



Newhaven *Matters*

Summer 2023 // Issue N° 38

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newhavenfestival.co.uk

Welcome to the Summer edition of *Newhaven Matters*,
the free magazine for Newhaven residents produced
by Newhaven Town Council.



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SUMMER 2023



Welcome to the summer edition of Newhaven Matters

It is a great honour to be appointed to serve as Mayor of Newhaven for the coming year. I have two themes for my term of office as Mayor. The first is volunteers and community groups, there are a large number of wonderful

community groups in the town and I look forward to meeting as many of you as possible over the next year. Please do contact the Newhaven Town Council office if you are holding an event that you would like me to attend, or to invite me to come along to visit your group.

My second theme is the environment, I am passionate about preserving, helping and enhancing our environment, including litter picking, recycling, planting more wild flowers and trees, as well as encouraging more hedgehog and pollinator highways. I will be organising a number of litter picks around the town during the year, please do let me know if there are any areas in particular that you

feel would benefit from a litter pick. If you are interested in setting up a local litter picking group, please let me know as I can offer support with that. Or, if there is an environmental project that I can help with, please do not hesitate to contact me at Cllr.Julie.Carr@newhaventowncouncil.gov.uk or telephone the council on 01273 516100.

Hopefully we are all set for a beautiful summer! There is a lot to look forward to in Newhaven, with a number of exciting events planned. Our bandstand will also be put to good use this year, so look out for more details of events being held there.

Cllr. Julie Carr
Town Mayor of Newhaven

If you would like to advertise, have a story you would like to be included in future issues, or an event you would like included in the What's On section, please email [Steph Georgalakis](mailto:steph.georgalakis@newhaventowncouncil.gov.uk) or phone on 01273 516100.

Copy deadline for the Summer Issue is 14th August 2023

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News from your Town Council

Newhaven Town Council Meetings – 2023

As members of the public, you are welcome to attend Town Council and Committee Meetings, either in person or via the MS Teams.

Information on each meeting will be published on our website, including the MS Teams link as we approach each meeting. For further information, please visit www.newhaventowncouncil.gov.uk or email admin@newhaventowncouncil.gov.uk.

Tue 4th July
Full Council

Tue 25th July
Planning & Development

Tue 29th August
Planning & Development
Regeneration & Strategic
Development

Tue 5th September
Full Council

Tue 26th September
Planning & Development
Environment & Amenities

Tue 31st October
Planning & Development
Promotion, Partnership &
Finance

Tue 14th November
Full Council

Tue 28th November
Planning & Development
Regeneration & Strategic
Development

New Town Councillors Elected for Newhaven & Denton

On May 4th, Town Councils across the country held their local elections, including Newhaven where over 6500 residents turned up to vote in the first election that required voter ID.

As a result we now have a new local Town Councillor listing in the front cover of this, and future editions of Newhaven Matters. If you are unsure of which ward you live in, please contact the Town Council on 01273 516100.



Mayor Making

At the Annual Meeting, held on May 16th, the Town Councillors appointed the new Town Mayor and Deputy Town Mayor.

The Town Mayor and their Deputy, by default, also become Chair and Deputy Chair of the Town Council.

Your new Town Mayor is Cllr. Julie Carr and her Deputy is Cllr. Kim Bishop.





The King's Coronation celebrated with a Beacon at Newhaven Fort

Sunday 7th May saw the Town's Beacon being lit in honour of King Charles III's Coronation. Newhaven Town Crier Jason Ede led the event, which included music from Haven Harmonies choir, Bugler Heidi and Piper Richard. We were very lucky

to have support from Seaford and Newhaven Sea Cadets, Meeching and District Bonfire Society, Martin Sinnock, Newhaven Gig Rowing and Newhaven Scout Group. Dignitaries included the Mayor of Peacehaven, the Deputy Mayor of Polegate, Newhaven

Town Councillors and the Deputy Lieutenant, Juliet Smith – who had the honour of lighting the Beacon - Thank you to everyone who took part, the staff at Newhaven Fort and the residents who came along to support the event.

THIS 5TH NEWHAVEN FESTIVAL YEAR IS SET TO BE A CELEBRATION OF COMING OUT FROM A YEAR OF CHANGE

Visit www.newhavenfestival.co.uk to find out wonderful things happening in the Town.

With special events during September, the festival will be putting on walks and talks, performance and music... With something for everyone.



Could your photo of Newhaven be good enough to go on a lamp post banner on West Quay?

The Best of Newhaven 2023

PHOTO COMPETITION FOR LOCAL AMATEUR PHOTOGRAPHERS

This year's categories are:

- Any local subject for child photographers aged under 12 years
- Any local subject under 18 years
- Furry Friends • Wildlife • Architecture • Food • Night Sky
- Public Service • Insects • Tools

(You may enter more than one category - one photo per category)

Cash prizes for the winner and runner up in each category.

Top photos in each category will be printed on a banner.

Photos must be high resolution and in landscape format.

Please email your entries to photocomp@newhaventowncouncil.gov.uk together with your name, address, phone number, age (if under 18) and the category you are entering.

Deadline for entries Sunday 3rd September 2023



New Priest-in-Charge in Newhaven and Denton

Rev. Mike Milmine has been appointed as the new Priest-in-Charge of two churches in the town, St Michael's Newhaven and St Leonard's Denton. Mike moved to the town in June with his family and was previously Assistant Curate at St Pancras Church in Chichester.

Mike said: *"We are really looking forward to getting to know people in Newhaven and Denton, to serving you and to becoming part of the local community. This is a great place to live; we sense a wonderful community spirit and know that the churches are an important part of that."*

Mike has replaced Rev. Martin Miller, who retired last year, and Rev. Louis Wilson, who took up another post. An Associate Vicar will be appointed to work with Mike later in the year.



DO YOU ENJOY SINGING AND WANT TO BE A PART OF A VERY FRIENDLY CHOIR?

Then why not join Haven Harmonies your local community choir on Monday evenings 7pm – 8.30pm at the Hillcrest Centre Newhaven. No auditions and no requirement to read music. The first session is free and then after that £5 every time you attend. We perform locally to support charity and other community projects. The choir is led by Cara Barseghian, a professional singer and choir leader. Please do come and join us and make music in a very friendly atmosphere. If you would like to know more then contact Marian Stanley email: marianstanley43@gmail.com or havenharmoniescommunitychoir@gmail.com.



Volunteering with us

Would you like to support older people in your community? Are you interested in a career in working with older people? Would you like to join our lovely Social Prescribing team and help us make East Sussex smile?

Working directly with older people to support them to maintain independence, attend a walking group to support frail people in their health and wellbeing, or join our befriending service.

- Expenses Paid
- Continued Support
- Flexible & Rewarding
- Training Provided

01273 476704
volunteers@ageukeastsussex.org.uk
www.ageuk.org.uk/eastsussex

Citizens Advice Lewes District

In response to our volunteers' ambition to focus on serving our local community we have launched our new local Adviceline. Lines are open Tuesday - Thursday 10am - 2pm.

Out of hours you can contact us quickly and easily via our website www.lewesdistrictca.org.uk/contact-us and we have a limited voicemail service for those who struggle with digital channels available on Tel: 01273 007557.

We do not yet have any capacity for drop-in enquiries to be dealt with on the spot but you can visit an office to submit a request for a call from an adviser. Opening times at our various office locations can be found at www.lewesdistrictca.org.uk/get-advice.

Demand for our service continues to far outstrip our capacity and we are balancing a long pre-existing list of clients with this new live phone advice system along with our pre-booked appointments with subject specialists. All while maintaining the high quality of advice synonymous with Citizens Advice in these challenging times which have seen the complexity of the cases we are dealing with increase significantly.

We hope this new channel will make reaching us easier and quicker.

**NEW local telephone advice
service operating Tuesdays -
Thursdays 10am - 2pm**

Freephone
0808 278 7892

www.lewesdistrictca.org.uk

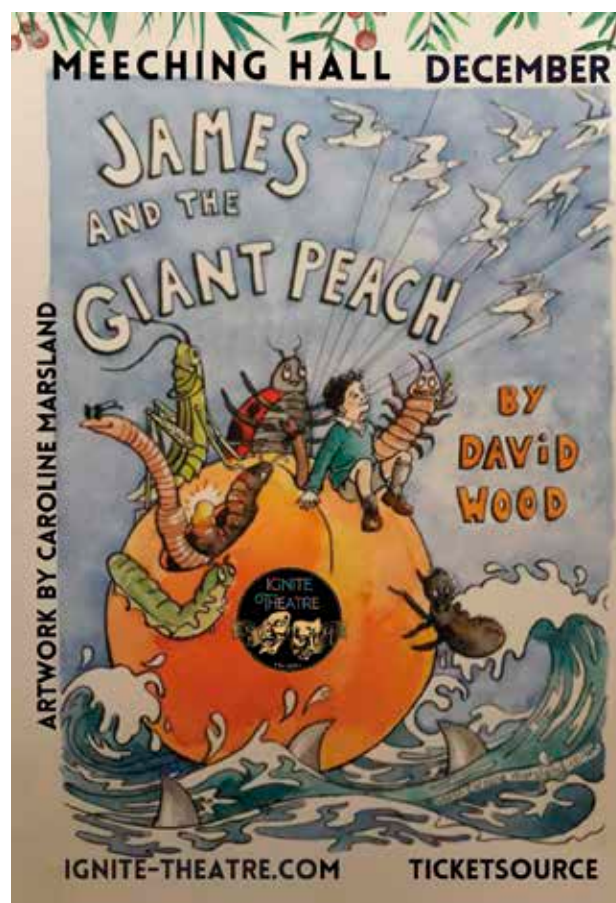


Trainee advisers needed

“Volunteering connects me
to the life of the Lewes District
community”

“I enjoy the contact with
clients & colleagues”

Interested in giving
advice to members
of your community?
Join our team!



HELLO FROM MAD TO ALL YOU GOOD PEOPLE OF NEWHAVEN!



