

Newhaven *Matters*

Summer 2018 // Issue N° 18



Welcome to the Summer edition of *Newhaven Matters*, the free newsletter for Newhaven residents produced by Newhaven Town Council.



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If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Summer 2018



Welcome to the summer edition of Newhaven Matters; it is my pleasure and privilege to write the introduction as this year's Mayor. I'd like to begin by saying a big thank-you to June Dyer, the outgoing Mayor for all her hard work, I hope I get as much enjoyment from the role as she did.

Being asked to be Mayor is a great honour and I plan to continue the work started by my predecessors – pushing for the beach to be re-opened, continuing to fight against plans to bring 'dirty' industries to the town (we are supposed to be clean, green and marine after all) and to strive to 'Make Newhaven Great Again' to paraphrase another political leader!

One of the things that saddens me most about our town is the amount of litter strewn around. To combat this, the town council will be organising several litter picks during the year and your support is invaluable, but it's not just on those days, every day needs to be a litter free day.

By the time you read this, the Fish Festival will have already passed, but there's loads more to look forward to this year, including the raft race, the Lifeboat fete – always very popular, and of course the commemoration of the Dieppe Raid here and in France.

I do hope you will all turn out to support all the events we have going on in our town – remember, Newhaven Matters!

Paul Boswell

Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100.

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JUNE HANDS MAYORAL CHAIN TO PAUL

The Town Council's Annual Meeting took place on Tuesday 15th May. This meeting marked the end of Councillor June Dyer's year of office as Mayor and before the meeting got under way she took the opportunity to present cheques to the two charities she has been raising funds for during her year of office. June raised a magnificent £785 each for the Newhaven and Seaford Sea Cadets and the Newhaven District Guides by holding quizzes and film nights as well as by jumping out of an aeroplane in a charity sky dive.

Following the cheque presentation, June handed the Mayoral chain to Councillor Paul Boswell who was elected as Mayor for 2018-19 by his fellow councillors. Paul is well known in the town as he owns Meeching Estate Agents and is active in both Newhaven Chamber of Commerce and in Maestro Music who provide music at so many community events. Councillor Graham Amy is the new Deputy Mayor.



Town Council meetings coming up

Don't forget you are welcome to attend any of the town council's meetings – here's what's coming up this quarter:

3rd July, 7.15pm
Planning & Development Committee followed by Promotion, Partnership & Finance Committee

24th July, 7.15pm
Planning & Development Committee followed by Full Council

14th August 7.15pm
Planning & Development Committee followed by Regeneration & Strategic Development Committee

11th September, 7.15pm
Planning & Development Committee

25th September, 7.15pm
Planning & Development Committee followed by Environment & Amenities Committee

Look out for agendas on the town council's website www.newhaventowncouncil.gov.uk and noticeboards around the town.

THE BEST OF NEWHAVEN 2018

Competition for local photographers – now in its third year!

Could your photo of our lovely town be good enough to go on a lamp post banner on West Quay?

This year's competition has ten categories:

- The river • The port • Cliffs and beaches • Green spaces • Buildings • Events • Wildlife • Weather • Work • Any local subject for child photographers aged under 12 years

Cash prizes for the winner and runner up in each category.

Top photos in each category will be printed on a banner.

All photos must be in high resolution and landscape format. You may enter more than one category, but you can only enter one photograph in each category. By submitting an entry, you are deemed to be giving Newhaven Town Council permission to use your photograph(s) on a banner and for any other promotional purpose.

Email your entries in high resolution to admin@newhaventowncouncil.gov.uk.

Don't forget to tell us your name, address, phone number, email address, age (if under 12 years) and the category you are entering.

Deadline for entries is 19th August 2018.





NEWHAVEN GIG ROWING CLUB GOES FROM STRENGTH TO STRENGTH

It all started with one man and a passion, he roped in three other people to get involved and before long they purchased their own gig. With very little publicity and just as a result of being seen out on the water, people started asking about their bright yellow boat and how to get out on her.

Over the last 18 months, the club has taught over 250 people to row. It now has two rowing coaches, six coxswains and seven coxswains in training. Over the summer of 2017 the Gig was out every weekend from dawn to sunset

and more. The rowers also pulled together, did up a local shop and turned it into the Gig Shed. They did some much needed maintenance to the Gig, with the help of a local boat builder in just a few weeks.

The club is now happy to announce that it will be having a regatta, 'Waterbourne', starting this year on 25th August. Novice crews from various clubs will race from the marina to Southease, out to sea and back to Newhaven.

If you would like to be a stall holder at Waterbourne please email Lee: leestclair58@gmail.com.

For more info about the regatta or NGRC please check out their website www.ngrc.co.uk or email admin@ngrc.co.uk.

Press release by Rachel Beardsworth. Photos by Rachel Beardsworth, Marin Sinnock, Chloe Sands and Tim Wells.



Family Fun Day

This year NIPPERS will be celebrating its 45th summer playscheme (and leader Pam Perry will have been volunteering there for 40 years!) They are celebrating with a Family Fun Day on Friday 24th August from 1.00 – 4.00pm at Fort Road Recreation Ground.

The event offers the opportunity for any local



organisation to come along and show the community what they do. There will be displays, a puppet show, bouncy castle, fruit and food tasting and many free activities for the children and, of course, the annual mudslide.

For more info please contact NIPPERS on 07564 452837 or Pam on 07796 267388.

ROCK THE BOAT

– the theme of this year's Lewes to Newhaven Raft Race

The 43rd annual Raft Race takes place on Sunday 1st July. As the tide reaches its highest point, up to 35 weird and wonderful craft will launch from the riverbank at Malling Rec in Lewes, and the courageous crews will begin a seven mile marathon down to the sea at Newhaven. As usual, they will paddle through a hail of flour bombs! Each raft is sponsored for their own chosen charity, spreading the funds raised across a wide range of good causes.

This year the raft race organisers are urging people to avoid throwing plastics into the water. Any plastics and balloons from water bombs can damage and even kill marine life and birds. Fun needn't harm anyone so if you want to throw, make a paper bag bomb instead. Or why not try good old-fashioned rotten eggs and tomatoes? For more information about plastics in the sea please visit: doitfordavid.org.uk.

Rafts will launch in Lewes at 3pm so the first rafts are expected in Newhaven after 6pm. Why not come along to cheer them in?



Did you know that Newhaven has its own Community Cinema based at the Hillcrest Centre? It's not for profit. A ticket costs £5 and money goes straight back into buying equipment for everybody to use and enjoy.

Haven't been yet? What's stopping you? If you think the community cinema doesn't show your kind of films, make a suggestion at hillcrestcinema@gmail.com. Tell them what you'd like to see.

A film is shown on the 3rd Saturday of each month. And there's food and wine at the café.

It's run by volunteers, Peter, Rob and Robin and you can reach them on hillcrestcinema@gmail.com.

Follow Hillcrest Cinema Newhaven on Facebook and give it a 'like'.



Here's what's coming up this quarter:



JULY 21st Hillcrest Cinema presents **SWISS ARMY MAN** Cert 15. 1hr 27 mins

Harry Potter actor, Daniel Radcliffe stars in this whacky adventure. Swiss Army Man creates a world like no other—a place of pure fantastical imagination, brimming with magical realism yet featuring two characters whose dreams and fears are entirely relatable. The main characters fully commit to their directors' audacious vision, and their work is exceptional, finding the perfect balance of humour and heart that drives the whole film. Swiss Army Man is a surreal and wholly original examination of human vulnerability and connection that must be experienced.



AUGUST 17th-31st

The Hillcrest Centre is hosting a graphic art exhibition
A SENSE OF PLACE

The exhibition explores the idea of place and what it means. It reveals how places can develop strong identities and culture, which are felt deeply by local people and visitors alike.

The exhibition features 17 Sussex-based designers, design agencies and illustrators. All profits from the sale of prints will go to two charities: Refugee Action and The Clock Tower Sanctuary in Brighton.



SEPTEMBER 15th Hillcrest Cinema presents **THREE BILLBOARDS OUTSIDE EBBING, MISSOURI** Cert 15. 1hr 15 mins

Angry over the lack of progress in the investigation of her murdered daughter, Mildred (Frances McDormand) rents three abandoned billboards near her home, and posts on them. The billboards upset the townspeople but she stays firm about keeping the billboards up.

Lots of cussing and you'll laugh and cry. Perhaps at the same time.



