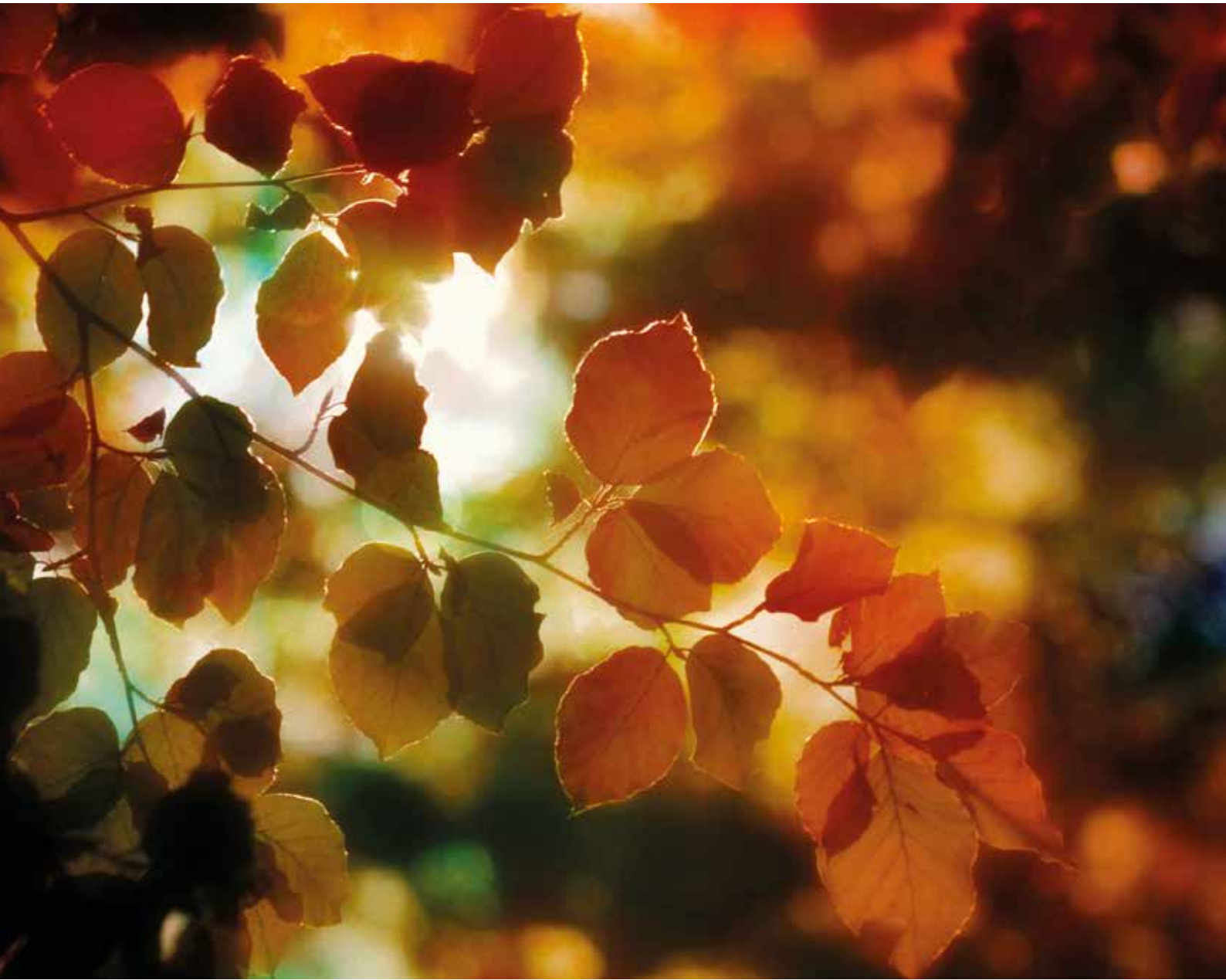


Newhaven *Matters*

Autumn 2025 // Issue N° 43



Welcome to the Autumn edition of *Newhaven Matters*, the free magazine for Newhaven residents produced by Newhaven Town Council.



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The local office is currently being set up. In the meantime, please write to:
James MacCleary MP, House of Commons, London, SW1A 0AA

AUTUMN 2024

Welcome to the Autumn edition of Newhaven Matters



Greetings and Salutations my fellow Newhaveners!

The time from May 'til now has MELTED away...

In addition to entertaining VIPs from the Vietnamese consulate, I was very honoured to attend the Seahaven Business Awards which was a lovely evening, I opened the Denton Challenge which was an awesome day and given the recent absence of actual summer, surprisingly dry. Then there was Sussex day! The weather JUST behaved. Just! But what a great day it was.

I opened the RNLI Fete, a day

SO blustery I feared for the safety of the hair on my head...

Luckily, this Punk is well seasoned enough to know there is no such thing as too much hairspray!

I attended a brilliant Chamber of Commerce meeting held at the always superb Luna Rosa, attended the Peacehaven Zero Carbon Fayre, threw some tomahawks with the squirrels and presented some well-deserved Cub awards for our 3rd Newhaven group, attended the Seaford Mayor's and Peacehaven Mayor's Civic Services and proudly escorted the National Coastwatch Institute flag on my bicycle across our part of Sussex as part of the charity's 30th Anniversary.

I don't drive, so I am very often to be seen on my bicycle riding through Newhaven and I will endeavour to cycle to as many

of my events as possible to keep my emissions low.

I always love to talk to as many people as I can to connect with you all where possible. Talking to you all is my favourite bit about being a councillor here x

I'm off to tea with the NCI, the Army Cadets and the Sea cadets soon and I DO so love a cuppa x

More recently I attended the Dieppe Raid Commemoration events, on our side and in Dieppe and I'll thank you all for standing with me and my fellow colleagues and dignitaries on Memorial Green to remember the fallen.

I am incredibly proud to represent our town as Mayor.

It'll be bonfire season before we know it – see you there! x

Cllr. Pinky McLean-Knight
Mayor of Newhaven 2024/25

If you would like to advertise, have a story that you would like included in future issues, or an event you would like included in the Community Directory section, please email newhavenmatters@newhaventowncouncil.gov.uk or phone on 01273 516100.

Copy Deadline for the Winter Edition Covering January to March 2025 is Friday 8th November 2024

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News from your Town Council

NEWHAVEN MAYOR 'THRILLED' WITH NEW ALLOTMENTS



The Newhaven Town Mayor has opened a development of 14 new allotments as part of the Eastside Recreation Ground project.

Improvements completed on the allotments mean each plot now has its own shed, path, growing area, water source, surrounding fence and gate. A new access path has also been laid which leads to the refurbished allotments.

Councillor Pinky McLean-Knight was joined by councillors from Newhaven Town Council and Lewes District Council and allotment holders (pictured).

Councillor McLean-Knight said: *"I was thrilled to be able to open the renovated Eastside allotments. As a keen gardener myself, I appreciate not only the practical and environmental benefits of growing your own crops, but also those of personal*

well-being and improved mental health that having an allotment can bring."

Local authorities across the UK have reported huge increases in applications for allotments, including in Newhaven.

The new allotments have been Funded by UK Government with grant funding secured by Lewes District Council and match funding provided by Newhaven Town Council.

Newhaven Town Council Meetings

As members of the public, you are welcome to attend Town Council and Committee Meetings, either in person or via the MS Teams.

Information on each meeting will be published on our website, including the MS Teams link as we approach each meeting. For further information, please visit www.newhaventowncouncil.gov.uk or email admin@newhaventowncouncil.gov.uk.

2024		Followed by
22nd October	Planning & Development	Promotion, Partnership & Finance
26th November	Planning & Development	Regeneration & Strategic
10th December	Promotion, Partnership & Finance	
17th December	Planning & Development	Environment & Amenities

MEMORIAL GREEN

You may have noticed but we have moved the flags on Memorial Green. They now sit proudly on the roadside of the green, ensuring that they can be proudly seen and will now not get caught in the trees on a gusty day!

Flag Bearers and Guests at the Dieppe Raid Commemoration back in August were certainly grateful for the move, as it meant they could stand in the shade.



DENTON PLAY PARK REVAMP

With full funding secured, Newhaven Town Councillors have signed off on the building of play park at Denton. The all-inclusive new park, inspired by our coastal location, will include sensory and disability play equipment.

The children's football and basketball ball area will also get an overhaul.

We will keep residents up to date with time scales.



REMEMBRANCE SUNDAY

Please join us on Sunday 10th November as we remember all those who have lost their lives in active service in all conflicts; from the beginning of the First World War right up to the present day. A short service will be held at St Michael's Church, followed by two minutes silence at 11am and laying of wreaths at Memorial Green.

