportunities to learn about becoming a presenter or about news production.

The station's website is www.seahavenfm.com, where you can find news and an extensive guide to what's on locally.

Contact: office on 01323 891424 or email info@seahavenfm.com.

COMMUNITY FUND LAUNCHED FOR NEWHAVEN

Newhaven Enterprise Zone has launched the 'Newhaven EZ Community Fund' that offers £25,000 in grants to support local charities and non-profit organisations.

Launched at Newhaven's Festival of Belonging on August 27th, applications are now open for grants up to £5,000.

Members of the local community, NEZ partners and local business owners, joined NEZ Programme Director, Corinne Day to celebrate the launch of the fund by giving out locally produced Boho Gelato ice-cream, answering questions and inviting the



community to tell them what they would do for Newhaven with £5,000.

Corinne shared her enthusiasm at the festival, saying: "It's great to see the community out in full force at this fantastic event. There is a renewed energy in Newhaven, and it is great to be able to discuss with local residents how we are all

to be a part of that change. We are delighted to launch this community fund and look forward to seeing it contribute to Newhaven's bright future."

For information about the fund, including the criteria and application form, please visit www.sussexgiving.org.uk/newhaven-ez.



Newhaven FC is preparing to launch a new football program this autumn. Football for Well-being is designed to engage people aged 16 and over suffering from a variety of mental health conditions to participate in regular exercise. The aim is to show people that by being more physically active the body will naturally create endorphins that lift our mood.

That's not to say if you are fit and active you won't be depressed, but being fit and active is a way to help lift the mood when feeling low. Mental health issues affect the whole community, and that is why Newhaven FC has created this program, they want the football club to feel and be a safe place and open to everyone.

The club is working alongside Sussex County FA on this program, and along with the Footballer Supporters' Federation, Kick It Out (football's equality and inclusion organisation) and Fans for Diversity all adding expertise, a fantastic program will be delivered to those in the community that need it most.

Football works as it tackles many areas that people with mental health related issues suffer with and feel least comfortable doing: communication, socialising and team work, all key aspects in football. These will be integrated into the program, which will be service user led going at the player's pace so that they feel comfortable. A safe place will be available should anyone feel uncomfortable and help will be at hand should anyone need to outreach to crisis care during the sessions.

Club Chairman Martin Garry said, "There are great facilities at the club and all of them will be available for this initiative to support people

who are facing these hidden challenges every day. We welcome everyone to the club and look forward to meeting every single person with a commitment to support you wherever we can."

10th October is World Mental Health Day, when the club will launch its new program. For more info, contact Sean on newhavenfcfootballforwellbeing@gmail.com.



Town Council meetings

Don't forget that members of the public are welcome to attend town council meetings. The following meetings will all be held in Meeching Hall, Fort Road from 7.15pm.

Tuesday 16th October

Planning & Development Committee followed by Full Council

Tuesday 6th November

Planning & Development Committee followed by Regeneration & Strategic Development Committee

Tuesday 20th November

Promotion, Partnership & Finance Committee

Tuesday 27th November

Planning & Development Committee followed by Environment & Amenities Committee

Tuesday 18th December

Planning & Development Committee followed by Promotion, Partnership & Finance Committee

LEWES TO NEWHAVEN RAFT RACE

The 43rd annual Lewes to Newhaven Raft Race in July was a great success, with wonderful weather helping all waterborne craft to sail the 7 mile marathon to our home town. The winning raft was HMS Sinksalot!

Local resident and poet Miss Jennifer Jones has written a poem in honour of this yearly event and we think it creates the lively and competitive atmosphere of this special day shared between the two towns.

ODE TO THE RAFT RACE

Shining rafts laden
On the Ouse at Newhaven
Our Regatta has begun
What fun!
The wind set fair
Oars in the air

All gathered on the river for the race.

Spectators throng and cheer
"Come on; they're here"
But on the Ouse oh my
Fighting words are the cry
As the rafters scull along
Amidst the throng

All rowing on the river at a pace.

There are watchers in the shade
Drinking cool lemonade
But a coxswain must steer
And wait for a beer
With a loyal crew
Safely balanced true

With rafters on the river giving chase.

There's an increased roar
"Come on number four"
And it's difficult to tell
With a race fought well
Which team will surprise
And finish for the prize

But we will *all* celebrate our river race.

FROM UK TO NORMANDY

Just on the other side of the English Channel, Normandy with its 350 miles of coastline is the ideal place for your perfect holiday !

With us
discover or re-discover it in a different way

VIP EXPERIENCE

Thanks to our France-England partnership
find amazing discounts on accommodation,
restaurants, visits and much more

ALL OUR PARTICIPANTS ARE LOOKING FORWARD
TO WELCOMING YOU SOON IN NORMANDY

Read more at : <https://www.asdte.fr/cross-channel-partnership/>

TRAVEL TO NORMANDY FROM THE UK AND SAVE MONEY



By sea, air and road
travelling to Normandy
from the UK is very
easy and fast !

An average of 14 million
visitors flock to
Normandy every year,
and about 8.5 million
British tourists cross the
Channel to visit France.

Regardless of how you
choose to get around,
simply present your
transport ticket to
benefit from a discount
and save money on
your chosen product or
service.