CONTINUING TO REMEMBER THE DIEPPE RAID

Although the Canadian Veterans Association of the UK disbanded last year, the town council and other organisations that have been involved in the Dieppe Raid commemorations over the years feel it is important that we continue to remember the ill-fated Dieppe Raid of 1942.

This year the anniversary will be commemorated in Newhaven on Sunday 12th August with a wreath laying ceremony at the War Memorial Green in South Way. Wreaths will be laid by representatives from the Canadian High Commission, Dieppe City Council and the US Embassy,

as well as by the Mayor of Newhaven and veterans' associations. The ceremony starts at 3pm and will be preceded by a parade from Denton Island to the Green.

Operation Jubilee, as it was codenamed, was a full frontal assault on the heavily defended port of Dieppe and was meant to be a good opportunity to test out techniques and equipment. Six thousand soldiers took part in the attack, of whom 5,000 were Canadian with the remainder being British commandos and 50 American rangers. On the warm, moonless night of 18th August 1942 an armada

of ships took the troops across the Channel from Newhaven, Shoreham, Portsmouth and Southampton.

Within a few hours of the start of the assault, 4000 of the men were either killed, wounded or taken prisoner. The Canadians lost two thirds of their force, with 907 dead or later to die from their wounds. The operation was a tactical and human disaster. Was this a terrible, pointless waste of young lives, or a valuable lesson learnt which meant that fewer lives were lost on D-day two years later?

READY FOR A NEW **YOU?**

ONE YOU
EAST SUSSEX

Whether you'd like help to lose weight, stop smoking, drink less or get active, One You East Sussex is a FREE service to help you look at your lifestyle choices, put yourself first and do something about your own health.

You can work with a Health Coach at a clinic near you, join an Adult Weight Management class or have one to one stop smoking support.

Whether we are eating the wrong things, drinking more than we should, continuing to smoke despite everything we

know, or just not being active enough, these small things can add up to an unhealthy you.

Making better choices today can have a huge influence on our health, and could prevent conditions like type 2 diabetes, cancer and heart disease, and reduce our risk of suffering a stroke or living with dementia, disability and frailty in later life. But it's not easy in our busy lives.

The good news is we can fight back.

One You East Sussex can help you get back to a healthier

you, and support you to make simple changes towards a longer and happier life.

You will receive one to one support and encouragement every step of the way with your own personal health plan.

You are not alone

Call:
01323 404600

Email:
hello@oneyoueastsussex.org.uk

Search:
www.oneyoueastsussex.org.uk

SCDA Info & Advice Hub *Now at 31a High Street, Newhaven*



Formerly located at the Drove in Newhaven, 31a High Street has been chosen for the convenience of clients and is truly in the heart of the community.

A team of experienced Community Navigators welcome clients attending their drop in service between 10am-1.30pm Monday to Friday, and link them to the appropriate local and national services. Appointments are also available outside these hours. For more information please call 01273 516032 or drop in during the hours above.

Newhaven Food Bank needs your donations

Newhaven Food Bank, currently based at Denton Island Community Centre, will be moving to 31a High Street later this year to bring the Hub services and the Food Bank together on the same central site.

Your generous donations help SCDA deliver practical support to those in crisis and need continues to rise. Donations of non-perishable

food are very welcome and can be left at several collection points including Sainsbury's Newhaven, Newhaven Town Council offices, Denton Island Community Centre, the Info & Advice Hub at 31a High Street and the Sacred Heart Church. For more information go to www.sussexcommunity.org.uk/advice-services/newhaven-food-bank or call on 01273 516032.



Bikes and Volunteers Wanted!

Do you have an unwanted bike? Or would you like to learn useful skills?

SCDA's Recycle project, based at their workshop at Sussex Downs College on Denton Island provides volunteers and participants with useful skills and experience. Your unwanted bike is revamped by the SCDA Recycle team and sold on, with money reinvested in the project and the added benefit of your bike being used again and avoiding landfill!

Donations of unwanted bikes are needed for participants to refurbish. All kinds of bikes are wanted and collection can be arranged. Volunteers are very welcome too!

FREE ENTRY FOR ALL

SEAHAVEN PARA GAMES

★ 2018 ★

12TH AUGUST 2018
DOWNS LEISURE CENTRE, SEAFORD

Welcome drinks from 10am
Activities run from 10:30am until 3pm

Come along, make new friends and try some new activities
For more information contact David Wright
david.wright@waveleisure.co.uk
Telephone: 01323 408857

waveleisure

TheWaveLeisure

www.waveleisure.co.uk



NEWHAVEN'S NIGHT LIFE

Despite the creeping urbanisation of the town, some of Newhaven's wildlife is still thriving.

One animal rarely seen but still around in good numbers is the badger with numerous setts (underground homes) scattered around the area.

Badgers are nocturnal and for most people the only tell-tale sign of the animal's presence are shallow holes in the lawn where they have dug for their favourite food, worms.

Badgers also eat insects, grubs, birds' eggs, amphibians and reptiles and during the autumn often become intoxicated with alcohol after eating rotting fruit! They are very powerful with long claws for digging and will climb small trees in their love for honey.

The South Downs Badger Protection Group advises householders, councils and developers on any problems and the law for these protected animals.

The South Downs Badger Group support the Wildlife Rescue and Ambulance Service (WRAS) who carry out the rescues of injured badgers on their behalf. Their number in an animal emergency is 07815 078234.

Membership of the South Downs Badger Group is just £5 a year. For details of how to join contact the treasurer Peter Mortimer on 07907 833897.



Friends of Riverside Park

Since their last update the group has been very busy. They have:

- Secured small grants from Meridian Vets and the town council to purchase a dog bag dispenser, installed at the entrance of the Park, and a supply of bags which the volunteers raise funds to pay for.
- Worked with the new Lewes District Council Neighbourhood First team to ensure that dog walkers continue to pick up after their dogs, and were lucky to receive a donation of litter picking and weed clearing equipment from Burleys.
- Received funds to install a litter bin on the northern path, which has reduced the amount of litter and discarded dog bags.
- Installed sculptures (designed by Lucy of Lucid Designs) which perfectly represent the Park with the distinctive teasel and bird cut outs.
- Been investigating more planting to attract pollinators. The majority of trees and plants in the Park only appear during spring, and the Friends want to ensure that the Park becomes a public space that attracts pollinators all year round.
- Plans to build a Stag Beetle habitat. Stag beetles are now an endangered species in the UK and the group wants to help preserve them, so please let them know if you spot any around the park.

Keep up to date with what's happening by 'liking' their Facebook page 'Riverside Park Community Voice – Newhaven'.

Contact: Lesley Boniface, Chair of Friends of Riverside Park & Valley Ponds. Email: mrsboniface@hotmail.co.uk.



NEWHAVEN

Newhaven Town Council launches a NEW festival alongside Lewes Artwave

This summer, Newhaven Town Council launches a NEW festival alongside Lewes Artwave. Everyone is welcome to the events, which will be celebrating all things creative including what it means to belong in Newhaven.

The Festival will run from 18th August – 2nd September and is being organised to shine a light on our beautiful town. The events are all curated by local residents and will include art, music, walks, talks, food and Newhaven Gig Club's first ever regatta. **Most events are FREE!**

BRING OUT THE ARTIST IN YOU - GETTING INVOLVED

FREE Children's Procession Parasol Workshops

Wednesday 15th August 2018
10am – 4.30pm

Come to The Hillcrest Centre and create a stunning processional parasol to twirl on Bank Holiday Monday for the Belonging Festival. Run by Carol Havard, children and adults are welcome. Booking forms available from the Town Council offices and Hillcrest Centre.

FREE Newhaven Open Call

Organised by artists Nick Bush, Nick Marsh and Helen Turner, this is an initiative inviting local people and visitors to make a new piece of art about Newhaven. One piece of work from each participant will be exhibited at a pop-up gallery at the UTC, Harbourside during the last weekend in August and the first weekend in September.

The idea is to make art, in any medium based on a personal experience of being in the town, responding to locations, artefacts, nature or local agendas. Two workshops during July will help those that are less familiar with making art and there will also be a drawing event at the Newhaven Museum.

Forms can be collected from the Town Council offices, Newhaven Museum, or downloaded from www.newhavenprojects.co.uk email: newhavenopencall@gmail.com for more information.

PRIZE!

Anyone that takes part in the Open Call activity, whether as a professional or aspiring artist, will be entered into a draw to win a 4 person stay in a fun sized eco 'pod' located at the YHA at Southease. Worth approximately £70, have a staycation or invite family and friends to stay during the festival!



