Newhaven Matters

Winter 2025 // Issue Nº 44



Welcome to the Winter edition of Newhaven *Matters*, the free magazine for Newhaven residents produced by Newhaven Town Council.



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WINTER 2025

Welcome to the Winter edition of Newhaven Matters

It's jam packed with local news. It's for the community and about our community. Look out for the new puzzle page towards the end of the newsletter, with a competition for the chance to win £30. Did you know that the statue of the cormorant was recently re-painted? Can you spot the picture of the cormorant on another page of this newsletter? If you don't spot it, the answer as to where you can find it is provided towards the end of this newsletter. We hope you enjoy this edition.



Best wishes, from the team at NTC

If you would like to advertise, or have a story or event that you would like included in future issues of 'Newhaven Matters', email <u>newhavenmatters@newhaventowncouncil.gov.uk</u> or phone on 01273 516100.

Copy deadline for the Spring issue is 14th February 2025

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Mayoral Good Cause



MAYOR PINKY MCLEAN-KNIGHT

RAISING FUNDS FOR HAVENS COMMUNITY HUB



Dear reader,

I always try to keep this brief, but I don't know who I'm kidding... Lol!

I have been busy!

My charity this year is Havens Food Cooperative which helps hundreds of families in Newhaven with food re-allocation. The Havens Community Hub team have also recently opened the community cafe in Hillcrest community centre as a new project called the Connections Cafe. Go along! Great

people and food. Kids eat for a guid!

Please use my QR code to donate to this amazing charity. Or email the Newhaven Town Council at admin@newhaventowncouncil.

It's been a busy season!

As you all may know, I am the bonfire Chief of Meeching and District Bonfire Society.

We had so many invites to walk with other societies at their town events this year it has been amazing!

We had our third free community event for Newhaven on the 2nd November! This year we had to keep things small as we knew with the exciting thing happening down on West Prom and the fort being shut, we simply wouldn't have the room to do everything this year. We had thousands of people down there and we knew it would be a squeeze with the fencing!

We usually have our fireworks from the fort and a fire under the cliffs but we were not able to do this. So we made the decision not to have a bonfire this year but I think our fireworks were pretty great. Hopefully if we can raise the funds, we will be able to have both next year and make a larger event with more societies.

Thank you to everyone who made it happen!

If you want to join? Email <u>madbonfire@</u> hotmail.com.

I handed out prizes in this year's photo competition which was harder than ever to judge. The talent and volume of entries this year was bigger than ever!

Our lovely Sarah in the office worked her socks off to make it fabulous x

I am also the proud chairman of 3rd Newhaven cubs/scouts and they helped me with



a project to try and make poppies for most of the names on our epitaph on the memorial green for Remembrance Sunday.

Huge thanks to Sharon Beer for all her hard work and help. And well done to the kids x

Just thinking about the family names there and who they were as men has been really thought provoking and made them more real than the list of brave names we quite rightly pay our respects to.

I have been visiting the schools this year and had an amazing visit to Highcliff Academy to meet with their pupil parliament. They are brilliant young people with huge ideas and I was blown away by them.

I also tried to visit the schools who participated in my Mayor's carol concert on the 3rd of Dec as I wanted the kids to see I personally appreciate all their wonderful hard work. It's not easy to stand up in front of a church full of strangers and sing...

Speaking of singing, I also visited the youth centre on Denton Island. Wow! These young people blew my mind with their energy, maturity and positivity. What great humans.

They wrote and performed their own songs and did speeches about how much the youth centre means to them. Spaces like this are so important and must not be lost!

I'd like to take a moment before I go to thank the amazing Newhaven Town Council staff.

I think I have a pretty good rapport with our amazing officers at NTC.

Ken, our Clerk who I always feel able to contact about anything (and keeps me on track in meetings lol).

Alison, who is our amazing Responsible Finance Officer was commended at our last audit for her hard work to streamline our processes.

Sarah, who just doesn't stop! Always passionately working to make things happen.

I have also worked closely this year with Ken our Clerk to employ a Deputy Clerk, Stephen who is frankly a star. And new events and communications officer, Laurie who is just a wonderful soul and has fitted right in!

Without these brilliant people in the background, helping us councillors help you, not much would happen.

Lastly, I'll say that my favourite part of being your mayor has been talking to you amazing people and making connections to help others.

May will come too quickly and handing the chain over will be hard...

If you see me out and about on my bicycle do wave!

I am, as ever, your humble servant.

Pinky



 Mayor of Newhaven Councillor Pinky McLean-Knight, centre, with Pete Hellicar, left, and Newhaven Lifeboat Operations Manager Roger Cohen MBE at Valley Ponds (Image: Rosalind Ashton | Newhaven RNLI)



We often have queries at the Newhaven Town Council offices from members of the public that are regarding other layers of government. This got us to thinking that a lot of people don't know what we do! Here is a very quick breakdown of the first three tiers of government in the UK.

1. Town/Parish Councils, e.g. Newhaven Town Council:

Role: These are the smallest units of local government, often covering small

towns, villages, or neighbourhoods.

Responsibilities: They manage local amenities such as parks, community centres, allotments,

and footpaths. They may also be involved in local events and community

projects.

2. District Councils, e.g. Lewes District Council:

Role: These councils operate at a level above town and parish councils and cover

larger areas, typically including multiple towns or villages.

Responsibilities: They handle services such as housing, local planning, waste collection, and

environmental health. District councils are also responsible for local taxation

and licensing.

3. County Councils, e.g. East Sussex County Council:

Role: These councils cover even larger areas, often encompassing several

districts.

Responsibilities: They provide services that require a broader reach, such as education,

social services, transport, and public health. County councils also manage

libraries, waste disposal, roads/highways, and strategic planning.

This tiered structure allows for the efficient management of services at different levels, ensuring that local needs are met effectively.

Newhaven Town Council Meetings

You are welcome to attend Town Council and Committee Meetings, either in person or via MS Teams. Information on each meeting will be published on our website, including the MS Teams link as we approach each meeting. For further information, please visit www.newhaventowncouncil.gov.uk.

gov.uk or email admin@newhaventowncouncil.gov.uk.

2025		Followed by
14th January	Full Council	
28th January	Planning & Development	Regeneration & Strategic Development
25th February	Planning & Development	Promotion, Partnership & Finance
11th March	Personnel	Environment & Amenities
25th March	Planning & Development	Promotion, Partnership & Finance



Remembrance Sunday 2024

Newhaven's annual Remembrance Sunday Service and Parade took place on Sunday 10th November 2024.

Remembrance Sunday is a national opportunity to remember the service and sacrifice of all those that have defended our freedoms and protected our way of life.

The Service, conducted by Rev. Marcus Mak, at St Michael's Church, was followed by a Parade down to Memorial Green for two minutes' silence and wreath laying.

We were so pleased that the event was so wellattended by all generations, and that there was a huge volume of wreaths laid at Newhaven's three memorials.

We would like to thank everyone who took part in this significant event to remember all those who lost their lives in World War 1, World War 2 and other conflicts since then.

We would also like to thank 3rd Newhaven Cubs for making poppies on sticks and creating a lovely display with them on Memorial Green.

Also on display were a boat, tank and the plane made out of poppies by the Volunteer Crafters.

GRANTS AVAILABLE FOR LOCAL ORGANISATIONS

Each year, local organisations can apply to Newhaven Town Council for grants under the Council's discretionary grants scheme.

In Autumn 2024, the Council awarded a number of Small Grants (£0 - £500) and Large Grants (£501 - £1000).