We are still about, and this time hoping to entice you and all of our friends both near and not so near, by entertaining you with our next production at The Fort. This is a first for us because we have chosen a true-life story which we hope you, and we think even the bard himself, Shakespeare, would have approved because it is a bawdy, gritty and tragic comedy, 'heavy' on music which will appeal to those who remember the swinging sixties. Despite this however, it is still very much an adult production and not really suitable for children.

It is set in the backdrop of early sixties London, TELSTAR is the story of the world's first independent record producer, Joe MEEK. He lived a brief, explosive and bizarre life, which changed the world of music and the lives of everyone in his orbit. Despite limited resources and from a studio built in his small first floor flat he recorded three memorable hits of the period: 'Johnny Remember Me', 'Have I the Right' and of course 'Telstar' 'one of the biggest selling records of all time and being the first record to top the charts both sides of the Atlantic.



However, the hysteria of his creative energy spilt over into his personal life and tragedy followed hot on the heels of success. Far from being a maudlin tale this stranger than fiction true story is brilliantly sharp and beautifully observed gritty satirical comedy.



Play On and LYT Productions are thrilled to produce **Romeo and Juliet** at Newhaven Fort between the 12th and 15th July 2023. Our team of 17 young apprentice actors and theatre makers will bring you our re-telling of this timeless play. The company worked with novelist and playwright Sarah May to re-tell this classic story blending Shakespeare's powerful language with their very own. The star-crossed lovers meet against the

backdrop of an amusement arcade, a beach, and some very familiar cliffs as they battle for love, hope and freedom.

It's been a great opportunity to collaborate with a group of local young people between 16 and 25 who are interested, curious and passionate about working in the creative industries. We work with a range of theatre professionals from our choreographer Anna Alvarez to our intimacy coach Rose Ryan and stage combat coach Phil Rose providing the very best professional experience for each and every company member. Our production team have learnt about stage, costume, light and sound design with LYT productions and will be running every aspect of the show at the Newhaven Fort.

It will be a Romeo and Juliet like you have never seen before! We look forward to seeing you at Newhaven Fort.

None of this would have been possible without the generous support of Arts Council England for the production, Chalk Cliff Fund for supporting our young people's apprentice wages, Sussex Community Foundation for supporting training and career opportunities and the fantastic Newhaven Creative Working Group for their support in realising Romeo and Juliet.

Tickets are £7 for adults and £5 children/concessions and available from www.playonshakespeare.com.

PERFORMANCES

- Wednesday 12th July at 1.30pm and 7.30pm
- Thursday 13th July at 1.30pm and 7.30pm
- Friday 14th July at 1.30pm and 7.30pm
- Saturday 15th July at 7.30pm



HILLCREST CENTRE NEWS

WE'VE BEEN BUSY AT THE HILLCREST CENTRE OVER THE LAST FEW MONTHS

What's coming up at the Hillcrest Centre?

Have you visited our newly refurbished **cafe** yet? We've made some much needed upgrades to the kitchen and are very pleased to be open again serving delicious freshly-made and affordable food. Open Monday - Friday 9am-3pm and market Saturdays from 10am-3pm.



Our **cafe gallery** features monthly exhibitions by talented artists **Johnsy (July)**, **Terri Micklam (August)**, and **Diets Verschuren and Caroline Marsland (September)** for **Artwave**. Join us on 17th September for an Artwave Special Newhaven Flea with creative activities and open studios to visit.

Hospitable Environment invites you to join them for their **Lammas Bread Festival** - a free event for all the family on Saturday 29th July. Come along and join them around the bread-making table in the Hillcrest carpark and bake what you make in the wood-

fired oven. There will be music, the return of community skipping, and entertainment for all the family, followed by a gig in the evening with Nick Pynn and The Kites. You're also invited to the 14th **Soup & Social** on 10th August. A shared meal and community conversation, free to attend and open to all.

The **Newhaven Flea and car boot sale** continues on the third Saturday of each month (10am-3pm). Come and buy arts and crafts, plants, clothes, food and vintage direct from local people. Upcoming market dates: **15th July, 19th August, 16th September** for an **Artwave Special**. For pitch bookings or to enquire about our free stall for community groups, email newhavenflea@gmail.com. Our thanks to market sponsors Newhaven Town Council and SCDA.

At the Edge / Conservation Conversations Did you know that the chalk grasslands of the South Downs are as rare and important as the Amazon Rainforest? This summer, **Inroads** will be running a series of walks and creative workshops exploring the environment and climate change in and around Newhaven, culminating in an event on Saturday August 12th at Hillcrest. Please contact Sara Clifford at inroadsproductions@mac.com for further details.

Nick Pynn's Newhaven Folk School has become a band; the **Dockside Barrel Scrapers!** They have been successful in getting funding to continue their weekly lessons at Hillcrest, so look out for them gigging around town this summer!

The **Community Cinema** takes a break for the Summer in July and August and returns with **Drawn to War** to coincide with the Ravilious Season in September. Check the website for details. Doors open 6pm/ film 7.30pm. £6. Supper is available before the film in our **community cafe**.



Details for all the above and loads more are on the website, plus we've got so many regular classes, workshops, choirs and all sorts to keep you entertained. There is so much going on at Hillcrest!



Walk the Chalk is a celebration of the **King Charles III England Coast Path** which, when complete, will be a 2,700 mile coastal trail, the longest of its kind in the UK.

This free, five-day event on **20th – 24th September** centres on South Hill Barn, Seaford Head Nature Reserve, Cuckmere Haven and the Seven Sisters. Visitors will discover local heritage, chalk, fossils, flora, fauna, history and folklore through art and creativity.

At the heart of the event will be three free but bookable **guided walks**, led by specially trained community volunteers, through this beautiful and biodiverse area which is owned by Seaford Town Council and managed by Sussex Wildlife Trust.

Above all, Walk the Chalk will celebrate the joys of being in nature and our iconic coastal landscape.

Brought to you by the team behind 2021's spectacular Tide Mills Project, **LYT Productions** in partnership with Lewes District Council, Walk the Chalk is supported by a grant of £213,800 from The National Lottery Heritage Fund.

A programme of community engagement and education in the run-up to September will involve schools, older people, and vulnerable and

isolated groups, with the aim of bringing those who don't usually access green spaces into the heart of the project, reaping the physical and mental benefits of being in nature. Organisers are planning the event to be fully accessible and have use of all-terrain mobility scooters for those with mobility issues.

During Walk the Chalk, Sussex based artists, poets, storytellers and musicians will bring an abundance of creativity to the area, including five innovative art installations marking the route of the Path across the cliffs of Seaford Head and Hope Gap in the South Downs National Park.

At the Seven Sisters Visitors Centre and Exceat, there will be further special events devised and hosted by local creatives. Children can learn about local wildlife in a series of workshops created by **Seaford Contemporary Illustrators & Printmakers (SCIP)** and take part in a **Children's Parade at Seaford Head on Saturday 23rd September**.

South Hill Barn will host the fantastic **Living Coast Undersea VR Experience** throughout the five days. This free, immersive virtual reality experience enables visitors to dive into Seaford Bay (without getting wet!) and discover the astonishing and unique marine

wildlife of the area in three dimensions.

With live music from a ukelele band, a community orchestra, and Sussex folk-music legends The Copper Family, there will be something for everything in this exciting, jam-packed celebration week.

YOU CAN GET INVOLVED!

Would you like to be connected with a friendly, local community and the beautiful Sussex landscape? Walk the Chalk is looking for volunteers and would love your help.

- Become a tour guide
- Join the Walk the Chalk Music Makers
- Be a workshop facilitator
- Steward a walk
- Join our hospitality team
- Be part of the event production team
- Do you know a family with Seven Sisters?

Email hello@walkthechalk.org to find out about volunteering opportunities.

For information on Walk the Chalk, how to get there, and to book your place on a guided walk, visit www.walkthechalk.org.

You can follow Walk the Chalk on Facebook, Twitter and Instagram.



RING IN THE NEW

Late last year, 'Newhaven Matters' reported on the work being done on the ancient bells of the Church of St John the Evangelist in Piddinghoe. At the time, the bells had just left for Newark to be repaired and re-tuned. They had not left the Bell Tower for over 300 years. They returned in April, looking brand new and were joined by 3 other bells donated to the Church by a charity. On Sunday, April 23, the Bishop of Lewes, the Right Reverend William Hazlewood, came to bless and anoint the bells in a packed Church. Also attending, to celebrate the occasion, were many people who do not live in Piddinghoe: some had come from Newhaven, including the Mayor, Paul Boswell; the local MP, Maria Caulfield; and others from church communities in East Sussex and many bell enthusiasts. It was a moving occasion and the culmination of a project headed by a small group of Villagers who applied for funding from the National Heritage Lottery to get the work done on the bells.

The Lottery was particularly interested in the 'outreach' aspect of the project. Under the project leadership of Ben May, a Piddinghoe resident, links were made to 2 schools in Newhaven – Seahaven Academy and Harbour Primary School. Students learned about the importance of church bells in many of Life's events. Those from Harbour Primary School are being taught to ring handbells and will ring at a concert also featuring the Tide Mills Choir, which is being held to celebrate the transformation of the bells. The concert will feature new music specially composed for the event by Chris Moore from

the internationally renowned VOCES8. The concert will take at the Church on July 22, 2023.

Meanwhile, students from Seahaven Academy were very busy learning about oral history and how to do it! Six young people came to Piddinghoe to interview a wide variety of Villagers about their lives, memories and recollections. They gathered stories from the oldest to the newest members of the community in filmed interviews. These young people were polite, interested in what they were doing and what they heard. They are

a credit to themselves, their families and Newhaven.

The next stage of the project will be to turn the stories about the bells and about the people into a book, an exhibition and a documentary to be screened in the Autumn of 2023. This will bring an end to a unique project centred around the historic Church of St John the Evangelist and a rewarding collaboration between Piddinghoe and Newhaven.