ARTS FESTIVAL 2018



18th August – 2nd September 2018 • Most events are FREE!

Emerging Events Diary

– a taste of what will be going on!



SATURDAY 18TH AUGUST

Newhaven Speak Easy with Alistair Appleton (free event)

Come and be interviewed on camera by Alistair, so you can give your views on the town and surrounding landscape. It will be saved for posterity.

SATURDAY 18TH AUGUST – FRIDAY 24TH AUGUST

Bird song in St Michaels Church, Church Hill (free event)

From morning till evening the Church will be filled with field recordings taken of birdsong taken in the hills, cliffs and woodlands surrounding the town.

SUNDAY 19TH AUGUST

Secret Newhaven Edgelands Walk with Jamie Crawford

A professional storyteller and passionate walker. Stories of historical events, folklore and local legends! (Tickets £9.00).

Beach Party – 6pm onwards
(free event)

Open to all. Bring a blanket and a picnic and gather together to sing.

In addition to the Newhaven Festival events there will be Artist Open Houses (including Newhaven Museum) opening throughout the Festival period, as part of the Lewes District annual Artwave Festival, now in its 25th Year! For more information on the location of these in Newhaven, visit the Artwave website www.artwavefestival.org.

FRIDAY 24TH AUGUST

Salon 6 x 9 – Six acts, nine minutes each, plus supper (Tickets £10 including supper)

We invite you to listen to 6 unique and varied acts for a strict 9 minutes each. A homemade locally sourced tasty supper will be served after the acts.

SATURDAY 25TH AUGUST

Waterbourne

Watch and get involved with waterbourne activities including a regatta with visiting crews (free event).

Film – to be announced

Showing at the Hillcrest Centre, the café will be open too.

MONDAY 27TH AUGUST

Day Festival of 'Belonging' at Newhaven Fort (free entry)

Organised by Anthony Peters and Nicky Day, this promises to be a Bank Holiday to remember! It will include a procession from the town centre to the Fort where there will be family events including music, dance, workshops and food.

For information on Newhaven Festival visit the Festival website www.newhavenfestival.co.uk or telephone or visit the Town Council Offices (details set out on the inside of the front cover).

Meeching Amateur Dramatics Presents
MUSIC HALL & VARIETY SPECTACULAR (Great War Edition)

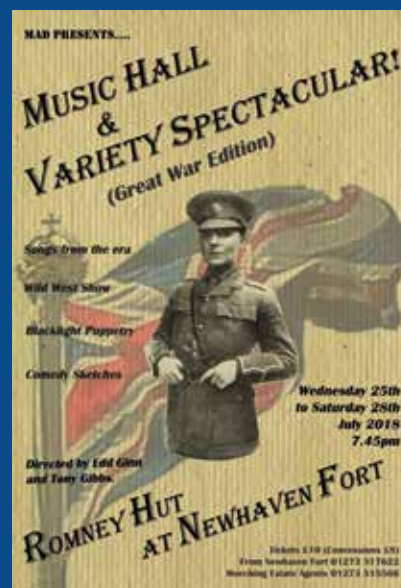
Wednesday 25 to Saturday 28 July 2018, 7.45pm at Newhaven Fort

Travel back in time with MAD as they present their own exciting interpretation of Music Hall and Variety during and before the Great War period, a time of grief and despair yet awe inspiring patriotism. Laugh, cry and sing along in an extraordinary night of original and nostalgic entertainment featuring songs, dance and comedy.

Have you ever wondered what the world was like then? Just prior to the war Victorian Melodramas were popular in the theatres around the country, 'over the top' and

amusing in content. Buffalo Bill was touring the world with his Wild West Show and the suffragettes were hitting the headlines.

So, with all this going on MAD invite you to celebrate with them, in costume of the time (if you so desire) and commemorate this wonderful period and the centenary of a war supposedly to end all wars and which affected a generation of young men and women from all walks of life. Buy your tickets now from Newhaven Fort or Meeching Estate Agents and enjoy.



MONEY AVAILABLE FOR LOCAL BUSINESSES

Businesses in the south-east can get up to £10,000 to contribute towards their business plans through the Low Carbon Across the South East (LoCASE) business growth programme.

The money is available to businesses that help protect the environment or save energy.

That can include:

- Plumbers who install A rated boilers
- Building firms that install insulation and other energy saving features
- Double glazing firms
- Renewable energy installers
- Reuse and recycling businesses.

Over £3.2 million has already been handed out. Businesses have been buying marketing support, websites, equipment, electric business vehicles and business consultancy. The programme provides a contribution of 40% towards expenditure, up to £10,000.

LoCASE is funded by the European Regional Development Fund 2014-2020 and is run locally by the University of Brighton's Green Growth Platform.



If you're a business interested in getting money to develop your plans, visit www.greengrowthplatform.co.uk or get in touch at greengrowthplatform@brighton.ac.uk and 01273 641949, to check your eligibility and start the ball rolling.

Bait Bucket Tackle Warehouse

3500 Square Feet

40+ Leading Brands

**Course, Carp, Match,
Predator, Sea**

Fresh and Frozen Bait

Free Parking

Unit T

Rich Industrial Estate

**Avis Way
Newhaven
BN9 0DU**



01273 933050



contact.baitbucket@gmail.com



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Expires April 1st 2019



Newhaven Matters Summer 2018 13



NEWHAVEN GARDENING SOCIETY

The Newhaven Gardening Society was established in 1950 and is affiliated with the RHS.

They meet the third Thursday in every month at 7pm in the Age Concern Day Club, West Quay. Meetings generally have a speaker on various subjects often accompanied by a slide show. There's no speaker in January, August or December; instead, members go for a meal or perhaps have a quiz evening and August is the highlight of their year, the Annual Show. It is sponsored by Paradise Park and this year

is held in Meeching Hall on 4th August. It is a great day with various entries for members and children when everyone has a go! Showing flowers, handicrafts, jams etc is all part of the day. In the afternoon, after the judging there's a raffle, tombola, tea and cakes. Entry is free so why not come along and join them?

The club is always looking for new members. All are welcome, some members don't

even have gardens, just an interest in plants. Some know more than others so there is always valuable advice on hand. Beginners are always welcome, and all members get a loyalty card for Paradise Park which gives a £1 voucher to spend in the shop with every £10 spent.

Contact: Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.



OurNewhaven THE OLD SWING BRIDGE

The pictures above show the old swing bridge. The bridge was built in the 1860's at an estimated cost of £31,000.

A ship wanting to travel upriver sent a request signal, the bridge attendant closed the road gates, operated the shut-off valve on the gas main and disconnected the flexible pipes on the side of the bridge. Two men at each end of the bridge operated the locking gear to free the bridge and then walked along the bridge to join the four men who had set up the capstan and the eight of them swung the bridge open.

If you have any old photographs or memories of Newhaven you can contribute online at www.ournewhaven.org.uk or you can write your memories down and leave them, along with any photographs, postcards, slides or negatives for OurNewhaven, c/o Newhaven Town Council Offices, 18 Fort Road, Newhaven. We will return your images as soon as possible.

The OurNewhaven website team can be contacted at info@ournewhaven.org.uk.

NEWHAVEN'S FIRST WORLD WAR



A319-019 – Men and women dock workers at Newhaven

WOMEN DOCK WORKERS AT NEWHAVEN

From the end of January 1918, women were employed at the docks at Newhaven loading stores for the front. They earned 7d per hour, with gangers earning an extra 9d per 8 hour shift.

At a social in August 1918, Miss Budd, secretary of the local branch of the National Federation of Women Workers,

was presented with a gold brooch by the local members. The gift was in recognition of her work at a recent arbitration case, whereby the women working on the Quays were awarded an extra 1s for each afternoon shift and an extra 8d for each morning shift. These increases were back-dated to 1st May 1918.

REGIMENTAL SPORTS DAY

On Wednesday 21st August 1918, the 3rd Battalion of the Royal Sussex Regiment held their annual regimental sports day at Newhaven Recreation Ground. As well as the usual flats races, some more interesting competitions took place.



These included Potato Races, Sack Races, Mop Fights, Wheelbarrow Races, Pillow Fights on Greasy Poles, Football in Sacks (six men per team, five minutes each way), Boot and Clothes Races and a Tug-of-War (Officers vs Sergeants - the Officers won). The soldiers' children had their own races, as did the women of the Women's Army Auxiliary Corps (W.A.A.C.). The regimental band brought the day to a close with the National Anthem.