Some of the grants awarded included:

• Following an application to Newhaven Town Council for an Events grant, Photo Fringe were awarded £1,000. This was put towards their event called 'A Land Within', which involved a workshop, a guided walk to the site of Itfort Hill Bronze Age Settlement, and an exhibition, all to foster awareness of the importance of looking after our natural environment and of the benefits nature brings to our health and wellbeing.

- 1st Newhaven Brownies were awarded £500 to help provide financial support towards a two-night residential trip to London.
- £1000 was awarded to the No.21 (Newhaven) Army Cadets to help with the purchase of equipment and a new standard.

There is also a higher tier of grants available each year of between £3001 - £10,000 under the Council's discretionary Community Partnership Grants scheme. The application window for these grants is from 6th January 2025 until the final submission deadline of midnight on Sunday 9th February 2025. You can look out for details on how to apply on our website and social media.







Seahaven's Annual Business Awards will celebrate 20 years at the Amex this year Enter your business now!

Do you run a local business based in Seaford, Newhaven or Peacehaven? The annual Seahaven Business Awards celebrate 20 years this year and remain the most coveted local awards. They are open to all businesses trading in or around Newhaven, Seaford and Peacehaven and are an excellent opportunity to increase recognition for your business locally, and nationally.

The Seahaven Business
Awards celebrate
professionalism, creativity,
innovation, and business
excellence. This year, they
will include a special 20-Year
Business Lifetime Achievement
Award to commemorate the
20-year milestone. Winners
include businesses from every
sector and provide business
owners, small and large, the
chance to tell their stories and
company achievements.

We are thrilled that John Young, presenter and reporter with the BBC for over 30 years, has agreed to be our compere for the evening. John's professionalism and audience engagement made the evening an unforgettable experience for the winners, guests, and VIPs last year.

There are eight award categories, three businesses shortlisted in each category, and finalists will be invited to the glittering Awards Ceremony and Dinner at the Amex Stadium, Falmer, on 9th May 2025. The awards launch on 6th January; see www.newhavenchamber.co.uk for details, categories, deadlines and how to enter.

The awards are supported by local organisations and successful businesses, and with their support, we can run this incredibly worthwhile business event. Many thanks to the following: our Gold Headline sponsors, the Charles Cox Group; Lewes District Council, Newhaven Port & Properties, Tomsetts

Distribution Ltd., The Sussex Sign Company, Newhaven Enterprise Zone, Newhaven Enterprise Centre, Cleankill, Leather4Craft, V. R. Flowers & Son, Fine Marketing, Swindells Accounting, Mike Shorer Jewellery, Experience It Now Travel, Arlettes Florists, Seaford's Secret Fairy's Bookshop and Aurora HR.

Mike Shorer, President of Newhaven Chamber of Commerce, said, 'The feedback we received from last year's event was incredible, and we have such an amazing diversity of successful local businesses that it always astounds us. We are always thrilled to celebrate their successes with our members and colleagues from Seaford and Peacehaven Chambers of Commerce. We hope as many businesses as can, will enter this year and gain the recognition they deserve.'

The categories include Business of the Year. Business Person of the Year, Best Environmental Business, Best Health and Wellbeing Business, Best Customer Service, Best New Business, the President's Award for Artistic Enterprise and the new 20-year Lifetime Achievement Award. Our independent judges will include our two new local MPs, and we hope to welcome the Lord Lieutenant of East Sussex and the Vietnamese Ambassador to the UK and Ireland to our awards evening.

Start planning your entries now - the deadline is 14 March 2025.

Good luck with your entries!



Further details from: Julia@finemarketing.co.uk or phone: 07572 422 303.

Nominate/apply online at www.newhavenchamber.co.uk





▲ Lessons during a Training Weekend

▲ Official Picture of 21 Detachment Newhaven ACF 2024

Number 21 (Newhaven) Detachment, Delta Company, Sussex Army Cadet Force is your local branch where young people aged between 12 and 18 years old can gain new skills and have fun learning them.

Our Army Cadet Syllabus includes Military Knowledge, Drill and Turnout, Skill at Arms, Shooting, Navigation and Expedition, Fieldcraft, First Aid, Adventure Training, Communications and Information System and much more, including the Duke of Edinburgh Award!

Our Detachment is open on Tuesdays and Thursdays between 19.00 - 21.30. There is a group of Instructors recently recognised by The Lord Lieutenants of East and West Sussex who teach lessons to prepare the Cadets for future activities. In addition to the weekday session, every other

month we run a Residential Training Weekend, when Cadets are tested on the subjects they have learned at Detachment and there are special activities.

For further information, please visit www.armycadets.com.



▲ Overall and Naturally Vibrant Winner – Pete Henderson

Winner of the Under 12 category – Freddie Langridge •

Over 250 photographs were entered into the Town Council's BEST OF NEWHAVEN Photographic Competition back in the Summer of 2024.

Judging took place in September anonymously by a panel of judges. The judges were extremely impressed with the standard of entries, which was very high.

The competition culminated in the presentation of prizes to winners and runners-up of the various competiton categories. It was lovely to see so many people attending the prize-giving at Meeching Hall in October. One of the attendees, Mr Brewer, father of under 18 winner Susie Brewer, said: "Thank you for the event, we had a really nice time and there was a lovely feel to the evening."

The Overall Winner of the Competition was Pete Henderson – Pete's winning photo is on the front cover of this edition of 'Newhaven Matters'. Pete is pictured above receiving his trophy. Congratulations Pete.

A special mention goes out to Freddie Langridge who won the Under 12 category and Susie Brewer who won the Under 18 category. Well done Freddie and Susie!

All winners and runners-up have the privilege of seeing their photos on the lamppost banners on the West Quay. Most of the entries were also displayed in Newhaven Library.

If you would like to take part in this year's competition, please keep an eye out on social media and our website for further details.



OVERALL WINNER

Pete Henderson

UNDER 18s

Winner Susie Brewer
Runners-Up Charlotte Thorpe
Isla Eaves

IN ACTION

Winner Stephen Day
Runners-Up Ruth Nathan
Helen Hubbard

UNDER 12s

Winner Freddie Langridge
Runners-Up Noah Rayner-Gray
Maisie Whitham

LONG SHUTTER SPEED

Winner Richard West
Runners-Up Chris Mole
Bev Chumbley

NATURALLY VIBRANT

Winner Pete Henderson
Runners-Up Stephen Day
Paul Trunfull

The winning photos



▲ Under 12 Winner Freddie Langridge



▲ Under 18 Winner Susie Brewer



▲ In Action Winner Stephen Day



▲ Sea Treasures Winner Martin Brewer



▲ Light and Dark Winner Natashya Gladden



▲ Harbour Category Winner Bev Chumbley



▲ Hidden Corners Winner Jane Franklin



▲ Long Shutter Speed Winner Richard West



▲ Where The Time Goes Winner Julie Harding



▲ Naturally Vibrant Winner Pete Henderson

SEA TREASURES

Winner **Martin Brewer** Runners-Up Chris Cook Adrienne Chapman

HARBOUR

Winner **Bev Chumbley** Mark Glassman Runners-Up Paul Trunfull

WHERE THE TIME GOES

Winner Julie Harding Runners-Up Adrienne Chapman Andy Brookwell

LIGHT AND DARK

Winner Natashya Gladden Runners-Up Izabela Norman-Migalska Jonathan Caplin

HIDDEN CORNERS

Jane Franklin Winner Jan McCord Runners-Up Steve Mackins



WOOD CREATIVES



Have you ever admired a turned wooden bowl, a candlestick, a table lamp or a vase? Maybe you wish that you could make lovely things like that on a lathe. But you don't have a lathe and would not know where to start. The Wood Creatives woodworking club at the Hillcrest Centre has several lathes, some instructors and plenty of wood, we just need you with plenty of enthusiasm and a willingness to learn.