WWW.ASDTE.FR

NEWHAVEN'S FIRST WORLD WAR



TRANSPORT MEMORIAL

On 24th October 1918 a meeting was held to discuss a proposed memorial to the officers and men of the Mercantile Marine, who had lost their lives transporting stores and munitions to the front, from Newhaven. They estimated the memorial would cost at least £2000 and perhaps be in the form of a public park, which the committee hoped would be opened by the King. Brigadier-General Frederick Anley C.B. C.M.G., Commander of Newhaven Garrison, who presided over the meeting, felt that the wording of the inscription was very important and suggested that he could ask his good friend, Sir Arthur Conan Doyle, to help.

THE ARMISTICE AT NEWHAVEN

A chorus of sirens and whistles from the ships in Newhaven harbour heralded the cessation of fighting on the morning of Monday 11th November 1918. The streets quickly filled with people. Flags and bunting were strung up, giving the town a carnival feel. The band of the Royal Sussex Regiment marched through the town and across the bridge to a large company of dignitaries,

assembled just south of the North Quay. The bridge itself was packed with people, enjoying the celebrations. The national anthems of the allies were sung, concluding with 'God Save The King'. This was followed by three cheers for the King, which were 'lustily given.'

▲ A319-027 - Armistice declaration read to crowds outside the New Bridge Inn, Newhaven.

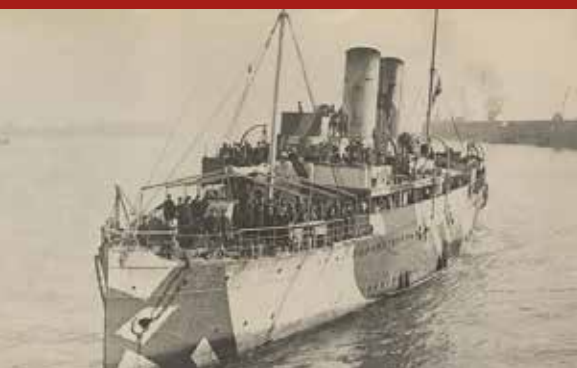
PRESIDENT WOODROW WILSON ON THE *BRIGHTON IV*

On 26th December 1918, following Christmas dinner with his troops in France, U.S. President Wilson and his staff

travelled to England on board the *Brighton IV*. President Wilson remained as a guest of the King at Buckingham Palace until 31st December.

The *Brighton IV* continued to work as an Ambulance Transport until March 1920. In the two months following the Armistice, the *Brighton IV* repatriated over 1,000 British POWs.

◀ A319-029 - President Wilson on the *Brighton IV*, December 1918.



A319-030 Unveiling of the Transport Memorial on 13th August 1920 (not park).

Articles supplied by Jenny Flood, Photographs by Newhaven Museum.
Sources: East Sussex News for 25.10.1918 & 15.11.1918, held at The Keep and the 'Lines of Communication' for the *Brighton IV* held at the National Archives.

Reducing Flood Risk in Newhaven



Work to build new and improved flood defences in Newhaven continues. Environment Agency (EA) contractors have been completing the flood wall along East Quay on the east bank of the river, from the Energy Recovery Facility (ERF) to the swing bridge. Work on the southern section of this defence was completed some time ago and the more complex northern section of the wall was completed in September.

A flood gate across the railway line, linking two new clay-cored flood embankments north of the ERF, is being designed in partnership with Network Rail and is due for construction in 2019.

Flood defences have been built from the UTC down into the ferry port and construction will continue throughout the port towards Mill Creek into next year.

Remedial soft landscaping work has also been taking place on Huggett's Green this autumn, to help new grass and planting establish over the forthcoming winter period.

Construction is disruptive and the EA thanks you for your continued co-operation. For further details visit www.gov.uk and search 'Newhaven' or call 03708 506506.



FREAKY FUN AT NEWHAVEN FORT

There's plenty of freaky fun to be had for all the family at Newhaven Fort this Halloween half-term (Saturday 20th - Sunday 28th October).

The tunnels of the Eastern Magazine will be transformed into a spooky underworld, inhabited by creepy characters who are always keen to make new friends. Will you be brave

enough to visit them?

For those who daren't venture into the depths there'll be quizzes and crafts to keep you amused too! Follow the trails around the Fort and see what gruesome goodies await you in the witch's cauldron! You'll be able to make your own creepy creatures to take home in daily drop-in craft sessions.

And don't forget the Fort's other attractions will be open as usual. The Trench Brothers exhibition will still be on display in the Grand Magazine, giving you the chance to learn

about the stories of Indian and West Indian soldiers who fought for the British Empire in the First World War. You can also discover the story of the Victorian Fortress, learn about life during two World Wars, visit the 40's themed Tea Room and browse in the quirky gift shop.

Newhaven Fort is open daily from 10am until 5pm (last admission is at 4pm). For more information please call 01273 517622, email fortinfo@waveleisure.co.uk or visit www.newhavenfort.org.uk.

ST MICHAEL'S, NEWHAVEN

HERITAGE + HAVEN + HOPE 1120 – 2020

2020 will mark the 900th anniversary since the documented beginnings, in AD1120, of Christian worship in a church building in Mecinge/Meeching/Newhaven. A year ago St Michael's decided they would like to celebrate this significant anniversary with events throughout the year. So far they have met together as a church and in smaller groups in order to come up with a "celebration plan" for 2020. The church members are in discussion with various individuals and bodies in the community representing different interests

in Newhaven so that the celebration is a town affair as well as a church affair.

