

# Newhaven *Matters*

Autumn 2025 // Issue N° 47

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**Welcome** to the Autumn edition of *Newhaven Matters*, the free magazine for Newhaven residents produced by Newhaven Town Council.



# Contact your local Town Councillor



## NEWHAVEN CENTRAL WARD



Shaun Boniface  
t: c/o 01273 516100  
e: [cldr.shaun.boniface@newhaventowncouncil.gov.uk](mailto:cldr.shaun.boniface@newhaventowncouncil.gov.uk)



Michael Young  
t: c/o 01273 516100  
e: [cldr.michael.young@newhaventowncouncil.gov.uk](mailto:cldr.michael.young@newhaventowncouncil.gov.uk)

## NEWHAVEN DENTON WARD



Lindsey Macleod  
t: 07751 527211  
e: [cldr.lindsey.macleod@newhaventowncouncil.gov.uk](mailto:cldr.lindsey.macleod@newhaventowncouncil.gov.uk)



James Harrison  
t: c/o 01273 516100  
e: [cldr.james.harrison@newhaventowncouncil.gov.uk](mailto:cldr.james.harrison@newhaventowncouncil.gov.uk)



Corina Watts (& District Councillor North)  
t: 07586 573238  
e: [cldr.corina.watts@newhaventowncouncil.gov.uk](mailto:cldr.corina.watts@newhaventowncouncil.gov.uk)



Jo Pettitt  
t: c/o 01273 516100  
e: [cldr.jo.pettitt@newhaventowncouncil.gov.uk](mailto:cldr.jo.pettitt@newhaventowncouncil.gov.uk)



Jessa Chapman  
t: c/o 01273 516100  
e: [cldr.jessa.chapman@newhaventowncouncil.gov.uk](mailto:cldr.jessa.chapman@newhaventowncouncil.gov.uk)

## NEWHAVEN NORTH WARD



Lesley Boniface  
t: 07979 763281  
e: [cldr.lesley.boniface@newhaventowncouncil.gov.uk](mailto:cldr.lesley.boniface@newhaventowncouncil.gov.uk)



Mark Wardle  
t: c/o 01273 516100  
e: [cldr.mark.wardle@newhaventowncouncil.gov.uk](mailto:cldr.mark.wardle@newhaventowncouncil.gov.uk)



Steve Saunders  
t: 07976 371116  
e: [cldr.steve.saunders@newhaventowncouncil.gov.uk](mailto:cldr.steve.saunders@newhaventowncouncil.gov.uk)

## NEWHAVEN SOUTH WARD



Graham Amy (& District Councillor South)  
t: 01273 514942  
e: [cldr.graham.amy@newhaventowncouncil.gov.uk](mailto:cldr.graham.amy@newhaventowncouncil.gov.uk)



Pinky McLean-Knight  
t: c/o 01273 516100  
e: [cldr.pinky.mclean@newhaventowncouncil.gov.uk](mailto:cldr.pinky.mclean@newhaventowncouncil.gov.uk)



Kim Bishop  
t: c/o 01273 516100  
e: [cldr.kim.bishop@newhaventowncouncil.gov.uk](mailto:cldr.kim.bishop@newhaventowncouncil.gov.uk)



Krissy Taylor  
t: c/o 01273 516100  
e: [cldr.krissy.taylor@newhaventowncouncil.gov.uk](mailto:cldr.krissy.taylor@newhaventowncouncil.gov.uk)



Julie Carr (& District Councillor North)  
t: 07757 722927  
e: [cldr.julie.carr@newhaventowncouncil.gov.uk](mailto:cldr.julie.carr@newhaventowncouncil.gov.uk)



Jan Woodling  
t: c/o 01273 516100  
e: [cldr.jan.woodling@newhaventowncouncil.gov.uk](mailto:cldr.jan.woodling@newhaventowncouncil.gov.uk)



Madeleine Cook  
t: c/o 01273 516100  
e: [cldr.madeleine.cook@newhaventowncouncil.gov.uk](mailto:cldr.madeleine.cook@newhaventowncouncil.gov.uk)

## CONTACT YOUR LOCAL MP



James MacCleary  
e: [James.MacCleary.mp@parliament.uk](mailto:James.MacCleary.mp@parliament.uk)

Please write to: James MacCleary MP, House of Commons, London, SW1A 0AA

# AUTUMN 2025

*Welcome to the Autumn edition of Newhaven Matters...*

...which is jam-packed with news from our local community. There are lots of events planned and taking place in the town in the run up to Christmas. You'll see more information on these throughout the magazine. We would welcome your feedback on topics and content you'd like to see in future issues. We hope you enjoy this issue. The next issue is due out in January.

*Best wishes,  
from the team at Newhaven Town Council*

If you would like to advertise, or have a story or event that you would like included in future issues of 'Newhaven Matters', email [newhavenmatters@newhaventowncouncil.gov.uk](mailto:newhavenmatters@newhaventowncouncil.gov.uk) or phone on 01273 516100.

**Copy deadline for the Winter issue is 31st October 2025**

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## News from the Mayor

Dear Readers, I think we can all safely say that my wish for a warm Summer was definitely granted. The weather has been very kind to us and has made attending the various Fetes and outdoor events, over my first six months as Town Mayor, really enjoyable, without having to worry about a brolly!

Newhaven has felt vibrant and alive, with so much going on in the Town, that there is too much to list here. However, a few of the events, and more so, the people I have met along the way have stuck in my mind.

My Deputy Mark and I attended The Town's Twinning Association's Barn Dance at the Fort where we did our best to keep up with the guests from La Chapelle-Saint-Mesmin, failing miserably with our dancing but forging new friendships with our twin town.

Sussex Day at The Sidings was a wonderful success - the children enjoyed making bubbles as big as themselves, and the adults danced to music from the brilliant bands and singers. A special thank you to the small businesses of Newhaven, who so generously contributed prizes to The Mayors Raffle held that day, with all proceeds going to NIPPERS.

Another memorable event was the privilege of opening the u3a Art Exhibition at The Hillcrest Centre, where I met lots of lovely people enjoying Life, Art and socialising over a shared interest: their Art Group.

I spent a poignant afternoon at the unique, Art Deco, Bishopstone Station, where a

Blue Plaque was unveiled in commemoration of Train Driver Charles Pattenden, who lost his life in 1940 to an enemy air attack at Tide Mills and I had the pleasure of meeting his grandchildren.

The Dieppe Raid commemorations are always a deeply moving experience, where we remember those that gave their lives trying to take the beaches around Dieppe on the 19th of August 1942, and the huge part that Newhaven played in those raids. It was also an honour to cross the channel to Dieppe, represent our Town and give our thanks for their Sacrifice.

So, as we look forward to the change in Seasons, and I look forward to the second half of my Mayoral Year, this time of year brings with it the Bonfire Celebrations, Christmas Festivities and you never know, a dusting of snow!

**Councillor Kim Bishop,  
Mayor of Newhaven**

## News from the Deputy Town Mayor

As we move reluctantly to the latter half of the year, I am delighted to reflect on the wonderful events that took place this past summer. Our community came together to celebrate, commemorate, and enjoy a series of remarkable occasions that truly highlighted the spirit of Newhaven.

The RNLI Summer Fair was a resounding success, drawing residents and visitors alike to support our local lifeboat station. The fair was filled with fun activities, and stalls, all contributing to a fantastic day out for families and friends.

Sussex Day was another highlight, where we celebrated

our rich heritage and the unique culture of our county. The day was marked by various events and activities that showcased the best of Sussex, bringing our community closer together.

One of the most poignant moments of the summer was the trip to Dieppe to commemorate the historic raids. This trip was a solemn reminder of the bravery and sacrifices made during the war, and it was an honour to be part of the delegation that paid tribute to those who fought so valiantly.

Lastly, I had the pleasure of helping to judge the photo competition, which saw an impressive array of entries capturing the beauty and essence of Newhaven. The talent and creativity displayed



by our local photographers were truly inspiring, making the task of selecting winners both challenging and rewarding.

This summer has been a testament to the vibrant and resilient spirit of Newhaven. I look forward to many more such events that bring our community together and celebrate all that makes our town special.

**Councillor Mark Wardle,  
Deputy Mayor**



The Mayor of Newhaven's  
**CHARITY  
QUIZ  
NIGHT**  
In aid of NIPPERS

**Friday 17 October**  
**7.30pm, Meeching Hall**  
For more info and tickets, email:  
[events@newhaventowncouncil.gov.uk](mailto:events@newhaventowncouncil.gov.uk)

## Newhaven Town Council Meetings

Information on each meeting will be published on our website, including the MS Teams link, as we approach each meeting. For further information, please visit [www.newhaventowncouncil.gov.uk](http://www.newhaventowncouncil.gov.uk) or email [admin@newhaventowncouncil.gov.uk](mailto:admin@newhaventowncouncil.gov.uk).

You are welcome to attend Town Council and Committee Meetings, either in person or via MS Teams.

2025		Followed by
21st October	Planning & Development	Promotion, Partnership & Finance
25th November	Planning & Development	Regeneration & Strategic Development
9th December	Personnel	Promotion, Partnership & Finance
16th December	Planning & Development	Environment & Amenities





## NEWHAVEN TWINNING ASSOCIATION RECEIVE FRENCH GUESTS FROM LA CHAPELLE-SAINT-MESMIN

Over the weekend of 6th to 9th June, Newhaven Twinning Association hosted 44 guests from our Twin Town of La Chapelle-Saint-Mesmin. 24 host families looked after them for a packed programme of events. On Saturday, everybody went to Amberley Museum. There was something for everybody to enjoy. We had a picnic lunch in the renovated Humphrey's barn. During the day on Sunday, hosts and guests visited various places of interest, including Firle Place, Eastbourne, Brighton Pier and the Royal Pavilion. For some, this included the novel experience of a trip upstairs on a double decker bus.

On Sunday evening everyone gathered in the Romney Hut at Newhaven Fort for a barn dance and fish 'n' chip supper. The staff at the fort made us very welcome. Music was by local band the Fiveways Ceilidh Band, with caller Tony Dunn, and the delicious supper was supplied by The Village Chippy in their mobile van. The dancing was fun, and everybody had an excellent time. The event was attended by Newhaven Mayor Kim Bishop and her deputy Mark Wardle, both of whom joined in the dancing with great enthusiasm.

Early on Monday morning we all gathered at the ferry



terminal for all the farewells and a group photo. After our French visitors had boarded, we went down to the West Quay to wave goodbye, and were touched to see that they had made a banner for us to say "Merci".

The funding for the weekend was raised by the Newhaven Twinning Association. We start our new round of fundraising for their visit in 2027 very soon.

## OUR TWIN TOWN OF LA CHAPELLE-SAINT- MESMIN

Many of you will have driven into or through Newhaven and seen the five "Welcome to Newhaven" signs at the town boundary on the C7, A259, A26 and at the port exit and may have wondered what is "Twinning" and where in France is La Chapelle-Saint-Mesmin.

Twinning began after WW2 as French and German communities sought to heal the wounds of past years. Many towns now have links across Europe, some instigated by town councils, some by individuals. The twinning idea has spread worldwide, you may have noticed this on holidays you have taken.