◀ A037-067 – Games taking place on the recreation ground, you can just see lines of spectators around the field. Note the First World War Army huts on Castle Hill.

MEN UP TO 51 YEARS OLD CALLED UP

Conscription was first introduced in 1916, when the maximum age a man could be called up for military service was 40. In 1918, this was raised to 51.

Tribunals were set up to hear appeals against conscription, and at Newhaven the Chairman of the Tribunal was Frederick J Thyer. In July 1918, Mr Thyer resigned from the Tribunal stating "in view of the fact that under the last Military Service Act I became of military age and that the last group, of which I am one, are now being called up for medical grading, I shall be applying for exemption shortly". Three more members of the Tribunal also resigned and on 7th September the Tribunal passed a resolution stating they would "not send forward any men of 45 years and upwards until such time as young men who are now exempted from military service by the Railway Company are released for service".



3A014-065 – Frederick Thyer - for the majority of the war he had been Chairman of Newhaven Urban District Council. He was also the Lloyd's Agent and Swedish Vice-Consul.

INTRODUCING THE NEW COMMUNITY FLAGS!

What started out as an idea has now become reality following the people's vote on flags for Newhaven. In the last edition of Newhaven Matters, we invited residents to vote on their favourite flag. There was stiff competition with so many wonderful ideas which

reflect the town's rich history, traditions and location and we now have winners for each of the categories.

We think that they all reflect our wonderful town. Congratulations to the winners and thanks to all of

the contenders. You have all done Newhaven proud! Keep your eyes peeled for the flags which will be flown during the Newhaven Arts Festival at the end of August and carried in the procession for the Festival of Belonging on Bank Holiday Monday 27th August.



CATEGORY 1
CHILDREN AT PRIMARY SCHOOL

Luca Mayo



CATEGORY 2
YOUNG PEOPLE UP TO 18 YEARS

Abigail Whitcombe



CATEGORY 3
ADULTS - 18 TO 100!

Sam Ford

Lewes District Citizens Advice

Planning a holiday and struggling to find travel insurance for a reasonable price. How can you be sure it's legitimate and not a scam?

Insurance is a financial product and the seller must be registered with the Financial Conduct Authority (FCA). Check they're listed on the financial watchdog's register which can be viewed on its website <https://register.fca.org.uk>

If they're not named, take your business to a different provider as the seller will not be legitimate. If listed, it's still worth doing further checks.

Compare the price of the insurance deal with similar

offers from competitors. Big discounts are often a tell-tale sign of a scam, but it could also be that the policy is cheap because it doesn't provide adequate cover.

Ask for a copy of the full policy so you can check it against where you're going and what you're doing. If the seller won't provide one or says they will only give it to you it after you've paid, don't give them your business.

Once you know the seller is legitimate use a secure

payment method, such as PayPal, to pay for the insurance. Don't pay with a bank transfer.

For further advice contact Citizens Advice on 03444 111 444 or drop in to the office at 15-19 Chapel Street, Newhaven from 10am – 3,30pm on Tuesday, Wednesday or Thursday.

www.lewesdistrictcab.org.uk

**citizens
advice**

Newhaven's Tree Wardens

Making our town green, leafy and full of flowers

Newhaven's newly formed group of volunteer Tree Wardens have now completed their first projects. During the autumn they planted spring flowering bulbs in two verges – on the corner of Valley Road and Lewes Road and at the corner of Meeching Road and South Way. These were a mixture of miniature daffodils and crocuses and provided a welcome splash of early spring

colour which should come back and multiply every year.

Over the Easter weekend, the Tree Wardens planted their first trees on the verge in Avis Road adjacent to Powell Gardens. These are a mixture of walnut trees, crab apples, rowans and hazels. This verge will be further enhanced by the planting of spring bulbs amongst the trees this coming autumn. As well as looking

beautiful, the trees will help to reduce air pollution from passing traffic.

If you would like to join this group of volunteers working to make our town a better place to live, please contact the town council admin@newhaventowncouncil.gov.uk or tel: 01273 516100.

La Baguette Shop

For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks

Hot and cold drinks

All to eat in or take away

Open Monday to Saturday

31 High Street Newhaven,
01273 516129

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Tasker Osman & Co.
Financial Accountants

Website: www.taskerosman.co.uk
Phone: 01273 512749
Email: jon@taskerosman.co.uk
Address: 10 South Way, Newhaven
East Sussex BN9 9LL

Partners: Les Tasker FFA/FIPA, FAIA, FFTA & Kevin Osman FFA/FIPA, FAIA, FFTA.
Associate Partner – Jon Sanders AFA/MIPA, FMAAT, FFTA.



WILDFLOWERS BLOOM IN VERGES IN THE DROVE

Did you notice how colourful the verges in The Drove/Drove Road were this spring? There was a riot of wildflowers, providing a cheerful splash of colour for passers-by and a haven for bees and other insects.

Newhaven Town Council has agreed with East Sussex County Council Highways Department to classify these verges as meadow verges. This means that the grass is

deliberately being allowed to grow long to encourage wildflowers to grow; only the edges will be kept short.

The meadow verges will be cut at the end of July, which may encourage a further flush of flowers. They will be cut again in October/November so that the grass is short for the winter period and to ensure that our spring flowering bulbs can be seen when they come through.

In the meantime, following the decision by the County Council to reduce the number of cuts to all grass verges across the county from six per year to two, the town council has stepped in to provide grass verge cuts elsewhere in the town, using local contractor Tim Jordan. Further cuts to these verges are scheduled for weeks commencing 16th July, 20th August and 24th September.

REDUCING FLOOD RISK IN NEWHAVEN

Work to build new and improved flood defences continues in Newhaven. Environment Agency (EA) contractors have built 2 clay-cored flood embankments across the floodplain between the A26 and the Energy Recovery Facility (ERF), reducing flood risk to properties on the east side of Newhaven. Final seeding and planting to finish the work here will take place in the autumn. A flood gate

across the railway, linking the two embankments, is being designed in partnership with Network Rail and is due for construction in 2019.

A flood wall along East Quay is nearing completion, from the ERF to the swing bridge. Waste clearance in the central section is now complete and the Environment Agency expects construction to be finished here by August 2018. Work in this section will involve piling which can be noisy.

Land drainage improvement works and additional planting has also been carried out on Huggett's Green on the west bank.



Construction is disruptive and the EA thank you for your continued co-operation. For further details visit www.gov.uk and search 'Newhaven', or call 03708 506506.



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01273 916170 or
email info@utc-harbourside.org.

Applications can be made on our website
www.UTC-harbourside.org

NEWHAVEN LIFEBOAT ANNUAL SUMMER FETE

The Newhaven Lifeboat annual Summer Fete celebrates its 71st consecutive year with a further return to Fort Road Recreation Ground on Saturday 7th July. It promises to be bigger and better with new attractions and more fun rides for children of all ages.

The Fete is RNLI Newhaven's biggest fundraising event of the year where everyone is welcome to come along to Ford Road Rec from 12noon to 4pm and enjoy fun in the sun: fairground rides, bouncy castle and slide, Charlie the Ice Cream Man, an eclectic variety of stalls and an afternoon of entertaining displays, as well as a Grand Prize Raffle with £150 first prize. The Lifeboat House will be open for visitors, subject to operational requirements, where volunteer crew members will show you the lifeboat.

The RNLI Mayday campaign in May included successful events to 'Do your bit - Fund our kit', such as the Yellow Welly Relay, in which the iconic symbol of the RNLI is relayed from district to district around the South Coast.

Volunteers Robin Skilton and Gary Johnson certainly did their bit by walking the Yellow Welly a fantastic 15 miles from Newhaven Lifeboat Station to Eastbourne, raising over £400 in doing so. Congratulations to them on their achievement.

The crew of Newhaven Lifeboat are hoping new volunteers will be inspired to join them. Shouts can be demanding, but are rewarding at the same time. Anyone interested is asked to contact the Lifeboat Station on 01273 514143, or come along to one of the many fundraising events which take place regularly throughout the year. Contact 01273 515964 or email rnlinewhaven.society@hotmail.co.uk for more information.



DIEP~HAVEN 2018: TERRA FIRMA

Launching in July and running throughout the summer, this year's diep~haven festival is titled Terra Firma, reflecting the theme of an exploration of the landscape and the tensions between human and nature.

The festival includes exhibitions and projects by artists who have created new works on both sides of the Channel. It also incorporates a series of events, including a film screening of Derek Jarman's film 'The Garden' at the Hillcrest Centre on 11th August.