Some of the ideas in mind include exhibitions showing the role of church-in-community over the years (e.g. a time-line relating church events to regional and national history; photos of baptisms and weddings at St Michael's); visits by distinguished guests; opportunities for reflection; musical and artistic contributions – and much more!

The goal is for friends living in Newhaven to remember the past, celebrate the best of



past and present, and together shape a good future for the church and town.

For more information and to keep up to date with plans, go to St Michael's Facebook page www.facebook.com/St-Michaels-Newhaven-565244276887073/

Watch this space for further updates next year.

THE POCKET SCIENCE FUNFAIR

CHRISTMAS SPECIAL



SUNDAY 2ND DECEMBER,
11AM – 4PM. MEECHING
HALL, FORT ROAD,
NEWHAVEN, BN9 9QE

The Pocket Science Funfair returns to Newhaven with a special selection of seasonal science to get you ready for the advent of the festival season. The funfair with a twist is packed full of hands-on science activities for children 7 and up, bringing science activities that are entertaining,

educational and fun. This time, you will be getting ready for Christmas with some very special activities – take aim at your Christmas dinner and learn how to Splat the Sprout. Discover the wonder of vectors as you take control of Santa's sleigh and hurl presents into chimneys! Use electrostatics to send snowflakes flying about the room! Get hands on and make gravity-defying mobiles and scientific Christmas cards! Shrink yourself down to the

size of an elf in the Magical Shrinking Booth! Plus much more stunning science and festive fun to be had.

£4 per person, £14 for a family of 4. Under 7s free. This is a drop-in event – arrive any time, but do make sure you allow at least an hour to make sure you see and do everything. No unaccompanied children. www.brightonscience.com

What's On.

Every day

Denton Island Indoor Bowls Club open 9.00am – 6.00pm Monday to Friday; 9.00am – 12.30pm Saturday and Sunday. Free trials anytime, phone reception on 01273 514664 or just call in. See us on Facebook or website www.dentonislandbowls.co.uk We have great facilities with bar available for weddings, parties etc. with plenty of free parking.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10.00am – 12.00noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side conservation work and litter clearance morning. If you would like to join us and become a Tide Mills guardian, you will be made most welcome. Meet 10.00am at beach end of the old Tide Mills village road. December meeting includes Christmas picnic. Contact Jim Skinner for more info: brianjimskinner@gmail.com.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact John 01273 514377. Great food, great company.

Every Monday

Pilates 9.30am and 10.45am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Monday

Bambino Beatz baby music group 11.15am in the Children's Centre, Denton Island. A different theme each week, with 'Under the Sea', 'Transport', 'Halloween', 'Food' and many more themes on during this autumn term. We use a wide range of popular music, instruments, funky rhythms, puppets, themed story each week and more. £20 for 5 classes, £10 for 2 classes or £6 drop in. To book a place contact via our website bambinobeatz.com.

Every Monday

Denton Island Indoor Bowls Club. Gentle exercise class with teacher Territa. 12.00 midday to 1pm. £3.50 per session, just turn up and pay. Or phone 01273 514664 for further details.

Every Monday

Improvers Bridge group at Denton Island Indoor Bowls Club, 2.00pm. Call 01273 514664 for more information.

Every Monday

Yoga with Jo 7.30 - 9.00pm at Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Monday

Newhaven And Seaford Sea Cadets Seniors (aged 12-18) parade at 80 Chapel Street, Newhaven BN9 9QD, 6.45pm – 9.00pm. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Contact 01273 655442 or email admin@tsdefiance.com.

Every Monday (term time)

3rd Newhaven Scouts 7.00 - 8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Bob Evans 01273 516018.

Every Monday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm – 10.00pm. New members always welcome. Contact Tony on 01323 896813 for more info.

2nd and 4th Tuesday every month

Denton Women's Fellowship meets in Denton Church Hall, Heighton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

Every Tuesday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Tuesday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Tuesday

Pilates 7pm and Hatha Yoga 8pm at Denton Island Community Centre. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

Pilates 9.30am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00am - 3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola on 07850 987131.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.00- 3.00pm. Cost £4.00. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance lessons with teacher Territa. 7.00pm - 8.30pm. £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Wednesday

Denton Table Tennis Club meets every Wednesday evening 7.00pm – 9.00pm at Denton Church Hall, Heighton Road, Denton. Newcomers welcome. Contact Rosemary 01273 611384.

Wednesdays fortnightly

Nukehaven - we are a fun and informal ukulele group for all abilities - other instruments welcome - that meet fortnightly on a Wednesday from 7.00pm at the Hillcrest Centre. All are welcome.

1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8.00pm. All welcome. Tel 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am. Visitors/new members welcome. Tel: 01273 517053 for more details.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non-members always welcome. £2 including tea and biscuits. Contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.