La Chapelle-Saint-Mesmin is a town in the Loiret department in north-central France, situated on the Loire River, about 75 miles south of Paris,

close to the city of Orléans. It is at the junction of two major routes and, if you have travelled south, you may have noticed the spire of the church of La Chapelle church adjacent to the Loire. The Loire valley is one of France's popular tourist destinations populated by many chateaux and vineyards.

In 2010, the Mayor of La Chapelle-Saint-Mesmin, Monsieur Nicolas Bonneau contacted Newhaven Town Council with a proposition to become twin-towns. He had researched towns in the United Kingdom that matched his criteria, size of population, local activities, societies, numbers of schools and opportunities for young people. It was also important for him to find somewhere that was easily accessible.

Newhaven Town Council held an open meeting for all residents and local clubs and societies. It was very well attended. Over the

Remembrance weekend in November, the Twinning Charter was signed in Newhaven by Councillor Steve Saunders, Mayor of Newhaven and Monsieur Nicolas Bonneau, Mayor of La Chapelle-Saint-Mesmin in the presence of residents of both towns and representatives from the French Embassy. Many of our Twinning Association members have hosted visitors from, or visited, La Chapelle-Saint-Mesmin. What has been the most rewarding outcome has been the long-lasting friendships we have all made.

*Articles submitted by the  
Newhaven Twinning Association*



E X H I B I T I O N



# 200 ANS

## DE LA LIGNE

### DIEPPE ~ NEWHAVEN\*

*\*200 years of the Dieppe - Newhaven line*

11 October - 1 November 2025

**THE MARINE WORKSHOPS, NEWHAVEN, BN9 0ER • FREE**

An exhibition presented by Seine-Maritime County Council and Transmanche Ferries  
Brought to Newhaven by Lewes District Council and Towner as part of the BN9 Programme  
Opening times and details at [visitlewes.co.uk/200](https://visitlewes.co.uk/200) or scan the QR code





# 200 ANS DIEPPE - NEWHAVEN



## EXHIBITION

## 200 years of the Dieppe – Newhaven line

### Two centuries of crossings, stories and innovations



A major French exhibition marking the 200 year anniversary of the ferry link between Newhaven and Dieppe has been touring Normandy this Summer, and it will be coming to Newhaven, opening at the BN9 Studio at the Marine Workshops, BN9 OER, on Saturday 11th October 2025. The exhibition, which opened in Rouen before moving to Dieppe, celebrates the economic, tourist and cultural importance of the Newhaven – Dieppe ferry crossing.

A selection of the exhibits, including collectibles, previously unseen archives, passenger testimonials and ship models, will be on display in the gallery spaces at the Marine Workshops this Autumn, aptly in sight of the ferry itself, and telling the story of a crossing that has been central to Newhaven life for generations.

From the first steam liners to modern car ferries, via tidal trains, advertising posters and engineering innovations, the exhibition invites visitors to relive this incredible human and technological adventure, from 1825 to the present day. Stories of turbulent crossings and visionary projects make this an immersive and exciting exhibition, providing an opportunity to rediscover the importance of this route, which today remains a vital link for trade, tourism and friendship across the Channel. The exhibition is presented by Seine-Maritime County Council and Transmanche Ferries, and will be brought to Newhaven by Lewes District Council and the Towner, as part of the BN9 Programme.

The exhibition runs alongside an important sister exhibition at Newhaven Museum, drawing on a rich well of personal stories, local history and imagery.

All images courtesy and copyright  
Arch.dép. de la Seine-Maritime



Visit the free exhibition from 11th October to 1st November at the BN9 Studio at the Marine Workshops, Newhaven, BN9 OER.

Visit [newhavenenterprisezone.com/marineworkshops](http://newhavenenterprisezone.com/marineworkshops) and [visitlewes.co.uk/whats-on/200-years](http://visitlewes.co.uk/whats-on/200-years) for opening times and details. @creativenewhaven @visitlewes



# Welcome Aboard!

## Newhaven – Dieppe Exhibition



### Newhaven Museum celebrates the Newhaven-Dieppe ferry crossing

*As the Newhaven – Dieppe ferry service celebrates its bicentenary, its important role in Newhaven's history is being marked by a major exhibition at Newhaven Museum.*

This history is reflected in the museum's extensive collection of artefacts, memorabilia, photographs and artworks which have now been brought together in a specially curated exhibition, which opened in the museum on 26th September 2025.

The Museum's collection of Harbour Logs, spanning 116 years, reveals the comings and goings of the ferries since a regular service from Newhaven was provided by the paddle steamer *Eclipse* in 1825.

But it wasn't until the opening of the railway from London to Newhaven in 1847 and between Dieppe and Paris shortly after, that the route was put on the map, setting the pattern for the most direct journey between the capitals.

Many things have changed since those early days, and this exhibition highlights them through the photographs and memories shared by those who worked and travelled the route. You too can be part of this important heritage by sharing your own ferry stories with us at the Museum.

Our exhibition runs alongside the important French 200 Ans exhibition, opening at the BN9 Studio on 11th October.



### NEWHAVEN MUSEUM EXHIBITION 26th September – 25th October 2025

This celebration will feature tales of the many famous (and infamous) people who have travelled on the service, the accidents and mishaps that occurred, the role of the ferries during both World Wars, and the story of the last British-manned ferry on the route.

The Museum is open Tuesdays, Wednesdays, Fridays and Saturdays, 11am – 4pm. Find us next to Paradise Park. See our website for more details [www.newhavenhistoricalsociety.org.uk](http://www.newhavenhistoricalsociety.org.uk)



# THE BN9 PROGRAMME

*Autumn at the Marine Workshops*

This autumn at the Marine Workshops, from 8th – 30th November, Sussex Contemporary will present their exhibition, 'The Sussex 2025: L'art de la vie quotidienne: art of everyday life'. Sussex artists will display their works in a huge variety of subjects in the BN9 Studio.

Also at the Marine Workshops, there will be a festive programme of weekend events alongside, including:

- a Handmade Christmas Card Fair (15th-16th November)
- 'The Art of the Body' with live tattooing from Indigo Forever, mini massages from Menteath, plus pop-ups from Artelium and J.Coco (22nd November)
- a wreath-making workshop

with locally foraged botanicals, plus a family Christmas card workshop (29th-30th November).

In the Atrium, from 4th – 14th November, Gallit Shaltiel and Catherine Grimaldi will exhibit a range of tactile and playful works, sharing prints, ceramics, wool tufting, paper-cuts, illustration, painting and textiles. Joanna Goodwin will lead a group of local artists for the latest 'Connections At...' exhibition of paint, prints, ceramics, textiles and photography (23rd-28th November).

From 4th – 20th December, the National Trust's Changing Chalk partnership will present 'Stopping Down Memory Lane', an exhibition discovering the history of Romany and



Travellers on the South Downs, featuring: artwork designed by Romany illustrator Elijah Vardo and embellished by members of the community; a film of the making of 'Prissy' a life-sized horse, forged by Romany blacksmith Jake Bowers; and a selection of photos and materials from The Keep Archive, with the support of Romany historian and author Janet Keet-Black. Our final exhibition for 2025 will be a site-specific work from Antivoid Solutions, in the BN9 Studio from 15th December.

Visit [newhavenenterprisezone.com/marine-workshops](https://newhavenenterprisezone.com/marine-workshops) and follow @creativenewhaven for all the details.



**Art Techniques  
With Carol Havard**

**Student centred, social, fun creative learning in cozy relaxed studios.  
Facilitating for Children, Young People & Adults - Established in 1995**

**Mon - DOVE Pottery**, 10am-12pm, 11am-1pm, 2pm-4pm, £35pp

**Mon - Start Art** - Pick and Mix Art, 8-12yrs, 4.30pm-6pm, term fee or £15pw

**Mon, Tues, Thurs, Fri - Bespoke Youth Projects**, one to one, £45 2 hours

**Thurs - DOVE Pottery**, 2pm-4pm, 4pm-6pm, 7pm-9pm £35pp

**Fri - Drawing Together**, 1pm-3pm, 3.15pm-5.15pm, 4 sessions £60

**All materials and firings included in the price**

**Member of Creative Newhaven - Current partnership working**

Newhaven Beach Project with Inroads Production

Skills swap for retired ladies

Barwells Solicitors, Newhaven Fundraiser, 50% to Macmillan

Painting, prints, cards by Tom Dove and Carol Dove Havard



**Bespoke bookings available.**

**Enquiries to Carol**

**info@art-techniques.co.uk**

**M: 07944595505**

**Tel: 01273 510022**



Photos of students' work



## The Health and Wellbeing Hub – the patients' view

GP surgeries have groups of volunteers (called Patient Participation Groups or PPGs) to represent the interests of their patients. At Quayside Medical Practice, our PPG group here has been involved with and very supportive of the creation of the Newhaven Square Health and Wellbeing Hub since very early in the proposal to move the practice

to this re-development of the old Co-op building in the centre of town (due to open Autumn 2026). We have been kept informed about the Hub by the practice from the beginning of the project and have been able to make our views known. The group has always felt that the Hub is a great opportunity to improve GP services to patients in Newhaven by providing larger and more modern premises with room for more doctors and support staff which, in turn, will enable more appointments for patients. It has long been

the aim of the group to see more NHS services provided locally and we believe that the Hub will help this happen.

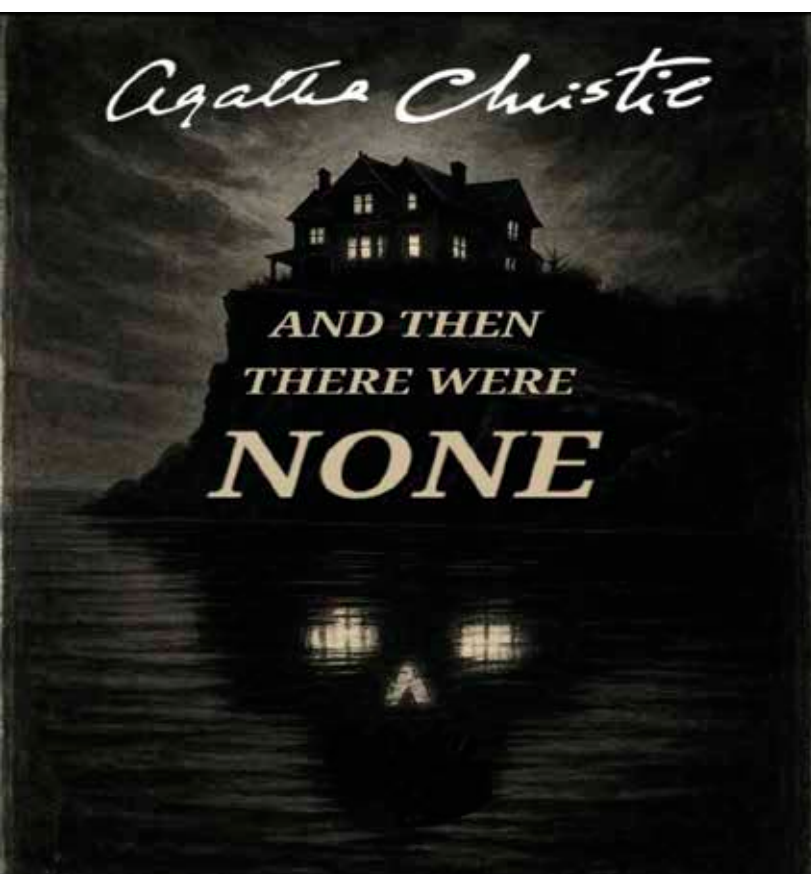
Our PPG represents Quayside patients' interests but we do know that Chapel Street Surgery will move into a separate unit in the former Peacocks Store.