CHRISTMAS LIGHT SWITCH-ON

We will be switching on the Town's Christmas lights on Sunday 24th November at Memorial Green. Please look out for further details.

MAYOR'S CAROL CONCERT

The Annual Carol Concert will be taking place on Tuesday 3rd December at St Michael's Church.

MAYOR'S CHARITY NEWS



MAYOR PINKY MCLEAN-KNIGHT

RAISING FUNDS FOR
HAVENS COMMUNITY HUB

My mayoral charity of the year is the Havens Community Hub and in particular Havens Food Cooperative which works to reduce food waste with food recycling and helps many local families feed themselves.

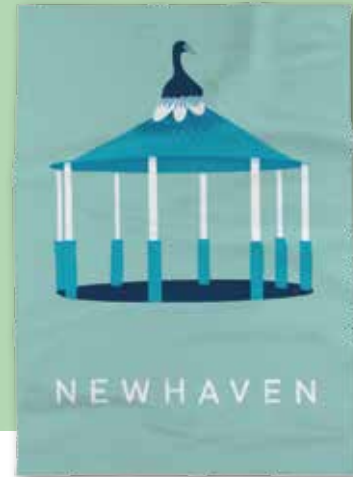
You can donate as little or as much as you can by scanning the QR code.

Or email: admin@newhaventowncouncil.gov.uk

or you can call or visit the office.

...and don't forget to pop into the Town Council Offices to buy the next in the series of Newhaven Tea Towels! This one features our iconic Bandstand designed by Olivia Waller.

£10 each or 2 for £18 – all profits will go to the Havens Food Cooperative.



Update from Haven's Community Hub

Havens Connections Cafe

Havens Community Hub are delighted to have relaunched the Community Cafe at the Hillcrest Community Centre, Bay Vue Road, Newhaven. Monday to Friday 10am to 3pm.

Known as the 'heart' of the Hillcrest Community Centre in Newhaven, the recently closed community café, built connections, fostered community spirit, promoted local well-being, and provided low-cost, quality refreshments for over twenty-five years.

Havens Community Hub has leased the cafe, and by the time this goes to print it will be

fully open, when they will also be opening a support hub in the Centre.

"Our ethos is to 'find a way, or make a way,'" said the Hub's founder, Paula Woolven, "we think that it is vital for the Centre to have a thriving cafe again, and basing our services there, too, makes perfect sense. We will be in the middle of the area that we cover—Saltdean to Seaford—and will be working hard with the Trustees, staff, and volunteers of the Hillcrest Centre to ensure the venue thrives for generations to come."

For hirers of the centre, please call 01273 918226 or email havenscommunityhub@gmail.com to order refreshments.

Havens Community Hub supports, connects and creates projects where there is an unmet community need and

has already formed Havens Community Cars volunteer driver service, Havens Happy Clubs for older people with complex needs and Havens Food Cooperative, which prevents the waste of over three tonnes of edible produce per week.



For more information on Havens Community Hub, see www.havenscommunityhub.co.uk.



NCI Newhaven KAVS News

National Coastwatch Institution (NCI) Newhaven has enjoyed a busy year so far. The trained volunteer watchkeepers at the Newhaven station have been involved in over 25 incidents so far this year. Each of those incidents involves us helping to save lives at sea, and along our coastline, by alerting Search and Rescue assets to hazardous situations.

We constantly observe the inshore waters and coastline between Seaford Head and the windfarm off Worthing and out to the shipping lanes in the English Channel. On a clear day, we can observe over 450 square miles. Our lookout is staffed 365 days a year from 0800 to 2000 in Summer and 0800 to 1700 in Winter.

Our trained watchkeepers use not only their eyes but also

technology to help keep you safe while you work or play along our coastline.

NCI is a registered charity, No 1159975, and receives no support from government funds. We rely upon the generosity of those we serve for our income. NCI Newhaven is part of the national NCI charity which has over 2700 trained volunteers and 60 lookouts around the coast of England and Wales.

2024 has been a special year for NCI Newhaven. Not only was it the national charity's 30th birthday but it was NCI Newhaven's 20th birthday. Our lookout was opened in 2004 having been originally built in the 1960s as a Coastguard lookout which was abandoned in 1994 due to government cuts. Local generosity, by companies and individuals,

enabled the building to be rescued and refurbished with many upgrades having happened since.

2024 saw us receive wonderful recognition of our 20 years of community service when HM The King awarded us the King's Award for Voluntary Service (KAVS) which was presented to us by the Lord Lieutenant of East Sussex. The KAVS is the MBE for volunteer groups.

The station also took part in the 30th Anniversary of NCI celebrations which was marked by the relay of a specially made flag from our most NW station along the coast to our most NE station. All stations used their most creative and inventive means to convey the flag.



NCI Newhaven is always on the lookout for more volunteer watchkeepers. Anyone over the age of 18 can apply and, if your application is successful, full training is given regardless of your previous experience. Contact our Station Manager at mick.carter@nci.org.uk for more details.





Fun, Friendship, Action, Adventure

The Army Cadets aim to inspire young people between 12 and 18 years old to challenge their limits, grow their abilities and go further in life; we deliver this through the community-based Army Cadet Force and the school-based Combined Cadet Force.

Our skills

In the Army Cadets we aim to inspire young people to develop themselves mentally and physically to:

- Challenging their limits
- Grow their abilities and go further in life
- Unlock their talents
- Shape their own futures

We develop young people of all abilities and backgrounds physically and mentally, improving self-confidence, teamwork, friendship, leadership and community spirit through a wide range of fun and exciting activities as well as recognised vocational qualifications such as the Duke of Edinburgh Award Scheme and BTEC Diplomas.

Although we are not part of the recruiting process for the Armed Forces, we do however promote an understanding of what the Armed Forces' roles and responsibilities are and provide assistance to any cadet who expresses an interest in joining the Armed Forces later in life.

There are places for adults too: We inspire everyone to challenge their limits.

Becoming a volunteer with

the Army Cadets will give the chance to make a real difference to the lives of young people in your community.

As a volunteer with us, you will:

- Help young people to reach their potential
- Make great friends who share your values
- Develop new skills and try new challenges
- Gain qualifications and improve your job prospects
- Grow in confidence and have fun

Your questions answered

How much time do I need to give up?

Detachments (Cadet Groups) meet one or two evenings a week (At Newhaven we parade Tuesdays and Thursdays 7pm – 9.30pm).

There are also optional weekend camps and competitions and a one or two-week Annual Camp which is seen as a highlight by both cadets and volunteers!

Is the ACF part of the Army?

The ACF is a youth organisation which is sponsored by the

Army but not part of it. Being part of the ACF doesn't mean having to join the Army. The ACF is led by volunteers who work with the Army to give young people strong values. Our volunteers come from all walks of life and we welcome people from both military and civilian backgrounds.

Is there a uniform?

Yes, a uniform is provided free of charge. All you need to do is provide a pair of sturdy boots.

What experience do I need to become a volunteer?

We recruit all types of people. We look for energy, enthusiasm and a "can do" attitude and provide any necessary training in return.

Sgt. Luis Garcia, Adult Instructor, Army Cadet Force based at Newhaven Detachment. Copyrights ACF.

Your Local ACF Detachment is located on Transit Road, Newhaven, East Sussex, BN9 0BB.

We're open Tuesdays and Thursdays 7pm – 9.30pm

So, pop down and join us!!!

NEWHAVEN FORT UNVEILS 2025 EVENTS CALENDAR FOLLOWING £7.5M RESTORATION



Newhaven Fort has unveiled an exciting calendar of events for its re-opening in 2025, which follows a £7.5 million restoration of the 19th century site.

Newhaven Fort will be reopening to the public from February 2025. With a packed schedule of events and activities, visitors will be able to explore history and enjoy family-friendly fun at this beautifully restored heritage site.

EVENTS AT NEWHAVEN FORT IN 2025 INCLUDE:

- Wedding Showcase (23 March)
- Mother's Day Craft Workshop (29 March)
- Exploring Art through Nature Workshop (6 April)
- Sublime Science Shows (13 April)
- Historic Falconry at the Fort – WWII theme (11 May)
- Past 'n' Curious Car Show (18 May)
- Introduction to Felt Making for Adults Workshop (19 June)
- WWII Event (21st – 22nd June)
- Past 'n' Curious Car Show (20 July)
- Reptylers Shows (01 August)
- Science Workshops (15 August)
- Evening Talk – The Suffragettes and the Suffragists – Votes for Women (07 September)
- Evening Talk – The South at Work (12 September)
- Eric Ravilious at the Fort Art Workshop (20 September)
- Evening Talk – Witches, Warlocks, and Wellingtons (27 September)
- Haunted Halloween Tunnels Event (20 October – 1 November)
- Christmas Felt Making Workshop (06 December)
- Storytime with Scrooge (13 December)
- Victoria Murder Mystery Night (13 December)

Please visit
www.newhavenfort.org.uk
for more information.