Activities in Newhaven will include the culmination of Eve Chabanon's project, a performance with the Growing Together Community Garden community, and the results of a solargraph project with Newhaven schools, which will be presented at Bishopstone Railway Station.

Visit the website to find out more: diephaven.org



ALL CHANGE AT MEECHING HALL

A major refurbishment will soon be taking place at Meeching Hall to bring this well-loved historic building up to 21st century standards.

The ground floor of the hall will become fully accessible to disabled visitors, with a new platform lift allowing wheelchair users to enter through the front door and hallway into the main hall. The toilets will be reconfigured and equipped with new sanitaryware and cubicles to provide a fully accessible toilet with baby change facilities and a new, well equipped kitchen will enable users to prepare and serve refreshments.

Meanwhile, the slightly dilapidated extension at the rear of the stage will be demolished and a new, slightly larger brick built extension created. This will require a planning application which will be submitted soon. These improvements will ensure that the building continues to provide a useful amenity for local residents for the future.

Did you know that Meeching Hall was once used as a Reading Room for local residents? Reading Rooms

were forerunners of public libraries and adult education colleges and were set up in the nineteenth century to provide lectures and classes as well as reading material and leisure activities. They provided people with somewhere else to go instead of the pub and so also had links with the temperance movement. Later, Meeching Hall was used as a Masonic Hall before being given to Newhaven Urban District Council in 1968. The town council has owned it since 1979.



CAUTION AND COMMON SENSE URGED WHEN VISITING THE SUSSEX CLIFFS

A poster campaign has been launched by local authorities to remind people to stay safe while visiting the famous white chalk Sussex cliffs this summer. You'll see warning posters appearing in many public places, and local businesses are being asked to display the posters in their windows. Safety messages are being shared through social media using the hashtag **#BeCliffAware**.

The summer months always see a significant increase in visitor numbers to this coastline, eager to see and photograph the famous white cliffs and enjoy the fabulous coastal paths. At many locations there are overhangs or faults in the cliffs that cannot be seen from the cliff tops. The soft chalk rock breaks easily and cliff falls can occur at any time.

People are being urged to keep away from the cliff edge and the base of cliffs when on the beach. If you see anyone in danger, or witness someone who has fallen, call 999 immediately and ask for the Coastguard.

For more information on how to have a safe day out at the coast visit coastguardsafety.campaign.gov.uk.

What's On.

Every day

Newhaven Bowling Club open every day for home matches and roll ups. New and experienced players welcome to play. Contact us on 07401 663519 or look us up at www.newhavenbowlingclub.weebly.com. We are also on Facebook & Twitter.

Every day

Denton Island Indoor Bowls Club open 9.00am – 6.00pm Monday to Friday; 9.00am – 12.30pm Saturday and Sunday. Free trials anytime, phone reception on 01273 514664 or just call in. See us on Facebook or website www.dentonislandbowls.co.uk We have great facilities with bar available for weddings, parties etc. with plenty of free parking.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10.00am – 12.00noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side conservation work and litter clearance morning. If you would like to join us and become a Tide Mills guardian, you will be made most welcome. Meet 10.00am at beach end of the old Tide Mills village road. Contact Jim Skinner for more info: brianjimskinner@gmail.com.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club 12.30 – 2.30pm. Further details and booking, contact John 01273 514377. Great food, great company.

Every Monday

Pilates 9.30am and 10.45am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11.00am - 2.00pm Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Eddie 07771 175707 for more details.

Every Monday

Denton Island Indoor Bowls Club. Gentle exercise class with teacher Territa. 12.00 midday to 1pm. £3.50 per session, just turn up and pay. Or phone 01273 514664 for further details.

Every Monday

Drop-in 11.00am – 2.00pm at Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Monday

Improvers Bridge group at Denton Island Indoor Bowls Club, 2.00pm. Call 01273 514664 for more information.

Every Monday

Yoga with Jo 7.30 - 9.00pm at Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Monday

Newhaven And Seaford Sea Cadets Seniors (aged 12-18) parade at 80 Chapel Street, Newhaven BN9 9QD, 6.45pm – 9.00pm. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Contact 01273 655442 or email admin@tsdefiance.com

Every Monday (term time)

3rd Newhaven Scouts 7.00 - 8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Bob Evans 01273 516018.

Every Monday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm – 10.00pm. New members always welcome. Contact Tony on 01323 896813 for more info.

2nd and 4th Tuesday every month

Denton Women's Fellowship meets in Denton Church Hall, Heighton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. Find out more on our website growingtogethernewhaven.org.

Every Tuesday (term time)

60+ Yoga 10.00 – 11.30am in fully equipped studio. To book call Janet on 01273 512306. www.samtosha4u.com.

Every Tuesday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Beginners welcome. Call 01273 514664 for more info.

Every Tuesday

Drop-in 11.00am – 2.00pm. Knit & Natter 1.30pm - 3.30pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Tuesday

Computer Buddies at Newhaven Library for help using computers. 10.00am – 12.00pm. By appointment only Tel 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Tuesday

Pilates 7pm and Hatha Yoga 8pm at Denton Island Community Centre. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

Pilates 9.30am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Wednesday

The Havens Day Centre, Age UK East Sussex in Newhaven Age Concern Club, West Quay. 10.00am - 3.00pm or half days. A warm supportive social environment for older people who need a little help to enjoy their day. Clients with dementia welcomed. Please contact Nicola on 07850 987131.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10.00am – 1.00pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771 175707.

Every Wednesday

Extend Exercise for Seniors. We welcome new members to try this fun-to-do class for older people and those with disability or injuries. Helps improve suppleness, strength, stamina and balance. Seated options, friendly chat and nice music. St Leonard's Church Hall, Denton 2.00- 3.00pm. Cost £4.00. Contact Sandria Reese 01273 514152.

Every Wednesday

Denton Island Indoor Bowls Club Line Dance lessons with teacher Territa. 7.00pm - 8.30pm. £3.50 per session. Just turn up and pay or phone 01273 514664 for more details.

Every Wednesday

Drop-in 10.30am – 1.30pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Wednesday

Denton Table Tennis Club meets every Wednesday evening 7.00pm – 9.00pm at Denton Church Hall, Heighton Road, Denton. Newcomers welcome. Contact Rosemary 01273 611384.

Wednesdays fortnightly

Nukehaven - we are a fun and informal ukulele group for all abilities - other instruments welcome - that meet fortnightly on a Wednesday from 7.00pm at the Hillcrest Centre. All are welcome.

1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8.00pm. All welcome. Tel 01273 514258.

3rd Thursday every month

Meeching WI meets at Meeching Hall at 9.45am. Visitors/new members welcome. Tel: 01273 517053 for more details.

3rd Thursday every month

Newhaven Gardening Society meet at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non-members always welcome. £2 including tea and biscuits. Contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.

Every Thursday

Yin Yoga 9.30am at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Thursday (term time)

Mixed Ability Yoga 10.00 – 11.30am in fully equipped studio. To book call Janet on 01273 512306. <http://www.samtosha4u.com>.

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10.00am – 12.00noon. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday

Drop-in 12.00pm – 3.00pm. AA group 7.00 – 8.00pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Thursday

Denton Island Indoor Bowls Club. New Yoga class 10am to 11.30am. £3 per session, just turn up and pay or phone 01273 514664 for more details.

Every Thursday

Free rhyme time at Newhaven Library for babies, toddlers and their parents or carers. 10.30am – 11.00am. No need to book, just turn up and enjoy singing stories and playing musical instruments. 0345 60 80 196 eastsussex.gov.uk/libraries.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Seahaven Yoga – Yoga with Abi Doyle. Yoga suitable for all levels of experience, including beginners. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane, Newhaven, 6.00pm - 7.30pm. Tel: 07704 435172; email: doyleabi9@gmail.com

Every Thursday

Yoga with Jo 7.30pm - 9.00pm Harbour Primary (Church Hill). Please contact Sevanti on 07957 336718, sevanti@being-in-unity.com.

Every Thursday

Force Basketball Session for Adults at Seahaven Academy from 7.30pm to 9pm. £5. Turn up and play. Also many sessions for children and young people in association with Wave Leisure – for details go to www.forcebasketball.co.uk.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00pm - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30pm – 8.00pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Bob Evans 01273 516018.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9.00am – 2.00pm (weather permitting).