Our PPG group meets on a quarterly basis to share patient views and experiences and how things could be improved. The Hub has been a major topic for the group but we also discuss general issues about the running of the surgery such as access to appointments and services available to patients.



We welcome new members and you can find out more on the practice website:

[www.quaysidemedicalpractice.nhs.uk](http://www.quaysidemedicalpractice.nhs.uk)



Meeching Amateur Dramatics (MAD)  
Presents

*Agatha Christie's*

## 'AND THEN THERE WERE NONE'

Ten strangers are summoned to a remote island. All that the guests have in common is a wicked past they're unwilling to reveal and a secret that will seal their fate. For each has been marked for murder!

22nd – 24th January 2026, 7.30pm  
25th January 2026, 2.30pm  
Meeching Hall

£10 per ticket / £8 concession

**Tickets are available from:**

[www.ticketsource.co.uk/madtheatre](http://www.ticketsource.co.uk/madtheatre)  
Newhaven and Seaford Tourist Information Centres



Celebrating over 60 years



## Mencap is celebrating its 60th anniversary!

*"I have been pleased to support Newhaven Mencap for many years. The team have been an integral part of our community for generations and have given their time and energy selflessly, to make lives for their members so much richer. They in turn, have given their support to many other worthwhile organisations in Newhaven and surrounding areas, as well as offering their facilities at Mencap Hall for events, commemorations, parties, celebrations and the town's annual remembrance services.*

*You are always made to feel welcome by the hard-working volunteers, that have supported and grown the club and its facilities over such a long time. My wife, Sharon and I, have always been made to feel like one of the family and really enjoy the time we spend there. There's always something going on – from club nights to summer fetes, karaoke to Christmas fairs and fashion shows to members' outings.*

*Thank you Newhaven Mencap, for being there for us over the past 60 years and we look forward to supporting one another long into the future."*

**Councillor Steve Saunders**

In 1965, a group of parents and friends of young people with learning disabilities and difficulties created the club for all in the local area. In the very beginning, the group of parents and their children used to meet up in their own homes every week to encourage social interaction. Riverside Hall has been the venue for the club since the 1970s when the hall belonged to British Rail. During the 1980s the Hall became the permanent location for the charity and club, run by a group of totally dedicated people. Our charity is indebted to the "Pioneer Families" and volunteers for establishing our organisation and we continue their vision today.

Our committee has achieved a great deal so far this year, with some refurbishment work inside and outside our hall. We attended many local summer fayres, raising much needed funds from sales on our Tombola stall, with takings of over £1000, from donations of items.

Events this year have included a collaboration with Newhaven Town Council for VE Day celebrations in May, which was a roaring success, and our "Trooping the Colour" Tea Party in July, with many visitors enjoying our sandwiches and cakes.

We have more events planned, including our annual support for Remembrance Sunday, where we open our doors to the community, providing refreshments and cakes after the wreath service.

Our Christmas Fayre and Grand Draw is taking place

on Saturday 6th December, 11am to 3pm, (Grand Draw at 2.30pm) with many local craft business stalls, a rum bar and Santa's grotto.

We hold our Friday night club for Members, Carers and Visitors, for all to meet and enjoy quizzes, crafts, games and fun! Twice a month we have event nights, inviting the public to join us and enjoy booked entertainment.

Since 2023, our hall has been available for private hire. With the capacity to hold up to 90 people, with access to a full kitchen, toilet facilities, tables and chairs, it is a great space for holding a function. Please submit your booking request via our website.

**We would like to thank all local councillors, businesses and our community for their support, it is greatly appreciated.**

Check out our website for all our charity's information, meet our team, events diary and announcements.

**Here's to another 60 years!**

*"Shaun and I love supporting MENCAP at fundraising events it's such an important organisation for the local area. Everyone welcomes us in, from the Trustees to the members, it's like an extended family. The group plays an important part in the community supporting families coping with disability... and there is always delicious cake to eat!"*

**Councillor Lesley Boniface**

'Our Newhaven' is the town's 'living history' website, with around 3,000 pages and 11,000 images of the town, its people, its stories and history. This photo from 'Our Newhaven' shows the lower end of the High Street. Judging by the car, we'd guess that it was taken in the 1950s.

Though much has changed in the High Street since then, there are still a few things that remain. Perhaps the most obvious is the Bridge Inn, thankfully now restored after some years in the 'doldrums'. The Ship Hotel is also still very much with us, though one of our photos actually shows it under the name of The Buccaneer! To its left is one of Bannisters many shops. The late Peter Bailey MBE used to ask the question, "*Why is the High Street like a staircase?*", the answer (at the time) being "*Because it has Bannisters on both sides!*"

To the left of the Bridge Inn, we can see the old bridge to Denton Island and the row of houses in Sefton Terrace where Fludes and Sussex Bed Centre now stand. To the left of that is the general shop run by Mrs Warnes.

At the extreme left is a shop with the word 'Kitchen' in the window. I wonder if any of our

residents might remember that, or perhaps were told about it by their parents or grandparents.

**Andrew Gilbert, Chairman and Administrator of 'Our Newhaven'**



Our Newhaven', [www.ournewhaven.org.uk](http://www.ournewhaven.org.uk), has thousands of photos, including many of the High Street across the years. It's well worth a look – just click on 'Town Centre – Shops and Businesses' on the Home Page and you'll find a lot to look at!

  
**December**  
Six Performances  
12;13;14;19;20th  
2.30/7pm  
**Meeching Hall**  
**Newhaven**  
  




**A Rudyard  
Kipling Classic,  
adapted by  
Andrew Carn**

**A timeless  
family  
favourite with  
music, song  
and dance.**







## The GuestHouse Storytellers

Girls marry dead men, gods leap out of street corners, and a hairy heroine beats up trolls... The new season at GuestHouse Storytellers features brilliant performers from the UK, Bulgaria, Sweden and Wales. GuestHouse storytellers is hosted by Xanthe Gresham Knight with resident musicians Kate Daisy Grant and Nick Pynn on the second Tuesday of every month, 7.30pm, Hillcrest Centre, Bay Vue Rd, BN9 9LH  
[www.guesthousestorytellers.com](http://www.guesthousestorytellers.com).

### 14 October: 'The Initiation.'

Non-binary, queer, Welsh wordsmith Kestrel Morton tackles the underworld and beyond.

### 11 November: 'Uncanny.'

Spine tingling tales with virtuoso wit, Nell Phoenix.

### 9 December: 'The Hairy Girl.'

Japanese drumming and wild Scandinavian Folktale by Kersti Stabi.

## NEWHAVEN GREEN CENTRE

### NEWHAVEN LIBRARY OF THINGS

DID YOU KNOW Newhaven has a Library of Things from which you can borrow a wide range of items for free including tools, gardening, catering and camping equipment and even party gear. And it's all FREE! To find out more, browse our stock and sign up - please visit:  
[newhavengreencentre.myturn.com/library/](http://newhavengreencentre.myturn.com/library/)

### NEWS FROM NEWHAVEN GREEN CENTRE

Our Repair Cafe has a new venue – Riverside Hall (on the corner of the ring road, also known as MENCAP Hall), Riverside, Newhaven BN9 9PB. As usual, they're taking place on Sunday afternoons between 2.30-4.30pm (we recommend you arrive by 4.10pm for last repairs) on: 12th October, 16th November and 14th December. Do contact us to check which repairers we have each month.

Great news – we've secured funding for another Swap Share Repair so watch out for more information about this event which will take place early in 2026.



For more information or to get involved please email [info@newhavengreencentre.com](mailto:info@newhavengreencentre.com).





**JUST FRIENDS**

Changing ageing by connecting people living alone

## Goodbye Loneliness

Frederick Smith, founder of Just Friends, is 94, and nothing can stop him. When his wife Valerie died seven years ago, after a long-term decline from dementia, he found himself part of the 9% of the population (6.2 million) who live alone. Like many, he felt frustrated and isolated, but he decided to do something incredible...

In 2018, Frederick set up the registered charity Just Friends. He realised that, like him, many people feel desperately lonely after the loss of a partner. Loneliness often leads to stress, anxiety, depression, and ill health. Just Friends exists to change that.

Just Friends is dedicated to reducing the effects of loneliness and social isolation, specifically within the elderly community. They organise fun social meet-ups, walking groups, lunches, days out, and a wellbeing programme for people living alone across East Sussex.

With branches in Hastings, Bexhill, Eastbourne, Newhaven, Brighton, and Portslade, the charity is currently helping over 700 members to connect, socialise, and re-engage with their community in a safe and welcoming environment.

The positive impact for their members is clearly evident, with many reporting increased levels of self-esteem and confidence, which is improving their overall wellbeing.

*"It's been over a year since I joined Just Friends. The welcome I received was wonderful and I instantly felt the loneliness lift. Every week there is something to look forward to. Just Friends gave me the recipe to start living again, not just existing. My mental health is very much better now; with all the new friends I have. Please 'just try' to attend a social meeting. You really have nothing to lose!"*

**Jayne – Just Friends' member**

Just Friends wants to reach out to all those living alone and invite them to join their community. For more details of where and when their groups meet, please visit

[www.just-friends.uk](http://www.just-friends.uk).

Alternatively, email [info@just-friends.uk](mailto:info@just-friends.uk) or call 07585 694156.

There is no age limit, no membership fee, and no expectation.

*Article submitted by Just Friends*



Just Friends' Newhaven group meets on the 1st and 3rd Monday of each month, from 10am-12pm, at the Newhaven Day Club, West Quay, BN9 9BP.





## Community Transport Lewes Area (CTLA)

**What do they do? Can I use them? Don't they just take kids to School?**

As a charity, we offer several forms of transport, all of which help to get people out and about; this aligns with our vision to reduce loneliness and social isolation.

We offer a door-to-door service for shopping or Doctors appointments or even just to meet with friends.

If you cannot access public transport or there is not a bus stop that you can get to, give us a ring.

There is not an age restriction; we are community transport, that means everyone in the community.

We have Minibuses with good access and wheelchair access for those that need it. From the ladies in the office through to our drivers, everyone is thoughtful and will do their utmost to ensure we can get you out and about. We offer a shopping bus to Asda Brighton Marina and Tesco Lewes, as well as local buses that will take you to Sainsburys.

Give the ladies in the office a call to discuss your needs to see if we can help. If we can help, we will.

This is Community Transport for the Community. We also offer a Travel Club which offers days out with friendly like-

minded people who like to get out and meet up with others. That may be for a meal or a stroll round the local shops. Again, ask the ladies when you call for further details. We look forward to speaking to you soon.