During the restoration, Newhaven Fort has enhanced accessibility by offering two new free mobility scooters for visitors. Improvements also include a second disabled toilet, a new family toilet, a ramped area outside the gift shop, better accessibility in exhibitions, and accessible playground equipment for younger visitors.





NEWHAVEN DAY CLUB
01273 512708
Charity Registered No: 257301

AUTUMN FAYRE

TO BE HELD ON SATURDAY 19th
OCTOBER FROM 10am to 12pm
JEWELLERY, BRIC-A-BRAC
TOMBOLA, RAFFLE

TEA, COFFEE AND SMALL CAKE
£1.20
MUG OF TEA, COFFEE AND SMALL
CAKE £1.50
ROLLS WITH CHEESE OR HAM £1.50

EVERYBODY WELCOME

Newhaven Coast West
Rotary Club
With Peacehaven, Telscombe Cliffs, Saltdean and Rottingdean

Raising funds
in aid of:

local mencap
Newhaven, Lewes and district

FASHION SHOW

Ticket Price
£ 5.00
Must be bought in advance

An exciting afternoon of fashion & fun hosted by Travelling Trends
A ladies' afternoon out with a difference! As well as a live CATWALK SHOW, there is ample time to try on and buy this season's High Street and branded fashions.
All at bargain prices!!

26-October- 2024
2-00 pm to 5-00 pm

Refreshment on entry included

Riverside Hall
Riverside
West Quay
Newhaven BN9 9BP

www.travellingtrends.com

Tickets available from: Iris, email: icpets@talk21.com Tel: 07852673169 and/or Cindy, Tel: 07960631694



Lynne Mendelsohn
Counsellor MBACP (Senior Accred)

Have you been through a change or loss
of any kind?

I can help you find a way forward

Face-to-face; online or
telephone sessions

lynnemendelsohn.co.uk
07866-960396



Friends of Bishopstone Station held their AGM earlier this summer. Highlights included ensuring that the finances for our community projects are protected for the next 18 months. Our new treasurer, Mike Bazzard, was appointed and two new names added to the board of directors. We discussed upcoming events at the station for this year, as well as 'Rail 200' in summer 2025. The railway celebrates its 200th birthday next year and we hope to do something special for the event. Ideas welcome!

At the end of August, the Bishopstone Station History weekend was a great success. The weekend was opened by Cllr. Pinky, Mayor of Newhaven, and featured a talk on the changing landscape of the Ouse estuary.



In September, six local artists exhibited their work in the Old Parcel Room during Artwave. Their work consisted of mixed media works, prints and cards, inspired by natural forms, local landscape, figures and animals.

First & third Friday every week from 10am to 12pm **Man Space**, for men of all ages from across the Seahaven area for a chat over tea or coffee.

Every Monday from 10am to 1pm **Meet up Mondays**, community drop-in and pop-up pantry. Most weeks there is a talk on a topic of local interest as well as one to one sessions in the Lobby Room from either Lewes District Citizens Advice, Tech Resort, Ovesco energy, 'A Touch of Gentleness' hand massage or a Legal advice clinic.

Community Food Project events

Sunday 27th October 10am to 12pm Plant and Seed Exchange.

Sunday 24th November 11am to 1pm, help make Christmas puddings on 'Stir up Sunday'. Doors open 11.45am, event starts at 11am.

These are free events. We promote food equality through opportunities for food and gardening education. Helping our community access healthy, locally sourced food.

Christmas Arts and Crafts Fair

11am to 3pm on Saturday 23rd November.

Limited on street parking. The nearest car park is the Buckle. 12 or 12a bus, use Hill Rise bus stop. Bicycle rack in front of the station building or take the train to Bishopstone Station (half hourly service).

Please keep an eye on our Facebook page and website for future events.

Email: friendsofbishopstonestation@yahoo.com

Facebook: Friends of Bishopstone Station

Mobile: 07501 672424

www.friendsofbishopstonestation.org.uk



Shopfronts in Newhaven to benefit from £100,000 revamp



Newhaven Enterprise Zone (NEZ) is calling for businesses in the town centre to apply for a share of £100,000 of funding to improve the appearance of their shopfronts.

The Town Centre Revitalisation Fund will be delivered by grant funding specialist The Company Connector.

The fund is designed to make the town centre a more attractive place for visitors, workers and residents to spend

time in, boosting Newhaven's economy.

Independent retailers, landowners and tenants are being invited to apply for grants to enhance the appearance of storefronts that are used for commercial purposes.

Much of the fund will be used to cover the cost of repairs to eligible retail premises, including fascia restoration, painting, decorating, guttering and lighting – all of which will elevate the area and boost footfall.

All businesses and landowners located in the Town Centre Enterprise Zone are invited to apply. A minimum of 25% match funding is required up to a maximum grant of £7,500.

The NEZ is encouraging businesses to contact the scheme's delivery partner to see if they are eligible and to apply.

The Company Connector, led by managing director Jeremy Taylor, will be responsible for distributing £100,000 a year in grant funding to eligible

businesspeople in the zone.

HNW Architects in Sussex has produced a design guide for NEZ which will help businesses with the process of improving shopfronts for maximum impact, which includes advice on what changes can be made without planning consent and what changes will need a green light from Lewes District Council first.

It also offers guidance on the key principles of good shopfront design, which will help the town centre to build on its heritage assets, create a positive impression, attract visitors and stimulate the local economy.

NEZ will provide an hour of free consultation if applicants need some architectural advice to assess their exterior shopfront and determine what might be suitable.



For more information and an expression of interest form, please visit www.newhavenenterprisezone.com.



Newhaven Chamber Supports Local Good Causes

The Rotary Club of Newhaven Coast West was presented with a cheque for £1,000 to pay for the charity's Christmas Party on 1st December at Telscombe Cliffs. The money was partly raised from the Seahaven Business Awards Raffle and was topped up to £1,000 to enable seniors from Newhaven and Peacehaven the opportunity to celebrate Christmas with friends. Volunteers from Newhaven Chamber will be helping the Rotary Club at the Christmas party.

The Newhaven Chamber of Commerce were also delighted to be able to help the National Coastwatch Institute on their 30th Anniversary event with a donation of £500.

President Mike Shorer joined the flag bearers on their bikes with the 30th Anniversary flag. Stopping at the RNLI the group was presented with a

cheque and had photos taken before the flag went on its way to Seaford, Eastbourne and around the south coast.

The flag relay is making its way along the south coast of England. On its 2000-mile journey, it will stop at all 60 NCI stations.

More than 2,700 National Coastwatch volunteer watchkeepers maintain a daily visual and radio watch along the coast of England and Wales, looking out for anyone in potential danger and alerting coastguard and lifeboat crews. National Coastwatch is a critical part of UK Search and Rescue, working alongside His Majesty's Coastguard, the

RNLI, and the 'blue-light' emergency services and assisting in the protection and saving of life at sea.

In 2023, Newhaven's volunteers spent 8,000 hours looking out over 450 square miles of water. They alerted emergency services to 27 incidents, including a drifting inflatable with four people on board, a two-paraglider crash, a fisherman in danger of being swept off West Quay, and a leisure craft with an engine failure.

Local business owners are welcome to come along to breakfast meetings on Wednesdays, or to join the Chamber, please visit www.newhavenchamber.co.uk.



Photos by Fine Marketing

GuestHouse - Storytelling that is Eye to Eye, Mind to Mind and Heart to Heart



GuestHouse, a performance-storytelling initiative based at The Hillcrest Centre, is going from strength to strength. Storytelling is an art that is in everyone's blood. An old proverb describes the craft of telling tales as 'Eye to eye, mind to mind, heart to heart;' consequently, the game is to stand up and spin a yarn from memory. The storyteller may be a professional or an amateur but Xanthe Gresham (a professional storyteller) who took over GuestHouse in January says that the old meaning of 'amateur' comes from the Latin 'amor' and anyone who loves a story can animate it, reaching the heart and tickling the funnybone of their audience.

As Artistic Director, Gresham says her aim is to keep the legacy of GuestHouse's 17-year history alive by inviting stories of 7 minutes from locals, followed by a show from the best storytellers in the country, some of whom travel the length and breadth of Britain to come to Newhaven.

In addition, every month, a British tree is celebrated with

Xanthe feting the tree with a story.



Local musicians Kate Daisy Grant and Nick Pynn sing a newly composed song in its honour. Kate and Nick plan to release an album of the songs in 2025 and Xanthe has just had a book published: 'A Herba Mythica, the Myths and Folktales of Sacred Healing Plants' with contributions from 30+ storytellers, the best of whom are visiting GuestHouse this year.

