



Newhaven *Matters*

SUMMER 2015 // Issue N° 06



Welcome to the Summer edition of
Newhaven *Matters*, the free newsletter for Newhaven
residents produced by Newhaven Town Council.



Contact your Local Town Councillor



DENTON WARD:



Simon Barnes
t: 01273 611683
e: southernelectric@btinternet.com



Angela Simmons
t: 01273 515189
e: simmons_gerald@yahoo.co.uk



Charlie Carr
t: 07952 525079
e: loopylucifer@yahoo.co.uk



Gillian Smith
t: 01273 510562
e: gillysmiff@hotmail.co.uk



Diane Hall
t: 01273 515747
e: dhall.47@btinternet.com

MEECHING WARD:



Graham Amy
t: 01273 514942
e: seahavenPR@aol.com



Peter Elms
t: 01273 513755
e: elmspeter615@gmail.com



Paul Boswell
t: 01273 515566
e: sales@meechingstates.co.uk



Darren Grover
t: c/o 01273 516100
e: Darren.grover@gmail.com



Marlene Amy
t: 01273 514942
e: moleamy1947@gmail.com



Laurence Pulling
t: c/o 01273 516100
e: clrlaurencepulling@gmail.com



June Dyer
t: 01273 513899
e: meeching@tiscali.co.uk

VALLEY WARD:



Steve Saunders
t: 01273 513686
e: steve.saunders@lewes.gov.uk



Keith Corbett
t: 01273 514286
e: the2corbett@extra.co.nz



Tony Bradbury
t: 01273 514095
e: Anthony.bradbury3@btopenworld.com



Jo Pettitt
t: c/o 01273 516100
e: jocarwash@hotmail.com



Julie Carr
t: 01273 512785
e: clrljcarr@yahoo.co.uk



Alex Wolfson
t: 07717 274031
e: clrlalexwolfson@gmail.com

CONTACT YOUR LOCAL MP:



Maria Caulfield
t: 0207 2195946
e: maria.caulfield.mp@parliament.uk

TOWN COUNCIL OFFICES:

Open Monday to Friday 9.30am-3.30pm
18 Fort Road, Newhaven, BN9 9QE
t: 01273 516100
e: admin@newhaventowncouncil.gov.uk

If you would like to advertise in future issues of *Newhaven Matters* please contact Nicky Still on 01273 516100 or email nicky.still@newhaventowncouncil.gov.uk

Summer 2015



I was very pleased and honoured to have been voted in as the town's Mayor for the coming year. It is my second time in the role, having been lucky enough to have served as Mayor in 2011/12.

I am looking forward to promoting Newhaven and representing us at functions throughout the year. I will be supported by my partner Sharon, and together we will be raising as much money as we can for our chosen charities for the year - Newhaven Lifeboat and the Community First Responders. I hope you will support the events we put on and help us to support their invaluable work for our community.

I am lucky to have the support of Councillor Paul Boswell as Deputy Mayor and he will be known to many of you as the owner of Meeching Estate Agents, founder of the Maestro Academy Players and former President of the Chamber of Commerce. We will be attending and supporting as many local events as possible and helping to promote the work of the many community groups we have in the town, that selflessly help so many. We look forward to seeing you and if we can help you, please let us know.

Councillor Steve Saunders
Town Mayor of Newhaven

If you have a story you would like included in the next edition, or an event you would like included in the What's On section, please email Nicky Still nicky.still@newhaventowncouncil.gov.uk or phone her on 01273 516100

Contents

| | | | |
|---|----|---|----|
| New look for Bay Vue amenity area | 04 | Newhaven Neighbourhood Plan | 13 |
| LDC Housing Plans | 05 | Youth to Youth | 14 |
| Did you get your no cold calling sticker? | 05 | Newhaven Library now Open | 14 |
| Haven Harmonies | 06 | Useful Information | 15 |
| The Royal Air Force Air Cadets | 06 | East Sussex Young Carers | 16 |
| UTC@harbourside Update | 06 | Lions Club | 16 |
| West Beach | 08 | Cultural bridge from Dieppe to Newhaven ... | 17 |
| RNLI Newhaven | 09 | Lewes to Newhaven Raft Race & Regatta | 18 |
| What is Girlguiding? | 10 | Flood Alleviation Scheme | 19 |
| Old and New Mayor and Councillors | 11 | WWI | 20 |
| Tide Mills | 11 | Commemoration of the Dieppe Raid | 21 |
| Newhaven and Peacehaven U3A | 12 | What's On | 22 |
| Newhaven and Seaford Sailing Club | 12 | | |

NEW LOOK FOR BAY VUE AMENITY AREA

The area of grass next to the Hillcrest Community Centre, which has been closed to the public for some time following problems with the air raid shelters beneath the area, is to receive a complete make over this summer.



Play Wig Wam

The town council has approved plans to create disabled access to the area with new seating and picnic tables, a wigwam and spring rides for small children and improved planting of shrubs and wildflowers.

The plans follow consultation with young people at Seahaven Academy and with the wider public. It is hoped that the area will become an attractive spot for families and people of all ages to relax and meet friends.

It is hoped that some of the work will take place in time for the area to be reopened during the summer, with completion taking place during the Autumn.



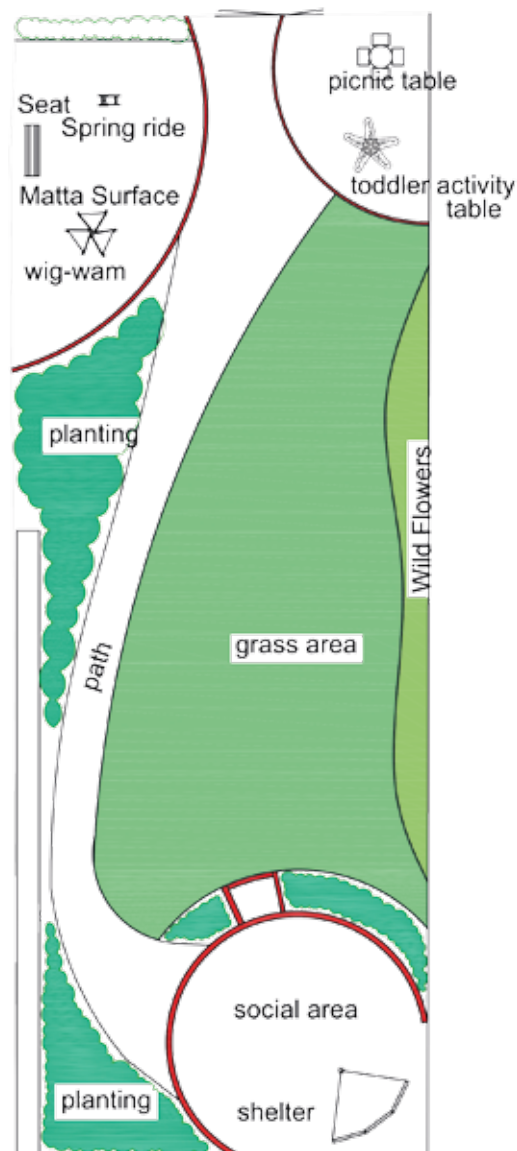
Picnic Table



Starfish Table and Chairs



Spring Ride



Bay Vue Recreation Area



Shelter



LDC Housing Plans

This is an early architect's drawing of what innovative council-owned homes at Robinson Road in Newhaven could look like, as part of wider plans to build much-needed new homes across the district.

Lewes District Council (LDC) has joined forces with Brighton-based Karis Developments, who have brought together a consortium including Southern Housing Group, one of southern England's largest housing associations, and internationally-renowned architects Conran and Partners, to consult on building around 415 homes across the district, at least 40 per cent of which will be affordable.

There will be an on-going consultation with local communities about what they want on a range of sites across the district, which have been identified as being suitable for development.

The exact number of homes that will be built on each of the sites has not been decided at this early stage in the development process and will form part of the consultation.

The proposal is, however, that Robinson Road will be one of the largest developments, with approximately 96 Council-owned homes. LDC also hopes to provide some workspace and commercial space within the Robinson Road development.

The Robinson Road waste and recycling depot will move to a new site in Newhaven in 2016 before construction commences. Staff who might be affected by the depot move have already been informed.

The first set of planning applications will be submitted to Lewes District Council by the end of 2015, followed by a second phase of planning applications going before the South Downs National Park Authority in early 2016. LDC hopes to begin construction on Robinson Road, which will be part of the first phase of applications, in 2016.



DID YOU GET YOUR NO COLD CALLING STICKER?