We provide free lessons to members and guarantee that you will be making interesting and useful objects within an hour or two of starting. You may even have a project in mind and we can help you to accomplish that.

We provide the safety equipment, the tools, the lathes and even some wood to practice on. So come along to our workshop behind the Hillcrest Centre on a Tuesday morning from 9.30am to 12.30pm or a Thursday evening at 6.30pm to 8.30pm (or both) for turning lessons. Once you are experienced you can come along to use the lathes on the other club days of Monday and Thursday from 9.30am until 3.30pm. Indeed you could come along on the other days just to use the workshop for your woodworking projects.

See our website at www.woodcreatives.co.uk





NEWHAVEN ART CLUB

A Creative Community in East Sussex

Are you looking for a place to express your artistic side, learn new techniques, or simply enjoy the company of fellow art lovers? Newhaven Art Club is here to welcome you! We're a vibrant group based in the heart of East Sussex, bringing together artists of all abilities to celebrate creativity and the joy of making art.

Weekly Meetings for Artists of All levels

Our members meet every Monday at 2:00 p.m. at the Peacehaven Evangelical Church Hall (24 Mayfield Ave, Peacehaven BN10 8RE). Whether you're an experienced artist or new to picking up a paintbrush, our meetings offer a supportive environment to learn, share ideas, and grow. From structured projects to casual sketching sessions, we cater to all interests.

Engaging Events and Workshops

Newhaven Art Club is more than just a place to meet; we offer a calendar filled with creative opportunities. Enjoy inspiring artist demonstrations, workshops, and excursions to enrich your artistic journey. Our exhibitions and community shows allow members to showcase their work, providing valuable exposure and a chance to connect with the wider community.

Upcoming Exhibitions and Showcases

We generally run two or three exhibitions a year where members can show their creativity.

A Warm Welcome for All

We believe that everyone has a creative spark to share, regardless of skill level. At Newhaven Art Club, we're here to support and inspire you on your artistic journey. Many of our members have started as beginners and grown into accomplished artists within our nurturing community.



BECOME A PART OF OUR CLUB TODAY

Ready to dive in? For more information, visit our website at newhavenartclub.co.uk, or get in touch with Chris Cook at 07887 520708 or NewhavenArtClub@Hotmail.com. Join us and discover the joy of creating with a friendly and passionate group.

Newhaven Art Club: Where Creativity Blossoms in East Sussex!



For the Greenhaven's Network, 2024 has been a year of meaningful collaboration, rekindling of alliances, forging of new connections and welcoming new members. As the environmental scene in the Havens and Lewes evolves to meet the challenges of climate change, more hubs and groups arise than ever before and there is reason to feel hope and energised through co-operative endeavours.

We had a year of localised action in the form of seed swaps at Friends of Bishopstone Station, Peverell's Community Garden, SEA Hub and Seaford Sustainability Fair. There was further Froglife amphibian and reptile training for families in March and September in Newhaven. May saw the blossom walks at Peacehaven Community Orchard and a wonderful Presentation from Weald to Waves Team at the Greenhaven's AGM and creation of a new connection.

We attended the Love
Our Ouse River Festival in
Newhaven and Newhaven
Sussex Day. We supported
events in Peacehaven with
the Peacehaven Community
Garden creating enthusiasm
and action for pollinators
by making wildflower seed
bombs to take home and with
Froglife we created a mini

pond and hibernaculum for the overwintering of amphibians and reptiles. A huge thank you to Peacehaven Wilder Garden Champion, Cathy, for organising and securing funding to deliver and help people install mini ponds at home!

Greenhavens were able to provide butterfly identification training with Dr Dan Danahar again this year at Castle Hill, Newhaven and the Community Orchard, Peacehaven, In October Martin Allison led the fungi identification walk at Castle Hill counting 30+ species despite the overly wet conditions. We also had the pleasure of visiting one of the 'wilder gardens' in Seaford three years after meadow management was implemented to find phenomenal butterfly habitat, well done Wendy! Not only did the garden look fabulous but Wendy reported

the butterfly numbers had doubled in her garden.

In 2024 the Greenhaven's Team responded to requests from community group leaders for support and a space to discuss challenges, successes and ideas on top of the network meetings. Thus, we arranged informal meet ups for people to drop-in and have a cup of tea and share how things are going with the groups, and we are exploring the impact of this way of working.

In 2025 we will look at how we continue to support the groups and Wilder Garden Champions to deliver fantastic outcomes for biodiversity, wellbeing and food security. Wishing you and yours a prosperous and 'green' 2025.

Best wishes from Jessie and the Greenhaven's Team





Email: contact@greenhavens.network





IDEAS INVITED FOR A NEW NAME FOR SHAKESPEARE HALL

The team working on the redevelopment of Fort Road Recreation Ground is inviting suggestions for a new name for Shakespeare Hall as part of its redevelopment.

The Lewes District Council team are seeking ideas for a new name which reflects Newhaven today. It could relate to local nature, geography, history or Newhaven's aspirations for the future.

The closing date for submissions is Friday 14 February 2025 at 5pm. To submit your idea for a new name, please email: helen. blanche@lewes-eastbourne. gov.uk. Ideas will be considered by a panel and the winning submission will be announced in Spring 2025.

As well as the redevelopment of Shakespeare Hall, the team are also updating the Cricket Pavilion, as well as providing new facilities including a café, community orchard, play area and outdoor fitness trail. The park will also be re-landscaped and connectivity to Castle Hill Nature Reserve improved.



Visit the project website at www.fortroadnewhaven.org to find out more about the redevelopment of Fort Road.



Newhaven Intergrated Play Project Educational and Recreational Services

N.I.P.P.E.R.S. is part of the government wraparound care programme for primary aged children.

We have been offering after-school activities and playschemes since 1973. We currently provide an after-school club and holiday playschemes for children aged 3-17, 51 weeks of the year. This has been run by the same management team since 1978.

Staff are qualified in Playwork, Early Years and Forest School, are DBS checked and are first aiders.

The after-school club runs from end of school until 6pm and is registered with Ofsted, following all the requirements of any school relating to Early Years education. Children are collected from their respective schools and brought to the East Side Social Centre in Norton Road, Newhaven. They

start the session with a fruit snack and go off to play, take part in creative activities, go to the park, until teatime, when they can have a cooked tea.

Playschemes run from 7.30am until 6pm, with various shifts available. Children can have breakfast, lunch, tea and snacks. We have been delivering the Healthy Active and Food scheme on behalf of the County Council since its inception.

There is also a small food bank, we collect surplus food from local stores; if we cannot use it, it is offered to the local community.

Family groups can play together, and older members support the development of the younger children. Older members of the club can have the opportunity to become apprentice playworkers and support the work of the team.

Quote from a parent: "It's so

easy to book at short notice, just email and they will arrange school collection and you know your child will be safe and happy."

For further information, please email: nippers1973@outlook.com.



East Side Social Centre, Norton Terrace, East Sussex, BN9 OBT

Telephone 07564 452837 Email <u>nippers1973@outlook.com</u>

Charity number 1087572 Ofsted 2564131



NEWHAVEN FORT TO RE-OPEN

FOLLOWING £7.5 MILLION RESTORATION

Newhaven Fort is set to re-open to the public this February following almost a year of closure, during the £7.5 million restoration of the historic Sussex landmark.