GuestHouse has received funding from The Chalk Cliff Trust to take their visiting world-class storytellers into Newhaven schools the day after each adult storytelling night.

Newhaven Teacher Kirsty Mconnell described the sessions as creating 'a world where every child's imagination can soar. The games, the riddles, and the interactive elements are not just entertaining but also educational,

encouraging the children to listen, think, and express themselves.' Headteacher of Breakwater Academy, Sally Franceschi said the sessions were vital for building confidence, speaking and listening skills and community. Funding has also enabled collaboration with Haven Young Creatives and GuestHouse are looking for more young people's institutions and schools to work with – for details, come and talk to Xanthe after any of the following events which are on the second Tuesday of each month at Hillcrest Centre, Bay View Road, Newhaven, BN9 9LH. Tickets are available on the door £8/£10 and online.



Women Who Gave no Fxxks – A Wicked Myth Off - Alys Torrance and Lucy Lill (18+)

Tuesday 8th October at 7.30pm

www.eventbrite.co.uk/e/women-who-gave-no-fxxks-tickets-914495609987



Reflecting Fridas – A Tour de Force on Frida Kahlo – Ana Maria Lines (16+)

Tuesday 12th November

www.eventbrite.co.uk/e/reflecting-fridas-frida-kahlo-by-ana-lines-tickets-914510213667



Nordic Tales – Ancient Myths and Bawdy Songs from the Top of the Map – (18+) Sarah Liisa Wilkinson

Tuesday 10th December at 7.30pm

www.eventbrite.co.uk/e/nordic-ales-with-sarah-liisa-wilkinson-tickets-914726209717?aff=ebdsreoeymlcollection

Find out more at: www.guesthousestorytellers.com



NEWHAVEN FOLK BAND THE DOCKSIDE BARREL SCRAPERS A BRIEF HISTORY

In 2022 musician Nick Pynn (multi-instrumentalist & renowned fiddle folk player) moved to Newhaven and voiced the idea of starting a Folk School open to all local musicians. Jon Bellos, local resident and cellist, applied for a Small Sparks grant of £500 which was received early 2023 and followed by a Next Steps grant of £3000 applied for by Diets Verschuren & granted early May 2023. These grants were instrumental in bringing this idea to life and the musicians are grateful to the Making It Happen Team at SCDA for their generous support.

The premise was to advertise the opportunity for local musicians of all levels of ability and a variety of instruments to learn a new folk tune per session and work towards public performances. The initial 5 weeks in March and April 2023 drew an enthusiastic response and the further grant allowed funding for another 6 months to establish a folk band with a growing repertoire spanning Bluegrass to Bulgarian rucenitsas, Celtic reels to Cajun waltzes and dance tunes from the UK to the Ukraine. The Dockside Barrel Scrapers had their inaugural gig at The Prince of Wales on 3rd May 2023.

Since this initial gig the band has performed at the Hampden Arms, The Ouse River Festival, Sussex Day (2023 & 24), The Depot in Lewes and in August 2024 a ceilidh at The Sidings and also musical accompaniment to a POPS theatrical event at the Marine Workshops. We are now

able to command a fee for our performances and this has helped to pay for the weekly rehearsal space at the Newhaven Day Club as well as the band leader's time. Band members pay a monthly subscription to make up the rest.

Participants have varied in ages from 20's to 70's and ranged from those with a music degree to self-taught beginners. There is a wide variety of instruments including violin, cello, guitar, bass guitar, mandolin, alto sax and flute/recorder. The band has distilled into 12 regulars with Nick Pynn as Band Leader.

The Scrapers are: Duncan Campbell, Simon Fox, Johnny Savage, Hilary & Bill Musk, Chris Chaplin, Jon Bellos, Brendon Slavin, Carol Havard, Julia McKelvey, Paul Davis and Sandra Coleman.

Some final comments from the Scrapers:

"It was a new departure for me playing folk music. Nick is a great musician and teacher who explains new techniques."

"It has been great fun learning new things and being supported to step outside my comfort zone. Nick is extremely good."

"It has been great playing together and learning new songs. Everyone is a part of it because it is the whole that matters. I have been able to play a different instrument, Irish Bouzouki, as well as my Mandolin. The Folk School has brought something to Newhaven we didn't have."

For more information, please contact
Diets Verschuren (Band Manager)
dietsverschuren@gmail.com.



DocksideBarrelScrapers

What is Rotary International?

Rotary is part of a worldwide organisation of over 1.4 million people in 46,000 clubs. Our first club was founded more than 118 years ago.

Our members and friends provide humanitarian service, encourage high ethical standards in all vocations and help to build goodwill and peace throughout the world. The Rotary Clubs in Great Britain and Ireland are part of the only self-governing area in the world and full information can be found on their website www.rotarygbi.org.

The Rotary motto is **Service above Self**

As a club we organise events for members and friends quiz nights, trips out, Christmas parties for local senior citizens, we have stalls at local fetes, and we help others when needed.

We can: Run youth events such as RYLA, Young Citizen awards, Young Chef competitions and many other youth programmes. Rotaract, Interact and RotaKids clubs are all part of the Rotary Family, and we all work to help others.

All Rotary Clubs give donations to other charities and groups, and for us we are delighted to have supported many local organisations.

However, Rotary is not all about good works. Friendship and fellowship are important too.

At our Tuesday meetings we meet for a snack lunch at 12.30pm for 1pm at The Scout Hut, Fort Road, Newhaven. And for those working full time we are hoping to plan an evening meeting once a month in a cafe or Pub in Peacehaven/ Saltdean.

So, this is the Rotary Club of Newhaven Coast West, founded by local people with a vision over 52 years ago and serving our communities ever since.



We are always happy to welcome new members, visit us at the Scout Hut and meet us or talk to us at one of the events which we attend. Please telephone the Hon Secretary if you would like to visit us on Tel no: 01273 516018, email: info@newhavenrotary.co.uk or visit our website: www.newhavenrotary.co.uk.

BITE-SIZE PLAYS

A Tasty Menu of
Bite-Sized Plays
 with an interval/ bar

★★★★★ "The tapas of the theatre scene." - ThreeWeeks
 ★★★★★ "A sure-fire pick-me-up" - WhatsonStage

Comedies and mini-drama exploring what it means to be human in today's world

**Meeching Hall
 Ford Road
 Newhaven
 BN9 9QQ**

Month	Date	Time
September	Sun 29th	@ 3pm
October	Frid 4th	@ 7pm
	Sat 5th	@ 7pm
	Sun 6th	@ 3pm

BOOK NOW

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IGNITE THEATRE

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OurNewhaven

Our Newhaven records the living history of the Newhaven area. Here you can browse through our large collection of local historical material, including photos, videos, documents, comments and the memories of local people. Feel free to add your own photos, stories and memories of the town.

We have a newly updated website, so pop on over to www.ournewhaven.org.uk and you never know, you might just find a photo that brings back those important memories.



NEWHAVEN TWINNING ASSOCIATION

Last month, 32 members of Newhaven Twinning Association travelled to their French Twin town of La Chapelle Saint Mesmin, on the river Loire, for a long weekend visit.

They all stayed with members of the French Twinning Association. There was an evening buffet in the Espace Beraire, the community building. Music was by a strolling jazz group from Paris, and everyone enjoyed the dancing.

On the Sunday, there was a visit to the chateau and park of Rambouillet, close to Paris, with a picnic.

The guests were entertained by the hosts at restaurants, shared meals, visits to Orléans and finally a farewell brunch on the morning of departure.

Everyone who travelled to La Chapelle Saint Mesmin paid their own way. The Association receives no money, apart from that raised by quizzes, pop up bistro and membership subscriptions.

We are holding our Annual General meeting on 22nd November, at the 3rd Newhaven Scout HQ

in Fort Road at 7.30pm. If you are interested, please just turn up.

We will be hosting another one of our popular quiz nights on 6th December at the Scout HQ, starting at 7.30pm. It costs £5 per person and teams can have up to six people.

Bring your own drinks, glasses and nibbles.

To book, please contact Norman Hopson on 01273 588193 or email norman.hopson@btintenet.com.

We meet to play pétanque every Sunday morning at 10.30am. The boule court is opposite the Hope, and we can usually provide a set of boules if you don't have any.

You can also find us on Facebook, Newhaven Twinning Association.

A completely free weekly talking news & magazine service

PHOENIX TALKING POST

'I ENJOYED THE MAGAZINE SO MUCH I LISTENED TO IT AGAIN!'