If you would like to meet people by volunteering to drive one of our buses, we would also like to speak to you. Call us on 01273 517332.

## THINKING OUTSIDE THE BOX

*Straight and simple or curved and quirky, miniature or super-sized, practical or amusing, beautifully natural or brightly coloured... wooden boxes can be all of these but never boring!*

The photos on the right showcase some of the unusual and varied boxes made by members of the Wood Creatives club, ranging from eye-catching ornaments to bespoke boxes for treasured keepsakes, to enormous planters built for the Denton Island community garden. If it involves wood, we'll make it! Our members meet in a dedicated space in a large, light, well-equipped workshop (right next to the Hillcrest's underground gym, which is where, incidentally, you find members of the Amateur Boxing Club, going from strength to strength...). If you fancy becoming part of a cheerful, friendly group united

by wood, get your gloves on and join the Wood Creatives!

Club members enjoy day-time meet ups where adults can design, practise, repurpose or learn to work in wood. Apart from making boxes, all aspects of woodworking are possible, from carving, turning and sculpting through to signage, furniture design and restoration projects. If you are interested in starting a new hobby or developing your existing skills, do take a look at our website: [www.woodcreatives.co.uk](http://www.woodcreatives.co.uk). Alternatively, drop in at the Hillcrest workshop and see for yourself what members – beginners and experienced alike – are busy creating. We strive to provide an informal and helpful environment with technical advice and practical support from our more seasoned members, as well as the right tools, machinery and wood stocks to bring a project to life.

Currently we open from 9.30am to 3.30pm Mondays (except

bank holidays when we meet on Tuesdays), Wednesdays and Thursdays. We also open on Thursday evenings, from 6.00pm to 9.00pm. Wood Creatives members include several experienced woodturners and our evening session gives working people the chance to learn new skills in a sociable setting. We offer a warm welcome (with tea, coffee and biscuits included), so come along and repair your stuff, build your dream, share your vision and enjoy the companionship of like-minded creatives.



For further information, contact Joe on 07768 331038 or email: [enquiries@woodcreatives.co.uk](mailto:enquiries@woodcreatives.co.uk)



# VERA LYNN EXHIBITION AT NEWHAVEN FORT

NEWHAVEN  
FORT

A new exhibition honouring the life, music and legacy of Dame Vera Lynn was officially opened by her daughter, Virginia Lewis-Jones, at Newhaven Fort in June.

Titled 'Sincerely Yours, Vera Lynn', the exhibition tells the remarkable story of the Forces' Sweetheart, from her early life in London and rise to wartime fame to her enduring legacy and connection to Sussex, where she lived for much of her later life.

The exhibition draws on a generous donation of personal items from Virginia Lewis-Jones, including dresses, letters, photographs and rare documents, many of which are being shown publicly for the first time. Visitors will

learn about key moments in Dame Vera's life, including her famous performances for the troops, her historic tour to the front lines in Burma, her post-war musical success and her long-standing support for charities and veteran causes.

The display is brought to life through film footage, sound recordings, costume displays and personal mementoes, set within a specially designed space inside one of the Fort's historic casemates.

Lindsay Lawrence, general manager at Newhaven Fort, said: "We are incredibly proud to host this exhibition which pays tribute to Dame Vera Lynn, who still holds a special place in the hearts of many."



▲ Pictured from left to right: Francis Pulham, Virginia Lewis-Jones, Lindsay Lawrence © Newhaven Fort

*Her voice brought comfort to millions during the darkest days of the Second World War and her legacy still resonates today. We're especially grateful to Virginia Lewis-Jones for sharing so many personal items that help tell her mother's extraordinary story."*

The exhibition is included in standard admission and will be open to visitors until June 2026.

For more information or to book tickets, please visit: [www.newhavenfort.org.uk](http://www.newhavenfort.org.uk).

## Two New Stores Join Havens Food Cooperative, Boosting Surplus Food Savings



Havens Food Cooperative is a food waste prevention scheme

that partners with local supermarkets and convenience stores (e.g., Tesco, Co-op, Sainsbury's, Lidl, Morrisons, etc.) to collect and distribute their end of day perishable food. Havens Food Cooperative distributes this food surplus across the Havens area via our daily community pantry (based in Newhaven) and pop-up pantries run by local community groups across the week, supporting local people with the surplus we received

and preventing food waste for the benefit of the environment. Havens Food Cooperative is thrilled to welcome two new stores to its growing network, bringing the total to 21 stores now working together to tackle food waste and food insecurity across the Havens. Thanks to these partnerships, approximately 3 tonnes of surplus food is rescued and redistributed every single week. This incredible impact wouldn't be possible without the dedication of our 52 amazing volunteers, who complete around 105 surplus food collections each week.

"We're so grateful to our volunteers and store partners for making this happen," said Rebecca Woolven, Havens Food Cooperative's Manager, "Every store and every collection means more good food saved, and more people supported."

As the project grows, so does the need for extra help. If you have a few hours to spare and want to be part of a team making a real difference locally, we'd love to hear from you. Volunteers are vital to keeping this community-powered project running. To enquire about volunteering, please contact: [havensfoodcoop@gmail.com](mailto:havensfoodcoop@gmail.com). For more information on the project, or to make a donation, please visit: [www.havenscommunityhub.co.uk/food](http://www.havenscommunityhub.co.uk/food).

▼ Pictured: Volunteer Rita Gorman, sorting surplus food that has been donated







## u3a Annual Art Exhibition

Councillor Kim Bishop, Mayor of Newhaven, opened the Newhaven & Peacehaven u3a Art Club annual Art Exhibition in August. The exhibition which ran until the end of September in the Café at the Hillcrest Centre, displayed the work of 18 artists. Many of the paintings were available for sale.

The Art Club is one of the most successful and popular of Newhaven & Peacehaven u3a's groups and has a waiting list to participate. Members help each other to improve their skills and techniques. It also has a vibrant social side. The group is very ably lead by Graham Heys.



The u3a is a self-help organisation for people no longer in full-time employment. It aims to keep older people active: Learning, Laughing and Living.

This u3a organises outings, theatre trips and social events but at the heart of their offer are the interest groups. The Art Club is one of more than 30 local interest groups ranging from art to ukulele, bridge and discussion. Interest groups are run by members for members.

The u3a was started in the UK in 1982. Today Newhaven & Peacehaven u3a is one of more than 1000 local branches and has more than 400 members.

You can find out more about Newhaven & Peacehaven u3a by visiting their website <https://newhaven-peacehaven.u3asite.uk/> their Facebook page [www.facebook.com/u3anewhavenpeacehaven](https://www.facebook.com/u3anewhavenpeacehaven) or phone Anne on 07711 512524.



It has been a great summer for Greenhavens Network with lots of collaboration on nature-based walks and activities and planning for the future.

As more environmentally minded groups appear, and people become more climate aware Greenhavens is looking to evolve too and see where we are best placed and how we can help community groups and leaders keep going and get more people involved.

It's nearly ten years since the idea of Greenhavens Network emerged. In those days, although the Transition

Town movement had begun which aimed at encouraging communities to become more self-sufficient and sustainable, there were no climate hubs that acted as physical hubs for multiple strands of climate action work to come together. Nor was nature connection as widely recognised and adopted as a prescriptive and therapeutic approach. So the next challenge is how do we all work together and bring less traditionally, less green organisations together and create a stronger and more sustainable future for us all?

Part of our evolution is to grow our team - if you're interested in becoming a Trustee of Greenhavens Network, please get in touch. Please let us know your thoughts,

email: [contact@greenhavens.network](mailto:contact@greenhavens.network), and to get more involved. Our new website, [www.greenhavens.network](http://www.greenhavens.network), is now up and running. Join the Facebook Group Greenhaven's Network for more local events.

## Upcoming events

**Sunday 2nd Nov, 10am–12noon - Plant & Seed Exchange.** At the Friends of Bishopstone Station, The Old Parcel Room, Station Road, Bishopstone, BN25 2RB. Please bring any unwanted seeds and plants for swapping or make a donation.

**Monday 3rd Nov, 10am–12noon - Fungi Walk:** Booking is essential - email [contact@greenhavens.network](mailto:contact@greenhavens.network). Castle Hill, Fort Road, Newhaven BN9 9DS





## Networking, Community, and Charity Life at Newhaven Chamber of Commerce



At Newhaven Chamber of Commerce, weekly networking is at the heart of everything we do, and our members know just how valuable it can be. Every Wednesday morning, we gather at the newly refurbished Ship Hotel, Newhaven, a spacious venue offering a delicious and varied breakfast menu. It's a friendly and relaxed way to build relationships, share news, and exchange ideas, with the added bonus of hearing from inspiring ten-minute speakers. Recent talks have included fascinating stories of how local entrepreneurs took the leap into business and turned their ideas into reality. This has included distilling, HR, data protection, and charitable events like paddleboarding across the channel for children's cancer. Our speakers couldn't be more diverse – and it's a great start to a Wednesday morning!

Chamber membership isn't just about networking, it's about community. Alongside our weekly breakfasts, we host popular social events that bring members together in a more informal setting. This year, we've enjoyed a wine and Sardinian food tasting at our local Sardinian Delicatessen and celebrated the retirement of a past President, Jon Whitehead

of Cleankill. Members enjoyed fresh pizzas and a great atmosphere at Rustico, our local Italian restaurant on the quay. These events create lasting connections and strengthen the sense of support that makes our Chamber special.

Looking ahead, we're already busy planning the 21st Seahaven Business Awards, which will take place at the Amex Stadium on 8 May 2026. At the time of writing (August), there are still a couple of sponsorship packages available for businesses wanting to raise their profile and support this event. This is a fantastic opportunity to connect with the wider Seahaven business community.

Events like the Seahaven Business Awards also allow us to give back. At this year's

ceremony, we raised a record-breaking £3,000 for SERV Sussex, the volunteer-run charity that delivers urgent blood and donor breast milk to hospitals overnight. This kind of community-focused fundraising shows the positive impact local businesses can have when they come together.

Whether it's through networking, social events, or charity fundraising, Newhaven Chamber of Commerce is all about helping local businesses thrive while making a difference in our community.

Visit [www.newhavenchamber.co.uk](http://www.newhavenchamber.co.uk) or email: [office@newhavenchamber.co.uk](mailto:office@newhavenchamber.co.uk).

If you want to try a breakfast, visitors are welcome, and you can book via the website.





# Lynne Mendelsohn

Counsellor MBACP (Senior Accred)

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Earlier this year, the Friends of Bishopstone Station restored the former Ladies WCs to their former Art Deco glory, complete with brass penny slots on the cubicle doors and a beautiful Morano glass mosaic floor. This can be viewed at our Open Days and Heritage days, or by appointment.