The Fort will re-open on Saturday 15th February 2025 with new exhibitions, a brand new adventure playground and access to previously unseen areas, including a refurbished **Battery Observation Post** with stunning views of the coast, new access to gun emplacements, a new escape room and more.

Visitors will be able to explore a vibrant tapestry of stories across a range of new exhibits, marvel at the views and let the kids play in a bigger, more accessible adventure playground. Local food and drink will be available at the Fort's café and the gift shop has also been revamped.

As part of the restoration, the Romney Hut has been restored

with new cladding, lighting and insulation, providing a year-round event space. The Fort has an exciting calendar of events for 2025, including talks, historic falconry, car shows, ghost hunts and more kicking off on 29th March with a Mother's Day craft workshop.

Newhaven Fort will also host a Wedding Showcase on Sunday 23rd March for couples to explore the venue and learn more about what the Fort can offer for their big day.

Tickets to visit Newhaven Fort can be purchased online in advance or at the Fort on the day of their visit.

Tickets are priced at £12.95 for adults, £9.95 for children, £43.95 for families, and £10.95 for seniors and students, offering annual access to the fort with free return visits.

Dogs are welcome and parking on site is free.

From 15th February, Newhaven Fort is open Monday to Sunday from 10am to 5pm. Last entry is at 4pm.



For more information and to book, please visit: www.newhavenfort.org.uk.



THE CHRISTMAS SPIRIT

By Frederick Stroppel

Directed by Edward Ginn



Julia has an unexpected visitor who intends to escort her to the afterlife. Persuading Death to give her one last day to enjoy Christmas, she invites him to a festive party. Filled with bickering relatives, friends, a priest and Death masquerading as human! Farce, drama, and even romance arise in this brilliant comedy

16th, 17th AND 18th JANUARY 2025 – 7.30 PM; 19th JANUARY 2025 – 2.30PM MEECHING HALL, FORT ROAD, NEWHAVEN, BN9 9QQ Tickets £10 (Concessions, £8) From Seaford Tourist Information Centre 37 Church Street, Seaford, or Tel 01323 897 426 Or online at: www.madtheatre.org

This amateur production of "The Christmas Spirit" is presented by arrangement with Concord Theatricals Ltd. on behalf of Samuel French Ltd. www.concordtheatricals.co.uk

CONSERVING NATURE FOR TWENTY FIVE YEARS

A conservation group in Newhaven celebrated 25 years in November.

The Castle Hill Group manage the nature reserve to the south and west of Newhaven Fort, in conjunction with land owners, Lewes District Council.

The group carry out scrub clearance, maintenance of footpaths, nature walks and survey work.

Chairman Graham Amy said:

"The group are very fortunate to have expert local residents like David Harris, Neil Greenaway, Steve Teale and Pete Varnham carrying out surveys on the local flora and fauna."

"The group have discovered several thousand species on the 13 hectare reserve, many of which are nationally rare."

During the 25 years of their work, the Castle Hill Group



have won prestigious awards, including the Queen's Jubilee Award, the equivalent of an MBE, the Government's Community Respect Award and South East in Bloom's Best Nature Reserve.

The Castle Hill Group is open to anyone, of all ages and abilities, and meets at the top car park at the Fort at 10am on the first Sunday of every month.

TAKE A LOOK...



In 2017 Rampion Offshore Wind Farms kindly offered Newhaven Town Council the supply and installation of a permanent telescope which would enable local residents and visitors to the town to see out to the wind farm site (and beyond) from shore. The idea was to enable people to watch the installation of the turbines from the town.

We were advised by a local resident recently that the internal lenses were coated with moisture rendering it all but useless so we sent our Amenities team up to do a bit of maintenance and it is now fully functional and still free no pennies needed!

We will be performing some more maintenance shortly on the structure to try and bring back a little shine to the exterior.

The telescope can be found on Castle Hill next to the Coastwatch Look-Out.



SWAP SHARE REPAIR

26th January 2025
11-3pm
Hillcrest Centre

Bay Vue Road

Newhaven BN9 9LH

Swap and exchange presents, toys, clothes & more.

Join skills sharing workshops.

Get something fixed at the Newhaven Repair Cafe.

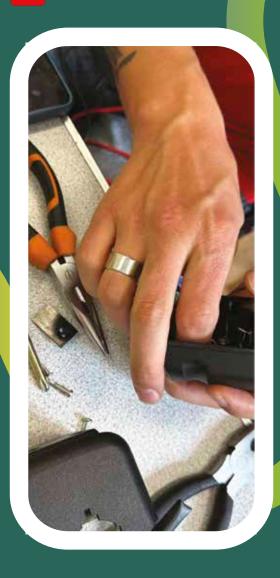
Enjoy live music & a free shared lunch.

Free to attend and open to all.

www.newhavengreencentre.com info@newhavengreencentre.com



- f #newhavengreencentre
- #newhavengreencentre
- #newhavengreencentre













With Peacehaven, Telscombe Cliffs, Saltdean and Rottingdean.

The Rotary Club of Newhaven Coast West

Despite our name - we welcome members and friends from Newhaven to as far west as Rottingdean.

We are a small group of like-minded people who try to live by the Rotary mantra of 'Service before Self'.

We work very hard with fund-raising to enable us to help others.

We meet every Tuesday lunchtime at the Scout Hut in Fort Road Newhaven - where over a packed lunch we socialise and plan our next charitable event.

We recently planned and organised our annual Christmas party for local elderly residents, which was funded by the Newhaven Chamber of Commerce.

We support, mainly local, charitable organisations and individuals.

Working to help our Community

▼ Vice-President Jacquie exchanging pennants with our visitor from Montego Bay



If you feel you would like to know more about us, please email whiteleyjacquie@gmail.com or telephone Iris on 01273 516018.



SCDA NEWS

www.sussexcommunity.org.uk

BUILDING A HIBERNACULUM WITH FROGLIFE

In October, the team from Ouse Valley Climate Action, part of SCDA, joined with local volunteers to build an amphibian hibernaculum. The day was supervised by Froglife, a charity committed to the conservation of amphibians and reptiles and concluded the three years of the Discovering Dewponds project's work, carried out in the Ouse Estuary Nature Reserve, Newhaven, with funding from the National Lottery Heritage Fund and Sussex Community Foundation.

The hibernaculum was positioned in an area that does not flood next to a suitable pond which the volunteers helped clear of excessive weeds and leaf litter. Under the expert guidance of William

Johanson, from Froglife, the team dug a shallow trench and then built a loose wooded structure around it, which was then topped with branches and turfs, which will provide an excellent habitat for reptiles, amphibians and some local mammals to hibernate and take refuge over the winter months.

Jessie Rodriguez, OVCA
Community Ranger at SCDA,
said "It is wonderful to be
collaborating with Froglife and
East Sussex County Council to
create even more opportunities
for wildlife on such an
important site for Great Crested
Newts, birdlife and plants."

For more information about OVCA, see the SCDA website https://sussexcommunity.org.
uk/our-services/environmmentclimatechange/ouse-valley-climate-action/.





A VOICE FOR NEWHAVEN'S YOUNG PEOPLE!

Newhaven Young People's Forum (NYPF) is an independently constituted group of young people aged 12-18 from Newhaven. We help local young people have a say in local projects and services for young people. We speak to and represent our peers, help plan and run activities and events for young people, and fundraise for youth projects. NYPF members helped to design and secure funding for Newhaven Youth Centre, which opened in 2021

If you would like to join the forum and get some great benefits like confidence, life skills, resilience, team building skills, socialisation and much more then get in touch with the youth team or the NYPF themselves. Email youth@sussexcommunity.org.uk and/or nypf@sussexcommunity.org.uk.
We look forward to hearing from you!