Primarily aimed at blind and partially sighted people

Recorded on Fridays onto a USB memory stick and delivered free of charge by Royal Mail to people in Lewes and the surrounding district

Supplied with a free media player if required, and support to use it

Contents include articles from this week's Sussex Express, and a selection of magazine articles – stories, poetry, articles on local matters, history, and many other topics

Each recording is about an hour long in total

If you would like to receive regular copies, or know someone who may be interested, please contact us on

Tel: 01273 913551 | Email: talkphoenix@hotmail.com



Alzheimer's Society
Together we are help & hope for everyone living with dementia

Local families affected by dementia are being invited to take part in an award-winning programme, to help train the healthcare professionals of tomorrow and improve dementia care.

The Time for Dementia programme, supported by Alzheimer's Society, pairs families affected by dementia with undergraduate students, helping to better educate them about life with dementia and the challenges that come with it.

This autumn a new cohort of Brighton and Sussex Medical School medical students will be taking part and Alzheimer's Society are now seeking families in the area who would like the opportunity to make a difference to training health professionals.

Students are paired with families and visit them, either in their own homes or virtually, five or 6 times over a two year period.

Time for Dementia is a fantastic way for the next generation of healthcare professionals to gain first-hand knowledge of what it's like living with dementia.

If you would like to know more about the programme, or you know someone with dementia and a family carer who would like to take part, please get in touch with Samantha Swanson us at Sam.Swanson@alzheimers.org.uk or call 07858 678962.

You Make Me Smile 



Volunteer with us

Would you like to volunteer in your local community?
Interested in supporting people within your neighbourhood?

Would you like to assist the Social Prescribing Team supporting local people to help make them smile?

You will be working directly with people in a variety of different ways, which may include, maintaining independence, attending walking groups, hospital appointments, supporting frailty, supporting health and wellbeing or befriending people.

- Expenses paid
- Continued support
- Training provided
- Flexible & rewarding

For more information contact us or scan the QR code to apply today.

Call: 01273476704
Email: volunteers@ageukeastsussex.org.uk
Visit: www.ageuk.org.uk/eastsussex



Age UK, Age UK East Sussex, 54 Cliffe High Street, Lewes, East Sussex, BN7 2AN
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Climate Eco Café
conversations in Newhaven

Share your thoughts and feelings about the climate and ecological crisis, supported by a skilled facilitator

Held at
Marine Workshops
Railway Approach
Newhaven
BN9 0ER

Email groupwork@bodyspace.co.uk for more information

Everyone is Welcome
Coffee, teas & cake provided

These events are held in partnership with
Seaford & Lewes Climate Eco Cafes

I've been hearing about awful accidents involving costumes catching fire. I don't want to stop my kids having fun, so is there anything I can do to make sure any costumes I buy are fire-safe?

Halloween is an exciting time for kids but ensuring costume safety is essential. Some costumes pose fire risks because they're classified as toys, not clothing, which means they don't meet the same safety standards. To keep your children safe while they enjoy dressing up, consider the following tips:

Buy from Reputable Retailers: Choose stores you trust or check online reviews to ensure the costumes are safe and of good quality. Sticking to well-known brands can offer extra assurance.

Look for Safety Markings: When purchasing costumes, make sure they have a UKCA or CE mark. These markings indicate that the products comply with safety regulations and are less likely to pose a fire hazard.

Check for Recalls: Before making a purchase, look up the product on the Office for Product Safety and Standards list to ensure it hasn't been recalled. This step helps you avoid potentially dangerous items.

If you're considering making costumes at home, be cautious about the materials you choose. Use flame-resistant fabrics and avoid those that

are loosely woven, as they can catch fire easily.

To further reduce fire risks, avoid using candles for decorations. Instead, opt for LED lights to create a safe and festive atmosphere.

For more guidance or to report unsafe products, reach out to the Citizens Advice consumer service. They can provide additional information and support to ensure a safe Halloween experience.

We provide free, confidential and independent advice to help people overcome their problems. We are a voice for our clients and consumers on the issues that matter to them. We value diversity, champion equality, and challenge discrimination and harassment. We're here for everyone.

You can call our advisers on freephone 0808 278 7892

Lines are open Tuesday - Thursday 10am - 3pm

For information, local support and to contact us, visit our website:

www.lewesdistrictca.org.uk.

There is information available on our self-help website www.citizensadvice.org.uk and you can contact us out of hours via our local website: www.lewesdistrictca.org.uk/contactus.

We can offer face-to-face or telephone appointments every day of the week at different venues across Lewes District following an assessment of your situation. We are unable to offer a drop-in service at present so you must call ahead to make an appointment.

What we can help with

- Benefits
- Debt
- Employment
- Consumer
- Family
- Housing
- Cost of Living Crisis

Our offices are open for pre-booked appointments only:

Seaford 37 Church Street (Tourist info building), Seaford, BN25 1HG Monday 10am – 3.30pm

Newhaven 15-19 Chapel Street Newhaven, BN9 9PN Tuesday, Wednesday, Thursday 10am – 3.30pm

Peacehaven Meridian Centre, Meridian Way Peacehaven, BN10 8BL Wednesday 10am – 3.30pm

Lewes 6 High Street, Lewes, BN7 2AD Friday 10am – 3.30pm

We offer drop-in advice and information sessions in a range of outreach venues across the district including Telscombe, Ringmer, Chailey and Bishopstone. You can check the schedule of event on our website: www.lewesdistrictca.org.uk/community-outreach.

We have an opportunity for a new trustee to join our engaged and committed Board, who lead the strategic direction of the organisation and support the staff and volunteer team to deliver essential services across Lewes District.

Interested in the opportunity? Please contact chair@lewesdistrictca.org.uk for the application information.



We hope that you enjoyed the summer, albeit it wasn't the best weather wise. It's been interesting to hear residents accounts of the lack of pollinators this year. Whilst it's worrying in view of the climate crisis it is thought this is a blip due to the extraordinary weather we've experienced over the past 12 months which undoubtedly has affected numbers. Insects tend to have great capacity to reproduce and repopulate very quickly when conditions are right.

We've been busy out in the community creating amphibian hibernacula in Peacehaven Community Garden, leading butterfly walks at Castle Hill Newhaven and Peacehaven Community Orchard, and a revisit by Froglife to Valley Ponds.

We've also taken part in numerous events across the coast. The River People tour at Marine Workshops in May and the Seaford Sustainability Fair in June, we concentrated on showcasing what lives in the wetlands and coastal areas and how important saving these habitats are.

At the Sussex Day celebration and Peacehaven Zero Carbon events we spoke to residents about how important our own gardens are for helping wildlife to thrive and giving advice on improvements and building back garden ponds, no matter how small.

Here are a few of events/workshops we're running in October – please keep an eye on our Facebook page and website for further updates.

27th October – Seed and plant swap (or small donation if you haven't got a swap) with Friends of Bishopstone Station 10am to 12 noon. We are looking for donations to our seed bank for future swapping events. If you have any seeds you wish to give, please get in touch, or come and see us at Bishopstone Station.

29th October – Fungi Walk at Castle Hill Nature Reserve with Martin Allison. If you're interested in joining the fungi walk on 29th October, please email contact@greenhavens.network as spaces are limited.

29th October – Undersea Experience at Meeching Hall, Newhaven – free family event to experience a virtual walk under the sea.

There's also plenty of training on offer through **Ouse Valley Climate Action** project – if you're interested in anything from first aid to setting up a community group, or nature identification to funding bid writing, please get in touch.

The **Weald to Waves** project was presented at our AGM and is coordinated through the Knepp Wildland Foundation. They have created an ambitious 100-mile nature friendly corridor across Sussex.

To register your garden or greenspace and become part of Weald to Waves go to the 'Get Involved' page on the Weald to Waves website www.wealdtowaves.co.uk and sign up to the **Gardens & Greenspaces** network. Just pop in your postcode to find out if you are in the core corridor, radiant zone, or wider Sussex area, then fill in a few simple details. Signing up will offer ideas and practical guidance for nature recovery, as well as opportunities to connect with others, share knowledge and experience.

Working together for a brighter future.



Email:
contact@greenhavens.network

Facebook, TikTok & Instagram:
[Greenhavens Network](https://www.facebook.com/greenhavensnetwork)

Website:
www.greenhavens.network



Newhaven Tree Wardens

Finally, we had some decent summer weather, and we have been very busy potting up some of our baby trees that had outgrown their original pots, into larger pots, with our newest member Matt.

Some of our older saplings will soon outgrow the bigger pots they've already been transplanted into and we will need to find places to

plant them, if you have any suggestions please let us know.

Every Autumn we run a scheme called 'Front Garden Trees' where we provide a tree for your front garden, we even come round and plant it for you. Normally these are larger trees, heavily discounted but for which we ask a small financial contribution. However this year as we have so many saplings needing a home, we are offering one of these smaller trees free to anyone who wants one. The only

stipulation is that it must be planted in your front garden, the reason being that we want everyone to be able to enjoy seeing the trees we plant, wherever they are located.