Blessing Bells

The then Mayor of Newhaven, Cllr. Paul Boswell with the aptly named bell 'Saint George'!





Supported using public funding by
**ARTS COUNCIL
ENGLAND**

UNLOCKING NEWHAVEN MUSEUM'S COLLECTION



We are delighted to announce that Newhaven Historical Society has been awarded £29,683, from an Arts Council

National Lottery Project Grant, for an exciting new project. Made possible by money raised by National Lottery players, the project will start on 12th June 2023 and run through to 31st December 2025. As part of the project, we will talk to local residents, schools, families, artists, and disabled and community groups to find out how we can ensure the collections we display and the stories we tell are relevant, engaging and accessible. We will review our collection, enhance the interpretation of our art and objects and extend the way we tell Newhaven's story online. We will improve our display spaces, create roving displays in the

community and establish a cultural hub where people and artists can engage creatively with the collection.



If you want to help us tell Newhaven's story and explore the town's heritage, please get in touch with Jenny Flood on newhavenhistory.jenny@gmail.com.

RNLI Newhaven Lifeboat Summer Fayre

Sat 1st July 2023

Exciting Attractions & Displays
Stalls - Food & Drink - Music

[/newhavenlifeboatevents](https://www.facebook.com/newhavenlifeboatevents)

Lifeboats

Fort Rd Recreation Ground, 11am ~ 4pm

Saving Lives at Sea



WHAT IS THE ROTARY CLUB OF NEWHAVEN COAST WEST?

Our club was founded in 1968 and was chartered 13 May 1968 as The Rotary Club of Newhaven, and covers the towns of Newhaven, Peacehaven, Telscombe, Saltdean and Rottingdean. Our members are men and women from all walks of life who wish to help their community and international communities.

Since its inception the Rotary Club of Newhaven Coast West has contributed both financially and in kind to our local community and to other organizations such as:

Newhaven Scouts - ABC Fund - C'TLA - RNLI Newhaven - KSS Air Ambulance - Peacehaven & Telscombe FC - Kempton House - Parkinsons UK - Care for Carers - Starlight - Dorothy House - Telscombe Hall - Peacehaven Scouts - Mencap (Newhaven) - Denton Cricket Club, Newhaven Football Club and many more.

We have recently started a project to raise funds to donate to a local foodbank and Warm Room each month (any donations towards this are gratefully received).

In particular the Newhaven Club has used the grants given by our local councils to provide events to relieve loneliness and unhappiness for our local citizens who live alone and are unable to socialize through ill-health or lack of mobility.

Rotary isn't just about service and community activity. Friendship and fellowship are important too. We have a wide range of social activities to ensure that club membership

is an enjoyable experience.

We are just one of 46,000 Rotary clubs in the world. Rotary unites people from all continents and cultures who take action to deliver real, long-term solutions to our world's most persistent issues.

While all Rotary Clubs share a commitment to community service, the experience, focus and dynamics of each club is unique. Becoming a Rotary member connects you with a diverse group of professionals who share your drive to give back.

Rotary Causes: Solving real problems takes real commitment and vision. Each year, members worldwide invest hundreds of millions of dollars and countless volunteer hours in sustainable, community-based solutions to promote health, peace and prosperity in communities across the globe. Rotary combines global reach, local resources, and highly skilled volunteers with a funding structure that distributes US\$200 million annually to provide clean water and sanitation, support education, prevent and treat disease, save mothers and children, grow local economies, promote peace, and protect the environment.

For more than 40 years, Rotary has been the driving force in the effort to end polio worldwide. Alongside our partners in the Global Polio Eradication Initiative, we have achieved a 99.9 percent reduction in polio cases, with less than 150 cases of

wild polio reported in 2020 compared with 350,000 a year in the late 1980s.

Rotary history: For more than 118 years, Rotary members have been addressing challenges around the world. Rotary started with the vision of one man, a Chicago attorney, Paul Harris. He formed the Rotary Club of Chicago, Illinois, on 23 February, 1905, so professionals from diverse backgrounds could exchange ideas, form meaningful, lifelong friendships, and give back to their communities. Rotary's name came from the group's early practice of rotating meetings among the offices of its members. In our local area Rotary arrived with the Rotary Club of Brighton and Hove (now the Rotary Club of Brighton) in April 1913. Rotary in Great Britain and Ireland is the only self-governing part of Rotary, the rest of the world is governed from Evanston (a suburb of Chicago, USA).

The poster is for a 'FASHION SHOW' organized by the Rotary Club of Newhaven Coast West. It features a woman in a red dress and a yellow ticket graphic. The text includes: 'Ticket Price £5.00 Must be bought in advance', 'An exciting afternoon of fashion & fun hosted by Travelling Trends', 'A ladies' afternoon out with a difference! As well as a live CATWALK SHOW, there is ample time to try on and buy this season's High Street and branded fashions.', 'Refreshments included in Ticket Price', '22 July 2023 2:00 pm to 4:00 pm', 'At Riverside Hall Riverside West Quay Newhaven BN9 9BP', 'Funds raised for Mencap(Newhaven) and Rotary Club of Newhaven Coast West Charities.', 'www.travellingtrends.com', and 'Tickets available from: Iris, email: icpetts@talk21.com Tel: 07852673169 and/or Cindy, Tel: 07960631694'.



A SUCCESSFUL CORONATION STREET PARTY IN THOMPSON ROAD

The Thompson Road Coronation Street Party on Sunday May 7th was organised by volunteers from Denton Community Challenge and Havens Food Cooperative. The event was a great success, and we had an amazing turn out with the community coming to celebrate the King's coronation together.

The event was funded by Newhaven Town Council and many local groups helped to bring this event together, including Denton Community Primary School who provided the tables and chairs, St Leonards Church in Denton who made over 150 picnic plates for the event and the Fire Brigade (Green Watch)



who helped put up and take down the bunting on the day.

A bar was run by volunteers from Denton Community Challenge which raised money for Havens Community Hub. There were also amazing food stalls - Bushnelli's coffee cart/barbecue, Honey Bakes cakes, Sophie's Sweets and Charlie's Ice Cream Van.

There was entertainment for the children with DJ Keith providing music, Queen Elsa from Becca's Facepainting and Sam Jones the Magician putting on a show. The children from Norcross Dance Centre in Denton opened the event with a brilliant dance routine. A games stall was run by South Heighton Bonfire

Society raising money for their event this year and a children's tombola was set up raising money for HCTP.

Commemorative badges were also given out to children on the day as a token from the event and prizes donated by Honey Bakes were won in the children's costume competition which was presented by local councillor Sean Macleod.

Denton Community Challenge and Havens Food Cooperative really enjoyed organising this event for the community and can't wait to host more in the future. For more details about upcoming events please follow [@havenscommunityhub](https://www.facebook.com/havenscommunityhub) and [@dentoncommunitychallenge](https://www.facebook.com/dentoncommunitychallenge) on Facebook.

HAVENS FOOD COOPERATIVE RETAINS ENVIRONMENT AWARD FOR SECOND YEAR

Havens Food Cooperative, a food waste prevention and redistribution project, was named as winners of the Environmental Award for the second year in a row at the Seahaven Business Awards. This is the first time in the history of the awards that an organisation has 'done the double'.

This recognition celebrates the projects innovative approach to tackling food waste while positively impacting the community.

This success was attributed to its team of amazing volunteers, and the stores that partner

with the project to enable the prevention of food waste. Since the creation of the project the release of around 400,000kg of greenhouse gases has been prevented, by diverting food from reaching landfill. Surplus food is being redistributed to the community, minimising the environmental impact that it has and contributing towards alleviating food insecurity. Their Community Pantry, in Denton, operates 365 days per year, redistributing this surplus.

The project has also created a network of Pop-Up-Pantries, based between Saltdean and Seaford, that facilitates the redistribution of surplus food to the wider community. The project also supports individuals and families facing food insecurity.

Havens Food Cooperative looks forward to continuing in their mission to prevent food waste and redistribute surplus, hoping to continue having this positive impact on the environment and continuing to provide food support for the community.



For more information on how to get involved with the project and for enquiries about volunteering please contact: havensfoodcoop@gmail.com 01273918226 or visit www.havenscommunityhub.co.uk.



NEWHAVEN FOOTBALL CLUB

The 2022/23 season has been a season full of development and success both on and off the pitch for Newhaven Football Club. Last summer saw the introduction of a 3G astroturf pitch at the Trafalgar Ground. This has provided an all-year-round surface for the 5 senior teams and 18 youth teams, affiliated to the club, to train and where possible fulfill fixtures on. Perhaps most significantly though it has given the club the 'home' that has been craving.

It appears to have helped provide success on the pitch too. This season we have celebrated 3 Cup victories in the senior section.

The Mens First team won the Peter Bentley Cup beating Crowborough 2-1. They also narrowly missed out on promotion, finishing 3rd in the Southern Combination Premier League. A very impressive season for all involved.

The Ladies First Team also tasted success. They won the Eastbourne FA Chairmans Cup with a dominant 5 - 1 victory against Bexhill Utd. They finished 7th in the London and Southeast Regional Women's Division capping off a fine season.

The Under 18's, managed by Clive Blunt and Kieran Ridley, won the Sussex County Football League Challenge Cup, beating Alford on penalties.

It's fair to say that the club has enjoyed a pivotal season

brought about by the ground improvements and the feel factor around the Trafalgar Ground. Attendances have improved and with the facility being used to host various cup finals, it's really beginning to establish itself as one of the best places to play and watch football in the County.

We look forward to welcoming you to the ground next season.



We desperately need coaches to run potential new girl's teams. If you are interested, please contact me, Alex Ladd, on 07734 693312.



Family Fun Day and Picnic

11AM - 3PM SATURDAY 22 JULY, EAST SIDE PARK

As N.I.P.P.E.R.S. approaches it's 50th Summer playscheme, we will launch the summer with a fun day in East Side Park.