Every other Thursday

Art club and crafts at Newhaven Day Club, West Quay from 1.30pm - 3.30pm. Call or contact Diane (BA {Hons} Fine Art Painting from the University Of Brighton - voluntary tutor for over 10 years.) 01273 515957 or mobile 07933 235802.

Every Friday

11.30am Hatha Flow Yoga at Haven Studio, Western Road. For more info and to book call Zara 07532 418542 or email zarano1@msn.com.

Every Friday

Health walk 10.00am, followed by quiz 11.00am - 12 noon. Drop-in session 11.00am – 2.00pm. Craft group 1.30pm – 3.30pm. Narcotics Anonymous 8.00pm – 9.00pm. Newhaven Wellbeing Centre, Summerhayes, Marshall Lane. Tel 01273 517641 for more details.

Every Friday

Bridge group at Denton Island Bowls Club, 10.30am – 12.30pm. Call 01273 514664 for more info.

Every Friday

Denton Table Tennis Club 10.00am – 12.00 noon, Denton Church Hall, Heighton Road, Denton. Newcomers welcome. Contact Rosemary 01273 611384.

Every Friday

2nd Denton & South Heighton Beaver Scout Group age 6-8 years, meet 5.00pm at St Leonard's Church Hall, Denton. Followed by 2nd Denton & South Heighton "Ralph Reader's Own" Cub Scout Group age 8-11 years at 7.00pm. Tel: Jane Jarvis 01273 514467.

Every Friday

2nd Denton & South Heighton Scout Group meet 8.00pm - 9.30pm at St Leonards Church Hall, Denton. Contact: Jane Jarvis 01273 514467.

Every Friday

Newhaven And Seaford Sea Cadets meet at 80 Chapel Street, Newhaven BN9 9QD. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Seniors (aged 12-18) parade on Mondays and Fridays. Juniors (aged 10-11) parade Fridays. 6.45pm – 9.00pm. Contact 01273 655442 or email admin@tsdefiance.com.

Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. Call 07759 243207 for more details.

1st Saturday every month

Denton Island Indoor Bowls Club open 10am to 12 midday for free bowls tuition. Call in for a free trial or phone 01273 514664 for more information.

Every Saturday

Newhaven Bowling Club Junior Bowls Club 10am – 11.30am. Adult try it out sessions 11.45am until lunch. Learn the game, skills and practice in a friendly atmosphere. Qualified coach and members on hand to help all learn and improve their game. Contact the club on 07401 663519 for more information.

NEWHAVEN DAY CLUB

West Quay, Newhaven BN9 9BP
(north east corner of West Quay car park).

An opportunity to meet old friends or make new ones. Membership is £12 per year. Activities include snooker, darts, cards and dominoes. The hall, which will seat up to 60 people, is available for hire. Call in or phone 01273 512708, or call Tony on 01273 513189.

Monday

Bingo starting at 1.30pm, alternate Mondays.

Tuesday

10am – 12 noon open for tea and coffee. Pet racing (stuffed animals) or quiz with cream tea one afternoon per month from 1.15pm.

Thursday

10.00am – 12.00 noon open for tea and coffee. 1.15pm hoy (card game) or art.

Friday

Open from 10.00am for tea and coffee with dinner at 12.30pm (£4). Bingo in the afternoon once a month.

NEWHAVEN CHURCHES

Baptist Church, Church Hill

Every Sunday 10.30am Sunday Service

Sacred Heart, Fort Road

Every Saturday 4.30pm Reconciliation

5.00pm Mass

Every Sunday 9.00am Mass

Every Wednesday 10.00am Mass

Elim Church, Meeching Rise

Every Sunday 5.00pm Service

St. Michael's, Church Hill - Tel. 01273 515251

1st, 3rd, 5th Sundays 10.00am Holy Communion & Junior Church

2nd & 4th Sundays 8.30am Holy Communion
10.00am Informal Service

Every Tuesday 11.00am - 1.00pm 'Open Door'.

A chance for people who would like a quiet place to pray, or reflect, or just to find a bit of peace and quiet in this busy world we live in. Any enquiries, phone Alex 07886 187966.

Denton Church, Highton Road

Every Sunday 10.00 am Service for all ages
with Sunday Club

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at
Paradise Park, Avis Road BN9 0DH.

From April to October the museum is open from 11.00am to 4.00pm on Tuesdays, Wednesdays, Fridays and Saturdays. Admission £3, FREE to members, accompanied children under 16, required carers and Paradise Park badge wearers.

Check www.newhavenhistoricalsociety.org.uk for opening times variations. Contact 01273 517603 or email willpifold@hotmail.co.uk for group bookings and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities and short courses. Many short courses run throughout the year, so please see the noticeboard in reception or our Facebook page for more details.

Every Monday

Qigong & Tai Chi 9.30am – 10.30am; Wu Style Tai Chi 10.30am – 11.30am; Newhaven Woodcarving Club 10.00am – 3.30pm; Drawing and painting workshop 10.00am – 12.00 noon; Knit 'n' Natter 2.00 – 4.00pm Room 4 – needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6.00pm – 7.00pm; Seniors boxing club 7.00 – 8.15pm; Haven Harmonies Choir 7.00pm – 9.00pm. Email havenharmoniescommunitychoir@gmail.com for more details. www.havenharmonies.wordpress.com.

Every Tuesday

Newhaven Additional Needs Group 10.00am – 12.00 noon (fortnightly); Musical Moments dementia choir 11am – 12 noon; U3A Art Class 2.00pm – 4.00pm; Step in time, street dance classes 3.45 - 4.15pm for preschool (3+) 4.15 - 5pm for 4-7 years, 5 - 5.45pm for 8+ years; Weight Watchers 5.45pm – 7.45pm; Guesthouse Storytellers (2nd Tuesday of month) 7.30pm - 9.30pm; Master Boxing Keep Fit 6.00pm – 7.00pm; Barefoot Boogaloo (4th Tuesday of month) 7.30pm – 9.30pm.

Every Wednesday

Life Drawing Class 10.30am – 1.00pm; Art Class 1.30pm - 3.30pm; Drama group 3.30 – 4.30pm; Disco/freestyle dance class (age 2 upwards) 5.00pm – 7.00pm; Boxing Club – Juniors 6.00pm – 7.00pm; Ladies Box Keep Fit 7.00pm – 8.00pm; Red Cross (every 2 weeks) 7.00pm – 9.00pm; Nukehaven Ukelele Group 7.00pm – 10.00pm (every 2 weeks).

Every Thursday

Country Market 9.45am – 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10.00am – 3.30pm; Diddi Dance (children) 10.00am – 11.00am; Novel Group 10.00am – 4.00pm (once a month) contact Umi Sinha 01273 611490 to book. Sculpture Workshop 10.00am – 4.00pm, contact Silvia Macrae Brown 01323 422137. Start Art & Smart Art (children & young adults) 4.45pm - 8.45pm; Masters boxing keep fit 6.00pm – 7.00pm; Hillcrest Boxing Club Seniors Men 7.00pm - 8.30pm; Line dancing 7.30pm – 9.00pm.

Every Friday

Creative Writing Class 10.00am – 12.30pm. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk. Into Art 10.00am – 12.00 noon. Disco/freestyle dance class (age 2 upwards) 3.30pm – 6.15pm; Ballroom dancing 6.30pm – 9.00pm.

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances 2.00pm – 4.30pm. £6 per person including tea and biscuits. (First visit £1.50) For more info, call Fred Weston on 01323 898813.

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064

Email: newhaven.lewesmencap@btconnect.com

Website: www.newhavenmencap.org.uk

Telephone: 01273 517345

Our home is Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP.

Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.

Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use, or for private functions. (Please phone the above number for more information).

NEWHAVEN TENNIS CLUB

The Club offers the following sessions and activities to its members and non-members (who are considering becoming members). Please contact Bob 01273 512162 for all details or email: mailrkjackson@yahoo.co.uk.

Come along to our Open Day on 1st July from 10am – 2pm, all equipment provided.

Every Monday

Junior coaching sessions 5.30-6.30pm (age group 4 -14 yrs old).

Every Wednesday

Club sessions for adults 6.00pm onwards. Members & non-members welcome.

Every Saturday

9.00am Junior coaching sessions. 10.00am Mini-tennis coaching sessions. 10.45am – 12.45pm further junior coaching. 1.00pm – 5.00pm adult club sessions.

Every Sunday

10.00am – 12.00pm mix of adult and junior coaching. For all coaching lessons, please check on availability.

Every day

Club members can use the courts anytime during daylight hours.