If you're interested in giving a home to one of our trees - we have several native species for large or small front gardens - then please contact us via social media or by email: bn9trees@hotmail.com.

(Or if you're interested in joining us too).

NEWS FROM

NEWHAVEN GREEN CENTRE



Starting on September 8th, we'll be running fortnightly stalls at the SCDA Community Supermarket on Denton Island in addition to our weekly stalls at Newhaven library, so we look forward to seeing you there. As well as offering information & advice, you'll be able to pick up & return items from the library there.

We've been lending out a range of things over the summer including camping and catering equipment so just get in touch if you're interested

in borrowing something or visit newhavengreencentre.myturn.com/library.

If you're not sure how to use our Library of Things we've made some video guides. To find them please go to YouTube and search 'Newhaven Green Centre' and you'll see 'LOTjoin' - how to become a member and 'LOTreserve' - how to reserve items. It's really easy to join and save money.

The dates for our Repair Cafes are below and watch this space for news of another exciting Swap Share Repair event in January 2025.

Repair Cafe dates:

October 13th
December 1st

All on Sunday afternoons, 2.30pm - 4.30pm at Meeching Hall (we recommend you arrive by 4pm). Come along and chat, get advice, free tea and cake and browse our free 'bring-and-take' table. Do email in advance if you need to check which specific repairers will be there.



For dates and details of all upcoming events and to contact us please visit our website: newhavengreencentre.com or email: info@newhavengreencentre.com.

Newhaven & District Model Railway Club



NDMRC

Established 1959

For the Community

Visit us at www.newhavendmrc.com or scan the QR code



NDMRC



What's in a name?

You perhaps?

The Newhaven and District Model Railway Club has a massive amount going for it and it's here, in Newhaven, for you to discover and enjoy.

Our community focussed club can certainly offer all the experience, expertise and creativity associated with one of the Nation's most rewarding and long-lasting hobbies - and a whole lot more. The genuinely friendly, fully inclusive and diverse membership operate in a secure, safe environment which allows people of all ages and abilities to enhance or learn new skills, relax and socialise and enjoy the great atmosphere.

Please see our website www.newhavendmrc.com for a lot more detail,

including directions to our Clubhouse, which is open every Wednesday evening from 7.15pm to 10pm.

The Club's profile has recently been enhanced by supporting several popular Public Events including the Bluebell Railway Summer Railway Weekend in June and the Tinkers Park Show near Uckfield, in early August.

We were extremely proud to have been complimented by one of the leading Journalists of the MR world on YouTube, after our presentation at the very popular Bluebell Event. We explained that our objectives and practices include being a completely community minded inclusive club. His social media postscript stated "A great many Clubs could do very well to follow the example set by the Newhaven & District Model Railway Club".

We are hosting an exhibition on **Saturday 2nd November 2024, at the Seaford Baptist Church Hall, Belgrave Road BN25 2EE from 10am to 5pm.** This will be an ideal opportunity for all you readers to ask questions, meet some of our brilliant members, witness the camaraderie and of course get a taste of what the world of Model Railways has to offer.

There will be a great variety of layouts, exhibitors, shops and other community organisations that will interest you. Plus, refreshments, naturally! So, please mark this date in your diaries.

Yes, we are a Model Railway Club, but one with a difference and you'll be most welcomed!

Ps: Our Contact Details can also be found in the 'Interest Groups' section of the 'Community Directory' pages in this magazine.



NEWHAVEN BOWLING CLUB

Where Tradition Meets Community

Are you looking for a new sport or hobby that combines relaxation, camaraderie, and a hint of friendly competition? Look no further than Newhaven Bowling Club, a welcoming and well-established bowls club nestled in the heart of Newhaven's Fort Road recreation ground.

A Bowls Experience Like No Other

Newhaven Bowling Club boasts a friendly Fort Road clubhouse and one of the finest greens in the county. Whether you're a seasoned player or completely new to the sport, our club offers a fun and low-impact way to stay active and engaged. Lawn bowls is a sport for all ages and abilities, and we take pride in creating an inclusive environment where everyone can thrive.

From October to April, we hold short mat and games meetings, fostering a strong sense of social camaraderie during the colder months. Then, from April through September, our members enjoy a lively calendar of friendly and competitive matches. We host matches both within the club and against other clubs, providing opportunities for friendly rivalry and a chance to improve your skills.

Join Our Friendly Community

Newhaven Bowling Club is not just about the game; it's about the people and the community. Our members form lifelong friendships and enjoy a welcoming, social atmosphere both on and off the green.



Ready to try bowls or want to learn more?

Visit our website NewhavenBowlingClub.weebly.com or email us at nbowlscsocialmedia@gmail.com. You can also reach out to Jose Baker at 07542 608304 for further details.

Come discover why Newhaven Bowling Club is the perfect place to start your journey into the wonderful world of lawn bowls!

JUST FRIENDS

Members of the Newhaven Branch of Just Friends have enjoyed a busy summer with day trips to Portsmouth, Arundel Castle, Leeds Castle, Maidstone (aboard the Kentish Lady on the Medway) and Worthing, in addition to the regular diet of Social Mornings at the Newhaven Day Club on the first and third Mondays of each month, as well as lunches and walks. Members particularly enjoyed a visit from A Touch of Gentleness with their soothing hand massages, with thanks to Vicky and Lucy from Making it Happen for their organisation.

There has been a steady trickle of new members joining the

Branch and there is always room for more. There is no membership fee, the sole requirement being that you must live alone. With four branches, in Hastings, Bexhill, Eastbourne and Newhaven the Charity is flourishing and with new Branches opening soon in Brighton, Hove, Shoreham and beyond along the coast it's clear Just Friends is answering a vital need. There are so many people who now live alone and potentially suffer from loneliness that the chance to meet up with others in the same boat, in an informally organised manner, is just what the doctor ordered.

Frederick Smith, who founded the Charity six years ago, is hoping to be able to take a step back in the fairly near

future, with plans in place for a new CEO and new Branch Managers to shoulder the burden of the day-to-day running.

For some people, especially those who have only recently become "single" for whatever reason, taking that first step of coming along to a Social Meeting can be daunting. Don't let it be though. The Newhaven Day Club on West Quay is a welcoming place and the current members are all in the same boat and know and understand the problems. You will be made most welcome! Just come along at 10am on the first or third Monday of the month. As Frederick loves to say "Don't be shy, give it a try!"



Landmark Development approved by Lewes District Council Planning Committee



The planning committee at Lewes District Council has approved the redevelopment of the promenade above West Beach in Newhaven.

The far-reaching plans will turn the venue into a magnet for residents and visitors, with a new 378m² restaurant, outdoor gym, children's play area and improved pedestrian links all in the pipeline.

Following the demolition of existing structures, the development at West Beach will also see extensive landscaping, footpath upgrades that will provide a continuous footpath between the town centre and the waterfront, new toilets, including a Changing Places facility and further informal open space.



love clean streets

Working in partnership with
Your Local Authority

Report It (Love Clean Streets) smartphone app

Report It (Love Clean Streets) is the quickest and easiest way to report environmental problems to the councils when you are out and about.

In just a few taps you can report the problem, give the location and include a photo.

Your report then goes straight through to the right team to deal with the issue.

The types of issue you can report include:

Fly tipping

Littering

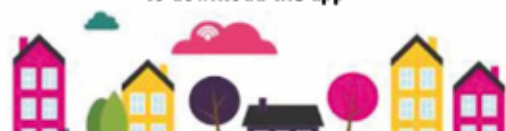
Litter bins that need to be cleaned or emptied

Dog fouling

Dog bins that need to be cleaned or emptied

Street cleaning such as sweeping or removal of leaves and weeds

Visit www.lewes-eastbourne.gov.uk/report-it/
to download the app



New fish processing plant in Newhaven nears completion

A new fish processing plant in Newhaven will soon open its doors, providing crucial support to the local fishing industry.

Lewes District Council allocated just over £1m to the project from a £12.68m government grant to improve infrastructure for the town's commercial fishing industry.

A community interest company was set up to oversee the scheme. Lewes District Council purchased an industrial unit on the Oak Estate in New Road to house the processing plant, along with equipment such as a chiller, freezer, forklift truck, pallet truck, an ice making machine and storage containers.

With legal documents now in place, Newhaven Fishing CIC board members are reviewing a draft lease and grant funding

agreement that will allow them to buy CCTV equipment and technological hardware for the building.

The CIC, which has a focus on sustainable fish products and sustainable fishing techniques,

is working with the Newhaven fishing community and is currently looking into branding fish fingers that could be used for school lunches. They are also working with Lewes Food Partnership.