The park is a hidden gem on East Side. Parking is limited but it is easily accessed by walking and public transport - just head for Newhaven Town train station by bus or train. Head down Railway Road (between the railway station and The Range), once past the old Parker Pen estate and the Engineer Pub take the second left into Norton Road and the park is on the left at the end of the road.

We plan lots of free activities - face painting, bouncy castle, fruit tasting, forest school activities and low-cost fairground rides. Local groups will be there to tell you about their activities in the town and provide activities for the children and young people. There will be stall holders and refreshment providers - Charlie the ice cream man and Crepes de la Crème, to name a few.

Sam Jones, the magician and ventriloquist will perform at 2.15pm.

Come along and join in the fun.



- NIPPERS, East Side Social Centre, Norton Terrace, Newhaven, BN9 0BT
- After School Club 3-6pm daily, collections from local schools.
- Summer Playscheme 7.30am-6pm 24th July to 1st September.
- HAF playscheme (launch date 4/6/23) 9am-3pm 24th July to 25th August free for those on benefit related free school meals.
- September After School Club from 4th September.



18th Annual Seahaven Business Awards A Night of Emotion and Excitement

The 18th Seahaven Business Awards, held on Friday, 12th May 2023, was an evening filled with emotion, excitement, and a strong sense of community. Celebrating the successes of local businesses from Seaford, Newhaven, and Peacehaven, the event brought together over 100 VIPs, members, and guests at the Jerrom Hall, Peacehaven. This prestigious event showcased the remarkable achievements of companies and individuals who contribute to the local economy and community.

A Star-Studded Evening

The event was graced by the presence of distinguished guests, including His Majesty the King's representative, the Deputy Lieutenant for East Sussex, Mr. David Allam, Newhaven Mayor Paul Boswell, Seaford Deputy Mayor Cllr Liz Boorman, and Peacehaven Mayor Cllr. LucyJo Symonds. Also in attendance were Deputy Chief of Mission Mrs. To Minh

Thu from the Embassy of the Socialist Republic of Vietnam and, Be Thi Ut Nguyen, First Secretary of the Embassy, MP Maria Caulfield, and all three Presidents of the Chambers of Commerce.

The Seahaven Business Awards were generously supported by local sponsors, with categories judged by the two local MPs, the Presidents of the Newhaven, Seaford, and Peacehaven's Chamber of Commerce, and Graham Peters, Chairman of the Newhaven Enterprise Zone. The collaboration between Newhaven, Seaford and Peacehaven Chambers of Commerce demonstrates the importance of local businesses in creating better lives for everyone and the importance of contributing to the local economy.

The Winners

The awards recognised exceptional businesses and individuals that demonstrated

resilience, innovation, commitment to staff, and great pride in their businesses. Many of the successes were Seaford businesses but in the environmental stakes, the winners were all from Newhaven.

Giving Back to the Community

In addition to celebrating the achievements of local businesses, the event has also raised money for the Hillcrest Community Centre through a silent auction and raffle.

A Special Thanks to the Sponsors

The Seahaven Business Awards would not have been possible without the generous support of key sponsors, including the Charles Cox Group, Veolia, Meeching Estate Agents, Cleankill, V R Flowers & Son, Helen Macaulay, Arlettes Florists, Seahaven FM, and 2nd Cup of Tea.

OUR WINNERS



BUSINESS OF THE YEAR

The most prestigious category, Business of the Year, sponsored by The Newhaven Enterprise Zone, recognised overall excellence in business performance, innovation, and community involvement. The winner was Inle Home from Seaford, with Whittfit Training and Seaford Town Market in second and third places.



PRESIDENT'S AWARD FOR CREATIVE ENTERPRISE

Sponsored by Mike Shorer Fine Jewellery, the President's Award for Creative Enterprise celebrated businesses that excelled in creativity and innovation. In 1st place was Julie's Art of Noise, 2nd Got Buns Huns (Newhaven) and joint 3rd Magpie Art UK and James Cox Music.



BEST NEW BUSINESS

The Best New Business category, sponsored by the Newhaven Enterprise Centre, recognized outstanding new companies that have made a significant difference locally. In 1st place was Pelham Barbers, 2nd Whittfit Training and 3rd Newleaf Camper Conversions from Newhaven.



BEST ENVIRONMENTAL BUSINESS

Sponsored by Fine Marketing, the Best Environmental Business category honoured companies that demonstrated a strong commitment to environmental sustainability. All three were Newhaven businesses - local charity Havens Food Cooperative won pride of place, closely followed by Take Good Care in 2nd and Jeavons Toffee in third place.



BEST CUSTOMER SERVICE

The Best Customer Service category, sponsored by The Sussex Sign Company, honoured businesses that excelled in providing exceptional customer experiences. The top spot was taken by Rachel Ayres of Seaford's Secret Fairy's Bookshop, 2nd Kempton House Day Centre and in joint third, CTLA and CmdShiftR.



BUSINESS PERSON OF THE YEAR

Sponsored by Swindells Chartered Accountants, the Business Person of the Year category recognised exceptional individuals who made a significant impact on their businesses and the local community. The winner was the owner of Yemeni Coffee House Yahya Al-Hattabi, 2nd was Levente Novaki from La Maison Mobile Catering and 3rd Megan Turk of Got Buns Huns of Newhaven.



BEST EATERY

The Best Eatery category, sponsored by Experience It Now Travel, celebrated establishments offering exceptional dining experiences. The winners were Newhaven's West Quay Café in 1st place, The Viceroy in 2nd and the Bengal Palace Restaurant in third.



The 18th Seahaven Business Awards was a night to remember, showcasing the incredible talent and dedication of local businesses and individuals. The event served as a reminder of the importance of supporting and nurturing the local economy while fostering a sense of community and pride in the Seahaven area. Congratulations to all the winners, and here's to another successful year of business in the Seahaven region!



At Newhaven Green Centre we have been busy adding stock to our 'Library of Things'. Do visit our page to find out more about what we're offering. We're starting to get a steady stream of customers – do come and borrow our items for free.

At our Repair Cafes our repairers now include welding and IT repairs as well as clothes and zip repairs, fiddly little

jobs requiring glue and general electrical and mechanical items (it's amazing how many clocks pass through our doors!) We'd like to take this opportunity to say a massive thank you to our wonderful team of Repairers without whom this wouldn't be possible. The next one is on July 9th then we'll resume in September, they're normally on the second Sunday of the month.

By the time you read this we'll hopefully have had the chance to chat with you at the Denton Community Challenge and at the Fish Festival.

Our next target is to recruit more volunteers and we are delighted to welcome Scarlet Scardanelli as our new Volunteer Coordinator.

If you want to find out more about what volunteer opportunities we offer please email volunteers@newhavengreencentre.com or phone or text 07368 865914.

www.newhavengreencentre.com
info@newhavengreencentre.com
www.facebook.com/newhavengreencentre



Newhaven Tree Wardens

If you're a regular user of the town's green open spaces, and you're keen eyed, you may have noticed the odd tree and a few saplings appearing here and there. Mostly we have been busy planting in Drove Park, Riverside Park and at Valley Ponds, all native species and some being 'new natives' as we like to call them, those that although not originally native to the UK, have been growing here for hundreds of years!

Next time you're out an about, have a look and see if you can spot them, and if you've not been to Riverside Park or Drove

Park lately, then we definitely recommend you go there on the next sunny day.

Speaking of sites where we have been planting, we are always looking for suitable places to plant new trees, so any suggestions are always welcome. You can email them to us at: BN9Trees@hotmail.com or search Facebook using: [#BN9Trees](https://www.facebook.com/BN9Trees).

Unfortunately many grass verges that line our roads here are unsuitable owing to there being multiple services cables and pipes, just beneath the ground - something to consider if you're planting a tree in your garden – on that thought, have you thought about planting a tree to commemorate the Coronation of King Charles III?

You can also contact us in the ways above if you're interested in joining us, whether it's as a Tree Warden or just as a pair of helping hands when we start new projects in the Autumn or indeed if you'd like to make a donation towards our work!





THE JOY OF MY WILD GARDEN

By *Miriam Thundercliffe*



I moved into my house some 11 years ago and was faced with a lovely south facing garden that was unfortunately covered in a huge rockery and broken greenhouse. Having a young baby back then meant I cleared all of this out and settled for a grass lawn that I mowed and kept tidy. Many mistakes were made back then, I initially used slug pellets to cope with the thousands that had lived there undisturbed by the previous owners for many years. It's not till the following year that my knowledge of gardening and wildlife increased did I realise how harmful this would have been for the surrounding wildlife if they ingested the pellets or the slugs. For the last 8 years I have never used any chemicals in my garden and the wildlife has multiplied, I grow healthy vegetables every year and marvel at the wildlife I have passing through. From a multitude of bees, hoverflies, butterflies to a resident hedgehog, mouse, frogs, and this year a female sparrowhawk took up residence at the end of my garden.

Having always loved nature, the benefits it brings to me both mentally and physically my journey of understanding the importance of letting areas go wild started a few years ago. I have always been aware of how much our species are declining, (remember wiping insects off your screens in the cars in the '70's?) how our green areas have been taken for housing and the impact this then has on the world around

us. If our bees disappear, we literally won't be able to produce food. So what could I do in my small garden in the heart of town to help with this...

I bought some pollinating flowers, signed up for a Permaculture course and my journey began. My world opened up to solutions and answers to not only help ourselves, our communities but also help our Earth. And my garden is now abundant for wildlife, it offers biodiversity and a high yield of food for my family.

In the sunniest areas, I choose to grow my vegetables, salads, and herbs in a Hugel no dig bed. Planting lots of smelly fennel and herbs amongst the tomatoes and salads kept the slugs at bay and gave flowers for the bees to get nectar. This method also allowed for greater water retention and more nutrition kept in the soil.