Our next restoration project is the platform waiting room which should be ready early in the New Year. This will be a heritage room, open for the community to view during our twice-yearly Station Open Day and our annual History Weekend, and other special occasions. The room will hold a historical display area and be a meeting space for local history talks as well as an educational facility for local schools who visit the historic station as part of their curriculum. In addition, it will be a supplementary exhibition space during art exhibitions held in the main station building,

**Man Space** is a men's social space held at the Old Parcel Room, Bishopstone Station. Whether you're recently retired, looking to meet new

people, or just bored sitting at home, it's a chance to make connections, share and find new interests and friends. Man Space is on the first and third Friday of each month, from 10am to 12 noon. The Friends of Bishopstone Station welcome men of all ages from across the Seahaven area for a chat over tea or coffee. Organised by the men of the Friends of Bishopstone Station for men in our community. No need to book, just drop by.

Twice a year we hold a **Plant and Seed Exchange** - this autumn it's on Sunday 2nd November from 10am to 12 noon. Reduce your gardening costs and help the environment. Bring your unwanted plants, cuttings and seeds to exchange or donate. Everyone welcome. Tea and coffee available.

Join us for our annual **Stir-up Sunday** on Sunday November 23rd from 11am to 1pm and help Gemma McFarlane with weighing, chopping, zesting, juicing and mixing to make Christmas puddings together. They will be cooked and available for you to collect



for your own Christmas celebrations. Please bring your own kitchen apron. This is a free event. We promote food equality through opportunities for food and gardening education. Helping our community access healthy, locally sourced food.

Please come and visit us at The Old Parcel Room Community hub at Bishopstone Station, Station Road. BN25 2RB. Limited on-street parking. Nearest car park at Buckle. 12 or 12a bus, use Hill Rise bus stop. There is a bicycle rack in front of the station building, or take the train to Bishopstone Station (half hourly service).

Email: [friendsofbishopstonestation@yahoo.com](mailto:friendsofbishopstonestation@yahoo.com); Facebook: Friends of Bishopstone Station; Mobile: 07501 672424; [www.friendsofbishopstone.org.uk](http://www.friendsofbishopstone.org.uk).



## Newhaven Tree Wardens

What a difference 7 years makes. The first picture on the left is of Powell Gardens in 2018, our first planting scheme, and the second picture shows how it looks now, 7 years later. There are walnuts, hazelnuts, quinces and crab apples, alongside other native trees and shrubs, underplanted with daffodils and camassias for spring colour. This is just one of several areas around

Newhaven to be planted by the Tree Wardens on behalf of the Town Council. Do you like what we've done? Are there any other spots around town that could benefit from something similar? The

planting season starts in October, so let us know by either emailing [bn9trees@hotmail.com](mailto:bn9trees@hotmail.com) or by contacting us on Facebook, BN9Trees Newhaven Tree Wardens, or Instagram.



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## INTO ART

Mondays 10am-12 noon

Fridays 10am-1pm

At the Hillcrest  
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Newhaven

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mediums.

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Call Hayley for info  
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on 07751742127





Two New Species for Castle Hill Local Nature Reserve in 2025

▲ Potter Spider Wasp - *Auplopus carbonarius* - A Nationally Scarce Species▲ Harebell Carpenter Bee - *Chelostoma campanularum*

## IS GLOBAL WARMING ENCOURAGING MORE VISITORS TO A NEWHAVEN NATURE RESERVE?

Castle Hill Nature Reserve has always been popular with walkers, photographers and hang glider pilots and its flora and fauna are the envy of many conservationists throughout Sussex.

Every week, Castle Hill volunteers Helen Sida and Neil Greenaway lead wildlife walks and photographer Pete Varnham surveys the 14 hectare reserve which is south of the town to the west of the Fort.

The warm weather has seen dozens of new species added to the records this year with exotic names such as the "Four-banded Beegrabber," the "Pin-stripe Wolf-spider", the "Red-thighed Dewberry Strider Sawfly" or the "Harebell Carpenter Bee".

The Castle Hill Conservation Group not only do survey work but they carry out habitat management and creation, footpath maintenance, step building and a lot of scrub-bashing!

The group meet on the first Sunday of every month from 10am until 12pm at the top car park and is open to young and old and of all abilities. Chairman Graham Amy said: *"Everyone is welcome, there is no charge and we supply the tools, just wear sensible footwear and warm clothing. We are lucky in Newhaven to have such an excellent nature reserve with some of the finest views in Sussex."* Graham Amy can be contacted on 01273 514942 if you would like to discuss joining the group.

## News from Denton Community Primary School

Earlier in the year, members of our after-school dodgeball club, run by Coach Scott Hymers of Unique Sports, took part in the Sussex Schools Championship Dodgeball competition held in Chichester by the British Dodgeball Association. We took three teams in total and finished the competition in 1st, 2nd and 3rd places, quite an achievement in itself.

Winning the competition automatically reserved our place in the Regional Competition held this year in Twickenham London. We competed there and were delighted to finish 2nd place, thus qualifying us to compete in the National Finals.

The British Dodgeball Association National Finals were held in Stoke on Trent and our wonderful parents took time away from work, booked hotel rooms and transported our team along with Mrs Buss, our Pastoral Lead, all the way to Stoke.

We competed hard and faced 20 other teams from all over the Country, playing many rounds to make the finals where we finished in 3rd place overall.



For a small one form entry primary school in Newhaven this is simply an amazing feat and one we have celebrated within our school assemblies and throughout the school. It's been an incredible journey and the children, coach and parents along with the school have worked so hard in order for us to take part and we look forward to competing again next year!

We feel that this achievement should be celebrated with the rest of our wonderful Newhaven residents!

**Mrs Buss, Pastoral Lead,  
Denton Community Primary School**

## DENTON COMMUNITY CHALLENGE - DOWN BUT NOT OUT!



After a week of wind and showers, the forecast for Saturday 7th June was heavy rain and strong winds. Along with several other local events that were cancelled that day, the committee decided the only option was to cancel the Denton Community Challenge, mainly for health and safety reasons. Having never had to cancel in the 13 years the event had been running, this was quite a blow.

However, the raffle still needed to be drawn so the committee swung into action to plan for that and to let the community know that it would happen

at 4pm in the church hall. As volunteers stepped forward to help, Mini DCC was born! Tables were laid with an array of delicious home-made cakes, a tea and coffee bar was ready to serve and stalls were set out with tombolas, toys, books, plants and games ready to tempt people in to stay. By 3pm, people started to arrive and within minutes the hall was packed. Every stall did a roaring trade and the raffle took almost as much as in previous years. The first prize was a PS5 games console, kindly donated by local business Keep It Clean, and there were many other valuable prizes donated by local

businesses and people in the community.

**Plans will be put in place for all future events, so even if DCC is down, it is definitely not out!**



## Newhaven Army Cadet Force

Newhaven Army Cadet Force, No. 21 Detachment, have had an amazing first half of the year, with activities ranging from shooting all the way to receiving our new standard from the Deputy Mayor. Our cadets have continued to push themselves both in the classroom and out in the field in order to continue to progress through their training and many have accomplished key milestones in their cadet careers. In March, our cadets went away on a shooting weekend, arguably their favourite weekend, where they were able to get hands on with the cadet weapon systems and actually shoot them on the ranges, and in May they went away again where they



deployed out into the field for a weekend, learning things like how to sleep and cook in the field. The Field Training Exercise weekend saw cadets using the cadet GP rifle to shoot blanks and learn how to operate effectively as an individual, as a section and as a wider company. There were also training weekends in January and July, and in the summer, the cadets were

at summer camp in Devon for a week of training and fun activities. We are looking forward to the rest of the year where we aim to continue the cadet experience and provide these opportunities for 12-18 year olds.

We are always recruiting so please get in contact! Please visit: [armycadets.com/find-a-detachment](http://armycadets.com/find-a-detachment)



# NEWHAVEN ART CLUB

Where Creativity Blossoms in East Sussex!

## Unleash Your Creativity

**Have you ever wanted to explore your artistic side but were not sure where to start?**

At Newhaven Art Club, we believe that creativity is for everyone – and we are here to help you find your artistic spark! We meet every Monday at 2pm at the Peacehaven Evangelical Church Hall (24 Mayfield Ave, Peacehaven BN10 8RE).

**Q. Will I feel out of my depth?**

**A. We have inspiring weekly meetings for Artists of all levels.**

Whether you're an experienced artist or new to picking up a paintbrush, our meetings offer a supportive environment to learn, share ideas, and grow.

**Q. Will I feel bored?**

**A. We have engaging events and workshops**

Newhaven Art Club is more than just a place to meet; we offer a calendar filled with creative opportunities. Enjoy inspiring artist demonstrations, workshops, and excursions to enrich your artistic journey.

**Q. Will I feel Welcome?**

**A. We have been making members feel included and comfortable for nearly 70 years.**

We believe that everyone has a creative spark to share, regardless of skill level. At Newhaven Art Club, we're here to support and inspire you on your artistic journey. Unleash your personal



creativity, it's not about being a Da Vinci, it's about learning to develop your unique ability, embracing and setting free your inner artist.

**Q. Is it expensive?**

**A. Come and have a free taster session or two.**

Ready to give it a go? You can come along for free for a couple of sessions to see how much you like it. For more information, visit our website at [newhavenartclub.co.uk](http://newhavenartclub.co.uk), or get in touch with Chris Cook at 07887 520708 or [NewhavenArtClub@hotmail.com](mailto:NewhavenArtClub@hotmail.com).

## NEWHAVEN BOWLING CLUB: WHERE TRADITION MEETS COMMUNITY!

**Looking for a relaxing and rewarding pastime that offers both social connection and friendly competition?**

Newhaven Bowling Club could be the perfect fit! Nestled in the heart of Newhaven's Fort Road recreation ground, our club provides a welcoming environment for anyone looking to take up this classic British sport.

**An Enjoyable Experience for All**

- At Newhaven Bowling Club, we're proud of our scenic green and comfortable clubhouse on Fort Road. Whether you're an experienced bowler or entirely new to the game, you'll find a low-impact and enjoyable way to stay active. Bowls is a sport suited to all ages and abilities, making it an ideal activity for individuals, couples, and friends alike. Our inclusive and friendly atmosphere ensures everyone can join in, feel at ease, and quickly become part of our thriving community.

**All year long** - Throughout the year, we keep our members engaged and connected. During the colder months (October to April), we host short mat bowls and games meetings and social events indoors, ensuring there's always an opportunity for social interaction and skill-building. From April to September, we enjoy our outdoor season with a packed calendar of matches, including in-house games and friendly competitions with nearby clubs.

**Join Our Welcoming Community**

- Being part of Newhaven Bowling Club is about more than just bowls; it's about friendship, community, and shared experiences. Many members forge lasting bonds both on and off the green, contributing to the club's warm and inviting culture. Whether you're looking to try something new, rekindle a passion for the sport, or make new friends, you'll find a home with us.



**Interested in Joining?**

Ready to give bowls a try? Visit our website at [NewhavenBowlingClub.weebly.com](http://NewhavenBowlingClub.weebly.com) or contact us via email at [nbowlscsocialmedia@gmail.com](mailto:nbowlscsocialmedia@gmail.com). Alternatively, contact Jose Baker at 07542 608304 for more information. Come along and see for yourself why Newhaven Bowling Club is such a wonderful place to play, connect, and be part of a great tradition. We'd love to welcome you to our club!