Pictured (left to right): Dave Guy, Cllr Julie Carr, Cllr Zoe Nicholson and Wendi Goodsell.

Lewes District Councillors approve next phase of Newhaven Square redevelopment

Councillors at Lewes District Council have approved the next phase of the redevelopment at Newhaven Square, bringing forward the

transformation of primary health care in the town.

The project will see a new Health & Wellbeing Hub created that will include a new home for Chapel Street Surgery and Quayside Medical Practice and the further development of the Primary Care Network, a new pharmacy and the expansion of Wave Active at Seahaven Swim & Fitness and its integration with healthcare to support the health, wellbeing and rehabilitation of patients.

With the updated business case and main contractor appointment now approved, full completion of the project is expected within two years.

Other projects the council and partners have either completed, are underway or planned in Newhaven include a 3G football pitch at Newhaven Football Club, ferry terminal refurbishment, major improvements to two local recreations grounds and the restoration of Newhaven Fort.

DENTON ISLAND NURSERY CELEBRATES ITS 20TH ANNIVERSARY!

The team at Denton Island Nursery is proud to celebrate 20 years serving Newhaven's local children and families. Part of SCDA (Sussex Community Development Association), Denton Island Nursery is a community-based nursery which provides a fun, vibrant, messy-play environment and provides children with opportunities for challenge and risk, learning through play and experiencing the natural and social world around them.

Sarah Cockram, Nursery Manager, together with Deputy Manager, Sarah Wood, also celebrated their 20th anniversaries with the Nursery and SCDA, and form part of a long standing, friendly and professional team of Early Years Educators.

Sarah Cockram, Nursery Manager said, "We are so excited to mark the 20th



anniversary at Denton Island Nursery with our amazing team and with the children and families. We are proud to be Ofsted rated 'Good', as well as having a wonderful, committed team of staff. A huge thank you to the team and here's to another twenty years!"

Penny Shimmin, SCDA CEO said, "With over 3,500 children attending Denton Island Nursery over the last twenty years, we are rightly celebrating the achievements of Sarah and

the team. The education they provide in these crucial early years helps to give children the tools to succeed in learning at school, socialising successfully and becoming happier, well-rounded adults."

For more information about Denton Island Nursery, call 01273 515125, email nursery@sussexcommunity.org.uk or visit sussexcommunity.org.uk/our-services/denton-island-nursery.

NEWHAVEN YOUTH CENTRE MUSIC PROJECT

Newhaven Youth Club members have recently finished an exciting music project, which started in 2023 and has involved local young people aged 11-18yrs. SCDA delivered this

project in collaboration with CultureShift - a fantastic organisation involved in lots of different areas and projects. The musicians came to youth club sessions, set up a music room or corner and jammed with the young people. The musicians listened closely to them, allowing the sessions to be youth led. Over 40 young people engaged with the project, with some enrolling

in youth club specifically to engage with the music sessions, which has led them to become regular youth club members. Since the project finished, we have had lots of requests for it to return, highlighting the need for more music projects like this. We will continue to seek funding for music projects like this one so watch this space!



DENTON ISLAND COMMUNITY GARDEN IS THRIVING!

Over the past couple of months, a core group of volunteers have dedicated two hours of their time every fortnight to support in regenerating the Denton Island Community Garden. Through some generous donations from Wickes Community Programme, we have planted out herbs, tomatoes, pumpkins, peppers

and beans and are aiming to grow produce that can then be used in our community kitchen and given out in our weekly Community Supermarkets. We have also sought to begin composting our food waste and clearing areas of the garden for further food production and creating space for people to enjoy being outside.

We are still very much in the early stages and are on the lookout for more volunteers in the hope that we can increase

the number of sessions we can offer and to open the space up for community use with continued maintenance, love and care. The first part of this regeneration couldn't have happened however without the support of Brighton and Hove Food Partnership as part of their Food Use Places. For more information and if you are interested in volunteering at the Community Garden, please contact Cat at Catheryn.Croft@sussexcommunity.org.uk.



DO YOU WANT TO HELP IMPROVE SUPPORT FOR LOCAL PEOPLE?

DO YOU BELIEVE THAT RESIDENT VOICES SHOULD BE INCLUDED IN LOCAL DECISION MAKING?

DO YOU SOMETIMES STRUGGLE TO MAKE ENDS MEET?

We are looking for people to share their experience of the cost-of-living crisis to drive change in Lewes District.

This autumn, Lewes District Food Partnership are launching Pinch Points to improve support and advice for local people.

What does it involve?

- Workshops to build the skills and confidence to drive local change
- Four easy-to-access locations
- £20 per workshop plus a shared lunch
- Opportunities to share your thoughts

PINCH POINTS: HAVE YOUR SAY

Do you sometimes struggle to make ends meet?

Are you passionate about making sure that local people can access the support they need?

WE ARE LOOKING FOR PEOPLE TO SHARE THEIR EXPERIENCES OF THE COST-OF-LIVING CRISIS TO DRIVE CHANGE IN LEWES DISTRICT

WHAT? workshops to build the skills, confidence and relationships to drive local change

WHY? to make sure that people's voices are included in the decisions that impact them

WHEN & ~ regular workshops from September 2024

WHERE? ~ 4 easy-to-access locations across the district

~ participants compensated £20 per session for taking part & lunch provided

Get in touch with Nancy at info@lewesdistrictfoodpartnership.org or scan the QR code for more info



"I FEEL MORE CONNECTED, MORE HOPEFUL, IN TOUCH WITH OTHER PEOPLE AND THE COMMUNITY."
project participant

Email Nancy at info@lewesdistrictfoodpartnership.org to find out more.

28 **Newhaven Matters** Autumn 2024

AMERICAN RUMBLE WRESTLING IS COMING TO NEWHAVEN FOR THE FIRST TIME!

The all-action event, at the Hillcrest Community Centre on Saturday 16th November, is being presented by Premier Promotions, the No.1 matchmakers for British wrestling, whose shows have been thrilling fans of all ages for five decades.

The highlight of the evening will be the all-in rumble in which the wrestlers are

eliminated by being thrown out of the ring over the top rope, and the last man standing is the winner.

There will be tag-team and solo bouts in the run-up to the main event, and among the wrestlers in action will be local star Cameron, the 22-year-old Premier Wrestling Federation welterweight champion from Peacehaven, who ended the

reign of Barry Cooper, the longest reigning champion in PWF history, in front of his home fans at the Meridian Hall earlier this year.



Tickets for the show, including discounts for advance bookings and family tickets, from www.ticketsource.co.uk/premier-promotions or by telephone 0333 666 3366, from October 21st.

Dates for the diary.

October – December 2024

OCTOBER

Every Monday

Meet Up Mondays, Bishopstone Station. 10am. 07410 251528.

Every Tuesday

Library of Things: BY APPOINTMENT. 07410 251528. 6.30pm – 7.30pm.

Every Thursday

Library of Things, Newhaven Library. 10am – 12pm.

Every 1st & 3rd Friday

Man Space, Bishopstone Station. 10am – 12pm.

Tuesday 1st October

Newhaven Historical Society talk 'Lewes from a Newhaven Perspective' with speaker Bob Cairns, Hillcrest Centre. Doors open at 6.45pm.

Tuesday 8th October

Guesthouse Storytellers 'Women Who Gave no Fxxxs – A Wicked Myth Off' with Alys Torrance and Lucy Lill (18+), Hillcrest Centre. 7.30pm.

Friday 4th & Saturday 5th October

Ignite's Bite-Size Plays Meeching Hall. 7pm.

Sunday 6th October

Ignite's Bite-Size Plays. Meeching Hall. 3pm.

Sunday 13th October

Repair Café, Meeching Hall. 2.30pm – 4.30pm.

Saturday 19th October

RNLI Quiz & Fish Supper. 6.30pm.

Saturday 26th October

The Hillcrest Cinema, Hillcrest Centre. Doors open at 6pm.

Sunday 27th October

Greenhavens/Friends of Bishopstone Seed and Plant Swap, Bishopstone Station. 10am to 12pm.

Tuesday 29th October

Greenhavens Fungi Walk, Castle Hill Nature Reserve Email:

contact@greenhavens.network to book.

Tuesday 29th October

Undersea Experience, Meeching Hall. 10am – 5pm.

Saturday 26th October

Newhaven Museum closes for the winter.

NOVEMBER

Every Monday

Meet Up Mondays, Bishopstone Station. 10am.

Every Tuesday

Library of Things: BY APPOINTMENT. 07410 251528. 6.30pm – 7.30pm.

Every Thursday

Library of Things, Newhaven Library. 10am – 12pm.

Every 1st & 3rd Friday

Man Space, Bishopstone Station. 10am – 12pm.