A Cargo Bike Delivery company, Get Bikery CIC is expanding into Newhaven.

From November 2024, top of the range, electric Cargo Bikes have been available for local people to rent while local companies can use Get Bikery as a delivery service for their products.

E-cargo bikes are designed to carry heavy loads and are increasingly seen in towns as transport for families and as replacements for vans and cars.

Get Bikery is already operating in Lewes and regularly hires bikes out to local people and families and businesses.

Jamie Lloyd from Get Bikery said; "The e-cargo bikes that we have can easily replace vans or cars for a lot of jobs. The electric motors and belt drive gears mean carrying heavy loads is easy and safe, it also often much quicker than driving and is always cheaper and better for your health. Yesterday I delivered an Olive Tree in its pot to a home in Seaford, this is just one example of the kind of delivery that we can do and we encourage any local people who are interested to get in touch with us".

"If someone wishes to hire a bike, they will first receive training in how to use the bikes safely and will be provided a lock with the cargo bike. If a

company wishes to use Get Bikery for local deliveries they can get in contact to arrange collection and delivery of their products, in the local area."

"We are delighted that Newhaven will be the next town to join the e-cargo bike revolution and we are looking forward to seeing our bikes being out in use in Newhaven and the surrounding area."

Anvone who wishes to try out an e-cargo bike should email Jamie at Jamie.lloyd@ sussexcommunity.org.uk

For more information on https://getbikery.org/.

THANK YOU MORRISONS FOUNDATION

say a huge thank you to the Morrisons Foundation and who presented us with a cheque for £8,000 to support us in sprucing up Denton Island

Group have been preparing the garden for the winter clearing old plants, filling the composter and identifying other areas needing some TLC. If anyone would like to take part, the group meet every

other Thursday from 10am to 12pm.

For further information, please contact Cat at Catheryn.croft@ sussexcommunity.org.uk.



Friends of Bishopstone Station run the vibrant community hub, the Old Parcel Room, which buzzes with activity. The restoration of this Grade 2 listed building continues, with next up the former Ladies Toilets, one of just four station toilets in the country with Art Deco Murano glass mosaic flooring. A specialist company is restoring the room to its original state. Built without wash hand basins, the toilets won't be functional; it's a restoration project of a heritage space, accessible for viewing on open days and similar occasions.

The station hall is looking colourful this year, with a series of original artworks and Art Deco train posters now in place.

Our Community Food Project workshops

promote food equality through opportunities for food and gardening education. Helping our community access healthy, locally sourced food.

Meet ∵p Mondays™ Meet up Mondays, every Monday from 10am to 1pm, community drop-in and pop-up pantry. Plus, various speakers and drop-in advice sessions including Citizens Advice and Ovesco Energy.



Man Space. Whether you're recently retired, looking to meet new people, or just bored sitting at home, Man Space is a chance to make connections, share and find new interests and hobbies and maybe learn something new. With talks and discussions on men's health, wellbeing and other subjects of interest. The 1st and 3rd Friday of the month, 10 am to 12 noon.

All our events are free of charge. No need to book, just drop in to the Old Parcel Room community hub in Bishopstone Station building, Station Road, BN25 2RB. Come by train to Bishopstone, or numbers 12 and 12a buses, using Hill Rise bus stop. There's a cycle rack at the front of the station, and if you drive you can park at Buckle carpark.

To find out more about us and our events:

Email: friendsofbishopstonestation@yahoo.com
Facebook: Friendsofbishopstonestation.org.uk



Newhaven Tree Wardens

The site opposite Paradise Park was one of the first where Newhaven's Tree Wardens planted trees. Since then we have added some more trees, shrubs and spring and summer bulbs. Since May 2018, the area has blossomed (and fruited!). Newhaven may be a working port, but it has a great biodiversity, with

pollinating insects and birds thoroughly enjoying sites like these around the town. Local business, Paradise Park, has our gratitude for its continuing support, and we are delighted to see this site doing so well.

If you would like to get involved as a volunteer Tree Warden, please get in touch with NTC or email us on BN9Trees@hotmail.com. You can also find us on Facebook as BN9 Trees Newhaven Tree Wardens.





NEWHAVEN BOWLING CLUB

Where Tradition Meets Community



Looking for a relaxing and rewarding pastime that offers both social connection and friendly competition? Newhaven Bowling Club could be the perfect fit! Nestled in the heart of Newhaven's Fort Road recreation ground, our club provides a welcoming environment for anyone looking to take up this classic British sport.

An Enjoyable Bowls Experience for All

At Newhaven Bowling Club, we're proud of our scenic green and comfortable clubhouse on Fort Road. Whether you're an experienced bowler or entirely new to the game, you'll find a low-impact and enjoyable way to stay active. Bowls is a sport suited to all ages and abilities, making it an ideal activity for individuals, couples, and friends alike. Our inclusive and friendly atmosphere ensures everyone can join in, feel at

ease, and quickly become part of our thriving community.

Throughout the year, we keep our members engaged and connected. During the colder months (October to April), we host short mat bowls and games meetings indoors, ensuring there's always an opportunity for social interaction and skillbuilding. From April through September, we enjoy our outdoor season with a packed calendar of matches, including in-house games and friendly competitions with nearby clubs. Our members enjoy the thrill of the game while improving their skills and sharing plenty of laughs along the way.

Join Our Welcoming Community

Being part of Newhaven Bowling Club is about more than just bowls; it's about

friendship, community, and shared experiences. Many members forge lasting bonds both on and off the green, contributing to the club's warm and inviting culture.

Interested in Joining?

Ready to give bowls a try? Visit our website at NewhavenBowlingClub. weebly.com or reach out to us via email at nbowlscsocialmedia@gmail. **<u>com</u>**. Alternatively, contact Jose Baker at 07542 608304 for more information.

Come along and see for yourself why Newhaven Bowling Club is such a wonderful place to play. connect, and be part of a great tradition. We'd love to welcome you to our club!



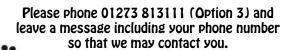


Lewes, Seaford and District Branch

Please contact: Jean: 01323 892930

HAVE YOU GOT ROOM FOR A LONELY PUSS WHO'S BEEN LIVING ON THE STREETS?

Neutering
We can also help towards
the cost of neutering your
cats and kittens.



DO YOU HAVE ROOM FOR A FURRY FRIEND?







Lewes, Seaford & District Branch

HELP NEEDED

We need volunteers to maintain rescue shelter pens in their gardens. The pens would be provided by the Cats Protection Charity, which also covers the running costs.

Please register your interest on 01273 813111 (Option 1), leaving your name and phone number so that we may contact you.







Time for Dementia

Local families affected by dementia are being invited to take part in an award-winning programme, to help train the healthcare professionals of tomorrow and improve dementia care.

The Time for Dementia programme, supported by Alzheimer's Society, pairs families affected by dementia with undergraduate students, helping to better educate them about life with dementia and the challenges that come with it.

Brighton and Sussex Medical School medical students are taking part and Alzheimer's Society are now seeking families in the area who would like the opportunity to make a difference to training health professionals.

Time for Dementia is a fantastic way for the next generation of healthcare professionals to gain first-hand knowledge of what it's like living with dementia.

If you would like to know more about the programme, or you know someone with dementia and a family carer who would like to take part, please get in touch with us at Sam.Swanson@alzheimers.org.uk or call 07858 678962.