When the town council agreed to make Newhaven a No Cold Calling Zone last Autumn, we distributed yellow stickers like this to local residents.

The stickers tell you what to do if uninvited salespeople turn up on your doorstep. They are handy to keep by your front door so that you will always know what to do.

The stickers should have been distributed to every local household, but we think that some households didn't get one.

If you didn't get one, and would like one, please call in to the town council offices in Fort Road to collect one – they are free of charge.

Haven Harmonies

Haven Harmonies are a community choir based in Newhaven with about 30 members. They meet most Monday evenings between 7.00 – 9.00 pm at the Hillcrest Centre to practice and socialise. They are a friendly choir and all members have one thing in common, they

love to sing. Their repertoire is mostly modern popular songs with a guitar or piano accompaniment and sung in two or three parts. The choir tries to perform as often as it can for the local community, or to raise funds, and they usually manage to really enjoy themselves in the process.

If you enjoy singing, or think you might, then Haven Harmonies would love to see you so please just drop in on a Monday evening. If you would like to speak with someone first or would like more information give Andy a call on 01273 905290 or Marian on 01273 611068.



Interested in aviation, making new friends and having fun?



The Royal Air Force Air Cadets can offer all of the above plus much more. Join them and you can expect activities such as drill, field craft, flying and gliding, adventure training, band, Duke of Edinburgh award, shooting and sports to name but a few!

If you are aged between 12 years (school year 8) and 17 years old then this could be for you.

Local Squadron info: 1218 (Newhaven) Sqn ATC, Transit Road, Newhaven BN9 0BB. Contact Officer Commanding Flt Lt RAF VR (T) Michelle Sheriff on 01273 513218.

www.aircadets.org



© Carlotta Luke

The roof going on in May

College gets set to open

Students are signing up, staff and governors have been appointed and everything's on course for Newhaven's newest school, UTC@harbourside, to open in September.

More than 100 students from around Sussex will join the new university technical college for 14-18 year olds at the start of term - and they can expect a very different experience from other schools.

They will study a mix of academic and technical subjects and learn through real-life projects and work with employers during a nine-to-five school day. They'll specialise in science, technology, engineering, maths and computing plus skills and aptitudes in demand among employers such as the many marine and environmental businesses in the area.

Employers involved include UTC@harbourside sponsor Veolia, Rampion-wind-farm developers E.ON, Brightwells Dispensers and Havells Sylvania and marine businesses based in the harbour.

The roof is on, the building is being fitted out and the boardwalk at Riverside Quay is ready for use.

Newhaven Summer Sizzler

Saturday 1st August 2015
11.00am to 4.00pm

Fort Road Recreation Ground

- Arena Displays
- Games
- Cooking Demonstrations
- Therapies
- Cycle Rides
- Guided Walks
- Food
- Drink
- Community Stalls
- And much more...



For more details or to book a stall, please telephone 01273 516032
or email ian@sussexcommunity.org.uk



WEST BEACH

The Public Inquiry into the town council's right of way application opened on Tuesday 3rd June. Michael Lowe, the Inspector presiding over the Inquiry, heard three days of evidence from East Sussex County Council, Newhaven Town Council and Newhaven Port and Properties (NPP), before adjourning the Inquiry to allow the lawyers from all sides to prepare their final arguments. The Inquiry will resume on Monday 6th July at 12 noon at Meeching Hall.



The town council submitted this application during the long battle for village green status for the sandy beach when it was discovered that there was no right of way down the steps to the beach.

There is an existing right of way along the promenade to the shingle beach. This right of way is shown on the first ever Definitive Map (official record of rights of way) from 1956 as taking up the full width of the promenade (but not going down the steps). The current version of the Definitive Map just shows it as a thin line on the landward side. The town council has applied for the right of way to be reinstated to the full width of the promenade (in order to gain access to the top of the steps)



and to be extended down to the bottom of the steps.

It is clear that Inspector's decision will be based on complex legal arguments similar to those which came up during the village green process. The result of the village green case has only made those arguments more complicated.

In the meantime, the town council still hopes to re-start negotiations with the French directors of NPP to get the beach re-opened by agreement. There have been elections in France this spring and the Board of Directors now has new members and a new Chairman. As Newhaven Matters goes to press the town council is waiting to hear from France. A video showing how the people of Newhaven feel about the beach being closed has been made to show to the Board of Directors.



RNLI NEWHAVEN

RNLI Newhaven has been actively raising the profile of the Respect the Water campaign in the local area and continuing to raise awareness of the dangers of the water whilst encouraging the enjoyment of its pleasures.



In conjunction with the Respect the Water campaign, triumph over adversity is the term which immediately springs to mind when considering the challenge completed by Danny Alkins and his Baggins Hike team. With the support of a great team, hospitality provided on route at Birling Gap and free camping at Camber Sands, the significant challenge of walking 90 miles from Newhaven's West Beach to Camber Sands and back was completed in just a single weekend. The Baggins Hike team raised an astounding £3715.00 for the benefit of RNLI Newhaven. Danny was inspired to take on his

challenge in response to the volunteer lifeboat crew's efforts in the search for his son Dylan, who tragically lost his life when swept out to sea from the shoreline of West Beach during the storm of October 2013. The Baggins Hike team intend to ensure Dylan's memory lives on by making their fundraising challenge an annual event, with a 'swim hike and bike' being planned for next year.

In order to continue to raise funds, not only for the volunteer lifeboat crew but also for the education team, Newhaven & District Lifeboat Society continues to organise and host a variety of events, including the annual Newhaven Lifeboat Summer Fete on Saturday 4th July from 12noon to 4pm at Huggetts Green, West Quay. This year will see an eclectic mix of stallholders and displays, with the Lifeboat House also open to visitors, making the Summer Fete a truly fun time for all the family. The local community is keen to support its local lifeboat with individuals and businesses providing their time, fabulous raffle prizes and sponsorship.



Approximately 2000 people are expected to enjoy the fete and this is testament to that unerring support. Any fete enquiries should be directed to rnlinewhaven.society@hotmail.co.uk.



We look forward to seeing you there!

What is Girlguiding?

Girlguiding offers girls and young women a space where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and our community. It builds girls' confidence and raises their aspirations, giving them the chance to discover their full potential and encouraging them to develop their life skills.

Within Newhaven and Denton there are two Rainbow units, two Brownie units, one Guide unit and one Senior Section unit which offer opportunities to over 120 girls aged between 5 – 26. They currently have 16 volunteers who run the units to make sure the girls have fun.



If you would like to get involved in the fun please contact Becca or Pam by email at newhavendc@yahoo.co.uk or ring Pam on 07580 492241. For girl enquiries please visit:

www.girlguiding.org.uk/interested



Members say:

"Guides is all about having fun"

"Girlguiding is like one big family"

"Guides is about meeting new people"



20% DISCOUNT*

Eat-in

when you bring this advert

Takeaway

when you spend over £25

*Cannot be used in conjunction with any other offer.

Open 7 days a week 5pm-11pm

01273 513308

01273 611100

Sundays and Thursdays

3 course meal £9.95 (eat in only)

Free home delivery

10% discount for collection

Speak to one of our staff about joining our free VIP membership programme and start saving money and earning rewards today.



www.viceroynewhaven.co.uk

4a, Bridge Street, Newhaven, East Sussex. BN9 9PJ

GOODBYE AND THANK YOU TO OUR OLD MAYOR AND COUNCILLORS, AND WELCOME TO OUR NEW MAYOR AND COUNCILLORS

At the Annual Meeting of Newhaven Town Council held on 19th May, we said goodbye to long serving town councillor, Judith Ost, who has been Town Mayor for the past year. Judith's year as Mayor was the crowning moment of her 16 year career as a town councillor; before being elected to the town council she had served for some years as a district councillor for Newhaven too. For ten of her years as town councillor Judith was Leader of the Council.



Before taking nominations for the new Mayor, Judith presented Sarah Jarvis of Home-Start with a cheque. Home-Start has been the Mayor's charity for 2014-15.

Councillor Steve Saunders was elected as the new Town Mayor for 2015-16 and Councillor Paul Boswell was elected as the Deputy Mayor.

Quite a number of town councillors left the town council at the recent elections,

some of whom had served for four years and some of whom had served for very much longer. We would like to thank them all very much for their hard work on behalf of the community.

Eleven of the 18 councillors elected on 7th May are new to the town council and the political balance of the council has changed slightly with the election of 2 UKIP members and 1 Conservative in addition to the 15 Liberal Democrats. We look forward to working with all our new councillors for the next four years.



Tide Mills

This mysterious but precious place

Tide Mills is the last major open space to the sea west of Seaford for many miles.