My Grape Vine and Cherry Tree loved the wild area I let grow around them with the addition of a small bin as a pond, wildflower seeds sown I just let nature do what it needed to whilst seaweed mulching the fruit trees and allowing nature to cover the surrounding areas keeping the tree roots shaded and looked after. This wild area also saw a hedgehog take up residence as I used all the winter tree cuttings and mulch to add to my wild area and this created a home for the hedgehog. Also keeping clear its entry and exit points on either side of

the fence meant it could utilise all the gardens on the street and helped create a nature network. The pond has allowed thirsty bees to hydrate, birds to drink and catch the flies hovering around and the frogs from next door to have a cool rest. Then these frogs and hedgehogs eat my slugs which leaves me to enjoy the food that I grow.

When we allow the cycles of nature to simply just be magic happens. Wild areas we don't touch, piles of wood we leave for amphibians to nest in over winter, lawns we leave to grow giving insects habitats and early dandelions offering the first nectar to hungry bees. Every little bit helps, even a square metre of grass left to grow. Imagine the impact if everyone did that.

But really for me the best thing of all is the joy I get seeing my garden so alive and thriving. I get to enjoy the Goldfinches pulling the individual hairs of the dandelion clocks to get the seeds at the bottom, watch the blue tits eating the aphids, hear the hedgehog scuffle around at night and know nature is being looked after in my garden.

Going wilder in your garden is not only good for our Earth it's good for you too.

For anyone wanting information on creating wildlife habitats and going wilder in the garden, and dates of our future events please visit our website at www.greenhavens.network.



YEAR ROUND CREATIVE WRITING IN NEWHAVEN

DO YOU HAVE A STORY TO TELL?

Have you always wanted to write but haven't had the time, confidence or support?

Come and join a friendly, welcoming writing class that has been running for 25 years on a Friday morning at the Hillcrest Centre in Newhaven, facilitated by Umi Sinha, author of historical novel "Belonging". This group is suitable for all levels, from beginners to published writers. Everyone brings something special; everyone learns from each other.

You may want to be published, or write for your family, or for yourself. You will write at home and read your work in class and get helpful verbal and written feedback on content and technique to find your unique voice and improve your writing skills. You will learn a lot but you will also have fun and make friends.

The next course starts on 29th September.

To find out more: contact Umi at: umisinha.writing@gmail.com.



THE RLF READING ROUND IS COMING TO NEWHAVEN!

Would you like to widen your reading and learn more about writing with no preparation and no homework?

The Royal Literary Fund Reading Round is a FREE year-round reading and discussion group that meets over 30 weeks of the year.

The facilitator (Lector) reads a short story and a poem during each session and the group discusses them. The text is handed out on the day so you can follow along if you wish. There is no teaching, and everyone's response is valid. You do not need to have any knowledge of writing.

All you need to bring with you is a willingness to listen, discuss and be open to new ideas. For most people, the group provides a valuable opportunity to meet with other booklovers in a friendly, stimulating and relaxed environment.

"The best and most enjoyable thing I have ever done."

Reading Round participant

Reading Round starts on Tuesday 26th September at the Hillcrest Centre. The facilitator (Lector) is Umi Sinha. All sessions are free.

Find out more here: www.rlf.org.uk/education/reading-round and then email umisinha.writing@gmail.com with any questions or to register.

▲ Photo by Nick Morrison on Unsplash

The GuestHouse
Storytellers



*The GuestHouse
Storytellers present*

INTERTIDAL TAILS - A SOUTH COAST BESTIARY

Professional storyteller Michael O'Leary takes us on a coastal wander to meet psychotic mermaids, bone harps, sea serpents, giant gannets and whatever else decides to surface.

Booking in advance only.

This is a charity event in aid of the Newhaven RNLI and Coastwatch.

Tuesday 11th July 7.30 to 9.30pm at Newhaven Lifeboat Station, Riverside, West Quay, Newhaven BN9 9BT.

STORIES OF THE SEA

Performed by the GuestHouse Storytellers.

£5 on the door on the night.

Tuesday 12th Sept 7.30pm to 9.30pm at the Hillcrest Centre, Newhaven BN9 9LH.

More info at:
www.guesthousestorytellers.com



STORYTELLING WALKS

Extensive guided walks around Newhaven and environs with breaks to hear local stories

As part of Newhaven Festival this September, storyteller Jamie Crawford will be leading two walks themed around the lore and legends hidden among the lanes, woods, hills and beaches of Newhaven and surroundings. Newhaven Secret Edgelands Walk features a true-life WW2 experience, a story based on Sussex skipping traditions and lots of little known snippets about the town. Secret Sussex Heartlands Walk explores the varied and picturesque countryside east of the river. Clay, chalk, iron, flint and salt water have shaped the folklore of Sussex, bequeathing a motley array of weird and wonderful tales for your listening pleasure on this wide-ranging route.

Both walks leave from and return to the Sidings Bistro, by Newhaven Town Station. Suitable for

fit walkers (ages 12 and upwards). Well behaved dogs and their human guardians welcome.

Secret Sussex Heartlands Walk

10th September. 11am – 4pm. £40

Newhaven Secret Edgelands Walk

17th September. 2pm – 5.30pm. £28

Concessions by arrangement – please do ask.

Full details and tickets from
www.newhavenfestival.co.uk.

Jamie Crawford has been delivering storytelling shows, workshops, and walks for over twenty years. www.jamiecrawfordstorytelling.com.

Lynne Mendelsohn
Counsellor MBACP (Senior Accred)

www.lynnemendelsohncounselling.co.uk

Embracing change and
moving forward



NEWHAVEN ART CLUB

Newhaven Art Club are a long-standing fun and creative club run by its members for the members with local meetings and exhibitions.

Our normal weekly meetings are on Mondays at 2pm at Peacehaven Evangelical Church Hall 24 Mayfield Ave Peacehaven BN10 8RE.

There are inspirational club visits and demonstrations from other artists to get our

creative juices flowing and having fun making new friends among fellow local artists.

Our busy program of events and projects and visits including regular exhibitions and shows in the area where members can exhibit and sell their works.

We also have outings and garden parties throughout the Summer.

This Summer we will be running An Eric Ravilious Project in conjunction with the Towner Gallery and the Turner Prize. It will consist of a plein air day on Saturday

12th August open to all with competitions and an Exhibition of work along with projects and talks.

We are always keen to welcome new members whatever ability. You don't have to be Picasso or Monet just keen to give art a go surrounded by supportive friends who encourage you to learn and enjoy art.

Check out the club's new website for more details at www.newhavenartclub.co.uk or ring Chris Cook on 07887 520708 or email us at newhavenartclub@hotmail.com.



NEWHAVEN BOWLING CLUB

Newhaven Bowling Club are a long-standing, fun and friendly bowls club, run by its members for the members.

We have a great clubhouse and one of the best greens in the county, on Newhaven's Fort Rd recreation ground.

Bowls is a great low impact way of getting and keeping fit for all ages and physical abilities who enjoy a fun challenge.

With help from a council grant we have recently installed a defibrillator and disabled

toilets and facilities to enable more to enjoy our great game.

From April until the end of September we have fun matches against each other, with friendlies or league matches against other clubs at home and away. This year we won the coveted Phoenix cup which has been contested for over 100 years between Newhaven and Seaford.

During the winter we play Short Mat bowls in the clubhouse three times a week, on Monday afternoons, Wednesday mornings and

Saturday mornings.

Monday evenings from 5.30pm and Saturday mornings from 10am we always have a friendly roll up and coaching for everyone to enjoy learning and practice the game of bowls.

We have a qualified coach and experienced players who can teach you and bring on your game, whatever your ability.

Check out the club's website www.NewhavenBowlingClub.weebly.com or email us at nbowlscsocialmedia@gmail.com or call Jose Baker for more details on 07542 608304.

This is a wonderful aerial view of Newhaven Harbour dating from 1933, packed with things to see.

You'll really need to look at the full size image to see the details, so here's the link to the Our Newhaven page, where you can click on the image to enlarge it. There are also some close up sections on that page.

www.ournewhaven.org.uk/page/newhaven_harbour-3?path=0p2p42p

In Sleepers Hole, the sister ships 'Brighton IV' and 'Arundel' are laid up. The large harbour dredger nearby is 'Newey'. Just above you can make out the old Lifeboat House, the harbour Watch House and the Earl of Sheffield's tramway, built to take chalk from the Quarry to the West Quay.

Over at the Railway Quay, the tug 'Foremost 22' is moored

away from her usual spot at No.5 Stage for some reason – probably some supplies to pick up or paperwork to do at the harbour offices. There is an extension at the southern end of the London and Paris Hotel on the Railway Quay. This housed those harbour offices and was built between 1906 and 1910 – records disagree on the exact date!

Moving to the East Quay, the three steamers are 'Worthing', in the Night Berth near the Customs House, the single funnelled 'Rouen' and then the two funnelled 'Paris IV'.

To the right of the photo are the 'Oyster Ponds', and it seems that most of 'Turkey Town' – Eastside – is yet to be built.

At the bottom of the photo you can see part of the Fort, and the white building is the Master Gunner's house.



Our Newhaven is an easy to use 'living history' website, with hundreds of pages of memories and well over a thousand images, many exclusive to the site. You can add your own images, stories and memories to the site by creating your own page at www.ournewhaven.org.uk – there's an online tutorial for new users – or you can email them into us at info@ournewhaven.org.uk and we'll create the page for you. Alternatively, you can drop them off at the Town Council Offices in Fort Road. We'll collect them, create the page and return the items to you.

DENTON ISLAND INDOOR BOWLS CLUB

We were established in 1997 with funding from the National Lottery.

Since then, we have been a fantastic facility for our members and the wider Community, offering a valuable space for many older residents to meet with friends and enjoy a fun social sport. We are pleased to say that we have a thriving membership of all ages, Bowls really is for everyone.

We offer free trial sessions on the first Saturday of every month. You can play bowls for fun, or for the more competitive Members we have internal leagues and external Competitions.

We are very proud of our Bowling facilities; they are of such a good standard that we hold County competitions here as well!