GuestHouse Storytelling Welcomes in the Spring with Brigid's Day on Saturday 1st February 2025



Our first show of 2025 will celebrate Brigid/Brigit, Goddess and Saint. Saturday 1 February 2025 is Brigid's Day and we will be honouring the

Goddess of Fire, Story, Song and Poetry at the Hillcrest Centre. Brigid was famous for her hospitality and from midday there will be food, drinks, the making of Brigid's crosses, and workshops. As a finale, at 7.30pm there will be a special adult storytelling event with world renowned Irish Storyteller Kate Corkery.

This special event follows on from the Guesthouse's previous story-telling events which have proved to be really successful.

The only prerequisite for storytelling, is to know a myth or folktale by heart and to look your audience in the eye. Professional tellers make their living from this hybrid art-



form which is a combination of stand-up and theatre. One audience member said: "I felt so included and inspired" after a show.



Find out more at: www.guesthousestorytellers.com

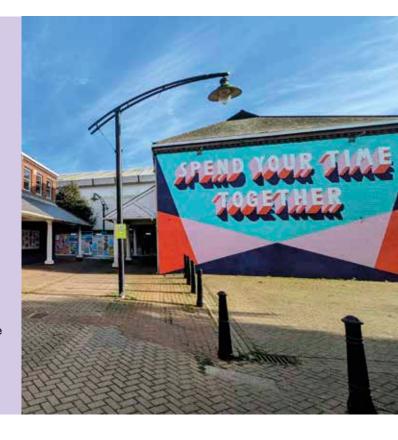
Construction of 'transformational' Newhaven Square redevelopment to begin

Work has started on the multi-million pound Newhaven Square redevelopment which will transform primary healthcare in the town.

The project will create a new Health & Wellbeing Hub including a new home for Quayside Medical Practice and the Chapel Street Surgery and the further development of the Primary Care Network, a new pharmacy, the expansion of Wave Active at Seahaven Swim & Fitness and its partnership with healthcare to support those with health conditions and the rehabilitation of patients.

A creative hub will also be developed to provide space for co-working and start-up businesses.

The project is scheduled for completion within two years.



Puzzle Pages

WORDSEARCH



HOW TO ENTER

Solve the wordsearch by finding the listed words associated with Newhaven which are hidden in the grid. The words in the grid can be across (forwards or backwards), or up or down, or diagonally, but always in a straight line.

One of the listed words cannot be found in the grid – that's the word you need for entering the competition. Write the word on the entry form and complete and submit the entry form by 14th March 2025 to enter a draw. (Only one entry per person. Town Council employees, their relatives and Councillors are not eligible to enter.) The first correct entry picked after the closing date will win a voucher worth £30.

So get puzzling and Good Luck!

F	Α	Z	0	T	Z	Е	D	R	0	Е	С	D	Е	Ν
Р	С	Ι	L	L	Υ	R	0	Z	D	Р	Е	Z	Α	Т
L	F	0	Р	Z	R	Υ	R	М	В	Α	G	D	М	U
U	W	Н	U	F	Е	R	R	Υ	Е	R	Α	S	C	D
L	D	L	Α	S	М	W	Z	М	S	Α	-	T	R	0
С	F	J	W	М	Е	В	Η	0	Ш	D	U	D	K	С
G	Z	-	Ι	R	Μ	Е	R	Α	Α	ı	כ	S	G	K
D	F	G	I	U	В	Z	D	S	V	S	Т	0	Z	Е
С	0	R	Μ	0	R	Α	Z	Т		Е	Т	Е	R	R
Т	R	C		В	Α	Z	D	S	T	Α	Z	D	Е	S
U	Т	0	Α	R	Z	С	Е	Α	S	ı	R	T	Н	0
С	0	S	D	Α	С	U	М	Е	Е	С	Н	1	Z	G
I	Ν	М	R	Н	Е	Α	С	U	F	Н	Т	0	S	Н
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М	Α	I	R	Т	I	L	0	Ν	Е	Н	S	Α	Ν	Е

Bandstand Festival
Bridge Fort
Cormorant Harbour
Denton Maritime
Dockers Meeching
Ferry Newhaven

Ouse Paradise Remembrance Swing

COMPETITION ENTRY COUPON

Send this coupon to reach the following address by 14th March 2025.

Newhaven Matters Competition
Newhaven Town Council,
Council Offices,
18 Fort Road,
Newhaven,
East Sussex
BN9 9QE

SOLUTION WORD:
Mr/Mrs/Ms:
FIRST NAME:
SURNAME:
ADDRESS:
POSTCODE:
TELEPHONE NO.:
EMAIL:

SUDOKU

Fill in all the squares so that each row, each column and each of the 3 x 3 squares contains all the digits from one to nine, with no repeated numbers in each line. horizontally or vertically.

Did you spot the cormorant? You can find it on page 19.

	1							6
3			6		8	5		
		6	5		9			1
	3	4				9		7
			1		6	4		5
	6	5						8
	7		4	2		8	5	
8						7		·
9		3	8	5	7	·		

Dates for the diary.

JANUARY

Tuesday 21 January

SCDA. Denton Island. Plant to Plate. Beginners Cooking Workshop. To book, email:amy.walker@sussexcommunity.org. uk or tel: 01273 517250. Supported by Lewes District Food Partnership and Friends of Bishopstone Station.

Sunday 26 January

Swap, Share, Repair Event. Hosted by the Newhaven Green Centre at the Hillcrest Centre. A massive swap shop with live music, workshops and a free lunch provided by the Havens Food Cooperative. There will also be the Repair Café. 11am - 3pm. For more information or to get involved please email: info@newhavengreencentre.com.

Sunday 26 January

Bishopstone Station. Kimchi Workshop. 11am to 1pm. Contact: email friendsofbishopstonestation@yahoo.com or 07501 672424.

Tuesday 28 January

Come along to hear Denton Fellowship's guest speaker from Coop Legal Service on 'Tax, Care and Toy Boys'. 2pm at Denton Church Hall.

Tuesday 28 January

SCDA. Denton Island. Plant to Plate. Beginners Cooking Workshop. To book, email: amy.walker@sussexcommunity. org.uk or tel: 01273 517250. Supported by Lewes District Food Partnership and Friends of Bishopstone Station.

Every Tuesday

Newhaven Green Centre. Borrow and return items from our Library of Things. By Appointment. 07410 251528. 6.30pm to

Every Thursday

Newhaven Green Centre. Library of Things: Newhaven Library. 10am - 12 noon with energy saving advice from OVESCO fortnightly starting 9th January. Contact: info@newhavengvreencentre.com or 07410 251528.

Tuesdays - fortnightly

Newhaven Green Centre. Starting on 7th January 2025, 11am to 1pm. Library of Things at the Community Supermarket on Denton Island. Contact: info@ newhavengreencentre.com or 07410 251528.

FEBRUARY

Tuesday 4 February

Historical Society & Museum. A talk by Dr Cathryn Pearce 'Warship Ashore!'. New perspective on the wreck of HMS Brazen. For details: www. newhavenhistoricalsociety.org.uk.

Tuesday 4 February

SCDA. Denton Island. Plant to Plate. Beginners Cooking Workshop. To book, email: amy.walker@sussexcommunity. org.uk or tel: 01273 517250. Supported by Lewes District Food Partnership and Friends of Bishopstone Station.

Saturday 8 February

Hillcrest Centre. Kapow Wrestling. For more information and times, email: wearekapow@gmail.com.

Saturday 15 February

Re-opening of Newhaven Fort. Open daily, 10am to 5pm. Contact: 01273 517622 or visit www.newhavenfort.org.uk.

Friday 21 February 2025

Twinning Association Quiz Night. 3rd Newhaven Scouts HQ, Fort Road. 7.30pm. £5 per person. Book in advance on 01273 588193 or email: norman.hopson@btinternet.com.