With the aim of raising appreciation of the area, the



Friends of Tide Mills group was started in April 2005. Initially with around six dedicated members, each monthly meeting now averages nearer to twenty.

The Friends undertake litter clearance, install bird nesting signs and general site monitoring. In the future it is hoped that environmental improvement tasks will also be undertaken.

The Friends thank all visitors who take home not just their own litter but other items as well. They have very positive support from Newhaven Port and Properties and the South Downs National Park Authority.

What of the future? Are there any major threats?

The Newhaven end of the site possibly will be developed as port expansion - the intention is that any reduction in open space will be minimised. The Friends are very much locked into this debate moving forward.

If you would like to take a more direct involvement in Tide Mills the Friends would be delighted to see you at one of its monthly meetings.

You can find more about them by visiting www.friendsoftidemills.webs.com

Newhaven and Peacehaven U3A

The University of the Third Age (U3A) enables older people to share their skills and abilities and learn from one another, whilst having fun at the same time.

The local U3A is a great organisation to join, whether or not you are alone - very friendly, with lots of things to do.



Members go out on coach tours to places of interest, or to see shows in Brighton. There are walks, reading classes, discussion groups, art classes, photography, meditation, the list is endless! A whist group, rummikubs and scrabble keep brains active and there are organised lunches during the week and on Sundays. There is also legal advice, which members find a very useful addition.

Each month there is a speaker on a subject of interest, which is often followed up by a visit – for example, the group recently had a talk on Newhaven Fort



and then went to visit. Coming up in July is a talk on Lewes Castle and in September a trip to Epsom races. With so much to see and do, and an annual fee of just £14, why not join them? For more information call 01273 589953.

NEWHAVEN AND SEAFORD SAILING CLUB

You may have seen members of NSSC sailing dinghies in Seaford Bay and thought how appealing it looks. NSSC is possibly unique amongst sailing clubs in the UK since they have an inland lake at Piddinghoe, a beach launching at Seaford and larger boats which sail out of Newhaven Harbour.

They operate a sailing school at Piddinghoe and offer courses and taster sessions in sailing and power boating. There is a very active Cadet section for 6-18 year olds, a popular Women on the Water evening and at the weekends there are families enjoying sailing at Piddinghoe for fun.

Racing takes place in Seaford Bay on a Wednesday evening and Sunday mornings in the summer and at Piddinghoe on Sundays through the winter.

The clubhouse at Seaford is open to the public as a popular



cafe during the week and to members on club days. It aims to be a family friendly club – they have an active social section with regular events at the Seaford Clubhouse.

If you would like to know more about the club you can find out more by visiting the club website www.nssc.org.uk/cms



or see them on Facebook www.facebook.com/NewhavenSeafordSailingClub or drop into the clubhouse on a Sunday or Wednesday and talk to somebody.



Newhaven Neighbourhood Plan

Newhaven Town Council's Neighbourhood Plan is progressing well, with a residents' group meeting regularly to help feed in local opinion to the content of the plan. The group is currently looking at the sort of policies they would like to see in the plan and these will include where new development will go in Newhaven and the type of development it must be.

The last edition of Newhaven Matters published in the spring, included a survey to give all residents the chance to let us know what they thought of the Town Centre and ideas on what could make it better!

Just over half of the respondents supported the idea of a one-way traffic system through the High Street and about two thirds supported the idea of allowing community buses to drive along the High Street.

Later on in the year, the draft Neighbourhood Plan will be published and you will have an opportunity to tell us what you think of it and if you would like to see changes.

Then next year, as a resident of Newhaven you will have the opportunity to vote at a referendum on whether the Neighbourhood Plan is adopted or not. If more than half of the people that vote say 'yes' to its adoption, the plan will be used by Lewes District Council when making planning decisions for the local area. It really is 'Power to the People'!

If you would like more information on the Neighbourhood Plan or find out how you can get involved then contact the Town Council offices: Susie Mullins on 01273 516100 www.newhaventowncouncil.gov.uk/neighbourhood-plan

We had 127 responses with the majority of people wanting:

- free car parking in the town centre
- more trees and landscaping
- an improvement to the historic buildings
- the provision of seating; and
- improved street cleaning.

www.youthto youth.co.uk

A new online counselling service for young people

An exciting new initiative has just been launched which will enable young people in the town to seek confidential help and advice online from other young people. The young people providing the help and advice will have the full support of a qualified adult counsellor and youth workers.



Young people can contact the service for help with anything that is worrying them, no matter how big or small. They will receive a response within a week.

This project was the brainchild of Charlotte Crookston, Young Mayor of Newhaven from 2011 to 2013. Charlotte felt very strongly that young people needed somewhere other than school or parents to turn to when they were in trouble or needed advice. Young people can ask for help anonymously and in complete confidence, knowing that they are talking to another young person who will not judge them and who understands how it feels to be a young person.



The new service is a joint project between Newhaven Town Council, which has provided the funding and SCDA which is delivering the service.

More books

More PCs

More films

Free Wi-Fi

New Newhaven Library
OPEN NOW!

36-38 High Street | Mon, Tue, Thur, Fri, Sat | 9.30am to 4.30pm

eastsussex.gov.uk/newnewhavenlibrary



USEFUL INFORMATION

| | |
|--|--|
| Emergency calls to Fire, Police, Ambulance and Coastguard | 999 |
| Police Non-Emergency | 101 |
| www.sussex.police.uk | |
| Home Fire Safety check (Fire Service) | 0800 177 7069 |
| mail@homefire.safetyvisits.esfrs.org | |
| Lewes District Council | 01273 471600 |
| www.lewes.gov.uk | |
| Household Waste | 0345 60 80 194 |
| Fly Tipping | 01273 484999 |
| Environmental Health | 01273 484354 |
| www.lewes.gov.uk/environment | |
| East Sussex County Council | 345 60 80 190 |
| www.eastsussex.gov.uk | |
| Trading Standards - helpline | 03454 04 05 06 |
| Street Lighting | 0345 60 80 193 |
| Citizens Advice Bureau (for an appointment) | 01273 512753 |
| Library Renewals | 0345 60 80 195 |
| Library Enquiries | 0345 60 80 196 |
| Newhaven Job Centre | 0345 604 3719 |
| Doctors Quayside Medical Practice | 01273 615000 |
| Doctors Chapel Street | 01273 517000 |
| Chapel Street Chemist | 01273 514144 |
| Newhaven Pharmacy, High St | 01273 514120 |
| Newhaven Rehabilitation Centre (For all enquiries) | 01273 511800 |
| Mental Health team | 01273 616440 |
| Podiatry | 01273 513441 |
| Newhaven Cabs | 01273 611116 / 01273 510051 |
| Coastline Cabs | 01273 512222 |
| Telephone Preference Service (unsolicited phone calls) | 0845 07 007 07 |
| South East Water (to report a leak) | 0800 028 3399 |
| Crimestoppers | 0800 555 111 |
| www.crimestoppers-uk.org | |
| Immobolise (Property Register) | www.immobolise.com |
| Talk to Frank (Drugs Line) | www.talktofrank.com |
| Home Office | www.homeoffice.gov.uk |
| Animal Cruelty RSPCA | www.rspca.org.uk |

Sound like you?

If you know a child who is helping Mum due to her MS, supporting Dad with his depression, Gran with her dementia or brother due to his ASD, then that child could be a Young Carer.

Often people think of Young Carers as helping out practically such as pushing a wheelchair, or fetching things for someone, but it can be emotional support too, for example when someone needs space or to talk through their anxiety or depression.

East Sussex Young Carers provides regular clubs, school

support groups, activities, 1:1 support, information and advocacy for Young Carers living in East Sussex.

Recent activities have included photography workshops, pizza making, music and games.

If you think that you may know a Young Carer please get in touch. We can provide leaflets and information for a friend, or a referral form if the Young Carer is in your family.

East Sussex Young Carers has a fantastic team of volunteers supporting the clubs and activities. If you would like to join and can offer 2hrs a week please contact the Hub. Other volunteers help with fundraising and publicity on a flexible basis.

Please contact the East Sussex Young Carers Hub on



0300 777 2011 or email info@eastsussexyoungcarers.org.uk for more information.



Newhaven, Peacehaven and Seaford Lions Club



The local Lions club is part of Lions Clubs International, a worldwide organisation. Members have

Locally, the Lions have helped Newhaven Cricket Club's youth section, who received a bowling machine to help with the youngsters' training. Their adopted youth club, Rock Solid of Newhaven, attended a District organised event where they were awarded certificates for completing various activities.