Saturday 2nd November

Meeching & District Bonfire Night, Newhaven.

Saturday 2nd November

Newhaven & District Model Railway Club 'Annual Exhibition', Seaford Baptist, Seaford. 10am – 5pm.

Sunday 10th November

Remembrance Sunday. Memorial Green.

Tuesday 12th November

Guesthouse Storytellers 'Reflecting Fridas – A Tour de Force on Frida Kahlo' with Ana Maria Lines (16+), Hillcrest Centre. 7.30pm.

Sunday 17th November

RNLI Christmas Warm-up. Seaford and District Constitutional Club, Seaford.

Friday 22nd November

Twinning Association AGM, 3rd Newhaven Scout HQ, Fort Road. 7.30pm.

Saturday 23rd November

The Hillcrest Cinema, Hillcrest Centre. Doors open at 6pm.

Saturday 23rd November

Friends of Bishopstone Christmas Arts and Crafts Fair, Bishopstone Station. 11am – 3pm.

Sunday 24th November

Stir up Sunday' Christmas Puddings, Bishopstone Station. Doors open 11.45am.

Sunday 24th November

Christmas Light Switch-On, Memorial Green. Please look out for further details.

DECEMBER

Every Monday

Meet Up Mondays, Bishopstone Station. 10am.

Every Tuesday

Library of Things: BY APPOINTMENT. 07410 251528. 6.30pm – 7.30pm.

Every Thursday

Library of Things, Newhaven Library. 10am – 12pm.

Every 1st & 3rd Friday

Man Space, Bishopstone Station. 10am – 12pm.

Sunday 1st December

Repair Café, Meeching Hall. 2.30pm – 4.30pm.

Tuesday 3rd December

Historical Society talk 'Entertaining Sussex Women' with speaker Louise Peskett, Hillcrest Centre. 7.30pm.

Friday 6th December

Twinning Association Quiz Night, 3rd Newhaven Scout HQ, Fort Road. 7.30pm. Book in advance 01273 588193 or email norman.hopson@btinternet.com.

Tuesday 10th December

Guesthouse Storytellers 'Nordic Tales – Ancient Myths and Bawdy Songs from the Top of the Map' with Sarah Liisa Wilkinson (18+), Hillcrest Centre. 7.30pm.

Sunday 15th December

RNLI Children's Christmas Party, Newhaven Lifeboat Station. 1pm – 2.30pm & 3pm – 4.30pm.

INTEREST GROUPS

Castle Hill Group

1st Sunday of every month: 10am. Scrub management & other tasks. Please email seahavenpr@aol.com or contact Graham on 01273 514942

Friends of Tidemills

3rd Sunday of every month:
9am – 11am to litter pick & conservation tasks. For more information contact Jim Skinner brianjimskinner@gmail.com

Guesthouse Storytellers

Hillcrest Centre.
Visit www.guesthousestorytellers.com for more information

Historical Society & Museum

Museum is open 11am – 4pm on Tuesday, Wednesday, Friday and Saturday until 26th October
Visit www.newhavenhistoricalsociety.org.uk

Newhaven & District Model Railway Club

Heatherside Business Park, Unit 4,
Norton Road BN9 0BZ.
Wednesday evenings: 7.30pm – 10pm
Email newhavendmrclub@gmail.com or tel: 07563 840687 www.newhavendmrc.com

Newhaven Green Centre: Library of Things

MENCAP Hall. Tuesdays 6.30pm – 7.30pm

Newhaven Green Centre: Reducing Waste, Library of Things & Bring-and-Take Table

Newhaven Library.
Thursdays: 10am – 12pm

Royal Literary Fund Reading Round

Hillcrest Centre: Tuesdays. Open to new members. Find out more by emailing Umi Sinha umisinha.writing@gmail.com

U3A

Offers a range of groups and events at various venues. For more information, please visit newhaven-peacehaven.u3asite.uk

MUSIC & DANCE

Ballroom Dancing with Studio Tempo

Hillcrest Centre. Fridays: 6.30pm – 8pm.
To book phone 01273 476565

Haven Harmonies Community Choir

Hillcrest Centre. Mondays: 7pm – 8.30pm.
Contact marianstanley43@gmail.com or havenharmoniescommunitychoir@gmail.com

Newhaven Ukulele Group

Hillcrest Centre. Wednesdays Fortnightly: 7pm – 9pm. Contact Peter on peterandberyneal@gmail.com or Sue on 07745 394220

Private Dance with Studio Tempo

Hillcrest Centre. Fridays: 10am – 12.30pm.
To book phone 01273 476565

Singing Mamas

Denton Island Community Centre.
Fridays: 10am.

Please contact Lizzie at lizziesingingmamas@gmail.com

SOCIAL

Denton Fellowship

Denton Church Hall. Every last Tuesday of the month: 2.30pm.
Contact: Ann 01273 514482

Just Friends

Newhaven Day Club.
1st & 3rd Monday of every month:
10am – 12pm
2nd Monday of the month Walking Group
4th Monday of every month Lunch Group

Newhaven Day Club

West Quay (Northeast of Carpark).
Tuesdays, Thursdays & Fridays.
Variety of fun activities. Contact Tony on 01273 513189 for further details, including membership prices

Newhaven Peacehaven Lions

For more information visit Facebook @NPSLions

Rotary Club of Newhaven Coast West

For more information, please email info@newhavenrotary.co.uk or tel: 01273 516018

St Michael's Drop In: Coffee, Tea, Cake & Chat

St Michael's Church. Wednesdays: 10am

SPORT

Affinity Rowing Club

For details visit Facebook @ARCGraceOMalley or email info@affinityrowingclub.co.uk

Denton Island Indoor Bowls Club

For more information, please visit www.dentonislandbowls.co.uk or Tel: 01273 514664

Denton Table Tennis Club

Denton Church Hall. Wed: 7pm – 9pm and Fri: 10am – 12pm
Contact Rosemary on 07999 860333

Hillcrest Boxing

For more information, please visit www.hillcrestboxinggym.co.uk

Newhaven Archery Club

For more information, please visit www.newhavenarcheryclub.co.uk or email newhaven_archery@yahoo.co.uk

Newhaven Gig Rowing

For details visit www.ngrc.co.uk or email admin@ngrc.co.uk

Newhaven Bowling Club

We host roll-ups at Fort Road Recreation Ground Short Mat every Monday from 1pm and Wednesday and Saturday from 10am. For more information contact Jose Baker on 07542 608304 email nbowlscsocialmedia@gmail.com or www.NewhavenBowlingClub.weebly.com

Newhaven Cricket Club

newhaven.play-cricket.com/Aboutus

Newhaven Football Club

For more information, please visit www.newhavenfc.co.uk or email newhavenfootballclub@gmail.com

Newhaven Tennis Club

All offers of Club sessions and activities to its members are available to view on the clubs' website: newhaventenniscub.co.uk
Please contact Bob 01273 512162 or 07783 234894 for all membership & general details & Clive 07526 267560 for coaching details or email: mailrkjackson@yahoo.co.uk

Newhaven & Seaford Sailing Club

For more information visit www.sailinginsussex.org or email info@nssc.org.uk

Newhaven Yacht Club (NYC)

For more information visit Newhavenyc.org.uk or secretary@newhavenyc.org.uk

Pétanque with Newhaven Twinning Association

Every Sunday morning, opposite The Hope Inn, Newhaven. Spare Boules available!

Seaford Rugby Club

For more information visit www.seafordrfc.club/contact

SUPPORT GROUPS

AA Meetings

Hillcrest Centre. Thursdays: 7.15pm – 8.30pm
Meeching Hall. Wednesdays: 9.30am

Bereaved by Suicide: East Sussex

Please contact the Sussex Suicide Bereavement Support Team on 07376 616628 or email sussexbereavedbysuicide@cruse.org.uk

Childline

Tel: 0800 11 11 www.childline.org.uk

Cruse Bereavement Support Helpline

Tel: 0808 8081677 www.cruse.org.uk

Nebula

Hillcrest Centre. Mondays: 2pm – 4pm.
Just drop in www.facebook.com/groups/535810757234539

Samaritans

Tel: 116 123 www.samaritans.org

Warm Spaces Directory

Please visit www.lewes-eastbourne.gov.uk/community/cost-of-living-crisis/warm-spaces-directory or contact the Newhaven Town Council on 01273 516100

This listing is correct at the time of going to press and is not a comprehensive list of all the groups and courses in Newhaven



Presents Bonfire Night in Newhaven Saturday 2nd November 2024

7pm Torch Light Parade from Denton Island

8pm Fireworks & Bonfire at West Beach

This is a free community event

You must be a member of the society to march in the torch light procession

For more information email madbonfire@hotmail.com
or find us on Facebook @Meeching and District Bonfire
Society