## SEAHAVEN COMMUNITY FOOD: PROVIDING AFFORDABLE FOOD FOR LOCAL RESIDENTS

We're excited to share that Seahaven Community Food, part of SCDA, has recently transitioned to the Affordable Food Club model, developed by Feeding Britain, in order to help us continue to support local individuals and families who are finding it difficult to put food on the table. This model is designed to provide affordable, healthy and nutritious food in a welcoming and inclusive environment.

### How It Works:

- Our Community Supermarket is open to anyone that is struggling – no referral needed, and anyone is welcome
- New members receive six consecutive weeks of free support; after that, we ask for a small £3 contribution per visit to help us cover costs
- Each visit includes a choice of fresh fruit and veg, tinned food, bread, and hygiene products

New members are also invited to meet with our Community Navigator, who can signpost

to financial advice, support services, and other resources. We're here to make sure no one in our community goes without good food. If you're struggling, for any reason, we're here for you. Newhaven Community Supermarket is open every Tuesday, 11am – 1pm, at Denton Island Community Centre.

Contact us to learn more:  
01273 517250, or [food@sussexcommunity.org.uk](mailto:food@sussexcommunity.org.uk).



## VOLUNTEERS NEEDED: HELP PACK FOR OUR COMMUNITY SUPERMARKETS!

We're looking for reliable and community-minded volunteers to help in our storeroom on Denton Island on Monday and Wednesday mornings. This is part of our weekly effort to pack and prepare goods for our Community Supermarkets, which provide essential, low-cost items to local families in need.

The work involves sorting, packing, and some heavy lifting, so volunteers should be comfortable handling boxes and moving supplies. We can be flexible on start times - whether you're an early riser or need a slightly later start, we're happy to work around your schedule.

No experience is necessary - just bring a willing attitude and a bit of muscle! Get involved and help us keep our community strong. To volunteer or to learn more, contact [food@sussexcommunity.org.uk](mailto:food@sussexcommunity.org.uk).

## MOVE INTO AUTUMN WITH MOVEABILITY, AT THE BIG PARK, PEACEHAVEN!

Moveability are providing a regular Wednesday morning opportunity from 10 – 11.30am to increase your wellbeing through walking and or pedalling experiences. We meet outside Gateway Café

in the Big Park. This will be a chance to get some fresh air, move, have a chat and a cuppa at the end of the session. Our aim is to get us all moving more and have fun while doing it.

### 8th, 15th and 22nd October – A weekly walk and Peacehaven Pedal Power

Each week we'll have a walk in or around the Big Park and the opportunity to have a go on some bikes and e-bikes. If you haven't learnt how to ride a

bike yet we can teach you.

### 29th October – Peacehaven Park Play half term fun -

A treasure hunt for all ages around the Big Park.

For more information please contact Lucy 07768 424363, [moveability@sussexcommunity.org.uk](mailto:moveability@sussexcommunity.org.uk).

For sessions from November please see our website: [sussexcommunity.org.uk/our-services/cyclingwalking/moveability/](http://sussexcommunity.org.uk/our-services/cyclingwalking/moveability/)



THE CARER MONEY MATTERS TEAM WILL BE  
AT NEWHAVEN ENTERPRISE CENTRE, DENTON  
ISLAND, NEWHAVEN ON TUESDAY 4TH NOVEMBER  
FROM 12.30 - 2.30PM

**Are you an unpaid Carer?**

Join us for our '**Newhaven Winter Warmer Event**' and meet other carers, enjoy tea and cake, and information to help keep you warm and well this Winter. Meet Energise Sussex Coast, who offer advice on energy tariffs, billing and free LED bulbs and draught proofing materials.

Carer Money Matters, a partnership project with SCDA

and Care for the Carers, has saved unpaid carers across East Sussex £153,756.38 between April to June 2025, an average saving of £313.00 per carer. And this autumn and winter we are on tour! Meet Kim and Kirstie, our Carers Community Navigators, for top tips on saving money, energy efficiency and home safety, free Benefit Health Checks, Carers Assessments and much more!



To find out more and to book your free place, contact us on 01323 738390 or email [info@cftc.org.uk](mailto:info@cftc.org.uk). For more info, visit: [sussexcommunity.org.uk/our-services/community-advice/carer-money-matters/](https://sussexcommunity.org.uk/our-services/community-advice/carer-money-matters/), and [www.cftc.org.uk/help-and-advice/carer-money-matters/](https://www.cftc.org.uk/help-and-advice/carer-money-matters/).



NEWHAVEN YOUTH CENTRE – OUR LOCAL YOUTH HUB

The Youth Centre on Denton Island, Newhaven, is a dedicated youth hub for local young people, with activities on offer and space to hire. It looks like a busy autumn and winter ahead, with plenty going on - check our Facebook page for the latest news: [www.facebook.com/NewhavenYouthCentre/](https://www.facebook.com/NewhavenYouthCentre/).

**Look out for:**

- **I-Rock.** Monday, Wednesday and Friday, 10am-6pm.
- **Newhaven Young People's Forum.** Every other Thursday, 5.30-7pm.
- **Level Up.** Employment support, please contact the Youth Centre team for details.
- **And more!**

Newhaven Youth Centre is a unique, architect-designed building in a peaceful setting on Denton Island, with car parking adjacent and public transport nearby. Rooms are available for hire - get in touch to visit! For more information about renting space at the Youth Centre or Denton Island Community Centre, please email: [roomhire@sussexcommunity.org.uk](mailto:roomhire@sussexcommunity.org.uk).

For more information on activities for young people, contact us on [youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk), or phone 01273 517250.



**Lewes District Food**

**Partnership** is pleased to have launched the latest round of small grants for communities in Lewes District on 24 July 2025.

Grants of up to £1500 are available for projects tackling food insecurity in the Lewes District. (Deadline 16 January 2026)

Grants will be awarded on a rolling basis; early applications are encouraged. Applicants should consider how they will demonstrate the impact and outcomes of their event or project.

Find out more and apply on our web page [lewesdistrictfoodpartnership.org/resources/small-grants-programme/](https://lewesdistrictfoodpartnership.org/resources/small-grants-programme/). Or contact Natalie at: [info@lewesdistrictfoodpartnership.org](mailto:info@lewesdistrictfoodpartnership.org) if you have any questions about the grants, your eligibility, or want to have an informal discussion about your idea.

# SOCIAL TARIFFS: COULD YOU PAY LESS FOR UTILITIES?

A social tariff is a reduced rate for water, broadband and mobile packages. If you qualify for a means tested benefit such as Universal Credit or Pension Credit, you may be able to pay less for water, or pay a lower monthly bill for broadband.

For broadband, look at the list of providers at [Ofcom.org.uk](https://www.ofcom.gov.uk), or check directly with your provider to see what discount they offer and how to apply for it. Ofcom's main number is 0300 123 3000 or 020 7981 3000.

For water, all water companies in England and Wales have a social tariff, find out the details by contacting your provider directly or use the Consumer Council for Water website. It gives numbers for helplines for Southern Water: 0800 027 0363 and South East Water: 0800 952 4000.

There is no social tariff for energy but individual energy companies provide help with bills for customers on low incomes. Check with the

energy companies themselves to find out about eligibility, and what help is available. Most will have a separate phone number for this service.

For further help, please contact Citizens Advice at one of our outreach venues, or phone 0808 278 7892 option 4. We will be able to give more information about socials tariffs to help with energy bills if you are struggling to pay for these services.

**Havens Property Management**  
**Block and Estate Specialists**

Talk to us about our discounted rates

[www.havenspropertymanagement.co.uk](http://www.havenspropertymanagement.co.uk)  
Tel. 01273 044989 or  
Mobile. 07783 194394  
Email. [info@havenspropertymanagement.co.uk](mailto:info@havenspropertymanagement.co.uk)

PRS Property Redress Scheme

Facebook, Instagram, and Twitter icons with handle @havens\_pm

Havens Property Management logo



**Newhaven Coast West Rotary Club** have changed their venue - we now meet every Tuesday in the Hillcrest centre at 12.30pm - often moving into the Havens Cafe next door for a lunch and a chat.

Please ring Iris on 01273 516018 if you would like to join us.

We are already planning our annual Christmas party for local elderly residents of Peacehaven, Newhaven and Telscombe. As always it will

be the first Sunday in December and is held at the Tydean Hall in Telscombe. If you or a relative would like to come along - please ring Iris on the above number - so that we can put your name on the list.

# Dates for the diary.

October – December 2025

## OCTOBER

### Tuesday 7 October

Newhaven Historical Society. Talk: 'A Portrait of Piddinghoe'. Speaker: Ian Everest. Hillcrest Centre, Bay View Road. Doors open 6:45pm for 7:30pm. For more info: [www.newhavenhistoricalsociety.org.uk](http://www.newhavenhistoricalsociety.org.uk) or [www.facebook.com/museuminnewhaven](https://www.facebook.com/museuminnewhaven)

### Wednesday 8 October

Moveability – Weekly Walk and Peacehaven Pedal Power. 10.00am-11.30am. Peacehaven Big Park. For more info, contact Lucy on 07768 424363, [moveability@sussexcommunity.org.uk](mailto:moveability@sussexcommunity.org.uk)

### Sunday 12 October

Community Tennis Session. At Newhaven Tennis Club. 11.30am-12.30pm. For more information, contact: [secretary@newhaventennisclub.co.uk](mailto:secretary@newhaventennisclub.co.uk) or visit [www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)

### Sunday 12 October

Newhaven Green Centre's Repair Café. Riverside Hall, BN9 9PB. 2.30pm – 4.30pm. Drop in for household repairs, free tea and cake.

### Wednesday 15 October

Moveability – Weekly Walk and Peacehaven Pedal Power. 10.00am-11.30am. Peacehaven Big Park. For more info, contact Lucy on 07768 424363, [moveability@sussexcommunity.org.uk](mailto:moveability@sussexcommunity.org.uk)

### Friday 17 October

Mayor of Newhaven's Charity Quiz. 7.30pm. Meeching Hall. Please contact [events@newhaventowncouncil.gov.uk](mailto:events@newhaventowncouncil.gov.uk) for more information.