As well as our Bowling facilities we have a separate Function room, which can be hired for Private functions such as Parties, Weddings, Wakes and Christenings. We have held Team bonding days and we are a chosen venue for local Town Council events, such as the Dieppe Raid Memorial Service.

Our Function room is also used for Chair Based Exercise Classes, Line Dancing and Bridge Clubs. And we hold regular fund-raising events for the Club which have included Elvis Tributes, Country and Western evenings, Barn

Dances, Race Nights, and Cream Tea Afternoons.

Denton Island Bowls Club is a warm friendly club and we have been told on many occasions that we give our members a purpose and a reason to get up in the morning. We are so happy to hear that and hopefully it means we are achieving what we set out to do.

We would be thrilled to see you.



CREATIVE NEWHAVEN

Creative Newhaven was formed in early 2021. The group comprises individuals and organisations from in and around Newhaven with an interest in developing the town's cultural offer. The group meets at least bi-monthly and publishes the minutes of its meetings, along with other helpful information on the CN webpage.

NEWHAVEN ARTS GROWTH FUND GRANTS

This is the second time that the Newhaven Enterprise Zone has funded an open access arts award and this year there were twice the number of applicants compared with last. The five successful grantees are some of the most exciting arts organisations working in Newhaven today.

This November, youth theatre group **Haven Young Creatives** will create Newhaven Lights, a one-day family festival which director Siou Hannam hopes will become an annual fixture. *"This funding gives us an opportunity to come together as a community to celebrate winter time. Local artists will co-create a day of making lanterns and music, ending in a lantern procession that will light up the streets of Newhaven."*

Ignite Theatre will fund their Christmas production of Roald Dahl's *James and the Giant Peach*. *"Over three years the Ignite players have worked hard to bring professional productions to the local community at affordable prices"* says artistic director

Lisa Fairfield. This award allows them to build on their success.



▲ Ignite Theatre *Wind in the Willows*
© Catherine Benson

Community arts organisation **Hospitable Environment** uses food and creativity to connect with local people through projects like the woodfired bread oven, and Soup & Social - their free shared meal and community conversation. Their award underpins the delivery of more opportunities and events in Newhaven through 2023 and beyond.



▲ Hospitable Environment © Phoebe Wingrove

Ring in the New celebrates the restoration of Piddinghoe's historic church bells. Composer Chris Moore (VOCES8) will collaborate with Tidemills Choir and Harbour Primary School to create a piece of music drawing on Piddinghoe's stories gathered by student oral historians from Seahaven Academy. Project lead Ben May promises *"a world premiere of aspirational and beautiful music"* in Piddinghoe this July.

The final recipient is **Newhaven Festival**, now in its 6th year. Together with funding from Newhaven Town Council, Festival Director Rhoda Funnell is curating another diverse lineup including Bicycle Ballet, music at the Bandstand, and a Glyndebourne Youth Opera event, plus a monthly What's On guide. Stay tuned at newhavenfestival.co.uk.



▲ Eric Ravilious Lighthouses at Newhaven 1935



▲ Newhaven Harbour 1937

NEWHAVEN OUTDOOR ART TRAIL TO BE UNVEILED IN AUGUST

This August, a free art trail of giant billboards will pop-up all-over Newhaven, celebrating paintings of the town by renowned Eastbourne artist Eric Ravilious made during the early 20th century.

Each artwork, part of Towner Eastbourne's collection, will

sit alongside a billboard by contemporary artists Jo Lamb, Charlotte Prodger, Mark Titchner, and Emily Allchurch. Their responses have been inspired by Ravilious and the modern Newhaven landscape.

The trail will form part of the gallery's centenary year celebrations highlighting how Newhaven continues to inspire artists living and working today, nearly 100 years on from Ravilious's time.

Explore and get involved with a host of family-friendly activities and events and see

all the Ravilious paintings together at the Towner Library while the trail is live, from August until the end of October.

Pick up your trail brochure available across town from mid-July or head to our website at www.newhavenenterprisezone.com/creative-newhaven for more information.

Follow us on social media to stay up to date across Facebook and Instagram [@creativenewhaven](https://www.facebook.com/creativenewhaven) and on Twitter [@createnewhaven](https://twitter.com/createnewhaven).

HAVEN YOUNG CREATIVES OFFERS FREE DRAMA SESSIONS FOR CHILDREN AND YOUNG PEOPLE

Since 2021, HYC has successfully fundraised for several arts projects. We won a National Lottery award from The National Lottery Community Fund as well as a Sparks Community Award, to provide FREE Drama sessions at the Hillcrest. We meet on Tuesdays: (term time) 3.30-5pm for 8-12-year-olds, as well as an older group 13-18 years from 5.30-7pm.

The older group are currently exploring: What it means to be a teenager? working with local Baby Boomers, all sharing

their stories in arts-based workshops. We are working with a Musician, a Writer and a Video Artist, to gather and co create scenes for a future show.

We have also received a Growth Grant, to create a unique community event; working with local musicians, Nick Pynn and Kate Daisy Grant, who will create a folk song and band for a magical Lantern Procession on 26th November. This will be a fun day for all the family, at the Hillcrest Centre, making lanterns and music, then walking together, with the band, on a magical promenade through the town.

We are very excited that Newhaven Town Council have awarded us a large grant to enable us to continue our work. We will be going into schools and the Youth Centre, to

provide FREE Drama sessions as well as working with Parents and Carers in creative sessions.

We want to keep developing youth-led arts programmes, giving children and young people the opportunity to learn how to express themselves. They will build emotional resilience, confidence, and use their creative voices to be the best they can be. We want to change young people's perceptions of the arts and be proud to live in Newhaven.



▲ Haven Young Creatives © Catherine Benson

MUCH MORE THAN JUST COMMUNITY TRANSPORT

CTLA is a long-established independent and award-winning local transport charity operating 18 buses providing a wide variety of public transport services out of Newhaven across East Sussex from Saltdean, Peacehaven and Newhaven, to Uckfield, Lewes and Hastings.

Travel and transport are all about giving people the ability and freedom to leave (escape) their physical or inner confinement, to leave and travel outdoors to see places, to socialise, and just with be with other people. Being able to travel, with the means of transport, enables people to attend events and meet up with family and friends.

Working closely with social services, charities and local councils, CTLA provides transport for people greatly needing to escape confinement, isolation and loneliness which is proven to contribute to social unrest, family unrest, anger, frustration, and addiction.

This ability to escape isolation and to be outdoors and travel to be somewhere else with other people, is especially

important (crucial) for people's wellbeing, exercise, happiness, contentment and immensely contributes to a person's mental health. We cannot underestimate just how important the role public and community transport plays in our lives and health.

CTLA provides other community transport services such as Non-Emergency Patient Transport (NEPT) enabling people to attend important medical appointments at hospitals and clinics. This is an especially much-needed service with hospital patient care transport considerably in demand and under pressure.

All bus drivers are all MiDAS-trained and experienced, licenced drivers. The buses are equipped with lifts for wheelchairs and scooters.

There is also passenger support staff available for school transport runs transporting vulnerable children and adults with physical impairments attending school or daycare centres.

CTLA also provides transport and drivers for Club and Group hire and even runs a popular CTLA Travel Club taking local people to wonderful places across East Sussex such as local eateries and shopping centres, to events, or to lovely beaches and charming villages.

Community transport is much more than just about transporting nice people to nice places. Community transport allows people to retain control of their lives and not let life control them. More importantly, this enables people to enjoy life and escape any woes by meeting fellow passengers, making new friends, chatting, laughing, and socialising on (and after) their travels.

CTLA covered over 350,000 vehicle miles to over 480 local destinations, providing over 80,000 passenger journeys in 2021 alone. It is professionally managed by a dedicated team of over 50 volunteer drivers, administration staff, skilled technicians, and trustees. Behind CTLA are local companies, sponsors, and partners supporting the efforts to keep the services running.



We're HIRING **We need Bus Drivers urgent**

CTLA are recruiting Minibus Drivers, to work on our new DDRT routes surrounding Seaford & Newhaven, Lewes and Uckfield.

The successful candidates will be employed on a two-year, fixed term contract, working on a monthly rota basis, which will include alternate Saturdays. There are both full and part-time opportunities available. Hourly rates of pay are £10.71, Monday to Friday and £16.07 on Saturdays.

If you have a D1 on your driving licence and would like to be part of this exciting new initiative, at the same time helping your community, please email: jo.wood@ctla.org.uk

Find out more about CTLA Community Transport in Newhaven, visit www.ctla.org.uk



Friends of Bishopstone Station are a group of local residents who came into being to promote the restoration of the Art Deco Grade 2 listed station building, bringing the building into use as a community hub. Last November we achieved phase one of the restoration and opened the Old Parcel Room community hub, serving the population of Bishopstone, Norton (part of South Heighton) and environs.

We run a community drop-in facility for local residents, 'Meet up Mondays', addressing social isolation, building community resilience. A warm space, with WiFi and light refreshments, plus guest speakers on a wide range of topics, from the environment

and local history to the cost of living and wellbeing. Sessions are held every Monday (except bank holidays) from 10am to 1pm at the Old Parcel Room Community hub, Bishopstone Station. Nearest car park at Buckle.

Our Community Food Project helps tackle food poverty, connecting people to better food. It promotes food equality, with opportunities for food education. It also helps our community access healthy, locally sourced food from the station garden and from their own gardens. We host a bi-annual plant and seed exchange, plus occasional talks on growing your own fruit and vegetables. Our herb garden at the station is tended by



volunteers and grows a supply of fresh herbs for everyone. We also run healthy cooking talks/demonstrations.

The hub is available to hire by local individuals and organisations. Various regular classes are held, including French, Spanish, core stability, yoga, art and sewing.

www.friendsofbishopstonestation.org.uk

"ALL ABOARD" ... with Newhaven & District Model Railway Club

We've all probably sampled a box of mixed chocolates, choosing one at random and not knowing what's inside. It's a great feeling when, having 'Taken the Plunge', we're rewarded with an interesting result. Well, how about trying out something far more interesting, more fun, more rewarding and certainly without the penalties of naughty calories.