SHAKESPEARE HALL

Run by Wave Leisure Trust Limited.

We offer a range of exercise classes and hall hire at competitive rates, as well as children's birthday parties and function hire.

Please contact 01273 510784 or visit www.waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School Club for 3 -17 year olds 3pm – 6pm 1st -20th July; restarts 4th September, when schools re-open.

Holiday Playscheme for 3-17 year olds 8am – 6pm 23rd July – 31st August 3rd and 4th September (school inset days) subject to demand.

Play Out 2pm – 4pm Monday to Friday in Fort Road recreation ground during school summer holiday except 27/8/18 (bank holiday).

Family Fun Day to celebrate NIPPERS 45th birthday 1pm – 4pm 24th August in Fort Road recreation ground.

Monday

Dumbell Sculpt 6.00 – 6.45pm. Boxing H.I.I.T. 6.45 – 7.30pm

Tuesday

Take Heart Cardiovascular Exercise class 10.00am – 11.00am. Keep and stay fit with accredited fitness trainer in a supportive environment. £15 annual membership and £5 per class. Further details Richard Stantiford 07786 001771.

Strength and Balance Class 11.00am – 12.00pm. Body Conditioning 6.30pm – 7.30pm. Boxercise & Kick Boxing 7.30pm – 8.30pm.

Wednesday

Baby Bounce 10.00am – 12.00pm, have fun with our bouncy castle and toys. Tea/coffee included (Unsupervised) £2.00 per family 0 - 5 years.

Thursday

Parent and baby group 10.00am – 11.00am. Take Heart Cardiovascular Exercise class 11.00am – 12.00pm.

Newhaven Youth for Christ Youth Club for 11-18 year olds 7.00pm - 8.45pm every week during term time. Crafts, sports, tuck shop, talk about issues which affect young people. Tel Sara Alexander 07763 333998 for details.

SUSSEX COMMUNITY DEVELOPMENT ASSOCIATION (SCDA) DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Free Cooking Skills Classes

Learn basic cooking skills through the making of delicious meals in our Community Kitchen! Every session 10.30am – 1.00pm. Tuesdays 10th July, 7th August, 18th September.

Grub Club

Come and learn to cook some tasty dishes with a friendly team of volunteers. Meals are given to community members in need. Every other Thursday morning. Open to everyone. English-learners welcome. 12th July, 26th July, 9.30am – 12.00pm. Call for more details 01273 519 149.

Active 10 – Walk your way to health

Build exercise into your day. 10 brisk minutes of walking every day benefits your health, mood and energy.

Friday mornings, 9:45am, Central Newhaven. Ongoing. Call us for more information.

Couch to 5K

A gentle 9 week programme to help you start running, finishing with local parkrun. Running is excellent for your health and mood. We hope to start a new course soon. Contact us for more information 01273 519 149.

Health Springboard

Do you have any goals for your health and wellbeing? Such as fitting more exercise into your day, eating healthier, doing something positive for you... SCDA Health & Wellbeing team are offering 10 people free one-to-one support to help you achieve your goals. Contact us for more information.

Open Spaces

Walks and activities are planned for July so why not sign up to the mailing list.

If you would like to be added to our mailing list, please drop us an email at: healthylifestyles@sussexcommunity.org.uk or call us on: 01273 516032.

Please visit our Facebook page: www.facebook.com/SCDAHealthandWellbeing.

Walking Football

Age 50+, All genders welcome. Every Monday evening at Newhaven FC, Fort Road, Newhaven, BN9 9DA.

Please call 01273 519 149 for more information.

SCDA Youth Clubs/Services

Course	Day	Time	Venue
Youth Club (8-12 yrs) 50p to attend	Mon	5.00pm – 7.00pm Every Week	Lewes Road Hut, Newhaven
Youth Club (13 yrs +) Free	Wed	7.00pm – 9.00pm Every Week	Lewes Road Hut, Newhaven
Platform 9 - Free advice & guidance drop-in service with 1 to 1 conversations (11-18 yrs)	Wed	4pm - 6pm Term time only	Denton Island Community Centre
Youth Club (11-16yrs) 50p to attend	Fri	7.00pm – 9.00pm Every Week	Denton Social Centre

Please email youth@sussexcommunity.org.uk for further information.

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday - Sunday. Telephone 01273 512498 for more details.

Seniors' Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday. (Please note: no Seniors' Class on Bank Holiday Mondays).

Water Aerobics 12.00 noon – 1.00pm Monday, Thursday and Friday.

Ladies only swim session 1.30pm – 2.30pm every Tuesday (term-time).

Deep Water Aqua Sessions 8.15pm – 9.15pm every Tuesday.

Adults only lane fitness swim 7.00pm – 9.00pm Tuesday and Thursday.

Therapeutic swim 2.30pm – 3.30pm every Wednesday (term-time).

Aqua Zumba 7.15 – 8.15pm every Wednesday.

Adults only twilight swim 8.00pm – 9.45pm every Friday.

Super Splash Inflatable 11.00am – 12.30pm Saturdays and 1.00pm – 2.30pm Sundays.

School Holiday Activities for Children and Young People

Running between 2.00pm – 3.45pm, Monday – Friday. Please refer to Holiday Programme for session details.

STUDIO TEMPO DANCE CENTRE

Venues around Newhaven. Please phone Margaret 01273 476565.

Ballroom and Latin classes every Friday at the Hillcrest Centre

Beginners 6.45pm, Improvers 7.30pm, everyone welcome.

EARLY COMMUNICATION SUPPORT

Do you have concerns around your child/children's speech, language and communication development? Early Communication Support Workers are a team of dedicated professionals that support children's speech, language and communication development.

For further information or to book a 1:1 please contact Sarah Burton-Worthy on 07920 700447 or email Sarah on Sarah.burton-worthy@eastsussex.gov.uk.

JULY

- 1st Newhaven Tennis Club Play Tennis Open Day 10.00am - 2.00pm at the club in Court Farm Road. All ages welcome. Equipment provided. Come and meet the Coaches.
- 1st Annual Lewes – Newhaven Raft Race starting 3pm from Lewes.
- 5th Newhaven & Peacehaven U3A: 'It won't be alright on the night', a talk by Richard Radcliffe. 2.15pm at the Meridian Centre, Peacehaven. Call Sharon on 01273 589953 (between 9.30am and 5pm only) for more info.
- 7th South Heighton Village Hall's annual summer fete, featuring EarthQuake drummers, Norcross Dancers, Dodgy Dogs display, Scriven Family Martial Arts, traditional children's games, raffle, tombola, and many other stalls and attractions. BBQ and beer tent. 1-4pm at South Heighton recreation ground.
- 7th RNLI Newhaven Lifeboat Summer Fete. Everyone welcome to come along to Ford Road Recreation Ground, Fort Road, Newhaven from 12noon to 4pm and enjoy the Newhaven Lifeboat Summer Fete. Fun in the sun for all the family. Support your local lifeboat – Respect the Water.
- 8th RNLI Newhaven Lifeboat and Coastguard Helicopter Display. Subject to operational requirements, there will be an on water display just off Seaford Beach, Seaford Bay from 10.00am (approx.) until 11.30am. Everyone welcome to come along to see the lifeboat in action! Live commentary will be provided for your enjoyment and thorough appreciation of the work of the volunteer

lifeboat crew. Free to watch - donations on the day will be appreciated. Support your local lifeboat – Respect the Water.