So what have the Lions been doing to raise money? Recent events include:

- A fun 'It's a Knockout' event for people with disabilities.
- An Easter Egg raffle in the pubs around Seahaven, in aid of Newhaven's Coastwatch.
- A book sale at Paradise Park.


Why not go along and support the Lions at one of the local Donkey Derbies this summer:



- Peacehaven Donkey Derby on Sunday 12 July 2015. Jockeys are needed for this event – look at the website if you would like to ride.
- Seaford Donkey Derby on Monday 31 August 2015.

If you are interested in the Lions and the work they do give them a call on 0845 833 5981 or look at their website www.npslions.co.uk.

a common aim - of helping the less fortunate in society. They raise money for local, national and international projects and in the past year have made grants and donations of over £12000, mostly in our Seahaven area.



Unexpected Monuments by David de Beyter

A cultural bridge from Dieppe to Newhaven

In 2014 the diep festival, hosted each summer since 2010 in Dieppe, extended to Newhaven and developed into the diep~haven festival. The festival includes art that explores the region's strong maritime territory and great history. It creates a route between different exhibitions and events during the summer from Hastings to Newhaven and Brighton and across the channel to Dieppe.

The theme for this year's festival is New World. This originates from the explorers of the 17th century who left Europe, some of them from the port of Dieppe, to look for unknown and new places: an imagined heaven on earth.

The diep~haven festival brings a rich programme of contemporary art, music, performances, films and workshops to the area around Newhaven. It all starts on the 5th July with a festival launch at Newhaven Fort. An exhibition *So Far, So Close* is being held at the Fort from 5th July to 9th August. For the latest news and to find out more about the events

programme and more details about the different exhibitions visit www.diephaven.org.

If you're in Dieppe this summer, why not visit the exhibition *Ici là-bas* at the Centre Jean Renoir in Dieppe from 8th July to 9th August. It will show the results from 6 artists' residences that took place in both Dieppe and Newhaven during 2014.



Guam by Maxime Bondu



Lewes to Newhaven Raft Race & Regatta

The annual charity raft race from Lewes to Newhaven will take place on Sunday 19th July and will pass through the centre of Lewes town for the first time in its 40-year history. Lewes Round Table has joined forces with Lewes Rowing Club this year to lay on a special regatta – the first event of its kind Lewes has seen in more than 100 years.

Rowing club members will launch as many of their boats as they can get on the water and sail up through town with flags and sirens announcing the start of festivities. Then there will be a series of canoe and kayak races for people to cheer on, and finally the rafts will set off from Wiley's Bridge near Tesco and make their way down the Ouse to Newhaven – all decked out in Seventies costumes to mark the 40th anniversary.

Organisers have deliberately chosen a date before the schools break up for summer

so as many families as possible can see the spectacle. You can watch from anywhere along the river bank, but good vantage points are Denton Island, Southease bridge and Newhaven swing bridge. Full details will be published nearer the time, and updates will be carried on the clubs' websites and Facebook page. Why not pack up a picnic and come and cheer the teams on to the finish at Newhaven Marina.

Each raft is sponsored so can raise money for any cause the racers choose. If you have often thought about entering, but

have never quite got around to it, why not get a team together from your company, club or organisation this year and either give your funds a boost or help your chosen cause? For further details and an application form, go to www.lewes-and-district.rounhtable.co.uk or contact Matt Craig on 01273 813093 or lewesrafttrace@gmail.com. To get updates on the regatta or learn more about boating on the Ouse, go to the rowing club website: lewesrowingclub.co.uk.

Newhaven Flood Alleviation Scheme

Working together to reduce flood risk in Newhaven

The Environment Agency and Lewes District Council, with support from Local Enterprise Partnerships, are working together to reduce flood risk to homes and businesses in Newhaven by developing a flood alleviation scheme throughout the town.

In May 2015 contractors started ground investigation works to help the EA better understand the ground conditions where defences will be built. This has involved drilling boreholes and digging small excavations at locations along both river banks in the town, to help them decide which of the outline options may be best.

The next stage is to then agree the preferred design options for the scheme during summer 2015. They will speak with those residents and businesses that may be directly affected by the proposals before finalising any designs.

The plan is to start building the scheme in 2016 and complete it in 2019.

If you would like any further information on the project please contact the Newhaven Flood Alleviation Scheme project team by email at newhavenfas@environment-agency.gov.uk or call 03708 506506.



La Baguette Shop

For freshly baked genuine French Bread, continental and traditional sweet and savoury pastries, delicious home-made soup and snacks

...

Hot and cold drinks

...

All to eat in or take away

...

Open Monday to Saturday

31 High Street Newhaven,
01273 516129

Struggling to balance your books?



Contact Tasker Osman & Co on 01273 512749 to arrange a **FREE** no obligation meeting with one of our team to see how we can help



Tasker Osman & Co.
Financial Accountants

Partners: Les Tasker FFA, FAIA, FFTA, Kevin Osman FFA, FAIA, FFTA

Website: www.taskerosman.co.uk
Phone: 01273 512749
Email: jon@taskerosman.co.uk
Address: 10 South Way, Newhaven
East Sussex, BN9 9LL

Newhaven's First World War

We continue to look at what was happening in Newhaven at the outbreak of the First World War.

July 1915

Public House Restrictions at Newhaven

Newhaven becomes one of the first towns in the country to be affected by the Defence of the Realm (Liquor Control) Regulations 1915. As a result, licensing hours are introduced and spirits can be watered down. It is no longer possible to buy alcohol on credit and it becomes an offence to treat or be treated to intoxicating liquor, except with a meal. The regulations were introduced to promote "an increase in the efficiency of labour and the successful prosecution of the war." *Central Control Board (Liquor Traffic)*.



Sooty the cat

This photo of Sooty the cat was taken outside the RNVR Drill Hall. She is being held by Peter Scott. An exhibition at the Fort, with Sooty's medal, says:

'Sooty was the ship's cat on LCT (Landing Craft Tank) No. 5 which was severely damaged by enemy gunfire and sunk off red beach. Sooty managed to swim clear and despite the appalling conditions

September 1915

Military Sports at Newhaven

A large crowd gather to enjoy a programme of sports given by the Territorial units attached to Newhaven Garrison. The parade ground was 'gaily bedecked with bunting, the flags of the Allies predominating'. Bombr. Freeman and Gunners Ashley and Smith acted as clowns and were 'provocative of much mirth'.

As well as the more traditional races, there was also a Sack Race, Wheelbarrow Race, Dressing Race, and Egg and Spoon Race. A number of Tug of War contests also took place. The sports day was followed by a concert at the "Loder" YMCA Hut, which included a number of comic songs. The prizes were distributed, during the break, by Major Martineau, commanding officer at the Fort at the time.

encountered at Dieppe "showed great fortitude, courage and perseverance whilst clinging to a crewman's steel helmet, all under heavy fire. Sooty RN behaved throughout in a most worthy and sea cat like manner".

A special one off Dieppe Raid Medal was posthumously awarded to Sooty RN at the 50th Anniversary 1992 – RIP. LCT no.5 had sailed from Newhaven and the citation also notes that Sooty RN was the only female present in the entire force!



Photograph: Newhaven Museum A026-074

This photograph of the Lewes Road Tavern (now the Jolly Boatman) was probably taken in the 1920s. In 1915, when it would have become subject to the Liquor Restrictions, the landlady was Mrs Annie Wood. There is a story that during the war, four holes were made in the wall for rifles or machine guns, to protect Newhaven from attack from the North.



This post card, from Newhaven Museum's archive, shows a view of the recreation ground, with the First World War Army huts on the hill leading up to the Fort. If you look carefully, you can see spectators around the rec. You can also see the 'Loder' YMCA hut (with the words 'YMCA' on the roof), between the huts and the river. We are not sure of the exact date the photograph was taken, but it would have been either during the war, or just afterwards.



COMMEMORATION OF THE DIEPPE RAID



Sunday 9th August will see the commemoration in Newhaven of the 73rd anniversary of the ill-fated Dieppe Raid of 1942. This ceremony takes place every year at the War Memorial Green in South Way. Wreaths will be laid by representatives from the Canadian High Commission, Dieppe City Council and the US Embassy, as well as by the Mayor of Newhaven and veterans' associations. The ceremony starts at 3pm and will be

preceded by a parade from Denton Island to the Green.

Although there are fewer left each year, the ceremony may still be attended by one or two men who took part in the fateful raid on 18th-19th August 1942. Operation Jubilee, as it was codenamed, was a full frontal assault on the heavily defended port of Dieppe and was meant to be a good opportunity to test out techniques and equipment. Six thousand soldiers took part in the attack, of whom 5,000 were Canadian with the remainder being British commandos and 50 American rangers. On the warm, moonless night of 18th August 1942 an armada of ships took the troops across the Channel from Newhaven, Shoreham, Portsmouth and Southampton.