You are invited to visit, then perhaps join, the Newhaven & District Model Railway Club (**NDMRC**), a local social/hobby Club with a **BIG** difference.

"But I don't know anything about model railways" OK, just pause a second. What do

they actually do? Well, there's woodwork, electrics, painting, scenic construction, model making, learning, exchanging views, sharing craft experiences, definitely having a laugh, running a model train or two perhaps, meeting some great people, being part of something really worthwhile and **ENJOYABLE**.

"Something for everyone?" Definitely, as a community driven charity, operating in a safe, approved environment, we are 100% Inclusive. *"What's That?"* We have brilliant, friendly Members, including some who are young, old, in between, disabled, those who are finding their post-Covid feet and all who value and appreciate the priceless social element.

For those who fancy learning about-or improving certain

craft-skills, (or indeed passing on your expertise), understanding something of the much-debated differences of Digital (DCC) v Analogue (DC) (in a small scale naturally), actually participating in the construction/renovation and very satisfying completion of a working project - Well... As we are "So Much More Than Just a Model Railway Club", you may be pleasantly surprised.

So, what will it be? Chocolate Truffle, Strawberry Crème or... a longer lasting, far more rewarding, social experience, by contacting the NDMRC.

See the 'What's On' section for more details, or phone: 07715 993675 / email: newhavendmrc@gmail.com for Paul, our Club Secretary.

You will be made very welcome: We look forward to your company.

FEELING THE PINCH: HAVE YOUR SAY! – CAMPAIGNING FOR CHANGE IN THE LEWES DISTRICT

Lewes District Food Partnership works to develop and promote sustainable food systems and access to affordable food across Lewes District. We are pleased to announce that our 'Feeling the Pinch: Have Your Say!' project has begun, which involves participants from across the Lewes District (including coastal strip towns of Peacehaven, Newhaven, and Seaford) sharing their stories and experiences of living through the Cost-of-Living Crisis. This work aims to challenge misconceptions and raise awareness about the realities of everyday life for many of those who live in the Lewes District. This is a participatory project where the topics we discuss and the stories we tell are driven by engagement with the communities we represent. One participant said *"to be treated so badly, then when you get a little bit of help, you're told to be grateful, it's awful and I don't have a voice"*.

We know the issues facing residents spreads back much further than the Cost-of-Living Crisis, however the crisis has affected everyone and we believe it is the right time to reflect on the impact it has had, from homelessness to food poverty to lack of access to services. We have developed a panel of 'experts by lived experience' who will take part in a series of workshops, the aim of the project is to build confidence to tell our stories and make sure real people's experiences are being heard.

We will then facilitate panel member involvement in a 'hearing' – bringing the panel of 'experts' together with policymakers including local councillors, business leaders, and decision-makers. We know how difficult it is to influence policy, but we believe with a shared voice we can at least make sure the issues that matter the most to people are being heard.



If you would like to know more about the project or are interested in issues of food justice, security and sustainability please email info@lewesdistrictfoodpartnership.org or follow us on social media @ [lewesdistrictfoodpartnership](https://www.instagram.com/lewesdistrictfoodpartnership).



CHILDREN & FAMILIES IN NEWHAVEN!

There's so much going on with SCDA in Newhaven!

At Denton Island Community Centre, we have: **Jitterbugs**, our term time toddler group every Monday 10-12. Come along for a warm welcome for all families with children aged 0-4years.

Family Learning courses include: **Plant & Play**, our gardening course; **Family Food**, learning different life

skills cooking healthy meals from scratch with the children.

Learn about our local environment both blue and green with **family beach and forest school** sessions.

At our Active Travel Hub at The Sidings, you can find **buggy walks, bike maintenance sessions and group bicycle rides**.

For young people aged 7-16 we have two groups of **Holiday Club (HAF)**, which operates for 4 of the 6 week summer holidays from 24th July 2023.

Places are limited so book early! For more information call us on 01273 517250 or email families@sussexcommunity.org.uk.



VOLUNTEER AT THE COMMUNITY SUPERMARKET!

Newhaven Community Supermarket continues to go from strength to strength with around 100 members attending every week, to shop from surplus on a 'pay as you feel' basis. We are currently looking for strong volunteers to help us out with tasks such as loading and unloading our van, putting away deliveries in the store room and setting up the

community supermarket space. We couldn't do what we do to support the community without our wonderful volunteers who are so generous with their time! Come and join our friendly team. Please contact us by email: food@sussexcommunity.org.uk to find out more and organise a taster session.

NEWHAVEN HERITAGE PROJECT

We are seeking to recruit a group who would be interested in working together to create a new heritage walk for Newhaven.

The group will decide upon the theme and then they will be supported by local historian Dr Jenny Flood to research reference points

for the walk. We have also commissioned a designer to create a bespoke map. A great project to be involved in if you enjoy history, walking and Newhaven! For further information, please contact Chris on 07796 869316 or email Newhaven-Heritage-Walks@sussexcommunity.org.uk.



COUNT ME IN (MULTIPLY)

Whether you need to get better at managing your bills, budgeting or you want to improve your potential at work – the government's free Multiply programme can help you. Take the Multiply quiz to find out what courses and initiatives can help you. Visit skillsforlife.campaign.gov.uk/multiply.

If you are 19+, living in East Sussex and have no Maths qualification GCSE grade C/4 or above or for anyone over 50, we can provide 3 hours of free support and up to £30 in vouchers via the SCDA Multiply-Count Me In programme. Contact multiply@sussexcommunity.org.uk for more information.

Dates for the diary.

Throughout July

Johnsy, Hillcrest Cafe Gallery Monday - Friday 9.30 – 3.30

Saturday 1st July

RNLI Summer Fair, RNLI Station, Newhaven 11am – 4pm

Saturday 8th July

Summer Puddings – Cookery Demo, Bishopstone Station 3.45pm – 6pm. friendsofbishopstonestation.org.uk

Sunday 9th July

Newhaven Green Centre Repair Café, Hillcrest Centre 2.30pm – 4.30pm

Tuesday 11th July

The Guesthouse Story Tellers – Intertidal Tails, a South Coast Bestiary, RNLI Station 7.30pm

Wednesday 12th –

Saturday 15th July

Romeo & Juliet, Newhaven Fort. playonshakespeare.com

Saturday 15th July

Newhaven Flea Market and Carboot, Hillcrest Centre 9am – 2pm. For pitches email newhavenflea@gmail.com

Saturday 22nd July

Rotary/Mencap Fashion Show, Riverside

Hall, West Quay 2pm – 4pm

NIPPERS 50th Summer Fun Day, East Side Park 11am – 3pm

Saturday 29th July

Lammas Community Bread Festival, Hillcrest Centre. hillcrestcentre.co.uk

Throughout August

Terri Micklam, Hillcrest Cafe Gallery Monday - Friday 9.30 – 3.30

Saturday 12th August

Newhaven Art Club 'Eric Ravillious Plein Air Exhibition'. newhavenartclub.co.uk

At the Edge / Conservation Conversations

Hillcrest Centre. hillcrestcentre.co.uk

Sunday 13th August

Dieppe Raid Commemoration, Memorial Green

Saturday 19th August

Newhaven Flea Market and Carboot, Hillcrest Centre 9am-2pm. For pitches email newhavenflea@gmail.com

Wednesday 23rd –

Saturday 26th August

MAD presents Telstar, Newhaven Fort 7.45pm

Throughout September

Diets Verschuren & Caroline Marsland,

July – September 2023

Hillcrest Cafe Gallery

Monday - Friday 9.30 – 3.30

September

Hillcrest Cinema - Drawn to War, Hillcrest Centre. hillcrestcentre.co.uk

Saturday 2nd –

Sunday 17th September

Artwave Festival - artwavefestival.org

Sunday 10th September

Storytelling Walks – Secret Sussex Heartland Walk, starts at The Sidings Bistro 11am - £40.

Tuesday 12th September

The Guesthouse Story Tellers – Stories of the Sea. Hillcrest Centre 7.30pm

Saturday 16th September

Newhaven Flea Market and Carboot ARTWAVE SPECIAL, Hillcrest Centre 9am – 2pm

17th September

Storytelling Walks – Newhaven Secret Edgelands Walk, start at The Sidings Bistro 2pm - £28

Wednesday 20th –

Sunday 24th September

Walk the Chalk. walkthechalk.org

What's on.

This listing is correct at the time of going to press and is not a comprehensive list of all the groups and courses in Newhaven.

ARTS, CRAFTS & IT

Intro Art for Well Being

Hillcrest Centre. Mondays & Fridays: 10am – 12pm £5 an hour.

To book email wildseaarts@gmail.com

Creative Writing Course

Hillcrest Centre. Starts 29th Sept. To find out more, please contact Umi at umisinha.writing@gmail.com

Knit & Natter

Newhaven Day Club. Mondays 2pm – 4pm

Life Drawing

Hillcrest Centre. Wednesdays: 10.30am – 1pm. To book email julianlebas@yahoo.com

Linocut Printmaking Classes

Hillcrest Centre. Fridays: 2pm – 4pm Contact Sally: 07876 666784

Meridian IT

Hillcrest Centre. Every 1st Monday of the month

Newhaven Art Club

Peacehaven Evangelical Church Hall. Mondays: 2pm

Contact Chris Cook on 01273 875928 or email

NewhavenArtClub@hotmail.com

Open Call Art

Hillcrest Centre. Thursdays: 9.30am – 1.30pm. Just drop in

U3A Art

Hillcrest Centre. Tuesdays: 2pm – 4pm.