Every Thursday

Yin Yoga 9.30am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10.00am – 12.00noon. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11.00am - 2.00pm Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Thursday

Denton Island Indoor Bowls Club. New Yoga class 10am to 11.30am. £3 per session, just turn up and pay or phone 01273 514664 for more details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30am – 11.00am. No need to book, just turn up and enjoy singing stories and playing musical instruments. 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Seahaven Yoga – Yoga with Abi Doyle. Yoga suitable for all levels of experience, including beginners. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane, Newhaven, 6.00pm - 7.15pm. Tel: 07704 435172; email: doyleabi9@gmail.com.

Every Thursday

Yoga with Jo 7.30pm - 9.00pm Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Thursday

Force Basketball Session for Adults at Seahaven Academy from 7.30pm to 9pm. £5. Turn up and play. Also many sessions for children and young people in association with Wave Leisure – for details go to www.forcebasketball.co.uk.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00pm - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30pm – 8.00pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Bob Evans 01273 516018.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9.00am – 2.00pm (weather permitting).

Every other Thursday

Art club and crafts at Newhaven Day Club, West Quay from 1.30pm - 3.30pm. Looking for new members - call or contact Diane (BA {Hons} Fine Art Painting from the University Of Brighton - voluntary tutor for over 10 years.) 01273 515957 or mobile 07933 235802.

Every Friday

Early Bird Yoga, 7.30-8.45am at Newhaven Enterprise Centre, Denton Island. Contact Sophie at inbalancesussex@gmail.com Tel: 07444 549859.

Every Friday

10.00am Hatha Flow Yoga at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Friday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Call 01273 514664 for more info.

Every Friday

Denton Table Tennis Club 10.00am – 12.00 noon, Denton Church Hall, Heighton Road, Denton. Newcomers welcome. Contact Rosemary 01273 611384.

Every Friday

2nd Denton & South Heighton Beaver Scout Group age 6-8 years, meet 5.00pm at St Leonard's Church Hall, Denton. Followed by 2nd Denton & South Heighton "Ralph Reader's Own" Cub Scout Group age 8-11 years at 7.00pm. Tel: Jane Jarvis 01273 514467.

Every Friday

2nd Denton & South Heighton Scout Group meet 8.00pm - 9.30pm at St Leonards Church Hall, Denton. Contact: Jane Jarvis 01273 514467.

Every Friday

Newhaven And Seaford Sea Cadets meet at 80 Chapel Street, Newhaven BN9 9QD. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Seniors (aged 12-18) parade on Mondays and Fridays. Juniors (aged 10-11) parade Fridays. 6.45pm – 9.00pm. Contact 01273 655442 or email admin@tsdefiance.com.

Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. Call 07759 243207 for more details.

1st Saturday every month

Denton Island Indoor Bowls Club open 10am to 12 midday for free bowls tuition. Call in for a free trial or phone 01273 514664 for more information.

NEWHAVEN DAY CLUB

West Quay, Newhaven BN9 9BP
(north east corner of West Quay car park)

An opportunity to meet old friends or make new ones. Membership is £12 per year. Activities include snooker, darts, cards and dominoes. The hall, which will seat up to 60 people, is available for hire at £8 per hour. Call in or phone 01273 512708 or call Tony on 01273 513189.

Monday

Bingo starting at 1.30pm, alternate Mondays.

Tuesday

10.00am – 12.00 noon open for tea and coffee. Pet racing (stuffed animals) and cream tea one afternoon per month from 1.15pm.

Thursday

10.00am – 12.00 noon open for tea and coffee. 1.15pm hoy (card game) or art.

Friday

Open from 10.00am for tea and coffee with dinner at 12.30pm (£5). Bingo in the afternoon once a month.

NEWHAVEN CHURCHES

Baptist Church, Church Hill

Every Sunday 10.30am Sunday Service

Sacred Heart, Fort Road

Every Saturday 4.30pm Reconciliation
5.00pm Mass

Every Sunday 9.00am Mass

Every Wednesday 10.00am Mass

Elim Church, Meeching Rise

Every Sunday 5.00pm Service

St. Michael's, Church Hill - Tel. 01273 515251

1st, 3rd, 5th Sundays 10.00am Holy Communion
& Junior Church

2nd & 4th Sundays 8.30am Holy Communion
10.00am Informal Service

Every Tuesday 11.00am - 1.00pm 'Open Door'.

A chance for people who would like a quiet place to pray, or reflect, or just to find a bit of peace and quiet in this busy world we live in. Any enquiries, phone Alex 07886 187966.

Denton Church, Heighton Road

Every Sunday 10.00 am Service for all ages
with Sunday Club

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at
Paradise Park, Avis Road BN9 0DH.

The museum closes for the winter on 27th October 2018 and re-opens on 2nd April 2019.

Check web and Facebook addresses for further info:

www.newhavenhistoricalsociety.org.uk

www.facebook.com/museuminnewhaven

NEWHAVEN WELLBEING CENTRE

Summerhayes, Marshall Lane, Newhaven, BN9 9RB
(01273) 517641. Email: newhavenwellbeingcentre@southdown.org

Open Monday to Friday 10am – 3pm (Thursdays 12 – 5pm). In addition to sessions listed below, one-to-one appointments are offered for advice and support.

Every Monday

Help with Benefits and Budgets (fortnightly) 9.30am – 4.30pm.

Introduction for new clients 10 – 11am.

Women's Group 11am – 12pm.