Within a few hours of the



start of the assault, 4000 of the men were either killed, wounded or taken prisoner. The Canadians lost two thirds of their force, with 907 dead or later to die from their wounds. The operation was a tactical and human disaster. Was this a terrible, pointless waste of young lives, or a valuable lesson learnt which meant that fewer lives were lost on D-day two years later?

What's On.

Every day

Denton Island Indoor Bowls Club open daily between 9am - 7pm. Free trials anytime or come to our New Bowlers session on a Wednesday between 5-7pm.

Please phone 01273 514664 for more information or to book your free trial.

Every day

Newhaven Bowling Club open every day for home matches and roll ups. New and experienced players welcome to play. Please visit us when we have a home game or contact the club to arrange a free friendly trial or roll up. Please contact Doug 01273 516530. We are on Facebook, Twitter or www.freewebs.com/newhavenbowls.

Sunday, once a month

Sunday Only Golf Society, for anyone who wishes to play a round of golf with friends and acquaintances with enjoyment, immaterial of their golfing standard. Members range in age from 30's to 65+ and are of all abilities. For more info contact Dave on 07932 585085; email: davesogs@hotmail.co.uk

1st Sunday every month

Table Top Sale at Riverside Hall. 9.00 am to 1.00 pm. £7 per table – to book a table please phone Karen on 07538 421232.

1st Sunday every month

Castle Hill Group meet at top car park next to the Fort 10am – 12noon. All ages welcome. Volunteers are invited to carry out practical conservation tasks which vary throughout the year. Tel Graham Amy 01273 514942 for details.

2nd Sunday every month

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 11am to 1pm every Tuesday and the 2nd Sunday of every month. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website <http://growingtogethernewhaven.org/>

3rd Sunday every month

Friends of Tide Mills/Newhaven East Side litter clearance and conservation morning – extra volunteers welcome – meet 10am at beach end of the old Tidemills village road. Tel Jim Skinner 01273 517291. August meeting to include annual summer picnic.

3rd Sunday every month

Valley Ponds group meet for litter clearing and conservation. Meet 10am at Valley Ponds until 12 noon.

Every Sunday

Newhaven Sunday Lunch Club – Sunday roast, dessert, coffee £6.50. All welcome. Free parking, easy access, and disabled toilet. Newhaven Day Club. To book a place call in at the Day Club or tel Kate Davies 01273 516207.

Every Monday

Coffee and chat groups 2pm-4pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Monday

Football Therapy – contact Sean at Summerhayes for further info 01273 514753 or email sean-macleod@together-uk.org

Every Monday

Community Shiatsu Clinic – a great way to relax and de-stress. Drop in clinic so no need to book. 11am-2pm Summerhayes, Marshall Lane.

Tel Eddie 07771 175707 for more details.

Every Monday

Junior tennis for 14 and under at Newhaven Tennis Club, Court Farm Road, Newhaven 5.30pm-6.30pm. Contact Club Secretary 01273 512162 email: mailrkjackson@yahoo.co.uk

Every Monday

Yoga with Karen 7.30-8.45 at Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Monday

Drop in "Monday Open Door" for adults and children with learning disabilities, carers and families at Riverside Hall, 10.00 am to 2.30 pm. Meet your friends for a cuppa and chat, £1 entry. Bring your crafts or favourite CD to play. Some puzzles and games available. Refreshments provided at low cost, or you may wish to bring a packed lunch. Tel: Ann on 07714 088820 for more information.

Every Monday

Lewes Road Hut Youth Club. Free youth activities for 8-12 year olds; 5-7pm. Lewes Road Hut, Lewes Road Recreation Ground. Parent/carer must complete consent form - tel SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Monday

Kettlercise - 6.15pm to 7.10pm and Boxercise - 7.15pm - 8.15pm at Shakespeare Hall, Fort Road. All classes suitable for beginners. Call 07711-890956 for more information.

Every Monday (term time)

3rd Newhaven Scouts 7-8.30pm. Meet for Exploring – Collecting – Visits – Hiking - Camping and Achievement Badges. Tel Robert Martin 01323 890354.

Every Monday & Thursday

Air Cadets – 1218 Squadron Air Training Corps, Transit Road, Newhaven. Meet 7.00pm - 9.30pm. Aged 13 to 17 years and interested in aviation? Come along either evening. Tel 01273 513218 for more details.

Every Tuesday

Ladies only Boxercise Bootcamp, 7pm at Shakespeare Hall, Fort Road, Newhaven. Suitable for beginners. Call Claire on 07711 890956.

Every Tuesday

Newhaven Growing Together Community Garden. Come and join this thriving Community Garden situated on the cliff tops overlooking the lighthouse and the sea. You are welcome anytime but we meet from 11am to 1pm every Tuesday and the 2nd Sunday of every month. To contact us ring Patricia Barnett on 01273 512396 or 07753429470. Find out more on our website <http://growingtogethernewhaven.org/>

Every Tuesday

Pottery group 12.30pm-2.00pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Tuesday & Thursday

Seahaven Yoga - Vajrasati yoga with Rosie Waters. Gentle, traditional yoga suitable for all levels of experience including beginners. Also trained to teach students with ME, CFS, and similar conditions. Summerhayes Centre, Marshall Lane, Newhaven, 6.15pm - 7.30pm.

Ask about private groups and individual tuition.

Tel: 01323 892638 07983 622840.

Email: seahavenyoga@btinternet.com

www.seahavenyoga.co.uk

2nd Tuesday every month

Free basic Hearing Aid Maintenance for people wearing NHS hearing aids, including free batteries and re-tubing. 11am to 12 noon at Age Concern Newhaven Day Club, West Quay.

Drop in sessions, no appointment required.

Tuesday & Thursday

Youth Drop In & Counselling – information and support on all issues affecting young people, includes issue based and fun workshops for 11-18 year olds; also creative workshops. 4-6pm. Denton Island Community Centre. Free and confidential service. Tel 01273 517250.

Tuesday & Thursday

MAD (Meeching Amateur Dramatics) is in Meeching Hall 7.45pm to 10 pm. New members always welcome. Contact Tony on 01323 896813 for more info.

Every Wednesday

Newhaven Chamber of Commerce weekly breakfast meeting, 7.00am at Woody's, Peacehaven Golf Course. An ideal opportunity for businesses to network with other local business people. Phone 01273 517544 for more details.

Every Wednesday

Community shiatsu clinic - relax and unwind. 10 am to 1 pm, the Office Suite, Beach Close, Newhaven. For more info contact Eddie 07771175707.

Every Wednesday (term time)

Extend Exercises for Seniors 2.15pm-3.15pm. We welcome new members to try a fun and friendly class for the Over 60's. Helps improve suppleness, strength, stamina and balance. St Leonard's Church Hall, Denton. Tel Jenny Coote 01273 515373.

Every Wednesday

Craft group 2.30pm-4.40pm at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Wednesday

Lewes Road Hut Youth Club (free) for 13+ year olds; 7-9pm. Lewes Road Hut, Lewes Road Recreation Ground. Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Wednesday

Indoor Market 10.00 am to 2.00 pm, Riverside Hall.

Every Wednesday

New Bowlers sessions at Denton Island Indoor Bowls Club 5-7pm. Please phone 01273 514664 for more information or to book your free trial.

1st Thursday every month

Royal British Legion – Newhaven Social Club – 7.30pm for 8pm. All welcome. Tel 01273 514258.

1st Thursday every month

Maestro Academy Players are the house band at the Hope Inn, West Pier, Newhaven.

Every Thursday (term time)

Rock Solid Youth Club for 11-16 year olds – football, tuck shop, craft, team games and cooking, 50p per session. 7-9pm. Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday (term time)

New Vision 16 plus youth group for ages 16 and over. Mentoring, help with CV's, job applications and discuss issues that affect you. 7-9pm, Shakespeare Hall, Fort Road Rec. Tel Sara Alexander 07763 333998 for details.

Every Thursday

Country Market 9.45am – 1.00pm at the Hillcrest Centre. Locally made cakes & savouries, confectionery, preserves, fish, cheese, eggs, wholefoods, honey, Indian pickles & spices, plants, cards & crafts and seasonal fresh produce.