To book email graham.heids@btinternet.com

Wood Creative

Hillcrest Centre. Mondays, Tuesdays & Thursdays: 9.30am – 3.30pm. Contact: Joe 07768 331038

CHILDREN & YOUNG ADULTS

2nd Denton Scout Group "Ralph Reader's Own"

St Leonards Church Hall, Denton. Contact GSL@2ndDenton.org.uk

Fridays

Beavers (age 6–8) 5pm – 6.20pm

Cubs (age 8–11) 6.20pm – 8pm

Scouts (age 11–14) 8pm – 9.30pm

3rd Newhaven Scout Group

Scout Hut, Fort Rd.

Contact: accounts.3rdnewhaven@seahavenscouts.org.uk

Scouts (age 10–14) Mondays: 7pm – 8.30pm

Dragoon Explorer Scouts (age 14–18)

Tuesdays: 7.30pm – 9.30pm

Cubs (age 8–10) Wednesdays: 5.30pm – 7pm

Scouts (age 10–14) Wednesdays: 7.15pm – 8.45pm

Beavers (age 6–8) Fridays: 5.15pm – 6.15pm

Cubs (age 8–10) Fridays: 6.30pm – 8pm

21 Newhaven PL Army Cadets

Please visit www.armycadets.com

Baby Sensory Group

Hillcrest Centre. Thursdays: 9.30am.

Email: eastbourne@babysensory.co.uk or tel 07463 763404

Curious Counters (preschool maths group)

South Highton Village Hall. Thursdays: 10am – 11am

Contact jodie@love4learning.co.uk

Harbourside Gymnastics Academy

Please call Tel 01273 515525

Haven Young Creatives

FREE drama session for children and young people

The Hillcrest Centre. Tuesdays (term time) 3.30pm – 5pm

8–12 years & 5.30pm – 7pm 13–18 years

Newhaven & Seaford Sea Cadets

Sea Cadets (12–18yrs): Mondays and Fridays

Junior Cadets (10–12yrs): Fridays

Tel: 01273 655442 or visit www.sea-cadets.org/newhavenseaford

Newhaven Youth for Christ

St Michael's Church Hall

Monday Sparks Youth Group: Until 4.15pm for primary school children ages 8–11

Thursday Youth Group: 6.30pm – 8pm

Sunday Youth Group: 6pm – 7.30pm

121 mentoring available. Visit www.newhavenyfc.org or speak to Sara on: 07763 333998

NIPPERS

East Side Social Centre

After school club 3pm – 6pm Monday to Friday (term time only)

Holiday playschemes & Inset day cover provided. For details email nippers1973@outlook.com

Norcross Dance Centre

Please email norcrossdancecentre@gmail.com

SCDA Clubs & Groups

Newhaven Youth Centre, Denton Island

Please contact: youth@sussexcommunity.org.uk to find out more or enrol on to these sessions.

Tuesdays: L.A.S.T. Project: 5.15pm – 6.30pm a free youth led LGBTQ+ and allies' 12–17yrs

Wednesday: Youth Club (term time and summer holidays): 6.30pm – 8pm. 12–18yrs

Friday: 'Fri-yay' Youth Club: 4pm – 5.30pm. aged 8–11yrs (term time and summer holidays)

From 24th July 4 of the 6 week holiday: Holiday Club: (HAF) aged 7–16yrs. Operates 4 of the 6 week holiday from. For more information call us on 01273 517250 or email families@sussexcommunity.org.uk.

Mondays Jitterbugs: 10am – 12pm toddler group (Term time).

All families with children aged 0–4yrs

Studio Tempo (Dance)

For details call: 01273 476565

HEALTH & WELLBEING

1-2-1 & Small Group Yoga Tuition plus Reiki Therapy or Reiki plus Sound Healing Therapy Sessions

Available by appointment only. Email: samtosha4u@btinternet.com

Pilates Classes

Hillcrest Centre. Tuesdays: 11.30am – 12.30pm.

Contact Tash: 07831 120600

Tai Chi

Hillcrest Centre. Every Monday at 9.30am – 11.30am

www.taichieffect.com or 07429 007691

Slimming World

Elim Church. Thursdays: 5.30pm & 7pm &

Saturdays: 7.30am & 9am. Contact Karen: 07872 388080

Yoga with Sue (Hatha Yoga)

Denton and Mount Pleasant Social Hall. Thursdays at

9.45am – 11.15am. Contact Sue on 07721 611314

Zara Yoga & Pilates

Meeching Hall

Mondays: 11am - Mat based Pilates

Wednesdays: 5.45pm - Hatha Yoga and 7pm - Mat based Pilates

Friday: 9.30am - Hatha Yoga. Contact Zara at zarano1@msn.com

INTEREST GROUPS

Castle Hill Group

1st Sunday of every month: 10am. Scrub management & other tasks. Please email seahavenpr@aol.com or contact Graham on 01273 514942

Friends of Tidemills

3rd Sunday of every month: 9am – 11am to litter pick & conservation tasks. For more information contact Jim Skinner brianjimskinner@gmail.com

Guesthouse Storytellers

Hillcrest Centre. Visit www.guesthousetorytellers.com for more info

Historical Society

Visit www.newhavenhistoricalsociety.org.uk

Newhaven & District Model Railway Club

Heatherside Business Park, Unit 4, Norton Road BN9 0BZ.
Wednesday evenings: 7.30pm – 10pm
Email newhavendmrclub@gmail.com or tel: 07715 993675 or 07831 601940

Newhaven Green Centre: Library of Things

MENCAP Hall. Tuesdays 6.30pm – 7.30pm

Newhaven Green Centre: Reducing Waste, Library of Things & Bring-and-Take Table

Newhaven Library. Thursdays: 10am – 12pm

U3A

Offers a range of groups and events at various venues. For more information, please visit www.u3asites.org.uk/newhaven-peacehaven

MUSIC & DANCE

Ballroom Dancing with Studio Tempo

Hillcrest Centre. Fridays: 6.30pm – 8pm.
To book phone 01273 476565

Haven Harmonies Community Choir

Hillcrest Centre. Mondays: 7pm – 8.30pm.
Contact marianstanley43@gmail.com or havenharmoniescommunitychoir@gmail.com

Nukehaven (Ukulele)

Hillcrest Centre. Wednesdays Fortnightly: 7pm – 9pm.
Contact Peter on peterandberylneal@gmail.com

Private Dance with Studio Tempo

Hillcrest Centre. Fridays: 10am – 12.30pm.
To book phone 01273 476565

Streetfunk

Hillcrest Centre. Thursdays: 4.30pm - 6.30pm.
Book via: www.streetfunk.co.uk/streetfunknewhaven

SOCIAL

Denton Women's Fellowship

Denton Church Hall. Every last Tuesday of the month: 2.30pm.
Contact: Ann 01273 514482

Just Friends

Newhaven Day Club
1st & 3rd Monday of every month: 10am – 12pm
2nd Monday of the month Walking Group
4th Monday of every month Lunch Group

Newhaven Day Club

West Quay (Northeast of Carpark)
Tuesdays, Thursdays & Fridays. Variety of fun activities. Contact Tony on 01273 513189 for further details, including membership prices

Newhaven Peacehaven Lions

For more information visit Facebook @NPSLions

Rotary Club of Newhaven Coast West

For more information, please email info@newhavenrotary.co.uk or tel: 01273 516018

St Michael's Drop In: Coffee, Tea, Cake & Chat

St Michael's Church. Wednesdays: 10am

SPORT

Affinity Rowing Club

For details visit Facebook @ARCGraceOMalley or email info@affinityrowingclub.co.uk

Denton Cricket Club

For more information, please visit www.dentonsussex.play-cricket.com or Tel: 07883 097883

Denton Island Indoor Bowls Club

For more information, please visit www.dentonislandbowls.co.uk or Tel: 01273 514664

Denton Table Tennis Club

Denton Church Hall.

Wednesday: 7pm – 9pm and Friday: 10am – 12pm

Contact Rosemary on 07999 860333

Newhaven Gig Rowing

For details visit www.ngrc.co.uk or email admin@ngrc.co.uk

Newhaven Bowling Club

Mondays: 5pm. For more information, visit www.NewhavenBowlingClub.weebly.com, email nbowlscsocialmedia@gmail.com or call Jose on 07542 608304

Newhaven Cricket Club

newhaven.play-cricket.com/Aboutus

Newhaven Football Club

For more information, please visit www.newhavenfc.co.uk or email newhavenfootballclub@gmail.com

Newhaven Tennis Club

Club Members can use courts any day

Sun: Adult & Junior Coaching: 9am – 1pm

Mon: Junior Coaching: 4.30pm & 5.35pm

Tues & Thurs: Adult Club: 1pm – 4.30pm

Sat: Junior Coaching: 9am | 10am | 11am & Adult Club: 1pm – 4.30pm (Open to non-members)

Membership & general details: Contact Bob 01273 512162 email: mailrkjackson@yahoo.co.uk Coaching Sessions: Contact Clive 07526 267560

Newhaven & Seaford Sailing Club

For more information visit www.sailinginsussex.org or email info@nssc.org.uk

Seaford Rugby Club

For more information visit www.seafordrfc.club/contact

SUPPORT GROUPS

AA Meetings

Hillcrest Centre. Thursdays: 7pm – 8.45pm
Meeching Hall. Wednesdays: 9.30am

Bereaved by Suicide: East Sussex

Please contact Kellie at Kellie.leyton@sussexcommunity.org.uk or 07542 305419 for further information or call the Sussex Suicide Bereavement Support Team on 07376 616628.

Childline

Tel: 0800 11 11 www.childline.org.uk

Cruse Bereavement Support Helpline

Tel: 0808 8081677 www.cruse.org.uk

Nebula

Hillcrest Centre. Mondays: 2pm – 4pm. Just drop in www.facebook.com/groups/535810757234539/

Samaritans

Tel: 116 123 www.samaritans.org

Warm Spaces Directory

Please visit www.lewes-eastbourne.gov.uk/community/cost-of-living-crisis/warm-spaces-directory or contact the Newhaven Town Council on 01273 516100



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