### Sunday 19 October

Community Tennis Session. At Newhaven Tennis Club. 11.30am-12.30pm. For more information, contact: [secretary@newhaventennisclub.co.uk](mailto:secretary@newhaventennisclub.co.uk) or visit [www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)

### Wednesday 22 October

Moveability – Weekly Walk and Peacehaven Pedal Power. 10.00am-11.30am. Peacehaven Big Park. For more info, contact Lucy on 07768 424363, [moveability@sussexcommunity.org.uk](mailto:moveability@sussexcommunity.org.uk)

### Saturday 25 October

Free Family Day at Newhaven Museum, 11am – 4pm. Find us next to Paradise Park, Avis Road, Newhaven BN9 0DH. For more info: [www.newhavenhistoricalsociety.org.uk](http://www.newhavenhistoricalsociety.org.uk) or [www.facebook.com/museuminnewhaven](https://www.facebook.com/museuminnewhaven)

### Sunday 26 October

Newhaven Tennis Club's Halloween Festival. 9am – 12 midday. Junior/Adult members and non-members welcome. Dress: Halloween-ish. 09.00 – 10.00: Tennis activities 10.00 – 10.30: Cardio tennis session 10.30 – 11.00: Pickleball session 11.00 – 12.00: Tennis activities For more information, contact: [secretary@newhaventennisclub.co.uk](mailto:secretary@newhaventennisclub.co.uk) or visit [www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)

### Wednesday 29 October

Moveability - Peacehaven Park half term fun. A treasure hunt for all ages around the Big Park. For more info, contact Lucy on 07768 424363

### Tuesdays

Newhaven Green Centre. 6.30pm – 7.30pm. Borrow and return items from our Library of Things. By arrangement, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

### Thursdays

Newhaven Green Centre. Library of Things. Newhaven Library. 10am to 12 noon. Booking in advance, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

## NOVEMBER

### Saturday 1 November

Newhaven & District Model Railway Exhibition. 10am – 5pm. Seaford Baptist Church. Adults £7 / children up to 16yrs Free. For more info, email: [newhavendmrc@gmail.com](mailto:newhavendmrc@gmail.com).

### Sunday 2 November

Plant & Seed Exchange, 10am-12noon. Friends of Bishopstone Station, The Old Parcel Room, Station Road, Bishopstone, East Sussex BN25 2RB. Please bring any unwanted seeds and plants for swapping or make a donation.

### Monday 3 November

Fungi Walk: 10am -12noon. Booking essential – email: [contact@greenhavens.network](mailto:contact@greenhavens.network) Castle Hill, Fort Road, Newhaven, East Sussex, BN9 9DS

### Saturday 8 November

Parent-Child Tennis and Pickleball Tournament. 10.00 – 13.00pm. At Newhaven Tennis Club. Members and non-members welcome. For more information, contact: [secretary@newhaventennisclub.co.uk](mailto:secretary@newhaventennisclub.co.uk) or visit [www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)

### Sunday 9 November

Remembrance Sunday. Memorial Green. 10.45am

### Sunday 16 November

Newhaven Green Centre's Repair Café. Riverside Hall, BN9 9PB. 2.30pm – 4.30pm. Drop in for household repairs, free tea and cake.

### Sunday 23 November

Stir-up Sunday. 11am to 1pm. Friends of Bishopstone Station, The Old Parcel Room, Station Road, Bishopstone.

### Tuesdays

Newhaven Green Centre. 6.30pm – 7.30pm. Borrow and return items from our Library of Things. By arrangement, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

### Thursdays

Newhaven Green Centre. Library of Things. Newhaven Library. 10am to 12 noon. Booking in advance, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

## DECEMBER

### Tuesday 2 December

Newhaven Historical Society. Talk: 'A Sussex Christmas'. Speaker: Chris Horlock. Hillcrest Centre, Bay View Road. Doors open 6:45pm for 7:30pm. For more info: [www.newhavenhistoricalsociety.org.uk](http://www.newhavenhistoricalsociety.org.uk) or [www.facebook.com/museuminnewhaven](https://www.facebook.com/museuminnewhaven)

### Saturday 6 December

Christmas Market and Lights Switch On. More details to follow on the Town Council's website and Facebook page.

### Saturday 6 December

Mencap Christmas Fayre. Riverside Hall, 11am to 3pm. Grand Draw at 2.30pm.

### Sunday 14 December

Newhaven Green Centre's Repair Café. Riverside Hall, BN9 9PB. 2.30pm – 4.30pm. Drop in for household repairs, free tea and cake.

### Saturday 20 December

Christmas Party/Tennis Tournament. 10.00am – 12.00 midday. At Newhaven Tennis Club. Junior/adult members and non-members welcome. For more information, contact: [secretary@newhaventennisclub.co.uk](mailto:secretary@newhaventennisclub.co.uk) or visit [www.newhaventennisclub.co.uk](http://www.newhaventennisclub.co.uk)

### Tuesdays

Newhaven Green Centre. 6.30pm – 7.30pm. Borrow and return items from our Library of Things. By arrangement, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

### Thursdays

Newhaven Green Centre. Library of Things. Newhaven Library. 10am to 12 noon. Booking in advance, contact: [info@newhavengreencentre.co.uk](mailto:info@newhavengreencentre.co.uk)

# Community Directory.

## ARTS, CRAFTS & IT

### Art Techniques with Carol Havard

Pottery, Art, Workshops, and more. For all ages. For more info, contact [info@art-techniques.co.uk](mailto:info@art-techniques.co.uk) or 07944 595505

### Into Art

Hillcrest Centre. Mondays 10am – 12pm and Fridays 10am – 1pm. £6 an hour. To book, email [wildseaarts@gmail.com](mailto:wildseaarts@gmail.com)

### Knit & Natter

Newhaven Day Club.  
Mondays 1.30pm – 3.30pm

### Life Drawing

Hillcrest Centre.  
Wednesdays: 10.30am – 1pm.  
To book, email [julianlebas@yahoo.com](mailto:julianlebas@yahoo.com)

### LinoCut Classes

Hillcrest Centre. Every Friday 2pm – 4pm  
Contact: [Jennings.sally@gmail.com](mailto:Jennings.sally@gmail.com)

### Newhaven Art Club

Peacehaven Evangelical Church Hall.  
Mondays: 2pm – 4pm  
For more information visit  
[www.newhavenartclub.co.uk](http://www.newhavenartclub.co.uk) or ring  
Chris Cook on 07887 520708 or email  
[NewhavenArtClub@hotmail.com](mailto:NewhavenArtClub@hotmail.com)

### Newhaven Photographers Collective

Contact - Dawnie Thompson  
Email: [Phocol.dt@gmail.com](mailto:Phocol.dt@gmail.com) or [www.facebook.com/groups/803771370735753](http://www.facebook.com/groups/803771370735753)

### u3a Art

Hillcrest Centre. Tuesdays: 2pm – 4pm.  
To book, email [graham.heids@btinternet.com](mailto:graham.heids@btinternet.com)

### Wood Creatives

Hillcrest Centre  
Mon-Fri 9.30am – 3.30pm  
Thurs eve: 6pm – 9pm  
Beginners Welcome  
Tel Joe 07768 331038  
[enquiries@woodcreatives.co.uk](mailto:enquiries@woodcreatives.co.uk)

## CHILDREN & YOUNG ADULTS

### 2nd Denton Scout Group "Ralph Reader's Own"

St Leonards Church Hall, Denton.  
Contact: 07974 972049  
Fridays

Beavers (age 6–8)	5pm – 6.20pm
Cubs (age 8–10)	6.20pm – 8pm
Scouts (age 10–14)	8pm – 9.30pm

### 3rd Newhaven Scout Group

Scout Hut, Fort Rd. Contact:  
[join.3rdnewhaven@seahavenscouts.org.uk](mailto:join.3rdnewhaven@seahavenscouts.org.uk)  
Beavers (age 6–8) Thursdays  
5.15pm – 6.15pm  
Cubs (age 8–10) Wednesdays 5.30pm – 7pm and Thursdays 6.30pm – 8pm  
Scouts (age 10–14) Mondays  
7pm – 8.30pm and Wednesdays  
7.15pm – 8.45pm  
Dragoon Explorer Scouts (14–18) Tuesdays  
7.30pm – 9.30pm  
Squirrels Tuesdays 5pm – 6pm

### 21 Detachment Newhaven

#### Army Cadet Force

Please visit [www.armycadets.com](http://www.armycadets.com)  
Transit Road, Newhaven, BN9 0BB  
[www.facebook.com/Sussex ACF](http://www.facebook.com/Sussex ACF)

### Children's Art Classes

Hillcrest Centre. Every Wednesday:  
4.30pm – 5.30pm (Term Time Only)  
For more information, please email  
[juliadunstandesign@gmail.com](mailto:juliadunstandesign@gmail.com)

### Denton & South Highton

#### Junior Football Club

The Hollow, South Highton, Newhaven,  
BN9 0TP. Saturdays 9am – 12pm.  
Age group training times vary.  
Please contact Jamie Frampton to enquire,  
[dashchairman@gmail.com](mailto:dashchairman@gmail.com)

### Harbourside Gymnastics Academy

Please call 07395 307616

### Haven Young Creatives

FREE drama sessions for children and young people. The Hillcrest Centre. Tuesdays (term time) 4pm – 5.30pm 8 – 12 years & 5.45pm – 7.45pm 13 – 18 years

### Newhaven & Seaford Sea Cadets

Email: [admin@isdefiance.co.uk](mailto:admin@isdefiance.co.uk) or visit  
[www.sea-cadets.org/newhavenseaford](http://www.sea-cadets.org/newhavenseaford)

### Newhaven Youth for Christ

St Michael's Church Hall  
Thursdays (term time only) 6pm to 7.30pm  
Nintendo switch, pool table, craft, board games with a free meal  
For ages 11 – 18. £1 entry.

### NIPPERS

East Side Social Centre  
After school club - Monday to Friday.  
£10 per session  
Lunch club for 0-99+ on Friday, 11 to 1pm, term time only.  
Playscheme for October is the 20th - 31st October  
Christmas HAF is 22nd - 23rd December  
Christmas play scheme is 22nd - 23rd December  
Contact - [nippers1973@outlook.com](mailto:nippers1973@outlook.com) for more information

### Norcross Dance Centre

Classes in Ballet, Tap, Contemporary, Acro, Disco, Musical Theatre, Street, Commercial, Drama, Group Singing, Baby Music and Sensory, Tinytots Ballet  
Please contact Alison on 07789 963560 or email [norcrossdancecentre@gmail.com](mailto:norcrossdancecentre@gmail.com)

### SCDA Clubs & Groups

Newhaven Youth Centre, Denton Island  
Please contact:  
[youth@sussexcommunity.org.uk](mailto:youth@sussexcommunity.org.uk) to find out more or enrol on to these sessions.  
Tuesdays: L.A.S.T. Project: 4.15pm - 5.30pm a free youth led LGBTQ+ and allies' 12-18yrs  
Wednesday Youth Club (term time and summer holidays): 6.30pm - 8pm. 12-18yrs  
Friday: Youth Club (term time and summer holidays): 6.30pm - 8pm. 12-18yrs

### Crossfit Chimera

Fun, dynamic fitness classes for kids and teens (ages 5 – 17), building strength, confidence and athletic skills for life! Learn more at [www.crossfitchimera.co.uk](http://www.crossfitchimera.co.uk)

## HEALTH & WELLBEING

### Meditation

Hillcrest Centre. Every Friday 6pm-7pm  
Contact [scarletlocooking@gmail.com](mailto:scarletlocooking@gmail.com)

### Pilates Classes

Hillcrest Centre  
Tuesdays: 11.30am – 12.30pm  
Contact Tash: 07831 120600

### Stay Active Longer

Exercises for healthier ageing  
Hillcrest Centre. Every Thursday,  
11am – 12pm  
And at the Old Parcel Room, Bishopstone Station, BN25 2RB. Every Tuesday, 10am – 11am. Tel. Mary 07773 022429.  
Email: [MaryMovesIt@gmail.com](mailto:MaryMovesIt@gmail.com).  
Website: [www.facebook.com/MaryMovesIt](http://www.facebook.com/MaryMovesIt)