Carers drop-in (2nd Monday each month) 12 – 2pm.

Social drop-in 1.30 – 3pm.

Craft group 1 – 3pm.

Every Tuesday

Employment advice drop-in (2nd Tuesday each month) 10am – 2pm.

Anti-stress colouring group 10.30 – 11.30am.

Knit and Natter group 12 – 2pm.

Social drop-in 1.30 – 3pm.

Every Wednesday

Mindfulness of Movement 11am – 12.30pm.

Men's group 1 – 2pm.

Social drop-in 1.30 – 3pm.

Anti-stress colouring group 2 – 3pm.

Every Thursday

Shiatsu 11am – 2pm

Clay group 12.30 – 1.30pm

Social drop-in 1.30 – 3pm

Young Adults group 3 – 4pm

Football therapy 7 – 8pm

AA group 7 – 8pm

Every Friday

Health walk 10 – 11am

Quiz 11am – 12pm

Games group 11am – 12.30pm

Quilting group 12 – 2pm

Peer Specialist drop-in (call for details)

Social drop-in 1.30 – 3pm

Card making group 1 – 3pm

Drama group 1 – 3pm

Narcotics Anonymous 8 – 9pm

THE HILLCREST COMMUNITY CENTRE

Every Monday

Qigong & Tai Chi 9.30am – 10.30am; Wu Style Tai Chi 10.30am – 11.30am; Newhaven Woodcarving Club 10.00am – 3.30pm; Drawing and painting workshop 10.00am – 12.00 noon; Knit 'n' Natter 2.00 – 4.00pm Room 4 – needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6.00pm – 7.00pm; Seniors boxing club 7.00 - 8.15pm; Haven Harmonies Choir 7.00pm – 9.00pm. Email havenharmoniescommunitychoir@gmail.com for more details. www.havenharmonies.wordpress.com.

Every Tuesday

Newhaven Additional Needs Group 10.00am – 12.00 noon (fortnightly); Musical Moments dementia choir 11am – 12 noon; U3A Art Class 2.00pm – 4.00pm; Step in time, street dance classes 3.45 - 4.15pm for preschool (3+) 4.15 - 5pm for 4-7 years, 5 - 5.45pm for 8+ years; Weight Watchers 5.45pm – 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30pm - 9.30pm; Master Boxing Keep Fit 6.00pm – 7.00pm; Barefoot Boogaloo (4th Tuesday of month) 7.30pm – 9.30pm.

Every Wednesday

Life Drawing Class 10.30am – 1.00pm; Art Class 1.30pm - 3.30pm; Drama group 3.30 – 4.30pm; Disco/freestyle dance class (age 2 upwards) 5.00pm – 7.00pm; Boxing Club – Juniors 6.00pm – 7.00pm; Ladies Box Keep Fit 7.00pm – 8.00pm; Red Cross (every 2 weeks) 7.00pm – 9.00pm; Nukehaven Ukelele Group 7.00pm – 10.00pm (every 2 weeks).

Every Thursday

Country Market 9.45am – 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10.00am – 3.30pm; Diddi Dance (children) 10.00am – 11.00am; Novel Group 10.00am – 4.00pm (once a month) contact Umi Sinha 01273 611490 to book. Sculpture Workshop 10.00am – 4.00pm, contact Silvia Macrae Brown 01323 422137. Start Art & Smart Art (children & young adults) 4.45pm - 8.45pm; Masters boxing keep fit 6.00pm – 7.00pm; Hillcrest Boxing Club Seniors Men 7.00pm - 8.30pm; Line dancing 7.30pm – 9.00pm.

Every Friday

Creative Writing Class 10.00am – 12.30pm. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk.

Into Art 10.00am – 12.00 noon. Disco/freestyle dance class (age 2 upwards) 3.30pm – 6.15pm; Ballroom dancing 6.30pm – 9.00pm.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2.00pm – 4.30pm. £6 per person including tea and biscuits. (First visit £1.50) For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

Email: newhaven.lewesmencap@btconnect.com

Website: www.newhavenmencap.org.uk

Telephone: 01273 517345

Our home is Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP.

Our society is run for the benefit of children and adults with learning disabilities or difficulties, including those with physical disabilities.

We use our hall for our Social Club on Friday evenings solely for our members.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).

The hall can be booked for private functions at a very reasonable rate. Please phone 01273 517345 for availability (preferably giving one month's notice of booking date).

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (who are considering becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Every Tuesday

1.00 – 4.00pm Adult club session

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am – 12.45pm further junior coaching. 1.00pm – 5.00pm adult club sessions.

Every Sunday

10.00am – 12.00pm mix of adult and junior coaching. For all coaching lessons, please check on availability.

Every day

Club members can use the courts anytime during daylight hours.

SHAKESPEARE HALL

Run by Wave Leisure Trust Limited.

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School Club – 01/10 - 19/10/18 3-6pm
October Playscheme – 22/10 - 26/10/18 7.30am-6pm
After School Club – 30/10 - 19/10/18 3-6pm
Christmas Playscheme 20th and 21st December 7.30am-6pm

Monday

Dumbell Sculpt 6.00 – 6.45pm. Boxing H.I.I.T. 6.45 – 7.30pm

Tuesday

Take Heart Cardiovascular Exercise class 10.00am – 11.00am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Strength and Balance Class 11.00am – 12.00pm. Body Conditioning 6.30pm – 7.30pm. Boxercise & Kick Boxing 7.30pm – 8.30pm.