Every Thursday

Yoga with Karen 7.30-8.45pm Harbour Primary (Church Hill); 07776 203528 karen@evolve-now.co.uk

Every Thursday

Munchkins Parent and Toddler Group. Weekly activity (art, craft or cookery) £1 adult, 20p child. Free refreshments. 10am – 12noon. Open in summer holidays. Summerhayes, Marshall Lane. Tel Janet 01273 515301 for more details.

Every Thursday (term time)

3rd Newhaven Beaver Scout Group, 6-8yrs meet 5.00 - 6.15pm & Cub Scout Group 8-11 yrs meet 6.30-8pm. Meet for Exploring – Collecting – Visits – Camping and Achievement Badges. Scout Hut, Fort Road Recreation Ground. Tel Robert Martin 01323 890354.

Every Thursday & Saturday

Newhaven Market, High Street, Newhaven 9am – 2pm (weather permitting).

Every Friday

Denton & South Heighton Youth Club for 11-16 year olds, preferably living in the Denton & South Heighton area – 7.15-9.15pm. Denton & Mount Pleasant Social Centre, Denton Road, Denton. 50p to attend (fee supports monthly outings/activities) Tel: SCDA Youth Team 01273 517250 or email: youth@sussexcommunity.org.uk

Every Friday

Coffee and chat groups 10am – 12 noon at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Every Friday

Walking group meets 9.30am at Your Way (Summerhayes), Marshall Lane. Tel 01273 514753 for more details.

Weekdays

Newhaven Ramblers – a friendly group who meet weekdays on a rotating different day each week. Walks are of varying lengths and difficulty usually between 5 and 8 miles with a pub lunch/picnic stop half way. A reasonable amount of fitness is required. If interested please tel 01273 513676 for more details.

Every Saturday

Junior coaching sessions at Newhaven Tennis Club, Court Farm Road, Newhaven. Contact Club Secretary 01273 512162 email: mailrkjackson@yahoo.co.uk

Every Saturday

Newhaven Bowling Club Junior Bowls Club 10am – 11.30am. Juniors play the game in a fun environment with an emphasis on learning the game and practicing their skills. Contact Doug on 01273 516530 for more information.

NEWHAVEN MUSEUM

Operated by Newhaven Historical Society at Paradise Park, Avis Road. The museum is open every day, except Mondays

Weekdays: 2.00-4.00 pm
Saturdays: Noon-5.00 pm
Sundays: 2.00-5.00 pm

Admission £2, free to members, accompanied children under 16 and Paradise Park badge wearers.

Contact 01273 515404 for group bookings, other possible opening times and further information.

THE HILLCREST COMMUNITY CENTRE

(Tel 01273 512376) offers the following activities:

Every Monday

Newhaven Woodcarving Club 10am – 3.30pm; Hillcrest Boxing Club Seniors Men (evenings); Knit 'n' Natter 2-4pm Room 4 – needlecraft, resources and support, all levels welcome; Ladies Boxing Keep Fit 6-7pm; Haven Harmonies Choir 7-9pm. Tel Marian 01273 611068 or email marianstanley43@gmail.com for more details.

Every Tuesday

U3A Art Class (afternoons). Weight Watchers Meeting. 2nd Tues every month, Guesthouse Storytellers. Master Boxing Keep Fit 6-7pm.

Every Wednesday

Life Drawing Class 10.30am-1pm; Art Class 1.30-3.30pm & Art Class 2-4.30pm; Red Cross (evenings, every 2 weeks); Boxing Club - Juniors (Evening). Ladies Box Keep Fit 7-8pm. Hoop Dance Exercise Class 7-8pm.

Every Thursday

Country Market 9.45am – 1.00pm. Locally baked, crafted and seasonal fresh produce. Newhaven Woodcarving Club 10am – 3.30pm; Start Art & Smart Art (children & young adults, evenings); Hillcrest Boxing Club Seniors Men (evenings); Hillcrest boxing club: masters boxing keep fit; Sculpture Workshop 10am – 4pm contact Silvia Macrae Brown 01323 422137. Novel Group 10am-4pm contact Umi Sinha 01273 611490 to book.

Every Friday

Messy Play 1pm-2.30pm (term-time only). Ballroom Dancing 6.30-9pm. Creative Writing Class. An informal and friendly prose writing class that covers everything you need to know about how to write short stories, autobiography or memoir, structured around weekly writing assignments that allow you to practice different fictional techniques. Suitable for all levels. 10am to 12.30pm. Cost £110. For more information and to register ring Umi Sinha on 01273 611490 or email umi@writingclinic.co.uk

3rd Saturday every month

Hillcrest Cinema. Phone for details or check listings.

Sunday Monthly

Tea Dances (afternoons).

NEWHAVEN, LEWES & DISTRICT MENCAP

Registered Charity No. 270064
e-mail: newhaven.lewesmencap@btconnect.com
Website: www.newhavenmencap.org.uk
Telephone: 01273 517345
Riverside Hall, Riverside, West Quay, Newhaven, BN9 9BP
Our society is run for the benefit of Children and Adults with Learning Disabilities or Difficulties, including those with physical disabilities.
We use our hall for our Social Club on Friday evenings solely for our members. We use our hall on Mondays as an informal "Drop In" meeting place for people with learning difficulties.
Our hall is primarily used for functions to benefit members of our club, but is also available as a valuable venue for other local groups to use. (Please phone the above number for more information).
Our Sensory Room is available to hire at £5.00 per person per hour. Booking in advance is essential. Phone Ann on 07714 088820 to book the room.

SHAKESPEARE HALL

Now run by Wave Leisure.

We offer hall hire at competitive rates, as well as birthday parties and function hire.

Please contact Graeme Roberts on 01273 510784 or email graeme.roberts@waveleisure.co.uk.

Also on offer at Shakespeare Hall:

Monday to Friday

NIPPERS After School club. Summer playscheme runs from 23rd July – 3rd September; every Mon, Wed and Fri in August (except 31st - bank holiday) 1.30-3.30pm. Free play in the park - playworkers will be out in the park facilitating play opportunities. Friday 28th August 1-4pm Family Fun Day with table top sale (£3 per pitch) and annual mudslide 3.30pm. Details contact Clare - 07564 452837 - facebook or www.nippers.org.uk

Monday

Yoga Gold 1-2pm £4.70. Kettlecise training 6pm -8pm.

Tuesday

Take Heart is a local charity providing exercise classes to prevent heart problems and support those who have them. Cardiovascular exercise class 9.45am – 10.45 am. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class.

Tel Richard Stantiford 07786 001771 for more details.

Aerobics 6.30-7.30pm Boxercise 7.00 – 8.00pm,
FitSteps 7.30pm-8.30pm,

Wednesday

Baby bounce 0-5 play with big bouncy castle fun 10am. Zumba Gold (slower Zumba class for the older person) 6.30-7.30pm. Zumba 7.30-8.30pm. £4.70 per session.

Thursday

Take Heart - Cardiovascular exercise class 11.15am – 12.15 noon. Keep and stay fit with accredited fitness trainer in a supportive environment. £5 annual membership and £5 per class.
Tel Richard Stantiford 07786 001771 for more details.

Friday

Fitness Pilates (over 50's) 11am – 12noon, followed by tea and biscuits.

Last Friday Every Month

Youth Disco 11-15 years old - 7.30-9.30pm. Sports or bouncy castle downstairs as well as disco with DJ in main hall. All for just 50p.

Saturday

10.00am Bambino Bop children's dance class.

DENTON ISLAND COMMUNITY CENTRE

Offers the following free courses and information sessions:

Healthy Lifestyles

31a High Street, Newhaven

Lots of new and exciting low cost Healthy Eating and Physical Activity courses coming up in the next three months – please tel: 01273 516032 for more information or email healthylifestyles@sussexcommunity.org.uk

Open Spaces

Wildlife Picnic – 29th July 10.30-14.00 Meeching Down/The Union. Come and enjoy a healthy picnic at Meeching Down, meet the Rangers and enjoy a free guided walk at either 10.30am or 1.00pm. Look for bugs, butterflies and flowers. Make something to take home.

More walks and activities are planned throughout the summer so why not sign up to the mailing list by emailing jessie@sussexcommunity.org.uk.

Volunteers wanted for community garden and other environmental activities, please get in touch if you are interested.

Health Walks

Friday 3rd July – Meeting at Lewes Rd Cemetery

Friday 10th July – Meeting at Ouse Valley Nature Reserve

Friday 17th July – Meeting at Piddinghoe

Friday 24th July – Meeting at Meeching Down/Community Garden

Friday 31st July – West Quay

For more information on the above walks please call 01273 516032.