Saturday 22 February

Bishopstone Station. Raised Beds gardening. 11am to 1pm. Contact: friendsofbishopstonestation@yahoo.com or 07501 672424.

Tuesday 25 February

Come along to hear Denton Fellowship's guest speaker, Ian Everest, give a talk on local history. 2pm at Denton Church Hall.

Every Tuesday

Newhaven Green Centre. Borrow and return items from our Library of Things. By Appointment. 07410 251528.

January - March 2025

6.30pm to 7.30pm.

Every Thursday

Newhaven Green Centre. Library of Things: Newhaven Library. 10am – 12 noon with energy saving advice from OVESCO fortnightly starting 9th January. Contact: info@newhavengreencentre.com or 07410 251528.

Tuesdays – fortnightly

Newhaven Green Centre. Starting on 7th January 2025, 11am to 1pm. Library of Things at the Community Supermarket on Denton Island. Contact: info@ newhavengreencentre.com or 07410 251528.

MARCH

Sunday 23 March

Wedding Showcase. Newhaven Fort. Contact: 01273 517622 or visit <u>www.newhavenfort.org.uk</u>.

Saturday 29 March

Bishopstone Station. German Food and Drink multimedia, multi-sensory extravaganza. 10.30am to 1pm. Contact: friendsofbishopstonestation@yahoo.com

Saturday 29 March

Mother's Day Crafts Workshop. Newhaven Fort. Contact: 01273 517622 or visit www.newhavenfort.org.uk.

Every Tuesday

Newhaven Green Centre. Borrow and return items from our Library of Things. By Appointment. 07410 251528. 6.30pm to 7.30pm.

Every Thursday

Newhaven Green Centre. Library of Things: Newhaven Library. 10am – 12 noon with energy saving advice from OVESCO fortnightly starting 9th January. Contact: info@newhavengreencentre.com or 07410 251528.

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Community Directory.

ARTS, CRAFTS & IT

Art Techniques with Carol Havard

See advert on page 21

Into Art

Hillcrest Centre. Mondays 10am – 12pm and Fridays 10am – 1pm. £6 an hour. To book, email wildseaarts@gmail.com

Knit & Natter

Newhaven Day Club. Mondays 2pm - 4pm

Life Drawing

Hillcrest Centre.

Wednesdays: 10.30am – 1pm. To book, email <u>julianlebas@yahoo.com</u>

LinoCut Classes

Hillcrest Centre. Every Friday 2pm – 4pm Contact: <u>Jennings.sally@gmail.com</u>

Newhaven Art Club

Peacehaven Evangelical Church Hall.
Mondays: 2pm
For more information visit
www.newhavenartclub.co.uk or ring
Chris Cook on 07887 520708 or email
NewhavenArtClub@hotmail.com

Newhaven Photographers Collective

Contact - Dawnie Thompson Phocol.dt@gmail.com

U3A Art

Hillcrest Centre. Tuesdays: 2pm – 4pm. To book, email <u>graham.heys@btinternet.com</u>

Wood Creative

Hillcrest Centre
Mon-Fri 9.30am – 3.30pm
Thurs eve: 6pm – 9pm
Beginners Welcome
Tel Joe 07768 331038
enquiries@woodcreatives.co.uk

CHILDREN & YOUNG ADULTS

2nd Denton Scout Group "Ralph Reader's Own"

St Leonards Church Hall, Denton. Contact: 07974 972049

Fridays

Beavers (age 6–8) 5pm – 6.20pm Cubs (age 8–10) 6.20pm – 8pm Scouts (age 10–14) 8pm – 9.30pm

3rd Newhaven Scout Group

Scout Hut, Fort Rd. Contact:
join.3rdnewhaven@seahavenscouts.org.uk
Beavers (age 6-8) Thursdays
5.15pm – 6.15pm
Cubs (age 8-10) Wednesdays 5.30pm –
7pm and Thursdays 6.30pm – 8pm
Scouts (age 10-14) Mondays
7pm – 8.30pm and Wednesdays
7.15pm – 8.45pm
Dragoon Explorer Scouts (14-18) Tuesdays
7.30pm – 9.30pm
Squirrels Tuesdays 5pm – 6pm

21 Detachment Newhaven Army Cadet Force

Please visit <u>www.armycadets.com</u> Transit Road, Newhaven, BN9 OBB <u>www.facebook.com/Sussex ACF</u>

Children's Art Classes

Hillcrest Centre. Every Wednesday: 4.30pm – 5.30pm (Term Time Only) For more information, please email juliadunstandesign@gmail.com

Denton & South Heighton Junior Football Club

The Hollow, South Heighton, Newhaven, BN9 OTP. Saturdays 9am – 12pm - age group training times vary.
Please contact Luke Martin to enquire, dashchairman@gmail.com

Harbourside Gymnastics Academy

Please call 07395 307616

Haven Young Creatives

FREE drama session for children and young people. The Hillcrest Centre. Tuesdays (term time) 4pm – 5.30pm 8 – 12 years & 5.45pm – 7.45pm 13 – 18 years

Newhaven & Seaford Sea Cadets

Email: <u>admin@tsdefiance.co.uk</u> or visit <u>www.sea-cadets.org/newhavenseaford</u>

Newhaven Youth for Christ

St Michael's Church Hall Thursdays (term time only) 6pm to 7.30pm Nintendo switch, pool table, craft, board games with a free meal For ages 11 – 18. £1 entry.

NIPPERS

East Side Social Centre
After school club 3pm – 6pm
Monday to Friday (term time only)
Holiday playschemes & Inset day cover
provided.Playschemes will run during
February half term and Easter. For details
email nippers1973@outlook.com

Norcross Dance Centre

Classes in Ballet, Tap, Contemporary, Acro, Disco, Musical Theatre, Street, Commercial, Drama, Group Singing, Baby Music and Sensory, Tinytots Ballet Please contact Alison on 07789 963560 or email norcrossdancecentre@gmail.com

SCDA Clubs & Groups

Newhaven Youth Centre, Denton Island Please contact:

Please contact:
youth@sussexcommunity.org.uk to find out
more or enrol on to these sessions.
Tuesdays: L.A.S.T. Project:
5.15pm – 6.30pm a free youth led
LGBTQ+ and allies' 12-17yrs
Wednesday: Youth Club
(term time and summer holidays):
6.30pm – 8pm. 12–18yrs
Friday: 'Fri-yay' Youth Club:
4pm – 5.30pm aged 8-11yrs
(term time and summer holidays)
Mondays Jitterbugs: 10am – 12pm toddler

group (Term time). All families with children

aged 0-4yrs

Titan Fitness

Functional Fitness classes for young people aged 5-19. For more information, visit www.titanfitness.uk

HEALTH & WELLBEING

Meditation

Hillcrest Centre. Every Friday 6pm-7pm Contact <u>scarletlolocooking@gmail.com</u>

Pilates Classes

Hillcrest Centre

Tuesdays: 11.30am – 12.30pm Contact Tash: 07831 120600

Stay Active Longer

Exercises for healthier ageing Hillcrest Centre. Every Thursday, 11am – 12pm And at the Old Parcel Room, Bishopstone Station, BN25 2RB. Every Tuesday, 10am –

11am. Tel. Mary 07773 022429. Email: MaryMoveslt@gmail.com.