Wednesday

Lef's Play 10.00am – 12.00pm, have fun with our bouncy castle and toys. Tea/coffee included (Unsupervised) £2.00 per family 0 - 5 years, for 2 adults and 2 children.

Thursday

Parent and baby group 10.00am – 11.00am. Take Heart Cardiovascular Exercise class 11.00am – 12.00pm.

Newhaven Youth for Christ Youth Club for 11-18 year olds 7.00pm - 8.45pm every week during term time. Crafts, sports, tuck shop, talk about issues which affect young people. Tel Sara Alexander 07763 333998 for details.

SUSSEX COMMUNITY DEVELOPMENT ASSOCIATION (SCDA) DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Free Cooking Skills Classes

Learn basic cooking skills through the making of delicious meals in our Community Kitchen! Every session 10.30am – 1pm. One Tuesday a month, call us for next dates. Denton Island Community Centre.

Grub Club

Come and learn to cook some tasty dishes with a friendly team of volunteers. Meals are given to community members in need. Every other Thursday morning. Open to everyone. English-learners welcome. Call us for next dates. 9.30am – 12.00pm. Call for more details 01273 519149. At Denton Island Community Centre.

Budget Bites

Wednesdays, 10:30am to 1pm, 3rd, 10th, 17th and 31st October at Denton Island Community Centre. For when the budget bites... Learn how to make very cheap but delicious meals. Have a chat, make friends and eat together. This course runs over four Wednesdays with no session during half term.

World Kitchen

One day a month, 11am to 1:30pm. Please call us for the next dates. World Kitchen is back. Do you want to make new friends, improve your English and cook delicious food? Men and women welcome. Please contact us to register. We are also looking for English-speaking volunteers to help and support. Please book.

Active 10 – Walk your way to health

Build exercise into your day. 10 brisk minutes of walking every day benefits your health, mood and energy. Friday mornings, 9:45am, central Newhaven. Ongoing. Call us for more information.

Couch to 5K

A gentle 9 week programme to help you start running, finishing with local parkrun. Running is excellent for your health and mood. We hope to start a new course soon. Contact us for more information 01273 519149.

Open Spaces

Walks and activities are planned from October to December. For more information ring or email or sign up to our alternate monthly newsletter. Please drop us an email at: healthylifestyles@sussexcommunity.org.uk or call us on: 01273 519149. Please visit our Facebook page: www.facebook.com/SCDAHealthandWellbeing.

Walking Football

Age 50+, All genders welcome. Every Monday evening at Newhaven FC, Fort Road. Please call 01273 519149 for more information.

Greenhavens Network Meeting

Wednesday evenings quarterly, 12th December, time TBC, venue TBC. We are delighted that the Greenhavens Environmental Network has gone from being an SCDA initiative to an independent group. Please contact Karen at greenhavens@yahoo.com and/or join the facebook group 'Greenhavens' for further information.

SCDA Youth Clubs/Services

Course	Day	Time	Venue
Youth Club (8-12 yrs) 50p to attend	Mon	5.00pm – 7.00pm Every Week	Lewes Road Hut, Newhaven
Youth Club (13 yrs +) Free	Wed	7.00pm – 9.00pm Every Week	Lewes Road Hut, Newhaven
Platform 9 - Free advice & guidance drop-in service with 1 to 1 conversations (11-18 yrs)	Wed	4pm - 6pm Term time only	Denton Island Community Centre
Youth Club (11-16yrs) 50p to attend	Fri	7.00pm – 9.00pm Every Week	Denton Social Centre

Please email youth@sussexcommunity.org.uk for further information.

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday - Sunday.
Telephone 01273 512498 for more details.

Seniors' Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday. (Please note: no Seniors' Class on Bank Holiday Mondays).

Water Aerobics 12.00 – 1.00pm Monday, Thursday and Friday.
Ladies only swim session 1.30pm – 2.30pm every Tuesday (term-time).

Adults only lane fitness swim 7.00am – 9.00am Tuesday and Thursday.

Therapeutic swim 2.30pm – 3.30pm every Wednesday (term-time).

Aqua Zumba 7.15 – 8.15pm every Wednesday.

Adults only twilight swim 8.00pm – 9.45pm every Friday.

Super Splash Inflatable 11.00am – 12.30pm Saturdays and 1.00pm – 2.30pm Sundays.

School Holiday Activities for Children and Young People

Running between 2.00pm – 3.45pm, Monday – Friday. Please refer to Holiday Programme for session details.

STUDIO TEMPO DANCE CENTRE

Venues around Newhaven. Please phone Margaret 01273 476565.

Ballroom and Latin classes every Friday at the Hillcrest Centre
Beginners 6.45pm, Improvers 7.30pm, everyone welcome.