- 8th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 9th South Heighton W.I. "What makes a Super Star" talk by Simon Mott. To be held in South Heighton Village Hall at 2.15pm. Please contact 01323 898921 for further details.
- 10th Denton Women's Fellowship: Normandy & Bruges, an illustrated talk by Mr Hodges. In Denton Church Hall, Heighton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.
- 10th Newhaven & Peacehaven U3A outing to the British Wildlife Centre, Lingfield. Call Sharon on 01273 589953 (between 9.30am and 5pm only) for more info.
- 10th RNLI Newhaven welcome the GuestHouse Storytellers to the Lifeboat House, Riverside, West Quay, Newhaven BN9 9BX from 7pm, with special guest Nell Phoenix, who returns with another mesmerising professional performance! Tickets £10 with an additional £4.50 for a delicious fish and chips supper. Advance booking required for this increasingly popular storytelling evening. Tickets available from the Hillcrest Centre Café or email rnlinewhaven.society@hotmail.co.uk Support your local lifeboat - Respect the Water.
- 18th Illustrated talk by Amanda Scales BEM at Newhaven Fort: The Royal Pavilion as an Indian Hospital. Doors open at 7pm, talk begins 7.15pm. Tickets £6 to include the talk and refreshments, available online at www.newhavenfort.org.uk or by calling the Fort on 01273 517622.
- 19th Meeching WI Ladies Day. 9.45am Meeching Hall, Fort Road. Visitors/new members always welcome. Tel: 01273 517053.
- 19th Newhaven Gardening Society monthly meeting: a talk about the History of the RNLI. At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More information contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.
- 20th Sussex Darkside Ghost Walk: join the ghosts of Newhaven Fort for this theatrical tour and hear stories from the Fort's history as well as those from similar venues around the country. Tickets from £10, available online at www.newhavenfort.org.uk or www.sussexdarkside.co.uk.
- 24th Denton Women's Fellowship: a talk by Paul Giles. In Denton Church Hall, Heighton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.
- 25th Poetry open mic evening at the Hillcrest Centre, 7 – 9pm. Tickets £8, to include refreshment. Email for ticket enquiries: admin@richardwrites.co.uk.
- 25th-28th Music Hall & Variety Spectacular (Great War Edition) at Newhaven Fort with Meeching Amateur Dramatics. Visit www.newhavenfort.org.uk for details.
- 26th Table Tennis Sessions for children in Denton Church Hall 4-6pm. Consent forms available. Phone Rosemary 01273 611384.
- 28th Car Boot Sale at Seahaven Academy 9am – 1pm. For info or to book a pitch email carboot@seahavenacademy.org.uk.

AUGUST

- 2nd Newhaven & Peacehaven U3A: a talk on unexplained mysteries, cover ups and ghosts by Andy Thomas. 10.15am at Newhaven Baptist Church, Church Hill. Call Sharon on 01273 589953 (between 9.30am and 5pm only) for more info.
- 2nd Table Tennis Sessions for children in Denton Church Hall 4-6pm. Consent forms available. Phone Rosemary 01273 611384.
- 4th Newhaven Gardening Society Annual Show at Meeching Hall, Fort Road, 2 – 4pm. Displays of flowers, garden produce, domestic items, handicraft and children's classes. Stalls including raffle, tombola and plants. Refreshments and home-made cakes. Everyone welcome.
- 4th Trench Brothers Interactive Exhibition at Newhaven Fort. A creative response to the hidden stories of ethnic minority soldiers in the First World War, the Trench Brothers exhibition will be available to view at Newhaven Fort from 4th August – 4th November and will be supported by public events throughout the summer. Visit www.newhavenfort.org.uk for details. Normal Fort charges apply.
- 9th Table Tennis Sessions for children in Denton Church Hall 4-6pm. Consent forms available. Phone Rosemary 01273 611384.
- 12th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 12th Dieppe Raid Commemorations at War Memorial Green, South Way, 3.00pm.
- 13th South Highton W.I. Ploughman's Lunch. Please contact 01323 898921 for details.
- 16th Meeching WI Informal Meeting. 9.45am Meeching Hall, Fort Road. Visitors/new members always welcome. Tel: 01273 517053.
- 17th Sussex Darkside Ghost Walk: join the ghosts of Newhaven Fort for this theatrical tour and hear stories from the Fort's history as well as those from similar venues around the country. Tickets from £10, available online at www.newhavenfort.org.uk or www.sussexdarkside.co.uk.
- 17th-31st A Sense of Place - graphic art exhibition (as part of Artwave) at the Hillcrest Centre. Please call Hillcrest to check times 01273 512376.
- 18th-2nd Sep Newhaven Arts Festival. A programme of events including art, music, walks, talks and food. See pages 10-11 for full details.
- 22nd Poetry open mic evening at the Hillcrest Centre, 7 – 9pm. Tickets £8, to include refreshment. Email for ticket enquiries: admin@richardwrites.co.uk.
- 24th NIPPERS Family Fun Day at Fort Road rec, 1.00 – 4.00pm.
- 25th Car Boot Sale at Seahaven Academy 9am – 1pm. For info or to book a pitch email carboot@seahavenacademy.org.uk
- 25th Waterbourne Regatta at Newhaven Marina. See www.ngrc.co.uk for details.
- 9th Sunday Tea Dance at the Hillcrest Community Centre: popular sequence, ballroom, Latin and occasional line dances. 2.00pm – 4.30pm. Admission £6 including tea and biscuits. Good dance floor, good music, excellent sound system, a friendly atmosphere and free parking! Call Fred Weston 01323 898813 for more info. First visit only £1.50!
- 9th Classics on Parade: Southern Classics Society return to fill up the parade ground at Newhaven Fort with an array of classic cars. Normal Fort charges apply, visit www.newhavenfort.org.uk for details.
- 10th South Highton W.I. "A Tribute to Stanley Holloway" talk by Ken Pollock. To be held in South Highton Village Hall at 2.15pm. Please contact 01323 898921 for further details.
- 11th The GuestHouse Storytellers present "The Serpent King's Daughter." Witty, clever, funny, sexy, tragic, and sometimes downright disgusting, each story culminates in a philosophical riddle. 7.30 to 9.30pm at the Hillcrest Centre, Newhaven BN9 9LH. £5/£4 concessions on the door on the night.
- 16th Newhaven Forties: a day of 1940s fun and nostalgia at Newhaven Fort. Music and activities throughout the day. Normal Fort charges apply. www.newhavenfort.org.uk.
- 20th Newhaven Gardening Society monthly meeting: a talk about Gardening by the Sea. At Age Concern Day Club, West Quay, Newhaven BN9 9BP, 7.30pm. Non-members always welcome, cost £2 including tea and biscuits. More information contact Carol Guest-Hilton on 01273 510182 or Joyce on 01273 515610.
- 20th Meeching WI: A talk/demonstration from Peter and Carol Goodman - From Sheep to Knitting Wool. 9.45am Meeching Hall, Fort Road. Visitors/new members always welcome. Tel: 01273 517053.
- 20th-25th RNLI Newhaven Flag Week. Flying the flag for RNLI Newhaven - collections will be taking place at various locations in and around Newhaven. Please be as generous as you can in support of your local lifeboat. Respect the Water.
- 22nd Fort Process – a multidisciplinary music and arts festival at Newhaven Fort, with an extensive programme featuring sitespecific sound installations, international musicians, talks, films, poetry and workshops. Details available at fortprocess.co.uk.
- 25th Denton Women's Fellowship: a musical afternoon. In Denton Church Hall, Highton Road at 2.30pm. New members very welcome. Contact: Ann Saunders 01273 514482, email pip39pip@gmail.com.
- 29th The GuestHouse Storytellers – Storytelling workshop. 10am to 4pm – South Highton Village Hall. Email umisinha.writing@gmail.com for more details.
- 29th Car Boot Sale at Seahaven Academy 9am – 1pm. For info or to book a pitch email carboot@seahavenacademy.org.uk.
- 29th-30th Open Weekend at Denton Indoor Bowls Club. 10am – 1pm. Come and try indoor bowls, free tuition. Book now on 01273 514664 or call in on the day for a free trial. See us on Facebook or website www.dentonislandbowls.co.uk.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE, 01273 516100. www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in October/November/December) is 23rd August 2018 – please contact us if you are organising an event during those months – email nicky.still@newhaventowncouncil.gov.uk. The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.

SEPTEMBER

- 4th Quayside Medical Practice Patient Participation Group Meeting 6.30pm at the surgery. New members always welcome. Please ask at reception for more details.
- 6th Newhaven & Peacehaven U3A AGM at the Meridian Centre, Peacehaven at 2.15pm. Call Sharon on 01273 589953 (between 9.30am and 5pm only) for more info.

A background image of two women in a gym. One woman is standing and high-fiving another woman who is in a plank position. They are both smiling and looking at each other. The gym has various pieces of equipment visible in the background.

NO JOINING FEE*

UNLIMITED...

GYM
SESSIONS

**GROUP
EXERCISE
CLASSES**

SWIMMING

**AT ANY
OF OUR
CENTRES**

**FOR
LESS THAN
£37 PER MONTH**

- ✓ Gym Sessions
- ✓ Fun and Enjoyable Group Exercise Classes
- ✓ Swimming & Aqua Classes at any of our heated pools
- ✓ Advance booking privileges
- ✓ Open 362 days a year!

*Based on a MAX Membership. Terms and Conditions apply.



Find out more online or drop by to see the Wave Team

www.waveleisure.co.uk

Seaford • Lewes • Newhaven • Peacehaven