### Traditional Yang Tai Chi & Dragon Kung Fu

Lewes Road Hut.  
Thursdays 6pm – 7.30pm & 7.30pm – 9pm  
Contact Jon 07715 664228  
[www.DMAA.co.uk](http://www.DMAA.co.uk)

### Slimming World

Elim Church. Saturdays. 8.30am.  
Contact Tina: 07548 892488  
Thursdays. 5.30pm and 7pm.  
Contact Tracy: 07736 047196

### Yoga with Sue

Denton and Mount Pleasant Social Hall.  
Thursdays: 9.45am – 11.15am.  
Contact Sue on 07721 611314

### Zara Yoga & Pilates

Monday: 11am – Body control Pilates, Mencap, West Quay  
Wednesday: 10am – Body control Pilates, Piddinghoe Hall; 5.50pm – Hatha Yoga, Mencap, West Quay; 7pm – Body control Pilates, Mencap, West Quay  
Friday: 9.30am – slow flow Yoga, Mencap West Quay; 10.45am – Yin Yoga, Mencap West Quay  
Contact Zara on 07532 418542 or email [zarano1@msn.com](mailto:zarano1@msn.com). Facebook: zara yoga pilates

## INTEREST GROUPS

### Castle Hill Group

1st Sunday of every month: 10am. Scrub management & other tasks. Please email [seahavenpr@aol.com](mailto:seahavenpr@aol.com) or contact Graham on 01273 514942

### Friends of Tidemills

3rd Sunday of every month:  
9am – 11am to litter pick & conservation tasks. For more information contact Jim Skinner [brianjimskinner@gmail.com](mailto:brianjimskinner@gmail.com)

### Guesthouse Storytellers

Hillcrest Centre.  
Visit [www.guesthousetorytellers.com](http://www.guesthousetorytellers.com), email: [xanthe.gresham@gmail.com](mailto:xanthe.gresham@gmail.com) or [info@guesthousetorytellers.com](mailto:info@guesthousetorytellers.com), or tel: 07812 181545



## Historical Society & Museum

For details of our talks series, and research or general enquiries, please visit [www.newhavenhistoricalsociety.org.uk](http://www.newhavenhistoricalsociety.org.uk)  
Please note: the museum closes for the winter on 25 October 2025.

## Newhaven & District Model Railway Club

Heatherside Business Park, Unit 4, Norton Road BN9 0BZ.  
Wednesday evenings: 7.30pm – 10pm  
Social, craft and skills activities. All ages. Inclusive. Email [newhavendmrclub@gmail.com](mailto:newhavendmrclub@gmail.com) or tel: 07563 840687  
[www.newhavendmrc.com](http://www.newhavendmrc.com)

## Newhaven Green Centre: Reducing Waste, Library of Things & Bring-and-Take Table

Newhaven Library  
Thursdays: 10am – 12pm

## u3a

Offers a range of groups and events at various venues. For more information, please visit [newhaven-peacehaven.u3asite.uk](http://newhaven-peacehaven.u3asite.uk)

## English Lessons

Organised by the SCDA. Tuesdays. 11am to 12.30pm. Denton Island Community Centre.  
Contact: [Catheryn.Croft@sussexcommunity.org.uk](mailto:Catheryn.Croft@sussexcommunity.org.uk)

## MUSIC & DANCE

### Ballroom Dancing with Studio Tempo

Hillcrest Centre. Fridays: 6.30pm to 8pm.  
To book, phone 01273 476565.

### Haven Harmonies Community Choir

Hillcrest Centre. Mondays: 7pm – 8.30pm.  
Contact [marianstanley43@gmail.com](mailto:marianstanley43@gmail.com) or [havenharmoniescommunitychoir@gmail.com](mailto:havenharmoniescommunitychoir@gmail.com)

### Newhaven Ukulele Group

Hillcrest Centre. Wednesdays: 7pm – 9pm.  
Please contact Peter on [petergn1805@gmail.com](mailto:petergn1805@gmail.com)  
Beginners welcome.

### Private Dance with Studio Tempo

Hillcrest Centre. Fridays: 10am – 12.30pm.  
To book phone 01273 476565

### Singing Mamas

Singing for wellbeing group for all women, not just mums. No singing experience needed. Newhaven Youth Club, Denton Island. Fridays: 10.30am to 12pm. Contact Lizzie to book a free taster session: [lizziesingingmamas@gmail.com](mailto:lizziesingingmamas@gmail.com)

### Tide Mills Choir

Takes place on the 4th Saturday of each month. 12midday to 3pm at the Marine Studios. Contact: [Ellen.muriel6@gmail.com](mailto:Ellen.muriel6@gmail.com).

## SOCIAL

### Denton Fellowship

Denton Church Hall. Every 4th Tuesday of the month at 2pm.  
Contact: Aileen 07756 035454

### Just Friends

Newhaven Day Club  
1st & 3rd Monday of every month:  
10am – 12pm

2nd Monday of the month Walking Group  
4th Monday of every month Lunch Group  
Contact: [info@just-friends.uk](mailto:info@just-friends.uk)

### Newhaven Day Club

West Quay (Northeast of Carpark).  
Tuesdays, Thursdays & Fridays.  
Variety of fun activities. Contact Tony on 01273 513189 for further details, including membership prices

### Newhaven Peacehaven Lions

For more information visit [www.npslions.co.uk](http://www.npslions.co.uk)

### Rotary Club of

#### Newhaven Coast West

Fund-raising to help others. Tuesday lunchtimes at the Hillcrest Centre,  
For more information, please email [whiteleyjacquie@gmail.com](mailto:whiteleyjacquie@gmail.com) or telephone Iris on 01273 516018

### Friends of Bishopstone Station

Old Parcel Room, Bishopstone Station, Station Road BN25 2RB  
Meet Up Mondays – community drop in. 10am to 1pm (closed bank holidays).  
Man Space – men's social and wellbeing space. 1st and 3rd Friday of the month 10am to 12 noon. Email: [friendsofbishopstonestation@yahoo.com](mailto:friendsofbishopstonestation@yahoo.com)  
Tel: 07501 672424

### Veterans Breakfast Club

Every 2nd Sunday of the month at the Brewers Fayre next to Sainsburys. For more info, email: [edafvbc@yahoo.com](mailto:edafvbc@yahoo.com)

## SPORT

### Affinity Rowing Club

For details email [info@affinityrowingclub.co.uk](mailto:info@affinityrowingclub.co.uk)

### Denton Cricket Club

For more information, please visit [www.dentonsussex.play-cricket.com](http://www.dentonsussex.play-cricket.com) or Tel: 07883 097264

### Denton Island Indoor Bowls Club

For more information, please visit [www.dentonislandbowls.co.uk](http://www.dentonislandbowls.co.uk) or Tel: 01273 514664

### Denton Table Tennis Club

Denton Church Hall. Wednesday: 7pm – 9pm and Friday: 10am – 12pm  
Contact Rosemary on 07999 860333

### Hillcrest Boxing

For more information, please visit [www.hillcrestboxinggym.co.uk](http://www.hillcrestboxinggym.co.uk)

### Newhaven Archery Club

A friendly outdoor archery club offering archery courses and social activities throughout the year.  
For more information, please visit [www.newhavenarcheryclub.co.uk](http://www.newhavenarcheryclub.co.uk) or email [newhaven\\_archery@yahoo.co.uk](mailto:newhaven_archery@yahoo.co.uk)

### Newhaven Gig Rowing

For details visit [www.ngrc.co.uk](http://www.ngrc.co.uk) or email [admin@ngrc.co.uk](mailto:admin@ngrc.co.uk)

### Newhaven Bowling Club

We host open free for all indoor rollups October – April every Monday from 14.00, and every Wednesday and Saturday from 10.00. For more information contact Jose

Baker on 07542 608304 or email [nbowlscsocialmedia@gmail.com](mailto:nbowlscsocialmedia@gmail.com) or [www.NewhavenBowlingClub.weebly.com](http://www.NewhavenBowlingClub.weebly.com)

### Newhaven Cricket Club

[www.newhaven.play-cricket.com/Aboutus](http://www.newhaven.play-cricket.com/Aboutus)

### Newhaven Football Club

For more information, please visit [www.newhavenfc.co.uk](http://www.newhavenfc.co.uk) or email [newhavenfootballclub@gmail.com](mailto:newhavenfootballclub@gmail.com)

### Newhaven Tennis Club

All offers of Club sessions and activities to its members are available to view on the club's website: [www.newhaventenniscub.co.uk](http://www.newhaventenniscub.co.uk).  
Please contact Bob 07783 234894 for all membership queries and general details or email: [mailrkjackson@yahoo.co.uk](mailto:mailrkjackson@yahoo.co.uk).

### Newhaven & Seaford Sailing Club

For more information visit [www.sailinginsussex.org](http://www.sailinginsussex.org) or email [info@nssc.org.uk](mailto:info@nssc.org.uk)

### Newhaven Yacht Club (NYC)

For more information visit [newhavenyc.org.uk](http://newhavenyc.org.uk)

### Pétanque with Newhaven

#### Twinning Association

Every Sunday morning, opposite The Hope Inn, Newhaven. Spare Boules available! Weather permitting. Contact: 01273 588193 or [norman.hopson@btinternet.com](mailto:norman.hopson@btinternet.com).

### Seaford Rugby Club

For more information visit [www.seafordrfc.club](http://www.seafordrfc.club)

## SUPPORT GROUPS

### AA Meetings

Hillcrest Centre. Thursdays: 7pm – 8.45pm  
Meeching Hall. Wednesdays: 9.30am

### Bereaved by Suicide: East Sussex

Please contact the Sussex Suicide Bereavement Support Team on 07376 616628 or email [sussexbereavedbysuicide@cruse.org.uk](mailto:sussexbereavedbysuicide@cruse.org.uk)

### Childline

Tel: 0800 11 11 [www.childline.org.uk](http://www.childline.org.uk)

### Cruse Bereavement Support Helpline

Tel: 0808 8081677 [www.cruse.org.uk](http://www.cruse.org.uk)

### Nebula

Hillcrest Centre. Mondays: 2pm – 3pm.  
Just drop in [www.facebook.com/groups/535810757234539](http://www.facebook.com/groups/535810757234539)

### Samaritans

Tel: 116 123 [www.samaritans.org](http://www.samaritans.org)

### Warm Spaces Directory

Please visit [www.lewes-eastbourne.gov.uk/article/1280/Welcomespaces](http://www.lewes-eastbourne.gov.uk/article/1280/Welcomespaces) or contact Newhaven Town Council on 01273 516100

*This listing is correct at the time of going to press and is not a comprehensive list of all the groups and courses in Newhaven: E&OE.*



☎ 01273 513308

🌐 [HTTPS://VICEROYNEWHAVEN.CO.UK](https://viceroynewhaven.co.uk)

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## *Christmas Opening*



Open Christmas Day 12.00pm-4.00pm  
Bookings Only

Take-Away Available between 12.00-4.00pm



We can also serve from the main menu  
with a minimum charge of £37.95