OCTOBER

- 2nd Newhaven Museum: a talk at the Hillcrest Centre 7.00 for 7.30 'Roman period settlement and land-use in the Ouse Valley' by Dr David Rudling. Talks are free to members, guests welcome, £5.00 per talk.
- 4th Newhaven & Peacehaven U3A: teacher Derek Hughes gives a humorous talk on teaching, 2.15pm at the Meridian Centre, Peacehaven. The U3A holds lots of interesting talks and activities – call Sharon on 01273 589953 after 12 noon for more info.
- 6th RNLI Newhaven Quiz Night with Fish and Chips Supper from 7pm at the Lifeboat House, Riverside, West Quay BN9 9BX. Quiz Mistress Lyn Davies will be ready with the questions (and usually most of the answers!) and always ensures good order. Back by popular demand, this highly regarded evening requires teams of 4 and, at only £8.50 per person, to include a delicious fish and chips supper, booking is very much essential - book early to avoid disappointment. You are invited to bring your own bottle, although refreshments will be available for a donation and there will be a raffle - well, it would be rude not to! Enquiries and bookings contact Lyn: 01273 517488 or email: rnlinewhaven.society@hotmail.co.uk Support your local lifeboat - Respect the water.
- 7th Classics United Car Show at Newhaven Fort. 10am – 4pm. Join us at the Fort for Classics United's annual show. Normal fort charges apply. Visit www.newhavenfort.org.uk for more details.
- 7th Clean Up Newhaven Day from 10.30am. See p6 for more details.
- 8th South Heighton W.I. A.G.M. in South Heighton Village Hall at 2.15pm. All welcome, for further details please contact 01323 898921.
- 9th The GuestHouse Storytellers – "Tales from a Graveyard". Tales of ghosts, ghouls, banshees, vampires and things that go bump in the night. Age 12+ To book a 10 minute slot to share a tale, email Ronda: rondaarmitage@hotmail.co.uk. 7.30 to 9.30pm at Hillcrest Centre, Newhaven BN9 9LH. Free parking, disabled access. £5/£4 unwaged on the door on the night.
- 11th Special Autumn Fair at Newhaven Country Market, 9.45 - 1 pm in the Hillcrest Centre. No admission

fee, seasonal goods and local produce, free parking, disabled access, award-winning cafe and toilets. All welcome.

- 11th Denton Women's Fellowship: The Psalty Ringers. Meetings are once a month in Denton Church Hall at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com
- 13th-14th Southern Skirmish Association Living History at Newhaven Fort. The sights and sounds of the US Civil War come to Newhaven. Normal fort charges apply. Visit www.newhavenfort.org.uk for more details.
- 14th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 15th Newhaven Twinning Association AGM in Meeching Hall, Fort Road at 7.30pm. For more info contact Norman Hopson 07814 035053.
- 18th Meeching WI - Susan Coleman on The Royal British Legion, 9.45am at Meeching Hall, Fort Road. Visitors/new members always welcome. Tel: 01273 516804.
- 18th Newhaven Gardening Society monthly meeting: a talk by David Bramwell "No 9 Bus to Eutopia". At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More information contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.
- 20th-28th Freaky Fun at the Fort. Seasonal quiz trails, creepy crafts and spooky fun in the Halloween tunnels! Normal fort charges apply. Visit www.newhavenfort.org.uk for more details.
- 27th Car Boot Sale at Seahaven Academy 9am – 1pm. For info or to book a pitch email carboot@seahavenacademy.org.uk.
- 29th Bingo at South Heighton Village Hall. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.

NOVEMBER

- 1st Newhaven & Peacehaven U3A – a talk by Trevor Povey on the story of water from 1830 to 1974. 10.15am at the Baptist Church, Newhaven. The U3A holds lots of interesting talks and activities – call Sharon on 01273 589953 after 12 noon for more info.
- 1st Newhaven Museum is staging a new exhibition at the Hillcrest Centre from 1st November running to the New Year to commemorate the Armistice and Newhaven's response to it.
- 10th South Heighton Bonfire Society's Bonfire Night celebrations. Torchlit procession leaves the Flying Fish in Denton at around 6.30pm and makes its way (via Denton Road, Thompson Road, Wellington Road, Heighton Road) to the bonfire site at South Heighton Recreation Ground. The firework display will start around 8pm. Admission is £4 for adults, free entry for accompanied children. For further information please call 01273 513106.
- 11th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 11th Newhaven Fort: Battle's Over – commemoration of 100 years since the end of the First World War. Ceremonial Beacon lighting at 7pm. Visit www.newhavenfort.org.uk for details.