Website: www.facebook.com/MaryMovesIt

Tai Chi

Hillcrest Centre. Mondays: 9.30am – 11.30am www.taichieffect.com or 07429 007691

Traditional Yang Tai Chi & Dragon Kung Fu

Lewes Road Hut. Thursdays 6pm – 7.30pm & 7.30pm – 9pm Contact Jon 07715 664228 www.DMAA.co.uk

Slimming World

Elim Church, Meeching Rise Saturdays. 8.30am. Contact Tina: 07548 892488 Thursdays. 5.30pm and 7pm. Contact Tracy: 07736 047196

Yoga with Sue

Denton and Mount Pleasant Social Hall. Thursdays: 9.45am – 11.15am. Contact Sue on 07721 611314

Zara Yoga & Pilates

Meeching Hall
Mondays: 11am – Mat based Pilates
Wednesdays: 5.45pm – Hatha Yoga and
7pm – Mat based Pilates
Fridays: 9.30am – Hatha Yoga and
10.45am – Yin Yoga
Contact Zara at zarano1@msn.com

INTEREST GROUPS

Castle Hill Group

1st Sunday of every month: 10am. Scrub management & other tasks. Please email seahavenpr@aol.com or contact Graham on 01273 514942

Friends of Tidemills

3rd Sunday of every month: 9am – 11am to litter pick & conservation tasks. For more information contact Jim Skinner <u>brianjimskinner@gmail.com</u>

Guesthouse Storytellers

Hillcrest Centre.

Visit www.guesthousestorytellers.com, email: xanthe.gresham@gmail.com or info@guesthousestorytellers.com, or tel: 07812 181545

Historical Society & Museum

The Newhaven Museum is closed for the winter, re-opening on 21st April 2025. For details of our talks series, and research or general enquiries, please visit www.newhavenhistoricalsociety.org.uk

Newhaven & District Model Railway Club

Heatherside Business Park, Unit 4, Norton Road BN9 OBZ. Wednesday evenings: 7.30pm - 10pm Email newhavendmrclub@gmail.com or tel: 07563 840687 www.newhavendmrc.com

Newhaven Green Centre: Reducing Waste, Library of Things & Bringand-Take Table

Newhaven Library Thursdays: 10am - 12pm

U3A

Offers a range of groups and events at various venues. For more information, please visit newhaven-peacehaven.u3asite.uk

MUSIC & DANCE

Ballroom Dancing with Studio Tempo

Hillcrest Centre. Fridays: 6.45pm to 9pm. To book, phone 01273 476565.

Haven Harmonies Community Choir

Hillcrest Centre. Mondays: 7pm - 8.30pm. Contact marianstanley43@gmail.com or havenharmoniescommunitychoir@gmail.com

Newhaven Ukulele Group

Hillcrest Centre. Wednesdays Fortnightly: 7pm – 9pm. Contact Peter on peterandberylneal@gmail.com or Sue on 07745 394220

Private Dance with Studio Tempo

Hillcrest Centre. Fridays: 10am – 12.30pm. To book phone 01273 476565

Singing Mamas

Singing for wellbeing group for all women, not just mums. No singing experience needed.

Newhaven Youth Club, Denton Island. Fridays: 10.30am to 12pm. Contact Lizzie to book a free taster session: lizziesingingmamas@gmail.com

SOCIAL

Denton Fellowship

Denton Church Hall. Every 4th Tuesday of the month at 2pm.

Contact: Aileen 07756 035454

Just Friends

Newhaven Day Club 1st & 3rd Monday of every month: 10am - 12pm 2nd Monday of the month Walking Group 4th Monday of every month Lunch Group Contact: info@just-friends.uk

Newhaven Day Club

West Quay (Northeast of Carpark). Tuesdays, Thursdays & Fridays. Variety of fun activities. Contact Tony on 01273 513189 for further details, including membership prices

Newhaven Peacehaven Lions

For more information visit www.npslions.co.uk

Rotary Club of Newhaven Coast West

Fund-raising to help others. Tuesday lunchtimes at the Scout Hut, Fort Road. For more information, please email whiteleyjacquie@gmail.com or telephone Iris on 01273 516018

Friends of Bishopstone Station

Old Parcel Room, Bishopstone Station, Station Road BN25 2RB Meet Up Mondays – community drop in. 10am to 1pm (closed bank holidays). Man Space – men's social and wellbeing space. 1st and 3rd Friday of the month 10am to 12 noon. Email: friendsofbishopstonestation@yahool.com. Tel: 07501 672424

SPORT

Affinity Rowing Club

For details email info@affinityrowingclub.co.uk

Denton Cricket Club

For more information, please visit www. dentonsussex.play-cricket.com or Tel: 07883 097264

Denton Island Indoor Bowls Club

For more information, please visit www.dentonislandbowls.co.uk or Tel: 01273 514664

Denton Table Tennis Club

Denton Church Hall. Wednesday: 7pm – 9pm and Friday: 10am – 12pm Contact Rosemary on 07999 860333

Hillcrest Boxing

For more information, please visit www.hillcrestboxinggym.co.uk

Newhaven Archery Club

A friendly outdoor archery club offering archery courses and social activities throughout the year.

For more information, please visit <u>www.newhavenarcheryclub.co.uk</u> or email <u>newhaven_archery@yahoo.co.uk</u>

Newhaven Gig Rowing

For details visit <u>www.ngrc.co.uk</u> or email admin@ngrc.co.uk

Newhaven Bowling Club

We host roll-ups at Fort Road Recreation Ground. Short Mat every Monday from 1 pm and Wednesday and Saturday from 10am. For more information contact Jose Baker on 07542 608304, email

nbowlscsocialmedia@gmail.com or www.NewhavenBowlingClub.weebly.com

Newhaven Cricket Club

www.newhaven.play-cricket.com/Aboutus

Newhaven Football Club

For more information, please visit www.newhavenfc.co.uk or email newhavenfootballclub@gmail.com

Newhaven Tennis Club

All offers of Club sessions and activities to its members are available to view on the club's website: newhaventennisclub.co.uk. Please contact Bob 07783 234894 for all membership and general details and Clive 07526 267560 for coaching details. Or email: mailrkjackson@yahoo.co.uk

Newhaven & Seaford Sailing Club

For more information visit www.sailinginsussex.org or email <u>info@nssc.org.uk</u>

Newhaven Yacht Club (NYC)

For more information visit newhavenyc.org.uk

Pétanque with Newhaven Twinning Association

Every Sunday morning, opposite The Hope Inn, Newhaven. Spare Boules available! Weather permitting

Seaford Rugby Club

For more information visit www.seafordrfc.club

SUPPORT GROUPS

AA Meetings

Hillcrest Centre. Thursdays: 7pm - 8.45pmMeeching Hall. Wednesdays: 9.30am

Bereaved by Suicide: East Sussex

Please contact the Sussex Suicide Bereavement Support Team on 07376 616628 or email sussexbereavedbysuicide@cruse.org.uk

Childline

Tel: 0800 11 11 www.childline.org.uk

Cruse Bereavement Support Helpline

Tel: 0808 8081677 www.cruse.org.uk

Hillcrest Centre. Mondays: 2pm - 3pm. Just drop in www.facebook.com/ groups/535810757234539

Samaritans

Tel: 116 123 www.samaritans.org

Warm Spaces Directory

Please visit <u>www.lewes-eastbourne.gov.uk/</u> article/1280/Welcome-spaces or contact Newhaven Town Council on 01273 516100

This listing is correct at the time of going to press and is not a comprehensive list of all the groups and courses in Newhaven



- ✓ FREE DELIVERY ON ORDERS OVER £20.
- ✓ VEGAN OPTIONS AVAILABLE.
- ✓ GLUTEN FREE OPTIONS AVAILABLE.
- ✓ 10% DISCOUNT ON ONLINE ORDERS.