Sussex Employment Agency

Recently opened at 31A High St, Newhaven, BN9 9PD. Part of SCDA with all profits re-invested into community projects. Contact them for all your recruitment needs 01273 519109 or email info@sussexemploymentagency.org.uk

Family Learning

We offer a rolling programme of activities in Newhaven for families with children under 8 years. This includes social activities, specialist workshops and courses to increase skills and confidence to support children's learning and development. We also provide the opportunity to be involved in our Parents Forum to steer Family Learning activities and receive individualised training. All family members/carers and children are welcome.

Call 01273 517250 or email
familylearning@sussexcommunity.org.uk

Youth Services

SCDA Youth activities and services for all young people aged 8-18 years, Monday to Friday. Weekly sessions consist of a Youth Drop In, providing free information and support on all issues affecting young people. A wide range of physical activities from trampolining to basketball, youth clubs, youth counselling service and a Newhaven Young People's Forum who represent a voice for local young people. All sessions provide a fun, safe and supportive environment. For further details please contact Youth Team on 01273 517250 or email: youth@sussexcommunity.org.uk or mobile: 07920 526215. Also, there is a new online counselling service for young people – just go to www.youthtoyoung.co.uk

Wellbeing Courses

Booking on the free courses below is mandatory, please call 01273 516032 or email healthylifestyles@sussexcommunity.org.uk

Dealing with Stress – now full, please call to be added to the waiting list for the next course

Making Bread & Pizza – now full, please call to be added to the waiting list for the next course

Eating for Health – now full, please call to be added to the waiting list for the next course

Healthy & Fun Vegetarian Cooking – now full, please call to be added to the waiting list for the next course

Tai Chi – Thursdays 10.30am-12pm 8 weeks 04/06/2015 – 30/07/2015 at Meridian Centre Peacehaven (Anzac Room)

Circuit Training – Tuesdays 9.30-10.30am 5 weeks 16/06/2015 – 14/07/2015 at Bramber Ave Church Hall, (Church of the Ascension) BN10 8HR

Confidence Building – Wednesdays 10am-3pm 5 weeks 01/07/2015 – 29/07/2015 at Sussex Downs College, Denton Island, Newhaven

Circuit Training – Thursdays 9am-10am 4 weeks 02/07/2015 – 23/07/2015 at Lewes Road Hut, Robinson Rd, Newhaven BN9 9ST

Happiness Workshop Intensive – Thursdays 10am – 3.30pm 4 weeks 09/07/2015 – 30/07/2015 at Sussex Downs College, Denton Island, Newhaven

Legs, Bums & Tums – Wednesdays 10am-11am 5 weeks 05/08/2015 – 02/09/2015 at Lewes Road Hut, Robinson Rd, Newhaven BN9 9ST

SEAHAVEN SWIM & FITNESS CENTRE

Tel 01273 512498 or www.waveleisure.co.uk

Swimming Lessons available, Monday to Sunday. Tel for more details.

Seniors Class in the Gym (includes a swim after class) 9.30am – 10.30am every Monday and Thursday.

Water Aerobics 12noon - 1pm Monday & Friday and Deep Water Aqua sessions now running 8.30 – 9.30pm every Tuesday and Aqua Zumba 8.30 – 9.30pm every Wednesday.

SCHOOL HOLIDAY ACTIVITIES FOR CHILDREN & YOUNG PEOPLE

Includes lots of fun and exciting sessions in the pool - sea-scooter sessions, total float zone and super-splash as well as try dive scuba sessions in partnership with Newhaven scuba.

All new J-Fit Course for 11-16yrs in the Gym, every Wednesday 3-4pm. Please call for more details on 01273 512498. Look out for a programme full of fun for all at Seahaven Swim and Fitness Centre.

STUDIO TEMPO DANCE CENTRE

High Street, Newhaven

Phone and check times during summer holidays please.

Every Monday

Adults Morning Line Dance Classes – Beginners 9.15am and Improvers 10am. Join Territa's friendly drop in class, keep active for fitness and fun! £5.50 Tel 07931 930770 for details.

Every Wednesday

Adults Ballroom and Latin Social Dance Class for Beginners. Come alone or with a partner, enjoy dancing for an active lifestyle at Studio Tempo Dance Centre, 7.30pm £5.50. Tel 01273 476565/513784 for details.

Every Wednesday & Friday

Up The Tempo provides fun and creative classes for children aged 2 years and upwards. Come along to learn great dances to your favourite music. Pre-schoolers are introduced to the world of dance through 'Melody Movement'. Tel Stefanie 07852 323990 for more details.

Every Friday

Adults Evening Line Dance Class for improvers and above at Studio Tempo, 7.30pm £5.50. Tel Territa 07931 930770 for details.

Every Friday

Studio Tempo Adults Ballroom and Latin Social Dance Classes at the Hillcrest Community Centre. 6.40pm - Absolute Beginners Tuition. 7.15-8.00pm Dancing Practice for all, then tuition for higher levels. Tel 01273 476565/513784 for more details. Fee £5.50.

HEALTH TRAINER SERVICE

Free to adults 18 years of age and over who want to improve their mental and physical health and wellbeing.

The focus is on motivation and support for individuals who wish to make a behaviour lifestyle change.

We can help you with healthy eating and weight watching, becoming more physically active, stopping smoking and sensible drinking.

The intervention is time limited : One to one sessions (approx. 6 over a 3 month period) held at the

Rehabilitation Centre, Church Hill 9am-2pm every Tuesday.

9am-1pm every Wednesday

Children's Centre, Denton Island 1pm-4pm every Thursday

Other times available with prior arrangement Tel 0800 917 8896 or 01323 723966 for more details.

JULY

- | | |
|-----|---|
| 1st | Paradise Park - Timely Talk: Mediterranean journey. |
| 4th | RNLI Newhaven Lifeboat Summer Fete. Come along to Huggetts Green, West Quay, Newhaven from 12noon to 4pm to enjoy the Newhaven Lifeboat Summer Fete. Fun for all the family - Bouncy Castle and Slide, Charlie the Ice Cream Man, eclectic variety of stalls and displays, as well as a Grand Prize Raffle. The Lifeboat House will be open for visitors, subject to operational requirements. Come along and enjoy the fun! Support your local lifeboat – Respect the Water. |

- 4th Paradise Park: Meridian Lace makers
- 4th Jumble Sale. South Heighton Village Hall. 10.00am to 12 noon. To raise funds for the village hall and South Heighton Bonfire Society. 30p admission. Refreshments available. Good quality jumble required. Please call 07776 341751.
- 5th Newhaven Tennis Club Open Day 10.00am - 2.00pm, Court Farm Road, Newhaven. Free tennis - rackets & balls provided - fun games - big discount on all categories of memberships - families welcome.
- 5th RNLI Newhaven Lifeboat and Coastguard Helicopter Display. Subject to operational requirements, there will be an on water display just off Seaford Beach, Seaford Bay from 10.30am (approx.) until midday. Come along to see the lifeboat in action! Live commentary will be provided for your enjoyment and thorough appreciation of the work of the volunteer lifeboat crew. Free to watch, although all donations on the day will be appreciated. Support your local lifeboat – Respect the Water.
- 11th Newhaven Mencap will be welcoming Sam Jones and 'Baby Leo', popular local entertainer, who will be putting on a show at Riverside Hall. Doors open 7.30pm, for start of show at 8.00pm. Tickets £6 each. Phone 01273 517345 to book your tickets, (book in advance to avoid disappointment). Watch out for posters at the hall for any of our events!
- 11th South Heighton Village Hall Annual Summer Fete. Featuring EarthQuake, Norcross Dancers, Dodgy Dogs Display, Scriven Family Martial Arts, traditional children's games, raffle, tombola, and many other stalls and attractions. Music provided by Crooked Rooks. BBQ, beer and Pimm's tents. 2pm to 5pm at South Heighton recreation ground.
- 11th 1940s Jazz evening at Newhaven Fort. Join us for a night of vintage music and dance. 7.30 – 10.30pm. Tickets are £11 each, available from Newhaven Fort on 01273 517622.
- 13th South Heighton W.I. "Water Aid" Talk with slides given by Teresa Lipson. 2.15 p.m. at South Heighton Village Hall. For further details please contact 01273 515404.
- 14th RNLI Newhaven welcome the GuestHouse Storytellers to the Lifeboat House, Riverside, West Quay from 7pm for a very special evening of storytelling and fish and chips. Award winning and renowned storyteller Jan Blake, who has performed worldwide for 25 years, will be recounting African Stories of the Sea for your pleasure and enjoyment. The Boathouse has excellent acoustics and is the place to be to appreciate Jan's dynamic and generous storytelling, whilst supporting the local lifeboat. Tickets are just £10 each with the optional fish and chips supper an additional £4 and are available from the Hillcrest Centre café. Advanced booking is essential. Enquiries: rnlinewhaven.society@hotmail.co.uk
- 16th Newhaven Gardening Society monthly meeting at Age Concern Day Club, West Quay, Newhaven at 7.30pm. Meg Heyworth will be giving an illustrated talk entitled 'Walking the South Downs'. Non members always welcome, £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce 01273 515610.
- 18th Hillcrest Community Centre Open Day 12-5pm. Come along and see the activities and events that are run at the Hillcrest Centre. Displays, demonstrations, children's crafts, refreshments and raffle.
- 18th RNLI Newhaven Dog Owners Awareness Day. Newhaven Lifeboat House, Riverside will be open from 10am to 12noon for dogs and their, hopefully, well behaved owners (!) to learn about the benefits of being kept on a lead when walking near the water or on cliff tops. We appreciate dogs enjoy to swim and to run, but out too far, being caught by strong undercurrents or over the edge is often avoidable. Come along for doggy fun in the sun - old dogs can learn new tricks! Support your local lifeboat - Respect the Water.
- 18th Hillcrest Film Society presents GRAND BUDAPEST HOTEL (Cert 15). Recounting the adventures of Monsieur Gustave H, (Ralph Fiennes) the legendary concierge of the Grand Budapest Hotel in the early 1930s, and orphan immigrant Zero Moustafa, the lobby boy who becomes his most trusted friend. The story involves the theft and recovery of a priceless Renaissance painting and the battle for an enormous family fortune, all against the back-drop of a suddenly and dramatically changing Continent. It is to Zero that Gustave reveals the engine that drives his hotel's wellbeing: his ready, enthusiastic appetite for servicing the intimate needs of thousands of aristocratic old ladies who come back every year. A sheer delight and another superb example of Wes Anderson's art. Tickets £4.50 each only from the Hillcrest Centre. Café opens 6.30pm. Film starts 7.30pm.
- 27th Bingo at South Heighton Village Hall. Last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 28th Newhaven Conservation Trust AGM 7pm at the Hillcrest Centre. To be followed by a talk to be given by Kevin Gordon (Sussex Express historian) at 7.30pm on Sussex graves and graveyards, not forgetting our famous Thomas Tipper. Open to all.