- 12th South Heighton WI: Clive Smith to give a talk, "Lancaster Bale Out" at 2.15pm in South Heighton Village Hall. Please contact 01323 898921 for further details.
- 13th The GuestHouse Storytellers present professional storyteller Dominic Kelly with "The Gift". A king out hunting takes pity on his quarry and receives a mysterious gift. When he squanders his life-changing present he is desperate to turn back the clock. He meets the very person who can do this – for a price. The fee is nothing: merely a possibility from his future, an idea of what could be. Here and now it's a cost-free deal. What could go wrong? Age 12+
- 7.30 to 9.30pm at Hillcrest Centre, Newhaven BN9 9LH. Free parking, disabled access. Tickets £7 in advance, £9 on the door. Available through our website: guesthousestorytellers.com/coming/book.
- 15th Newhaven Gardening Society monthly meeting: a talk by Andy Thomas "A Celebratory History of Christmas". At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More information contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.
- 15th Meeching WI AGM, 9.45am at Meeching Hall, Fort Road. Visitors/new members always welcome. Tel: 01273 516804.
- 16th Newhaven Twinning Association Quiz Night & Supper in Meeching Hall, Fort Road at 7.00pm. For more info contact Norman Hopson 07814 035053.
- 24th Newhaven Day Club Autumn Fayre 10am – 1pm at the day club, West Quay. Bric-a-brac, tombola, raffle, clothes, puzzles and books. Teas and coffee. Everyone welcome.
- 24th Newhaven, Lewes & District Mencap's very popular CHRISTMAS FAIR at Riverside Hall, Riverside, Newhaven BN9 9BP. 10.00 am to 2.00 pm. Admission 50p, children free. All the usual great stalls and bargains – including a visit from Father Christmas! (he has already contacted us to say he will be there!) Meet him and his elves in his beautiful Grotto. Come along for a fun time, and chances to win wonderful prizes. We will also have mince pies and mulled wine for sale along with our usual delicious refreshments (and homemade cakes!). Tell your friends about our popular fair – we look forward to seeing you.
- 24th RNLI Newhaven Christmas Fayre at the Hillcrest Centre, Hillcrest Road, Newhaven BN9 9EA from 10am to 12.30pm. Now is the time to start enjoying the festive spirit whilst supporting your local lifeboat. Father Christmas will be visiting and there will be an exciting variety of festive stalls for the enjoyment of all the family, as well as a Wonderful Winter Raffle. Entry fee of 25p with all profits to be used for the benefit of RNLI Newhaven. We wish you a Merry Christmas. Support your local lifeboat - Respect the Water.
- 24th Sussex Darkside Theatrical Ghost Walk at Newhaven Fort. Laugh and scream your way around the Fort with our favourite ghostly storytellers! Tickets available from www.sussexdarkside.co.uk.
- 26th Bingo at South Heighton Village Hall. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 27th Denton Women's Fellowship: A Rose Afternoon. Meetings are once a month in Denton Church Hall at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com
- 29th Special Christmas Market at Newhaven Country Market, 9.45am - 2 pm. No admission fee, seasonal goods and produce, opportunity to order seasonal fare and hampers, free parking, disabled access, toilets and award-winning cafe. All welcome.

DECEMBER

- 2nd Pocket Science Funfair Christmas Special, Meeching Hall, Fort Road. 11am – 4pm. See p21 for more details.
- 4th Newhaven Museum: a talk at the Hillcrest Centre 7.00 for 7.30 'River Ouse – source to the sea' by Dr Geoffrey Mead. Talks are free to members, guests welcome, £5.00 per talk. We will have a selection of books, photographs and other items related to Newhaven history for sale – excellent Christmas presents.
- 6th Newhaven & Peacehaven U3A: Lizzy and Tony Giles on a Victorian Christmas, 2.15pm at the Meridian Centre, Peacehaven. The U3A holds lots of interesting talks and activities – call Sharon on 01273 589953 after 12 noon for more info.
- 6th Quayside Medical Practice Patient Participation Group Meeting 6.30pm at the surgery. New members always welcome. Please ask at reception for more details.
- 9th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 10th South Heighton WI Christmas Party at 2.15pm in South Heighton Village Hall. For further details please contact 01323 898921.
- 10th Christmas Bingo at South Heighton Village Hall. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 11th The GuestHouse Storytellers - Winter Tales to Warm the Heart. From the oldest times, when days draw in and the nights grow longer, people gathered around a fire to hear tales to feed the soul and help them through the dark days of winter. Come and join us, to tell or to listen. We'll be serving free mulled wine, mince pies and gingerbread biscuits to thank you for your support over the year. Age 12+
- To book a 10 minute slot to share a heart-warming tale, email Elizabeth: wizzie499@gmail.com. 7.30 to 9.30pm at the Hillcrest Centre, Newhaven BN9 9LH. Free parking, disabled access. £5/£4 unwaged on the door on the night.
- 15th Sussex Darkside Theatrical Ghost Walk at Newhaven Fort. Laugh and scream your way around the Fort with our favourite ghostly storytellers! Tickets available from www.sussexdarkside.co.uk.
- 18th Denton Women's Fellowship: Christmas Party with Richard Ratcliffe. Meetings are once a month in Denton Church Hall at 2.30pm.. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.
- 20th Newhaven Gardening Society fun night and quiz. At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More information contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in January/February/March) is 23rd November 2018 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

A background image of two women in a gym. One woman is standing and high-fiving another woman who is in a plank position. They are both smiling and looking at each other. The gym has various equipment visible in the background.

NO JOINING FEE*

UNLIMITED...

GYM
SESSIONS

**GROUP
EXERCISE
CLASSES**

SWIMMING

**AT ANY
OF OUR
CENTRES**

**FOR
LESS THAN
£37 PER MONTH**

- ✓ Gym Sessions
- ✓ Fun and Enjoyable Group Exercise Classes
- ✓ Swimming & Aqua Classes at any of our heated pools
- ✓ Advance booking privileges
- ✓ Open 362 days a year!

*Based on a MAX Membership. Terms and Conditions apply.



Find out more online or drop by to see the Wave Team

www.waveleisure.co.uk

Seaford • Lewes • Newhaven • Peacehaven