AUGUST

- 1st Newhaven Summer Sizzler 11am to 4pm at Fort Road Recreation Ground. It's a community event & fun day. There will be lots of stalls and displays, food/drink and entertainment. It is an event being held by the Healthy Newhaven Partnership to promote healthy lifestyles in our local community. For more info call 01273 516032 or email healthy lifestyles@sussexcommunity.org.uk
- 1st Newhaven Gardening Society Annual Show at Meeching Hall, Fort Road, Newhaven – doors open 2pm until 4pm with free entrance (donations welcome). The members will be putting on a display of vegetables, fruit, flowers and pot plants, flower arrangements, domestic items including jams, pickles, cakes and savouries, handicrafts and photographs. Various stalls including Tombola and Raffle, with refreshments available with home made cakes.
- 1st Newhaven Mencap's Grand Summer Fair at Riverside Hall 10.00 am to 1.00pm. Admission 50p, children free. Come along to our Annual Summer Fair, with all the usual attractions, including grand prize draw, tombola, barbecue, homemade cakes, gift stall, cards, and attractions for children. Enjoy a cuppa and snack also, at our popular fair.
- 2nd RNLI Newhaven Mini Garden Trail. Hosted by Geoff Stonebanks at Driftwood, 4 Marine Drive BN25 2RS and Lee Highley at 39 Marine Drive BN25 2RU, these two stunning gardens in Bishopstone, overlooking Tide Mills and Newhaven Harbour, will be open from 11am until 5pm. In the second year of opening for the RNLI, the two lovely private gardens in Marine Drive will be open to the public for only £2 per garden. There will be tables and chairs set out for visitors to enjoy their tea and cake with views of the sea or amongst the sumptuous planting. Support your local lifeboat – Respect the Water.

- 3rd Victory Street Art workshops at Newhaven Fort. Help us build a model of Newhaven in 1945. Workshops at 11.15, 1.15 and 3.00pm. To book a space or for more information please call Newhaven Fort on 01273 517622.
- 10th South Highton W.I. Members afternoon Cream Tea.
- 15th VJ Commemoration at Newhaven Fort. A commemorative event to mark the end of hostilities in the Second World War.
- 22nd Jumble Sale at Riverside Hall, Riverside, Newhaven BN9 9BP 10.00 am to 12.00 noon. Admission 50p, children free. Clothing, bric-a-brac etc, toys and household items. Come along to get a bargain. Refreshments, including bacon sandwiches, supplied at very reasonable prices.
- 22nd Maestro Academy Players at the Fort – this will be a joint concert with a French band called L'Harmonie La Chapelle. Free to all. Concert starts 6pm.
- 24th Bingo at South Highton Village Hall. Last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.
- 24th-29th RNLI Newhaven Flag Week. Collections will be taking place at Sainsbury's supermarket and Paradise Park, Newhaven. With the annual operational cost of Newhaven Lifeboat at over £200,000, all donations are always gratefully received. Please be as generous as you can in support of your local lifeboat. Respect the Water.
- 25th Much Ado About Nothing at Newhaven Fort. An evening of magical open air theatre, courtesy of Oddsocks Productions. Doors open at 6.45pm. Tickets are £13 (£11 concessions) and available from Newhaven Fort on 01273 517622.
- 28th Victory Street Art workshops at Newhaven Fort. Help us build a model of Newhaven in 1945. Workshops at 11.15, 1.15 and 3.00pm. To book a space or for more information please call Newhaven Fort on 01273 517622.
- 31st Tea Dance at Newhaven Fort 1.00 - 4.00pm. An afternoon of music, dance and cake eating! Music by the Maestro Academy Players. For more information please call 01273 517622.

SEPTEMBER

- 6th Battle of Britain at Newhaven Fort. A day of 1940s nostalgia and remembrance. Musical entertainment and living history displays throughout the day.
- 12th RNLI Newhaven Car Boot Sale at Paradise Park/Tates Garden Centre. Come along to bag yourself a bargain or have a clear out and make some money from your unwanted bits and pieces. Either way, this is a great opportunity to support your local lifeboat! 9am to 12noon with sellers from 8.15am. Pitches are a very reasonable £7 for cars and £10 for vans. We are not able to accommodate trade, food or plant sellers. Support your local lifeboat – Respect the Water.
- 12th Festival of Sound at Newhaven Fort. A one day music festival, spread over 5 stage areas. Tickets are £20 and are available from Newhaven Fort on 01273 517622. For more information visit www.fos-newhaven.com
- 14th South Highton W.I. "Ploughman's Lunch" and Silent Auction time T.B.A. For further details contact 01273 515404.
- 17th Newhaven Gardening Society monthly meeting with Harry Townsend giving an illustrated talk entitled 'Harry the Wheelbarrow Man'. Age Concern Day Club, West Quay, Newhaven at 7.30pm. Non members always welcome, £2 including tea and biscuits. Contact Jenny on 01273 516433 or Joyce 01273 515610.

- 19th-20th Paradise Park – Birds of Prey 10am-4pm. Back by popular demand, fascinating birds of prey will be at Paradise Park. This is a chance to see beautiful birds up front and personal and even have your picture taken holding one. The clubs will be raising money for charitable causes and telling people about their birds and their society.
- 28th Bingo at South Highton Village Hall. Last Monday of each month. 8.00pm start. Doors open at 7.30pm. Cash prizes and raffle. Tea/coffee/soft drinks on sale. £5 entry.

This events listing has been published by Newhaven Town Council, 18 Fort Road, Newhaven, BN9 9QE
01273 516100

www.newhaventowncouncil.gov.uk. The deadline for the next edition (events in October/November/December) is 1st September 2015 - please contact us if you are organising an event during those months - email nicky.still@newhaventowncouncil.gov.uk.

The information was supplied by the organisers of the events concerned, and you are advised to check details with them. The Town Council cannot accept responsibility for any errors, or for any events which are subsequently cancelled.



wave
Live life

let's get active 16 - 25

Wave Leisure is offering 8 Sportivate gym sessions for only £12.00 (includes gym induction)
For full details contact your local leisure centre NOW

To join online, please visit www.wavebooking.co.uk
or to book a tour, please call your local centre:

Lewes 01273 486 000 • Newhaven 01273 512 498
Peacehaven 01273 588 858 • Seaford 01323 490 011



Sportivate



www.waveleisure.co.uk